JULY 2010 | ISSUE 55 | PRICELESS WWW.DOCKLANDSNEWS.COM.AU | twitter: Docklands_News

The voice of Docklands | 道克蘭之音

DOCKLANDS A NEWS

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Getting nosey for SIDS

The kids at Dockland's Penguin Childcare got into the spirit of Red Nose Day on June 25.

Red Nose Day raises funds for support for victims and research into the causes of Sudden Infant Death Syndrome (SIDS) and has been an annual event since 1988.

In our picture 19-month-old Sarah, room leader Celia and two-year-old Alex share the fun and silliness of having a red nose for the day.



Lou sails into the Gold Coast's loving embrace

By Shane Scanlan

Docklands' waterways took another hit last month with the announcement that restaurateur Lou Jovanovski is moving the last of his charter boats to Queensland.

Mr Jovanovski is a long-standing critic of how charter operators have been treated in Docklands and now says he has had enough.

"I'm tired of being screwed around and I've now given up trying. I'm not interested in fighting any more," he said.

Mr Jovanovski earlier this year relocated Saphire and Explorer to the Gold Coast. Flagship Rivers Voyager conducted her last cruise in Melbourne in May and last month the company announced that Lady Lindeman would also be making the journey north.

The company says its last Docklands dinner cruise will be held on August 28.

Docklands' charter operators have only month-to-month certainty over their berthing rights and have been trying for 10 years to obtain more permanent tenure.

Waterways in the precinct are controlled by layers of bureaucracy administered by VicUrban, Parks Victoria and the City of Melbourne.

Docklands offers the only available berthing in Port Phillip Bay for large charter vessels. Other operators privately admit that they too would leave Docklands if they had other options and hadn't invested so heavily in establishing their businesses.

Mr Jovanovski last year defied the City of Melbourne by berthing his Voyager vessel for several days at the commercial berth at the Waterfront City Marina. His action led to the council running a failed nine-month expression of interest process which resulted in no operators winning tenure at Waterfront City.

Mr Jovanovski said the commercial marina at Waterfront City stood as an empty monument to the council's incompetence.

He said, by contrast, the Gold Coast had welcomed the addition of the Rivers fleet to its tourism offer.

"The Harbour Master held a party for us. He said he hoped that we were not only the biggest operator in the Queensland, but also the most successful," Mr Jovanovski said.

Mr Jovanovski said he had previously hoped to bring two boats from Queensland to Docklands but excessive bureaucracy had destroyed any hope of this happening.

"If they (the council) can't see the biggest fleet leaving as a problem, then they are stupid," he said. In response, a City of Melbourne spokesperson pointed to the success of the public section of the Waterfront City Marina, saying it contributed \$1.5 million annually to the Waterfront City economy.

He said commercial operators had the right to book times for set-down and pick-up of passengers from the marina.

"All vessels operating charter or party boat services to Docklands can and do use this facility and then return to their permanent berth overnight," he said.

"We are currently working with the State Government and VicUrban to deliver a crown land licence for wharf berthing tenants that provides longer term tenure in Victoria Harbour."

"Council must balance the term it offers tenants with the availability of appropriate infrastructure over the coming years, as outlined in the Docklands Waterways Strategic Plan 2009-2018."



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Reader contributions are welcome. Please send articles and images to news@docklandsnews.com.au

Deadline for the Aug edition is July 23.

Another circulation boost

This month the Docklands News is printing a further 1000 copies, bringing our circulation to 14,000.

At 2.7 readers per copy, this gives us an estimated readership of 37,800.

It is the fourth time this year we have added another 1000 copies and represents a 40 per cent increase since the start of this year.

And it's not just the print version which is in increased demand. Unique visitations to our website have doubled in the last couple of months. More than 4000 unique visitors browsed the site in June looking at nearly 40,000 pages.

The most popular pages on the site are Docklands TV and our business directory.

DOCKLANDS NEWS Melbourne Bike Share becomes Docklands Bike Share

By Alison Kinkade

Last month Docklands became part of the \$5.5 million Melbourne Bikeshare scheme with the unveiling of five bike stations around the precinct.

The five Docklands bike stations were part of an additional roll-out which saw the creation of an extra 40 bike stations and the placement of 500 bikes around Melbourne.

RACV general manager member and motoring services Gordon Oakley said he hoped people would embrace the scheme and that's exactly what's happened.

"It's fantastic to see the support for this scheme from those working, studying and visiting Melbourne and we encourage all Victorians to try the scheme out," Mr Oakley said.

The bike stations, which opened progressively, are located in Docklands' Merchant St, NewQuay, Bourke St, Yarra's Edge and near the bridge to the Melbourne Convention and Exhibition Centre.

It is estimated that the bike stations, which can hold 79 bicycles combined, will be filled with approximately 55 bikes.



Five Bike Share sites have been installed in Docklands, including this one at NewQuay.

"We anticipate that this rollout of the scheme will see more people using Melbourne Bike Share and experiencing not only the convenience of this alternative to Melbourne's public transport scheme but also the health benefits of cycling," Mr Oakley said.

One year subscriptions to Melbourne Bike Share are available online for \$50 a year and people can purchase weekly and daily passes to the scheme from the bike terminals for \$8 and \$2.50 respectively.

Melbourne Bike Share also offers corporate keys which allow for the subscription to be transferred between employees with the first hour of each trip free.

RACV acting corporate communications manager Jo Robertson said no corporates had signed up but they anticipated once the bikes were out and about in Docklands that this would change.

For more information on the program visit www.melbournebikeshare.com.au



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Master plan unveiled this month

Lend Lease is ready to reveal its new master plan for Victoria Harbour and is this month seeking community feedback.

It is holding a public information session on July 15 from 12 noon until 2 pm in the foyer of The Gauge at 825 Bourke St.

A company spokesperson said the public was welcome to "meet with members of the ... team and learn about the vision and plans for Victoria Harbour".

"Lend Lease is also seeking views on the ongoing community development and cultural expression at Victoria Harbour," the spokesperson said.

The material from the information session will remain on display in The Gauge until July 23. Feedback is welcomed by emailing: vicharbourfeedback@lendlease.com.au



VicUrban's Nic Culnane (left) and John Christou of Yarra Trams get their point across on June 9.

New MP for Docklands

Docklands will get a new federal MP at the next election.

The Member for Melbourne and Minister for Finance and Deregulation, Lindsay Tanner, has announced that he will not contest the election, expected this year.

The announcement came on June 24 following question time and after former prime minister Kevin Rudd stood down.

Mr Tanner said he had advised Mr Rudd that he intended to stand down and was due to discuss the matter further with him.

"My decision is absolutely unrelated to the events of the last 24 hours and is entirely related to personal considerations," he said.

It is understood that WorkSafe executive director Cath Bowtell is the front runner to contest the seat for the ALP.

Stand by for traffic chaos

VicUrban has announced the dates and times it will close major Harbour Esplanade intersections for tram works.

The Dudley St intersection will be closed all weekend on August 15 and 16. And both the LaTrobe St and Bourke St intersections will be closed for five weekdays from August 30 until September 3.

VicUrban's Nic Culnane and John Christou from Yarra Trams have been conducting consultations with affected groups within Docklands.

At a breakfast meeting with the Docklands Chamber of Commerce, Mr Culnane said the closures were necessary to realign tram tracks into the centre of Harbour Esplanade. Stage 1 of the Harbour Esplanade redevelopment would take the rest of the year to complete, with realignment of the tram tracks the first of a number of steps in the project.

Traffic will be diverted away from the Harbour Esplanade/Dudley St intersection from 8pm on Friday, August 14.

Trams will continue to use the intersection until 1am on Saturday, August 15.

The intersection will reopen at 5am on Monday, August 17.

NewQuay and Waterfront City traffic will be forced to use Waterfront Way and Pearl River Road from Footscray Rd while the intersection is closed.

Harbour Esplanade will be closed to traffic for five days from August 30 until September 3 while tram tracks are moved within both the LaTrobe St and Bourke St intersections.

Victoria Harbour traffic will need to skirt around the Bourke St closure via Batman's Hill Drive and Collins St.

Mr Culnane said trams would be running on their new tracks on Saturday, September 4.

Docklands Chamber of Commerce president Keith Rankin praised VicUrban's planning for the closures.

"It's the best plan for major disruption in Docklands so far," he said.

July Survey

What's your experience with the Harbour Esplanade redevelopment?

Have your say online at www.docklandsnews.com.au/esp

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Study to look at who owns our waterways

The debate between developer and public interest continues – this time over Docklands'40 hectare 'Blue Park' as its waterways are sometimes called.

A proposed Docklands Shoreline Development plan shows more and more marina proposals eating into those 40 precious hectares.

MAB Corporation is proposing to take a further 2 ha for its western marina, Lend Lease wants 2.6 ha for a new Victoria Harbour Marina and Mirvac plans to extend residential marinas on the south shoreline.

In a bid to understand the implications of this and to understand better the limitations of the waterway, the various government stakeholders have employed a waterways expert to advise them.

The Docklands Waterways Working Group has commissioned Bob Itami of GeoDimensions who has been working in waterways traffic management since 2005 and was responsible for a waterways traffic management plan at Williamstown.

The working group comprises Parks Victoria, VicUrban, and the City of Melbourne.

Mr Itami started the project in January and hopes to present a draft report to Parks Victoria by July. He said the developers' position was well understood and he wanted to speak to as many public stakeholders as possible. He has spoken to the various Docklands' waterbased sporting clubs, Tall Ships Victoria and individual charter boat operators.

"The focus of my study is to get an evenhanded view of the competing interests," he said.

"You're always going to get a lot of interest in a process which converts a public asset to private use."

The vice-president of the Charter Vessel Owners Association of Victoria, Keith Rankin, said the association welcomed the study.

"We have been fortunate to introduce Mr Itami to some of the most experienced mariners on the river and to have been given the opportunity to provide him with the submissions we have made to four previous waterways studies."

"We can only trust that Mr Itami will treat this information with the seriousness with which it was prepared."



Did the revolution start without us?

Six plain red flags flew proudly in June at the intersection of Bourke St and Harbour Esplanade in Docklands. But what did they mean? Apparently they meant nothing. It was just the City of Melbourne testing its new 360 degree flag poles. Sorry comrades, you'll have to wait a little longer.



"AT J.C. STREET OUR CLIENTS REMAIN IN OUR CIRCLE"

Cheryle and Julie Street



Wheels and roundabouts for council rate revenue

A revaluation of Harbour Town property has resulted in the City of Melbourne refunding nearly \$1 million in rates following the failure of the Southern Star Observation Wheel.

Harbour Town management lodged a rating objection on the basis that it believed the property to be valued too high for the current commercial conditions for the 2009/10 financial year.

Councillors endorsed Harbour Town's objection on June 8, resulting in a \$936,687 reduction in the 2009/10 rates.

However, the completion of other Docklands properties has resulted in an extra \$1.95 million for council in 2010/11. The five completed properties contributing to this windfall are: 715-727 Bourke St, 800 Collins St, 380-394 Docklands Drive, 731-735 Bourke St and 834-846 Bourke St.

Lord Mayor Robert Doyle said the wheel was just one piece of what would become a vibrant, lively and thriving area of the city.

"A number of major attractions have arrived in Docklands during the wheel's reconstruction such as the ongoing sporting events, Costco and the Icehouse, that are progressively having flow-on benefits for Harbour Town retailers," Cr Doyle said.

A reassessment of the property will be conducted for the 2010/11 financial year once the wheel becomes operation again.

"I hope the wheel is up and running as soon as possible so that the traders can have certainty and so this important part of Docklands can prosper," Cr Doyle said.



Comment on this story online: www.docklandsnews.com.au



(From left) Grace Han, Jimmy Roussos, Tymeny Young and Simon Caruso. They say their backs are to the wall over restricted access to their Victoria Harbour businesses.

Roadworks a barrier to business

The Harbour Esplanade redevelopment is threatening the viability of Victoria Harbour businesses because it has fenced off access to their customers.

Traders on the Victoria Harbour promenade say their trade has dropped by up to 30 per cent since VicUrban fenced off the road works earlier last month.

Harbour Kitchen owner Grace Han says she won't survive unless pedestrian access is reestablished for her customers at AFL House and the Bendigo Bank.

There is a single point of pedestrian access near Central Pier in the fence that stretches from Bourke St to LaTrobe St and is expected to stay in place until the end of the year.

Previously, there were two pedestrian crossings on Harbour Esplanade.

"We cannot survive this. Especially because it is winter. If it was summer, we would have a better chance," Ms Han said. "I've already

dropped my prices but still no one is coming. I am almost giving the food away."

"With the amount of rent we are paying and the customers we have, we cannot survive."

Ms Han estimates her trade has dropped 25 per cent since the fence went up. Watermark Bar manager Simon Caruso says his trade is also down 25 per cent. And Harbour Noodles owner Tymeng Young says his turnover has decreased 30 per cent.

Mr Caruso said he fully expected to survive the downturn, but the road works were making life very difficult.

For Mr Young, he said it was back to the days of 2004/05 when he first established his business.

"We are back to where we started," he said.

Newcomer to the area, Messini owner, Jimmy Roussos says he hasn't been trading long enough to quantify his losses, but he also agrees that the road works have been damaging.

"It's definitely had a negative effect, especially on the lunch trade," Mr Roussos said.

VicUrban project director Nic Culnane said no further changes were planned for pedestrian access the duration of stage one of the redevelopment.

He said VicUrban was attempting to balance the competing demands of minimising delays to the project and pedestrian safety.



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Top executives sleep rough for the homeless

Docklands-based Enterprise Business Services CIO, Cathy Bibby, joined 115 other highranking executives sleeping in the cold at Etihad Stadium on June 17 as part of the annual Vinnies CEO Sleepout.

Ms Bibby was packing her sleeping bag and picking up her allocated mattress, a sheet of cardboard, when the Docklands News caught up with her at 5.30 am.

"I think we were all expecting it to be a little bit worse than what it really was, not that it was exactly comfortable," she said.

Ms Bibby was joined by senior executives James Lord and Greg Lyne. About a dozen others participated in the program by sleeping out at the business's head office at 717 Bourke St

Enterprise Business Services employs more than 300 people in Docklands and is a fullyowned subsidiary of Singapore Power. It provides IT services to utilities.

"You just assume that everyone has somewhere to sleep at night but when you hear some of the stats - 22,000 homeless in Victoria and a third are kids - you think, oh my god, where are these people?"

"So it was a little sobering. You have to wonder where to start. Given that



homelessness is a growing problem, where do you start?"

"And what are we trying to fix? How do people find themselves in this situation? Homelessness is almost the outcome of something and as IT people, we are always trying to find the root cause of something and try to fix that rather than the outcome."

The leaders all participated in a "thinktank" to help provide fresh insights into homelessness by addressing the issue as if it were part of their business portfolio.

Vinnies CEO Sleepout Victorian Ambassador Jane Nathan said that as well as raising awareness and important funds, the event also provided an opportunity to tap into the state's brightest business minds.

"Last night's Victorian event not only raised \$351,540 but physically and mentally challenged participants to step outside the comforts of their own home and consider the wider societal issues surrounding homelessness," Ms Nathan said.

www.boatcruises.com.au



Cathy Bibby packs up her sleeping bag and "mattress".

"It also prompted them to think about solutions to this growing issue," Ms Nathan said.

"St Vincent de Paul Society's ultimate aim is not to continue service provision, but to put an end to homelessness altogether," she said.

The initiative first began as a local community venture in Sydney's Parramatta in 2006 but was held in capital cities nationally for the first time this year.

Victorians can still sponsor one of the leaders that took part in the event by visiting www.ceosleepout.org.au



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Lend Lease stands by Serrata

By Shane Scanlan

Lend Lease has acknowledged that it did not consult the Victoria Harbour community before announcing the controversial Serrata project, but says the system is to blame.

Vivas Lend Lease executive director Hugh Martin said the way development worked in Docklands was to first get Government approval, and then inform the community.

Mr Martin said Lend Lease was extremely sensitive to community criticism because it prided itself on its corporate responsibility.

"Yes, we are a developer. But we have a corporate agenda which is really focussed on sustainability and doing the right thing by the community," he said.

Some Mosaic and Montage owners adjacent to the Serrata development at 815 Bourke St have threatened legal action over what they claim was misrepresentation before they purchased their apartments.

They say they were told that the development would be low-rise and would be for community purposes. Serrata is a 15-storey development housing 144 apartments and 68 car spaces. The majority of apartments are 50 square metre, single-bedroom units without car parking.

Lend Lease says a remaining block between Serrata and Mosaic/Montage would still be used for community purposes.

Mr Martin said the company regretted getting neighbouring residents off-side. But he said, from what he had been told, he believed no misrepresentations were made.

"We've gone through quite a serious discussion with sales people and agents to make sure that representation was above board and I think it's fair to say that when you are dealing with third party consultants you don't always have the ability to put your hand on your heart and say that wasn't the case but we are told by our sales people that they did not misrepresent," he said.

"At the end of the day I guess it's one word against another but we don't want to be put in that situation," he said. "We are very comfortable from what we have ascertained that there was no misrepresentation given."

Serrata grew out of a new master plan for Victoria Harbour which, while approved by the Government, will be revealed for the first time to the pubic this month.

Mr Martin said Lend Lease had been "encouraged" to increase residential density in the precinct.

Asked why the developer had not revealed the master plan before announcing Serrata, Mr Martin said: "You can't display a master plan until its approved."

"Do you pre-empt things by going to the community before the Government has approved it? It's a Government-driven site. We find ourselves between a rock and a hard place. It's very difficult," he said.

"There has been consultation but probably not with the public as it should have been and that may be because of the unique way that Victoria Harbour is set up. I don't want to be critical of that, but that's how it works."

"You can't roll out a master plan unless you can deliver it," Mr Martin said.

"The one thing that developers have been bad at and we're trying to get better at it is community consultation. You can't just put up boards around a room and say 'thanks, we're showing you."

"It's a difficult process to work in but we're determined to have the best development outcome for all. It's not about buildings here. It's about place making and creating communities."

Resident Frank Ruggiero said: "Lend Lease has ignored our requests, and disregarded our concerns about their representations."

"Accordingly, the interested parties have now co-ordinated a strategy and are implementing that strategy to achieve Lend Lease's initial representations made when the company was marketing and seeking to sell the Mosaic and Montage apartments."



Hugh Martin... doing the right thing by the community.

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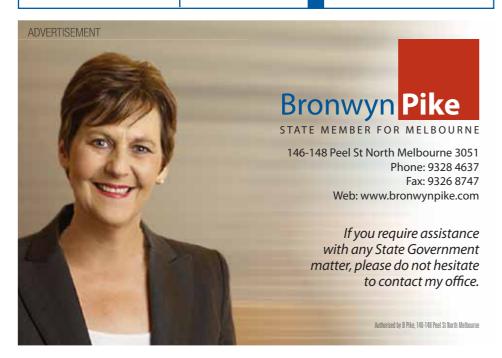
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Docklands 1402 / 8 McCrae Street UNINTERRUPTED WATER VIEWS

2 Bed 1 Bath 1 Car Private Sale \$540,000 By appointment Inspect Contact Glenn Donnelly

This high demand and splendid 2 Bedroom 1 Bathroom 1 Car Space apartment is now available. The apartment consists of views towards Yarra River and Port Philip Bay. Included are two sizeable bedrooms, fitted with good quality window furnishing, stylish contemporary bathroom, stainless steel appliances, European laundry facility, heating/cooling unit and drawer dishwasher

> Docklands 524 / 750 Bourke Street **FULLY FURNISHED INVESTMENT**

Private Sale \$340,000 Inspect By appointment Glenn Donnelly Contact

This beautifully presented fully furnished one bedroom apartment located on the 5th level of Docklands Quest on Bourke complex is a must see. The apartment has a large balcony off the main living area that is ideal for the entertainer. The apartment is currently leased back to the secure tenant of Quest Service apartment group. What an ideal investment opportunity!



Docklands 55 / 111 Merchant Street PODIUM APARTMENT DIRECTLY ON THE WATER

2 Bed 2 Bath 1 Car

Private Sale \$830,000 By appointment Inspect **Contact** Glenn Donnelly

This spectacular and luxurious 2 bedroom apartment is now available for sale. Located on the 5th level, this apartment includes Modern kitchen fittings, generous stainless steel appliances including cook-top, oven, range-hood and dishwasher. This near new apartment has two generous size bedrooms with BIR in master bedroom and second bedroom Additional features include blinds to all windows, laundry facilities located in the bathroom, video intercom. storage cage and resort style facilities.



Docklands 1901 / 2 NewQuay Prom VIEWS OVER THE WATER & BEYOND

3 Bed 3 Bath 2 Car Private Sale \$1.7m

Inspect Contact

By appointment Glenn Donnelly

Luxuriously appointed in the Conder, this enviable residence is a must see for those who expect the best. The gourmet kitchen is complemented with a large island stone bench top, Miele stainless steel appliances and generous storage space. The double size main bedroom includes a luxurious ensuite with twin vanities. The apartment captures over 280 degree vistas of the Yarra River and Docklands precinct. Other features include airconditioning throughout, 3 bathrooms, separate laundry. 2 secure car spaces and a storage cage. Also included is a membership to the exclusive health club featuring heated indoor lap pool, spa, sauna and fully equipped gymnasium.



Docklands 114 / 60 Siddeley Street THE BEST THREE BEDROOM

3 bed 2 bath 1 car

Private sale Inspect Contact

\$990,000 By appointment Glenn Donnelly

Perfectly located on the North bank of the Yarra in the Flinders Wharf building is the most impressive 3 bedroom apartment in the building. The apartment is situated on the ist floor and on the South West corner of the building with views directly onto the Yarra River. The apartment has floor to ceiling glass that surrounds the spacious living area that spills out to a fantastic entertainers terrace allowing sensational views from every vantage. A stately formal entrance leads you to the expansive open living/dining area incorporating both casual living and formal dining.



Docklands 102 / 18 Waterview Walk VIEWS OVER THE PARK

2 Bed 1 Bath 1 Car

Private Sale \$510,000 By appointment Inspect **Contact** Glenn Donnelly

Located on the 1st level, this apartment includes Modern kitchen fittings, generous stainless steel appliances including cook-top, oven, range-hood and dishwasher. This near new apartment has two generous size bedrooms with BIR in master bedroom and second bedroom. Additional features include blinds to all windows, laundry facilities located in the bathroom. video intercom and resort style facilities. The building is situated within walking distance to Melbourne CBD, Southbank Promenade and its famous Restaurants, The Arts Centre, Melbourne Exhibition Centre as well as the well known Crown Casino & **Entertainment Complex**



Docklands 1503 / 60 Siddeley Street FANTASTIC WATER VIEWS

2 Bed 1 Bath 1 Car

Private Sale \$590,000 Inspect Contact

By appointment Glenn Donnelly

Consisting of 2 bedrooms, a modern and stylish kitchen with stainless steel appliances, glass splash back, granite bench tops and plenty of storage. The two bedrooms have built in robes, perfect for entertaining family and friends before heading into the City for a night of fun. You have the option to use the impressive facilities which include a fully equipped gymnasium, steam and sauna rooms, spa and swimming pools. Close to public transport, Crown Casino, Docklands Precinct and all that exciting Melbourne has to offer. The property also comes with



Docklands 1204 / 80 Lorimer Street VIEWS OVER THE WATER

3 Bed 2 Bath 2 Car 1 Storage

Private Sale \$1.02m Inspect Contact

By appointment Glenn Donnelly

Luxuriously appointed in Mirvac's Tower 4, this enviable residence is a must see for those who expect the best. The gourmet kitchen is complemented with a large island stone bench top, Miele stainless steel appliances and generous storage space. The double size main bedroom includes a luxurious ensuite with twin vanities. Other features include airconditioning throughout, separate laundry, 2 secure car spaces and storage cage. Also included is a membership to the exclusive health club featuring heated indoor lap pool, spa, sauna, steam room, fully equipped gymnasium and roof top decking.



Docklands 38 / 801 Bourke Street MOSAIC IT'S HERE

2 Bed 2 Bath 1 Car

Private sale \$690,000 By appointment Inspect **Contact** Glenn Donnelly

Situated in the Victoria harbour precinct of Docklands and located directly in front of beautiful parklands and the CBD as the backdrop. The apartment that is cleverly designed ensures there is a place for everything, whilst its generous windows provide uninterrupted views. The expansive open plan living area has both a formal dining area and a modern kitchen with stone bench tops and stainless steel appliances. Featuring large main bedroom with built in robes and en-suite and a large second bedroom with adjoining bathroom including deep relaxing bath and European style laundry. The apartment also includes reverse cycle air conditioning and an undercover car space



Glenn Donnelly MANAGING DIRECTOR – SALES E glennd@cityresidential.com.au M 0419 998 235

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Docklands opens its doors

By Andrew Pilkington

This month the third annual Melbourne Open House (MOH) will be opening more than 60 buildings to the public, seven of them in Docklands.

The Open House will take place on Saturday, July 24 and Sunday, July 25. Entry is free.

The annual opportunity allows visitors to see some of the finest architecture in Docklands and Melbourne. The buildings vary from those constructed in the 1800s to the modern designs of the not-so-distant past.

With twice as many buildings open this year, spokesman Robert Larocca expects people to be more amazed than last time because of the greater variety and diversity.

The Docklands buildings that will be open for this year's event are: ANZ Centre; Central Pier Docklands; Goods Shed; Icehouse; Kangan Batman TAFE – ACE; Mission to Seafarers; and Harbour Family and Children's Centre.

The Open House has been steadily growing since its opening in 2008, which attracted 30,000 visitors when only eight buildings were open. In 2009, the event expanded to open up 32 buildings and attracted more than 50,000 visitors.

The sweet sound of piles being driven

Docklands has an old familiar friend back again - the metronomic background noise of pile driving.

With a brief layoff following the global financial crisis, the ground is again being prepared for construction.

Lend Lease has broken ground with its Convesso project in Victoria Harbour and sold half of its Serrata development on its first weekend of sales on June 26 and 27.

Over at NewQuay, MAB Corporation has started its H1 apartment block.

MAB has started discussions with the Government over plans for a mixed use development on a site known as Lot 1B and the Conder Plaza. It has also been talking about a residential tower known at this stage simply as H2.

In NewQuay West, its Avenues project is progressing, as is its affordable housing development on the corner of Pearl River Rd and Docklands Drive. Of the 113 units being developed, 85 will be managed by Melbourne Affordable Housing.

At the other end of the scale, and on the opposite side of Docklands, Mirvac has residents moving into the first of its River precinct apartments at Yarra's Edge and

has announced a new round of luxury apartments, with some priced at more than \$6 million.

Also on Yarra's Edge, Mirvac has lodged plans with the Government for construction of its Tower 8.

Down behind the Stadium next to Wurunjeri Way, PanUrban's Lacrosse development is starting. Salta Properties has also applied for permission to build in its site at 699 La Trobe St.

On the other side of the stadium, CBUS has won the right to build 60,000 square metres more for Dockland's stalwart NAB. The site is alongside Wurunjeri Way between the stadium and the pedestrian concourse.

And, of course, work continues on the second stage of the Automotive Centre of Excellence in Batman's Hill after a three-month delay to remediate a decommissioned sewer.



Comment on this story online: www.docklandsnews.com.au



Bad timing Simon

Timing is everything

Yarra's Edge IT specialist Simon Neale's timing was off on June 24 when he left Victoria Harbour Westpac branch moments before his ticket was drawn to win the major prize in a fundraising raffle.

The Docklands' Westpac branch in Merchant St, Victoria Harbour, turned two last month and invited the community along to a small celebration.

Manager Luke Ives and his staff conducted a raffle to raise funds for breast cancer research and Mr Neale's name came out of the barrel.

A quick call to his mobile resulted in Simon turning his car around and returning to be presented with a very glamorous hamper from local business Fruit for You and Flowers Too.



High and dry before the action started.

Classy river lady will

A very elegant lady has joined the rag-tag Yarra River fleet of charter vessels.

Birrarung looked rather undignified being carried from Docklands' Wooden Boat Centre to the river early on June 24. But once she hit the water, there was no doubting her sheer class.

The 48-foot fantailed river launch is sure to turn heads as she plies her trade, initially taking VIP guests for a cruise on the Yarra.

The short journey from shed to river was a tense time for shipwright Ferdi Darley as he supervised a juggling act between three cranes. One weak link could have meant the sudden end of 15,000 hours of lavish and loving attention to detail.

For the owners Ruurd de Visser and Malcolm Farr, the moment marked the beginning of the money-making phase of a project which started three years ago.

But for Mr de Visser, there is a low expectation of recovering the substantial money ploughed into the project.

"It's a boat! Boats are never a sensible decision," he said. "It's not about the money. I don't care about that side of things. It's about creating something that you love."

When Mr de Visser came across the vessel's hull at the Wooden Boat Centre, it was in need of new ownership and direction.

"I rang Malcolm to come down and talk me out of taking it on," he said. "But we ended up in partnership

Birrarung is a testament to uncompromising passion and quality.



The tension mounts for Ferdi Darley.



Don't try this at home kids.

Medication discontinued?

It's a story that everyone can relate to; you try a number of products throughout the years before finally finding one that really works, Just when you thought your luck had changed, manufacture of the product ceases and you're back at square one.

When this happens there may be no alternative medication available, or the available alternative is far more expensive and less effective. However patients facing this dilemma need worry no more.

The problem-solvers at Compoundia, your local compounding pharmacy, can often manufacture discontinued products for patients and often at a similar cost to the original product. In some cases, they may even be able to improve upon the formula.

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Compoundia is changing this trend by tailor-making formulas for patients. "We're not doing anything new" says owner Bert Frigo "...compounding is the heart of traditional pharmacy practice, we're just using new technology to prepare higher quality products".

So if you've found yourself caught with a discontinued a product, contact the professional staff at Compoundia. Even without the formula, they may be able to research a recipe for the product, or make an equivalent. It's just one more way that Compoundia makes the difference.

For further information, or to ask whether we can compound a discontinued medication, contact Compoundia on 9670 2882.

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turn many heads

For example, Mr de Visser wanted a 1.5 inch chromed strip around the craft but this was only available in a 1-inch width. "So we ended up making it out of bronze and then had it chromed," he said.

In other instances too, if a part wasn't available, it was made.

The craft's lighting was painstakingly researched online and then imported from Belgium.

For Mr Darley, the project was a pleasant adventure.

"It's really nice to do a job when only the best is expected," Mr Darley said. "It's a real novelty these days."

Birrarung weighs 13 tonnes and has a strip-planked hull construction from Fijian kauri and is covered

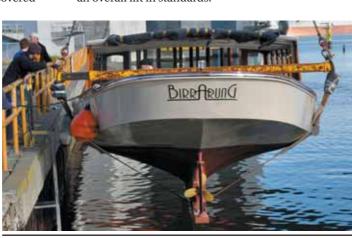
in fibreglass for strength. Above the deck-line she features amoora and African mahogany.

The traditional look of the launch disguises the fact that its technology and design is cutting edge.

It is designed to throw no wash at all when cruising at the river's speed limit. And it boasts a hybrid dieselelectric motor – a first for a boat in Melbourne.

The original inspiration for the craft stemmed from the fact that when the Volvo Ocean race first came to Melbourne, there wasn't a single boat that the sponsors felt was up to scratch to ferry VIPs around. A boat was imported from Singapore for the purpose.

Birrarung is in a class of its own among Melbourne's river craft. It remains to be seen whether it can inspire an overall lift in standards.







The angles had to be perfect.



The crane crew didn't hesitate.



After a decade on the VicUrban Board, the chair of the Docklands Co-ordination Committee, Gabrielle Trainor announced her retirement at the most recent DCC meeting on June 10. Docklands News editor Shane Scanlan took the opportunity to email her some questions to which she graciously responded. She has subsequently said she may, in fact, stay on the board for a little longer but, at the time the paper went to press, this was unclear.

Comment: While I came into this only relatively recently, I have the impression that visionaries with a talent for cutting through and getting things done started the Docklands story rolling. I look around now and wonder where the vision and leadership is. I see cautious career bureaucrats assuming the reins and despair about what sort of Docklands we are going to end up with.

Question: You were there at the beginning. How does 2010 compare with 2000?

Response: I agree that visionaries with a talent for cutting through and getting things done have got Docklands to where it is today and it's those kinds of people who will continue to do so. Mark Birrell and Jeff Kennett were among the first who worked to get Docklands on the agenda and the Bracks/Brumby government has followed suit. The funding of the Collins St bridge, for example, was a watershed in attracting massive commercial development. Mirvac and MAB were two of the leading companies to make the initial leap of faith in residential. There are plenty of others who worked and dreamed the dream until Docklands actually happened. It's a different kind of vision nowadays to create the second decade of development - to build on the spirit and to better engage the community as the population in Docklands grows, to provide more and better community infrastructure, to use a lot of recently-acquired knowledge on things like environmental sustainability, to refine, to improve and in doing so to build on the strength of the community - resident and business - that now calls Docklands home.

Comment: I can only imagine that the merging of the Docklands Authority into the wider-based VicUrban diluted focus away from Docklands. And I believe I



Gabielle Trainor

witnessed a further dilution of Docklands' importance with the fairly recent VicUrban restructure which resulted in general managers having "portfolio" responsibility (as opposed to geographic).

Question: Am I right in thinking that Docklands is being left to fend for itself (because it is no longer a child and is, therefore, less lovable/politically-rewarding)?

Response: I couldn't agree with that. Even since the merger with the URLC and even the management change you refer to, Docklands has remained a major focus for the State Government, for VicUrban and over the past nearly three years also for the City of Melbourne. It is right in the middle of the radar screen and in my view is even more visible than years ago because it has a very engaged community and some very big

businesses, including those making up a significant financial services hub, who are all keen to play a part in the future decisions. This is not to mention the role of *Docklands News*!

Comment: The passing back of municipal functions to the City of Melbourne nearly three years ago and the attempts to work co-operatively with the council seems to have had a paralysing effect on Docklands. Adding this level of complexity seems to have confused both the council and VicUrban and resulted in a situation where no-one is prepared to make a decision in case their jurisdiction is challenged. You are probably too far removed from the operational level to see this. But take the example of Urban Reforestation (from tonight's meeting), where these guys, firstly, don't know who to approach and, secondly, don't get a response when they do make contact with both the council and VicUrban.

Question: How can this unsatisfactory situation be resolved?

Response: I can understand people mightn't know whether to talk to VicUrban or the City of Melbourne on a given issue. Though the roles are clear to us and it is a very good working partnership, it can be confusing for the community and I think we can improve the way we communicate and engage. The "Second Decade of Docklands" consultation, due to start soon, is the perfect way for us to do that. It's going to provide a real opportunity for us to reach out widely and for everyone to contribute. That should help people know where to go and who to talk to.

Comment: Being a resident in Docklands is to accept a situation where you have absolutely no say in planning issues. This is becoming the norm in other places too

as the state calls in projects. But we have institutionalised disenfranchisement. I was in China last year and wondered whether the population there had more input into how their neighbourhoods were shaped. I understand that developer agreements which date back to the last century are driving this, but the situation is unsustainable. I'm not sure if you have been following the Seratta case. In essence, Lend Lease notified Mosaic and Montage owners that they intended to build a 15-storey building next door by offering a sales opportunity. The deal had been worked out in private between VicUrban, the developer and (I assume) the council.

Question: Can you see why people would not like to live in Docklands while this regime continues? And what can be done about it?

Response: Developers have invested in Docklands on the basis of the approved development plans for the area. The process is that development plans are prepared with input from the City of Melbourne and the Department of Planning and Community Development, in accordance with the Melbourne Planning Scheme.

With a fast-growing community of nearly 7000 people in Docklands and about 20,000 who come each day to work there, we recognise the need for more and deeper engagement. The "Second Decade of Docklands" process will give the community information about future developments and give lots of opportunities for people to give their views on how Docklands develops into the future.

As for living in Docklands, I think it's evident people who live here love it!



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Imagine the Lifestyle...



H1 tips MAB over the \$1 billion mark

MAB Corporation has broken the \$1 billion invested in Docklands mark with its latest building commencement in NewQuay.

Launching the start of works on its 22-level HarbourOne (H1) project on June 15, managing director Andrew Buxton said MAB had also passed the 1000 apartment mark with the development.

Mr Buxton said MAB would build only one more apartment block in NewQuay East before concentrating its efforts in the western end of its precinct. He predicted NewQuay would end up with about 25 per cent of the Docklands residential population when completed.

VicUrban CEO Pru Sanderson praised Mr Buxton and his brother Michael for having vision in the Docklands project in the beginning. More importantly, she said, the Buxton's had demonstrated courage by investing in NewQuay when Docklands was nothing but a derelict industrial site.

In launching the H1 project, Lord Mayor Robert Doyle also lavished praised on MAB Corporation as Docklands pioneers.

The H1 development comprises 310 apartments and 10 studio offices. It will add a further 400 residents in late 2011, boosting the NewQuay population to almost 2000 people.

H1 is fully sold and was aimed at the entry point of the market. With an entry price of \$320,000, and average price of \$550,000, it appealed to first home buyers and investors.



Comment on this story online: www.docklandsnews.com.au



Andrew Buxton (left) and Lord Mayor Robert Doyle launch MAB's H1 residential tower at NewQuay.



Fine Indian Cuisine



For people with taste...



DOCKLANDS TV WAS LAUNCHED LAST MONTH AND IS GROWING STEADILY WITH MORE THAN 1000 VIEWERS IN JUNE.

At the end of June there were eight weekly shows scheduled with more due to come on stream in August.

Docklands TV comprises regular weekly live video streaming for both commercial clients and community organisations.

Newcomers to Docklands TV include:

Squires Best Match - 11am on Tuesdays. Jane Kinsey matches her boutique beers with fine cuisine.

Chamber of Commerce - 3pm on Thursdays. Keith Rankin and others update the business community on the Docklands Chamber of Commerce's activities.

The Nixon - 6pm every Friday. Paul Pellegrino was born for this. Learn how to mix cocktails and view other items of interest against the high-energy background of the Nixon in full swing.

To participate, ring Linh Nguyen on **8689 7979** or **0424 155 160** or email linh@docklandstv.com.au

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
09:00					
10:00	This Week Tune into Linh to find out what's ahead on DocklandsTV for the week.	Docklands Media Centre Kris will show you how you can improve your marketing with graphic design.			Docklands News Update Join Alison for a news update on a few Docklands News stories from the week.
11:00	The FONE Guy Matt will talk to you about the latest trends and technology in communication.	Squires Best Match Jane shows you how you can best match beer with fine cuisine.			YMCA Billy will take you through fitness tips. Starting July 9.
12:00					
13:00					
14:00					
15:00				Chamber of Commerce Keith and others will update the business community.	Urban Goes Green Emily will help you bring out your green thumb.
16:00					
17:00					
18:00					The Nixon Paul will get you ready for your weekend.
19:00					
20:00					



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Slow Sundays invites you to do just that, with 20 great Docklands restaurants offering tempting winter plates matched with a glass of wine or beer for only \$15.

Stretch out your afternoon at one venue or take in a few between 2pm and 6pm every Sunday until the end of winter.

Participating restaurants:

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- Berth Restaurant
- Bhoj Docklands Indian Restaurant
- BlueFire
- Bopha Devi
- Butchers Grill
- Chilli Padi
- Fish Seafood Grill
- Harbour Town Hotel
- **Kobe Iones**
- Liquid Restaurant Tapas Bar
- Mecca Bah
- Melbourne Yacht Club Hotel
- Renzo's Bar Café Italia
- Saganaki Greek Cuisine and Grill
- Steakhouse
- Woolshed Pub
- Yum Cha Dragon

Take it easy Our newest Docklanders

Docklands' newest residents are now moving into the exclusive River precinct at Yarra's Edge.



Some 31 new households are set to make River precinct their home. The first Riverfront resident arrived on their private boat and many others confirmed their enthusiasm about the excitement and diversity city living offers, easily accessible from their private waterfront sanctuary at Yarra's Edge.

Nick Theodossi Snr has purchased a riverfront residence and will call Yarra's Edge home when he moves in at the end of the year.

"It will be a fantastic change to our lifestyle. My family and I are really looking forward to making the move and living with the river on our doorstep," Mr Theodossi said.

Keen to make the move as soon as they could, his two children, Nick Jnr and Dion have already moved into their new home.

Mirvac Victoria CEO John Carfi said: "The delivery of our vision for River precinct has seen the ultimate inner city residences constructed on Melbourne's waterfront. This prime real estate will be sought after for years to come."

The River precinct boasts the only low rise, strata free homes at Docklands. Individually designed homes feature unrivalled city and water views with a select few enjoying their own marina berths at their doorstep.

With the first stage of River now complete, plans are progressing well for the final stages which will make this the last opportunity to own such a unique offering of prime waterfront real estate in the city. Prices are anticipated to range from \$1.3 million to more than \$6 million.











Jim and Bronwyn.

Trickel⁴⁰ Elli

Michele and Brian.

Extended networks

The feedback from the June Docklands News Networking Lunch on June 18 has been positive with reports of many good connections being made.

Some 80 guests attended the fourth quarterly lunch that this newspaper has hosted, held this time in the impressive Melbourne Convention and Exhibition Centre at South Wharf.

Diners were able to participate in a tour of the facility, or choose to continue to chat at the dinner table.

Robert Eggers won a night for two at the South Wharf Hilton, and Barry Pares won the



other door prize, a fabulous table centrepiece arrangement from Fruit for You and Flowers Too.

The next lunch will be held in September on a date and a venue to be announced.



Izabela, Cheryle and Kim



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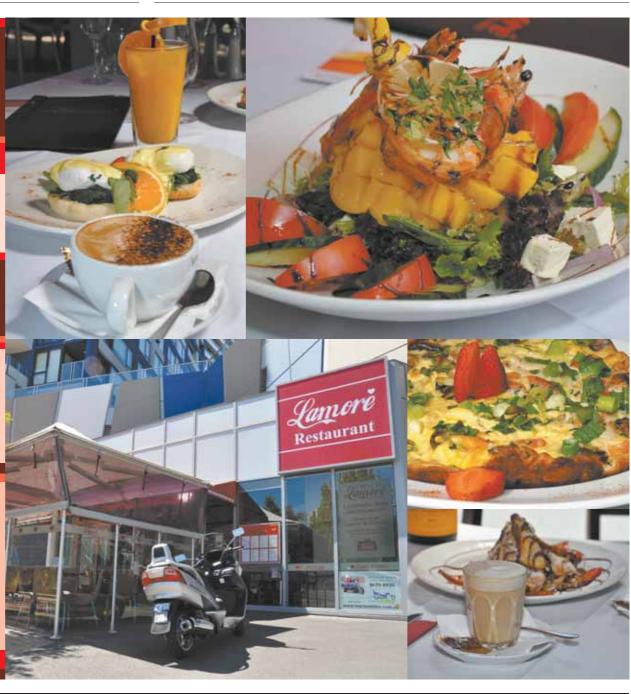
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Ali and Glen.



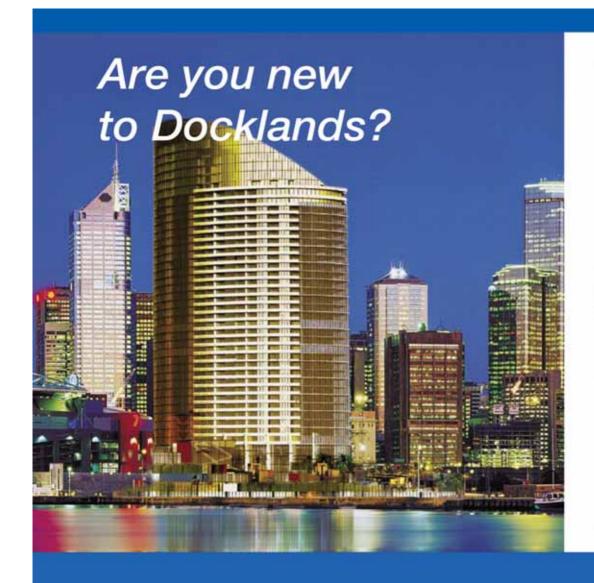
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Luke Scicluna shows the barramundi he hooked in Docklands last month

Barra landed in Docklands

We know about global warming, but catching a barramundi in Docklands in the middle of winter?

Some old salts think this tale is a bit fishy. Barramundi are native to northern Australia and are known not to migrate between river systems.

But 32-year-old Luke Scicluna insists that he and mate Anthony Pelly had landed a dozen bream and few small mullet on June 21 when they saw the barra "lurking in the shadow of a pylon".

"A quick flick of a prawn which landed right on its nose and we were on," Luke said. "After landing the fish there was plenty of jumping and woo-hooing".

"We took a few quick pics and set the fish free"

Luke thinks the fish was once a pet was released into the Yarra.

"Apparently there has been two other barramundi landed in the Maribyrnong River – one was in April of 2006 and the other was in November of 2008 – both by other anglers," he said.

It's Groundhog Day

Docklands News recently found this press release from October 24, 2000 on the internet. If you substitute the names with the people in charge these days, it has an uncanny sense of the present. We hope not to read something similar in 2020.

Melbourne's new waterpark and public space unveiled.

Plans for a multi-million dollar 10 hectare harbourfront park and esplanade at Melbourne's new waterfront – Docklands – were unveiled today by the Minister for Major Projects and Tourism, John Pandazopoulos.

"Dockland's Harbour Esplanade will become a centrepiece linking all of the precincts and will become a focal point for community activity," he said.

"Harbour Esplanade will create an enormous open space which will provide the key public access to the CBD's newest waterfront - on Victoria Dock.

"This development forms an important part of the vision for Docklands by this Government which calls for a high degree of public space and an opportunity for the community to embrace the project."

Around 400 metres of public waterfront between Colonial Stadium and Victoria Dock will be opened up under the plan. In total, Harbour Esplanade will be more than 2.1 km long and will stretch from the Yarra River to City Link.

"This open space will create a superb public waterfront plaza for the people of Victoria. The grand plaza will become a meeting place with ferryboats transporting people to the plaza marina to attend events at the stadium, and to enjoy water events and activities," Mr Pandazopoulos said.

Work will be undertaken in stages and will see the creation of a public park – another green fringe for Melbourne's CBD.

He said the development of Harbour Esplanade would create an accessible public waterfront with a promenade, rollerblading and cycling paths, integrated art, picnic areas, parks and meeting areas.

Mr Pandazopoulos said Harbour Esplanade would be the link between the waterfront, a number of Docklands precincts and the 30 metre public promenade that will extend around the entire Victoria Harbour.



No longer a Sensation

Docklands may seem a little quieter this New Years Eve with Etihad Stadium announcing that it has decided to discontinue Sensation.

The international dance event, which broke the world record for attendance in its debut year in 2008 with 40,000 party-goers, has been deemed too costly.

Etihad Stadium's communications manager, Bill Lane, said the stadium and the Sensation company had come to a mutual agreement that they would not proceed with the event this year.

Mr Lane said the event had been very entertaining and exciting for Melbourne but they had to weigh up the cost.

"We had to weigh up the cost of bringing the event from Europe, with the revenue returned and consequently it has been decided not to proceed this year," Mr Lane said.

Mr Lane did not say whether another event would be replacing Sensation, but said the stadium had a number of events booked for later in the year including Bon Jovi and a concert celebrating 150 years of the Melbourne Cup.

"We liaise constantly with promoters and scour the globe looking for acts, which provide a good fit for the stadium and Melbourne, and these two events further illustrate this."

Sensation 2008 was voted Victoria's No.1 festival/event in the Sony In The Mix awards and was the first Sensation staged in the southern hemisphere.

Have your say

In 20 years there will be more than 1 million people visiting, living or working in the City of Melbourne municipality every day.

To help plan for the municipality's continued growth, a new Municipal Strategic Statement (MSS) sets out a long-term strategy for development so that the municipality continues to be a great place to live, work and visit.

There are five key directions in the new MSS that together are all about creating a more liveable, vibrant, thriving and sustainable 24-hour city; and you're invited to have your say.

Have your say, until Friday, September 3 on the new MSS online at www.melbourne.vic. gov.au/mss; via email to mss@melbourne. vic.gov.au or by post:

The co-ordinator, local policy Strategic Planning, City of Melbourne GPO Box 1603m Melbourne 3001.

View the new MSS online, or in person at: Level 3, Council House 2, 240 Little Collins St and at all City of Melbourne libraries.

You can also come to an information session. A session for residents will be held on Wednesday, July 21 from 6 to 7.30pm; and a planning industry and business session will take place the following Wednesday, July 28, from 8.30 to 10.30am. Both sessions will be held in the Yarra Room, Level 2, Melbourne Town Hall, 120 Swanston St.



Circus comes to town

The circus has come to town these school holidays in Docklands.

The 50-minute shows run three times a day at Wonderland Fun Park, Harbour Town, from June 26 until July 11. Some of Australia's

most talented circus and side show performers are participating.

At a special preview night on June 24, 7-year-old Sweeney Crabb from St Kilda was catapulted from being an unsuspecting front-row guest to instant acrobatic star much to the delight of the large crowd. For further information, see www.wonderlandfunpark.com.au







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Poppies Thai

Say what you like about Docklands, "discreet" is not usually a word you'd associate with it, or many of the establishments within it.

However discreet seems the right word to describe Poppies Thai, which, despite it's Bourke St location across the road from the stadium, still goes largely unnoticed by many.

Perhaps it's because many still associate this strip as the desolate construction zone it once was, perhaps it's the lack of "shopfront", with Poppies tucked behind dark glass windows in the unremarkable ground floor of the Watergate building. And perhaps it's because The Nixon down the road and Gloria Jeans on the corner have sparked into life and are outshining this solid little performer in between them. But whatever it is, it is very easy to walk past Poppies Thai and not even notice it's there.

Which is a shame really because, despite its very urban location, inside, Poppies offers a

CUISINE UNDERCOVER

genuine slice of Thailand. As hard as it is to gaze out on the concrete slabs of the stadium car park and feel the gentle breeze of a hot Thai evening wash over you, a quick glance at the plastic drinks menu offering Chang beer helps. Ahhh Chang! For the uninitiated, it's an extra strong beer that is the only way to start the day when holidaying in my beloved Thailand.

Unfortunately, the other thing that evokes a sense of Thailand is the service, which is consistently lackadaisical and downright appalling when dining with big groups – even when ordering ahead. And, while slow, inconsistent service may be fine while downing Chang beers on the beach, it's not so cool when you need to be back at work by 2pm.

However, if you've got the time or are prepared to risk it, do so. The food is worth it. Poppies is no pioneer. It is part of a chain of established Thai restaurants scattered across Melbourne so its menu is tried and tested. The Pumpkin Fritters deep fried in coconut batter are a stand out starter, the sweet softness of pumpkin marrying perfectly with the crisp coconut batter and set off nicely with a sweet chilli sauce. The bite-sized fish cakes are also nice and firm with a touch or rubberiness associated with the standard street food.

I know it's standard, but I also like a Thai restaurant that does roti and satay sauce as a side dish. And I know it's wrong, but I can never resist ordering it. The roti here is light and thin, it dries out a tad easily but the satay sauce is chunky with just a touch of lime giving it the essential lift. There's never enough of it.

The curries, I'm assuming, are what most would gravitate towards and, again, they're exceptionally reliable. Lots of sauce, the appropriate Thai vegetables, real Thai basil – and not so much meat. Again – very much the case when ordering curries in Thailand.

The real winner here, however, is a dish I only discovered on my most recent trip to Thailand and haven't stopped making at home ever since - the ridiculously simple yet SO GOOD if done right, Larb Gai.

I'm sure I'm not doing it justice by describing it as "minced chicken and Thai stuff", but that's really what it is. Chicken (the dish is also often made with minced pork) is fried quickly in fish sauce, with condiments such as chilli, coriander, lime juice, onion and toasted rice powder either mixed through right at the end of thrown on top fresh – all served up on a bed or lettuce leaves you can use to scoop up the delightfully refreshing meal with your hands!

You really have to put down the Chang and order a dry Riesling to set it off right, however beer will suffice as it always does in Thailand.

As I'm polishing off this dish however, it's usually when I notice the people at the other end of my table are just being given their starter and I'm once again reminded of the pitfalls of this establishment.

Dining with smaller groups (i.e. groups of two), it's not so much of an issue. But, with the restaurant now in such easy reach of all the large corporations moving in around it, it's time it stepped up if it wants to service the work crowd.

And a word of warning if you do duck in for lunch - watch the Chang intake and remember a beer for breakfast is only acceptable if holidaying at least a five-hour flight from home!

Overall rating



View all our Docklands restaurant reviews and rankings online at www.docklandsnews.com.au/review



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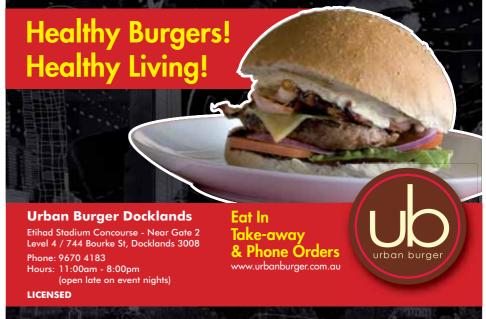
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Tick Tock Tick Tock. This small yet precise measure has incredible impact on so many.

For some, it is the marching of time. For others, a looming deadline. Incredibly, there are people for whom this opens doors of hope. For others, it is the pregnant pause before the arrival of spectacular occurrences.

Tick Tock. I am five years old, standing at the bottom of the stairs of my grandparents' house with my sister, staring at the beautiful grandfather clock. We are small. The world is full of promise and dreams do come true. Boo boos are fixed with a Bandaid. The house smells of lemons and freshlymade scones and the sounds are always of laughter. And then we grew up. The clock has stopped at the time my grandfather died, and it has never ticked - or tocked - again.

But my clock has. It ticks on and on, faster than it did before. I guess, we are growing up - or dare I say it, we are growing older. Yet the picture-perfect family that we all imagined we would have seems elusive.

Saying out loud that you'd maybe, kind of, perhaps like to have a child if all things fell into place and it was something that everyone agreed to, would be a good idea. But, you know, it's just kind of a passing thought. In actual fact, you feel like you could rip your own heart with longing to plait little blonde locks and tie a neat pink bow around the ends. But this is often viewed as the beginning of the end.

You're becoming one of THOSE women ... those women who's clock's are ticking.

But it's an interesting dilemma, as we exist in a world where we are encouraged (applauded) to know our goals, achieve them and even over-achieve them!

We have KPIs to keep us on track and we pride ourselves in our single-minded pursuit of ticking off promotion after promotion, sale after sale, success upon success. But have we put aside our personal success? Or, perhaps more pointedly, our succession?

In my circle of friends, it is a very personal question. Some openly cry for the children they've never had - others assure them that it is extremely overrated. Just ask them - they've had four! Still others worry that their only child will be lonely in a big world without siblings. It seems that the clock ticks for all of us. And we ask ourselves how we've spent our potential child-raising years. We have to balance our views on how we thought our lives would be and how they actually are.

The clock doesn't stop. Whatever decisions we have made, we live with them and life does keep going on. But if you can do something for women in this particular time of "clock ticking", just listen to them.

Let them grieve. Let them hope for a miracle. But just let them be free to feel what they need to feel without judgement. Because, I bet you, they still feel like a kid inside, and can't quite believe the time has flown by.

Take care of each other. Till next month.

Abby xxx

Kin to help out folk

By Andrew Pilkington

When you think about charities and not-for-profit organisations what do you think of first?

Probably fun runs, sausage sizzles, bake sales and people waving metal cups in your face. But, the recently-opened café Kinfolk has gone completely off the traditional track.

The café near Southern Cross station opened last month. But the dream started a year and a half ago, a dream that is now a reality.

Kinfolk donates 100 per cent of its profits to four organisations (two national and two international). These organisations include: YGAP (Y Generation Against Poverty), homeless people in Melbourne and Cathy Freeman's charity.

Kinfolk staff work for free, its food is all organic and the tables and chairs are all either donated or refurnished from hard rubbish.

The name Kinfolk means to be connected and be like a family. After all, they have said themselves: "the very essence of Kinfolk is that it's a big, rambling family".

The café is a social and meeting place, where you can go and experience the family nature of Kinfolk.

One of Kinfolk's current projects is the Rwanda Project 2010. It started last

month and by the time it finishes mid-July, 15 volunteers will have built two more classrooms for an underdeveloped and dilapidated school.

The Rwandan school contains just six classrooms, a few blackboards, limited benches and hardly enough basic materials. The volunteers teach English to the children and are also developing clubs with the local youth.

Kinfolk (a self proclaimed "unique Bourke St oasis") offers you the chance to dine on its delectable food while also helping some great causes.

Also, if you're interested by any of the causes you can find out more by checking out its website www.kinfolk.com.au





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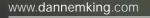
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Let the afternoon drift away at Docklands with a meal and drink for just \$15.

Enjoy a languid Sunday afternoon with family and friends this winter at Docklands. Slow Sundays is the perfect opportunity to unwind, with twenty restaurants across Waterfront City, NewQuay, Harbour Town and Central Pier offering a meal matched with a glass of wine or beer for just \$15. There's also free live entertainment at Waterfront City Piazza, so you really can stretch out the weekend. Slow Sundays at Docklands, every Sunday between 2pm and 6pm until 29 August. Check thatsmelbourne.com.au for details.







Leanne Lorfino

LOCATION?

Harbour Town

WEARS?

Black, white and grey scarf, ice blue shirt, black trench coat, jean-inspired tights and black ballet flats.

DESCRIBE YOUR OUTFIT?

Fashionable and classy.

WHAT BRINGS YOU TO HARBOUR TOWN?

We're actually down from Sydney for three days of shopping and today's our last day.

WHERE ARE YOU FROM?

Liverpool in Sydney

WHAT IS YOUR FAVOURITE THING **ABOUT WINTER?**

Definitely the fashion, because there's lots of nice boots, scarfs and coats.

WHAT MAKES A GOOD OUTFIT?

Something that complements the person. An outfit should really complement a person's size and age.

Harbour Town

WEARS?

Black, white and grey woven scarf, black long-sleeved top, grey tunic, black tights and black knee-high boots.

DESCRIBE YOUR OUTFIT?

It's fashionable and fun. Perfect for a girls weekend.

WHAT BRINGS YOU TO **HARBOUR TOWN?**

The fashion and the food, but we're actually on our way to South Wharf DFO now.

WHERE ARE YOU FROM?

Liverpool in Sydney

WHAT IS YOUR FAVOURITE THING **ABOUT WINTER?**

The clothes.

WHAT MAKES A GOOD OUTFIT?

The person that is wearing the outfit. If they wear it with confidence then they'll look good.

Maria Vega

LOCATION?

Harbour Town

WEARS?

Black, white and grey scarf, blue, grey and white trench coat, black pants and black calf-length wedged boots.

DESCRIBE YOUR OUTFIT?

Warm

WHAT BRINGS YOU TO **HARBOUR TOWN?**

The shopping.

WHERE ARE YOU FROM?

Sydney

WHAT IS YOUR FAVOURITE THING **ABOUT WINTER?**

The fashion and the food.

WHAT MAKES A GOOD OUTFIT?

Brands, colour and style.

Harbour Town – fashion capital

It may not be Fifth Avenue or Rodeo Drive, but Docklands' Harbour Town is currently taking fashion to a new level with fashion police on patrol, stylists at hand to help and lots of free giveaways.

Starting on June 24 and continuing till July 18, Harbour Town is running Fashion Hunter HQ, a destination for all fashionistas located on the upper level of the complex.

With fashion displays, mannequins, seminars and a styling competition, this event is suited to all wannabe stylists.

Harbour Town's marketing and tourism manager, Ellen Stowers, said the program was organised to create a showcase of the fashion offering throughout the centre for men and women.

"The Fashion Hunter HO is where customers can meet the designers, get free hair and skin consultations, free hand massages and mini hand manicures - all provided by Harbour Town retailers," Ms Stowers said.

Ms Stowers said customers would also have a chance to style an outfit which will appear in the Harbour Town spring newsletter by entering a styling competition.

To enter the competition customers are asked to style an outfit purchased from Harbour Town for \$500 or less and then have their photo taken in the HQ by the Fashion Hunter. The photo will then be uploaded onto the fashion hunter website where people can vote for the most stylish entrant.

Ms Stowers said the Fashion Hunter HQ was about interacting with retailers and rewarding them for shopping at Harbour Town.

"There is a diverse range of retailers within the centre, all with a unique offering and price point and we wanted to promote this to our customers," Ms Stowers said.

The Fashion Hunter HQ is located next to Dizingof and is open every day from 11am until 4pm until Sunday, July 18. For more information visit

www.fashionhunter.com.au or www.harbourtownmelbourne.com.au



No scandal at the Nixon



As the weather turns cold and the wind gets stronger, escape to The Nixon Hotel for drinks, dinner or a game of trivia.

The self-proclaimed football venue is, you guessed it, located right at the foot of Etihad Stadium on the corner of Bourke Street and Batman's Hill Drive.

Opening in January 2008, The Nixon provides a warm and welcoming sanctuary to not only AFL revellers but also to the workers and residents of Docklands.

With a wine list boasting over 120 labels, a cocktail list of more then 15, 10 beers on tap and 30 varieties of bottled beer, as well as 300 spirits available, The Nixon can cater for even the most discerning patron.

Owner and manager Paul Pellegrino said

he and his partners set out to create a venue that would be able to provide whatever the patron wanted.

"If a person asks for a particular drink we want to be able to give it to them," Mr Pellegrino said.

If you're looking for something to do on a Thursday night, The Nixon holds its weekly free trivia night, but make sure you book in advance as it usually gets booked out.

"We have the trivia in the bistro area so that if people just want to come in and have a meal they still can and we will just direct them to the restaurant area," Mr Pellegrino said.

Mr Pellegrino said the restaurant offered a wide range of meals with the specials board changing every few days - reflecting the variety of international chefs at the restaurant.

"The specials board keeps the regulars enthused and the guys in the kitchen get to

DOCKLANDS

SECRETS

exercise their creative flair. Cooking is like art and needs to be creative to keep people interested," he said.

So where does the name come from I hear you ask? Well why not pop in and see Paul and ask ... But I'll give you a hint, the apartment building above the venue is called Watergate.

For weekly updates on The Nixon Hotel you can visit www.docklandstv.com.au and watch Paul live on Docklands TV on Fridays at 6pm.





Docklands numbers game

This secret might soon be redundant as works currently being undertaken in Harbour Esplanade might remove that area's mysterious numbers.

Have you ever wondered as to the meaning of the large yellow numbers that appear on the pavement and as street furniture in Harbour Esplanade?

A waggish yet popular rumour suggested that these were related to an early Grollo proposal to build the world's tallest building in Docklands and that the lines and numbers represented the points where the shadow of the building would fall - 86 for instance being the reach of the shadow of the 86th floor.

In reality, these numbers pay homage to the area's waterfront past and they reference the various cargo bays along the wharf. For instance, a ship might be berthed at number 5 dock, but the wharfies were dispatched to cargo bay 78 to unload the cargo of coffee, or to cargo bay 80 to unload the shipment of teak.

The pavement-based numbers are wearing away fast but the street furniture versions persist and remain popular as seats and with skaters. Their true meaning is a little known Docklands secret.



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Get into bed with Forty Winks



David, flanked by two staff members, in his South Wharf store.

There's nothing like cozing up in your bed for a great night's sleep. The energy you have the next day is incomparable to even the strongest of coffees or energy drinks.

Those lucky enough to have a great bed know it and feel it... and those who don't need to check out Forty Winks.

Supplying all the top brands in beds, Forty Winks is located on Level 1 of the new Homemaker Hub and has a range to suit even the most sensitive of sleepers.

Owners David and Virginia Williams, who met each other 20 years ago while working at Myer and have owned Forty Winks franchises for the past five years, have a strong knowledge of retail, customer service and bedding.

Prior to opening his first Forty Winks store in Prahran, David imported bed linen and it was through this business that the attraction to owning a Forty Winks franchise developed.

"I used to deal with Forty Winks because I used to supply them with linen and they were always good people and they had a very good business model," David said. David said choosing to own a franchise was easy because of the power of a group, which allowed them combined buying, advertising and resources.

"We offer all the big brands at the best prices and that's why you join a franchise," David said.

Currently owning and operating an additional two stores, one in Prahran and another in Fitzroy, David said operating a store in South Wharf was a natural progression closer to the city.

"We understand the requirements of delivery in the city more than most and South Wharf has really just given us the ability to grow the Docklands market further than what we've been doing at Prahran."

Describing South Wharf as the "who's who in the zoo", David said he was happy to be placed next to his competitors.

"South Wharf draws in people from all over the place. It is really competitive but that's what makes it good for the consumers and makes for a good market place."

So whether your moving into a new home or your old bed just doesn't cut it anymore, visit David, Virginia and their team at South Wharf Homemakers Hub and be surprised at just how great a sleep you can get on a Forty Winks bed.







Pictures for illustrative purposes only. Savings are calculated against everyday ticketed prices. See instore for details.



MAIIF IN HFAVFN *

How compatible are you and your partner?

Check the astrological charts by emailing yours and your partners' birthdate and time to heaven@docklandsnews.com.au

Is this love or lust?

What do you bring to the relationship and what gifts does your partner bring to you?

This month we have chosen to feature a celebrity couple.

What brings them together? What magnetic force keeps them there?



Ashton Kutcher Demi Moore 07/02/1978 11/11/1962

Mars in Capricorn Venus in Aquarius Moon in Aquarius North Node

in Libra

Mars in Leo Venus in Scorpio Moon in Taurus North Node in Scorpio

Ashton Kutcher:

This relationship is definitely not as it seems to the outside world. Ashton Kutcher is very much the free spirit. He can be self-centred and freedom-loving with unfortunately no interest in the routine or traditional aspects of a relationship.

His Mars in Capricorn is probably the only saving grace for Demi in that he is driven to achieve status, prestige and wealth.

If I were to be judgmental I would suggest that dating Demi certainly gives him a smooth road to achieve his recognition. Mars in Capricorn also means that Ashton is very loyal and committed and so he is not about to give up on this relationship easily.

That still does not take away the fact that his Sun, Moon and Venus are all situated in Aquarius (the rebel planet) always talking about and attracted to the new, the different, the interesting!

Having said this though, Demi's south node is in Aquarius which is in opposition to many of Ashton Kutcher's planets. This very clearly denotes an intense past life connection. Ashton and Demi had (in the beginning at least) a very sexual relationship.

It may even have been the best that Ashton has had (or will ever have), but it may not be long lasting. South node connections usually mean there are lessons to be learned and can only be learned through intense, often uncomfortable relationships.

These are more often than not the "fated" kind. (Can't live with them, can't live without them type).

On the whole, Demi can be manipulative and controlling over Ashton, but it will take Ashton a long time and deep self analysis to work this out. Given his chart, it may take some time.

Demi Moore:

In a nutshell it appears on the surface that Demi's interest in this relationship is all centred on ego and the way Ashton looks. (More importantly, how he makes her look). Demi is empowered by the control she has over Ashton and even though he clearly doesn't satisfy her on many levels she is not about to let him go easily.

Demi chooses her partners with her head not her heart and she will act out whatever character is needed to play out her part.

Demi's multiple planets in earth and water mean she can be quite intense and passionate about life, love, her family and home. Ashton, on the other hand, is very independent, liberal and certainly not clingy. It is probably this very fact that has allowed him to have Demi's ex-husband as a constant part of their lives. He will never try to control his partner. In time Demi might see this as his not caring about her and jealousy and control issues will be the flavour of their lives going forward.

Demi demands to be centre stage and loves the "look" of the relationship. She craves the intensity of the control she has over Ashton both sexually and emotionally, even though he clearly does not satisfy her needs - particularly emotionally.

At a guess, I would say that Demi is still very much pre-occupied with her first family - Bruce Willis and the girls. She gets her emotional support from them and enjoys the glamour and attention she gets from Ashton.

If I were again to push the boundaries here, I would say that being with Ashton and flaunting it to Bruce Willis in the beginning was her ultimate revenge to an ex-husband who was clearly taken with younger, buxom women.

Demi does love Ashton very much and gives him a great deal in terms of support and assistance but it is not a "match" for what Ashton really needs or wants so he sees this as not being supportive.

In time, this will make Demi feel that no matter what she gives or does, it never feels enough. So her deep disappointment and frustration will lead to jealousy and control issues. This will then be the beginning of the end.

The special gift/lesson that the relationship brings Demi is:

A sense of power and renewal. A strength and grounding force to show her how to be loved without being controlled. If Demi is to learn her lessons right with Ashton she can enjoy a very successful and mutually beneficial relationship filled with money, honour, dignity and respect. Whether this happens or not is anyone's guess, but if it does, it is a great credit to both of them for learning to compromise self interest for the benefit of the team.

Featured terminology

For the purposes of today's chart interpretation we have looked at Mars, Venus, the Moon and north node. These planets certainly give us a broad understanding of the dynamics of any relationship.

To understand the very subtle elements of any relationship we need to have the birth times of each of the partners. These other elements can sometimes soften the harder aspects or accentuate them. The subtle forces can sometimes be the glue that holds the negative pieces together or allows each partner to quickly and painlessly learn their lessons and move on to a more nurturing loving relationship.



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Misplaced offense

Your correspondent in Issue 54 is certainly quick to express offense at alleged malice towards and lack of sensitivity to the large Indian population of the city.

The offense is entirely misplaced, however, as the term "Indian giver" refers to interactions between Europeans and native American "Indians", and it has nothing at all to do with Indians of the subcontinent or the Indian Government.

Etymologists disagree on the exact development of the phrase's usage, but it seems likely the term originated in the Europeans' misinterpretation of loaned property as gifted property.

That is exactly the sort of detail your story hinged upon and thus it is hard to ascribe malice, rather than succinctness and accuracy, to your usage of the term in the case of the parklands discussed.

Name withheld

Insurance needed

Now that Abby Sunderland has been saved from the Southern Ocean, but not saved from herself or her parents, I think Australia should make it law that anyone taking such a risky voyage in the future should carry insurance against the occurrence of a similar situation.

The insurance should cover the loss of the boat as well as the cost to the Government, authority or individual that saved the person.

What happened here is a 16-year-old girl, described as a "fine sailor" by her father, was put in mortal danger by being pushed out into the Southern Ocean in the middle of winter in an unsuitable yacht (Ocean Racing Open 40).

As sure as night follows day, something was going to fail and everyone should stop thanking god (as if that figment of their imagination exists or has anything to do with it) and start thanking Australia, France and the airmen and seamen who saved her from her fate!

Captain Jeff Gordon (ocean sailor for 50 years)





Welcome to our new members who have recently joined. Anybody else wishing to join is encouraged to contact Paige Jay on andypaige@optusnet.com.au who will be happy to assist.

Our DCA annual general meeting is to take place on Thursday, July 15 on the first floor of the Lend Lease building at 825 Bourke St. The meeting will be preceded at 7.30pm with a presentation by a Vivas Lend Lease director of the planned next phase of development at Victoria Harbour. I am sure this will spark interest and discussion. We appreciate the assistance of Lend Lease staff in providing the meeting space and the presentation. Story boards are scheduled for display in the ground floor foyer. Light refreshments will be provided after the meeting. We expect a sizeable attendance and look forward to your company.

The DCA has supported the complaints to VicUrban from residents against the proposed Serrata development on the vacant green lot in Bourke St opposite the NAB. With due respect to Lend Lease, we have always argued that the lot should be retained as public open space of which there is little left in Docklands.

Our long-awaited DCA website should finally be launched in about a week. It will have rotating scenes of Docklands in the banner and plenty of content. We encourage you to visit it at www. docklandscommunityassociation.com. Any comments are welcome. The content will be updated as required.

Council and VicUrban are getting moving with planning for infrastructure projects, which include the expanded Hub community centre redevelopment and library, community boating hub, landbased sporting and fitness facilities and a primary school. Actual construction is some time off.

I will be part of a small deputation of CoRBA members (combined resident groups) scheduled to meet with Planning Minister Justin Madden on July 13 to discuss planning issues including the need for community consultation.

I had a pleasant time at the Docklands News luncheon on June 18. It provides a great opportunity to catch up with local contacts on an informal basis.

If any member, or reader for that matter, has any suggestions they wish to put forward to the DCA in respect to activities or issues to take up on their behalf you are welcome to do so by contacting us on the email address above.

Good to talk with you again and we will continue to keep in touch

Sincerely Roger Gardner President DCA





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This pig is no muppet

You've heard of Babe – Pig in the City, now meet Miss Piggy of Docklands.

Miss Piggy is the latest attraction to hit Harbour Esplanade and though she may not be splashing in the mud, she is definitely making a splash with local residents and workers.

Owner Fester, who works at the Digital Harbour public carpark, purchased this little cutie the day before Mother's Day, when she was just four weeks old, as a gift for his partner.

Miss Piggy now joins Fester at work every Tuesday and brings a smile to everyone who comes across her.

"I bring her in so that she can brighten up everyone's day and put a smile on their face after a long hard drive to work. They think she is cute and take photos and talk about her at work and at home."

Fester said Miss Piggy was very cheeky and enjoyed a cuddle.



"Every morning she wakes up to have breakfast at 5am because she knows I get up at 5.30am. After she finishes eating I take her outside and when she comes back inside she jumps into bed with my partner."

Though she may be little and cute now, in 3.5 years time Miss Piggy will be a full-grown pig and will weigh approximately 115 kilos and be 120cm long and 50 cm tall.

So next time you're near the Digital Harbour carpark on a Tuesday, make sure you pop in and say hi to Fester and Miss Piggy.



From the Institute

The Docklands precinct is to be the subject of a brave initiative for the purpose of enhancing water saving, management and reticulation.

Each and every apartment building is to have installed systems of pipes to and from each water collection facility, leading to a distribution nucleus on the ground floor and, hence, eventually to the common vegetable garden composting rotating tanks.

The program will automatically centralise the confluence of waters from different sources – mains supply (white water), rainwater/roof runoff (orange water), irrigation runoff from balcony garden beds (green water), atmospheric water harvesting air conditioning condensation collection (blue water), and dew collection water from fog by large micro fibre-netting at window frames (purple water). Washing water will be collected and returned for use straight to the toilet by a siphoning tube from the bath (red water).

The individualised waters will be separated into their characteristic utility and applied to pipes to be sent to and from via tubing of varying calibre.

Accordingly, the apartments will have the capacity to choose waters for drinking and ice making, water for washing the person, water for washing vegetables, water for general cleaning and for the toilet. As an example, spilled or splashed drinking water or melting ice collected in a sink will be piped to the nucleus, where it is renitrogenised and filtered by reverse osmosis to be stored and returned for washing in the bathroom.

Further, one quarter of each balcony is to be devoted to a worm farm for table scrap decomposition – the green water to be delivered to the vegetable garden each month.

For one year, residents will be assisted to get used to the new water system. After all, confusion amongst the faucets may lead to discomfort. It has been resolved that the piping will be differentiated by the use of bold and bright coloured polyethylene tubes. Because the piping regime will be fitted to the external surface of the buildings, it is desired that the visual impact should be ameliorated by artistic influence, and, rather than resorting to camouflage, the fittings will emphasise and celebrate their functional features, much as the Pompidou Centre in Paris.

The outside of the buildings are expected to look resplendent and will appear to writhe in multi-coloured piping as it climbs and branches to and from each balcony like the tendrils of a giant Mondrian-inspired jungle creeper.



Rodney and Yvonne Manser enjoyed their wedding day on Sunday, April 18 aboard "Lady Lindeman" in Docklands.

In a letter of thanks to Rivers management, Wayne said:

"We have received many a compliment on the day's events. In fact we have had some say it was the best wedding that they had been too."





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WHAT'S ON AT WATERFRONT CITY IN JULY

This July you can experience all that the Fire, Ice and Light Festival has to offer. With stunning fireworks every Friday in July and daily classic movies playing in the moonlight.

Slow Sundays are back so grab a hearty winter treat and be sure to check out Harbour Town Shopping Centre which is illuminated with hundreds of beautiful hand crafted lanterns.



Friday Fireworks

Whether you are catching up for afterwork drinks, a meal, or doing some shopping with the family. Docklands is the place to be this July. Find your best vantage point and watch winter fireworks above. Victoria Harbor every Friday in July at 7pm. Programmed to music, the displays will best be enjoyed from Waterfront City and NewQuay, but will also be clearly visible anywhere within Docklands.

Date: Every Friday in July

Time: 7pm

Venue: Waterfront City Piazza

Cost: FREE



Docklands Classic Film Festival

Rug up and bring your family and friends down to Waterfront City Piazza. Grab a meal, hot chocolate, popcorn or pizza and enjoy classic movies under the stars. Bring along a blanket and picnic or director's chairs are available – perfect if you are coming straight from work.

Date: June 4th – July 25th

Time: 7pm every day, 2pm Saturday Matinee

Venue: Waterfront City Piazza

Cost: FREE



Lantern Installation

This winter NewQuay and Waterfront City will be awash with super saturated colour. Winter patterns will dance along the boardwalk, and programmed Cyberlights are set to transform the Piazza nightly.

Date: June 14th – August 9th

Venue: Harbour Town Shopping Centre

Cost: FREE



Icehouse Winter Wonderland

If you're stuck for ideas on how to entertain the kids in the school holidays, the Icehouse has the perfect solution. With plenty of special events plus extra General Skating sessions throughout the fortnight - Icehouse is guaranteed to be a blast!

Visit the Icehouse's 'Winter Wonderland' event these school holidays, for a fun and glittering winter-themed spectacular. Experience the wonder of beautiful soft snow falling on the ice as you skate on our transformed ice rinks. With loads of great activities and entertainment planned for kids of all ages, the Icehouse is your **real** ice skating destination this winter!

Date: Winter School Holidays

Venue: Icehouse, 105 Pearl River Rd, Docklands

Time: see icehouse.com.au for details



Slow Sundays

Let the afternoon drift away at Docklands with a meal and drink for just \$15.

Slow Sundays have returned to various venues across Docklands including Waterfront City this winter. From June 20th to August 29th every Sunday from 2pm to 6pm, enjoy a delicious lunch matched with a glass of wine or beer for just \$15.

Slow Sundays provide the perfect opportunity to discover new eateries at Waterfront City, or just catch up with friends over a lazy Sunday afternoon. Visit one place and stay all afternoon, or make a meal of it and try out a few. The best part about it is that it won't break the bank!

Date: June 20th – August 29th

Time: 2pm – 6pm Venue: Waterfront City



Businesses in Docklands

DOCKLANDS-BASED BUSINESSES WISHING TO BE PROFILED IN THIS SECTION SHOULD EMAIL: ADVERTISING@DOCKLANDSNEWS.COM.AU

CHARMING MEDITERRANEAN FUSION



Opening up Messini just six weeks ago, the charming Jimmy and Jacque Roussos are already making their mark on Docklands.

Located on the beautiful waterfront of the north-facing Victoria Harbour, Messini, with its tantalising modern-Mediterranean food, delicious lip-licking coffee and scrumptious cakes is already attracting many regulars.

Jimmy, who is Greek, and his wife Jacque, who is Lebanese, both have a passion for food that is akin to the enthusiasm of their motherlands, which shows not only in their food but in the smiling faces of their customers.

"Growing up in a Greek family food is the basis. It is what you socialise around. I tell all my staff that if you and I wouldn't eat or drink it then it doesn't get served," Mr Roussos said.

The delightful couple, which have now owned four businesses in the past three years and currently own two, know what it takes to run a successful business.

"For some people they may only get 10 minutes to go out and grab a coffee, so you have got to make that 10 minutes the nicest 10 minutes of the day and have a chat, be friendly and serve them the best coffee possible," Mr Roussos said.

Mr Roussos, who loves working in Docklands, said he finds everyone so nice, including his neighbouring eateries along Victoria Harbour.

"Were all friends, we all eat at each others places. They come here and we go there and if they run out of something they know they can come here and just get whatever they need," he said.

Mr Roussos said he loved his new premises and was looking forward to the beautiful spring days.

"When I saw this location I fell in love with this joint - the area, the position and what I can visualise for the future," he said.

With warm colours of red, maroon and gold, complemented by comfy cream booth seating, Messini provides the perfect winter retreat. So next time you're in Victoria Harbour drop into Messini for a coffee, cake or meal and enjoy the delectable food and Mediterranean hospitality.

THE GYM WITH ICE



For many people gym workouts mean hard work, little result and not much fun. But at the Icehouse Melina Simjanovic and her team will show you how you can have fun, get results and even have a skate in the process.

Ms Simjanovic, a former figure skater from Brisbane, ventured down to the cold south five weeks ago to take up the position of sports and fitness manager at the new gym.

"I see the position as a good opportunity to create and nurture a sports gym, but also combine my figure skating background with my degree in human movement studies," Ms Simjanovic said.

Located on the upper level of the Icehouse the intimate gym specialises in catering to small groups - making it even more appealing to those who don't want to get caught in the crowd.

"The room can only cater to 10-15 people which makes it a nice environment to be in rather than being overwhelming. It also means that each group is like its own small personal training session," she said.

With classes structured to cater to the personal needs of each client and give personal attention, Ms Simjanovic believes people will be more willing and able to prioritise their time for fitness.

"I think if it is fun, easy and enjoyable and if they are exercising with the same group each time they will be more motivated."

One class that is sure to be fun, as well as set them apart from other gyms, will be a class that combines the gym with the ice skating rink.

"Half the class will be spent in the gym doing cardio or aerobic and then the other half will be on the ice," Ms Simjanovic said.

Also setting itself apart from other fitness centres the Icehouse gym will have sports medicine practitioners and a nutritionist onsite.

"It will be a health and lifestyle pack, virtually a one-stop-shop," she said.

The Icehouse gym will also soon be offering pilates, yoga, core stability and balance classes, boot camp classes and dance classes in a large ballet room which is set up down the corridor from the gym.

The gym, which opened three weeks ago, is currently offering general admission to the ice rink before all its classes start.

For more information on the new gym visit www.icehouse.com.au

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THREE MEN AND A DOCKLANDS RESTAURANT

After working in the hospitality business for the passed 30 years, in both India and Australia, the Koli brothers have now set their sights on Docklands.

With four restaurants already located around Victoria the three brothers are set to open their latest venture in Docklands' NewQuay at the end of this month.

Having owned more than 10 businesses since moving to Australia from New Delhi 20 years ago, all of which are still successfully operating, the Koli brothers know what to look for when starting a new business.

"We looked at Docklands and thought it is huge, but it doesn't have many places that serve Indian cuisine or fine dining Indian cuisine, which makes it an excellent market," Gopal Koli said.

Having search Docklands for a premises for seven months, the Koli brothers are very happy with their location.

"The waterfront is the place were tourists, residents, workers and visitors come of a night and it also gets a lot of people who are gong to Etihad for events. It is the place to be seen."

Growing up with a father in hospitality, the brothers have learned to provide the best service and food.

"We want to give locals personalised service. We have a great range of authentic Indian cuisine at reasonable prices and we have good selection of wines and beers with a lot of imported original Indian spirits," Gopal

The Kolis are looking forward to opening their business and repeating the success of their Geelong restaurant, which has been recommended by The Age's Epicure section.

"I think Docklands has a big future. It may take a few years but, with new businesses moving here from the city and with new residents, it will be great," Mr Koli said.

For more information on this new fully-licensed Docklands gem with its authentic spiced infused temptations visit www.shiraaz.com.au



THE PINNACLE OF GOOD HEALTH

Are you suffering from a sports injury? Perhaps you have some back and neck pain or a posturer problem?

If this is the case then Peter Dolan, his wife Jenny Wood and their team at Pinnacle could be the answer to all your problems.

Opening in February this year, Pinnacle is a physiotherapy and allied health group located in the YMCA health club on the stadium concourse.

Specialising in physiotherapy, clinical pilates and massage therapy, Peter, Jenny and their team are enthusiastic about helping people overcome their injuries and pain.

"Our physios and massage therapist work hand-in-hand to help people and massage therapy is also really good for preventing injuries," Mr Dolan said.

Mr Dolan, who with his wife owns three

clinics across Melbourne, said he had owned clinics for the past eight years, since graduation, because he was passionate about physiotherapy and liked being able to have the ability to control his work.

"I think most people get into physio because they want to help people," Mr Dolan said.

Not only has physiotherapy fulfilled Mr Dolan's passion to help people, but it has also dealt him the sweetest fate ... his wife Jenny.

Peter and Jenny meet while studying at university and have shared their passion ever since.

"We meet at uni and then moved to Queensland were we set up a business and worked there for a while before coming back to Melbourne a few years ago," Mr Dolan said.

Mr Dolan said Pinnacle also worked onsite with corporate companies providing consulting work, onsite physio and massage therapy.

For more information on Pinnacle visit www.pinnaclehealthgroup.com.au or call 9600 3590.



Tom Bosna, one of Peter and Jenny's fantastic staff members.



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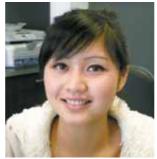


\$5 Wine and Local Beer \$15 Meals



Engineer with Ericsson

Kaz believes Docklands still needs more "buzz" and vibrancy. He likes the relaxed feel of the area but wouldn't come here outside work hours as he believes there's too little to do.



AN NGUYEN, 19 Receptionist - Tax Aid

An believes Docklands is a nice area to work in. She likes that it is close to the CBD and offers good shopping and she enjoys sitting by the harbour in the sun during her lunch break.



RICKY SINGH, 24

Ricky a well-known staff member of the café Ten Ten likes just about everything Docklands has to offer. "I like the view. I think it's a good place to eat. The harbour is nice and it's good to hangout with friends or drink.



The Victorian Dragon Boat Racing Association, which is based in Docklands' Shed 2, sent 47 paddlers off to Southern China last month to compete against other nations in the popular ancient Chinese sport.

The mixed team, which trains on Victoria Harbour, travelled to four different cities to compete and were hosted as guests of the Peoples Republic of China.

Prior to leaving for the tour, regional and corporate events director for Dragon Boats Victoria, Jonathan Mayne, describe the trip as a fantastic opportunity.

Mr Mayne said he was not sure how the team would fare but they were all very excited.

"They will have a great time and return filled with experience and enthusiasm after a fantastic learning opportunity," he said.

Mr Mayne said the team would also issue invitations to other nations and would look forward to teams from China visiting them at Docklands.

Team manager, Shirley Boucher and her husband Paul, the team's coach, led the team along with former Melbourne lord mayor, Trevor Huggard.

The team's last event was in Canton and Mr Mayne said he expected a major crowd with 1.3 million paying spectators attending last year's event.

If you're interested in dragon boat racing www.dragonboatsvictoria.com.au

or just want to know more visit:



ELIZABETH KELLY Secretary at Private Collection

Elizabeth, who works with her parents at the Docklands Private Collection thinks Docklands is great. " I like the restaurants in Docklands. It's a nice place to work and is home to friendly people."



Owner of Video Cowboys

Tim, the owner of Video Cowboys is very optimistic about Docklands stating that, "Docklands is the future." Tim is a proud member of the Docklands community, which he loves. "It's exciting to be part of something that's growing and new."



NATALIE DEMPSEY Beauty/Skin care therapist at Oxygen

Natalie, a bubbly beauty and skin therapist at Oxygen, thinks that Docklands is innovative and evolving. "Docklands has many good opportunities to grow businesses." She also said that Docklands "has good people."



July (Jul 8 - Aug 7) Month of the Goat



Monthly Element: Water

Polarity: Yin

Favourable Colours: Azure, sky-blue, charcoal.

Tip of the Month: July brings an air of tranquillity and its still Yin energy may put you in a slightly sentimental frame of mind. You will find yourself becoming more drawn to nature as a source of peace and inspiration. Also, your curiosity may lead you to explore mysticism and spirituality and your interest in astrology, new age philosophies and other esoteric fields is likely to rise. This month is very favourable for romantic pursuits, which can lead you to seek connections with the people from

your past, start searching for a true love, or wanting to re-ignite the spark in existing relationship. Whatever this may be, do not be afraid to take the first step - you will be surprised where it can lead you!

Feng Shui: To find love and happiness in your life, it is very important to pay extra attention to the design of your bed. Always make sure that your bed has a solid bedhead behind it, as it will help to protect and nurture your relationships. The shape and the colour of your bedhead are just as important. Oval and semicircular shapes and the metal element promote healthy, harmonious relationships and financial stability. While red coloured bedheads of triangular shapes, representing the fire element, will spark the passion in your life, but are not ideal for rest and relaxation. On the contrary, curved, blue or black coloured bedheads are great for improving your sleep, but the water element can quickly "cool off" the feelings between partners.

For a stable and loyal relationship, opt for rectangular shapes and earthy colours. Tall bedheads, made out of wood or green in colour will add a romantic note to your life and are perfect for newlyweds or young couples.

Forecast by Elena Mishina www.fengshui-star.com



DOCKLANDS' **BEST COFFF**

With 138 votes cast in our online survey, a clearer picture is emerging about where to find the best coffee in Docklands.

The five top spots are: Espresso Alto (Stadium Concourse); illy caffe (ANZ Centre); Mad Duck Café (Yarra's Edge); Le Cirque (Harbour Town); and Embankment Café (Victoria Harbour). Newcomer, Coffee Gauge has a perfect score, but with only one vote cast, it is not statistically relevant.

The survey remains open and we will each month publish the top five rankings. To vote for Docklands' best coffee, go to www.docklandsnews.com.au/coffee.

To view the results, go to http://tinyurl.com/2d6vktj

DOCKLANDS COMMUNITY CALENDAR



FOR CAR ENTHUSIASTS

Every Tues 10am to 2pm Feb to Nov

The Fox Classic Car Collection, Queen's Warehouse cnr Batman's Hill Drive and Collins St, Docklands.

Visit one of the best car collections in the southern hemisphere. Door entries support charity.

Visit: www.foxcollection.org.au

KINDER BALLET

Every Saturday

The Hub, 80 Harbour Esplanade 9am - 9.45am - 3 to 5-year-olds.

10am - 10.30am - 2-year-olds. Cost \$10.00

1300 606 949 or

Cost \$13.00

info@kinderballet.com.au

SCHOOL HOLIDAYS

June 28 - July 9

The Hub, 80 Harbour Esplanade Cost is \$45.00 a day with CCB reductions available. Docklands School Holiday program is packed with exciting activities

and fun filled excursions for children aged 5 to 12 years of age. Information about the program please call 9320 4700.

DRAGON MASTERS DRAGON BOAT CLUB

Dragon Masters train at 8am on Saturdays and 5.30pm on Wednesdays

Shed 2, North Wharf Road, Victoria Harbour.

You may have seen us cruising the harbour enjoying the sunsets over the bridge. Open to all ages. Beginners welcome. For details ontact Jeff 0417 219 888.

FREE LIVE ENTERTAINMENT

2pm to 5pm Sundays, June 20 to Aug 29 Waterfront City Piazza stage

This winter City of Melbourne is helping to jazz up your Slow Sundays with a free program of live entertainment on the Waterfront City piazza stage. Visit between 2pm and 6pm this winter.



KEEP WARM THIS WINTER WITH YOGA!

Class times: Tuesday 7.15 - 8.45pm, Wednesday 12 - 12.50pm, Thursday 7.15 - 8.15pm, Friday 12.30 - 1.20pm

Classes cost \$20 drop-in or \$165 for a 10-class pass. Please call or email Nadine for more information 0404 025 041

nadine@nadinefawell.net

SLOW SUNDAYS

Every Sunday from June 20 to August 29 between 2pm and 6pm

Indulge in some great dining offers this winter including tasting plate or small meal, plus a glass of wine or beer for just \$15. Visit a participating restaurant between 2pm and 6pm this winter and see how slow you can go.

DOCKLANDS ROTARY

Every Tuesday, 6.00pm

James Squires, Waterfront City

First Tuesday of the month is fellowship hour. Regular meetings on other Tuesdays. All welcome. RSVP to Susan Rogan by noon on meeting day for catering purposes: 0415 119 558.

BRAZILIAN JIU JITSU

Every Tues and Thurs, 5.15pm-7.15pm The Hub

Cost: First session free - come and try! BJJ is a style popularised by media such as the UFC and is proven as an extremely effective form of martial arts. For details please see our website at www.DocklandsBJJ.com.au.

LEARN TO KNIT!

Every Monday 12pm - 1pm

Cost: \$99 for the 6 week course. Catering to beginners, right through to those looking to advance their skills. We have several kits to choose from.

Email Catherine@officeantics.com.au or phone **0412 131 583** to register your interest.

CHECK YOUR HEARING

Every 2nd Thursday of every month

The Hub, 80 Harbour Esplanade Free adult hearing checks at The Hub every second Thursday of the month. For more information contact The Hub on 8622 4822. Appointments are necessary.

COMMUNITY GARDEN

Saturday, July 2pm

Urban Reforestation Shop, Merchant St

Come along and join a new committee to oversee the greening of urban spaces in Docklands. In particular, contribute to Docklands' community garden. For further information, contact Emily on **0403 937 195.**

ALEXANDER TECHNIQUE

Every Monday, 6pm-7.30pm starting June 21 and ending July 26

Cost: \$220 (incl 6 classes and a oneon-one extension meeting). You will be taught how to move more naturally, think more clearly, learn more quickly and feel confident and comfortable as a result. Bookings essential 0432 902 185.

WINTER LIGHTING

July 1 - August 29

This winter NewQuay and Waterfront City will be awash with super saturated colour. Winter patterns will dance along the boardwalk, and programmed Cyberlights are set to transform the Piazza.

GRUPPO IT PRESENTS ITALIAN CLASSES

Beginners and intermediate classes starting June 24

The Hub

Beginners 10-11am \$300 for 10 classes. Intermediate 11-12noon \$325 for 10 classes. Come and learn Italian language. Bookings essential call **0409 622 476** or ma.esperanza.76@hotmail.com

DOCKLANDS SUNDAY MARKET

Every Sunday, 10am to 4pm

Waterfront City Docklands Drive Discover treasures from the hoards of

some of Melbourne's finest antique and pre-loved specialists, including art, jewellery, retro clothing, vintage books and car boot sales.

TRY SAILING DAY FOR THE COMMUNITY

Second and fourth Sundays of the month, 11am to 3.30pm

Docklands Yacht Club, Shed No. 2 North Wharf Rd

Suitable for all ages and abilities and no booking required. Contact Sonya **0400 932 477** or visit www.docklands.yachting.org.au

HUB CLUBS

Lunch time activities

The Hub @ Docklands hosts a range of clubs for city workers. Including: table tennis (Mondays); mind games (Tuesdays); power walking (Wednesdays); craft (Thursdays); and language conversation (Fridays). For details 8622 4822 or email docklandshub@melbourne.vic.gov.au

STORYTIME

Every Monday at 11am

The Hub, 80 Harbour Esplanade, Docklands Storytime is a special time for children (aged 2-5 years) and their care-givers to share time together enjoying stories, songs, rhymes and simple craft.

LINUX USERS OF VICTORIA

Every 3rd Saturday of the month Cinema Room, The Hub, 80 Harbour Esp.

Newcomers to Free and Open Source Software (FOSS) are invited to develop their skills and knowledge at an informal hands-on workshop. Must bring your own computer. See www.luv.asn.au. Call Donna on **0418 310 414**.

FIREWORKS

7pm every Friday in July

Victoria Harbour (between central Pier and Waterfront City)

Docklands is the place to be on Friday nights this July. Find your best vantage point and catch the spectacular fireworks shows over Victoria Harbour.



COMMUNITY WALK

No bookings required.

Every Wed at 5.30pm and Fri 12.30pm

YMCA Docklands,

Level 4, 100 Harbour Esplanade

In conjunction with the Heart Foundation, walk and talk.

THE RELIGIOUS SOCIETY OF FRIENDS (QUAKERS)

Every Sunday

10.30am-11.30am

The Hub, 80 Harbour Esplanade, Docklands

Meet for worship and enjoy a tea or coffee afterwards.

DOCKLANDS INTERNATIONAL STUDENTS COMMUNITY (DISC)

Every Friday, 5pm, 6.30pm

The Hub, 80 Harbour Esplanade, Docklands

Ever Friday international students from Docklands and Melbourne CBD can meet up, share food, enjoy English conversation and study the bible. For more details phone Kitty Cheng on 0411 838 966.

MUMS WITH PRAMS

A new walking group for 'Mums and Prams' has recently formed. Walks are held each Wednesday morning leaving the hub at 9.30am and are followed by coffee after. If you would like to get fit and meet other mums at the same time, contact the Hub @ Docklands on 8622 4822 to put register your spot in this group.

MEDITATION @ THE HUB

Starting Friday 16th July

Time 12:30 - 1:15

For five weeks \$50.

Meditation can help you to calm the mind, bring clarity to your thoughts, help to relax and renew your energy. Contact Leanne 0417 000 755

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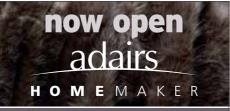
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This newspaper directory is for ALL businesses - both within Docklands and beyond. Business card ads cost \$100+GST. Two-line classified entries are free for new Docklands-based businesses for the first three months and \$100+GST after that to remain in the directory for a year.

Our publication Docklands Directory 2010 is out now and list all Docklands businesses free of charge. Send an email to news@docklandsnews.com.au to have your Docklands businesses listed for 2011.

Our online business directory is updated throughout the year and will form the content of next year's printed Docklands Directory. Send an email to advertising@docklandsnews.com.au to have your Docklands business online

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DOCKLANDS SPORTS PAGE

Icehouse to be in world spotlight

Docklands newest attraction, the Icehouse, will next year host its first international event with Melbourne winning the bid to host an international ice hockey championship.

Competing against Serbia, Ice Hockey Australia won the bid for the Ice Hockey Federation's second division championships, which will be held from April 3-10.

The Icehouse's advanced sales co-ordinator, Matt Kennedy, said the facility was really excited about hosting the event.

"Securing this event is another example of how the Icehouse has tapped into the exponential growth this sport has enjoyed in recent months," Mr Kennedy said.

Ice Hockey Victoria president Andy McDowell said it was a very exciting time for the sport in Victoria and that they were ready and welcomed the event.

"We are absolutely thrilled this event is in Melbourne and we are confident that, especially when Australia plays, we will be swinging from the rafters," Mr McDowell said.

Mr Kennedy said the Icehouse, which can seat 1000 and accommodate a further 500 standing, had been experiencing sell-out crowds at the Melbourne Ice games, showing that Melburnians were getting behind the game.

"A number of the games have been sellouts, reaching 1000 plus spectators. This is a five-fold increase from previous years when games were held at Oakleigh and averaged

roughly 200 spectators each game," Mr Kennedy said.

Ice Hockey Victoria committee member Brent James said it was likely that Melbourne Ice players would represent Australia in the championships.

"In view of Melbourne Ice's strong showing in the Australian Ice Hockey League, currently sitting atop the ladder, the prospects of Victoria having a strong player representation in the national team looks good."

Australia will compete against Serbia, Belgium, New Zealand, Mexico and Korea and is currently rank second behind Serbia, but Mr James believes Australia can win the gold.

"Australia should do well and, with home rink advantage, could repeat its efforts of 2008 when we won gold when the championships were held at Newcastle, NSW," he said.

Mr James also expects tourist numbers to increase during the championships.

The division II championships were played in Mexico last year and next year's championships will be the first time Victoria has hosted the world championships.

For more information please visit www.iha.com.au and www.ihv.com.au



Kelly practises tossing a coin ... in training for the big day at the MCG on July 10.

Peter gives a toss

It is well known that people act strangely when it comes to footy.

But Peter Kelly has gone over the top this time!

He's spent a small fortune for the privilege of tossing the coin to the start the Cats versus Hawks game at the MCG on July 10.

Peter bid for the "very expensive" package at a Geelong fundraising dinner on June 26.

But he is adamant that getting his business's message on the back of the team "run through" banner as well as super screen advertising in front of 70,000 fans is great value.

The package also includes the opportunity to meet both captains, view the warm up and nominate a mascot to run out with the team.

Sorry Peter, it says here that the mascot has to be aged between 6 and 14. I guess you could try shaving off the moustache!

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