

The voice of Docklands | 道克蘭之音

DOCKLANDS NEWS

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Southern Cross symphony

Southern Cross Station was filled with the sound of music last month when the Melbourne Symphony Orchestra performed. Some lucky commuters, business people and kids got the chance to try their hand at conducting the orchestra. See our story on page 4.

Docklands is a highlight

Places Victoria recorded a \$4.9 million profit from Docklands over the last financial year.

The urban renewal authority's 2012 - 2013 annual report revealed Docklands to be one of the organisation's highlights, in a year which saw the company report an overall loss of \$191.9 million.

It's a major jump from the previous year's figures, which showed an overall loss of \$18.9 million and a Docklands profit of \$15.2 million.

The 2012- 13 year saw the start of construction of three projects in Docklands, with a combined value of half a billion dollars.

These include the Medibank corporate headquarters at 720 Bourke St, scheduled for completion in August 2014, Array, a 35-storey residential development at Yarra's Edge and the retail component of Collins Square.

The total value of the eight projects under construction in Docklands at the end of the financial year was \$1.1 billion.

The report also revealed Docklands received an influx of 3500 staff over the past year including 900 workers at the Aurecon building on Bourke St, 600 from Pearson Group at the Goods Shed on Collins St and 2000 at Marsh Mercer at Collins Square.

A further 5900 staff will eventually end up at NAB's new headquarters at 700 Bourke St, relocating from six buildings across the CBD.

Although the report showed an overall loss of \$191.9 million, Places Victoria did make an operating profit of \$1.6 million.

In a statement provided in the organisation's annual report, former Places Victoria CEO Peter Seamer said: "In recent years, however, the organisation had struggled with the economic downturn in the property industry, a loss of focus and an overly expensive and bureaucratic mode of operation."

Mr Seamer was appointed CEO in March and was charged with getting the organisation back on track, alongside his role as CEO of the Growth Areas Authority.

Mr Seamer has completed his stint with Places Victoria but a new CEO is yet to be appointed, with Peter Armstrong currently in the role of acting CEO.

According to Mr Seamer's report, when he was appointed CEO there was a number of issues to resolve, including;

- Overstaffing;
- Uncommercial sites, which were exacerbated by the downturn in the market;
- An unnecessary focus on Greenfield development;
- Delays in getting sites developed meant the organisation incurred holding costs; and
- The organisation generally not operating in a commercial manner.

Continued on page 7.

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Watergate OC chair Barbara Francis, resident IT expert Mark Stytsenko and building manager Marshall Delves.

Watergate is wired for speed

Docklands' Watergate building will soon provide its residents with connection to a high-speed internet, via a fibre-optic network.

The building will be one of the first residential towers in Docklands to connect to a fibre-optic network, after the Watergate owners corporation (OC) signed a contract with provider Spirit last month.

The move gives the building a technological edge over other buildings in Docklands, which are still awaiting NBN connection and have long given up on VicUrban's (now Places Victoria) failed iPORT scheme.

Currently, The Quays in NewQuay and Lacrosse on Latrobe St, are the only residential buildings in Docklands connected to the NBN.

Although Docklands is not in an NBN rollout area, NBN Co is required, at a developer's request, to install the necessary infrastructure into developments of over 100 premises that are approved after January 1, 2011.

Watergate building manager Marshall Delves said the introduction of a fibre connection would be a great selling point for the building.

"It's going to be more attractive for new owners or tenants coming through," Mr Delves said.

Mr Delves said, given a choice, new owners and tenants would jump at buildings that have a high-speed connection.

Mr Delves said residents would benefit from Wifi spots around the building including

the gym, pool and business centre, where they will be able to pick up a high-speed connection.

Watergate resident and technical director of DockCom IT, Mark Stytsenko was asked to research the best fibre-optic service for Watergate.

He said the connection would be particularly attractive for people who had home offices.

According to Mr Stytsenko, the key benefit of a fibre-optic connection was greater reliability and faster internet speed.

He said the fibre connection would allow Watergate residents to watch high-definition IPTV and YouTube clips, speak with relatives or business associates worldwide via high-quality video conferencing and, ultimately, would better service the needs of users in the modern internet age.

According to Watergate OC chair Barbara Francis, the OC had signed off on the proposal very quickly, with the value of the service to the building apparent.

"The beauty of this is that it's going to happen now and we're not going to have to wait," Ms Francis said.

"Of course it is optional. It will be there for people to connect to if they choose to."

Residents will be able to connect to the network from December 2.

Demolition to start

Work will start on the \$16 million demolition of Harbour Esplanade's four concrete wharves this month.

According to Places Victoria general manager precincts Simon Wilson, the works are necessary because the wharves are more than 100 years old and need to be replaced.

A permit application Places Victoria made to Heritage Victoria this year showed the wharves were in poor condition, with photographs showing that many of the timber piles supporting the wharves were deteriorating.

"These initial works will include demolishing the wharves, pinning of the existing sea wall and amenity works to the sea bed," Mr Wilson said.

"Melbourne motorists, sports fans, workers and residents of Docklands need not worry about impacts from these works as we've worked closely with our contractors and Central Pier tenants to minimise the impact of these works."

Site establishment and early work started in October but no visible or audible work will begin until mid-November.

The removal of the four wharves is expected to take around eight months, with completion anticipated in mid-2014.

There are plans to reconstruct the wharf decks when the masterplan for Harbour Esplanade is realised. It's possible the first of two wharves will be rebuilt as soon as late next year, pending funding and approval.

The upgrade of the wharves is the first step in preparing Harbour Esplanade for its redevelopment.

Places Victoria and the City of Melbourne are currently working on the masterplan design for Harbour Esplanade, which will be open for community consultation early next year.

"The vision for Harbour Esplanade is to see it become the jewel in Docklands' crown – a place that preserves and enhances key views and heritage elements, embraces the waterfront, fosters public life and is comfortable and appealing," Mr Wilson said.

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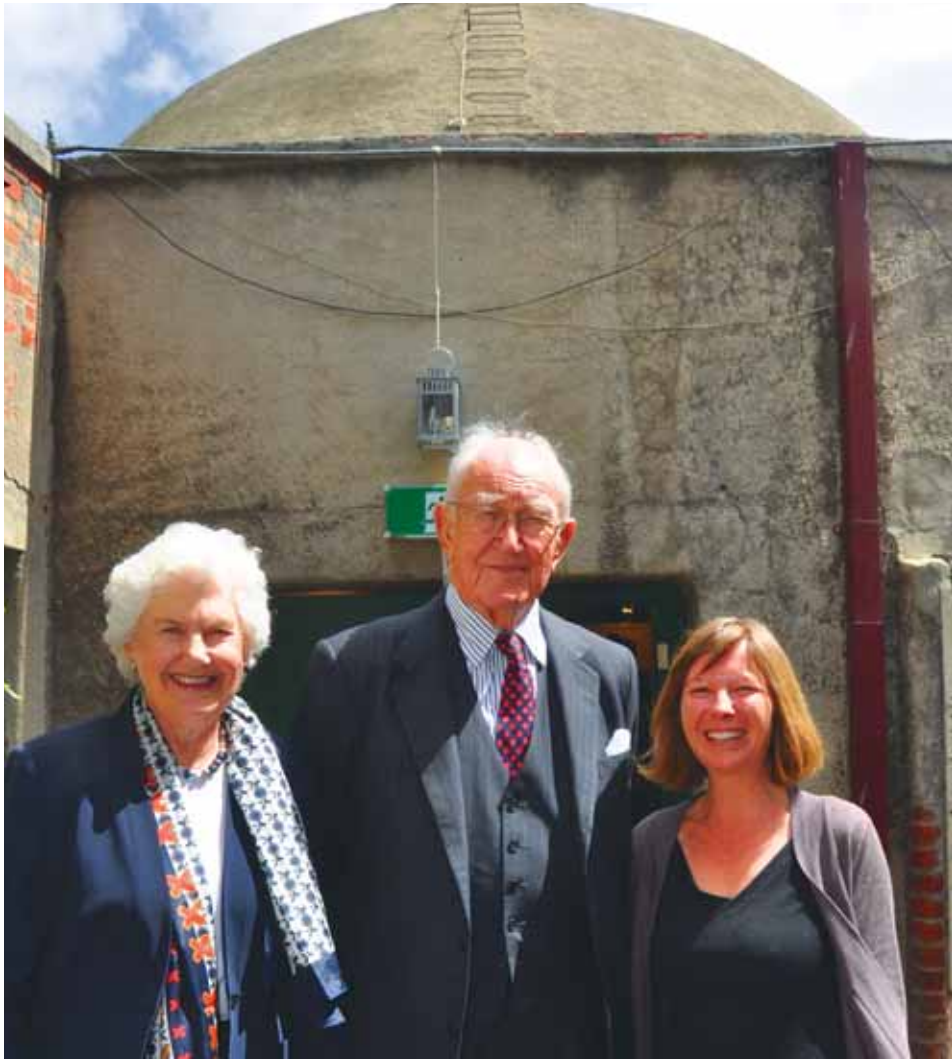
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Tammy and Malcolm Fraser joined MtSV CEO Andrea Fleming and her team for lunch at the mission.

Fraser connection with dome

The crew at the Mission to Seafarers was in good company last month when former prime minister Malcolm Fraser stopped by for lunch.

Mr Fraser, who was Australia's 22nd prime minister, and his wife Tammy were invited to lunch after a friend of theirs visited the mission and mentioned the family's connection with the Norla Dome.

"When Mr Michael Taylor visited the building a few weeks earlier with an interest in the Norla Dome he was the key to the visit from our VIPs," MtSV CEO Andrea Fleming said.

"Knowing Malcom and the Fraser family connection with Norla, he then invited the

Fraser's for a curry lunch."

Norla was the home of Sir Simon Fraser and his wife Lady Fraser, who were Mr Fraser's grandparents.

Regular fetes held at Norla raised funds for the construction of the mission. In 1917, 700 pounds was raised for the construction of a gymnasium for seafarers, which was named the Norla Gymnasium in honour of Sir Simon Fraser and Lady Fraser.

Yarra's Edge unites

The Yarra's Edge community will continue to rally against the construction of a tram bridge connecting Docklands with Fishermans Bend.

Last month more than 200 people attended a public meeting held by Marina YE tenants committee and Owners Corporation 1 (which represents all of the Yarra's Edge towers) to hear about the formal submission the groups are making against the proposal.

The Marina YE Tenants Committee and Owners Corporation 1 have joined forces and have engaged a professional planner and legal experts to create and lodge a formal objection.

The proposed bridge, featured in the Fishermans Bend Urban Renewal Area Draft Vision released in September, would extend from Collins St across the river through Yarra's Edge.

Local residents and tenants of Marina YE have become increasingly concerned about the impact the proposed bridge could have on Yarra's Edge.

Residents and marina tenants are concerned about potential impacts of the bridge including restrictions on boat access, loss of vessels from the marina, loss of green space and the noise and visual impact of a frequent tram service running through the area.

A timeline for construction of the bridge has been estimated to be as close as five years away or as far off as 20 years.

According to Marina YE tenants committee chair Philip Lack, the group believes the bridge will be built in the next five to 10 years, making it necessary to take action now.

The initial submission will cost between \$20,000 and \$25,000 and will be funded by the Marina YE contingency fund and funds from OC 1.

Speaking at the meeting last month, OC 1 representative Philip Spender said the advice received by the group so far was to go in hard early and see if they could put a stop to the bridge at an early stage.

Michael Salter, who forms part of the group's legal counsel, also spoke at the public meeting and said it was hoped the submission would result in the desired outcome at an early stage.

"You do not want to end up in the Supreme Court in a long and expensive piece of litigation," Mr Salter said.

Mr Salter said the lobby group would be helped by the fact that the marina has only been operating 2005.

"The absurdity of this situation is that it threatens something that was encouraged just seven years ago," Mr Salter said.

Mr Lack said the group wanted the Government to consider alternatives to the bridge.

"We want them to recognise that a bridge is not their only option," Mr Lack said.

"We think if there are enough objections they will be forced to consider alternatives."

He encouraged people who attended the meeting to lodge their own objections, to lobby politicians and to raise awareness amongst neighbours.

Docklands Community Association (DCA) president Roger Gardner also attended the meeting and offered the support of the DCA.

He said there was a community alliance that would be addressing the Fishermans Bend project and that the DCA would represent the Yarra's Edge community.

"I want to let you know you're not alone and other action is being taken," Mr Gardner said.

Yarra's Edge developer Mirvac has also engaged a planning expert and legal team to assist with its formal submission on the Fishermans Bend draft vision but declined to comment.

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Visitor service trial

A trial visitor service at Southern Cross Station is providing visitors with access to tourism information about Docklands and wider Melbourne as soon they arrive in the city.

The visitor service trial, funded by the City of Melbourne, provides information to visitors arriving from rural Victoria on V/Line services and from interstate and internationally via the Skybus.

It follows on from a mobile visitor service trial, which operated at the station during March and April this year.

If the City of Melbourne decides to fund a permanent visitor service at Southern Cross Station, it will operate alongside council's existing visitor centre on the corner of Flinders St and Swanston St and visitor booth at Bourke St mall.

The trial started in September and runs for eight weeks, covering the AFL final series, the Spring Racing Carnival and the cruise ship

season.

According to Cr Beverley Pinder-Mortimer, the trial will qualify the type of information visitors require, gauge the viability of the service and pinpoint what kind of service is needed.

She said visitor service staff had actively promoted Docklands to tourists through the city-circle tram, discount shopping, dining and the waterfront.

The visitor service trial has been operating at the station since September 16 and will conclude on November 10.

A report on the visitor service trial is scheduled for consideration at a Future Melbourne meeting in December.



Councillor Beverley Pinder-Mortimer visited the Southern Cross Station visitor service last month.



Southern Cross symphony

It's normally filled with the sounds of trains departing, delayed service announcements and the "beep, beep" of Mykis, but last month the sound of classical music engulfed Southern Cross Station.

More than 40 musicians from the Melbourne Symphony Orchestra (MSO) performed at the station on October 21 in celebration of the opening of the orchestra's 2014 season.

Members of the public were invited to take hold of the conducting baton and conduct the orchestra, who performed an excerpt

from Beethoven's Symphony No.7.

Conductors ranged from 5-year-olds and teenagers, to mothers and businessmen.

The MSO's associate conductor Ben Northey (pictured above) also joined in, showing the novice conductors how it's done.

New owner for wheel

ING Real Estate Development appears to be increasingly removing itself from Docklands, with the sale of the Melbourne Star Observation Wheel to Sanoyas Rides Corporation.

The Japanese-owned company is the designer and manufacturer of the wheel and had been rebuilding the structure under warranty.

The company has retained the existing management organisation, Melbourne Star Management Group, to continue managing the wheel.

Melbourne Star Management Group CEO Chris Kelly said the purchase of the Melbourne Star was Sanoyas's first international purchase.

"Having a leading international attractions operator investing directly in Docklands is

a strong vote of confidence and Sanoyas is strongly committed to the position of the star as a major tourist attraction on its opening," Mr Kelly said.

A Melbourne Star spokesperson did not disclose the purchase price of the observation wheel.

Melbourne Star Management Group is expected to announce an opening timeline for the wheel soon.

The organisation is currently running an employment drive for flight operations, customer service and retail staff for the observation wheel, signalling an opening might not be too far off.

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Exploring the waterfront

A new arts participation project in Docklands will highlight the waterways and invite people to experience Melbourne as a waterfront city.

5 Short Blasts is an audio-based project, which focuses on the weather, industry, vessels and habitation in and around the docks.

Sound-music artists Madeleine Flynn and Tim Humphrey have collaborated to create the project.

According to the pair, in maritime operations communicating by a signal of five short blasts means "I am unsure of your intentions. I am concerned we are going to collide".

"As a title, *5 Short Blasts* evokes a sense of mystery and unknown about Melbourne's water culture," the pair explained.

Ms Flynn and Mr Humphrey have spent the past 18 months researching aspects of maritime life and conducted over 40 interviews with people connected with Melbourne's waterways.

The interviews make up the soundtrack to the work, which involves a flotilla of five vessels taking a one-hour choreographed listening journey through the Port of Melbourne and along the Yarra River.

Each boat will be fitted with a "sound esky" featuring a VHF marine radio that monitors weather broadcasts and vessel traffic from the Melbourne Vessel Traffic Service.

Passengers will also encounter the waterways community carrying out their day-to-day waterside activities such as fishing, rowing, semaphore and paddling.

City of Melbourne's Arts Participation Program produced the project, with support from Port of Melbourne Corporation.

Councillor Rohan Leppert said *5 Short Blasts* allowed people to engage with the city from a different perspective.

"This unique production shows us that Melbourne really is a waterfront City," Cr Leppert said.

"*5 Short Blasts* expands our view of Melbourne and reveals an almost hidden world on the water."

5 Short Blasts will run from November 22 until December 15 on Friday, Saturday and Sunday mornings.



Sound artist Tim Humphrey explores Docklands' waterways..

Photo by: Dean Petersen

It's free to take part in one of the journeys, but bookings are essential as spaces are limited.

To book visit www.trybooking.com/64695

5 Short Blasts can also be experienced by tuning into Tower Radio 89.5FM during the performance times. The sound installation will be broadcast over a 30-kilometre radius from the old harbour master tower at Northwharf.

Additionally, people can take part in a live online experience via a camera connected to one of the vessels by visiting www.5shortblasts.com.au during performance times.

The performance times are; Fridays from 6am and 7.30am; Saturdays from 8am and 9.30am; and Sundays from 9am and 10.30am.

Manager of the year

By Sean Car

Docklands YMCA Manager Andrew Ward has been acknowledged as Manager of the Year for 2013 at the organisation's recent Victoria staff awards night.

Mr Ward (pictured below) was selected from a shortlist of nine regional nominees to claim the award, which recognises the excellence and achievement of YMCA managers in their work at YMCA and the local community.

Mr Ward accepted the accolade in front of more than 500 other attendees at MAIA's Shed 14 in Docklands saying that, whilst receiving the award was a great honour, the achievement was a reflection of the work put in by everyone at Docklands.

"It was really more about the recognition of our team work done here in Docklands but, of course honoured to receive it," he said. "I think what really makes a difference for us is all the community work we've done."

Mr Ward said that over the past 18 months Docklands YMCA had overseen the introduction of some outstanding social initiatives relating to homelessness, disability, violence against women, asylum seekers, the local environment as well as mentoring youth and former prisoners.

"It's a really nice recognition for this work because it's not for profit. It doesn't drive the bottom line, it drives the social line, the community line," he said. "The payback is in goodwill."





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Alma Doepel supporters gather for 110th birthday dinner

By Alan Edenborough

It all began in 1903 in northern New South Wales when the Doepel family launched a topsail schooner, built on the banks of the Bellinger River, for the coastal trade, naming her Alma Doepel.

Few would have guessed that 110 years later that ship would still exist. After a long working life, she is now undergoing a major restoration in Docklands.

Over the years Alma was a regular visitor to Docklands bringing in cargoes from Tasmania. Today, she is a genuine link to the history of the area and that link will continue after her restoration as Alma goes back into service, sailing from a new Docklands base.

All of this was in the minds of Alma's supporters and sponsors when they gathered at the Royal Yacht Club of Victoria in Williamstown to celebrate Alma's 110th birthday.

As has become traditional at these birthday dinners, as chairman of Sail & Adventure, Alma's not-for-profit owners, I gave an illustrated report on the progress of the project during the last 12 months.

The last year has seen some dramatic events. Not least was Alma's positioning on the purpose-built barge, which the company commissioned, so that work on the hull could take place with the ship out of the water. The birthday dinner guests heard the story of the docking which was carried out with the generous assistance of BAE Systems in their Williamstown graving dock. Michael Smith showed a time-lapse video shot over



Alma Doepel restoration director Peter Harris

the several days of the docking procedure to show just how it was done – all in about two minutes.

Back in Docklands, high and dry on her 40 metre barge, work began on Alma's hull restoration without delay. There is critical timing here – too long out of the water and irreparable damage can be done to the ship's exposed hull timbers as they dry out. The hull restoration, which involves replacing and strengthening hull frames and planks with specially-sourced and seasoned timber is being carried out by a professional shipwright team led by Ferdi Darley.

Volunteers are absolutely essential to the project and they are assisting the shipwrights in hull preparation to save time and that other precious commodity, money. In the restoration project's workshop, Shed 2 on North Wharf, Docklands, the envy of historic

ship restorers around Australia, the Alma volunteers are showing just what can be done when skilled people pass on their learning to willing students.

To enable the work to be carried out on the hull, the ship was stripped of much of her gear, including the rig, engines, tanks, accommodation and even one of the deckhouses. All of this is in Shed 2 and it is there that the volunteers are restoring, refurbishing and rebuilding the thousands of items that make up an historic ship.

The regular volunteers are augmented by others who come to experience volunteering, spending a day away from their offices to join in the work at Shed 2, or on Alma's barge.

National Australia Bank volunteers have been regulars, so too those from Ford, and Bridge Project volunteers from the YMCA. In

total, more than 20,000 volunteer hours have been contributed to the restoration project to date.

Alma birthday dinner guests heard the planned timetable for the remainder of the project. Alma should be undocked from the barge in 2014, again at Williamstown courtesy of BAE Systems, ready for re-rigging and for her all her machinery, accommodation and other services to be refitted.

The ship will be alongside at Shed 2, Docklands during this work and visitors will see the ship take shape again as the work progresses.

The date for re-commissioning has been set for Australia Day, January 2016, and it is hoped that another Tall Ship Festival can be arranged in Melbourne as part of the welcome to a restored Alma Doepel. The ship will then resume its role as a youth development and training ship, operating in Port Phillip.

No Alma birthday dinner is complete without a tribute being paid by the chairman to the man who with patience, skill and leadership manages the restoration – Peter Harris. The long applause indicated how well this tribute is deserved.

And, of course, there is the ongoing appeal for funds to ensure that the project stays on schedule. The generosity of major sponsors such as the City of Melbourne is greatly appreciated. So, too, is the generosity of individuals who give what they can to the project. They, like so many others, believe that it would be a tragedy to see this fine ship lost. With her would go her the history and links with Docklands, as well as her record of achievement in her earlier youth sail training work in Melbourne over more than a decade.

Visitors to Shed 2 are always welcome and so, too, are donations for this important heritage restoration.

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Docklands is a highlight

Continued from page 1.

According to Mr Seamer's report, a new organisational structure has now been implemented.

Staff numbers have been reduced from 250 to below 100 and will be around 75 by early 2014.

It's estimated the restructure will save the organisation \$12 million per year.

The organisation has also undertaken a review of its property portfolio and has taken a more commercial approach in its project feasibilities.

Apart from organisation restructure, Places Victoria's board has also undergone a number of changes over the past year, with former board members resigning and new members appointed.

The current Places Victoria board consists of chairman Ken Fehily, William Bowness, Graeme Parton, David Webster, Andrew Tongue and Stephen Gregory.

Local businesses celebrated

The longevity of four Docklands businesses was celebrated last month as part of the Lord Mayor's Commendations program.

Leigh Doeg of Victoria Star Cruises, Scott Dunkley and Tim Lewis of Victoria Harbour Pharmacy and News, Glen Lucas of Lucas Real Estate and Renzo Mammolito of Renzo's Bar Café Italiano received bronze commendations, recognising 10 or more years of operation in the City of Melbourne.

The Docklands business owners were amongst 54 independent small business

proprietors and one multi-generational family business honoured at a town hall ceremony on October 21.

Chair of marketing, councillor Beverley Pinder-Mortimer said there were currently more than 12,600 small businesses in the City of Melbourne, employing around 75,000 people.

"Our city's entrepreneurs have adapted

and prospered, creating jobs, boosting the economy and playing a vital role in making Melbourne the world's most liveable city," Cr Pinder-Mortimer said.

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Joel's 'Collision' rewarded with bounty

Queensland artist Joel Rea was named the winner of the \$15,000 ANL Maritime Art Award last month.

Mr Rea's painting *Collision* was chosen by judges Richard Watson and Graeme Williams from the 95 works selected for the exhibition.

Mr Rea, a full-time artist, was announced the winner at the opening of the annual exhibition on October 3.

He said it was a great surprise and perfect timing considering he was opening a solo exhibition on the Gold Coast the following week.

According to Mr Rea, *Collision* focuses on the idea of colonisation in its response to the annual exhibition theme of "the relationship between humanity and the sea".

"In my paintings I go on surreal journeys, with the figure of myself doing whatever I want" Mr Rea said.

In *Collision*, Mr Rea has depicted himself having time-travelled back to the time of colonisation.

"When I thought about the art prize, it linked to the idea of colonisation and of travelling across oceans," Mr Rea said.

He said the painting explored the idea of colonisation and how it affected both the coloniser and the colonised. He said the work also looked at the way colonisation both destroyed something and created something new at the same time.

"What I like about the image is that you can't

tell if things are collapsing into the water or emerging out of it," Mr Rea said.

This year is the first time Mr Rea has entered a piece in the exhibition and, considering the welcome he's received, he said entering again was definitely something he would consider.

The exhibition opening on October 3 also saw Maxwell Wilks announced the winner of the \$5000 ASP Traditional Maritime Art Award for his piece *Waiting for the Tow*.

David Mellor was named winner of the \$5000 Bendigo Wealth Emerging Artist Award for his painting *The "M" Class Boats*.

The People's Choice award winner will be announced on November 14.

The mission was fortunate that 3AW's David Mann did a live broadcast promoting the exhibition on the opening night.

Mission to Seafarers Victoria CEO Andrea Fleming said the ANL Maritime Art and Exhibition celebrated all things maritime and contributed largely to the fundraising initiatives of the mission.

"All paintings are for sale and the historical building is well worth a visit in spring," Ms Fleming said.

The exhibition ran from October 4 until October 31, with all works sold paying a 33 per cent commission towards supporting seafarers.



ANL's Bruno Gutton (right) with artist Joel Rea (left) and his prize-winning piece - *Collision*.

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Tribute to a Melbourne icon

A new public artwork on the edge of Docklands celebrates Melbourne's affinity with the W-Class tram.

The sculpture, which was installed at the corner of Spencer St and Flinders St last month, is a scale replica of the last W-Class "rattler" tram built in 1956 – the 1040 model.

Created by artist David Michael Bell, the sculpture rises 10 metres off the ground at a 10 degree angle

W-Class trams were commissioned between the 1920s and 1950s and continue to operate in Melbourne, travelling through Docklands via the City Circle and route 30.

According to Mr Bell, the W-class tram is iconic to Melbourne and is an important part of the city's history.

"Most of us remember those old tram trips, when the contact pole came off the wire and the conductor had to get out and re-position," Mr Bell said.

"There are huge stone statues and plinths all over the world as tribute to people, but I wanted to pay tribute to an object."

"*Raising the Rattler Pole* is a piece that everyone can identify with, while remembering their own stories."

Mr Bell said he had been working on the piece for over a year.

The sculpture was commissioned by the City of Melbourne through its Public Art Program.

According to Lord Mayor Robert Doyle, *Raising the Rattler Pole* is a fantastic addition to Melbourne's public art collection.

"It is sure to become an iconic piece that is talked about by Melburnians and visitors alike," the Lord Mayor said.

Chair of Arts and Culture, councillor Rohan Leppert said the City of Melbourne was delighted to see a beloved Melbourne



Artist David Bell and children Joni and Ruben celebrate the launch of "Raising the Rattler Pole".

Docklands assault

Police are investigating an alleged assault, which occurred at a Docklands hotel on October 5.

Police investigators have established that there was altercation between a number of people around 1.15am, which led to one man being knocked unconscious and receiving serious facial injuries.

Police have spoken to some people in relation to the incident but believe other people with information have not yet contacted investigators.

Anyone with information is encouraged to contact Crime Stoppers on **1800 333 000** or visit **www.crimestoppers.com.au**

Tasty tomatoes

Docklanders who have a penchant for potting mix should head down to The Hub this month for a lunchbox session on growing tomatoes.

Horticulturalist Sandi Pullman will run the free session on Thursday, November 14 and will share the secrets of growing perfect tomatoes.

Each participant will also take home a free tomato plant.

The Hub's lunchbox sessions are free, but bookings are required.

The lunchbox session is on Thursday, November 14 from 12.30 pm – 1.15pm.

Contact The Hub on **8622 4822** for more information or to book.

Paul Webster answers your legal questions.

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Digital Harbour directors Russel Nisbet and David Napier with planning minister Matthew Guy and launch MC Peter Clarke.

The Altus is launched

Construction of Digital Harbour's largest development to date is expected to begin early next year.

The Altus was officially launched on October 21, having already attracted more than 30 per cent in pre-commitment apartment sales.

The \$300 million building includes a 4.5 star hotel and apartment complex and will be built on the corner of Harbour Esplanade and Dudley St.

Speaking at the official launch event last month, Digital Harbour director David Napier said The Altus would complete the northern gateway to Docklands.

"Within a few hundred metres of the on/off ramps of CityLink, The Altus will be connected to Melbourne's freeway

network, within 15 minutes of Melbourne's International airport and located within Docklands most accessible precinct at Digital Harbour," Mr Napier said.

Lord Mayor Robert Doyle also attended the event and commended the Digital Harbour team on the building, describing it as a "remarkable contribution to the city".

Planning Minister Matthew Guy, who approved the building in July, said the building would become part of a significant street corner.

"Docklands is continuing to deliver state of the art buildings that are rejuvenating the

area," Mr Guy said.

"Once completed, The Altus will be part of a vibrant and exciting precinct in which to work, live and to visit."

The 37-storey building will feature 281 guest rooms, 27 serviced apartments and 299 residential apartments.

Pan Pacific Hotels Group will manage the hotel component of the development under its PARKROYAL brand.

The development is expected to create over 400 construction jobs, along with 150 hotel jobs once completed in 2016.

Tourism bus to continue


Melbourne City Sightseeing (MCS) buses will continue to bring tourists into Docklands.

At a Future Melbourne meeting last month councillors voted unanimously to allow the tourist buses to continue to use City of Melbourne bus stops at Harbour Town, the Shrine of Remembrance and the Arts Centre.



MCS had been using council's Melbourne Visitor Service (MVS) stops during a three-month trial, which ended in August and since then it had been using generic tourism bus stops.

The MCS route extends beyond the MVS route but also intersects, providing tourists with connectivity to various forms of transport.








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Festival fun in Docklands

Locals and visitors were treated to an entertainment extravaganza during the Docklands Arts, Laughs and Blues Festival last month.

It's the second year the event has been held in Docklands and, according to event organiser Melissa Head, more than 3000 people attended the six-day festival.

Ms Head said Wonderland Spiegeltent had sell-out shows nightly and presented 14 events including circus cabaret show *Papillon*, a *Search for a Funny Bone* competition, a stand-up comedy gala and burlesque act *Vamp and Burn* (pictured right).

Families were also entertained by a live wild life show, where kids could get up close to a koala, crocodile and wedge-tail eagle.

According to Ms Head, the free blues carnival on October 6 was well received, with 10 bands playing on four stages throughout the day.

Docklands will be highlighted again next year, with Ms Head confirming she will hold the festival in 2014.

"We are committed to presenting this event and will be applying for funding and sponsorship for 2014," Ms Head said.

Ms Head said next year the blues carnival will be held as a separate event on a different weekend, while the Docklands Arts and Laughs Festival will again be held in October.

Wonderland Fun Park and the Wonderland Spiegeltent team are also gearing up for a jam-packed Christmas program including Santa's Christmas Spectacular and the Wonderland Carnivale.

Ms Head said the Wonderland Carnivale offered a fantastic Christmas party option for small businesses, offices or groups of friends.

See www.wonderlandspiegeltent.com.au for more details and to book.



New residents at The Quays

Docklands will receive in an influx of new residents this month when owners and tenants begin moving into MAB's newest residential development, The Quays.

The Quays is MAB's largest Docklands project to date and has been validated by the sell-out of all but one of the building's 617 apartments.

According to MAB residential general manager David Allt-Graham, there was a focus on cultivating a community within the building, with 2260 sqm of communal space located throughout the development.

"We were keen to create a bond between the private and public space at The Quays and it's the first building we have built with a public thoroughfare, which makes getting in and around the area easier," Mr Allt-Graham said.

The thoroughfare features a large-scale artwork by installation artist Nike Savvas with 800 iridescent, blown-glass balls suspended from the glass ceiling.

Charlotte Day, director at Monash University Museum of Art managed the commission and said the installation encouraged people to look up.

"Savvas has a real feeling for space, her artwork beautifully complements the architecture, while adding a wonderful and magical dimension to it," Ms Day said.

Architecture firm McBride Charles Ryan (MCR) designed the building, its first foray into Docklands development.

MCR design team leader Debbie Ryan said: "The two towers act as an icon, an urban marker directed back to the approach from the CBD. The result is colourful, lively and activated, providing delight to the pedestrian realm."



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People of all ages took part in the 100 Women Walk last month in Docklands.

Walking for a cure

Around 450 people visited Docklands last month in order to join the fight against ovarian cancer.

Each month 100 Australian women are diagnosed with ovarian cancer. The Women's Cancer Foundation's "100 Women Walk", on October 12, aimed to raise funds for research into a vaccine for ovarian cancer.

Decked out in teal, walkers set off from Docklands on 10km, 20km and 50km walks and raised more than \$70,000 for ovarian cancer research.

"We strongly encouraged everyone to wear teal, the international colour for ovarian cancer awareness," event manager Patricia Dupont said.

"Breast cancer advocates have done a fantastic job with getting the 'pink' message out and we need to do the same for ovarian cancer as the mortality rates are the highest of all women's cancers."

"Two out of three women diagnosed with ovarian cancer will not survive their disease and, unless we get the message out there and find a vaccine, this will only get worse."

According to Ms Dupont, participants spanned from children as young as eight to people in their 60s.

Exploring Docklands

More than 600 people explored Docklands last month during the annual Great Amazing Race.

The event, which raised \$21,799 for the Royal Children's Hospital Foundation, required participants to visit various locations at the western end of Docklands.

Participants could be seen pushing teammates in a wheelbarrow around a track on top of the Harbour Town carpark, while others gave "crazy bikes" a try.

Participants also headed to the Icehouse where they skated around the ice rink while wearing penguin "onesies".

"The event was a great opportunity for participants to see and experience the attractions at Harbour Town, whilst participating in a fantastic day," event co-ordinator James Atkinson said.



Participants in the annual Great Amazing Race had the opportunity to explore Docklands last month.

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A great month for cyclists

October was a great month for local cyclists, with Ride2Work Day and the announcement of further government investment in cycling infrastructure.

Around 800 cyclists joined in the Victoria Harbour Ride2Work Community Breakfast in Docklands on October 16.

Active Melbourne City Sports (AMCS) runs the breakfast each October to celebrate Ride2Work Day and encourage people to take up the challenge of riding to work.

According to AMCS's Peter O'Rourke, attendance at this year's breakfast was up from the estimated 500 people who got involved last year.

"This year's event was a major success due to the support of Victoria Harbour and Lend Lease, combined with a record number of fantastic stallholders who got involved," Mr O'Rourke said.

"Furthermore, the support and promotion of the event through the local Docklands businesses was first class."

Cyclists who attended the breakfast were treated to free coffees, fruit, breakfast items and sports drinks along with free massages, a bike repair stand and a bike engraving service.

"We hope to build on the success of this year's event for next year and to continue raising awareness about the benefits of riding to work," Mr O'Rourke said.

Alongside Ride2Work day, local cyclists also



Cyclists enjoyed plenty of free offers and treats at the Victoria Harbour Ride2Work Community Breakfast last month.

enjoyed the news last month that the State Government will invest \$2.36 million on increasing safety along three of the state's cycling routes.

The investment includes \$1.8 million on improving safety to and from Footscray Rd, a peak route for cyclists travelling from Melbourne's west into Docklands and the CBD.

According to the member for northern metropolitan region Craig Ondarchie \$700,000 will be spent on signals where Footscray Rd intersects with Pearl River Road and Waterfront Way.

"This will help cyclists and pedestrians cross safely, particularly during the morning and afternoon peak," Mr Ondarchie said.

New arrivals

The Docklands community has some new additions, with our resident swan becoming mother to four cygnets.

The black swan had built a nest on a riverbank next to the Webb Bridge in September and late last month her eggs hatched.

The news of the swan's nest had attracted plenty of attention because she built it on a riverbank that was the site of a clean-up effort by a team of volunteers from YMCA.

Council rangers roped off the riverbank when the nest was first reported, in a reminder to locals and visitors to keep their distance.

Since the hatching, Docklands locals have reported cute sightings of the cygnets riding on their mother's back as she swims down the river.



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DOCKLANDS FASHION



Fashion on the streets of Docklands

Chen Evan, 18

LOCATION

Spencer St.

WEARS

Air Jordan shoes, hat from H&M, Adidas T-shirt, and white Nike track pants.

DESCRIBE YOUR OUTFIT

Street style, hipster.

WHAT BRINGS YOU TO DOCKLANDS?

Using train to get to exams.

FAVOURITE PIECE OF CLOTHING?

My hat from H&M.

WHAT MAKES A GOOD OUTFIT?

Colour, something interesting.

Meng Boddy, 18

LOCATION

Spencer St.

WEARS

Converse shoes, Zoo York jumper, Cotton On jeans.

DESCRIBE YOUR OUTFIT

Casual.

WHAT BRINGS YOU TO DOCKLANDS?

At Southern Cross on my way to exams.

FAVOURITE PIECE OF CLOTHING?

My Converse shoes.

WHAT MAKES A GOOD OUTFIT?

Relaxed look and feeling comfortable.

Jeff Leong, 21

LOCATION

Collins St.

WEARS

Vans, Slazenger shorts, T-shirt from ASOS, North Face backpack and Casio watch.

DESCRIBE YOUR OUTFIT

A bit too summery for today but hanging out for the sun to come out! Casual, relaxed.

WHAT BRINGS YOU TO DOCKLANDS?

Just visiting.

FAVOURITE PIECE OF CLOTHING?

My watch. It's the most useful thing I'm wearing!

WHAT MAKES A GOOD OUTFIT?

Making sure your clothes fit and colours match up I guess.



He wore shorts?

By Nicola St John

A friend of mine recently received a wedding invitation with a most peculiar dress code. Shorts. At a wedding. You can understand the looks of confusion.

Apparently the groom had decided, on his wedding day in Fiji he was going to wear shorts and his guests should feel free to follow suit.

Shorts should never be worn at a wedding, especially not by the groom. Shorts are for running, for swimming, for digging holes in and for sitting around the fire drinking beer in. Shorts are not meant for any formal occasion. You don't wear shorts to the races and your grandmother would definitely give you a disapproving look if you wore shorts out to dinner.

I am yet to see a man look dashing in a pair of shorts, except perhaps if he was from the 1950s on the golf course, with a pair of long socks covering his hairy legs. Today, the only men who can get away with wearing shorts have a fundamental reason to wear them – they're either a lifeguard or featuring in an ad for VB.

"Nice" shorts do exist but, unless they are of a quality linen, have some form of tailoring and don't feature too many "cargo" pockets, it is acceptable for men to wear them in public. Just be careful of falling into the shorts trap and thinking they are an acceptable piece of clothing. They aren't.

There is a time and a place for shorts and it's clearly not at a wedding. As we all shook our heads with disapproval I thought of all the odd looks people will give as they look at those shorts. Ironically this is a man wearing the pants in the relationship.

No matter how casual the wedding, it's always best to overdress!

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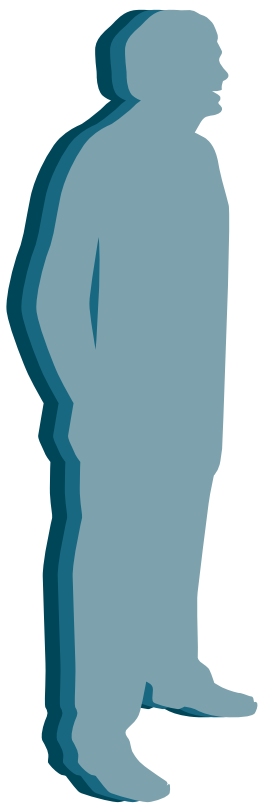
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DOCKLANDER

Profile by
Bethany Williams

Finding the missing peace

A Docklands local has taken her story to the world after publishing her debut book.

Docklands' own Nandita Chakraborty recently released her memoir, *Missing Peace: Love, Life & Me*.

According to Nandita, the book follows the journey of self-discovery she took when travelling from Australia to India and back.

Born in Kolkatta, India, Nandita moved to Australia 13 years ago, but returned to India in 2010 after going through a traumatic event in Melbourne.

She began writing the book while still in Melbourne and continued to write while travelling through India for six months.

"Suddenly things just happened with me and I couldn't let go of them," Nandita said.

"I was soaking in all the details when I was travelling in India. The gods were speaking to me, people were speaking to me, and it was too much for me," Nandita said.

"I was thinking too much and had to put it down on paper."

After returning to Australia she edited the book and now, three years after she started writing the memoir, it has been published.

Nandita said her love of writing started when she was a child but she only began writing seriously in 2008 after doing a short course at RMIT.

She launched her 272-page book in



Nandita at home in Docklands.

Docklands last month and has already started on her next book, a fiction novel.

Having lived in Docklands for the past two years and working full-time locally, Nandita is well acquainted with Docklands' charms.

Nandita said she loved being able to walk to work or into the city and thinks Docklands is a very convenient area.

At the same time, Nandita thinks it's great to be able to live so close to the waterfront and enjoys the community atmosphere

Docklands provides.

"You never know who you'll bump into. There are lovely people who will stop and have a conversation with you," Nandita said.

"I have met some amazing people here."

Nandita's memoir *Missing Peace: Love, Life and Me* was launched last month and can be purchased online at www.amazon.com

You can also visit Nandita's website at www.nanditachakraborty.com

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What *With* Women *Abby* Want *Crawford*

I had reason to think about fairy tales and their place in our lives just the other day.

My aunt overheard her three-year-old granddaughter, who can't yet read but pretends quite fiercely that she can, as her little pink painted nails flicked the pages confidently reciting her version of the chosen nursery rhyme.

She didn't know anyone was listening to this particular recital. She was sitting in the lounge room "reading" aloud, whilst my aunt was in another room. Clear as a bell, this tiny voice said: "Jack, I have had it up to here. Every time I send you up that hill for water, you fall down and break your bloody head. I. Am. Over. It."

And in kicked reality. Once I could stop laughing (took a long time) – and once we all glossed over the fact a three-year-old was using a "naughty" word with dead set accuracy of context (waved off in moments) – the realisation of how she was viewing life stories was amazing.

She was none the wiser that anyone was witness to this stellar performance, so it was purely her own interpretation, for her own entertainment. Obviously, she has overheard a few "adult" conversations and has, quite

rightly, assumed that Jack's inability to climb the hill time and time again is going to annoy Jill. And so she has adapted and recited the story with a modern twist ...

But it does pose an interesting question. Are we seeking the "fairy tale" expecting some picture-perfect relationship, a castle of a home, immaculately successful children, laundry to be done by a wicked step sister and all of this to be achieved without effort, without working at it – without expecting to have to overcome a few frustrations that are inherent to our partner? (personally, I would've ditched Jack too, but everyone has their own threshold).

Whilst I don't think anyone, particularly these days, is actually expecting Prince Charming to come along on his white horse, I think we do still hope for someone amazing to come along and be just perfect – for us – in every way.

Are we chasing fairy tales of perfection, and not recognising when something really good does turn up that just happens to resemble reality? Are we even chasing fairy tales or have we completely binned them and are just cynical from the start?

I do have some friends who are so sceptical

of love and happiness finding them, that they have not only given up, but are subconsciously sabotaging any shred of chance along the way. And I have friends who are the polar opposite – die-hard fairy tale pursuers.

I don't think a lot of us realise that we have inadvertently turned the story into a blueprint for our lives, or the antithesis of our lives as the case might be.

I think it's time to re-write the story. I think that we should all write our own version, with whatever end (or goal!) would make us happy. It can be whatever you want it to be, as long as it is truly what you want.

I think we should dream big, and throw caution to the wind to pursue what makes us happy, what we believe is right for us. I think we should believe in our own stories, and then, by living our dream, we inherently teach those around us to listen to their own hearts and to find what's right for them.

Pursue relentlessly that which makes you happy. Maybe the dream for you IS about a relationship, but maybe it's about helping those less fortunate, maybe it's about changing political views, maybe it's the simplicity of living with peace. Let's write the

story of *What Women Want* so that it's your story, and it's my story.

Once upon a time, there was a wonderful woman named (insert your name here). And she wanted all the things her heart desired, so she went out there, and she got them. It took a lot of work, quite a few wrong turns, and a lot of tears, laughs and wine, but she got them. She also got a lot of adventures along the way, an eclectic group of brilliant friends, and enough memories to last a lifetime. And that, was a story worth living.

Write your own story. I'm writing mine. No princesses, although I am just quietly writing in Prince Charming.

Follow your heart, do what makes you happy, love well and live life.

Till next month,

Abby x

PS you can email me at life@docklandsnews.com.au

You can also follow me on my newly created [@abbyjanecrawford](https://www.instagram.com/abbyjanecrawford) on Instagram, or **Abby Jane Crawford** on Facebook to share views on life, and What Women Want! See you there.

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REPORTING FROM THE DOCKLANDS CHAMBER OF COMMERCE

*The months come around quickly don't they? The year has travelled fast, November is upon us and Christmas is looming!
The Melbourne Wheel is looking set to roll once more, what a great time to be in Docklands!*

The Docklands Chamber of Commerce is holding its AGM at the Mission to Seafarers on Wednesday, October 30 from 6.30pm. New draft rules of association will need to be put to a special resolution and members for the 2013-14 DCC executive committee will be appointed/elected. Please make an effort to attend to find out what the chamber has achieved in 2013. You will also have the opportunity to mingle with other members and to look around the magnificent heritage listed building that is the Mission to Seafarers – a significant and iconic Docklands institution.

In October the chamber sponsored a fully-subscribed PR training road show – PitchIt2Me – brought to Docklands by Destination Melbourne Limited. This was held at Kangan Institute – a long-time chamber member. The half-day PitchIt2Me workshop was designed to help PR professionals, business owners and in house marketers improve their traditional and social media relationships and increase their editorial exposure. If this kind of seminar is of interest to you please contact Nandini (admin@docklandsc.com.au).

On Monday, November 25, the chamber is joining with Destination Docklands to host a networking evening of Docklands discovery, for Docklands businesses and stakeholders.

The event will be held at Alumbra, Central Pier between 5.30pm and 7.30pm. Attendance at this event is strictly by invitation only. If you wish to find out more please contact Nandini, as above.

Nominations are now open for the Business 3000+ Awards to be held in Docklands on Wednesday, November 20. The awards recognise and celebrate the achievements of small-medium size businesses within the City of Melbourne. Enterprise Melbourne is the major sponsor of the Business 3000+ Awards. This year, the awards program has been expanded to embrace all small to medium-sized businesses within the wider City of Melbourne municipality, and the program has been renamed Business 3000 + Awards to reflect this change. Submissions close on Friday 8 November.

On a community note, the chamber is proud to be a supporter of the 2014 Docklands Relay for Life. This is a moving community event that brings people together to celebrate cancer survivors, remember loved ones lost and fight back against cancer. Teams of 10 or more fund-raise by walking or running batons around an athletics track or park and normally this is an overnight event. However, our Docklands Relay For Life is a corporate event – held over

eight hours at Etihad Stadium. Participants are encouraged to decorate their team space in the stands and cheer on their team-members. Throughout the event there are a number of moving ceremonies, including a survivors and carers walk, and candlelight ceremony to remember loved ones lost and support those currently facing cancer. The chamber was made aware of this effort by officers at the Australian Tax Office as they are amongst the main organisers of this event. For more information, please contact Elise Hopper on **9285 1247** or Cris Lumley on **9275 9569**.

A new arts precinct is emerging in NewQuay and Harbour Town. The Mission to Seafarers has recently opened the Maritime Porthole Gallery at 428 Docklands Drive. As a business owner/resident in Docklands, you could visit, view and purchase artworks that celebrate living and working in the maritime heritage location that is Docklands!

Also emerging in the same area is a new project called “Docklands Spaces” – commissioned by Places Victoria, MAB Corporation and the City of Melbourne and being run by Renew Australia. This is a project that aims to activate some of the under-utilised spaces in Docklands by providing rent-free space for short term use to creative groups and local initiatives.

The Food Court, a dynamic new art space, is one such project. Re-purposed from an abandoned food court, a group of artists have created a multi-use arts venue for exhibitions, workshops, events and new creative projects. The (f)oute Collective is another such initiative and is about fruit and art in regional places. These are only a couple of examples of a number of projects springing up in Docklands – and the project spaces are currently located in the piazza area along NewQuay Promenade and Harbour Town. For more information about these projects or to apply yourself, please visit www.docklandsspaces.org.

The Docklands Chamber of Commerce continues to look for new members. We are active in the business community working with businesses to connect, inform and advocate on behalf of our members. The chamber can help to address local issues through relationships with local precinct management, City of Melbourne and the State Government. As you will have read in this column we aim to support our members and the precinct by promoting and supporting their events, and running our own events that are tailored to be relevant to the needs of our membership. Why not join today? To find out more contact Nandini at admin@docklandsc.com.au

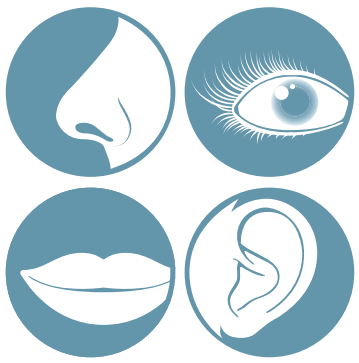
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DOCKLANDS SECRETS



Turbines down for the count

Docklands has certainly been windy of late (perhaps even more than usual), but ANZ's wind turbines haven't been able to advantage of the blustery weather.

The six turbines sit atop the ANZ building on Collins St, turning in the wind and generating energy.

But for the past few months the turbines

have been lying flat on the roof of the building, after a severe storm in July saw parts from one of the turbines break free and fall onto the street below.

"We have sent the damaged turbine back to the manufacturer in the UK to conduct a full investigation," an ANZ spokesman said.

"The safety of our people and the community is our primary concern, so until we understand what happened all the turbines will be locked down."

The five-metre tall turbines cost \$100,000 each when they were installed on the roof of the building in 2009.

DIARY NOTICE DOCKLANDS COMMUNITY FORUM

YOU'RE INVITED TO THE NEXT DOCKLANDS COMMUNITY FORUM ON WEDNESDAY 27 NOVEMBER.

MEETING INFORMATION

DATE: Wednesday 27 November

TIME: 5.30pm to 6.30pm

VENUE: Places Victoria
The Shed, 710 Collins Street
Docklands

The Docklands Community Forum supports ongoing and diverse community input into the future of Docklands.

For more information about the Docklands Community Forum, please visit melbourne.vic.gov.au/docklands or www.docklands.com.au

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MAIL: PO Box 471, North Melbourne VIC 3051

E: jennifer.kanis@parliament.vic.gov.au **P:** 9328 4637 **F:** 9326 8747

@JenniferKanis **f** [JenniferKanis](https://www.facebook.com/JenniferKanis) www.jenniferkanis.com.au



Harbour Esplanade Redevelopment Works Underway

The four raised concrete wharves on Harbour Esplanade either side of Central Pier are being removed. At more than 100 years old, the wharves have reached the end of their economic life.

Site establishment and early works commenced in late October 2013, with no visible or audible work to occur until the week commencing Monday, 11 November 2013. Works are expected to take approximately eight months, finishing in mid 2014.

The works will include demolishing the wharves, pinning of the existing sea wall and amenity works to the sea bed. Impact to pedestrians, cyclists and motorists using Harbour Esplanade will be minimised and access to Central Pier will be maintained.

To stay informed, visit www.docklands.com or contact Places Victoria's Nathan Kosiak on **8317 3573**.



Places Victoria



Businesses in Docklands

DOCKLANDS-BASED BUSINESSES WISHING TO BE PROFILED IN THIS SECTION SHOULD EMAIL: ADVERTISING@DOCKLANDSNEWS.COM.AU

LOCAL FAMILY BRINGS A MELBOURNE FAVOURITE TO DOCKLANDS



Steven and Michelle Velkovski recently opened a Burger Edge franchise in Victoria Harbour.

Steven and Michelle Velkovski have called Docklands home for more than six years.

Both have watched the Victoria Harbour precinct evolve from flat empty land into a skyline of corporate offices full of savvy professionals who enjoy eating lunch out of the office. As well as living and raising their young family in Docklands, they have now

set out to build their business here as well – a double vote of confidence in the blossoming community.

Their primary business objective was to provide a quick-service restaurant, which serves up great food in a comfortable and

friendly environment.

Before embarking in this, they researched several businesses and brands, looking for the right mix that would appeal to local tastes and wants. In the end, they chose Burger Edge for the product taste, variety of burgers on offer and the brand synergy with the area’s developing style and appeal.

“In short, for me it was a simple choice – taste wins every time,” said Steve, a former chef and new Burger Edge franchisee.

Finding the right location wasn’t as simple. For 18 months, they evaluated several sites before identifying the right location under the Aurecon building on the corner of Collins and Merchant streets. Once secured, they needed to ensure it would be something special, and the in-store experience matched the quality of the burgers and service.

To achieve this, they added a mezzanine level to the floor plan to take advantage of the surrounding water views and buildings, further adding to the chic of the stylish fit out.

Being locals, Steven and Michelle are now eager to build Burger Edge as a business that appeals to both the professional sector and local residents. Word of mouth and repeat business is at the forefront of their philosophy in building a successful eatery.

Getting the product and store design right is only the beginning. Serving up a great experience is what will assure them of business success. They are looking forward to hiring locals and offering special deals for residents in and around the area.

“For too long, residents have been deprived of a great evening and weekend diner that is not fast food. We will serve made to order burgers, wraps, chips and salads – using only fresh, quality ingredients.

“Who doesn’t like a fresh burger with the choice of either a non-alcoholic or alcoholic beverage?” asked Michelle.

The last six years has been wonderful for Steve and Michelle. To be a part of the work in progress of the vibrant Docklands community, and now adding Burger Edge to it will only bring more vibrancy as a family friendly eatery offering great food and service.

Burger Edge opened its doors on Tuesday, October 15 and is located at 850 Collins St Docklands, near the corner of Merchant St.

Operating hours: 10am to 5pm Monday to Thursday, and 9pm on Friday night. Saturday and Sunday trade will be coming soon. Phone orders ahead of pick up on **9629 8069**.

PERFECT PERFUMES AT A PERFECT PRICE



Palermo Perfumes’ Ozlem Unal can help you find your perfect scent.

For Ozlem Unal, matching every customer with their perfect scent is her top priority.

Ozlem owns and operates Palermo Perfumes at Harbour Town and is eager to assist every customer who walks through her door, makes an order online or attends a Palermo Perfumes party.

According to Ozlem, Palermo Perfumes stocks over 700 fragrances and, with so many choices, it’s easy to find your perfect fragrance.

When Docklands News visited Palermo

Perfumes, Ozlem was busy helping a customer choose a new perfume by finding out what she normally wears and suggesting the equivalent in the Palermo range.

Palermo Perfumes are made in Melbourne using essences and essential oils purchased directly from the south of France. The fragrances are inspired by the big-name brands, using the same oils and ingredients as the originals, but are missing just one element – the expensive price tag.

Each and every 50 ml Palermo Perfume is just \$35. Palermo Perfumes also stocks, body lotions, body butters, hand creams, shower gels and gift packs.

Ozlem said a large component of her customer base were interstate tourists who visited Harbour Town, purchased fragrances and then liked the product so much they became online customers.

She also said her business had thrived through word-of-mouth, with many customers passing on the Palermo secret to their friends and family.

“A lot of my customers are repeat customers,” Ozlem said. “They trust me and they trust the product.”

The other side of the Palermo Perfumes

business is party planning.

Ozlem said she understood that life was busy and not everyone had the time to spend visiting her store, so she is happy to come to you.

“We can hold demonstrations at office parties, Christmas parties, mothers’ groups. Any social occasion, we can be there,” Ozlem said.

According to Ozlem, Palermo Perfume parties are plenty of fun with no obligations but plenty of gifts and offers for the host.

Palermo Perfumes has operated for 13 years in Melbourne, including four years at the Harbour Town store.

This month Ozlem will open a second store on the ground floor of Harbour Town, which will operate throughout the pre-Christmas shopping period.

Ozlem encouraged Docklands News readers to pop into her store for their own complimentary perfume sample.

Palermo Perfumes are on the ground floor and on level 1 at Harbour Town. Alternatively contact the store on 9640 0060 or visit the website www.palermoperfumes.com.au

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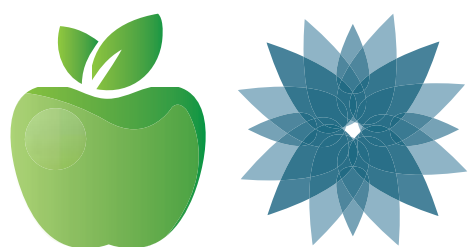
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- **Healthy bones** – Retaining bone density and avoiding osteoporosis.
- **Weight loss** – Yoga can be a very vigorous way to exercise where you can expend a lot of energy.
- **Stress less** – Also lowering blood pressure and reducing the production of the stress hormone cortisol.
- **Improved circulation** – Yoga will get your heart working more efficiently.
- **Improved mental health** – Reduced depression and more serotonin, the happy hormone.

High protein

High protein and low carbohydrate “dieting” has been a buzz in the fitness and nutrition space for some time now. However, it is important that we realise the implications of such eating patterns and most preferably, get ourselves back on track towards a healthy, balanced diet.

As a general rule, your body needs 1 gm of protein per day, per kilogram of bodyweight. For fitness enthusiasts and more active people, this number might be closer to 1.5 gm. For those looking for muscle gain or interested in body building, the number would peak at 2 gm. Excess consumption of protein is wasted. It also puts unnecessary stress on the liver and digestive processes, inhibits fat loss and may lead to dehydration. It is important to get this one right – protein supplementation should only be used when there is a deficiency in the recommended daily intake for the individual and their objective.

Low carbs

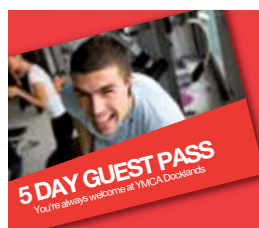
A high protein and low carbohydrate diet may in some cases lead to a reduction in scale weight (unfortunately what some people like to see) but this comes at a cost. Carbohydrates are the bodies preferred source of energy and are a great source of fibre, vitamins and minerals. When you limit this energy source, the body will turn to its next best source of fuel, your muscles, potentially resulting in a loss of lean muscle which is counterproductive.

Your digestive processing may also become more complicated, and you miss out on all the benefits and health requirements associated with a proper balance of vitamin and mineral intake.

The best advice on carbohydrate consumption is to limit the portion sizes of starchy carbohydrates like pasta, rice and bread, as well as limit the intake of simple sugars.

By Andrew Ward,

YMCA Docklands manager



YMCA Docklands

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GREETINGS FROM THE DOCKLANDS COMMUNITY ASSOCIATION



Greetings everybody

The editor has accepted that I use this column as a right of reply to the lead article in *Docklands News* – October 2013. I was not informed of the article before publication. It is assumed for the purpose herein that the editor Shane Scanlan was poorly advised.

Introduction

The front page article headed “DCA rules chaos” was highly inaccurate and misleading in a number of areas, as answered below. The heading “chaos” was a gross exaggeration. The opening statement that we have been operating without authority since 2009 is quite wrong. Over 90 per cent of our rules and sub-sections are valid, with amendments to the remainder to be ratified. This has been confirmed by a senior officer of Consumer Affairs Victoria, which administer the rules for registered associations.

The rather extraordinary article appeared to reflect grievances held by the editor, referred to further down. He has admitted he is no longer a resident of Docklands.

I regret the need to have to go to this trouble in reply but it is necessary to correct statements in the article and to counter the maligning of the DCA and myself.

The DCA

The DCA is a respected organisation acting in good faith and dedicated to representing resident community amenity. The DCA has record membership, a good committee

team and receives praise for its work. At the association’s AGM held on October 2 office bearers and other committee members were re-elected unopposed.

Responses to specific accusations

The statement that we have been operating without authority since 2009 is patently wrong.

To explain, the DCA constitution contains 37 rules and sub-sections contained in over 14 pages. Of those, the DCA in 2009 decided to amend only six, including short amendments.

The committee at the time didn’t know that amendments approved at an AGM required CAV ratification. It is not stated in the rules, which needs to be added.

The remaining 31 rules, which govern most of our operations and we continue to observe, stand and are quite legitimate as confirmed by CAV.

The CAV officer also stated that the few additional rules for associations added in the 2012 legislation update do not significantly change things.

We do not have to “scramble” to meet new rules as alleged, as existing approved rules are deemed to stand under updated 2012 legislation and we are not required to update until such time as we may submit amendments which we plan to do in due course. This is confirmed by CAV.

Short-term renter exclusion states in the rule that it applies to such as serviced apartments (not mentioned), which are the majority and

largely let for weekends. Obviously these renters are not classified as residents.

“Dumping its social membership category” is a wrong and totally misleading claim. Clearly a member more interested in the social side is just as welcome as any other. What was changed was the fee structure to have a single member type and a single fee for everybody instead of two, there having previously been one for social and one for voting right. In practice, the distinction proved meaningless as everybody opted for the slightly higher voting fee. The single fee is also easier to administer and is normal for resident associations.

Restricting copies of register of members is for good reason in that it contains members’ private details including addresses, private telephone numbers and email addresses. The register is available for scrutiny.

Quorums for meetings. The implication is we’re trying to manipulate numbers – again wrong. The quorum levels that had been set were way too high above the levels recommended by CAV and we reduced them accordingly. For example, the quorum of seven set earlier for a committee meeting was equal to or above the number of committee members, thus making it impracticable.

The statement regarding 12 months committee experience for office bearers was, I believe, meant to read preferred.

The exclusion of non-residents is simply because the DCA is a resident association. In fact, there had been no applications for membership from people who were not

residents. A recent exception is Shane Scanlan.

The time limits for committee nominations and proxy lodgement were not at my whim as implied but are stated in the approved rules.

I don’t know what Shane’s statement that I was one of two current committee members present at the original meeting in 2008 is supposed to mean. I was not involved in drafting the original rules at the time and was a member of the audience.

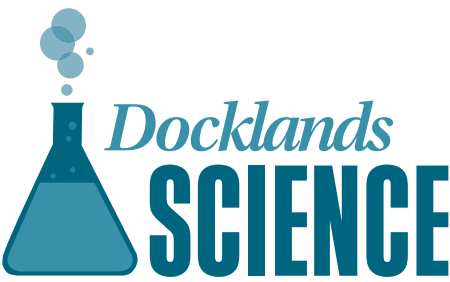
Motivation for the article

As to Shane’s possible motivation, he has approached me on more than one occasion suggesting I back off criticising aspects of Docklands, asking on one occasion why I bothered to live here.

I replied that, as head of the DCA, I speak up on issues adversely affecting residents such as developer plans, lack of open space till now, serviced apartments, parking problems, community facilities and the like, and will continue to do so as required. The purpose is to rectify and obtain improvements. At the same time, I try to make balanced comments.

Whilst businesses are represented by the Chamber of Commerce, having until recently owned and operated a business I am sympathetic to the needs of them generally and they and workers can get a good rub-off effect from our DCA efforts.

Sincerely
Roger Gardner
President DCA



Rats are still being spotted in Docklands, while in neighbouring Melbourne CBD; the Degrares St laneway has implemented an innovative waste management facility that has fixed their rat problem.

The new waste facility has not only removed rats from the street but has also reduced the volume of waste ending up in landfill by up to 70 per cent. This has been achieved by converting organic waste – which includes food and some paper products – into soil. This process is driven by an organic dehydrator which is tucked away in Ross House. No other Australian city has a waste facility like this one located onsite.

The organic dehydrator works by extracting water from organic waste, which leaves behind matter that can be processed into soil. Once the soil has passed tests and has been deemed safe to use for gardening, it will be distributed to gardens surrounding the city – including Docklands. In the meantime, the waste management facility is reducing the

volume of all waste going to landfill.

The new model challenges the current attitude towards how waste is managed. Mr Theo Roussos, owner of The Quarter Café in Degrares St, admits that in the past most businesses in the laneway didn’t give too much thought to their waste. He concedes that they used to just dump their waste out the back of the shop, or in the basement underneath Degrares St and then wait for rubbish collectors to pick it up.

“When we used to store our rubbish in the basement it would attract rats, which isn’t nice when you have hotels and restaurants in the area. The interstate tourists didn’t like it. This new approach cleans the street up a lot,” he said.

The same attitude is shared here in Docklands. Visitors are not impressed by the presence of rats.

Melinda Kimonides, who was visiting friends that live on Bourke St, noticed rats while playing basketball on the courts adjacent to Harbour Esplanade.

“I was really grossed out and scared to walk around. I was surprised to see this so close to the city.”

The City of Melbourne has said that it will duplicate this waste model across other precincts in the city. How far that plan will venture out of the CBD into neighbouring localities within the municipality, like Southbank and Docklands, is not clear.

By David Sibenaler



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DOCKLANDS COMMUNITY CALENDAR



THE FOOD COURT

Thursday till Sunday, 12pm - 6pm
Waterfront City Piazza

A group of artists have transformed the longtime unleased Food Court, into an exhibition and arts events space. Check out our latest exhibitions and events and enjoy our free Wi-Fi over a hot drink (Pop-up Coffee stall coming soon).



MARITIME PORTHOLE GALLERY

Open Monday to Friday 10am - 4pm
428, Docklands Drive.

The Porthole Gallery is a Community Arts Project supporting the Mission to Seafarers.

porthole@missiontoseafarers.com.au

Mob: **0438 724 917** Like us on Facebook: **Maritime Porthole Gallery**

DOCKLANDS SUNDAY MARKET

Every Sunday from 10am until 5pm.
New Quay Promenade

A variety market featuring arts and crafts, vintage, ladieswear, jewellery, secondhand books and more.

Contact 0412 910 496 for more information.

LUNCHTIME TABLE TENNIS

Wednesday and Fridays
The Hub, 80 Harbour Esplanade

Cost: No charge.
Table tennis continues to grow in popularity. BYO lunch.

For details **8622 4822** or **docklandshub@melbourne.vic.gov.au**

MELBOURNE SUNRISE PROBUS CLUB

First Thursday of the month, 10am
Wharf Hotel, Siddeley Street

Probus Clubs for men and women over 50. Come along, keep your mind active, meet new friends while enjoying activities and shared interests. Contact Carol on **9646 5256** or **carolbergcb@gmail.com**

YARRA RIVER DRAGONS "COME AND TRY" MORNING

Saturday November 16 at 8.45 am

Shed 2, North Wharf Road, Victoria Harbour

Yarra River Dragons is looking for new members and is holding a free "come and try" day. Email admin@yarrariverdragons.com for more information and to register.

DOCKLANDS TOASTMASTERS

Every 2nd and 4th Monday of the month
The Hub, 80 Harbour Esplanade

Boost your public speaking and leadership skills.

Contact: email **docklandstoastmasters@yahoo.com.au** or visit **www.docklands.freetoasthost.org**



FINE LINE DRAWING AND BOTANICAL ART CLASSES

Monday and Thursday

The Hub, 80 Harbour Esplanade

The University of the 3rd Age offers two classes on Mondays and Thursdays. To make an enquiry regarding the classes, please ring U3A on **9639 5209**

TALL SHIP ENTERPRIZE

Sunday 10 Nov 11am, 12:30 & 2:30pm

Sailings on Docklands Victoria Harbour from Waterfront City on Melbourne's own replica 19th century sailing ship. Suitable for people of all ages.

Contact: **www.enterprize.org.au** or **9621 1294**

DOCKLANDS WALKING TOUR

Every day at 10.30am, bookings essential
Etihad Stadium 130 Harbour Esplanade

Explore Docklands on a walking tour. Be mesmerised by the artwork, history and architecture of the Docklands area.

Contact **0448 270 023** or email **amwt@live.com.au**

DOCKLANDS BRAZILIAN JIU-JITSU

The Hub, 80 Harbour Esplanade

BJJ is a style popularised by media such as the UFC and is proven as an extremely effective form of martial arts. Phone **9016 8471**, email **info@docklandsbjj.com.au** or visit **www.docklandsbjj.com.au**

DISCOVER SAILING

Club sailing days every 2nd and 4th Sunday

Docklands Yacht Club, Shed No. 2 North Wharf Rd

Visitors welcome. For further information email **docklandsyachtclub@gmail.com**



YOGA IN THE DOCKLANDS

The Hub, 80 Harbour Esplanade

Cost: \$20 per class or
\$175 for a ten-class pass.

Hatha Yoga suitable for all ages and levels of experience. Phone Brooke McGlinchey on **0403 668 705** or **muditayogamelb@gmail.com**

DRAGON MASTERS DRAGONBOATING

Wednesdays at 5.30pm and Saturdays at 8.30am

Shed 2 North Wharf Road Victoria Harbour (Melways map 2E B6)

Dragon Masters has something for anyone. Please contact Jeff Saunders **0417 219 888** email **Jeff.saunders@digisurf.com.au** or visit **www.dragonmasters.com.au**

CITY ON A HILL

Church Services

Sunday 8.45am, 10.30am, 6pm.

Hoyts, Melbourne Central

Sunday evening 6pm

Arrow on Swanston (488 Swanston St)

Contact **cityonahill.com.au**

JEWISH MYSTICISM... A WEEKLY INSIGHT

Every Thursday, 7.30pm

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Renegades re-sign multiple stars

By Robert Bremner

After a breakout year last season, The Renegades have resigned 13 of their stars and will be hoping to go two better in this year's Big Bash league competition.

Melbourne Renegades have resigned most of their stars ahead of the Big Bash League 2013/2014 upcoming season. Thirteen of last season's players will be playing in red again including batting sensation Aaron Finch, retired Sri Lankan world-class bowler Muthiah Muralidaran and New South Wales batsman Ben Rohrer.

The Renegades also gained the signatures of test bowlers Peter Siddle and James Pattinson who have joined for the next two seasons and will strengthen the club's bowling attack. Rounding out the Renegade's squad is Matthew Gale, Alex Doolan, Fawad Ahmed, Jayde Herrick, Nathan Rimmington, Tom Cooper, Daniel Harris, Will Sheridan, Peter Nevill, Michael Hill and Aaron O' Brien. Simon Helmot will once again be the head coach of the Renegades.

The Renegades will be hoping to go two better this year, after being knocked out in the semi final stage last season. Melbourne finished on top of the ladder, two games clear after losing only one game during the home and away season. Their only loss came against Perth Scorchers, an eventual finalist. The Renegades were eliminated by premiers Brisbane Heat in the semi finals

Aaron Finch will stay on as the captain after an impressive contribution last season which gave him the honours of the Big Bash player of the season after scoring a total of 332 runs in the series including an unbeaten century in the opening game against Melbourne Stars.

The draw for the upcoming season has already been released with the Renegades fixture once again beginning with a Melbourne derby against their cross-town rivals Melbourne Stars on December 20. The season will run from late December until early next year with the final being played on February 7.

For fans of the Renegades who can't wait for the start of the Big Bash League, the club has started a YouTube channel containing all their highlights from their successful 2012/2013 season. The channel also features skills tutorials from the players and interviews with the team, president and coach.



WTC general manager Rob Collins gets a lesson from Denis McDade.

In the swing of things

Docklands' golfers had the opportunity to perfect their golf swings at the World Trade Centre last month.

Professional golf coaches Denis McDade and Steven Bann, were on hand at the WTC atrium, offering free one-on-one golf lessons.

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