The voice of Docklands | 道克蘭之音

# DOCKLANDS A NEWS

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# More spark in Firelight this year

The Firelight festival returns to Docklands at the end of this month bigger and better than ever.

Now in its third year, the festival celebrates the winter solstice by bringing Melburnians to Docklands on June 28, 29 and 30 between 5pm and 10pm for fire, light and warmth.

All the favourites are back this year – the Firelight "gates", the numerous crowdwarming cauldrons, flame jets, fire sculptures and water-based fireworks.

But, undoubtedly, the highlight this year will be the introduction of magnificent water-jet and laser shows from the "white pylons" in Victoria Harbour adjacent to Harbour Esplanade.

The five-minute shows every hour are being produced by renowned, Sydney-based laser, light and liquid special effects firm Oracle-Liquid. The firm is known and respected world-wide for creating many world firsts in revolutionary innovations such as the largest outdoor falling water screen and winning the international first place award for delivering the world's most innovative application of laser projection.

The Docklands Chamber of Commerce has been campaigning for a permanent attraction of this kind for many years now and will be keenly observing the reaction to the displays.

In its regular update in the edition of Docklands News, the chamber says: "The Docklands Chamber has been pushing for this type of activation for years as a way to build momentum behind a permanent feature in our harbour, so let's hope it creates the same excitement."

Chamber president Johanna Maxwell told *Docklands News*: "Firelight is now into its third year and based on the growth from year one to year two with 52,000 people attending over the three days last year, we expect the numbers to continue to grow and showcase Docklands."

"2019 continues to grow in entertainment and activation with fire, light and sound being the focus. Our Docklands business community will be providing food and beverage offerings outside and are focused on warmth and tasty treats."

"Stretching around the harbour – NewQuay Promenade, Harbour Esplanade and Victoria Harbour Promenade – provides a huge area for different viewing of the laser shows and fireworks. Victoria Harbour will be surrounded by fire, light and warmth."

"The Docklands Chamber of Commerce is a funding partner in this event and is very proud to be involved in delivering this event to the Docklands community."

Two sets of fire sculptures, representing sky and earth, will be placed on NewQuay Promenade and Victoria Harbour Promenade.

And the entertainers will be back, with three live stages, roving music performers and fire performers as well as warming and exciting food choices.

A five-minute fireworks show, accompanied by music, will be held each night – probably between 8.30pm and 8.45pm.



## **Brightening up sick kids**

Melbourne Star Observation Wheel was pleased to host the Starlight Children's Foundation Extravaganza event on Saturday, May 4.

With the aim of brightening the lives of seriously ill children, the Starlight Extravaganza events are an impressive family day out and run annually.

The VIP event at Melbourne Star was a members' day out where children, teenagers and their families were given access to complimentary activities around The District Docklands, including a flight and morning tea at Melbourne Star. Activities included Archie Brothers, Glow Golf, Artvo, ice skating and Kelly Sports.

To keep up to date, visit www.starlight.org. au or www.melbournestar.com



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# DOCKLANDS A NEWS Alma is "framed out"

"Alma Doepel" restoration enthusiasts gathered to celebrate a significant milestone on May 2.

The small crowd heard some well-chosen words from those involved before witnessing shipwrights install the final piece of the 116-year-old vessel's new frame.

Speaking at the "framing out" ceremony, Sail and Adventure restoration director Peter Harris said the final rib was the culmination of a four-year replacement program.

"Now we can start the planking and caulking stage," he said. "In just a year we hope to have the hull back in the water, and in just two years, the ship fitted out and re-rigged."

The three-masted topsail schooner has been under restoration for eight years now here in Docklands at Shed 2 on North Wharf Rd.

Mr Harris dryly remarked about the timeconsuming nature of such projects.

"Sometimes people ask my advice. They say, 'Peter, I've got this idea about building a wooden boat.' I say: 'Go home, have a lie down, and hope the feeling passes. 'If you come back in a year and the feeling is still there and you have a business plan in your hand, then let's have a chat."

"Because it's all very well to dream about maritime heritage, building ships and all of those sort of things, but if you don't have a business plan, it isn't going to work," he said.

Right: Speeches at Alma's framing out ceremony.







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# What if Melbourne was underwater?

By Meg Hill

A Melbourne Knowledge Week (MKW) event posed the question "What if Melbourne was underwater?" To which the answer was given: it was, it is and it will be.

It wasn't what everyone was expecting. Although the discussion was around the impact of climate change, it was mostly about rivers and floodwater.

One audience member spoke in the discussion to point this out: "The obvious thing for me are rising sea levels".

Which is definitely one aspect of it. According to the Climate Risk website, if ocean levels were to rise at current predictions, most of Docklands would be underwater by the end of the century.

But it's not entirely a different issue. Most of the increasingly volatile weather that causes overland floods is because of the same changes in climate that cause sea levels to

There were three panellists, including David Sornig, the author of *Blue Lake: Finding Dudley Flats and the West Melbourne Swamp* and general expert on the history of the Docklands area.

MKW's 2019 theme: "So, what if ...", posed hypothetical questions about the city and its future, but answers broke down a presupposed binary between past and future.

"My take on it is to think about how Melbourne was underwater, and Melbourne was a watery place before it was called Melbourne," Mr Sornig said.

"If we look back to just before the colonial period, if you went up and stood on what became known as Batman's Hill and looked towards what is now Docklands, what you'd



A little bit of our part of Melbourne was underwater on May 10. And ... no, the Deliveroo delivery didn't get through. It was a very soggy delivery to say the least!

see would be a place of water."

So although Docklands today has an artificially-created Victoria Harbour and a man-altered course of the Yarra, it was already naturally one of the region's water centres.

Karen White, another panellist, is a "water professional" who combines science and policy.

"My premise is that Melbourne does go underwater on different occasions," she said.

"Melbourne can flood three different ways, one is flooding from rivers. It can also flood because of tidal influx into the river and rising sea levels, and it can also flood from overland flow."

The last part refers to floods caused by intense rainfall over a short period of time. A decent event of this size happened in December last year when we had over 30cm of rain in less than 15 minutes.

Punt Rd was underwater, Swan St, Port Melbourne, East Melbourne, and definitely parts of Wurundjeri Way.

Karen said Melbourne Water statistics found that there were currently 30,000 properties in Melbourne at risk of flooding, and that only 50 per cent of people who lived in a flood risk area knew that they did.

The third panellist, Dr Erin O'Donnell, is a member of the Birrarung Council – the voice of the Yarra.

She's done research into the new field of legal rights for rivers, and said one of the interesting things in Melbourne is how our relationship with the Yarra has changed.

"We used to be embarrassed of our rivers, but now we embrace them," she said.

"In the context of this conversation around climate change there's a tendency to frame this as apocalyptic, but it's a future we already have."

"But it's also a future we have to understand in the context of the past we have been living with, and that the Aboriginal people have been living with for tens of thousands of years."



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# Plans for vacant site set for release

**By David Schout** 

A master plan for the remaining undeveloped land at The District Docklands will be released in June.

Owners Ashe Morgan will host a community consultation session on June 6 to detail plans for the mixed-use area bound by Footscray Rd, Waterfront Way and Little Docklands Drive

Currently, the only building on the site is The District's multi-level eastern car park, the ground floor and mezzanine of which are in the final stages of redevelopment into "Market Lane" – a space that will include a fresh food market, Woolworths and Dan Murphy's.

The June 6 meeting will detail plans for the vacant land to the east of the car park.

"Ashe Morgan is proud to introduce its vision for the precinct and welcomes all residents, business owners and stakeholders to view the proposed plans and provide feedback," the consultation's flyer read.

While details of the master plan could not be released before the meeting, Louda Property (Ashe Morgan's local development managers) directors told *Docklands News* the mixed-use site would include entertainment, employment and residential elements.

"The idea with the community consultation is that, because the site is mixed-use, and



because of the scale of the site, we want to gauge what people would like to see, and their vision for it," director Corrie Warburton said.

The previous development plan for the site was approved by the state government back in 2003.

"A lot has changed since then," Louda co-

director Brad Hennessy said.

Mr Hennessy said the company had been in regular contact with residents and retail operators in the area, and the community forum was about bringing together the ideas set to go before local and state government.

He said the site was also about "addressing the daily needs of residents", something the new Market Lane would do from its opening in October.

In March, The District CEO George Karabatsos touched on the importance of community engagement in an interview with Docklands News.

"Unless you're in tune with how the community around you is growing and changing, what their needs are and the amenities they need, then you kind of miss the boat," he said.

The future of the Waterfront City East site is significant for a number of reasons, but perhaps chiefly as it will sit across from the new Docklands Primary School, set to open in 2021.

Proposed to help meet demand of a growing inner-Melbourne population, the school (a name for which will be determined at a later date) will cater for up to 525 students, and will include a library and indoor gym, as well as art and music areas.

The new masterplan will be one of the final pieces of the puzzle in The District's \$250 million revitalisation.

The plan is due to be lodged with the Department of Environment, Land, Water and Planning in late June.



# What Docklands means to me

**By Shane Scanlan** 

In 2005, "Docklands Community News" was one of many publications my company designed and printed for associations, municipalities and other clients.

It was a fee-for-service arrangement we undertook for VicUrban (now Development Victoria) from our CBD office.

We didn't even read it and had little interest in Docklands beyond attempting to extract advertising dollars to support the publishing.

But then two things happened:

Personal crisis in the form of family breakdown and divorce; and

The newspaper passing from VicUrban to the City of Melbourne in 2007.

My private life unravelled rapidly at this time. I was out of the family home, estranged from the kids, losing staff and contracts. It was the most difficult period of my life.

In 2007, the state government invited the City of Melbourne back into Docklands in a limited role. Part of that role was to continue to produce the paper. And my firm was invited to again tender for the design and production task.

The council, however, never intended to continue it and sent a "Dear Shane" letter announcing its discontinuance after two

It had been 20 years since I was last a newspaper reporter, having left the *Sun News-Pictorial* in 1986. But, clearly, the journalism bug was still there and I asked the council and VicUrban if I could have the newspaper. They said yes and the rest (as they say) is history.

I was in desperate need of a fresh start and where better to start than Docklands?

Docklands was perfect because, it too, was just starting out. There were no hierarchies. No establishment. And, with a little newspaper of my own, no one to answer to!

Docklands was fresh, pioneering and optimistic. The dreams of many collapsed in the wake of the Global Financial Crisis.

After 12 years at the helm, *Docklands News* owner and editor Shane Scanlan is retiring. Here he reflects on that time.

But until then, the graph was heading north and there was a real buzz about getting into something new at the ground level and building something.

The past 12 years have given me immense joy and satisfaction growing the 8-page, glossy, magazine-style *Docklands Community News* into today's *Docklands News*. Back then, 5000 copies were printed and distributed every two months. Our monthly circulation is now 15,000 and I started similar papers firstly in Southbank and more recently in the CRD.

With a combined circulation of just under 50,000, the three mastheads are read by half the City of Melbourne's residents and probably 80 per cent of its business population.

Jokingly calling myself Melbourne's Mini-Media-Mogul, informing and advocating on behalf of these new and emerging communities has been the perfect therapy for the broken man of 2005.

It's been a journey of personal growth. The fact that it has also worked as a business is almost a secondary benefit.

Living at Victoria Point for five years and immersing myself into all aspects of the community was just the tonic required to get the whole thing cracking. A shorter stint living in the CBD was less successful but, had love not drawn me away to Geelong, I'd still be a Docklander. It's the best place to live. Who needs a TV when you can look out over Melbourne and see it all happening before

Hot air balloons passing in the morning at window level. Above the clouds in bright sunshine on winter's days. Sunsets. Sunrise. Storms. Walking to work. Being 222 steps to a seat behind the goals at Marvel Stadium (is it still free to get in after three-quarter time?)

The papers are modelled on the still-successful publications you find in country towns. They are only and unashamedly about the single postcodes they circulate in. And, so long as people care about what happens in their neighbourhoods, they will continue to thrive.

The papers also need lots of energy and



passion to work. And the new owner Sean Car has these in spades.

He's worked for me for the past five years writing, selling and producing all aspects of the *Southbank Local News*. At 20-something, he has a remarkably old head on young shoulders and is unfazed by the pressures of the job.

I, on the other hand, recognise the signs that the stresses that newspaper publishing bring and I'm happy to pass the baton to younger, more capable, hands.

You need to know when to quit and my time is now. In many ways I am at the peak of my career. I know so much more about what I am doing but, being 60-something, I just can't do it as well as I once could.

So retirement beckons. What that actually means is unclear. My wife Louise and I are off to the Greek Islands for three months on July 1. I figure I'll have a better idea of my future at the end of the holiday.

But, whatever the future holds, I will always be grateful to Docklands for the opportunity and the experiences it has given me.

 $Docklands\ is\ beautiful.$ 

#### What's good

Commercial development.

Docklands has exceeded expectations as a place for business. It's a seamless extension of the CBD, particularly around Collins St, with any number of enterprises moving westward. With 60,000 workers commuting, Victoria Harbour is buzzing.

Community spirit.

People who live here just love it. They totally get apartment living, water views and immediate proximity to just about anything worth being close to.

The "failure" urban myth has faded.

Ill-informed prejudice against Docklands has almost completely faded away. There are some small pockets of opinionated ignorance remaining but, these days, such commentators only make themselves look silly. 10 years ago, Docklands was suffering badly. It appeared then that predictions of its demise might even become self-fulfilling.

#### What's bad

It's only 60 per cent done.

Original estimates had Docklands completed by next year, with a residential population of 20,000. The 2016 census found 10,437 residents lived here. "Build out" (or competition) is currently estimated by 2025 but don't hold your breath waiting for this. The residential market has slowed – particularly for investor-grade apartments.

Short-stay apartments.

"Community" is much harder to achieve without stable residency. Many involved and committed Docklanders have given up and moved away because they don't like living in a hotel. Owners' corporations should be able to decide how their buildings are used.

Little appreciation of waterways.

Despite a committed and involved City of Melbourne waterways unit, there is a general lack of appreciation of our waterways by the authorities. The river and Victoria Harbour are Docklands' greatest assets. But marine operators have been cast adrift without security of tenure or other assistance. It's a tragic irony that, as the precinct has developed, our commercial fleet and water-based activity has declined. And, not only this, the authorities are hell-bent on throwing up bridges across the river and across the mouth of the harbour.

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# A true man of Melbourne

By Sean Car

As a 14-year resident of the CBD, our community can rest assured that the City of Melbourne's new Chief Executive Officer (CEO) Justin Hanney has its best interests at heart.

Having started in the role in January, Mr Hanney was given the nod for the city's top job from a field of more than 140 candidates last year. Based on his glittering CV, it's easy to see why.

The City of Melbourne is incredibly well served with Justin at the helm. With an extensive background working in state government, his connections are sure to help get a lot of things moving for the city.

Before joining the City of Melbourne, he worked as the lead deputy secretary of the Employment, Investment and Trade Group at the Department of Economic Development, Jobs, Transport and Resources.

Having also previously overseen the likes of Regional Development Victoria, Creative Victoria, Visit Victoria, Development Victoria, Agriculture Victoria, Trade and **Investment Victoria and Small Business** Victoria, there is no doubting his ability to get things done.

However, it's his intimate knowledge of, and care for, his local neighbourhood as a longtime Flinders St resident that places him in extra good stead for what he described as "the best job in the world."

"I love it. I wake up every day with a spring in my step," Justin told Docklands News. "I get to interact a lot with the city as a resident and the danger is now whenever I walk the streets on the weekend, if we're going off to a restaurant or the park or a footy game you start to see a lot more."

"If there is a bin that's not quite right or there is a bit of graffiti on a building that shouldn't be there you start to take a lot more notice. I find that I'm taking photos every time I go walking to put them on the system and my wife tells me that I have to stop doing that!"

While originally from Perth, Justin has spent most of his life in Victoria. Having met his now wife in Melbourne as a teenager, together they have raised four daughters here while he has worked in a range of positions across the state.

His background in local government is also



New City of Melbourne CEO Justin Hanney.

extensive. He began his career as a youth worker in Collingwood, before working in senior roles at local councils in Dandenong, Bendigo and Wangaratta. He also previously served as a CEO of the City of Yarra.

Having interacted a lot with the City of Melbourne over many years in state government, he said the opportunity to make an impact at a grassroots level was largely what had attracted him to his new role.

"One of the things in state government, and I had a stint up in Canberra for 12 months as well on secondment, is that you're really removed from what happens on the ground,"

"As I used to walk in and around the city, I'd look at the number of people living on the streets. The role that I could play in a state government department versus a role in local government are chalk and cheese."

Justin also pointed to the extraordinary amount of urban renewal areas on the fringe of the inner city, stating that, globally, it was unprecedented. With the likes of Fishermans Bend, E-Gate, West Melbourne and Arden-Macauley on the doorstep of the CBD, the opportunities to grow the city genuinely excites him.

Having played a central role to the state government's purchasing of the Holden site in Fishermans Bend for the creation of an employment and innovation precinct, he said he was keen to use his connections to accelerate such projects. High on his agenda is getting a tram connected there as soon as

"I think when you look at what could happen on that space in such close proximity really critical to that site is getting the tram into Fishermans Bend," he said. "Without the tram it will be more challenging to get Melbourne University and RMIT to fully commit to their developments."

"When you look at what could happen within that precinct and within Arden-Macauley it's very exciting. Both of these sites will be game changers for Melbourne."

As technology advances and tourism continues to grow in Melbourne, Justin's background in growing employment and investment places the city's economy in good stead for being ready to adapt to

As for the team around him, he said he had been pleasantly surprised by the quality of staff at the City of Melbourne, which he described as exemplary. He also praised his team of councillors, who he said had rebounded incredibly well in light of the governance challenges left by former Lord Mayor Robert Doyle.

"The calibre and the quality of the councillors is quite exceptional," he said.

"The way in which they work together and the quality of the governance; they really work well together."

"The quality of the staff that the City of Melbourne attracts is why I think it's considered the best local government in Australia. Some of them live an hour and a half away and commute each day in and out. They could easily work in their own communities, but they choose to work here because of the size of the city, what it can do and what it can represent."

Having permanently located to the CBD 14 years ago, he said the city's growing appeal as a place to raise a family was what had attracted he and his family to relocate from their former Malvern East home.

From its green open spaces and creative institutions to its libraries and recreational facilities, he has grown a special appreciation for everything our city has to offer. As a boating enthusiast, he said he and a friend also regularly travelled from Williamstown and moored their boat (or as he described it, their "tub!") at Docklands; a waterfront precinct that he described as "world-class".

Through his strong networks at State Government, he said he hoped to use his time as CEO to continue building on everything that made Melbourne one of the world's most liveable cities.

"I have some excellent relationships with state government and that will continue," he said. "I think it's sometimes knowing not just where to go and not just what department to go to but more specifically who to go to."

"I have this mantra with our staff here that we're here to get things done and if we're not doing things, providing great service and advancing on issues that matter than we shouldn't be here."

"Let's get the basics and the service delivery exceptionally good and then let's continue to be the exemplary city throughout the world. I want to take the baton and ensure that whoever I pass it onto next that Melbourne continues to be that exemplary city."



# A Green gift

By Sean Car

While Greens MP Adam Bandt is to be congratulated for tightening his grip on the seat of Melbourne, the result leaves many wondering why the major parties put forward such weak candidates.

After Prime Minister Scott Morrison's Coalition government claimed a shock victory on May 18, Bill Shorten and Labor might be wishing they had invested more energy into winning back seats like Melbourne.

Mr Bandt claimed a fourth successive victory in a landslide, winning more than 50 per cent of the primary vote and more than 70 per cent on preferences overall. His nearest opponent, unknown Liberal candidate Lauren Sherson, recorded just over 26 per cent overall. A Sher-lacking!

As Melbourne's crown as the progressive capital has strengthened over the past decade, so too has the Greens' hold on the seat. However, prior to 2010, it was held by Labor since Federation.

Victorian Premier Dan Andrews and his Labor government recently recorded a landslide election win in November on the



Greens MP Adam Bandt celebrates victory on May 18.

most progressive policy platform this state has ever seen; a fact not lost on Federal Labor which invested plenty of its resources into leveraging Andrews' success in its own pursuit of government.

However, those same resources seem to have bypassed the seat of Melbourne, with Labor putting forward unknown 29-year-old school teacher Luke Creasey several months out from election day. While youth should serve as no barrier to entering politics, Labor couldn't have seriously thought that a candidate with next to no political experience could challenge Mr Bandt, could they?

But we didn't even get to find out. Mr Creasey was ultimately brought undone by some unfortunate Facebook posts he made several years ago, resigning before the electorate were even given the chance to have its say.

No one doubts that Mr Bandt is a worthy member for Melbourne. He continues to serve the electorate with unwavering dedication to his supporter base and for that he is to be congratulated.

But locals might appreciate a choice come the next election. While the Libs are probably never going to pose much of a threat here, even their supporter base must question the legitimacy of self-proclaimed "global entrepreneur" Lauren Sherson.

Might Labor choose to put forward a serious challenger come next election that is given time well ahead of polling day to connect with the people of Melbourne, it might just make a difference.

After all, if it means contributing to unseating a Scott Morrison government and achieving greater action on issues like climate change, perhaps some Greens voters might be persuaded to change their preference ...

# Local services

By Sarah Bartlett

#### Did you know that Collins Square is now offering a range of everyday services?

With a range of new outlets, including Ella Bache, Eyes on Optometry, Anytime Fitness, Men Biz, Presstine Dry Cleaning, The Cobbler, Capsule Pharmacy and many more, locals can now access a range of convenient services at their doorstep.

Collins Square communications co-ordinator Monique Kuzeff said that the opening of the retail stores would make life easier for workers as well as busy residents.

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# Vantage points

By Meg Hill

Arthur Ted Powell has almost 100 sketchbooks of Melbourne's development over the past decade.

There are much bigger collections of various other sketches he's done over the years, of whatever was in front of him during his free time.

It started when he was working in advertising in Asia

"Rather than going out and eating every night I made my own little post-cards with watercolours and painted them and sent them to my family," he said.

"That progressed into sketch books, wherever I was and if we were filming TV commercials or something, in the downtime I'd spend scribbling in sketchbooks and filling those up."

Now, some of his panoramic sketchbooks are held by the State Library's rare book collection, and by the Melbourne and Port Phillip municipal councils.

His sketches imprint visual information in his memory, allowing him to later paint the subjects when they're no longer in front of him, and without looking at the sketches.

But that's not the best bit – his looming paintings of Melbourne's cityscape are often from a perspective above the skyscrapers.

There's no photographic help. Powell sketches what he sees from the street and later imagines what it looks like from the sky.

On May 25 at the Library at the Dock he gave a talk and workshop to a group of people interested in sketching. When sketching Docklands, he asked them not to draw what was in front of them, but what they imagined it would look like in the future.

"I always had an interest in architecture and part of my art school days were studying



architects," he said.

"So, I guess there's that distant sort of relationship with architecture even though I get sort of frustrated with what's happening and some buildings that are very interesting."

Powell, although having lived overseas for more than a decade, has owned a house in South Melbourne over 40 years – watching the city grow around him.

Before that he lived in his native England. He scored his first job in 1968 while at art school, working part-time on the 90-minute Beatles' animated movie *Yellow Submarine*.

Perhaps it's that kind of training that allows his mind to move around spatially and grasp a perspective he has never physically seen.

Mr Powell said the Eureka tower was an example of a building that he liked. He told *Docklands News* most people didn't know the design of the tower was based on the Eureka Stockade, and the surveyor's measure created the window structure.

"I put a show together three years ago that focused on it."

"The gold glass at the top is a reference to the goldfields, and the red stripe is a symbol for the blood that was lost at Eureka."

Two of his paintings around the building are now sitting in the Fender Katsalidis boardroom and in Karl Fender's apartment.

Some of his sketchbooks were displayed at the library at the end of May, as well as a painting.

But it's hard not to see Powell's growing body of work on inner city Melbourne as one big artwork that changes and adapts as the city itself does.

His panoramic books that were bought by the State Library are from vantage points he will revisit to redraw them, to chart the way the city has changed.

# No money for Esplanade

The City of Melbourne's recently-announced draft budget again failed to include funding for the long-awaited Harbour Esplanade upgrade.

Last year, the council's finance chair Arron Wood predicted the 2019/20 budget would include funding for the development.

He told *Docklands News* at the time: "This will mean in the 2019/20 budget we will get this long-awaited project up and running once and for all."

In response to our questioning this year, Cr Wood said the project was contingent on agreement with the state government on the future upgrade and expansion of Marvel Stadium and renewal of Central Pier.

He said: "For many years City of Melbourne has worked with Development Victoria (DV) to get this renewal underway, including an endorsed masterplan submitted by DV."

"Since approval of the masterplan after extensive community consultation the substantial upgrade of Marvel Stadium has been announced and an assessment of works required to renew Central Pier have been undertaken."

"That's why in the last budget I pushed for \$200,000 to be allocated to update the masterplan with a view to getting on with the job. Unfortunately, the City of Melbourne is a relatively small part the upgrade – with DV and Marvel Stadium having much greater tracts of land under their control."

"Frustratingly, this has pushed the Harbour Esplanade works back. However, it would wasteful for City of Melbourne to proceed on upgrading the bit we manage, only to see it dug up again as the bigger works occur with the Marvel Stadium upgrade."

"It's small consolation that the result will be a precinct worthy of the harbour location and it'll deliver much needed community facilities for Docklands."

### **Brad Cunningham answers your legal questions**

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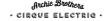
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# Skyfarm will be an "asset"

City of Melbourne councillors have assured Flinders Wharf residents they have nothing to fear from a 2000sqm "skyfarm" that has been approved for an adjacent car park rooftop at 671-701 Flinders St.

Residents expressed fears and concerns to the May 7 Future Melbourne Committee meeting over the proposal.

Owners' corporation chair Thomas McNair said councillors had not received proper advice from officers and he contended the proposal was about creating an entertainment venue.

"This doesn't pass the pub test in my view - and in the view of my wife and my granddaughter. The proposal is all about an event space and selling liquor and maybe food," Mr McNair said. "It's not about providing green space at all."

Flinders Wharf resident Alan Wong also objected to the skyfarm.

"Basically, I want to be able to raise my young family in an environment that I selected when I bought into that place six years ago," Mr Wong said.

"I'm trying to figure out what problem we're trying to solve with this proposal."

"My concern around this proposal is essentially noise pollution, visual [and] light pollution and loss of privacy, [and] security concerns," he said.

But Melbourne Skyfarm proponent Brendon Condon, of Australian Ecosystems, said the



enterprise would be "a very classy, demure, respectful good neighbour".

"We're looking to transform an underused 2000sqm car park into a thriving rooftop orchard, farm, sustainable cafe, conference space and environmental education centre and to create a beautiful space for nature and biodiversity in the city."

"We're part of award-winning projects across biodiversity, stormwater harvesting, urban food, zero-emission communities and we hope Skyfarm is an extension of all those solutions which are absolutely needed and critical for a functioning and healthy climate-adapted city," Mr Condon said.

"We have a car park at the moment which is a heat-bank and is contributing to the heat island effect in the city. Through good design, we will flip it into a cool zone which is ideal for rooftop farming."

"We think Melbourne is set to benefit and it will be a great platform for accelerating integrated sustainability in the city."

Lord Mayor Sally Capp asked Mr Condon: "I guess I'm just looking for some confirmation: Is this a disco (if you call them that, these days) disguised as a farm? Or is this really a farm that has some event space? Is this event space going to operate every night? Is it a rage?"

Mr Condon replied: "Definitely not, It's a hybrid model and community farms need those revenue streams so they're sustainable in the long-term."

"It will be a respectful, sound-proofed set of structures. Because they're sustainable, they'll have good insulation and doubleglazing very similar to zero-carbon buildings we're building in regional Victoria," Mr Condon said.

Cr Arron Wood assured residents Melbourne Skyfarm would become a valued asset for the

"I've known Brendan's work for a very long time. So, what you have here is not a nightclub operator."

"You've got someone who lives, breathes and has the runs on the board in terms of urban sustainability, in terms of environmental developments, huge housing developments - you know, six-star, nine-star, 10-star housing developments - that have food production at their heart - communal gardens and the like."

"So, although it has to pay for itself, and all of these things need a sustainable business model (as well as being sustainable themselves), that's certainly isn't the primary focus of this."

"This is really about urban greening, urban food production and, hopefully over time, that relationship with local residents will build into something that you can be proud of as well."

"So, instead of thinking that you're looking over a tavern or a venue, what you've got beside you is actually an urban farm."

"So, to have on your doorstep somewhere to take your young kids, somewhere where they can explore, to engage and understand food production ... I think it going to be a huge asset in the long run."

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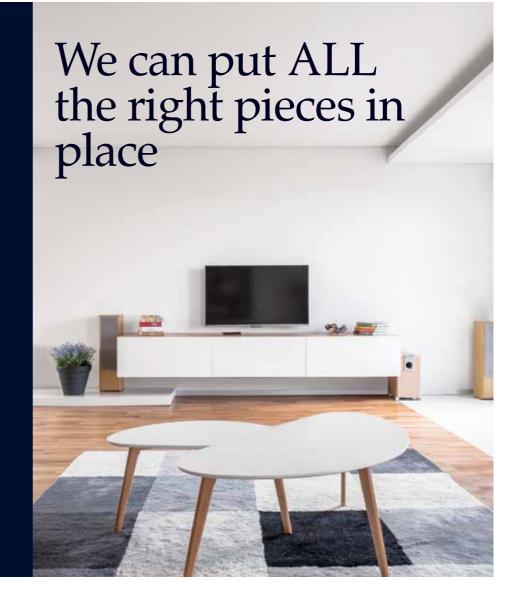
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# RECORD BUDGET BUILDS ON BRIGHT FUTURE FOR MELBOURNE

The City of Melbourne has announced its biggest ever budget of \$619 million for 2019-20, to help make our city more liveable and prosperous as it rapidly grows.

The draft Budget includes a record \$453 million for programs and services, a fully-funded \$166 million capital works program, and an underlying surplus of \$15.03 million.

Among the major projects to be funded, the city will get on with the renewal of Queen Victoria Market, spending \$15 million in 2019-20, including \$6.5 million for the staged, on-site restoration of the historic sheds.

A further \$4.5 million has been assigned to create a master plan for the restoration of Melbourne Town Hall.

The draft Budget also includes significant investments to build on the city's ongoing commitment to families, arts and culture, greening the city and supporting people experiencing homelessness.

Here are 10 highlights of the draft Budget for 2019-20, which will help us continue to create a city for people.

#### **Community facilities**

Families will see \$9.3 million invested to complete the redevelopment of Lady Huntingfield Children's Centre and deliver more early education and childcare places to make sure kids get the best start in life.

The city will also spend \$1.8 million to progress the fit out of the \$70 million Munro development at Queen and Therry streets.

Plus \$1 million will go towards planning and design for the \$40 million renewal of Kensington Community Recreation Centre, and upgrade sporting pavilions, courts and equipment.



#### Open space

Council will invest more than \$29 million to create more places for people to exercise, play and relax in the city, including two and a half hectares of open space on Southbank Boulevard and a new park on Market Street.



#### Knowledge

The city will invest \$2.8 million for key knowledge sector events and services to bolster the growth and reputation of the jobs of the future.

This includes support for Melbourne Knowledge Week, and for the renewal of traditional and digital library collections across the City of Melbourne's six libraries.

### Urban forest, water and climate change

The city will invest \$19.1 million in capital works to respond to the impact of climate change, manage parklands and urban forests, and conserve and recycle water.

This will include infrastructure upgrades across 480 hectares of parks and gardens, and funding to plant at least 3400 trees and care for the more than 80,000 trees the city manages.

#### Safety

The City of Melbourne will upgrade, maintain and install priority city safety and security measures across the central city with an investment of \$29 million.

This includes \$26.6 million in Victorian Government grants to undertake the Victorian Government's \$50 million central city security upgrade project and \$2.6 million for key city safety infrastructure.

#### **Business**

The city will continue to bring the community together by investing \$3.2 million in community events and festivals.

A further \$1 million will be spent on small business, retail and hospitality, to provide grants, sponsorship, nighttime activations and events that boost the economy.

#### Transport

Melburnians will see \$28.2 million spent on capital works projects dedicated to walking, cycling and public transport as part of our 10-year plan to move commuters and pedestrians safely and more efficiently through the city.

This will include streetscape improvement works on the southern end of Elizabeth Street, where more than 9300 pedestrians use footpaths during the morning peak.

#### Homelessness

Council will invest \$1.9 million in homelessness services, including the Salvation Army's Night Time Safe Place cafe and the Melbourne City Mission's youth homelessness services on King Street.

The centre provides free all-day breakfast, shower facilities, toiletries, underwear and socks, and helps people access doctors, dentists, legal advice, computers, iPads and Centrelink support.

#### Waste

The city will continue its annual spend of \$24 million on waste and recycling services, and will spend \$900,000 to deliver the first year of its Waste and Resource Recovery Strategy.

Over the last financial year, the city collected 30,000 tonnes of residential waste and 11,000 tonnes of residential recycling, emptied 2000 bins each day and swept 312km of roads each week.

#### Major events and arts

Ratepayers can expect \$18.4 million invested in major events including New Year's Eve, Moomba Festival, Christmas, Melbourne Fashion Week and Melbourne Music Week.

A further \$16.3 million will be allocated to the recurrent Arts Melbourne program, which includes arts grants programs and programs for children and young people through ArtPlay and Signal.

#### **HAVE YOUR SAY**

Public submissions on the draft Annual Plan and Budget 2019–20 are open from Friday 10 May until Friday 7 June.

Submissions will be considered at a special meeting of the Future Melbourne Committee on Thursday 13 June. To have your say, visit participate.melbourne.vic.gov.au



#### YOUR COUNCIL

**■** Melbourne City Council (from left):

Cr Susan Riley, Cr Kevin Louey, Cr Beverley Pinder, Cr Nicolas Frances Gilley MBE, Lord Mayor Sally Capp, Cr Nicholas Reece, Deputy Lord Mayor Arron Wood, Cr Rohan Leppert, Cr Cathy Oke, Cr Philip Le Liu, Cr Jackie Watts OAM.

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#### Council's vision

Find out more about the Council's shared vision for the city, visit melbourne.vic.gov.au/councilplan





# \$29 MILLION INVESTMENT IN PUBLIC OPEN SPACE

Public open space projects will receive a \$28.7 million boost over the coming year as part of the City of Melbourne's 2019–20 draft Budget.

The investment will focus on the creation and renewal of public open space to cater for Melbourne's growing population, including the densely populated suburbs of Southbank and Docklands.

The Council's goal is to add more than 12 MCGs-worth of public open space to the city over the next 15 years.

Southbank Promenade will receive a \$5.1 million investment to revitalise a 300 metre section of the shared walkway from Princes Bridge in the east, to Evan Walker Bridge in the west. This project will improve public open space on the riverside promenade with new paving, improved public lighting and enhanced growing conditions for the trees.

Southbank Boulevard will also receive attention with \$11.9 million to continue upgrade works from St Kilda Road to City Road. The new Southbank Boulevard cycle path will be complete by late 2019 and will provide a new route for commuter cyclists to access the city. The full \$47 million project,

which will create 2.5 hectares of new public open space and neighbourhood parklands on Southbank Boulevard, is due for completion in 2020.

This year, the City of Melbourne will also invest \$3.4 million towards a joint \$7.53 million project with CBUS to create a new 2000 square metre public open space for Market Street alongside the Collins Arch development.

This will be the first park created in the central city since the City Square was developed in the 1970s. The new park will provide open space in an area of Collins Street that is used by 40,000 pedestrians each day.

The draft Budget also revealed that Seafarers Rest Park, on the north bank of the Yarra in Docklands, will receive a \$1 million investment for renewal works, in partnership with the Victorian Government and developer Riverlee.

As backyards in the inner city are shrinking and more people are living in apartment blocks, Council's plan to expand open space will ensure that residents and workers are able to enjoy more open spaces for recreation, public gatherings and relaxation.

Residents continue to have the opportunity to provide feedback on the draft Budget until 7 June at participate.melbourne.vic.gov.au

#### BUSINESS, RETAIL AND EVENTS PROSPER

The Firelight Festival will once again light up Docklands thanks to a \$700,000 investment by the City of Melbourne.

This key event, which generated \$5 million for the local economy last year, continues to invigorate Docklands in the cold winter months.

As Melburnians know, Melbourne is Australia's events capital, with hundreds of events taking place across the city every year. These events, both big and small, add to the unique character of our city, offer enriching experiences and contribute significantly to our local economy. This is why the City of Melbourne has committed to investing in events around the City as part of Council's draft Annual Plan and Budget 2019–20.

Funding for other events, which have become significant to Melbourne's business community over the years, includes \$2.5 million for the Council's Events Partnership Program and Triennial Sponsorship Program.

These programs have sponsored more than 500 events over 10 years.

The draft Budget also includes expenditure on Melbourne's small business, retail and hospitality sector, including \$500,000 for the annual Small Business Grants Program and \$100,000 for the Business Event Sponsorship Program. Small business makes up 80 per cent of the municipality's businesses.

Council will also fund \$250,000 in marketing and promotion to support our much-loved independent retailers across the city.

To keep up to date with the latest events, or to find vibrant small businesses in your area, visit

whatson.melbourne.vic.gov.au



#### LOCAL INVESTMENT

Southbank Promenade	\$5.1 million to revitalise a 300 m section of the promenade
Southbank Boulevard	\$11.9 million to finalise stage one of the \$47 million project
Market Street	\$3.4 million towards a \$7.53 million project to create the first central-city park since City Square was developed in the 1980s
Seafarers Rest Park	\$1 million towards adding 3500 sqm of open space to Docklands
Fawkner Park	\$1.2 million towards upgrading the Pasley Street North entrance to improve landscape health, drainage, safety and amenity as part of the Master Plan recommendations
Lincoln Square	\$2 million towards a new concept plan to add 3000 sqm to one of Melbourne's oldest parks, and create a new play space around 150 year-old Moreton Bay figs
JJ Holland Park	\$1.6 million for a new playground in Kensington
Spring Street	\$150,000 to create new public open space outside Princess Theatre

#### **KEEP IN TOUCH**

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# MAB continues to "do good stuff"

By Shane Scanlan

The Docklands neighbourhood continues to grow with residents moving into the newly-finished Elm and Stone apartment building in NewQuay.

According to developer MAB's residential general manager David Allt-Graham, at the beginning of May some 85 per cent of the complex's 144 apartments had settled.

Mr Allt-Graham told Docklands News he expected five or six defaults, which he said was a good result, considering that 135 apartments were sold off-the-plan.

He said the standout performer in the complex were the 31 one- and two-bedroom lofts, which were all snapped up off-theplan.

"They've been an absolute best-seller, which is great in a tough market," Mr David Allt-Graham said.

He said the lofts offered MAB an exciting new category and featured strongly in MAB's new, adjacent residential offering, Escala.

"The challenge with the lofts was to get the design to work to a price, but what it gives vou is more potential customers."

"There's no point having a whole lot of great designs that sit at the top-end. People might love them, but they've got to be able to afford them too."

Mr Allt-Graham said Elm and Stone apartments ranged from \$350,000 to \$800,000. He said about 60 per cent had been sold to investors but that loft buyers were strongly owner-occupiers.

One-bedroom loft prices sit between oneand two-bedroom apartments.

"Someone who buys this pays a bit more of a premium, but not a two-bedroom premium,"



MAB Corporation's David Allt-Graham and Jennifer May relax in the foyer of their new apartment tower Elm and

he said of a \$530,000 example, with a car park.

"They're a bit harder to build because there's a lot to think about in all the details," Mr Allt-Graham said. "The compromise is lower head height over the mezzanine." The mezzanines offered flexible uses, including casual areas, study or TV lounge.

He said lofts felt like "little houses" and offered good sound separation between neighbouring bedrooms

The design of Elm and Stone is a refreshing departure from the "standard" podium and tower offering. It's actually two towers, with the Quest NewQuay serviced apartments

occupying the other half. With hardly a straight line in sight, the towers nestle around each other with a respectful and interesting space between them.

Elm and Stone's outdoor pool and barbecue area is designed for maximum shelter and useability. Its gym is also impressive and its entrance foyer is "non-traditional" while remaining functional.

MAB set out to do things differently with Elm and Stone. While some buyers have baulked at exposed concrete ceilings and finishes, Mr Allt-Graham said they gave the complex a "Fitzroy" feel.

"Concrete ceilings and concrete finishes are a bit of a vibe," he said. "And our idea was to juxtapose that with a lot of greenery - something a bit more soulful. I guess we were a bit tired of all the plasterboard and straight finishes which don't really offer much to get excited about."

"We're trying to do things of consistent quality, but aren't the same," he said.

One of the new ideas is built-in irrigated planter boxes on all balconies. Mr Allt-Graham explained that, should a plant die, the building offered a "pot replacement" program.

With NewQuay retail more broadly on life-support, Mr Allt-Graham said MAB was adding very little retail in its newest towers.

"In each building there might be one or two spaces. So that should give what's there a chance to find a tenant and recover," he said.

Mr Allt-Graham remains confident that, when completed, NewQuay will have the right balance of residential, commercial and retail.

"The only real solution is to get critical mass down here and it's not just residential, it's hotels too and commercial. It's commercial that really makes a difference to the retail."

"The only meaningful contribution we can make is to get more people here," he said. "When these areas are fully built out, the balance will be there. In the long-run it will be right. It will be a good mix."

MAB has Escala to build between Elm and Stone and H1 and will also revisit the vacant land across the other side of Docklands Drive. That will leave the final task of completing the western end near Ron Barassi Snr Park.

It plans to build "affordable" on the Docklands Drive side and high-end luxury on the waterside.

Mr Allt-Graham said MAB remained confident, despite a soft market for residential apartments.

"You've just got to stay the course. If you do good stuff, you'll be OK," he said.

### **UPDATE ON THE WEST GATE** TUNNEL PROJECT

A key milestone in the building of the West Gate Tunnel Project has been reached with the arrival in Melbourne of the first of the two massive tunnel boring machines that will build the tunnel. Bella, the tunnel boring machine (TBM), is one of the biggest in the Southern Hemisphere, and is currently being

Tunnelling will start mid-year at the northern portal in Yarraville and move southwest towards the southern portals in the West Gate Freeway near South Kingsville.

The West Gate Tunnel, once complete, will provide an alternative to the West Gate Bridge and take trucks off residential

With construction well underway on the West Gate Freeway widening, progress is being made to relocate powerlines and sewer pipes so an extra two lanes can be added in each direction on the freeway,

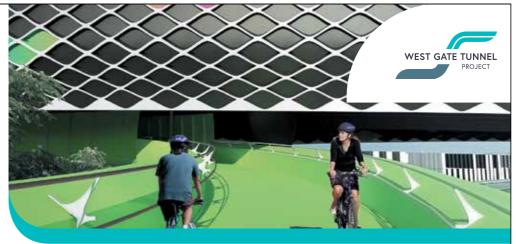
helping traffic move better.

The section of the West Gate Freeway near Williamstown Road is a hive of activity where the exit ramp is being shifted to make room for a tunnel entrance that will take people to the city.

It's early days for construction activity at the city end of the project where a new road will be built above Footscray Road take traffic from the tunnel to the city and into the port. You may have noticed barriers on the side of the road and the shared use path has been realigned.

This is what we need to do to create safe space to build the new road, while still keeping traffic moving. There'll be more to come later this year.

There is a lot happening around the project with periodic road closures and traffic disruptions, so stay in touch with what is happening in your area.



Visit westgatetunnelproject.vic.gov.au/ traveldisruptions, and follow facebook. com/westgatetunnelproject for regular

#### World class design

The West Gate Tunnel Project includes world-class architecture, urban and landscape design that celebrates the Aboriginal heritage and maritime history of Melbourne's west. We will establish new cycling and walking links to popular trails and parks. This includes a new 2.5 km elevated veloway which will give cyclists a safe and express route to and from the city, while rebuilding and retaining the existing ground-level path along Footscray Road. Visit westgatetunnel.vic.gov.au to see the range of features that are part of the project.



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# Central Pier rehab continues

A rehabilitation program to stabilise a section of Central Pier in Docklands is continuing, with work now focused on the structure under the pier deck, and around the pier edges.

Stage three of the program is now almost complete, which has seen the replacement pre-cast concrete slabs, the removal and replacement of timber bearings and the rearrangement of access arrangement to the north side of Central Pier, including a new wheelchair accessible ramp.

Development Victoria's group head precincts, Geoff Ward, said the earlier works had been very visible and the focus would now shift to repair work under the pier.

"This work will continue for some time and we must ensure it is carried out in a safe manner. Central Pier is more than 100 years old and the work across the pier will ensure its safety and integrity," he said.

"Due to the sensitivity of the structure and the works about to start, there's a need to find alternative options for the boats berthed on the north side of Central Pier."

"The City of Melbourne has been working with the operators for several months and two of the three have taken the opportunity to relocate. It is an issue of safety."

Development Victoria is managing the rehabilitation program and said the stakeholders and tenants most impacted by the works had been extremely supportive.

"We have liaised with tenants and stakeholders of Central Pier and they understand the importance of this program," Mr Ward said.

# Not a quiet retirement

Many retirees finally find the time they've always wanted to put towards a hobby. Cheryl Loues has become the volunteer in charge of indoor plants at the Mission to Seafarers (MtS).

She moved back to Melbourne and into a Docklands apartment about a year-and-a-half ago after 35 years in Tasmania.

The mission community roped her in after she attended a six-week course on indoor plants that was held there. Cheryl was trying to figure out how to turn her balcony and living room into a sanctuary as impressive as her massive garden in Tasmania.

"It's interesting, when I was a child the mission building always really fascinated me because it was such an interesting building," she said.

"We used to drive past it coming in from the western suburbs, because I believe Footscray Rd used to go past before Wurundjeri Way and all the rest was built"

"I never knew what it was and I never asked anybody."

"It's really quite odd that I now live across the road from it and have an understanding of what it does and how it serves the community. My balcony actually faces it directly."

Retirement suggests self-care, but Cheryl's life at the moment is mostly about caring for others.

Not just plants, but family too. In between her time at the mission caring for plants like devil's ivy, mother-in-law's tongue and spider plants, she's so busy she wonders: "how I ever had time to work".

A close family member's shock medical diagnosis means that Cheryl and her husband spend much of their time babysitting.

Part of the reason they moved back to Melbourne from their stint in Tasmania was because of family.



Mission to Seafarers volunteer Cheryl Loues with one of her charges.

"My mother was the main catalyst because she was getting close to 90 years old and still living on her own," Cheryl said.

And a couple of weeks ago there was a botched break-in attempt at her mother's house in Altona. Cheryl now sleeps there every night, often with baby-sitting duty during the day.

Humans are much higher maintenance than indoor plants.

But Cheryl actually spent most of her life caring for animals.

Cheryl had a career as a veterinary nurse. Her husband wanted to start his own restaurant, which prompted the move to Tasmania.

"He's Chinese and wanted to have his own place but the competition here in Melbourne was already really fierce."

"We were 22 and we couldn't afford to compete."

They expected to be in Tasmania for a couple of years, and spend three-and-a-half decades there.

Their kids grew up and moved to Melbourne, and the parents thought *why are we still slugging it out in the restaurant?* 

And the move back home has not entirely felt like moving home.

"Even though we grew up in Melbourne we feel like we're in a new place, Melbourne isn't the same," she said.

"The main difference has been that there was no residential in the city of Melbourne."

"No one actually lived in the city, it was all commercial. That's the major change."

Residential space in the CBD was non-existent when they left Melbourne in 1981.

Cheryl described much of what happened in her life recently as a "tailspin".

In moments of respite she notices small things about the places and people around her, like a group of visitors at the mission running through a "murder mystery" activity.

"They were having an absolute ball. It's things like that which make it great."



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### Knowledge Market: The book!

Victoria Harbour's Knowledge Market is the subject of a new book, which is being launched on June 6.

Knowledge Market: An Urban Living Lab is a record and testament to the good work done there over 18 months.

The book has been written by Ross McLeod, Shanti Sumartojo, Charles Anderson, Natasha Sutila and Sean Hogan and is available via Melbourne Books for \$49.99.

The Exchange was a collaborative "urban living lab" established to prototype forms of community engagement, exploring the urban environment through design ethnography, landscape architecture, interior design, interaction design, fashion and textiles and graphic design.

### **Liaison group** vacancy

The West Gate Tunnel Authority (WGTA) wants Docklanders to apply to join a community liaison group.

The authority has vacancies on its northern area group, which affects our area.

The group will meet regularly during construction to "share local information and help support the project's community engagement activities".

Expressions of interest close on Friday, June 7. For information, call **1800 105 105** or email clg@wgta.vic.gov.au



# **Hoon activity** continues

Despite the efforts of Yarra's Edge residents, a group of car enthusiasts still continues to meet in Point Park Crescent, Docklands.

Residents say that on May 13 motorists were seen doing doughnuts on the grassed area of Point Park, leaving tyre marks in the park.

The crescent circles around the Yarra Point complex and is bordered by Point Park and the Yarra River to the north.

The group typically meets on Fridays and Saturdays and enters the crescent through Lorimer St before doing a loop of South Wharf Drive. Gatherings can attract anywhere from 20 to 100 cars.

This has long been an issue for the Yarra's Edge community, with the initial incident being reported on in December 2018. Since then locals say that the City of Melbourne, Victoria Police and the EPA have failed to take any meaningful action on the issue.

Local resident Tim has lived in the area for the past five months and said the meetings had been happening consistently since he moved in. He and several other residents say they have been forced to call the police almost every weekend for the past few months.

"When they meet in the parking area the cars make an enormous amount of noise - sometimes it's literally 20 or 30 cars running at the same time," Tim said.

Tim suspects the reason that the motorists meet in Point Park is due to the free 24hour parking area that is nearby.



### **Facelift for** mission

From July to October this year the Mission to Seafarers, on Flinders St, will be getting a facelift.

It's not a full-blown restoration - but the floors that are sagging will be re-stumped, the broken windows in the St Peters Chapel will be repaired and the outside of the historic complex will receive a facelift, that will mean the graffiti will be removed.

The campaign to have the weathervane restored and returned to the roof received a much-needed boost with a benefactor supplying the balance of funds to the grant from the Victorian Heritage Restoration Fund.

The rest of the works are subject to fundraising programs, so if you can help, the missions asks that you please get in touch.

All of this will not stop the Annual Maritime Art Prize which will open on October 4. 80 maritime artworks will be on display and entries are open now. See the Mission website for how to enter. www. missiontoseafarers.com.au/artprize

The mission will be closed to the general public during July to October, except to social club members of Crew 717, when the club rooms will be upstairs.

Volunteers are still needed at the mission more than ever to help the visiting seafarers who need it for a place to rest and a smiling face to greet them when they come to Melbourne.

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# **High-density cycling**

The City of Melbourne's
Transport Strategy discussion
paper is open for comment – but
how might a bike-filled future
suit our vertical villages?

We are reminded that "When people choose to ride, they reduce emissions, noise, congestion and free up public transport capacity." Added to this are the mental and physical health benefits that come from cycling – and with the right infrastructure, it can also be great fun!

In terms of our vertical lifestyle, our proximity marks us as prime candidates for the uptake of cycling. By swapping those short car trips for even shorter bikes trips, we can arrive more quickly at our destination - though possibly less directly as we weave in and out of those congested car lanes.

However, disappointingly, this document is less a discussion paper than advocacy for cycling and the infrastructure needed for its increased adoption.

Missing is a deeper consideration of the current status of cycling as a form of transport in our city – and in particular, how it is regarded by different groups. Only through understanding these different perspectives can cycling move from its current status as an ad hoc means of travel to a legitimate and mainstream form of transport in Melbourne.

### What has this to do with vertical villages?

Answer - our viewpoints.

We, of the vertical villages, typically live in areas that are also major work and, therefore, transit destinations. Docklands, for instance, greets 65 000 workers daily. This means that quite different mindsets are concurrently operating in our precincts. For example, there is the mindset of the strolling tourist (unfamiliar with their surrounds), the mindset of local residents (walking along their footpaths with children and elders), the office worker mindset (dashing in search of caffeine) and let's also include the mindset of pets and their walkers (notable for their unexpected reactions).

Now add a transiting cyclist en route either to work or home. Their mindset is more focused upon safe and efficient passage. This means that shared areas with variable speed limits, such as the 8km zones on South Wharf, are often treated as unhelpful suggestions, while cutting through New Quay Promenade brings the promise of a few saved minutes as well as less stop-starts.

Calls for greater mutual consideration and "sharing of space" miss the point.

If cycling is to be adopted as a legitimate mode of transport, then it must be so recognised and treated by all parties – by the

cyclists themselves, by the regulators (and enforcers), by other transport users and by designers. This requires holistic thinking.

#### Take the issue of bike parking.

The discussion paper identifies the need for more bike spaces to keep pace with the uptake of cycling and suggests underground parking and more parking in buildings. However, taking a leaf out of the car hand book, might there also be scope for more mainstream and centralised facilities - a bike hub? This is the approach taken in Tilburg in the Netherlands, where a bike parking facility is being built as an integrated part of their new transport hub (and by current reports, it will outshine their new bus station!). This bike hub offers space for over 7000 bikes, is equipped with a service room for minor repairs and will be guarded - and, also, free for the first 24 hours.

In offering this type of facility, cyclists can park their vehicles in a secure central location and then complete their journey on foot or tram. In so doing, the plethora of bikes adorning the front of our streets is reduced. Admittedly, this goes against our current trend towards free-range cycling (ie. a rider can go wherever their bike can). But a central cycling hub at, for instance, Southern Cross, could cater for impending cycling traffic due to exit the Western Distributor daily - worth a thought! As might the conversion to bike hubs of other multi-storey

carparks located on the CBD fringe.

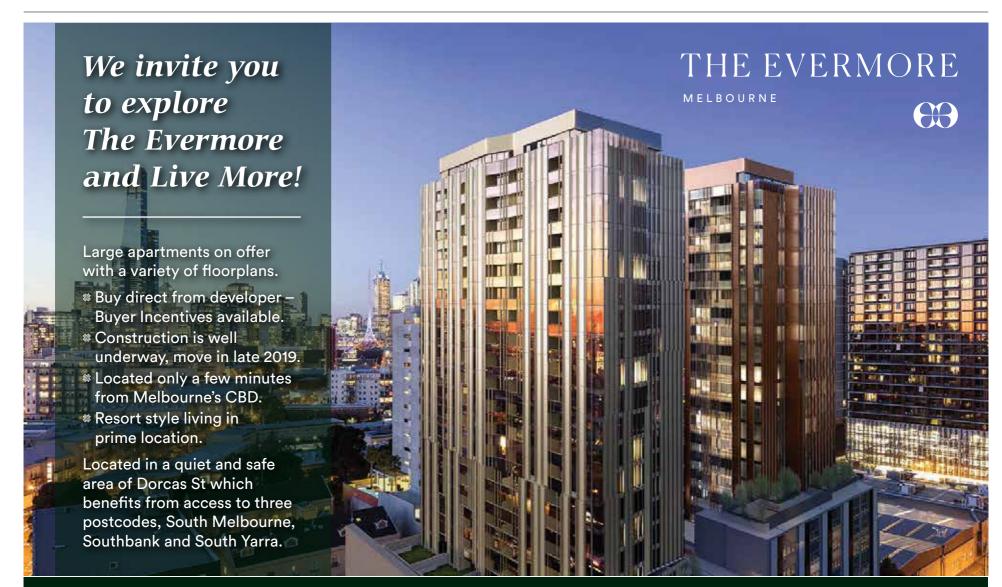
Turning our heads homewards, once again the car spaces of our vertical villages are candidates for change. Over the last few months, this column has mentioned several ideas for the future use of our car spaces and this month will not disappoint. While newer builds have dedicated and easily accessible bike rooms, storing the growing number of residents' bikes is proving challenging for older buildings, which is further compounded by out-of-date building regulations which do not permit bike storage in car spaces.

There are, however, an ever-growing range of innovations designed to help the space-poor, such as the "Hide-a-Ride". The offering here is for a bike rack that allows easy sideways mounting of your bike and its secure storage on your ceiling (including your car park).

But to end, there is one emerging issue for our regulators to consider regarding our bike-filled future. This is, as bikes become more entrenched as a mainstream mode of transport, and their commercial use also grows – might, too, the need for these vehicles to be identifiable?



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Retreat Everyday



Docklander

# There's no place like Docklands

For Docklander Dr Yvonne Zhou-Grundy, there's really no other place in Melbourne to live.

The Yarra's Edge resident first moved to Docklands from Port Melbourne 11 years ago seeking a quieter, more manageable and less complicated lifestyle.

"The beauty of apartment living is that you can just close the door and go," she said.

Her first choice was to buy off-the-plan at Mosaic in Victoria Harbour, where she lived until three years ago when she moved to

Yvonne said Victoria Harbour had become too built up and hectic, whereas she has again discovered the quiet life at Yarra's

She and partner George also enjoy weekends away working in the garden of their rural retreat.

"There are so many positives about Docklands," Yvonne said. "It's a city on the water, whether you are at Central Pier, NewQuay or Yarra's Edge."

And, it's the water that really appeals to Yvonne. "Water really relaxes your mind. It is always soothing to come home to."

She said Docklanders were spoiled for choice, when it came to activities. "Footy, shows, cinema ... we're got everything here," she said. "And we only have to hop on a free tram to the hustly, bustly CBD and, best of all, we can come back to Docklands and find

"But what I like most about Docklands is the people. People come here by choice, because they love it."

Yvonne has contributed to community life - having served on the Docklands Representative Group of the community forum and the executive of the Docklands Chamber of Commerce.

She is also a foundation member of Docklands' choir, the Open Door Singers, which meets every Wednesday.

"There are so many things going on here to get residents out of their apartments and take part in this very diverse community," she said.



She is also active on her tower's owners'

Yvonne is originally from Shanghai, having set out to explore the world and forge a new life some 31 years ago.

"Australia is my home," she said, reflecting on what a different place China was all that

"China is very advanced now, but it was only starting to emerge then."

Dr Zhou-Grundy's professional consultancy involves introducing and culturally guiding Australians and Chinese looking to do business together. She often travels between the two countries.

She likes to keep fit and swims as well as working out at the gym. "When you are in good health, you can enjoy life a lot more."

And enjoying life is exactly what this contented Docklander intends to continue in her favourite part of Melbourne.

#### Letters to the Editor

#### **Call-out for residents in cladding** affected buildings

By a member of Flammable Cladding Statewide Action Group

I write as a resident and owner myself who bought eight years ago, thinking that my beautiful new apartment was safe. I now find that the quotes to replace the flammable cladding on our block start at \$1.6 million and my share is in excess of \$100,000. As a retiree this is devastating.

Sadly, the government will not assume any responsibility and are expecting the owners to find these funds. The cladding action group have the support of the Greens who will take this attached petition before Parliament in mid-June.

The plan includes a request to the government to ban this product immediately. To request a full inquiry into this flammable cladding and request that the government provide financial support for the owners affected. You may be aware that last week Great Britain agreed to rectify the flammable cladding issue with a grant of 200 million pounds.

The following Facebook groups are available to connect residents, owners and others affected by dangerous

https://www.facebook.com/ groups/308887426649222/ https://www.facebook.com/ groups/334796497346353/

An online Victorian Greens petition is here: https://victoria.greens.org. au/flammable\_cladding

#### Common sense approach

I am surprised to read that, after eight years away from NewQuay, the public toilet issue is still ongoing.

When I was owners' corporation chair of Boyd, Palladio and St Elia we were happy to open the public toilets along NewQuay subject to the City of Melbourne cleaning them.

It seems crazy to spend large sums to build a public facility when purposebuilt toilets are available for the cost of cleaning them.

I recall hearing that after I left, the toilets were closed because of the CoM refusing to clean them. I would have hoped that common sense might have prevailed since that time.

Paul O'Halloran

#### **Deserves a long holiday**

I believe this is the last edition of Dockland News for Shane Scanlan before he retires passing over the baton to Sean

Whilst I have only lived in the Docklands precinct for 21 months I had previously been involved in a Bendigo community newspaper for over 20 years so know what's

Running a newspaper is all about people and issues that affect the community and I must say it has been an honour to get to know Shane as a person and editor. His professionalism as a journalist and his ability to get the scoop on breaking stories is what the newspaper industry is all about.

As a newcomer to the area, I have been involved in trying to stop the ridiculous tram bridge across the Yarra and Shane has always been fair and balanced with his reporting of this important issue. He has always reported all sides of the debate so that the public have all the facts.

Being a community paper is just that - reporting on people and the issues that affect them and since moving here I always looked forward to the next edition to see the latest items of news. Whether it be politics, transport or the environment Shane was always at the forefront of keeping us informed and I will sorely miss his quirky reporting.

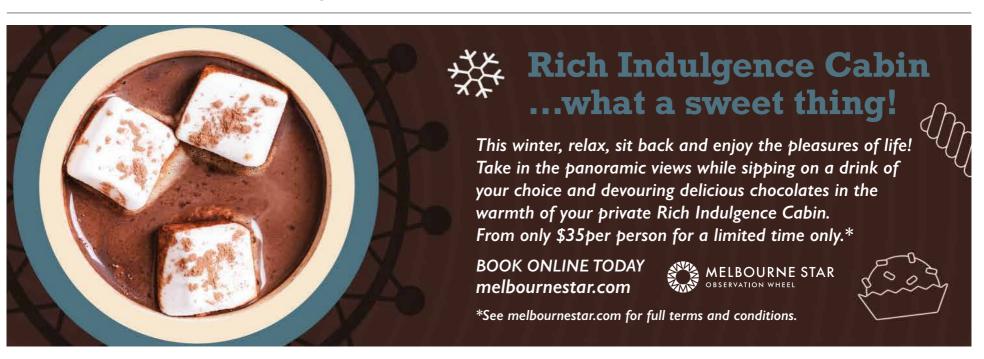
Whilst sorry to see Shane retire, he thoroughly deserves a long holiday which is impossible to do when running a newspaper.

The new editor Sean Car has been at Dockland News so the transition is an easy one for us readers and, having dealt with Sean, the paper is in good hands with the experienced back-up staff they will continue to keep us informed.

Keith Sutherland Chairman Yarra Residents Action Group



Send your letters to news@docklandsnews.





# DOCKLANDS FASHION



# Wim Wessels, 32, developer

**LOCATION:** Docklands Park.

**DESCRIBE WHAT YOU ARE WEARING:** White shoes, skinny jeans and a sweater.

WHAT'S YOUR FAVOURITE PIECE OF CLOTHING? Jeans.

**WHAT BRINGS YOU TO DOCKLANDS?** Holiday and travelling.

HOW WOULD YOU DESCRIBE YOUR STYLE? Modern.

**WHAT DO YOU THINK MAKES A GOOD OUTFIT?** If it fits right to the body.

# Carol Arcus, 58, risk adviser

**LOCATION:** Docklands Park.

**DESCRIBE WHAT YOU ARE WEARING:** I am wearing loose black cotton, wide-legged pants and a black and white shirt with little pictures of pigs on [it].

WHAT'S YOUR FAVOURITE PIECE OF CLOTHING? I love these [black cotton pants]. I got them from Zara and they are very comfortable, good for work and look very nice.

WHAT BRINGS YOU TO
DOCKLANDS? I work here.

**HOW WOULD YOU DESCRIBE YOUR STYLE?** Classic but trying to keep up with the comfortable trends that are around. But not the crazy ones.

WHAT DO YOU THINK MAKES A GOOD OUTFIT? I like clothes that feel nice. For me, it's what they feel like and not just what they look like.

# Budor Yosef, 21, student

**LOCATION:** Docklands Park.

**DESCRIBE WHAT YOU ARE WEARING:** Pants and sweater.

WHAT BRINGS YOU TO

WHAT'S YOUR FAVOURITE PIECE OF CLOTHING? Dresses.

**DOCKLANDS?** I work in the area. **HOW WOULD YOU DESCRIBE** 

YOUR STYLE? Unique.

**WHAT DO YOU THINK MAKES A GOOD OUTFIT?** Good combination of colours and it fits the person neatly.

**Chamber Update** 

## Firelight 2019

The cold mornings have signalled the start of winter but that also means Firelight is just around the corner and there are some massive additions to the spectacle this year.

Most notably the light and laser producers behind features at Sydney's Vivid and Brisbane's River Festival are making their way to Victoria Harbour and will showcase a nightly display.

The Docklands Chamber has been pushing for this type of activation for years as a way to build momentum behind a permanent feature in our harbour, so let's hope it creates the same excitement as it has done in those two cities.

By the time this is published, the City of Melbourne will have released full details and we'll be sharing them across our websites and social media. We've also invested in and sponsored this activation in the hopes it raises the bar to a new level for Firelight.

#### 200 members

The chamber has just registered its 200th member business.

Our goals as an entity are pretty simple: To advocate on behalf of Docklands' best interests; to promote our member businesses; and to encourage our community and precinct to work together.

Head to either one of our websites
- www.docklandscc.com.au or www.
visitdocklands.com.au for further
information on how you can get involved.

#### International phone scams

It's not Docklands-specific but there is currently a wave of international robot phone scams. An automated robot dials your number, hangs up and then you are charged astronomical fees when you return the call, often with the person answering pretending to be emergency services or some other false identification designed to keep you on the phone.

Here's a few tips:

- Don't return a call from an international number that rings only once;
- Don't return a missed call made to you in the early hours of the morning;
- Google any number you are unsure of; and
- Delete any calls from the +37 phone code (currently Latvia is the country where this scam is most rampant).



Shane Wylie

Media Director www.docklandscc.com.au



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# All good things must come to an end

All good things must come to an end, so they say ...

This will be the last time I will put fingertips to the keyboard to write my monthly articles for the *Docklands News*. It has been a pleasure sharing my health and wellness knowledge and ideas with you over the past eight years.

I am sure I will miss the late nights and firm, friendly reminders from Shane about final (over) due dates for my articles each month! Recently I have had a few Docklanders thank me for the articles, so it is great to hear there are a few readers out there!

I would like to say thanks to Shane and the team at *Docklands News* for their support, and of course to you the readers. I hope you have enjoyed reading my articles each month and picked up some tips along the way.

Stay healthy, Andrew

If any readers would like to stay in touch, my email is **andrew@thepushgroup.com.au** 

### Corporate health and wellbeing programs

Great companies invest time, energy and resources into providing opportunities for their employees and teams to access health and wellbeing programs.

Here are some reasons why your company should be driving improvements in your health and wellbeing:

- Build the company reputation and improve cultures in the workplace;
- Reduce direct and indirect health care costs that can be linked to sick, stressed or demotivated staff;
- Increase individual, team and company outputs, and business performance by achieving higher levels of resilience, engagement and teamwork between employees; and
- Demonstrate an authentic "care" for employees that will help with staff retention.

Here are some ideas for programs available in the market:

- Group yoga or Pilates classes;
- lacktriangle Meditation, relaxation and stretching; and
- Functional training, boxing or boot-

Most gyms will be happy to host one-off sessions or arrange a series of sessions for the employees. Seasonally, winter is a great time to head indoors for a yoga, hot yoga or Pilates class with spring being the perfect time to arrange your boot-camp sessions once the skies clear and the sun comes out!

#### **Bodyweight training**

Bodyweight training can be described as exercising without equipment or machines, instead using the mass or weight of the body to provide resistance. Here are seven great things about bodyweight training that should encourage you to get off the machines and use your body to its full potential.

Bodyweight training is suitable for all levels of fitness – It can be adapted to anyone's level of fitness or goals. If you are just starting out, the intensity and repetitions maybe lower. As you increase your fitness levels, you might add speed, power, more repetitions or advanced movements to the activity. Take an exercise like the squat



for example – a new exerciser might do eight to 10 reps of a half squat and rest for 30 seconds, whereas a more advanced participant might squat deeper, do more squats, add a jump and have less rest, all resulting in higher intensity!

The variation is endless – There are a couple of foundation exercises like the squat, lunge, crunch and push-up, but for each of those there might be 10-20 variations. These variations provide a range of challenges and benefits to the exerciser.

It's portable – You don't need any equipment for bodyweight training – all you need is your own body! Look for structures like benches, walls, trees, playgrounds, etc. to help set up opportunities to train different muscle groups in different ways.

It's functional – Functional training is training for the purpose of living. We can link exercises like the squat and lunge in training to life because we repeatedly perform these movements every day when we move, lift and carry things. Training functionally with life in mind, daily tasks can become easier, we can perform them better and we will reduce the likelihood of injury.

Improvement in cardio fitness, strength and flexibility – Your bodyweight training will and can cover all three of these key exercise components. Make sure you take time at the end of each workout to stretch.

You will get results – Many of the bodyweight exercises use compound movements. Compound exercises like a lunge, squat or push up include movements of more than one joint and involve many muscles and large movements. If you go to a gym, a good trainer would have you completing compound exercise as a preference.

It's free! - Once you know how to execute a few of the key exercises and movements, you are ready to go. You can work out anywhere at any time and there are no excuses not to train!

#### The importance of sleep

Recent statistics show that more than 35 per cent of adults are sleep deprived. Achieving your health and fitness goals will be near impossible unless you address your sleep deficit – if you have one. Unfortunately, the more active you are the more important and critical sleep becomes for both weight loss and muscle gain.

A trainer can help coach you with your exercise routines, a nutritionist or dietician can help you with meal plans and nutritional advice. Sleep, however, is really up to you. A lack of quality sleep will slow down your metabolism which is a key factor in weight loss. Additionally, sleep deprivation impacts hormone levels and balance and regulation

of blood glucose levels, all which can all lead to unwanted energy conservation.

For those trying to build and retain muscle mass, it's important to know that muscles are not built in the gym. Muscle fibres are torn in the gym then repair, recover and grow while you rest and sleep.

Here are some tips to improve your sleep quality and help you achieve your health and fitness goals:

- No caffeine or stimulants after 5pm;
- Have smaller evening meals, try not to eat two hours before you sleep;
- Place electronic devices in another room overnight buy an old school alarm clock;
- Black out your sleeping area; and
- Consider using "sleeping" music and meditation practices to help calm your mind leading up to bedtime.

  Good luck!



**Andrew Ward** 

Andrew Ward from Push! Fitness.

www.push-fitness.com.au

**Docklands Secret** 



### Hello *Brindabella*

One might be forgiven thinking it odd to find Australia's most famous maxi yacht *Brindabella* living in Docklands.

But the 1997 Sydney to Hobart Yacht Race line honours winner is moored at a private jetty at Yarra's Edge. The maxi also broke the race record for a conventionally ballasted yacht in 1999.

Known as "the people's maxi", *Brindabella* was designed by Scott Jutson in 1993 as a 75-foot maxi and was later modified for extra speed.

She is one of the best known vessels in Australia.



### Bill defects need to be fixed

As we sifted through the exposure draft of the Owners Corporations and Other Acts Amendments Bill released by Consumer Affairs Victoria (CAV) we found quite a few issues.

We Live Here has submitted a response to CAV. In it we have detailed substantial deficiencies in the Bill that need to be resolved

### Tiers of owners corporations' – excluded clauses

The new legislation will allow for different regulatory requirements based on the number of occupiable lots.

We Live Here has campaigned for this since the review of the legislation commenced in 2016 so at first we were very pleased. But we do have issues is in the way it is being implemented.

Put simply: there will be four tiers: two lots, three to nine lots, 10 to 50 lots and over 50 lots.

In other jurisdictions internationally, the tiers have dedicated legislation – a far superior approach. This Bill has a cumbersome, prose-expressed list of exclusions that will confuse the average citizen and delight the legal profession with its complexity.

# "Mates" contract reforms must also apply to building managers and must be retrospective

One long-overdue reform is to prohibit onerous and unfair terms in owners' corporation (OC) management contracts and gives more power to the Victorian Civil and Administrative Tribunal (VCAT) to rule generally whether other terms in OC management contracts are unfair. Some terms slated to be banned are those that:

Impose procedural restrictions on the revocation of the manager's appointment;

Enable the manager to renew the contract of appointment at their option;

Provide for the automatic renewal of the contract of appointment if the OC fails to give notice of its intention not to renew the contract, and

Must not restrict the ability of an OC to refuse consent to the assignment of the contract of appointment to a person appointed as the manager, other than one which provides that such consent, must not be unreasonably withheld.

These proposed reforms in the Bill only apply to OC manager contracts. Unfair contracts for building management are not addressed!

Tens of thousands of Victorians need relief from blatantly immoral building manager contracts with obscene, irrevocable terms of up to 25 years.

We Live Here will be lobbying to ensure that sensible prohibitions on contracts will also apply to building manager and facilities manager contracts and will be retrospective.

### Damage caused by short stays must be addressed

Neither this OC reform Bill nor the socalled Airbnb Bill already enacted, protect high-rise owners and occupiers from a range of property damage issues.

A high-profile case in Docklands right now started with a short-stay party booking and led to calamitous damage to at least five floors.

A large party was held in a luxury penthouse with a sauna being used for an extended period, ultimately causing the fire sprinklers to flood the party apartment and several floors below.

Now, if there are two more floods caused by the same short-stay apartment within two years, the reformed Bill will entitle the hapless residents who have been flooded to the grand sum of \$2000. And who pays? The Bill says the "short-stay provider".

Moreover, the affected occupier would have to take action "within 60 days of the breach" but the occupier will not be entitled to a single cent unless the identical breach happens three times in two years. This means that there must be three identical incidents in 60 days for an affected occupier to qualify for a paltry \$2000 in damages.

The whole philosophy is upside-down. There is no prevention strategy, it is all about forcing disaffected parties to take arduous legal action for the slim prospect of a tiny sum of money.

Another "Bazinga" clause gives short-stay operators a get-out-of-jail-free card. All a short-stay business operator needs to do is provide the invited guests with a copy of the OC rules – and just like magic – no more liability! Everything becomes the guest's fault. Then anyone affected only has the option to chase the tourist who just flew back to the other side of the world!

#### How did these deficiencies arise?

A lot of legislative "experts" have invested countless hours drafting this Bill – so how did it get to this stage with these deficiencies?

We believe the initial consultation period in 2015 to 2016 was flawed. Who was consulted? Developers? Strata managers? Airbnb? One thing is certain: representatives of owners and residents were not consulted properly.

#### What's next with the draft Bill?

We have submitted our concerns to the CAV in the interest of all Victorians living in strata developments.

The Bill is expected to be introduced into Parliament later this year, subject to satisfactory resolution of issues raised during this latest consultation period.

#### **Retirement of Shane Scanlan**

We Live Here would like to say a big thank you to editor Shane Scanlan for providing a voice for owners and residents living in high-rise communities, through our monthly columns in the three local newspapers which commenced from the time we launched almost three-and-a-half years ago.

All the very best Shane, we hope there are lots of exciting, new adventures ahead.



www.welivehere.net emails to campaign@ welivehere.net Pet's Corner

## Training a guide dog

By Sakshi Agrawal

15-month-old Eva is a Labrador golden retriever cross and is a guide dog in training with her owner Josh.

"We have had her since she was four months old. My partner works from home and she looked after him in the earlier months. Now that Eva has grown up, she comes to work with me about twice a week," Josh said.

Josh and his partner wanted a puppy and decided to try training a guide dog before getting a dog for themselves.

"We got in touch with Guides Dog Victoria and we had to follow a number of prerequisites and training to get her," he said.

He said that there are many deal breakers that people face which may put them off such a program.

"They [dogs] can't be left unattended for more than three hours a day. Since they are not mature enough in the first few months of their life, they cannot come to work with you which can be very difficult for some people," Josh added.

Talking about his experience training a guide dog, he said: "It's like training a well-behaved dog of your own. You are a little bit stricter. She gets to experience environments that she might encounter in her working life."



Josh and Eva

Josh takes Eva to multiple places like supermarkets, trains, buses, restaurants and even cinemas.

Eva will be returning in a couple of months for a career assessment to determine if she will be a guide dog or some other kind of assistance animal.

"I am surely going to miss having her around. But she is going back to help someone and hopefully she will get assigned a career," he said.



# **Live more at The Evermore**

Perfectly wedged in the heart of Southbank Village, within walking distance to the Arts Precinct, Royal Botanic Gardens, South Melbourne Market and Albert Park Lake, The Evermore offers residents the very best of what Melbourne has to offer.

Nestled between the growing Domain Precinct and Southbank's low-rise community at 58-66 Dorcas St, Southbank, construction is well underway on the new 24-storey twin tower development which is due for completion later this year.

Developed by Landence Group, The Evermore has been designed by renowned architects Hayball to be timeless in both architecture and interior design. Offering spacious one-, two- and three-bedroom homes in a safe and convenient location, it offers a rare lifestyle which is unique to

Located within a well-established, strong local community, the area is also well serviced by great connectivity to public transport. Walking distance from St Kilda Rd, in 2025, the neighbourhood will also be



within a stone's throw from the new Anzac Metro Station which is currently under construction at the Domain Interchange.

The residential towers will maximise views and minimise the number of south-facing apartments. The Evermore employs good design sense as is evident with abundant air reticulation, direct light and clever planning. Expansive balconies and vertical shading address the harsh western sun while also optimising blockbuster views over Port Phillip Bay, Melbourne's CBD and the Royal Botanic Gardens.

Channelling exemplary design inspired by 6-star resorts and luxury hotels, The Evermore is focused on the resident's experience in the public and private spaces throughout the building.

The anything-but-common Evermore common areas will treat residents with

exemplary experiences.

A total of 1446 sqm has been allocated to create a world of recreation, relaxation and indulgence at The Evermore with residents being able to select a world of facilities over and above the beauty of their apartments - such as the 14.5m open-air pool with sun lounges and cabanas to a high-tech gymnasium, study, library, lounge and even a gold-class cinema.

Residents will impress loved ones in the exclusive and lavish private dining rooms surrounded by elegantly-crafted furnishings and plush interiors.

A rich use of natural materiality is evident throughout The Evermore's interiors. The kitchen features natural stone, timber and copious storage, with the latest Miele appliances. The bathrooms are capacious with brass tapware and timber floors grace



the living areas with warm, woollen carpets in the bedrooms.

Apartments in The Evermore have been designed around the idea of a sophisticated retreat, with a refined material palette and optional dark or light colour schemes that invite residents to add their own personality and touches.

Last, but certainly not least, The Evermore is interspersed with lush tropical gardens and is landscaped with flourishing fronds and foliage to soften the space and calm the

The display suite is open every day, located at 95 Coventry St and a display apartment is available to view by appointment.

For all other enquiries visit theevermore. com.au or call 1300 383 766.

What Women Want

# Don't be afraid to stop and have a little nap

Sometimes "getting on" with things just feels really super difficult. Like impossibly hard.

And it's easy to find yourself wanting to just skip out of all the intense, go-getter, motivational "hustle" and just have, well, a nap. Or something restful.

Something that means you don't really have to talk to other people, or deliver on any deliverables, or even be presentable in any way (I still don't see what's wrong with shopping in your Ugg boots, but anyway, apparently it's not ok).

Other times, it seems that there just aren't enough hours in the day! It's all exciting, there's goals to achieve, ideas to brainstorm and a multitude of things to action. It's a race to an imaginary finish line and you're pumped and ready.

You're in charge, you know what you want, how to get there - or at least how to change directions if the path you're on turned out not to be the right direction after all. But you get what I mean - on these days you are pretty much invincible, in such positive spirits, a confident frame of mind, you know you're unstoppable and you're just energetically happy about it.

So how do we find ourselves with these contradictory ways? How do we grapple with these distinct sets of attitudes, both of which are so convincing at the time?

The days of "dis-interest" in our goals can

have us dreaming of re-invention. I often find myself on these days dreaming about a complete lifestyle change - being a yoga teacher in a calm, organically-fragranced studio at a mountain base, deep in meditation, or dreaming I've won lotto and am a magnificent philanthropist bringing great peace and resolution to worthy causes ... I truly feel that I need to "throw it all in" and find another direction for my life, for my soul.

And on the days of intense "interest" in our goals, we can be determinedly focused on achieving all we set out to do in business and indeed life, without so much as a bat of the eyelids at the volume of work we undertake, the commitments we squeeze in a day or the gross underestimation of sleep requirements we make.

We, or at least I am convinced that these days are the true reflection of who I am and what I want. A realist determined to succeed and prepared to put in the hard yards to make it happen.

I sharpen the pencil and add to the business plans, I think of the things around the home that need attention (this usually involves a good shop to re-style everything!), and I make plans with friends to catch up in our "spare time". It all seems so possible, and a hive of activity results.

If you're finding that the above resonates with you, then don't - as I did - stress that maybe you've got some undiagnosed multiple-personality disorder. And it's unlikely that you're bi-polar or that anything is actually "wrong" at all.

Chances are high that, like me, you've just been so incredibly passionate about achieving the things you've wanted to achieve, the picture you've painted, that you just have forgotten to also take the time to rest and unwind. Chances are high that, like me, you've had some incredibly inspiring people to motivate and support you and that has meant that you feel so lucky to have some incredible opportunities in front of you, that you just haven't even wanted to take weekends off. Chances are high that, like me, you've probably worked through the weekends and without realising you've pushed yourself so hard on all levels that it is literally your body, mind and soul begging to be nurtured that has resulted in these random days of not feeling like "getting on" with things.

The biggest problem we have as wonderfully driven, passionate women is that we often overlook taking care of ourselves. We are so engaged on so many levels, with so many opportunities, that we can ignore the little requests our own bodies are making to us - to stop, reflect, nurture, restore and take great care of ourselves. Life is a delicate dance between great action and patience, determination and restoration, motivation and relaxation.

So this month, if you're feeling a little weary, if you're lacking a little oomph in your step, know that you deserve to have that long hot bubble bath, you can indulge in that beautiful glass of red wine, you can take that time to look across the harbour at the glorious sunset. Tomorrow there is plenty

of time for all the actions and business, but listen to your soul when it tells you to stop.

What a woman wants is to never run out of energy to achieve all her goals, but what a woman needs to remember is that sometimes resting herself is the very best way to ensure she can achieve everything she has worked so hard for.

Work hard my darlings, but don't be afraid to stop and have a little nap every now and then. You know we deserve it.

And on an extra special note, my most sincere thank you to Shane who I have worked with for more than a decade. Shane you have always believed in my writing, encouraged me to find a path that was mine, and allowed me to have my voice through this column. My very best wishes to you on your new journey and travels, may there be plenty of naps, beautiful wines and gorgeous sunsets ahead for you, especially after all you have given to us for *Docklands News*. Thank

Abbyx

Don't forget you can reach me at life@ docklandsnews.com.au or join me on insta and fb @abbyjanecrawford. See you there xx



Abby Crawford life@docklandsnews.com.au

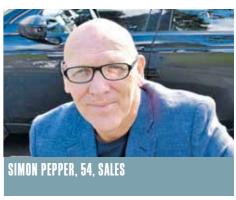






It's nice and quiet and I love that there are so many I like the city life that this area offers.





Even though I come once a year for work to Docklands, the area is really peaceful.



The fact that it is close to Southern Cross Station. I take the train so it's just very easy for me to walk to the station.



I just started working here. So, I feel the parks are lovely and there is really good food. The food is my favourite thing about Docklands.



My favourite thing is the open spaces because that gives you places to go in the lunch break.

### **Question:**

What is your favourite thing about the Docklands area?

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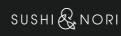




















Owners' Corporation Law

# OC chair wins \$120k defamation payout

A court in Sydney has awarded damages of \$120,000 to the elderly chairperson of a Manly apartment block, after a female tenant sent an email to him and the other owners in which she asked him to stop emailing her about locking her mailbox.

The court heard the chairperson had sent a number of emails to the tenant noting that her mailbox in the building had been left open and requesting that she keep it locked.

This included an email on May 24, 2017, in which he said: "As your mailbox has again been open for the last few days it is obvious I have not been able to convince you of the seriousness of this issue."

The court heard there had been reports of gangs stealing mail in the area. Mailboxes in the building were broken into twice, starting in April 2017.

The chairperson believed the culprits may have been able to cut a "master key" by examining the lock on the tenant's unlocked

In her email on May 25, the tenant said: "Your assertion/s that a single unlocked mailbox has allowed a criminal milieu to stalk the ... [apartment complex], and spend the time necessary to copy barrels/locks in order to then construct a master key is farfetched (sic)"

She described the chairperson as having a "fixation on this issue" and suggested that, in light of his "email hobby", he might consider getting sensitive documents such as banking statements sent via email rather than in the post.

Lawyers for the chairperson said the email defamed him by implying he was a "small-minded busybody who wastes the time of fellow residents on petty items" concerning the building, and that he "unreasonably harassed" and "acted menacingly towards" the tenant by "consistently threatening her by email".

They also alleged the email from the tenant suggested the chairperson was a "malicious person who sent threatening emails to the defendant and copied in other residents" to publicly humiliate her.

The judge found those meanings were conveyed and the tenant had failed to establish a defence to any of them. This included defences of truth and honest opinion.

"It would be fair to say that every sentence of the defendant's email in reply struck a blow at the plaintiff, and was intended to ridicule and humiliate him in every way," the judge said.

She found that the tenant's evidence was "coloured by exaggerated language, groundless suspicions and hostility".

As a lawyer who practices in owners' corporation matters, I am not shocked by this decision, even though the facts of the matter may seem trivial.

Defamation law is complicated and convoluted, however it is best practice that one should avoid ever having to get mixed up in a defamation case.

Owners and committees in Melbourne should reflect on this judgement. I have seen many emails over the years that have been sent by owners to committee members and vice versa that are far worse in language and imputation.

It will only be a matter of time before a similar judgment is made in Victoria.

My advice: best to go to bed and see how you feel in the morning before sending that email to the committee at 9.30pm at night. Calmer heads and more carefully chosen words seem to prevail in these circumstances ...



#### Tom Bacon

Tom Bacon is the principal lawyer of Strata Title Lawyers. tom@stratatitlelawyers.com.au

10 Years On

### Looking back at Docklands News - 10 Years On

JUNE 2009 | ISSUE 53 |

**DOCKLANDS A NEWS** 

# E-Gate, what is to become of it?

There's a lot of excitement currently surrounding the potential future of the E-gate site, located north of Docklands.

Ideas have included a housing and commercial development and even a new football stadium but, according to a State-Government think tank, it's an ideal opportunity to develop a world-leading Ecological Business District (EBD) or zerocarbon eco-city.

E-Gate encompasses 20 hectares in West Melbourne, between North Melbourne Station and Footscray Rd and is called E-Gate because it is gate number 'E', along Footscray Rd. The land is owned by VicTrack and is currently used mainly for logistics and transport-related purposes.

According to a statement by the State Government, "The site's current leases extend to the end of 2014, and any potential redevelopment plans are some way off. The feasibility study is the next phase of

Jumping in early, the Victorian Eco-Innovation Lab (VEIL) has been quick to raise the idea of an eco-suburb that also becomes an on-going expo for ecoinnovation.

VEIL's Project Co-ordinator Dianne Moy said: "When we heard the E-gate site was coming up for lease we thought it was a great opportunity for us to intervene in which way the development was going and to push sustainability."

In utilising academics and students from Melbourne, Monash, RMIT and Swinburne Universities VEIL looked at what Melbourne needed and came up with a series of proposals for a sustainable mixed-use residential and commercial development that includes producing renewable energy

onsite, growing its own food, an 80 per cent reduction in greenhouse gases and no cars.

"We'd anticipate about 6000 residents and, of those, maybe 3000 would work in the city. They could either walk or cycle in or catch existing transport. There would also be jobs on site as well, developing new green businesses."

Other ideas include using photo and bio remediation, or using plants, to clean up the site; developing high density, lowrise apartments; sewage would be treated on-site with the methane used for power production; urban wind towers and solar panels to create electricity.

Ms Moy said: "We'd also be looking at how this can integrate with the rest of Melbourne, but as many of these systems are still quite new, just how effective they are is still not fully understood. We'd use the site for research to test and trial systems, which could then be exported."

"This is a unique opportunity to understand how a sustainable community works from the ground up and to measure how well it's working. This has not really been done before. It would become a living testing ground. People would come and experience the site and take their learnings back to their own part of Melbourne."

Ms Moy acknowledged that cost was a major factor, "which is why we wanted the Government to start thinking about the site. We should be aiming to meet target goals for 2050 ... doing the best we can possibly do now."

Looking back , this story was published in Docklands News - June 2009, Issue 53

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#### **COMMUNITY CONSULTATION SESSION**

### WATERFRONT CITY EAST DEVELOPMENT PLAN

Ashe Morgan proposes to lodge a new Development Plan with the Department of Environment, Land, Water and Planning for the land at 277 Footscray Road, 50-96 Waterfront Way and 28-100 Little Docklands Drive in an exciting step in the regeneration of the Waterfront City Precinct.

Ashe Morgan is proud to introduce its vision for the precinct and welcomes all residents, business owners and stakeholders to view the proposed plans and provide feedback.

#### **SESSION DETAILS**

Thursday 6th June 2019
The District Docklands
Customer Service Centre
440 Docklands Drive,
Docklands VIC 3008

Daytime session 11:00am – 1:00pm Evening session 5:00pm – 7:00pm

If you would like to submit feedback, get more information, or receive a fact sheet on the proposed amendment, please contact info@luoda.com.au.



# WHAT'S ON **COMMUNITY CALENDAR**

A P R MAY I JUN I MAR JUL A U G SEP O C T

#### **TUESDAYS-WEDN-THURSDAYS** AT THE HUB - 12-2PM (1H CLASS) COME AND LEARN FRENCH

Share your lunchtime with colleagues and friends and learn something new. It's a lot of fun!

Contact Amanda on 0405 086 480 or at frenchlyspeaking@gmail.com

### TUESDAYS 6:30-8PM, THE MULTIPURPOSE ROOM, COMMUNITY HUB AT THE DOCK, 921 COLLINS ST. GIRL GUIDES DOCKLANDS

Girls aged 5-17 are invited to come to our Unit meetings. Helping girls gain new skills and make a difference in the community. 03 8606 3500 email: leilahusy@iinet.net.au

#### **EVERY SUNDAY 10AM-5PM NEWQUAY PROMENADE** DOCKLANDS SUNDAY MARKET

A variety market featuring arts and crafts, books and more. For more info, ring 0412 910 496

#### 6.30 PM TO 8.30 PM 1ST, 3RD & 5TH MONDAY OF THE MONTH, LIBRARY AT THE DOCK - COMMUNITY ROOM MIGHTY DOCKLANDS TOAST-**MASTERS**

Boost your public speaking and leadership skills.

http://mightydocklands.easy-speak.org/

#### 2ND SATURDAY OF THE MONTH 2-4PM, LIBRARY AT THE DOCK ADHD SUPPORT GROUP

Peer-support meetings or Q&A sessions with expert about ADHD in adults. Adults affected by ADHD and their families and friends are encouraged to attend. \$2

Facebook @AdultADHDMelbourne

#### FIRST THURDAY OF THE MONTH 9.30AM-12PM LIBRARY AT THE DOCK CHINESE BOOK CLUB

Come along for morning tea and a look at the new Chinese books at the Library at The Dock. Meet other readers, have a chat and find some new Chinese books, magazines or DVDs to borrow. FREE

### SCOUT GROUP

Is looking for Leaders, Adult Helpers and new Scouts for their scout troop located at the Fishermen's Bend Community Centre in

Susan Harris: portmelbscouts@gmail.com

### PORT MELBOURNE

FRIDAY 21 JUNE, 6-7PM

PERFORMANCE SPACE,

LEVEL 2, LIBRARY AT THE DOCK -

THE ART OF LYRIC WRITING PANEL

For International Make Music Day, The Dock is

hosting an Art of Lyric Writing Panel, bringing

together a formidable roll call of locally-based

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10.30-11AM, LIBRARY AT THE DOCK

children to code and improve their problem

solving skills and logical thinking. For 9-11

year olds. Book via Eventbrite. 9658 9379 or

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#### WEDNESDAYS 6.20PM ONWARDS, HUB AT DOCKLANDS, 68-90 HARBOUR ESPLANADE DOCKLANDS **DOCKLANDS SOCIAL NETBALL**

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#### **TUESDAYS AND FRIDAYS 12-2PM SATURDAYS 11AM-3PM SHED 2** ALMA DOEPEL RESTORATION

Tour "Behind the Scenes" the work involved in restoring this 115-year-old Australian three-masted top sail schooner. Learn the rich history, the purpose of the restoration

#### 2ND FRIDAY OF THE MONTH 4-5.15PM **LIBRARY AT THE DOCK**

A monthly Docklands Jazz lounge at Library at The Dock's foyer. Sip some coffee while enjoying the diverse Jazz tunes.

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#### **MONDAYS AND WEDNESDAYS** 9AM-12PM, LIBRARY AT THE DOCK

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#### **11AM EVERY SUNDAY** SUNDAY WORSHIP

City Light Methodist Church at St Peter the Mariner's Chapel. Mission to Seafarers, 717 Flinders St. English and Chinese service 中文

#### **EVERY WEEKDAY 6.30AM CORNER OF SOUTH WHARF DR AND** POINT PARK CRES, YARRA'S EDGE

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#### **EVERY TUESDAY 2-4PM** SASSONE, 70 LORIMER ST YARRA'S EDGE SOCIAL CLUB

Come along to connect with your neighbours, and/or join one of our mini-clubs. Casual & friendly.

www.facebook/YarrasEdgeSocialClub

#### **EVERY OTHER SUNDAY 11AM-4PM DOCKLANDS YACHT CLUB** COMMUNITY SAILING DAY

Come and try sailing with the community. No age limit and no fitness requirements. People with disabilities are welcome.

\$20. docklands.yachting.org.au

## WESTJUSTICE

#### FIRST THURSDAY OF THE MONTH 10AM, LIBRARY AT THE DOCK SUNRISE PROBUS CLUB

Probus Clubs for men and women over 50. Meet new friends, share interests and enjoy activities.

Contact mspc.docklands@gmail.com

#### **EVERY SATURDAY 9.30AM COMMUNITY HUB AT THE DOCK** CYSM SEA DRAGONS

Three free dragon boating sessions. Contact Vicky at

cysm.seadragons@gmail.com www.cysm.org/dragonboat

#### **WEDNESDAYS AT 5.30PM SATURDAYS AT 8.30AM SHED 2, NORTH WHARF RD** DRAGON MASTERS DRAGON **BOATING**

Contact Jeff Saunders on 0417 219 888 or Jeff.saunders@digisurf.com.au

#### LIBRARY AT THE DOCK - WEEKLY PROGRAMS

#### **STOMPERS MONDAYS AT 10.30AM**

Encourage your child to have a lifelong love of books by coming along to Stompers, Melbourne Library Services weekly program for toddlers aged 18 months to three years.

### **SONGBIRDS**

Come along for songs, rhymes and stories to engage your budding book worm's mind and introduce them to the fun and rhythm of language. Suitable for babies and toddlers aged up to 18 months old.

#### **CREATIVE KIDS AFTER** SCHOOL CLUB

WEDNESDAYS 4.30PM TO 5.30PM.

Ever wanted to 3D print your own superhero figurine? At the Creative Kids After School Club you can. Come hang out and create in our maker's space. Projects will include jewellery making, game design, paper crafts, comics and more.

#### **EVENING TABLE TENNIS EVERY THURSDAY 7-9PM**

Challenge yourself with friends at this regular catch up of ping-pong enthusiasts.

#### TAI CHI AT THE DOCK **EVERY THURSDAY 7.30-8.30AM**

Come along to find your inner peace and power at this weekly community Tai Chi session that is open to people from all walks of life. The ancient Chinese martial art is a tranquil and graceful way to keep fit. Beginners welcome. FREE

#### PRESCHOOL STORYTIME FRIDAYS AT 10.30AM

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**WEDNESDAYS AT 10.30AM** 

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66 Merchant St, Docklands (opposite Safeway) Ph: 03 9629 9922 Fax: 03 9629 9933 Email: vicharbourpharmacy@nunet.com.au

#### **Southern cross** pharmacy

Hours: Monday to Friday 7am-8pm Saturday 10am-6pm

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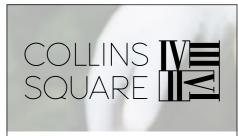
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# DOCKLANDS SPORTS PAGE

# International ice hockey

While not the national teams, USA and Canada are facing off on the ice at O'Brien Icehouse in Docklands this month.

This year's Ice Hockey Classic follows similar events since 2015, with games also being played in NSW. On June 21 and June 22, the Icehouse will come alive with ice hockey magic, with local rivals Melbourne Ice and Melbourne Mustangs also battling it out.

On Friday, June 21 USA takes on Canada.

The teams from USA and Canada features current ice hockey stars, illustrious veterans and promising emerging talents, showcasing the toughness, speed and skill of international ice hockey.

Canada gave a stellar performance for their first victory during in April in the UK and will be hoping to win again here.

The locals take to the ice at 4pm on the Saturday before the USA and Canada again go head-to-head.

The event will raise awareness and funds for the STOPCONCUSSIONS Foundation in association with Brain Injury Australia.



Michael Allen from Medibank on a lunch fitness kick.

# **Burpies on Collins**

By Rhonda Dredge

Not all financial people sit around at lunchtime, plotting their next promotions or lurking by the docks with a

Some are out there in the sunshine keeping their corporations in good shape.

Take 12 members of the commercial finance section of Medibank Health Insurance.

The team did 50 punches, jogged to the end of the sports courts at Docklands Park, then

followed this up by push-ups and sideplanks.

There was lots of huffing and puffing particularly when the group, under the strict tutelage of financier Michael Allen, attempted "suicide by burpie".

The burpie is a cardiovascular exercise that includes three vigorous moves, all of them difficult.

"We start with 10 then eight, six, and four then we plank," he said. The response was not all positive.

"I feel sick already," complained one victim, who was forced to hold a plank until the rest of the team finished.





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