

The voice of Docklands | 道克蘭之音

# DOCKLANDS NEWS

## ■ 4-Life Academy kicks off

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## ■ Forum meets for the first time

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## ■ Etihad CEO farewells Docklands

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## ■ New president for chamber

See page 6



These two young sailors took advantage of a recent Port of Melbourne tour.*w*

## Peruse the port next door

**Don't miss out on a free guided boat tour later this year.**

The Port of Melbourne will run tours of the port in November and December

Passengers will get an up-close view of container ships, enormous cranes and the machinery used to load and unload container ships.

The one-hour round trip tours will operate on November 17, 18 and 26 and December 1 and 2.

Tours will leave from Water Plaza in Docklands at 1pm, 2.20pm and 3.40pm.

Bookings are essential and can be made from October 29.

Book online at [www.portofmelbourne/community](http://www.portofmelbourne/community) or call 1300 857 662.

## Family fireworks secretly scuttled

*In their last action before being sidelined by municipal elections, Melbourne's councillors last month secretly scrapped Docklands' New Year's Eve 9.30pm family fireworks.*

In making their decision behind closed doors on September 25, councillors claim to have been persuaded by concerns about crowd safety.

Cr Kevin Louey told *Docklands News* he had no idea why the matter needed to be discussed in secret but Cr Jackie Watts said it was just another example of the dominant faction restricting public scrutiny of council decision-making.

She said, because the matter had been classed confidential, she was legally prevented from revealing any details about the discussion. She said this was a deliberate tactic to stifle debate and dissent.

Because the decision was taken in secret, there is no public record of how councillors voted. And, because the council will not meet again, the decision cannot be overturned until a new council is elected.

Cr Louey claimed that there was unanimous support for discontinuing the family fireworks at Docklands.

He said councillors appreciated the value that the event brought to Docklands but had no choice when confronted with advice from safety staff who warned that someone could be killed in the crush after the event.

He said the problem area was the Bourke St pedestrian concourse at Southern Cross Station where crowds leaving the early fireworks met revellers coming the other way to view the midnight fireworks show.

Docklands Community Association (DCA) president Roger Gardner said the alleged safety issues had not been raised in the past.

"I responded that we had not heard of such problems in previous years and that families enjoy the earlier event with their children and it draws a large crowd to the area," Mr Gardner said.

"Interestingly, council proposed withdrawal of the earlier 9.30 event in 2009 but was forced to reinstate it following protests. The reason given by council on that occasion was cost, on the basis that it was too expensive."

A council spokesperson said reports alleging safety concerns would not be released.

"This item was confidential because the report contained information which, if released, would prejudice the council or any person," the spokesperson said.

Docklands Chamber of Commerce president Stephen Clement said that, while bitterly disappointed, it was important to concentrate on making the Docklands NYE celebrations better than ever.

He said council officers had vowed to make the event world-class so that revellers would be inclined to stay in Docklands until after the midnight fireworks display.

The council has offered Docklands \$150,000 to fund either one or two events in the new year as "compensation" for the cancellation of the family fireworks.

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is October 25.

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## Well done Hatem Saleh

*Docklands' own Hatem Saleh had a busy August winning two prestigious awards.*

Mr Saleh is the managing director of Atlantic Group [v], which is based at Central Pier.

He was presented with a Melbourne Award for his individual contribution to the profile of Melbourne.

"Hospitality is our passion as is our desire to be an industry-shaping organisation, creating unique event and hospitality experiences, putting Melbourne on the local, national and international stage," Mr Saleh said.

"I am pleased that what we do do, in a small way, contributes to make Melbourne the most liveable city in the world."

Atlantic Group [v] also won *Restaurant and Catering's* Caterer of the Year for the second year running.

Atlantic Group [v] has operated for more than 20 years and this year is celebrating five years since opening its doors at Central Pier.

## No school in sight

*Docklands is no closer to getting a school of its own after South Melbourne was last month announced as the preferred site for a new government school.*

The site of the new school, at 129-161 Ferrars St, is just over 3km from Docklands, which means it could be an option for Docklands families. However, they may not be welcome.

"Depending on enrolment numbers, students in the Docklands area may be accommodated," a spokesperson for Education Minister Martin Dixon said.

The spokesperson said it was too early in the design and development stage to confirm enrolment boundaries for the South Melbourne school.

Meanwhile, Docklands parents continue to consider various education options outside of Docklands.

Jewel Love has lived in Docklands with her husband and three-and-a-half-year-old daughter Ananda for the past year-and-a-half (pictured above).

The family has started thinking about options for Ananda's education, but choices are limited.

Ms Love said the closest schools would still require driving through plenty of traffic.

"I imagine families will stop moving here if there are no options for schooling," Ms Love said.

Mytreyi Tanikella, mother of three-year-old twin boys, Kameswara and Karitikeya, said the lack of a local school in Docklands would cause her family to move.

Martin Dixon's spokesperson said student growth in Port Melbourne and South Melbourne was further advanced than in Docklands. However, the report identifies Docklands and Southbank as areas set for significant population growth.

The report says that in 2011 there were 285 children aged between five and 12 recorded in Docklands and Southbank. By 2031 this number is expected to grow to 2250.

Considering the expected growth in the school-age population, the community continues to advocate for a school in Docklands.

"We'd like to think that the idea of a school in Docklands is being pursued because of the growing population," Docklands Community Association president Roger Gardner said.

## Ebay explained

*Want to get rid of that treadmill you never use? Or perhaps pick up a set of golf clubs at a bargain price?*

As part of its fifth birthday celebrations, The Hub community centre is running free "Lunchbox" presentations on the second Thursday of each month until December and this month's session is "Understanding Ebay".

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**Cost:** Free

**When:** Thursday, October 11 at 12.30 pm

**Where:** The Hub, 80 Harbour Esplanade

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# So far, so good for community forum

By Bethany Williams

*The Docklands Community Forum (DCF) met for the first time last month and so far there are only positives to report.*

The first public meeting brought together an interesting group of people, each with their own opinions about what Docklands needs.

Forum representatives, interested members of the public, and staff from Places Victoria and City of Melbourne were in attendance.

Two new faces had also joined the DCF in the form of a youth representative and a Docklands Chamber of Commerce (DCC) representative.

When the DCF representatives were announced in August a youth representative had not been identified, however Lauren Bassar has since joined the forum in this role.

Due to the results of the recent DCC election

(reported on page 6) Stephen Clement has replaced Elena Tsapatolis as the chamber representative.

After witnessing the first meeting of the DCF, the signs seem positive.

The forum has great potential to lead Docklands into its second decade and so far it seems to be heading in the right direction.

It was clear at the first meeting that huge consideration had gone into making it work.

The layout of the meeting room itself, with two rows of chairs arranged around a table, created a feeling of openness and encouraged discussion.

And it wasn't just the DCF representatives

who had the opportunity to voice concerns or ask questions at the forum meeting.

While the members of the DCF are certainly the figureheads of the forum all attendees seemed to be equal in terms having the chance to speak.

The presence of a facilitator meant every voice had an opportunity to be heard.

There was a sense of balance about the forum, with no single person leading the direction of the meeting.

At the start of the meeting the DCF representatives spoke about themselves and why they had joined the forum.

Each person had a different story to tell, a

different connection with Docklands and a different motivation for joining the DCF.

They each highlight a different aspect of Docklands that deserves to be recognised.

Amongst the group is a voice for local families, a voice for local businesses and a voice for the waterways.

The members of the DCF will represent the community at forum meetings and two alternating DCF representatives will attend Docklands Steering Committee meetings.

They have a real opportunity to make sure the voice of Docklands is heard.

The DCF has got off to a good start; let's hope it continues.

# Refreshingly

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# Conder goes green

*The iconic blue Conder tower has gone green.*

The NewQuay tower is believed to be the first apartment building in Docklands to install environmentally-friendly LED downlights.

The tower has installed LED lights in all common areas, including the foyer, lifts, corridors and gym.

Leading the LED installation project was Ray Mascaro, a member of the Conder Owners Corporation (OC), who has lived in the building for the past five years.

Mr Mascaro said the decision to install LED downlights was an easy one for the OC, when it considered the economic and environmental advantages.

Most lights in the common areas of the building are on 24 hours a day, seven days a week. And because LED lights use substantially less energy than halogen globes, this results in a considerable energy saving.

LED downlights use only eight watts compared with halogen globes, which use 50.

Mr Mascaro said while LED lights cost more than a standard halogen globe, they were more cost-effective in the long run and were more environmentally friendly.

He said for lights that were on all the time, the cost of installation would be recouped in

savings within seven and a half months.

“When you do the calculations and how much you pay for the energy, the electricity and for the cost price of the unit, you get the cost of having it installed back in seven and a half months,” Mr Mascaro said.

The lights also have a longer lifespan than halogen globes, meaning less maintenance and less waste in landfill.

Mr Mascaro said he was sure many other Docklands apartment towers would follow suit and join the Docklands energy saving revolution.



Rob Gulifa of Lighting Wholesale and Design.



## Museum remembers 9/11

*Docklands’ Victoria Police Museum is currently hosting the only Australian exhibition of ‘9/11: A Uniform Response’*

The photographic exhibition features 22 images of the 2001 New York attacks, taken by Associated Press photographers.

The exhibition recounts the devastation, the aftermath and the journey to recovery.

New York City Police Museum and Associated Press created the exhibition as a way of paying tribute to the New York City Police Department and other emergency service first-responders.

The exhibition first opened at the New York Police Museum last year.

Victoria Police Museum public programs curator, Kate Spinks (pictured above),

contacted the New York Police Museum late last year to discuss the possibility of bringing the exhibition to Docklands.

The exhibition is the first time it has been shown outside New York.

American Consul General Frank Urbanic and Victoria Police assistant commissioner Andrew Crisp opened the exhibition on September 11, marking the 11th anniversary of the attack.

Ms Spinks said the photos featured in the exhibition, particularly those taken on the day of the attack, captured a feeling of immediacy.



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# A multifaith place for Docklands?

*Docklands could become home to Australia's first public multifaith facility.*

In August, Places Victoria called for expressions of interest from parties interested in developing a place of worship in Docklands.

The Faith Communities Council of Victoria (FCCV) is currently preparing its expression of interest, outlining a plan to build a multifaith facility.

The FCCV is a Victorian multifaith organisation and includes representatives from each of the peak faith bodies in Victoria including the Islamic Council of Victoria, the Hindu Communities Council, Baha'i Victoria, the Victorian Council of Churches and the Jewish Community Council of Victoria.

FCCV multifaith officer, Sandy Kouroupidis, said multifaith prayer rooms could often be found in places like hospitals and universities, however the proposed multifaith facility would be the first public, stand-alone facility.

Rabbi Jonathan Keren-Black said he believed the FCCV would be the only multifaith organisation to submit an expression of interest to build a place of worship.

If its tender is successful, the organisation

hopes to provide a facility that caters to a wide range of faiths while, at the same time, providing community facilities for Docklands.

Father Bob Maguire, while not directly involved with the FCCV bid, supports the idea.

"I've been thinking about this for years and years and years," he said.

Ideas for the space include at least two rooms for religious activities, theatre seating to provide opportunities for faith and community theatre groups, a cinema, childcare facilities and a peace garden, possibly on the roof of the building.

Freeman Trebilcock, FCCV multifaith youth consultant and CEO of youth organisation Interaction, said the space would add value to Docklands and to the wider Melbourne community.

Before submitting its expression of interest the organisation is seeking feedback from the local community about what they would like to see in a Docklands place of worship.

You can submit your ideas for a Docklands multifaith facility by emailing [officer@faithvictoria.org.au](mailto:officer@faithvictoria.org.au) or calling 0407 082 607.



Rabbi Jonathan Keren-Black, Sandy Kouroupidis, Father Bob Maguire and Freeman Trebilcock

## Docklanders in the council election mix

### *Six Docklanders are running for council in the upcoming election.*

This is double the number of Docklanders who stood at the last election in 2008.

And four of the six Docklanders running are on the same ticket. On the ticket is former Chamber of Commerce president Keith Rankin, who is running for Lord Mayor with the Harbour Kitchen's Grace Han as his deputy.

Also on the ticket are Gerard Anderson and Maree Norris, who are running for councillor positions.

Mr Rankin said, if elected, the team would build on the council's existing investments in Docklands by advocating for new infrastructure, improvements to the waterways and new mooring facilities.

He said his team was committed to delivering outcomes that would make Melbourne a more liveable city.

These include improvements to parks and gardens, new cycling infrastructure and planning controls that protect the character of neighbourhoods and providing a stronger voice for the community.

Michele Anderson is another Docklander who is running for one of the nine councillor positions.

Ms Anderson has lived in Docklands for 10 years and is running for the position of councillor, alongside Stephen Mayne.

"I believe the community should be listened to and council should be a true representation of both businesses and residents," Ms Anderson said.

Ms Anderson's policies refer to the issue of short-term accommodation.

She said buildings in Melbourne should be either residential, with a minimum 30-night stay, or purpose-built accommodation buildings.

The sixth local running for election is Sally Hewitt, who is seeking a councillor position on Gary Singer and John So's ticket.

Ms Hewitt's policies for Docklands include more control over serviced apartments, holding developers accountable, rationalisation of the management bodies that have authority over Docklands and a greater focus on tourism through a 5-star destination hotel.

The Docklanders are among nine leadership teams vying for the roles of Lord and Deputy Lord Mayor and 40 individuals running for nine available councillor positions.

Docklanders will have a chance to hear from the candidates at a "Meet the Candidates" night on October 16 from 7pm at Watermark.

The Rotary Club of Docklands will host the event, which will be chaired and moderated by *Docklands News's* Shane Scanlan.



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# New president for chamber Places Victoria chair steps aside

***Docklands Chamber of Commerce (DCC) has a new president.***

Chamber executive member and ING Waterfront City project manager, Stephen Clement, was elected at the DCC annual general meeting on September 18.

Outgoing president, Keith Rankin was elected in 2007 and the presidency had not previously been contested.

Chamber executive member Joh Maxwell was elected vice-president.

Rick Deering will continue his role as DCC treasurer, John McGaw will maintain his role as secretary and Mark Wilson and Sally Hewitt will continue as executive members.

New to the DCC executive are Josephine Tan, Bill Reid and Shane Scanlan.

After the result of the election was announced Mr Rankin said he wished the new committee the best and said he would continue to support the chamber.

"I will be happy to help as long as I'm asked," Mr Rankin said.

New vice-president Joh Maxwell said the committee would be a new and invigorated Docklands Chamber of Commerce, which would bring together the big and small end of business in Docklands.



Outgoing chamber of commerce president Keith Rankin (left) congratulates Stephen Clement on his success.

"I'm proud, I'm passionate and I want us all to succeed," Ms Maxwell said.

Mr Clement said the executive committee would provide a new direction for the chamber.

"I am passionate about Docklands and I want as many people as possible to like Docklands," he said.

By Georgina Scambler

***Places Victoria chairman Peter Clarke has stood aside, pending an Australian Securities and Investment Commission (ASIC) prosecution.***

ASIC alleges improper conduct by Mr Clarke and four other former directors of Australian Property Custody Holdings Ltd (APCH).

ASIC claims the APCH directors breached their duties to Prime Trust members when they approved a \$33 million payment to managing director Bill Lewski.

APCH and Prime Trust were placed into liquidation in November 2011. ASIC is seeking to disqualify Mr Clarke and the other directors from managing corporations.

Places Victoria has appointed its deputy chairman Ken Fehily as acting chairman.

Places Victoria and Planning Minister Matthew Guy declined to comment on the investigation. Mr Clarke is legally prevented from commenting on the case but is contesting the charges.



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# Riding to work has never been easier

By Georgina Scambler

Docklands businesses are embracing sustainable transport and making it easier for employees to ride to work, City of Melbourne research has shown.

For the first time the Census of Land Use and Employment (CLUE) has investigated how many businesses provide facilities for bicycles.

The results showed that 26 Docklands buildings had under-cover facilities for 2136 bicycles. Sixteen of these buildings also had shower facilities.

Medibank Private's Docklands office currently has secure parking for 95 bikes and showers on every floor, and is looking to provide even better facilities when it relocates in 2014.

Company secretary Steven Harris said Medibank encouraged employees to ride with MediBUG, a cycling group for employees, as well as subsidised riding gear.

"It's an important part of Medibank's mission for better health," he said.

Mr Harris, who rides each day from Hawthorn, said riding to work had numerous benefits.

"It energises me in the morning and de-stresses me in the evening."

Future Melbourne (Economic Development and Knowledge City) Committee Chair Cr Kevin Louey said providing facilities for

cyclists was good for business.

"Employers who encourage their staff to cycle to work benefit from increased productivity as a result of improved fitness and mental health," Cr Louey said.

The City of Melbourne last month also released an action plan outlining proposals to make Melbourne safer and more appealing to cyclists.

The draft Bicycle Plan 2012-2016 included as a high priority the need to upgrade the existing LaTrobe St bicycle route from Adderley St to Harbour Esplanade, improving linkages with Docklands.

Cr Louey said council had committed \$5.6 million to extend bike lanes and improve safety for Melbourne's cyclists.

Those keen to join the growing number of Docklands cyclists can head to the Docklands Ride to Work Community Breakfast on October 17.

The event will include free breakfast and coffee, plus the chance to have bikes checked by an expert bike mechanic and ID engraved by Victoria Police.

The community breakfast will run from 7am until 9.30am on the corner of Bourke St and Harbour Esplanade.

Register for Ride to Work Day at [www.ride2work.com.au](http://www.ride2work.com.au)



Medibank company secretary Steven Harris is onboard the cycling craze.

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**Docklands** 1007 / 50 Lorimer Street

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1 Bed 1 Bath 1 Car

**Private Sale** \$455,000

**Inspect** By appointment

With a large balcony that is approximately 25 sqm, how could you resist this stunning one bedroom apartment at Yarra's Edge. During the day this wonderful apartment is bathed in natural sunlight and by night you will be mesmerized by the magnificent CBD backdrop. The full sized open living area will suit the entertainer in you and if you love to cook, the gourmet kitchen includes a symphony of quality appliances with stone bench tops. The main bedroom overlooks the CBD backdrop and offers BIR and balcony



**Docklands** 2001 / 60 Lorimer Street

DIRECT WATER FRONTAGE ON TOP FLOOR

2+1 Bed 2 Bath 2 Car

**Private Sale** \$840,000

**Inspect** By appointment

Presentation perfect with unrivalled 300 degree panoramic views of the Docklands precinct across the bridges to the bay and to the city skyline is this impressive apartment. Included is two bedrooms, separate study, two bathrooms, air con/ heating, video intercom and is on the top floor of the building. Its pure excellence also including two security U/C car spaces complete with lift access, and the use of the pool, gym, sauna, spa and steam room.



**Docklands** 1507 / 8 McCrae Street

THIS WILL NOT LAST LONG

2+1 Bed 2 Bath 1 Car

**Private Sale** \$630,000

**Inspect** By appointment

Perfectly located on the east side of Village Docklands facing the CBD and the Yarra is this impressive 15th floor, light filled apartment with winter Garden terrace with views as far as the eye can see. Consisting of 2 bedrooms (the master with private ensuite), a study, a modern and stylish kitchen open to the dining/lounge, perfect for entertaining family and friends before heading into the town for a night of fun. Close to public transport, Crown Casino, Southbank, Docklands Precinct and all that exciting Melbourne has to offer.



**Docklands** 1507 / 18 Waterview Walk

LARGE CORNER APARTMENT WITH VIEWS

2 Bed 2 Bath 2 Car

**Private Sale** \$650,000

**Inspect** By appointment

This spectacular and luxurious 2 bedroom apartment awaits the discerning buyer. Located on the 15th level, this apartment includes modern and stylish kitchen fittings, stainless steel appliances and stone bench tops. The living area is generous and boasts great views over the Docklands Park. Two good size bedrooms with BIR and two bathrooms complete the functional layout. Additional features include blinds to all windows, laundry facilities located in the bathroom, video intercom and resort style facilities.



**Docklands** 302 / 60 Siddeley Street

WAKE UP TO THESE VIEWS

2 Bed 1 Bath 0 Car

**Private Sale** \$540,000

**Inspect** By appointment

Here is a spectacular two bedroom apartment directly facing the water and Crown Casino that provides you with full convenience due to its great location. Flinders Wharf is situated a short walking distance from the Melbourne CBD, Southern Cross Station, the Melbourne famous Crown Casino, Entertainment Centre and Melbourne's new Convention Centre. Located on the 3rd floor and less than 3 minutes drive away from the freeway excess and the convenience and excitement of inner city living.



**Docklands** 1604 / 60 Siddeley Street

3 Bed 1 Bath 1 Car

**Private Sale** \$710,000

**Inspect** By appointment

This apartment is located in the stunning Flinders Wharf building is a must see. Consisting of 3 spacious bedrooms including master with WIR and ensuite. The large dining and lounge opens to a balcony that has views a plenty. You can see the entire docklands precinct with views also across to the bay. You have full access to all building facilities which consists of large lap pool, spa, steam room, sauna and fully equipt gymnasium.



**Docklands** 111/ 30 New Quay Prom.

MAJESTIC VIEWS WITH HUGE TERRACE

3 Bed 2 Bath 2 Car

**Private Sale** \$900,000 plus

**Inspect** By appointment

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# Fr Bob's 4-Life Academy kicks off

***The first recruits of the Father Bob's 4-Life Academy visited Docklands last month for some intensive training.***

The 4-Life Academy is based in Docklands and is the result of a collaboration between The Big Umbrella and the Father Bob Maguire Foundation.

"Study 4 Change" is a leadership program for high school students and is one of three initiatives of the academy.

35 students from Noble Park Secondary College were the first recruits of the program.

The students have been involved in a variety of training sessions over the past few

months, which have been run by academy staff and held at their school.

The visit to Docklands was an opportunity for the students to receive expert training from NAB employees at the NAB training rooms.

Students received training in creative thinking, grants and finance, marketing, advertising and public speaking.

According to the CEO of The Big Umbrella, Justin Dickinson, it wasn't just the students who got a lot out of the day.

"The NAB staff also got so much out of it through teaching their own vocation and sharing their knowledge," Mr Dickinson said.

Lauren Wood, 17, is one of the first recruits of the program and said she had already learned a lot through the program.

"I think the whole program has shown us that even the smallest things can build towards a bigger impact," Ms Wood said.

The students have been working hard organising a gala event called "The Big Umbrella Party", which is part of the Docklands Arts and Laughs Festival.

The event will feature entertainment from musicians and comedians and will be held at the Wonderland Spiegeltent on October 5 at 8pm.

Tickets can be purchased at [www.docklandsartsandlaughsfestival.com.au](http://www.docklandsartsandlaughsfestival.com.au)

All proceeds will go towards the work of The Big Umbrella.



Comment on this story online:  
[www.docklandsnews.com.au](http://www.docklandsnews.com.au)

## Happy b'day Bob

***Most birthdays are spent with close family and friends, but last month Father Bob Maguire shared his 78<sup>th</sup> birthday with a whole group of new friends.***

Father Bob's birthday coincided with the official launch of the Father Bob's 4-Life Academy and the "Study 4 Change" program.

35 students from Noble Park Secondary College were visiting Docklands for the launch of the program. They joined in the fun and sang a loud chorus of "Happy Birthday" before enjoying some birthday cake with Father Bob.

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# Etihad chief farewells Docklands

By Georgina Scambler

*In 12 years as chief executive officer of Etihad Stadium, Ian Collins has seen Docklands grow from an open area to a thriving suburb.*

So it is with some sadness that Mr Collins said goodbye to Docklands when he retired at the end of September.

Mr Collins said the stadium was the catalyst that kick-started the development of Docklands, but the growth hadn't progressed as quickly as he would have liked.

"We've been operating a venue which attracts about 3 million people a year in a building site," he said.

"There's been some pretty aggressive debate at times about some of the construction and closing of roads, basically we [Etihad Stadium] have had to wear all that and are still doing that."

Mr Collins said that despite excellent public transport, access to Docklands by car was still a concern.

"In the end there are still a lot of people who drive their cars, and I don't think it's user-friendly for people to come into the area and park," he said. "Hopefully that will change; it's going to get busier as more people come here and more people live here."



Mr Collins said Docklands would continue to develop its own character, with its proximity to the water making it a highlight of the city.

"I hope things are put on by Melbourne City Council to attract people on a regular basis, whether it be carnivals, fireworks or other things that the general public can enjoy," he said.

He warned that development should be carefully considered so the suburb didn't become "a concrete jungle".

"I don't think there's a lot of charm about some of the buildings that are being put up," Mr Collins said.

He added that Etihad Stadium was being

closed out by a lot of the new buildings and this detracted from the stadium's status as an iconic feature of Melbourne's skyline.

"You'll only be able to see it from across the railway lines to the east and across the Bolte Bridge to the west, so I think it does lose a little bit."

Mr Collins said the input of several organisations including Places Victoria, City of Melbourne and VicRoads meant decision-making about the area surrounding the stadium and Docklands in general was not always easy.

"I think it is improving but it's still got a fair way to go," he said.

## Cadel is back

*Cycling champion Cadel Evans returns to Docklands next month to participate in the annual Suit Up and Ride charity fundraiser.*

Suit Up and Ride returns to Docklands for the third time on Friday, November 23 and is a team time-trial up and down NewQuay Promenade on blue Melbourne share-bikes.

Corporate teams are assured of a great afternoon out and will raise urgently-needed funds for youth mental health.

Last year \$156,000 was raised at the event which helped Orygen Youth Health research projects in the area of suicide prevention, vocational and social recovery, trauma, e-youth mental health initiatives and programs such as the Family Peer Support Program.

There are five riders in each team and it costs \$1000 to enter a team.

Organiser Lisa Bird said she was hoping for a great response from Docklands businesses.

"Mark Seymour will be performing and we are hoping for a big turnout of teams in crazy outfits," Ms Bird said. "Bring your colleagues down to watch you race and join the party. We hope you'll join us again this year."

Corporations interested in participating should contact Lisa Bird on **9342 2800** or **lbird@unimelb.edu.au**

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# Docklands celebrates Melbourne Day

*Docklands stepped back in time last month during the Melbourne Day celebrations at Waterfront City.*

Melbourne Day marks the anniversary of Melbourne's founding in 1835, when the first settlers arrived on board the Enterprize.

Dressed in period clothing, the modern-day crew of the Enterprize re-enacted the arrival of Melbourne's first settlers.

They were accompanied by two descendants of original Enterprize crew members.



# Docklands imagined

*If there were no limits, what would you change?*

Students from Deakin University have re-imagined Docklands as part of a unit on "urban perspectives".

Unhindered by the constraints of existing plans and building regulations, the students had a fresh take on Docklands, which they presented to interested members of the community last month.

Culture, leisure and romance were three themes used by students Bart Curnow and Jandi Vagg to envision a different Docklands.

Culturally, the pair envisioned the construction of a government-funded art studio, a public graffiti wall, an outdoor exhibition space and an indoor or outdoor skate park.

When it came to leisure, they suggested an outdoor amphitheatre for performances, and movie screenings – together with a beach by the waterfront.

The main feature of their romantic scenario was an enclosed, glass walkway that

extended from the Southern Cross Station, across the Etihad Stadium concourse, down to Harbour Esplanade.

"This could be to connect the city and Docklands via a glass walkway or to culturally stimulate the area by attracting a variety of people through a series of events that have people coming back," Bart said.

Fellow Deakin students, Hayden Djakic and Jessica Edwards, had a different concept for Docklands.

Hayden said the key themes of their concept were ensuring there was a human scale in the development, and enough green space to complement the large portion of land taken up by infrastructure and buildings, reinforcing the importance of artwork in Docklands.



# Local retailing leads the city

*Retail and entertainment industry establishments in Docklands have doubled since 2006.*

According to the Melbourne Retail Strategy 2006-2012 Year Six Report Card, released last month, retail and entertainment establishments in Docklands have grown from 211 in 2006 to 471 in 2012.

The report is the sixth and final in the series of report cards, which have been released yearly since 2006.

The strategy was an initiative of the City of Melbourne, the State Government and the Melbourne Retail Advisory Board.

The most recent report also showed that since 2006 the greatest retail growth in Melbourne has been outside the city centre, in Kensington, Southbank and Docklands.

The Year Six Report Card pointed to the Docklands' July Friday Fireworks as one of the ways City of Melbourne supported retail in Docklands.

According to the report, the fireworks drove an estimated 3000 people per show to Waterfront City.

A further four-year retail strategy was also announced at the launch of the report card.

The Lord Mayor and the Minister for Innovation, Services and Small Businesses and Minister for Tourism and Major Events, Louise Asher, announced the City of Melbourne and the State Government would fund a further four-year retail strategy for 2013 - 2016.

A City of Melbourne spokesperson said the new strategy would continue much of the work that has been conducted over the past six years to ensure Melbourne retained, and built upon, its position as Australia's premier retail destination.



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# Ten years of maritime art

*This month marks the 10th anniversary of the ANL Maritime Art Prize and Exhibition at The Mission to Seafarers building in Docklands.*

The Mission to Seafarers Victoria (MtSV) introduced the award in 2002 and it has since become recognised as Australia’s leading maritime art award.

Artists who enter work in the exhibition are asked to respond to the theme “the relationship between humanity and the sea”.

MtSV CEO Andrea Fleming said many people had enjoyed and contributed to the exhibition.

“Maritime art is now perhaps a niche genre compared to the 17th-19th century and is well worthy of celebration, as is seen in this year’s entries,” Ms Fleming said.

Some 85 artists will be vying for the \$15,000 first prize at the exhibition this month.

Other prizes include the \$5000 Best in Traditional Maritime Art Award, the \$5000 Emerging Artist Award and the \$2000 People’s Choice Award.

All works exhibited are for sale and contribute a 33 per cent commission towards supporting seafarers’ welfare services in Victoria.



# Renegades newest recruits

*Cricketing great Merv Hughes is back for a second season with Docklands’ own team, the Renegades.*

Hughes, who was on the coaching panel last year, has signed on as a specialist coach for the upcoming KFC T20 Big Bash League.

“It’s a new season and a new-look team and I’m very happy to be back on board,” Merv said.

“It’s an exciting time to be involved with the Renegades because a lot of guys have the opportunity to really prove themselves this summer.”

The team has undergone a revamp coming into the second season of the Big Bash League.

Only five players from last year’s team have signed on for the current season.

The team’s most recent signing is former Adelaide Striker Brendan Drew. Drew is the team’s 15th signing and has signed a one-year contract.

Apart from the Strikers, the paceman has also played for Australia A, Tasmania and Gloucestershire.

“Melbourne’s a two-team city, so the rivalry is something I’m really looking forward to,” he said.



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# Work starts on new library

**Work has started on the \$13 million Docklands Library and Community Centre in Victoria Harbour.**

Planning Minister, Matthew Guy, Lord Mayor Robert Doyle and Lend Lease's head of inner urban development, David Rolls, visited the library site last month to celebrate the start of construction.

The celebration started with a smoking ceremony performed by Wurundjeri elder Aunty Diane Kerr.

As Aunty Diane explained, the ceremony was a way of cleansing the site before the new library was built.

The library is being delivered through a partnership between Lend Lease, Places Victoria and the City of Melbourne.

A library was one of the key elements of the Docklands Community and Place Plan, published in July by Places Victoria and the City of Melbourne.

Mr Guy said work to be done over the second decade of Docklands, including the library and community works program, would see the suburb come to life.

"The next stage of this suburb is not about just building great big towers, the next stage of this suburb is about what we're here to launch, community infrastructure," Mr Guy said.

Cr Doyle confirmed the second decade of Docklands would involve a greater focus on the community.

"I think the people of Docklands could be forgiven for saying 'about time, about time,'" Cr Doyle said.

He said the last 10 years had been about getting Docklands up out of the ground and that the second decade would be about "reverse engineering".

He said this would involve "retrofitting" the infrastructure necessary to build community.

"I think we have here an historic moment for Docklands. It's when it becomes a community rather than a development site," the Lord Mayor said.

The library and community centre is set to become one of Australia's most modern community facilities.

Lend Lease's David Rolls said the consortium was aiming for a five-star green star rating. The three-storey building is being constructed from engineered timber and reclaimed hardwood.

Features of the library will include a technology hub, a large sheltered outdoor space along the promenade and community meeting rooms.

It is expected that the Docklands Library and Community Centre will be completed by late 2013.



Claire and Jared Tallent in Docklands.

Photo by Ben Johnson

## Olympians in Docklands

***Docklands got a taste of Olympic glory last month when race-walkers Jared and Claire Tallent stopped by.***

Jared won a silver medal in the 50km walk at the London Olympics.

Unfortunately his wife Claire missed out on a medal, after she was disqualified from the 20km walk.

The sporting couple were in Docklands to visit employees at the Medibank head office on Bourke St.

The Medibank Community Fund has supported Claire and Jared since 2011.

The pair is set to hit the track again this month when they take part in the upcoming Medibank Melbourne Marathon.

Jared will walk the full marathon and Claire will walk the half marathon.

# Melbourne Flames bring home the bronze

***Ten members of Docklands-based dragon boat team, the Melbourne Flames, won bronze at the Asian Dragon Boat Championships last month.***

The paddlers competed as part of the Australian dragon boat team, the Auroras, at the championships in Busan, South Korea.

The Auroras won six bronze medals out of a possible 10, with members of the Flames competing in each of the medal-winning events.

The team, which ranges in age from 18 to 60, competed in men's, women's and mixed events. Distances paddled ranged from 200 metres to five kilometres.

Melbourne Flames coach Serghei Cusca is also the coach of the Australian team.

Serghei said the result of the championships

was an excellent outcome for the team.

"Every single paddler came back with a medal," Serghei said.

According to Serghei, this was the first time every member of the Australian team had won a medal at the same event.

Melbourne Flames and Aurora team member, Karen Morris, said competing against some of the top teams in the world, including China and Tahiti, was a challenging experience.

"It's some of the hardest racing I've had to do," Karen said.

Captain of the Melbourne Flames, Georgina Wakim, also competed at the championships as vice-captain of the Australian team.

Georgina said being elected vice-captain and competing against some of the best paddlers in the world had been a rewarding experience.

"It was rewarding to be on the journey with a group who all wanted the same thing,"

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# Three years of networking

## *Three years on and the Docklands News Networking Lunch is still going strong.*

Around 60 Docklanders came together for the third anniversary of the lunch at Berth on September 14.

It was a case of history repeating, as Berth played host to the first networking lunch back in 2009.

Guests at the lunch heard from guest speaker Corey Hannett from Regional Rail Link.

Mr Hannett spoke about the Regional Rail Link project, which involves the creation of a train line from West Werribee, through to Deer Park, Sunshine, Footscray and Southern Cross.

The new train track will separate regional and metropolitan trains onto different tracks, with the hope of reducing delays and congestion.

Mark Scholem was the lucky winner of the door prize, a \$200 shopping voucher generously provided by Harbour Town Shopping Centre.

As usual, plenty of contacts were made and many business cards exchanged.

The next Docklands News Networking Lunch will be held on December 7 at Hooks at Yarra's Edge.

Again, the cost will be \$60 and bookings and payments need to be received by December 1. Email [lunch@docklandsnews.com.au](mailto:lunch@docklandsnews.com.au) or phone **8689 7979**.

The menu will be:

**Entrée:** Antipasto platter to share.

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**Dessert:** Chocolate mousse OR Apple pie OR Cheese platter for two.

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(From left) Yasna Tejo, Adriana Osorio and Andrea Suarez.

## Spanish fiesta

*Get ready for the sound of flamenco music and the taste of paella.*

The Docklands-based Spanish Latin America Welfare Centre (CELAS) is holding a Spanish festival this month.

CELAS is a not-for-profit, government-funded organisation, which has been based at The Hub since January this year.

The organisation aims to assist the Spanish-speaking community in Victoria by providing services such as aged-care, community volunteer schemes and playgroups.

This year, the organisation is celebrating 35 years of service to Victoria's Spanish-

speaking community.

To celebrate, CELAS is holding a Spanish festival called *Sounds of my Land* at the Waterfront City Piazza on October 13.

"There will be traditional food, music and performers," CELAS centre manager Adriana Osorio said.

"It's a great opportunity for us to celebrate our culture as well as our 35<sup>th</sup> anniversary of servicing the Spanish-speaking community in Victoria."

## Back to nature at Westgate Park

*Docklands residents are invited to join The Friends of Westgate Park at a community planting day this month.*

Get back to nature and spend a few hours planting trees, bushes and assisting with revegetation tasks at Westgate Park in Port Melbourne.

Volunteers will be provided with lunch and are asked to ensure they wear weather-appropriate clothing and sturdy footwear.

**When:** Sunday, October 21, from 12.30 pm until 3.30 pm.

**Where:** Westgate Park, Todd Rd, Port Melbourne.

For more information or to register contact Tony on 0400 770 254 or [tonyflude@alphalink.com.au](mailto:tonyflude@alphalink.com.au)



*Things are looking up at Harbour Town with only one piece to go before the Southern Star Observation Wheel is complete and continuing fun and games at Wonderland Fun Park. The Docklands Arts and Laughs Festival is in full swing and finishes up on Sunday, October 7. See [www.docklandsartsandlaughsfestival.com.au](http://www.docklandsartsandlaughsfestival.com.au) for full details.*



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# Work, rest and play

*For Harry Nguyen Docklands is a place of work, rest and play.*

Harry has worked in Docklands for the past five years as a quantity surveyor.

Having moved into an apartment in Docklands six months ago, Harry is now enjoying Docklands from a different perspective.

Harry said he liked the view from his apartment, which looks over Docklands Park, as it gave his home a feeling of spaciousness.

Harry has also enjoyed getting involved with the local community and will soon be running meditation sessions at The Hub.

Harry has practised Buddhist meditation for the past 13 years and said the main concept of meditation was mindfulness.

"Mindfulness is the energy of being aware of the present moment," Harry said.

"Most of the time our mind is somewhere else, not together with our body."

Harry said meditation helped to bring the mind and the body together, increasing awareness of the present moment.

Harry believes this practice can be applied to various areas of our lives including our relationships with family, friends and colleagues.

According to Harry, aspects of day-to-day life, such as smart phones and other technology, can be distracting and often mean we aren't always completely present when engaging with others.

He said meditation encouraged active listening, which combated this symptom of modern life.

Harry said meditation could also increase productivity in the workplace as it cleared the mind, leading to better focus and concentration.

"There has also been a lot of research which shows that the mind and the body have a strong link," Harry said.



Harry believes practising meditation creates a healthy mind, which in turn leads to a healthier body.

Harry will be holding weekly meditation sessions at The Hub on Wednesday nights

from the 1<sup>st</sup> of November. The sessions will run from 7pm until 9pm.

A public talk by Buddhist brothers Phap Ung and Phap Khai will also be held at The Hub on October 18 from 7.30 until 9.30pm.



Profile by  
Bethany Williams



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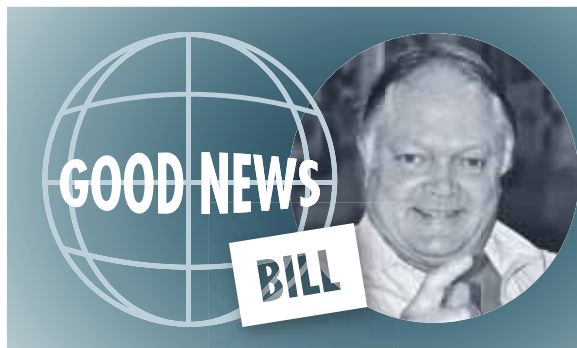
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## The days rush on and spring is in the air ... I feel a mood of change everywhere. Things are happening here in Docklands!

For instance, have you notice there is another brick in the wheel, which can only mean one thing. She will be spinning again soon!

With the fine weather on its way, it is now a good time to visit Docklands and enjoy the good things we have. There is street art aplenty to admire and water views everywhere. There are venues to sit out in the

sunshine as you meet and greet or you might want to just sit and idly look out on the water!

Docklands has a new Chamber of Commerce committee and it is determined to work hard and deliver some great outcomes to Docklands. Good News Bill is on the executive committee and I look forward to working with the Docklands community.

Last week I convened an informal meeting with a few invited guests from Places Victoria, City of Melbourne, Destination Docklands, the chamber, Harbour Town and NewQuay Centre Management. Students from Deakin University presented an assignment “An Urban Perspective” on Docklands.

They delivered their unbiased impressions on how they saw Docklands and what they felt it needed for the future. It was encouraging that the students were positive about the attractions they found here.

They challenged the dominant paradigm in their suggested ways of improving the journey to Docklands to encourage people to explore Docklands and maximise use of the great things we have here.

They also put forward some youthful ideas on new and engaging attractions that included building a skate park, a modest arts precinct for emerging artists to claim as their own and a sunken performing arts amphitheatre out in the harbour. The presentation showed remarkable insight to the needs of

Docklands and there will be a summary of this presentation available to anyone who is interested. Just contact Docklands News.

The Docklands Arts Laughs and Blues Festival comes to Docklands October 3-7 and coincides with the monthly distribution of this informative paper you are reading. There is something for everyone from arts, comedy, theatre, cabaret and music. The Blues Festival Sunday will feature amazing live blues music at a number of venues around NewQuay, Waterfront City and Harbour Town. There will also be the regular Docklands Sunday Market.

The Docklands Community Forum has commenced its regular meetings. This forum represents an opportunity for all Docklanders to attend and hear what is being proposed for Docklands.

Come along and lend your support. The future of Docklands is the hands of those who live and work here. Let’s take up the challenge.

Docklands is Beautiful!



## GREETINGS FROM THE DOCKLANDS COMMUNITY ASSOCIATION

### Greetings everybody.

It’s great to see the weather warming up a bit.

I attended the induction meeting of the Community Forum on September 19. The group includes representatives from the Docklands Community Association, the Chamber of Commerce, Destination Docklands, waterways businesses and five individuals – comprising two business people, one worker, one young parent and one older resident. Meetings will be held every two months attended by council and Places Victoria officers.

An objective is to put forward views to the Docklands Steering Group which is a committee of officers who decide on strategies and action plans. I also attended the first programmed meeting on September 26.

I also attended on September 25 the launch by the Lord Mayor of the construction of the new community centre and library. Occupancy is scheduled for the end of 2013.

Regrettably, council has informed us there will be no fireworks in Docklands at 9.30 pm this New Year’s Eve. There will be a midnight one.

They say it is due to crowd management issues, not in Docklands itself, but in the merge afterwards with the crowds from the city.

I responded to the council director that we had not heard of problems in previous years and that families enjoy the earlier event with their children and it draws a large crowd to the area.

Interestingly, council proposed withdrawal of the earlier 9.30 event in 2009 but was forced to reinstate it following protests. The reason given on that occasion was cost, on the basis that it was too expensive when added to the cost of the other city displays. I think that we should lodge a protest in conjunction with the Chamber of Commerce whose businesses are also affected.

The DCA has been contacted by the new commander of the City West Police Station, Snr Sgt Michael Wilmot, who wanted to introduce himself and wishes to work closely with the Docklands community. He would like us

to become actively involved in the Precinct Policing Program, which we will do. We will arrange a date to meet with him later in the year after he returns from overseas.

Two other OC chairs, who are also DCA members, and myself met with Places Victoria officers including Simon Wilson who confirmed that MAB want to put more residential towers at the rear of the existing buildings on NewQuay East instead of lower commercial buildings as originally planned. The privacy, traffic, lack of adequate access and other problems were raised. We got no conciliatory response and will have to take the matter further.

Places Victoria has called for expressions of interest to provide a place of worship in Docklands. They refer to a possible site on Footscray Rd, south of Costco but will consider other suggestions from interested developers. As to how a religious denomination will be selected is unclear.

I would like to take the opportunity to point out that the DCA makes supporting comments on proposals that benefit

Docklands not only for residents but also for workers and businesses.

Examples are provision of recreation facilities, ferry service and redevelopment of Harbour Esplanade which we are pushing. We believe the esplanade is a focal point for entry from the city to Docklands and should be developed as a linear park not only for locals but for all visitors. Peter Clarke agreed with this in recent discussions.

On the other hand, if there are any issues such as traffic congestion, lack of car parking or any developer plans which are disadvantageous to residents and others, we will continue to say so and raise this with the authorities in an attempt to obtain corrective action.

If any reader would like to become a member of the DCA or has any suggestions they wish to put forward regarding activities or issues, they are welcome to contact us on [docklandscommunityassociation@gmail.com](mailto:docklandscommunityassociation@gmail.com). If you would like to talk to me about any aspect you are welcome to call me on **0412 097 706**.

Roger Gardner, President, DCA

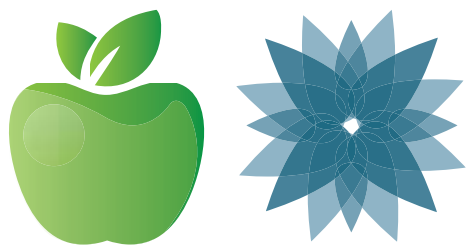


### Spring Hours

Monday through Friday 11:30am - 8:30pm  
Saturday 12:00pm - 8:00pm  
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Choose a traditional cone or cup of 98% FAT FREE frozen yoghurt or try our new treats including snowdrops and yogurt pops.





# HEALTH & WELLBEING

with Peter O'Rourke

from Active Melbourne City Sports

## Spring secrets

*Finally winter has come and gone and, like many of my fellow Melburnians, I am excited when the sun comes out.*

It's then that people are excitable and will use any method possible to get outdoors and enjoy the warmth. Most importantly, with the rising mercury comes a spike in the number of people getting active and exercising. Here are some tips to ensure you're fighting fit for the upcoming spring season.

Limit your carbohydrates at dinner. With the temperature increasing we can say goodbye to the winter warmers we all enjoy for dinner and say hello to summer foods and salads. My personal favourite is a Thai beef salad.

Purchase something new. Whilst there are still some good sales and bargains to be had, splash out on a new item of clothing or exercise equipment. This will ensure you are looking and feeling your best or provide added incentive to exercise.

Join or start a running group. With daylight saving just around the corner there is no better time to get yourself involved with a running group. Running groups are great as they provide motivation and support as well as a fun social aspect.

With these tips in mind go out and start enjoying all the benefits of exercising.

## Ride to Work

*This October will again feature the Ride to Work Community Breakfast Docklands.*

This is a free event for any workers, residents and visitors to the Docklands precinct. Ride to Work Day provides the ideal opportunity to start enjoying the benefits of riding to work and I will outline four fantastic reasons to be involved (apart from the prizes, giveaways and free food).

Firstly, cycling is accepted as the most efficient mode of transport. For instance 100 calories can power a cyclist for approximately 4.8km, but it would only power a car approximately 85 metres.

Secondly, unlike automobiles, which require fossil fuel, cyclists are fueled by food – a renewable energy resource.

Thirdly, as a mode of exercise, cycling will burn approximately 300-500 calories in 30 minutes of exercise (dependant on weight and speed etc).

Finally, is a comparatively low-cost form of exercise. Cyclists won't have to pay for such things as fuel, parking and public transport as the cost of these items is always increasing.

Therefore, there is no excuse to miss this fantastic event. For posters to promote around your office please email [mcs@ymca.org.au](mailto:mcs@ymca.org.au) or visit the website [www.melbourne.vic.org.au/amcs](http://www.melbourne.vic.org.au/amcs)

## Take a break

*Give your body (and mind) a break with our Wellness in the City program.*

Melbourne is a fast-paced city full of magnificent sights and sounds. Therefore, opportunities to relax and to take a step back and reflect are often limited. To quote the infamous Ferris Bueller: "Life moves pretty fast. If you don't stop and look around once in a while, you could miss it."

Active Melbourne City Sports is pleased to announce that the Wellness in the City concept is back for a second year.

Wellness in the City is a free event that features a combination of yoga and zumba classes guaranteed to refresh and regenerate your mind.

Wellness in the City will deliver benefits to people of all fitness levels and abilities. Participants will experience exercises that are known to assist with posture and that will ease the back pain that is prevalent with corporate workers.

Times and dates are about to be finalised so stayed tuned for the announcements on our website [www.melbourne.vic.org.au/amcs](http://www.melbourne.vic.org.au/amcs)



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All money raised will go towards our children's program.

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## LOOKING FOR A SPIRITUAL SPACE IN DOCKLANDS?

The Faith Communities Council of Victoria, with representatives from many of the diverse faith communities in Melbourne, is developing a concept for a shared Interfaith & Spirituality Centre in Docklands.

We want your input to make sure the concept is broad, inclusive and useful to the local community.

Please contact Theo Mackaay on 0407 082 607 or [officer@faithvictoria.org.au](mailto:officer@faithvictoria.org.au)

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Communities  
COUNCIL OF VICTORIA





# What *With* Women *Abby* Want *Crawford*

*They say that busy people are happy people. Hmmm. Well, I agree that if you have a purpose, you generally feel a bit happier than when you're at a bit of a loose end.*

But I have to say, I think there's a whole lot of grey in that statement!

OK, perhaps I'm particularly talking about when you're REALLY busy ... the kind of busy that even when you wake up before the alarm goes off, you're already late. The kind of busy that it doesn't matter how many "ticks" you make against your list, there's chapters still to go, all of them with a simple deadline: Due Yesterday.

To be honest, I'm kind of dreaming of a day of listlessness. I am not sure that I will ever get there, not with my current list, but I dream of it. I see pictures of people doing something as simple as camping with their kids, in a tent, by a river (I'd settle for a puddle at this stage) with their feet up, cold beverage in hand and smiling.

My smiles have been more grimaces that I am conscious of making less aggressive looking - and I remember to smile to encourage the person I am having the meeting with that everything is under control and we can wrap it up. Because, I am

late for another meeting that I really need to get to.

I don't particularly think this is a sustainable type of busy, but the trap is trying to reduce it and find that balance in life - I've heard there are even people out there in this world who have succeeded in not working weekends! Outrageous! No, in all seriousness, I envy the ones who do find a balance and can maintain that - it appears from the outside at least, that they haven't had to make major sacrifices (like permanently camping, as they've decided to sacrifice trying to pay the mortgage for a more "balanced" life) to have this balance. I believe these people are truly skilled!

Now I can see and understand my own path to being ridiculously busy - which is as simple as believing when you are a consultant, you take the work when it's there. Make hay when the sun shines, and all that. But I am starting to see the downfall in my logic - and am starting to believe that seeing the hours of 9pm-1am as windows of billable

hours may not be the sanest conclusion I've ever reached. They are clearly, very decent drinking hours - I mean relaxing and unwinding hours.

The other reason I find myself in this spot of being so ridiculously busy, is actually that I am really, really fortunate. So whilst I'm frantically checking massive to do lists and returning emails at 5am from a week ago, I actually love everything that I am doing. So it is going to be hard to work out how to achieve more balance, as I feel that dropping any of my contracts is sacrificing something that I love, for a more sustainable existence - sometimes we just can't do everything that we want, at least not all at the same time!

So, if like me, you're finding that you are running yourself ragged because you are involved and committed to so many things, then I would encourage you to ask yourself the same question I am now asking myself - yes, I know you love what you're doing, but are you happy? I've realised I'm so busy doing things I love, that I am too exhausted

to really appreciate them and to reflect and allow myself to feel happy with my own achievements.

A busy life is a happy life - but it's also important to take the time to reflect and find some calm in all the craziness! This month, I'm going to try swapping something stressful (washing the dishes springs to mind) for some peaceful time out to look after me, rather than spending every available minute working on my business contracts.

Take care of yourself this month: sometimes we can all feel like we're running the biggest race of our life, and taking some time to nurture ourselves could be just the solution to ensure we are able to sustain all the "happy busy" things we are doing!

Till next month,

Abby x

# Phil's

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harbourtownmelbourne.com.au

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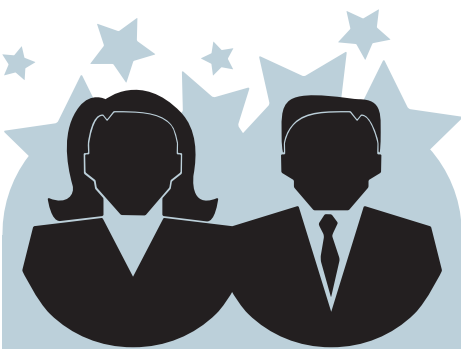
# MADE IN HEAVEN

WITH ANGELINA MAY

## How compatible are you and your partner?

Check the astrological charts by emailing your's and your partner's birth date and time to [heaven@docklandsnews.com.au](mailto:heaven@docklandsnews.com.au)

What do you bring to the relationship and what gifts does your partner bring?



### Meredith

June 10, 1985  
Sun in Gemini  
Venus in Taurus  
Mars in Cancer

### Justin

September 25, 1985  
Sun in cusp of Virgo/Libra  
Venus in Virgo  
Mars in Virgo

## Meredith

For you Meredith your partner has to have more than muscle and good looks. He needs to be compassionate, sensitive and it wouldn't hurt if he could cook a meal or two as well. You like nothing more than being able to talk and have an attentive supportive ear. With Venus in Taurus you have no difficulty attracting what you want. There is no need for you to dress to impress, or to put on airs and graces, for you have natural womanly sensual appeal and know how to say NO to any suitor who is shallow or superficial. The smooth Joes and smart Alecs don't get a second look in.

You both desire and attract the real deal. A loyal, deep and sincere relationship is what you are after. In Justin you have found your ideal. He will support you, confide in you, and be loyal to you and extremely helpful to you in day-to-day practical ways. It is important for both of you to feel like you belong to each other and that you have something material like property to call your own. It is as if the proof of, and testament to, your relationship lies in this "having and holding" of one another and all that you acquire. At times this may not be easy as you both have your North Node in Taurus. This means that all your lessons in life are designed to teach both of you how to build a future, plan steadily and never sway from your objective.

## Justin

You are exceedingly selective about the kind of lover or partner you want. Only a very particular person will do and, just like Meredith, superficial relationships are not for you. You want an adoring, giving and loving partner whom you can trust completely. You have found that in Meredith. Each of you feels "at home" with the other and perhaps you even feel like you had known each other all your lives

Sometimes this feeling of "knowing" is in spite of external differences, such as lifestyle, upbringing, etc. Each of you deeply understands your partner's flaws and faults. Sometimes this can be a double-edged sword. Neither of you can help the other with faults that you yourself have. Justin you bring out (or should bring out) a loving, romantic side to Meredith.

Like Meredith, you have your North Node in Taurus so you will have to achieve stability, wealth and material possessions to feel complete and safe. Each of you needs to assist the other to make long-term plans, goals and stick with it. Do not be swayed in your quest to achieve a warm sensual loving home and family.

## Outcome of relationship:

Together you both share a strong common attraction to your shared social or public image. Even though your ideas may differ at times, you are both intuitively and emotionally in tune. The purpose of your coming together is purely and simply to make a home. A home can be a physical space or a heart space: either way a home is what you are destined to have together and filling that home with creature comforts, children, nice furniture and a nest-egg for retirement is the goal. To make this happen, however you will both need to overcome your tendency to expect or rely on the other partner to provide the resources. Each of you has to independently earn and provide the wealth and goodies for the family. If you both work hard to follow through on your own goals, then together you will have abundance.

## Featured terminology

North Node in Taurus = Life purpose: to have a prosperity consciousness; to have beauty comfort and material possessions and warm, loving relationships.

South Node in Scorpio = Natural patterns of using all and any psychological weapons in order to get what you want.

# Notice to Docklands residents and business owners

October 2012

Due to Regional Rail Link track work, buses will replace V/Line trains on the Ballarat, Bendigo and Geelong lines during selected weekends in October.

Rail replacement buses will need to access Southern Cross Station during the weekend, resulting in buses parking at a holding yard in close proximity to the southern end of Docklands Drive.

Little disruption to traffic flow is anticipated as bus trips will be spread across the day and typically involve one bus leaving at a time.

Regional Rail Link and V/Line are working closely with the bus companies to minimise inconvenience to residents and business owners of Docklands during these weekends.

For more information call **1800 107 925** or go to [regionalraillink.vic.gov.au](http://regionalraillink.vic.gov.au)



## A Brush with Nature

U3A Melbourne City invites you to an exhibition of botanical art at The Hub@Docklands.

The exhibition is open for the 8th - 12th October 2012 1:00pm to 4:30pm

The Hub@Docklands is at 80 Harbour Esplanade, Docklands (Melways page 2E ref H7)



Project funded by a Community Services Grant from the City of Melbourne



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## Ponyo the psychopath

*Fluffy white Ponyo can be spotted every day sniffing around Docklands Park with her owner Min.*

But don't let this Maltese Shih Tzu Terrier cross's adorable looks fool you.

"He looks cute but he's actually a psychopath! He doesn't like strangers," Min said.

Min was a little concerned about how Ponyo would react to the *Docklands News* camera, but he showed himself to be a star model.

Min has been a Docklands resident for seven

years, and has had two-year old Ponyo since he was a puppy.

She said he's right at home in the bustling suburb.

"He's quite urbanised, he gets in the lift, knows when to cross the road," she said.

Toilet training, however, has been quite a challenge for the apartment dwellers.



Ponyo receives a \$25 gift voucher from Pet Stock South Melbourne



## Five years on ...

*City on a Hill heads to the Athenaeum Theatre to celebrate five wonderful years!*

Over the past few weeks my wife and I have been scouting to find a school for our eldest daughter. Her name is Summer; she is five years old and only months away from entering the big world of primary school.

It's an exciting time for our family that has come much quicker than I thought. The old cliché is right - they grow up so fast!

Like all milestones, turning five and heading to school is filled with thankfulness for the past, excitement in the present and hope for the future. I am thankful for the ways in which she has matured into an adorable little lady. Her bright eyes, cheeky smile and nurturing nature make her one pint-sized princess.

I am also excited by the present. Each day with her presents new opportunities, new challenges, new adventures and new memories to make. And then of course is the future. I am so hopeful in what she will learn, the experiences she will have and the person she will become.

It is at this same time, that our once little church called City on a Hill turns five. Like my daughter, we have grown up and are now ready to go to school! There is a past to be thankful for, a present to be excited in and a future to be hopeful about.

In 2012, we started a new Sunday morning service at Hoyts Melbourne Central to create more space for our growing community. We now run three Sunday services in two different locations all for one awesome God. By God's grace our community - which was once just a small group, meeting in a Docklands apartment - is now around 800 people, having grown about 40 per cent in the last year.

A real highlight for me personally was Easter Sunday where we celebrated the resurrection of Jesus and baptised a bunch of men and women who had given their lives to him. There is nothing more exciting than seeing lives changed by the power of the gospel.

This year also saw the launch of a number

of new youth initiatives which included mid-week school programs for Melbourne's teenagers in local high schools. In addition, we are seeing continued work with Melbourne's homeless at Many Rooms.

Every Saturday volunteers meet to offer meals and friendship to upwards of 70 people. We've run courses for couples getting married, parenting classes, officiated at weddings, hosted courses about the Christian faith, welcomed new-borns, participated in sporting events, run conferences and enjoyed a plethora of other initiatives to help serve Melbourne.

To celebrate what has been a big year and to look forward to the road ahead we will be hosting one special event on October 28. We will be all be coming together for one combined service at the Athenaeum Theatre on Collin St - and you're invited!

Doors will be opening at 10am for one of the most important services in our church's history. We will be meeting people whose lives have been changed by the gospel, plus a bunch more who will get baptised. We will be releasing our first album and unveiling a new website.

We will also be launching "City Steps" a three-year vision strategy for our church, outlining some big, bold and audacious goals for the future. These plans are to help us do the best job we can in serving Melbourne for the glory of God. Above all, this day will give us an opportunity to gather as one church, to celebrate as one community in thanks and praise before our great God.

On behalf of my wife and family, pastors and leaders at City on a Hill I want to thank Docklands News and this great community for being part of our journey. We love this city, love the people and indeed love our God.

[cityonahill.com.au](http://cityonahill.com.au)

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YMCA Docklands on Collins  
 The ANZ Centre, 833 Collins St, Docklands  
 T: 8621 8300

YMCA Docklands Victoria Point  
 Level 4, 100 Harbour Esplanade, Docklands  
 T: 8615 9622  
 E: [docklands@ymca.org.au](mailto:docklands@ymca.org.au)



# YOUR MELBOURNE YOUR VOTE

## POSTAL VOTING MAKES IT EASY

### WATCH OUT FOR YOUR BALLOT PACK

The Melbourne City Council elections are under way. Ballot packs containing voting material are being posted or hand delivered to all enrolled Melbourne City Council voters from 9–11 October 2012.

If you have not received your ballot pack by Wednesday 17 October 2012, telephone (03) 9654 4717.

When you receive your ballot pack, complete the ballot material and post it to the Returning Officer in the reply-paid envelope provided.

### TWO ELECTIONS

You will be voting in two elections – one to elect the leadership team of the Lord Mayor and Deputy Lord Mayor, and the other to elect nine councillors.

#### Lord Mayor and Deputy Lord Mayor

Candidates are grouped in teams, with one candidate in each team standing for Lord Mayor, and the other candidate standing for Deputy Lord Mayor. All teams have a group name. When you vote:

- write “1” in the box next to the name of the team you most want to see elected;
- then number **all** the other boxes in the order of your preference.

#### Councillors

Most candidates are in groups, with any ungrouped candidates on the right-hand side of the ballot paper. There is a horizontal line across the ballot paper, with group names above the line and individual candidates’ names below the line.

To vote, you **either**:

- vote “1” **above the line** for the group that you prefer; OR
- number **all** the boxes **below the line** in the order of your preference.

### WHAT NEXT?

- After completing your ballot papers, place them in the ballot paper envelope. This has your details printed on it.
- Sign and date the ballot paper envelope.
- Place the ballot paper envelope in the reply-paid envelope.
- Post the reply-paid envelope as soon as possible.

Alternatively, your completed ballot material can be hand delivered during business hours to the election office, located on the Ground Floor, Melbourne Town Hall Administration Building, 120 Swanston Street, Melbourne.

**For your vote to count, your completed ballot material must be in the hands of the Returning Officer by 6pm on Friday 26 October 2012.**

### VOTING IS COMPULSORY

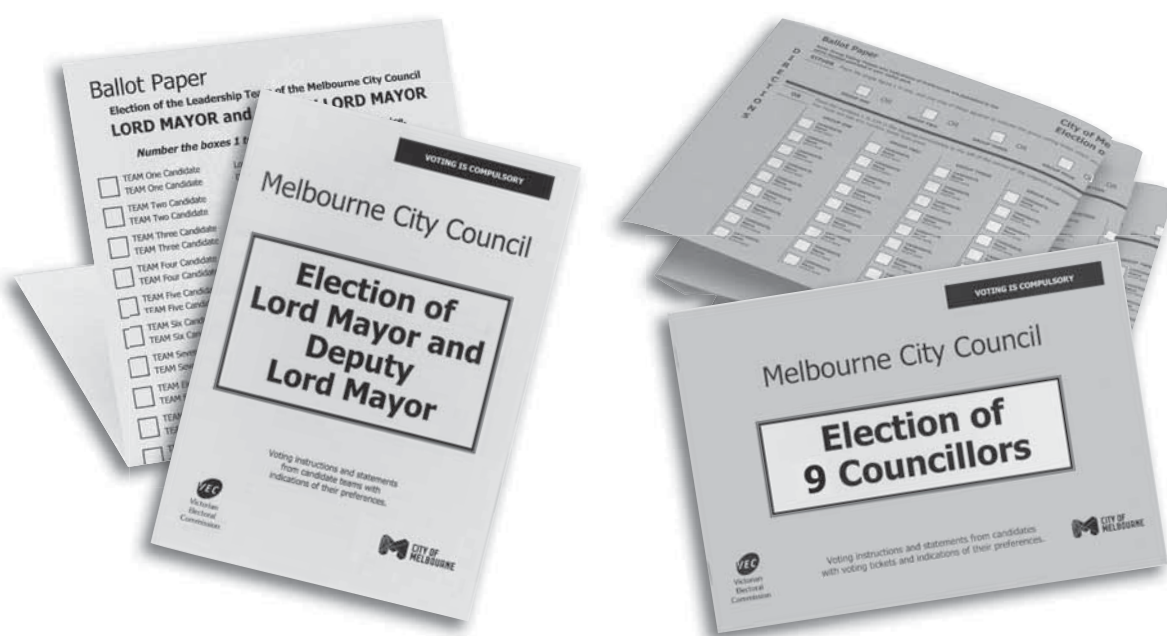
Voting is compulsory for all voters on the Melbourne City Council voters’ roll and failure to vote may result in a fine.

#### Bill Lang Returning Officer

Election Office  
Ground Floor  
Melbourne Town Hall Administration Building  
120 Swanston Street  
Melbourne VIC 3000

National Relay Service (text telephone for the speech and hearing impaired) phone 133 677 then ask for (03) 8620 1100.

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Victorian Electoral Commission 



WORDPLAY

FROM DOCKLANDS WRITERS

FEATURING THE TALENTS OF THE DOCKLANDS' WRITERS GROUP

# The Escape

By Susan Wells

*Simon pulled up in the black convertible.*

Kate slung her suitcase in the back, sliding deftly into the passenger seat. He leaned over and put his hand gently on her thigh, a tiny gasp of pleasure escaping from her lips as the rush of desire rippled up and down her spine.

“Let’s go,” Simon returned to the wheel and accelerated into the traffic.

“Did you get the tickets, love?”

“Yes, and everything else!” Kate laughed.

“Then we’re ready to go! I have been in a hotel for a couple of days, booked until tomorrow. I thought we’d go straight to dinner at a little restaurant I know.”

So self-assured, she thought and nodded, although she had been hoping to shower and ready herself for a wild night. Anyway,

she resigned, she could wing it for now and shower later.

The restaurant was blissfully intimate and Kate watched Simon’s every move through dinner carefully, somewhat like a cat savouring its kill. After, they made their way back to the hotel and Kate went to the bathroom. Simon had taken off his suit and underclothes and climbed beneath the crisp white hotel bed sheets.

As she showered, she could hear him on his mobile; to clients or contacts, perhaps, she thought. After applying a tiny bit of makeup, she entered the bedroom, dressed only in a bathrobe.

Not able hide the excitement and anticipation she felt, a smile was plastered firmly on her face. She had half entertained the thought of dressing up in her nurse uniform, surprising Simon. But her clothes were still packed in her suitcase and he beckoned, urgently.

“Come here love.”

Arms reached out and she fell to his embrace. Their lovemaking became fast, desirous, leaving no stone unturned, as the night drove them on.

Sleep came, finally, as did the morning light. Rays of sunshine filtered in through the gaps in the heavy curtaining and Kate awoke. Get to the bathroom, she thought. Untangling herself from the twisted sheets, she stretched up like a contented feline.

Reaching down to grab her robe, she noticed something odd. Something was lying on the floor, just next to where her robe had been strewn.

It was a lone stocking, a black stocking. Not one of hers, which were pale. She picked up the stocking, paced to the bathroom and took a few deep breaths.

“He’s been here for a few days?” Kate asked herself as her mind raced on in sudden panic.

Hotel suite serviced daily, the lone stocking obviously not a housemaid’s error. In fact,

the suite had been immaculately clean.

Clothes and jewellery in hand, she crept past the bedroom, glancing at Simon, his breath heavy, still asleep. She stepped into the lounge, dressed quickly.

“A man I don’t know!” She whispered to herself, as she took up her suitcase, found the door and outside.

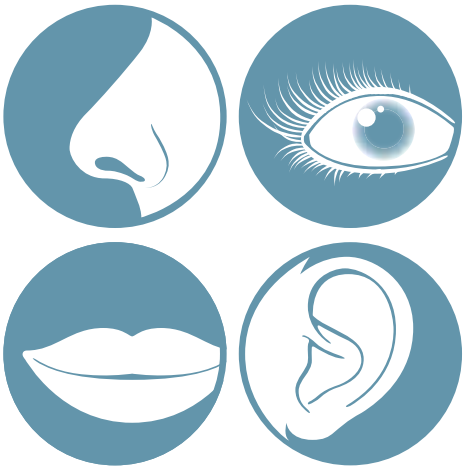
“To the airport please,” Kate directed the taxi driver.

Her mind raced. She had the money and both airline tickets and Simon had no details, she had made certain of that. She reached for her mobile and made the call.

A hospital in London answered.

“Yes it’s Kate Turner calling. I’ll be arriving the day after tomorrow, to start on September 20th. I will call to confirm the day before.”

She was on her way ...



## DOCKLANDS SECRETS

# Follow the oily drip road

*In a curious incident last month, a City of Melbourne street cleaner was seen to leave a pattern of oil in its wake as it “cleaned” Harbour Esplanade and New Quay Promenade.*

As the street cleaner made its way along the waterfront, oil dripped from the machine leaving a dotted pattern behind it.

A City of Melbourne spokesperson said the council’s cleaning contractors would remove the oil that had dripped from the street-cleaning machinery.



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Letters to the Editor

Serviced apartments

*The letter from Peter Kelly (Letter to the Editor, Docklands News, September) demonstrates a sad lack of awareness of the realities of trying to live with serviced apartments in residential buildings that were not designed for the purpose.*

His suggestion that the serviced apartment issue has only developed within the last 18 months is patently incorrect, as any resident who has lived here longer than that could tell him.

My wife and I bought an apartment in The Nolan off the plan, and moved in when the building was completed.

Unlike the Conder, there was no suggestion at any stage during the sale process that serviced apartments would be an option in this building.

I suspect that the majority of resident owners would agree with me that, if they had known that the situation would develop as it has, then they would not have purchased an apartment here.

Gil King’s letter in your August edition (although denigrated by Mr Kelly) was a good summary of the problems created by the mix of residential and short-term accommodation and I’m sure all resident owners and long-term tenants in NewQuay agreed with his sentiments.

Mr Kelly claims that all serviced apartment operators at NewQuay are “very responsible” and have helped to contribute to the area. He may well be right, however the following statistics for our building demonstrate why we consider there continues to be a problem.

There are 204 apartments in the Nolan; 60 of those are serviced apartments.

A summary of the reports from our security contractors show that from the beginning of 2012 to the middle of September there have been 206 reported instances of non-compliance with owners’ corporation rules, some minor, many of them serious.

145 of those relate to the 60 serviced apartments; 47 relate to the 144 residential apartments. 14 could not be allocated to specific apartments but, in most cases, appear to be caused by visitors to the building.

That is, serviced apartments appear in this list approximately seven times more often than residential apartments. Don’t let Peter Kelly tell you that residents cause as many problems as short-term visitors!

This is all in addition to the problems of overcrowding of lifts, damage to common property caused by visitors’ luggage and cleaners’ equipment, the additional expense to owners of upgraded security and cleaning time and the feeling of residents that their homes are being invaded by strangers who don’t care about their building.

Serviced apartments do not work in residential buildings.

Rob Tanner  
NewQuay

Mindless vandalism

*The attached photo shows what greeted residents of Victoria Harbour, Docklands, this morning.*

Once again drunks and/or vandals decided to destroy the trees in Merchant St, north of Bourke St.

This is now the third time such has occurred in the past few months, although this time the vandalism was much worse.

My apartment building is on the corner of Bourke and Merchant streets and late every Saturday nights and early Sunday mornings there are idiots in the street screaming and yelling with no concern for nearby residents - there are now four apartment buildings in a three-block radius (Merchant, Dock 5, Convesso and Serrata) with more to come (Forte and Concavo) and so more needs to be done to prevent this from occurring again.

Whilst it is hard to pinpoint any particular root to the problem, I believe one needs to look no further than the drunks who leave the bars to see where the problem lies – drunken patrons returning to their parked vehicles in Bourke St and the Safeway car park on Seafarers Lane.

Whilst council is to be praised for their work with these problems in the CBD, it is time that council looked further afield to the Docklands to prevent this unruly behaviour.

John Jackson

Docklands needs a school

*I Googled the DEECD website and found a keynote lecture from The Hon. Martin Dixon, Minister for Education, Victoria on Tuesday, November 29, 2011 entitled “Victoria as a Learning Community”.*

Of course, we agree and all want to work together and achieve this vision.

But to achieve this, Docklands must have one primary and secondary school.

If we wait for the population it will never materialise.

There must be no more delay. By the time it is built, it will be over-populated. Without a school, Docklands will not be sustainable.

There will be only old people or retirees staying there with office workers. Docklands will not be beautiful and it won’t be vibrant without young families living there.

When we are old, we can’t reproduce. And office workers return to the suburbs after work.

Why then is the Victorian Government and the City of Melbourne investing so much and trying so hard to expand Docklands as a vibrant suburb when it is missing this vision?

If the City of Melbourne is really going to expand Docklands it needs to be done sustainability.

Docklands has so much development activity going on and, at the same time, it is driving away many young families and potential young families with kids because there is not a school.

It will be a waste at the end of the day.

Chua



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# DOCKLANDS FASHION

## Summer on the horizon

By Sam Goss

*With summer tantalizingly approaching around the corner, Melbourne retail stores are beginning to see the first teasers of warm-weather stock trickling onto their shelves.*

Dust off your old denim hot pants and start tanning those legs, as the tried and true clothing staples of summer will soon be back in full force.

The key trend this season is the omnipresent peplum in top, dress-and-skirt form. Pair a plain-colored peplum top with a pair of leather or printed jeans for a chic and easy night-time look that is fuss free.

Alternatively, wear one over a slim pencil skirt and throw on a box hat for the Spring Racing carnival. Be careful to avoid matching peplum tops with a bottom of the same hue, as one can easily appear like an odd-shaped square box in the wrong lighting. Stay true to styles that are print-free; block colours are your best friend.

With Vogue's Fashion Night Out having occurred on September 6 and a slew of Aussie designers showcasing their works at Fashion Weeks in London and New York, the country has officially gone fashion crazy.

Perth's Kym Ellery showed at New York Fashion Week, alongside fellow Australian Christopher Esber, to much honour and delight. Their signature metallics and structured designs reflect what is to come in terms of Australian style, a look that is bold, interesting and relaxed. Your old faithful denim cut-offs under a basic oversized black t-shirt, teamed with a classically constructed sleeveless vest and a pair of black Senso boots are all you need this Summer.

For the gents, a sound sartorial idea is to stick to the new classic of a denim chambray shirt and chino pants in any colour. The pants are light, easy to move in and come in every colour of the rainbow, ensuring that every man is spoilt for choice. Chinos are to men what a little black dress is to women- you can NEVER have too many.

## Fashion on the streets of Docklands

**Evangelista Bennett, 20**

**LOCATION?**

South Wharf.

**WEARS?**

Kmart pants, Next top, scarf from Singapore, bag from Mexico, ASOS glasses and Minnetonka moccasins from San Francisco.

**DESCRIBE YOUR OUTFIT?**

A mix of everything.

**WHAT BRINGS YOU TO DOCKLANDS?**

Buying a suit from DFO for a new job.

**WHERE ARE YOU FROM?**

Originally from England, now living in Berwick.

**WHAT IS YOUR FAVOURITE PIECE OF CLOTHING?**

I love bags and shoes, and a big necklace.

**WHAT MAKES A GOOD OUTFIT?**

Accessories.

**Dan Buxton-Rella, 30**

**LOCATION?**

Collins Street.

**WEARS?**

Mainly ASOS, with shoes from Betts and a calculator watch.

**DESCRIBE YOUR OUTFIT?**

Fashionista.

**WHAT BRINGS YOU TO DOCKLANDS?**

Work.

**WHERE ARE YOU FROM?**

Mitcham.

**WHAT IS YOUR FAVOURITE PIECE OF CLOTHING?**

My salmon suit pants. I'm starting to get more daring with coloured suit pants.

**WHAT MAKES A GOOD OUTFIT?**

Shoes. So often people will have everything else right, but get the shoes wrong.

**Charlotte Dunstan, 22**

**LOCATION?**

Harbour Esplanade.

**WEARS?**

Armani Exchange jacket, Saba dress, Jill Stewart shoes.

**DESCRIBE YOUR OUTFIT?**

Chic professional.

**WHAT BRINGS YOU TO DOCKLANDS?**

A motivational speaker conference.

**WHERE ARE YOU FROM?**

Mitcham.

**WHAT IS YOUR FAVOURITE PIECE OF CLOTHING?**

A white Cynthia Rowley dress.

**WHAT MAKES A GOOD OUTFIT?**

Confidence.

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# Businesses in Docklands

DOCKLANDS-BASED BUSINESSES WISHING TO BE PROFILED IN THIS SECTION SHOULD EMAIL: [ADVERTISING@DOCKLANDSNEWS.COM.AU](mailto:ADVERTISING@DOCKLANDSNEWS.COM.AU)

## YOU CAN'T KNOCK POK POK

*“Pok pok” is a Thai term to describe the sound of a pestle gently thumping spices in a granite mortar – a common background noise at the street eateries of Bangkok and throughout South-East Asia.*

For business partners Ethan Chaikijkosi and Emily Lam, it was the perfect name for their new restaurant in Docklands, given the emphasis is on Thai street food.

“I came up with the ‘street food’ menu concept because I believe a lot of Aussies have traveled to Thailand and realise that traditionally Thai food in Australia is quite different to what they got in Thailand,” Mr Chaikijkosi said.

“Especially with street food. We want to do good Thai street food.”

Mr Chaikijkosi has gone to great lengths to include genuine Thai ingredients.

“Our ingredients in our dishes are pretty much what you get in Thailand,” he said.

“I source our produce and many of the ingredients are hard to get, such as cherry egg plant in the curry. And acacia, which is very expensive. But that’s what genuine Thai food has.”

Pok Pok’s menu reads like a culinary tour of Thailand.

“I have all my favourite Thai dishes on my menu – a bit of everything,” Mr Chaikijkosi said. “North, south, northeast and middle – Bangkok – all have different cultures and different influences in terms of cooking.”

“South is influenced by Malaysia, north by



May and Ethan Chaikijkosi at Pok Pok Thai street food restaurant in Victoria Harbour, Docklands.

Burma, and northeast by Laos. I want to capture the contrast, but keep a touch to it that is similar.”

“Remaining true to tradition, our pad thai comes with king prawn – no chicken or pork. Massaman lamb curry is a southern influence and very popular at Pok Pok. So is crispy pork belly stir fry, and so on.”

Mr Chaikijkosi has found that Docklands office workers tend to have well-travelled taste buds.

“I find that people here are willing for a challenge; they have probably travelled to Thailand many times and know where we are coming from,” he said.

“They have had a good experience in Thailand and now want to do it here. Someone had to step up and raise the bar. I want to be a different Thai restaurant from the other 400 who would rather be doing the same thing.”

Mr Chaikijkosi, who came to Melbourne

in 1995 to study architecture, returns to Thailand every year to visit family and to see what’s on the menu there.

“I find inspiration to expand my knowledge of food, and what we can do differently here in the future,” he said.

Pok Pok is at 801-803 Bourke St, and is open Monday-Wednesday 7am-4pm, Thursday-Friday 7am-10pm and Saturday 6pm-10pm.

Call **9620 4580**, or visit **[www.pokpok.com.au](http://www.pokpok.com.au)**



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**Tuesdays fortnightly 5.30-7.30pm**  
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 Enquiries to: [rose@grahammercer.com.au](mailto:rose@grahammercer.com.au) or at The Hub.



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## LUNCHTIME TABLE TENNIS

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## MELBOURNE SUNRISE PROBUS CLUB

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*Wharf Hotel, Siddeley Street*  
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## DOCKLANDS ARTS AND LAUGHS FESTIVAL

**October 3-7**  
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## FINE LINE DRAWING AND BOTANICAL ART CLASSES

**Monday and Thursday**  
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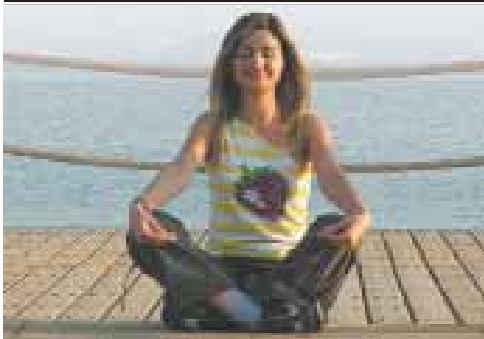
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**Every Sunday, 10am to 4pm**  
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# DOCKLANDS SPORTS PAGE

## Rachel is flying to success

***Docklands local Rachel Wood will compete in the Victorian Figure Skating Championships this month at the Medibank Icehouse.***

18-year-old Rachel was the 2011 intermediate figure skating state champion and is hoping to repeat her success this year.

Rachel is set to compete in the novice division, which is only two below the highest figure skating division.

Rachel spends a lot of her time at the Icehouse, training up to 16 hours per week and also working part-time as a coach and party host.

She splits her time between Docklands and her family home in Wantirna.

Rachel started figure skating when she was eight after seeing *Disney on Ice*.

After her first lesson she was hooked and has been skating ever since.

"I love the feeling of skating. It feels like you're flying out there," Rachel said.

The Victorian Figure Skating Championships will be held on October 13 and 14 at Medibank Icehouse.

Tickets are \$4 and can be purchased at the Icehouse on the day.



*Rachel Wood is aiming to repeat her success this year.*

## Melbourne Ice makes it three in a row

By Robert Bremner

***Melbourne Ice has won its third Australian Ice Hockey League title in a row after a nail-biting 4-3 win over the Newcastle North Stars in the first weekend of September.***

In front of a sold-out crowd at Newcastle's Hunter Ice Skating stadium, the two top teams once again fought it out for the glory of the Goodall Cup with Melbourne coming up trumps.

Melbourne Ice created an early chance to draw first blood. However, it was Newcastle which managed to put the points on the board going up 1-0.

Newcastle continued to dominate the Ice in the first third, scoring again through Brian Bales with two minutes to go and alarm bells were beginning to ring in the Melbourne camp with the defending champions down 2-0.

They say "never write off a champion" and, as they have continually done all season, Melbourne fought back, scoring a much-needed goal in the dying seconds of the first period.

In the second period, the momentum was turned around and the Ice came out firing.

They got their second goal five minutes in. The match continued to be of a high standard, showcasing the best of what these two teams had to offer.

In the final minute of the second third, Ice again found the back of the net and went into the final break leading 3-2.

The final third was an unbelievable struggle with the Newcastle defence being forced to save shot after shot until Ice finally broke the scoring drought six minutes in to lead by two.

The North Stars tried to fight back hard and, with about six minutes to go, they clawed back to be down by one.

The crowd erupted with a deafening noise, with both teams' supporters trying to help their respective teams over the line.

Newcastle continued to attack, but this time the Ice defence held strong, handing them their third trophy in a row.

Melbourne Ice's journey to victory has been captured in a six-part documentary.

*The Ice Road to 3Peat* follows the team from the training camp where the 2012 team was selected all the way to the success of the finals weekend.



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