

The voice of Docklands | 道克蘭之音

DUCKLANDS NEWS

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More tram bridge fears

By Shane Scanlan

Yarra's Edge opponents of the Yarra River tram bridge would have been disappointed to hear Lendlease tell Melbourne city councillors on March 21 the proposal was still figuring in local planning considerations.

On behalf of Lendlease, town planning consultant Michael Barlow dropped a bombshell when addressing councillors' concerns over a link between two ANZ buildings flanking Collins Landing park.

Mr Barlow explained that a proposed sky-bridge link between the current ANZ Centre and an adjacent proposed new campus at 839-865 Collins St had plenty of clearance to cater for a tram bridge to Fishermans Bend.

At the time, Mr Barlow was playing down the significance of Collins Landing as a piece of public open space.

"It should be said that this is not a critical piece of open space within Docklands," he said. "Indeed, it is possible that this land may be set aside for a future tram link across to the south-side of the Yarra."

The State Government went to the last election opposing the tram bridge link and has consistently ruled it out. But, with only 19 months remaining in its term of office, there has been speculation about a change of policy in the lead up to the next election.

The City of Port Phillip and other interested parties have kept consistent pressure on the government to change its policy position and commit to the transport link which would open up new connections with the emerging urban development area.

The City of Melbourne's policy position on the tram bridge remains ambiguous.

Some councillors last year openly talked about the desirability of the tram link.

In 2013, the council made a submission to the Fishermans Bend draft vision supporting a tram link across the river – describing it as a "critical connection" with the CBD.

At the same time, the council said further investigation was required into design options for the tram extension that would cater for the maritime role of the waterways.

Residents of Yarra's Edge led the charge against the bridge in the lead up to the November, 2014 election – resulting in a commitment from the ALP not to build the bridge. This outcome was championed by local MP Martin Foley.

In their report to councillors recommending that the city reject Lendlease's sky-bridge, council officers said the park was already compromised by shadowing from both the ANZ Centre and the new Y3 building.

"Collins Landing is already significantly overshadowed by the existing ANZ building and the approved Y3 building. The sky bridge will result in additional shadowing of Collins Landing, including the promenade adjacent to the Yarra River's north bank edge during lunchtime (11am – 1pm on 22 September),


Continued page 2



Dogs bring people together

A pilot "Dog Pawty" saw more than 100 Docklanders gather with their pooches at Buluk Park on Neighbour Day, March 26.


The Docklands Dog Pawty was organised by the The Dock Community Hub and Victoria Harbour and received overwhelming support. The day was filled with fun activities and training sessions with dog experts. Indigo Pierzchalski (pictured) certainly made the most of the opportunity to get to know her new friend Finn.



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A crime wave has hit Docklands, with crime numbers soaring 62 per cent in a year between 2015 and 2016.

It is a much bigger surge compared with a 10 per cent overall increase in Victoria and 7 per cent in the CBD. The number is also Docklands' highest in the past five years.

There were 1379 offences recorded in Docklands in 2015 and 2235 in 2016.

Among the crimes committed in the area, theft made up 37 per cent and deception 20 per cent. The number of deception offences soared from 117 in 2015 to 447 last year, one of the most significant increases among all offences in Docklands.

Crime Statistics Agency's chief statistician, Fiona Dowsley, said that while property and deception offences overall had increased in the last 12 months, most of this increase was due to increases in theft offences.

"Our analysis shows that more than one third of all recorded offences in Victoria are theft related," Ms Dowsley said.

John Kakos, vice president of the Docklands Community Association and chairman of three owner's corporations in NewQuay,

said he thought most of the crimes in Docklands were concentrated in specific areas, particularly among low-income housing units in Docklands Drive.

He also said crime rates could be easily reduced through educating residents on safety precautions.

"The crimes in Docklands are mainly theft and deception offences, which could be reduced if the residents stay more vigilant of suspicious activities and ensure their properties and valuables are secured," Mr Kakos said.

"We are taking steps to inform residents about how they can protect themselves and assist the police to reduce similar crimes," he said.

Mr Kakos said Docklands' overall crime rate was relatively low compared with other areas around the CBD and the crimes were generally non-violent.

"Docklands remains a safe area and we can easily address certain issues through more awareness and more police patrols," he said.

Despite the dramatic surge, the overall crime numbers in Docklands in 2016 only constituted about 6 per cent of the total crimes within the Melbourne municipality.

More tram bridge fears

Continued from page 1.

when nearby workers will be using the space," the report said. "Any additional overshadowing of the Collins Landing is not supported as the area is already compromised."

At the March 21 meeting, councillors unanimously opposed the sky-bridge, but with Lord Mayor Robert Doyle saying his opposition was "reluctant". Cr Doyle said he expected Planning Minister Richard Wynne would approve the bridge anyway, despite the council's opposition.

Mr Barlow said Leadlease had only secured ANZ as the major tenant for Y3 on the basis that the two campuses were connected by sky-bridge.

Without actually saying that ANZ would renege on the deal if planning permission for the sky-bridge was denied, Mr Barlow told councillors the banking giant only agreed to the tenancy if it was provided.

"ANZ came along and said 'we will take it, but we want this bridge link'. And we said, 'yes, we will now undertake this application,'" Mr Barlow said.

Mr Barlow said the deal with ANZ was only secured in the middle of last year. He said the building could not be leased in 2012, 2013, 2014 or 2015.

"When the deal was done with ANZ, ANZ said 'part of our requirement is, in fact, that we have this bridge link to create the campus,'" he told councillors.

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Have a drink with Duncan

The Woolshed re-opens later this month and the fire-affected venue wants locals to come and have a drink on them.

While the official opening is April 21, locals day is Sunday, April 23, starting from 4pm and long-term manager Duncan Laidlaw is looking forward to thanking the community for its support since fire ripped through the Central Pier venue in November.

“We just want to say thanks to the community,” Mr Laidlaw said. “The support has been fantastic, so the beer’s on us.”

“Locals” will be able to identify themselves by presenting a commemorative coaster that will be earlier direct-mailed to Docklands addresses.

On the day, guests will see that the venue has been restored to its pre-fire condition, but that management has taken the opportunity to modernise, refine and upgrade facilities where appropriate.

And it’s not just the building that is being upgraded. The hospitality offering itself is being taken upmarket too. The word “pub” has been dropped from its name to better reflect the venue’s positioning in the market.

“Our strengths have always been restaurant, bar and events, so the adjustment to the name is probably overdue,” Mr Laidlaw said.

Another strength being highlighted is the venue’s heritage values. Modern LEDs “shine a light” on many previously unnoticed links to Docklands’ maritime past.

And while the building’s heritage listing has presented particular challenges, it also offers a strong point of difference with other nearby venues. Heritage imagery is tastefully featured throughout and there is a lot more natural light now.

Mr Laidlaw and sales and events manager Lee Cleal have both worked almost every



Duncan Laidlaw and Lee Cleal are keen to start pouring drinks again.



Mr Laidlaw after the fire.

day since the fire and proudly showed *Docklands News* through the re-vamped premises.

A new mezzanine level has been added to the large function space at the rear, and the kitchen has been opened up and modernised.

There is a new staircase, some structural changes in other areas and the restaurant has been more formally extended into the “verandah” area at the front.

Mr Cleal said he was looking forward to hosting more “meet and greet” dinners for locals as the venue got back on its feet. A “Pig and Pinot” event is likely to be the first cab off the rank.

The Woolshed sees itself as the natural meeting place between the various sides of Docklands and its proximity to Etihad Stadium and popularity with visitors confirms this role.

Mr Cleal said the corporate community had been quick to pledge its ongoing support with bookings already received for End of Financial Year and Christmas events.

And, he said, it had retained most Melbourne-based staff since the fire, who were keen to get back to work.

Government tight-lipped on school site

By Shane Scanlan

As the State Government’s self-imposed deadline to identify the site of the new Docklands primary school looms, it says it is still a work in progress.

Education Minister James Merlino said on October 11 that the site of the new school would be announced within six months.

But, as the April *Docklands News* went to press, an Education Department spokesperson said: “The government is committed to delivering a school in the Docklands and is currently working to identify a suitable site.”

Docklands News understands that the government has, in fact, chosen a site for the school – the former Docklands “place of worship” site on the corner of Footscray Rd and Little Docklands Drive.

The “place of worship” was an election promise of the previous Coalition State Government but was never delivered.

Former planning minister and current leader of the opposition Matthew Guy first announced plans for a Docklands place of worship in 2012.

In June 2015, Places Victoria terminated a lengthy bid process for a local place of worship. It had spent two years in negotiations with CityLife Church – a Pentecostal mega-church based in Melbourne’s eastern suburbs.

To bid for the place of worship, interested parties had to offer community benefits, such as co-sharing premises with other denominations or providing education and training facilities.

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Artists impression

Green light for Collins Wharf

Planning Minister Richard Wynne has given a green light for Lendlease’s \$1.2 billion Collins Wharf development, which will create a six-hectare neighbourhood along North Wharf Rd.

Last September, Melbourne City councillors slammed the developer’s plans for five Victoria Harbour towers.

And in November, Mr Wynne told *Docklands News*: “We are talking to Lendlease about a modified proposal.”

But the successful proposal has approval for the same number of apartments. A Lendlease spokesperson said the Minister merely changed the way the towers were arranged, with the shortest tower now being placed closest to the Bolte Bridge.

Under the approved Lendlease development, a new precinct will emerge with five towers, accommodating 3500 residents and workers and creating 3000 jobs over the next eight years.

The five residential towers will be capped at 85 metres. The residences will range from one to three-bedroom apartments and each apartment will have water views. Four-storey town houses will be built along Collins St.

The project will be completed with five new public parks to provide ample open space for residents.

Collins Wharf will boast an innovative ecological park with floating wetland and a walking trail with new waterfront access



along the Yarra River on the western tip of the Northern Promenade.

The wharf will have 2.5km of water frontage to both Victoria Harbour and the Yarra River. Pedestrians and cyclists will be given access to the promenade.

The site will extend from the current Victoria Harbour and Collins and Bourke streets will serve as the main traffic routes through the site.

“This exciting new development will create thousands of jobs and transform the Victoria

Harbour precinct of the Docklands into a vibrant residential community with park space to enjoy the great outdoors,” Minister Wynne said.

“Parklands and open space are the keys to happy and healthy communities. We’ve worked with the developer to ensure public space sits at the heart of this development,” he said.

Some small-scale waterfront commercial space will offer opportunities for creative boutique enterprises along the wharf and a health and wellbeing centre will be

constructed at the water’s edge.

The project will be delivered over five stages and will create 25,000sqm of public space. Collins Wharf is expected to maintain Victoria Harbour’s six-star green star communities rating from Green Building Council of Australia.

Lendlease’s managing director of urban regeneration, Mark Menhinnitt, said the highlight of the development was the abundant public space, which would complement the places already developed and under construction at Victoria Harbour.

“The Collins Wharf development will take advantage of Victoria Harbour’s existing retail and public space, including Library at The Dock, Community Hub at The Dock, Knowledge Market and more than 80 dining and entertainment options – while adding diverse new public spaces,” he said.

“Following our consultation with the local community in 2015 and engagement with authorities over the past 18 months, I’m confident that our Collins Wharf vision will present one of Melbourne’s most desirable locations for residents, visitors and local workers to enjoy.”

Constructions of the first 320 apartments are expected to start in 2018.



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Caiafa booted off council. Riley back

By Shane Scanlan

A judge has removed City of Melbourne councillor and Queen Victoria Market trader Michael Caiafa and replaced him with former Team Doyle councillor Susan Riley.

On March 14, Justice Greg Garde removed Mr Caiafa, simultaneously acknowledging that he had done nothing wrong and even suggesting that the council cover his legal costs.

Justice Garde said: "His conduct has been exemplary. He has done all that an elected councillor can do since he was declared elected. His position is affected by the actions of another candidate over whom he had no control, and for whom he has no responsibility."

Justice Garde acted on the suggestion of the Victorian Electoral Commission (VEC), which appealed an early decision of the Municipal Electoral Tribunal (MET) dealing with the disqualification of successful candidate Brooke Wandin.

Ms Wandin was declared elected in the October 22, 2016 council election but was later found to be incorrectly enrolled.

On December 5, MET Magistrate Michael Smith ordered a "countback" of votes, which would likely have preserved Cr Caiafa's position but added Ms Wandin's running mate Nic Frances Gilley to the council.

But the VEC successfully appealed to the Victorian Civil and Administrative Tribunal



Michael Caiafa.

(VCAT) where Justice Garde ordered a "recount". Mr Frances Gilley was also successful using this method of counting and had now become a councillor. He and Susan Riley were sworn in on March 21.

Explaining his decision, Justice Garde said: "Exercise of a discretion often involves competing factors. Each must be given the weight considered appropriate. Whilst acknowledging the effect of the ineligibility of Ms Wandin on the other candidates, particularly Mr Caiafa, the tribunal must ensure that effect is given as far as possible to the votes of the electors as cast in the ballot."

"This duty is at the heart of the democratic system of local government. It is the factor that deserves greatest weight in the exercise of the Tribunal's discretion."

Justice Garde went on to say: "While the tribunal undoubtedly has power to declare unelected a candidate who was elected and who is qualified to be elected, and has acted



Councillor Susan Riley.

properly, it is a power to be approached cautiously and only exercised where necessary."

"No previous instance of such a nature in the case of a multi-member electorate was cited to the tribunal. Nonetheless I am satisfied that it is necessary in this case to give effect to the votes and preferences cast in the ballot, as determined on the recount. There is no alternative if the two candidates who were elected on the recount are to serve on the council."

Justice Garde's action grants Lord Mayor Robert Doyle a majority of councillors in the 11-member chamber.

Cr Doyle had been critical of Magistrate Smith's decision and had publicly advocated for the methodology championed by the VEC. Cr Doyle admits to spoking with VEC Commissioner Warwick Gately on two occasions but both men deny any influence

was brought to bear on the VEC's decision to appeal the matter to VCAT.

Mr Caiafa told CBD News he considered his legal options and determined it was too hard to appeal Justice Garde's decision to the Supreme Court.

"I greatly appreciate the comments and the overwhelming support shown to me from other councillors, council staff and members of the public," he said.

"Obviously, the outcome is terribly disappointing for me. Despite this disappointment and my great desire to continue in my role as councillor for the remaining three and a half years of the term, I do not wish to cause more uncertainty and interruption to the work of the council by pursuing any appeals against the VCAT decision."

"I remain passionate about the Queen Victoria Market and, while I am not able to serve out my time as an elected councillor, I want to continue to serve the people of Melbourne and all those who wish to see the market thrive and develop long into the future."

"I would welcome the opportunity to continue to work with the council to achieve that outcome."

Cr Jackie Watts told CBD News the decision was further evidence of the need to reform the municipal electoral system.

"It's most unjust and is very concerning that our democracy has malfunctioned to this extent," she said.

Cr Watts has written to the VEC with 32 questions arising from the conduct of the October 22 election.

The trends of Docklands' households

According to the City of Melbourne's data, there will be more lone-person and family households in Docklands in the near future.

The number of one-person homes is predicted to more than double in the next 10 years, increasing from 3543 in 2016 to 7690 in 2026.

Households where couples live with their children in Docklands will also double, rising from 469 in 2016 to 1079 in 2026.

Lone-person households currently make

up 51.7 per cent of all homes in Docklands, while families make up 16.4 per cent. Homes of couples without children constitute 22 per cent of the total households.

By 2026, 17.4 per cent of Docklands residents are expected to be living with their families and 52.6 per cent living alone.

Approximately 10 per cent of the total

Docklands population live in shared group dwellings and the percentage is set to reduce to 7.9 in 10 years.

The number of residents per dwelling is estimated to drop from 1.55 to 1.48 – but is expected to increase to 1.61 in the long term.

The total population is set to soar from the estimated current 11,324 to 21,091 in 2026.

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Small business recognition

The City of Melbourne is seeking nominations from eligible small businesses for its 12th annual Lord Mayor’s Commendations.

The commendations celebrate and recognise the contribution that small businesses make to the success of the city. More than 500 City of Melbourne-based small business owners have so far been recognised.

Applications are open until Friday, May 19, with a ceremony to be held on Wednesday, August 23.

Lord Mayor Robert Doyle said small businesses played a huge role in building the prosperity and cultural fabric of our city.

“Small businesses are the engine room of our economy. Their energy, creativity and passion help to make Melbourne the world’s most liveable city,” the Lord Mayor said.

“The City of Melbourne is home to 13,000 small businesses which employ 75,000 people. Small businesses make up more than 80 per cent of all the businesses operating in the City of Melbourne.”

“The dedication and passion of the people who run small businesses should be recognised and that’s what this program is all about.”

The Lord Mayor’s Commendations are free to enter and are open to any business proprietor within the City of Melbourne municipality that employs 20 people or less and has operated continuously for more than 10 years.

Commendations for small business proprietors include: 50 + years; 40 + years; 25 + years; and 10 + years.

For more information on the Lord Mayor’s Commendations, including how to apply or nominate an eligible small business, or call 9658 9658 or visit www.melbourne.vic.gov.au/commendations.

Melbourne’s lucky day

By Shane Scanlan

The City of Melbourne has just got lucky with the chance inclusion of Nicholas Frances Gilley as its 11th councillor.

The most-impressive social entrepreneur’s “election” to council is an accidental, but fortunate, outcome of a bizarre chain of events, which started before the October council election.

Never really expecting to get elected, Mr Frances Gilley and running mate Brooke Wandin were supposed to contest the deputy and lord mayoral positions and attract votes for former councillor Richard Foster.

However, a simple mistake saw them enter the wrong part of the election, which led to a bitter falling out with Mr Foster and resulted in both Mr Foster and Ms Wandin facing criminal charges over Ms Wandin’s enrolment address.

These matters are still before the courts. The authorities are currently working with Ms Wandin on ways to avoid a conviction. By contrast, Mr Foster is pleading not guilty, and the matter is due for further mention in the Melbourne Magistrates Court on July 18.

Ms Wandin was elected to the council (largely on preferences) but was later stripped of the position when it became clear that she was ineligible to stand.

Victorian Civil and Administrative Tribunal (VCAT) president Justice Greg Garde on March 14 declared Mr Frances Gilley elected in her place. And while he was initially not interested in the position, Mr Frances Gilley said he decided to take up the opportunity to honour his commitment to Ms Wandin (in whom he was “in awe of”).

He says he will work towards reforming the electoral process so that indigenous people, such as Ms Wandin, in future can be automatically eligible for election no matter where they live. He calls this “paternal right” and offers the treaty that John Batman signed with the Wurundjeri tribe in 1835 as the basis of his rationale.

Mr Frances Gilley denies this is “idealistic”, saying that, in fact, it’s a pragmatic ambition because it can be achieved by simply adding



New councillor Nicholas Frances Gilley.

a tick-box to candidate enrolment forms for indigenous Australians.

And while this sounds like “pie in the sky”, Mr Frances Gilley’s track record for getting things done suggests it just might happen.

He’s been a CEO since he was 25, has been ordained an Anglican priest and was awarded an MBE (Member of the British Empire) for charitable achievements in Britain before coming to Australia in 1998 where he became the executive director of the Brotherhood of St Laurence.

He is on boards, writes books, speaks internationally and is well connected with the World Economic Forum. He is also an environmental player on the world stage.

The thought of his intelligent and passionate contribution to the direction of our city within the council chamber is exhilarating.

“I have skills,” he said modestly, pointing to

the obvious areas of homelessness and the environment as where he can contribute most.

And he’s not daunted by his ignorance of local government policies, processes and powers.

“It’s a board position, isn’t it?” he said, explaining that his strategic thinking was the best thing he could contribute and vowing to steer clear of the detail.

“You’ve got to trust the people who do the detail. What I will do will be within the context of that detail,” he said.

“My style is to pose questions such as: ‘would this be a good goal for us?’”

He’s also not embarrassed that he and Ms Wandin’s team attracted only 1534 votes.

“It’s the system, isn’t it? We’ve ended up with a consequence that neither of us expected, but I’m now in the job.”

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A Doyle majority – what will it mean?

By Stephen Mayne



Now that the City of Melbourne election results have been finalised by VCAT President Greg Garde, what will it mean for governance at city hall?

The return of former deputy lord mayor Susan Riley as the vital sixth member of Team Doyle, along with the election of non-Doyle Liberal Party member Philip Le Liu, means we have the most right wing or pro-business council for many years.

If you label all members of Team Doyle as part of the right – and Deputy Lord Mayor Arron Wood along with former Labor Party state secretary Nick Reece both have solid progressive credentials – then you are talking a comfortable 7-4 majority.

The five-person Team Doyle faction did meet regularly in the last council, but they couldn't make any decisions without securing an additional vote. This time, they will potentially have complete control over council decisions within their team meeting.

Cr Jackie Watts, a Labor Party member and persistent Doyle critic, will gain little traction in the new council and has already been the subject of at least one formal complaint to state government oversight bodies.

However, just because we have a business-backed and Liberal-led council, don't expect an immediate move on the 17 per cent loading that business pays above the level of rates paid by residents. That set-and-forget differential has been in place for more than two decades and won't be changed, largely because business has not complained.

Similarly, even if debt blows out delivering the \$300 million-plus Queen Victoria Market precinct redevelopment, you'll never see a Doyle-controlled council asking for an exemption from rate capping.

That said, Cr Doyle is very conscious of the fact he rules over most of Adam Bandt's federal seat of Melbourne, long recognised as the most left wing federal seat in the country. The Lord Mayor jokes about being in a Green-Liberal Coalition and is very proud of being the spiritual leader of the so-called "Hamer Liberals" – the progressive, moderate group who look after the environment and embrace minorities whilst also keeping the budget balanced.

The Lord Mayor is unlikely to alienate the two Greens on council, Rohan Leppert and Cathy Oke, given they are both impressive individuals who have worked constructively with him in the past.

But he will no doubt be tempted to use some of his new-found power and the biggest risk relates to the conga line of rent-seekers who will ask for favourable treatment.

News Corp provided the worst example in the last council when it prevailed on the Lord Mayor to dish out almost \$300,000 of ratepayer cash to assist with their Good Friday Appeal. It was a dud investment which wasn't repeated, but there will be many others seeking favours, such as James Packer's Crown Resorts with its plan to build the biggest building in the southern hemisphere on the Queensbridge Hotel site.

The controversial removal of QVM trader Michael Caiafa, after serving for almost 150 days, will raise legitimacy questions about the Lord Mayor's majority.

Why did it happen? No legitimately elected councillor or politician in Australia has ever been removed from office mid-term by the same electoral authority which declared them elected in the first place.

The VEC is meant to be a sober independent authority which responds to events as necessary – not an interventionist litigant triggering unprecedented electoral outcomes with major political implications.

As *CBD News* has previously reported, the Lord Mayor and Electoral Commissioner Warwick Gately had two telephone conversations during the Brooke Wandin imbroglio. What did they talk about?

As a party to the proceedings who followed

all submissions before Magistrate Michael Smith at the Municipal Electoral Tribunal and before Justice Garde at the VCAT appeal, I did not see or hear any convincing argument supporting the VEC position.

In my opinion, Magistrate Smith got it right and the VEC should never have appealed. Given that the VEC had declared Brooke Wandin elected, there should have been a vacancy declared and a countback which elected her running mate Nicholas Frances Gilley, who only received 14 primary votes.

But no, the VEC persisted with an alternative argument of assuming Ms Wandin had withdrawn before the election, when she hadn't.

The VEC approach didn't stop Brooke Wandin's tainted votes being used to elect her running mate, and it had the additional impact of delivering a Doyle majority (which the clear majority of voters did not want) and removing a serving councillor who scored the fourth highest vote with 7.78 per cent.

This is a travesty of democracy which, assuming no successful appeal, will effectively martyr Michael Caiafa and further boost the already powerful political movement opposing council's QVM redevelopment plans.

Don't be surprised if all this plays out at the 2018 state election as Planning Minister Dick Wynne, a critic of council's QVM plans, desperately tries to fend off a Green challenge in his seat of Richmond.

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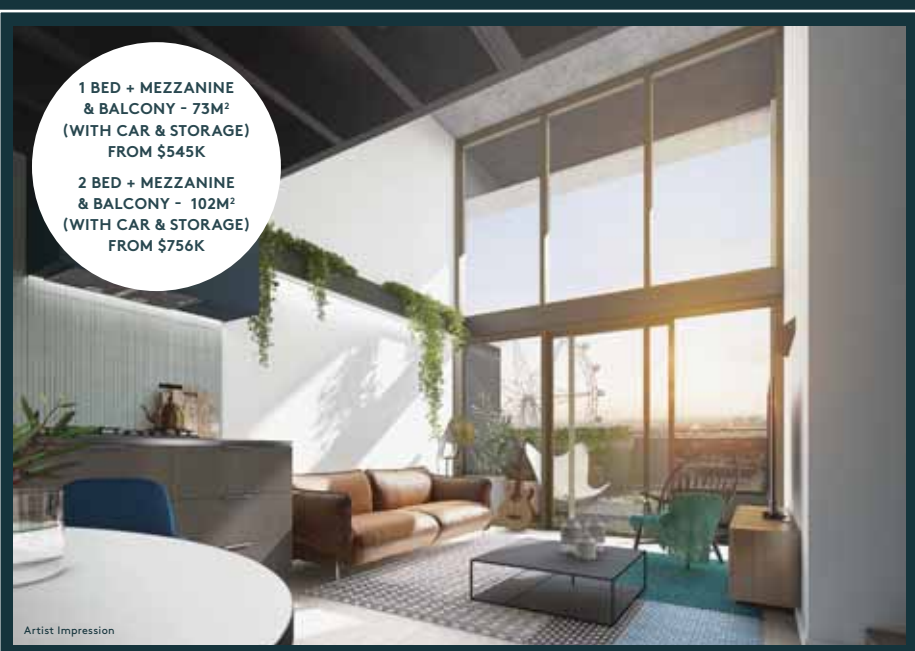


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Hot box apartments are a health risk

By Sean Car

CBD residents face growing health risks associated with heat stress due to poor Australian apartment design standards, a new study by the University of Melbourne has shown.

The *Living Well – Apartments, Comfort and Resilience in Climate Change* study has found that Australian apartments don't comply with international standards when it comes to protecting inhabitants from extreme heat.

It looked at how apartments would perform in "free running mode" without mechanical cooling systems or air conditioning, such as in the event of a black out.

Researchers tested six common apartment building types ranging from high-rise and low-rise apartments to brick buildings and apartments considered as "best-practice" in the context of current Australian standards.

The study modeled how apartment designs could cope with excessively high temperatures by testing them against the heat wave conditions that hit Melbourne in January and February 2009, which included the Black Saturday bushfire disaster.

It also chose a worst-case scenario by modeling west-facing apartments that are most exposed to the sun. All six apartment samples failed the four standards they were tested against.

Two building types tested that were typical of most apartments in the CBD – being high-

rise heavyweight apartments made almost entirely of concrete – measured as the worst performing.

While current overseas building standards in countries such as France and Germany enforce strict rules on mitigating heat impacts, it is not currently addressed within the Building Code of Australia.

The study's lead researcher and construction scientist Chris Jensen said the results were a wake up call, particularly with scientists predicting longer and more frequent heat waves in the future.

"The research highlights to the public that heat stress inside apartments is a real issue and that we need to do more to control this, not only in new buildings, but also for existing buildings," he said.

One of the study's key recommendations calls on the national building regulator to adopt standards that protect people against heat stress by considering variables such as air temperature, humidity, air velocity, metabolic rate and clothing insulation.

The State Government's *Better Apartment Standards*, released in December, includes a maximum cooling load, which is calculated

using the Nationwide House Energy Rating Scheme (NatHERS) standards. However, Mr Jensen told *CBD News* these standards didn't go far enough in addressing heat stress.

"We're calling on a range of different policy changes," he said. "It's addressed really well overseas but it's not currently addressed in Australia. The apartment standards guidelines don't address heat stress – the maximum cooling load uses computer energy modeling and doesn't capture peak temperatures."

Apartments currently considered best-practice encourage natural ventilation for adaptive comfort, while others recommend windows be kept closed during heat waves.

Many of the inner city's high-rise apartments don't have opening windows, posing particular dangers for residents in the event of power blackouts. And not all apartment buildings have back-up generators.

According to the building manager of Freshwater Place in Southbank, Mike Zverina, generators only ensured that power was maintained to lights, air supply, lifts and water. All appliances, including air conditioning, are not connected to the emergency loop.

However, while some generators, such as those installed at Freshwater Place, ensure a temperate pressurised average air of 22 degrees, Mr Zverina said not all buildings had temperate air provided by the central system.

A spokesperson for the Australian Building Codes Board said the National Construction Code did not regulate backup power supply other than for emergency safety equipment.

"The provision of a generator for backup power is a matter that is at the discretion of the building owner/developer or building manager having regard to the nature and use of the building," the spokesperson said.

"A building does not get sold or occupied without a power source, so it is not something that needs to be regulated."

The *Living Well* study recommended a number of retrofit options, which included increasing thermal mass, added insulation, light colouring of external walls, improved ventilation and window shading.

However, the study found that even with the addition of all of these retrofits, some apartments would still fail to comply with some international standards.



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Docklands' girl features in print

By Sunny Liu

It could be the first ever children's book published about Docklands.

Tamara D'Mello thinks Docklands is so unique that she decided to write a book about it. *Docklands Girl*, published in March, draws a lively picture of the vibrant city suburb from the perspective of Ms D'Mello's daughter Aria.

Ms D'Mello moved to Docklands with husband and daughter in 2012. Aria, now five years old, is a "native Docklander".

Ms D'Mello is from Bombay, India, and her husband is an Australian who grew up in the outer suburbs of Melbourne. She said the book showcased the multiculturalism of Docklands through Aria's mixed cultural background.

"Aria is the inspiration of the book. It's about her everyday life in Docklands with some elements of the Indian and Australian cultures," Ms D'Mello said.

"The book is about diversity and it also touches on immigration. Many of the Docklands residents are from different parts of the world and it can be very relevant to them," she said.

According to *Docklands Girl*, Aria is a "footy-loving, dosa-eating, veggie-picking, firework-watching Docklands girl".

The book contains narratives from Aria's point of view and the illustrations of some of Docklands' most iconic landmarks, including *Cow Up A Tree*, Victoria Harbour, Etihad Stadium and eaglehawk Bunjil.

"Docklands is very unique. I don't think there's any other suburb like it. Docklands is very inspiring," Ms D'Mello said.

She said she wrote *Docklands Girl* both to document Aria's childhood and to advocate the liveability of Docklands.

According to Ms D'Mello, the book is composed with some "cross-country effort".

"The designer of the book is based in



Tamara D'Mello and daughter Aria.

Melbourne and the illustrator is from India, who has never been to Australia," she said. "So it took us a few tries to get it right but it has turned out very well."

The book is not only about Aria's story, but Ms D'Mello and her husband's stories as well. It depicts Ms D'Mello's life in India and her previous job as a journalist at an Indian tabloid and her husband's love for footy and meat pies.

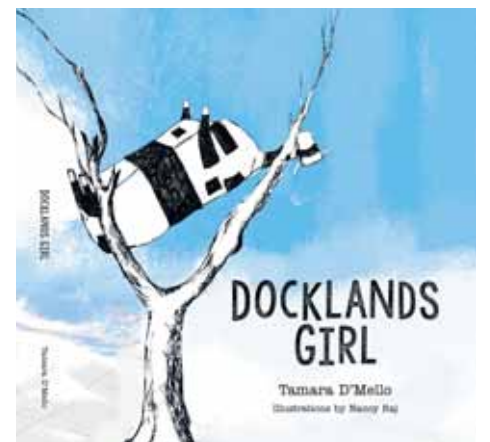
Ms D'Mello said Aria loved going to India to see her grandparents and but she much preferred living in Docklands. She also likes eating traditional Indian pancake dosa as much as she likes eating Weetbix and Vegemite toast.

"Aria is more Australian than anything else. I would like to expose her more to the traditional Indian culture," Ms D'Mello said.

She also hopes there will be more publications about Docklands.

"There's so much going on in Docklands all the time and there can be so many stories written about it. I'm glad I could contribute to Docklands by writing the book," she said.

Docklands Girl can be purchased from Amazon and can also be found at Library at The Dock.



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 - **Vacant land.** May be purchased for residential development, if completed within 4 years.
 - **Commercial real estate.** Existing commercial real estate is able to be purchased by foreign buyers or companies.
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Reform for the Docklands Community Forum? Yes or no?

By Sunny Liu

It has been nearly five years since the Docklands Community Forum was first established and some believe a reform might be needed.

The Docklands Community Forum (DCF) is convened by the City of Melbourne and Places Victoria and attracts local representatives to highlight and discuss community issues at their meeting every two months.

The DCF was first assembled in August, 2012 to engage the local community and facilitate the implementation of the *Docklands Community and Place Plan*, which outlined Docklands' key directions, community priorities and programs that the City of Melbourne and Places Victoria were set to deliver over the next 10 years.

The DCF is open to the public and anyone with an interest in Docklands' community and development can join the meeting and have their voice heard.

A representative group was appointed to

present issues close to their heart at each DCF meeting. The group comprises local residents, workers and business owners from various fields that represent a diversity of skills, involvement, interest and experience.

However, Docklands has gone through a dramatic transformation since 2012, and the transient population, property developments and facility upgrades all have posed great challenges to the operations and engagement of the DCF.

Andrew Ward, DCF representative and owner of Push! Fitness in Docklands, said 2017 might a good time for DCF members to consider a reform for the forum.

"Docklands has changed a lot in the past five years and it might be time to re-establish the forum's priorities and objectives," Mr Ward said.

"The DCF has done some great work over these past few years and the members have given a lot of time and energy to the forum. But it's also time to regain more commitment from existing and potential new members."

Mr Ward said he thought the forum needed to keep up with the pace of the swift changes in Docklands' population and landscape.

"Even I have changed quite a bit for the past

few years. I started at the DCF as a worker in Docklands and now I'm a business owner. So it can be worth a complete re-prioritisation of objectives and issues at the DCF. We need to think about what the plan is now," he said.

Joh Maxwell, Docklands Chamber of Commerce president and also a DCF representative, said the DCF representatives were working to better engage the community and were holding a private meeting between representative group members and the City of Melbourne on April 5.

"A reform is certainly something we need to discuss and it would be a valid opportunity for people to contribute to the broader Docklands community," Ms Maxwell said.

"We need to work out how we can get the community members better involved with the forum and make sure we deliver all the information to the community."

Though many DCF members might agree with Mr Ward and Ms Maxwell's perspective, some other representatives are hesitant about the discussion.

Keith Rakin represents the Docklands boating community at the DCF. He told *Docklands News* a reform should not be a quick decision.

"I will certainly add input to the forum when the question of a reform arises, but it's a very complex question that requires a group discussion rather than one person's opinion," Mr Rakin said.

Mr Rakin also questioned the influence of the media on the forum's decision-making process.

"I don't think it's a newspaper's place to hold this kind of discussion. It will be the community's decision and the opinion of whether to reform really varies from individual to individual," he said.

"I think we can go back to the original premise of when the forum was first established and check our performances based on the objectives we set at first to see whether a reform is needed. It's not one person's decision to make."

Places Victoria's general manager precincts, Simon Wilson, told *Docklands News*: "Any reform of the Docklands Community Forum is something for the City of Melbourne to consider. We are happy to work with the forum in whatever format is decided upon, as we support any opportunity for the community to be represented in Docklands."

The next DCF meeting will be held at the Library at The Dock on April 26.



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April school holiday fun in Docklands

There's so much to do in Docklands this school holidays, you'd be crazy not to bring the kids down.

Here's a list of some of what's available:

Young filmmaker workshop

Children interested in filmmaking can join the five-day Young Filmmaker School Holiday Workshop at Docklands Studios to learn to write, film and edit a short film under the guidance of experienced producers. Twelve places are available.

*Monday, April 3 – Friday, April 7
Docklands Studios
\$480 per person.*

ArtVo

The interactive 3D art gallery has built a reputation at Harbour Town. Visitors can see, touch and photograph the artwork and create their own amazing illusions. Children can also learn about optical illusions and the technology behind 3D art.

*Everyday 10am-6pm
Harbour Town
\$15-25 per person. Family packages available.*

Games Adventure at Harbour Town

Try the jumping castle, Hasbro life-size games and the Nerf obstacle course for starters. The Melbourne Star is offering free flights for children. There will also be an Easter egg hunt on April 15.

*Monday, April 3 – Monday, April 17
Harbour Town
Free.*

Sand art

Sand art is returning to Harbour Town in April for children with a creative heart. They can play with the colourful sand and create their own sand sculptures in Wharf St.

*Monday, April 1 – Monday, April 17
11am-5pm
Harbour Town
Free.*



The Backlot Rooftop Drive-in

Located on the top floor of the multi-deck car park, the drive-in cinema also offers seats for walk-ins. It shows classic blockbusters nightly. There are PG-rated films available and it is also pet-friendly.

*Everyday from 8pm.
Harbour Town
\$40 per car and \$20 on Tuesdays.*

Mbots balloon popping challenge

How many balloons can you pop with your self-engineered popping device attached to an Mbot robot? Children can learn more about robot technology and sharpen their handcrafting skills through this fun and interactive science class.

*Wednesday, April 5 3.30-4.30pm
Library at The Dock
Free.*

Wild backyard zoo

Young children can get up close to some amazing Australian native animals and learn about native animals that live in their backyard. It is part of the Grow and Learn school holiday program brought by Melbourne Library Services.

*Thursday, April 13 10.30am-11.30am
Library at The Dock
Free.*

LEGO Education Workshops

Are you LEGO smart? The LEGO workshops help children to build knowledge and express themselves creatively. Children can develop spatial awareness, creativity and mathematical concepts of symmetry, shape and geometry through building their own LEGO mini-sculptures.

*LEGO Education Learning Centre, 5/439
Docklands Drive.
Monday, April 3 – Thursday, April 13
\$40.*

New outdoor space

Work has started on the new open space on the corner of Harbour Esplanade and Collins St.

Places Victoria is delivering the upgrades, which will include new outdoor exercise stations, landscaping, footpaths to encourage more visitors, workers and residents to use the space.

The site is also home to MPavilion 2015 and the Hub@Docklands Community Centre.

Places Victoria's general manager precincts, Simon Wilson, said the works would soon be starting and were expected to be completed by mid-2017.

"This upgrade will complement the existing recreation opportunities at the adjacent sports courts and provide welcoming spaces for people to visit," he said.

"The precinct has become a popular meeting location and recreation area, particularly with the addition of MPavilion 2015. These works will create a consistent feel throughout the site, from MPavilion 2015 through to the sports courts and the Hub@Docklands."

The work will include new footpaths to connect Waterview Walk and Harbour Esplanade, the addition of viewing areas next to the sports courts and an outdoor exercise station.

The plans for the area have been developed following feedback from the community and the City of Melbourne and meet the aspirations identified by the community as part of the *Docklands Community and Place Plan (2012)* for more places for people and activity.

For questions or further information, please contact Places Victoria on communications@places.vic.gov.au

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Actress Beth Buchanan in "Passenger".

Docklands as a hostile landscape

A unique play has been performed on a moving bus in Docklands because of our perceived similarities to the lawless American wild west.

The play *Passenger* revolved around a conversation overheard by other passengers on the bus between a woman and a male corporate employee about a corporation's unethical actions. It likened lawless corporate bosses to Western cowboys.

The play, presented by Arts Centre Melbourne and Footscray Community Arts Centre, ran from March 23-26.

According to the co-director and producer Jessica Wilson, Docklands was chosen as the location for the play because of its commercial environment.

"We find that Docklands is a very market-driven place, being the headquarters of so many big companies," Ms Wilson said.

"Docklands is built by decision-makers rather than the community."

"Docklands is just like a film set because it's so clean and sometimes very stark," she said.

"People tend to interpret the world based on what they are hearing. Through the filmic music and the conversation on the bus, the audience would interpret Docklands as a hostile commercial environment."

"It can be quite alienating when people visit Docklands and it is not as accommodating as some other places," Ms Wilson said. "So we brought people to see the place through new eyes."

However, Ms Wilson stressed that there was still positivity about Docklands.

"There are heaps of organic changes happening in Docklands. There are more restaurants, activities and people living in Docklands," she said. "Docklands is becoming less stark and more interesting."

OK for Melbourne Quarter tower

Lendlease's Melbourne Quarter project is well underway, with the first commercial tower under construction, while the second has been recently approved by the State Government.

Planning Minister Richard Wynne last month approved Melbourne Quarter's second commercial tower, which will be the precinct's largest office tower with approximately 55,000sqm of office space and 2500sqm of retail space.

The second 28-storey Melbourne Quarter Tower on Collins St will be the centrepiece of the development, linking Docklands and the CBD with a laneway between Collins and Flinders streets.

Lendlease's managing director for urban regeneration, Mark Menhinnitt, said Melbourne Quarter would continue Docklands' transformation into a lively and dynamic destination.

"Surrounded by a high concentration of leading national and global enterprises, we have seen a commercial shift towards this part of Collins St at the heart of the Southern Cross precinct," he said.

Seven commercial and residential buildings are planned at Melbourne Quarter and, once complete, the area will offer about 130,000sqm of office space for more than 12,000 workers.

The first office building, One Melbourne Quarter, is under construction and a crane has arrived at the site.

One Melbourne Quarter will be home to Melbourne's first sky park, an ecological



open space 10m above the street level.

"The hero of the new precinct, the sky park, will complement Melbourne Quarter's leading workplace design, offering workers the ability to re-charge or work outside the office, enhancing their health and wellbeing. This is a key trend in global workplace design," Mr Menhinnitt said.

"Melbourne Quarter's towers and precinct public domain will provide a more holistic and human-centric approach to office designs for businesses and their most important assets - their people - rather than focusing on just physical infrastructure."

A new public square will be built on Collins St and will be surrounded by restaurants and bars.

Lendlease will consolidate its headquarters to One Melbourne Quarter when the construction is finished.

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Co-working spaces welcome start-ups

While office rents continue to soar, more small businesses are setting up their offices at co-working spaces in Docklands.

Co-working spaces have become an economical choice for start-ups and have made business precincts like Docklands more accessible for companies with a limited budget.

Co-working spaces are areas shared by different businesses that often include common facilities such as kitchens and meeting rooms.

One popular co-working space is NAB Village at 700 Bourke St, which is offered to NAB customers rent-free.

Silva Wei and Stephen Zuluaga moved their education training business, Peer Camp, to NAB Village at the beginning of this year. They said the co-working environment was very valuable for their business.

“We were looking for a location that was convenient and also in a community-focused area. Docklands is a business hub and the location makes everything easier, both for us and our clients,” Mr Wei said.

Peer Camp co-founder Mr Zuluaga said working in a common environment with other creative organisations had increased their productivity.

“We’ve been so productive ever since we relocated here. We can get the most amazing connectivity out of this physical space and



Silva Wei and Stephen Zuluaga in their co-working space at NAB Village.

our relationship with other businesses,” he said.

Mr Wei and Mr Zuluaga hosted a networking community coffee meeting at NAB Village in March. The weekly community coffee used to only involve NAB employees and now all small businesses in the village can participate.

During the one-hour session, professionals from various backgrounds chat about all topics related to entrepreneurship, team

building, innovation and many more over coffee.

Start-ups in the village take turns in hosting the coffee sessions, with the facilitation of a NAB Village host.

Mr Wei said community coffee was a representation of how co-working spaces could benefit small businesses.

“Community coffee encourages the sharing of ideas and experiences. It makes a big

difference for big corporates like NAB to think about their customers and small businesses,” he said. “It also gives us a better idea of how to give back to the community.”

Mo Hamdouna is the creative director at start-up Mo Works and moved his business to Docklands-based co-working space Hatch Quarter last year.

Mr Hamdouna said Docklands was becoming more start-up friendly.

“There are many big corporates like the big banks and some finance companies in Docklands but many small businesses have been kept away due to the high rental costs,” he said.

“But co-working spaces like Hatch Quarter has attracted small companies to Docklands. It benefits both the companies and the local economy.”

Mr Hamdouna also said sharing the space had facilitated an exchange of ideas and boosted his company’s offering to clients.

“There is a video production company and a software engineering company in our office. These companies can complement our services. We can really work with each other and it has enabled us to provide new services and better experiences for our clients,” he said.

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International hotel opens in NewQuay

Four Points by Sheraton has officially opened its doors at the Marina Tower on March 28.

The four-star international hotel offers 273 guest rooms and 500sqm of function space in the NewQuay precinct.

The designer behind the contemporary establishment is Docklands' own DKO Architecture. The design features dark charcoal and aquamarine palette with blonde timber, bleached wood panelling, abundant marble and glass, fresh greenery and deeper notes of black and bronze.

The ample function space can welcome up to 200 guests for conferences and social functions and is equipped with internet access and professional AV facilities. Private and banquet function space is available on the seventh-floor sky lounge with outdoor deck, boardrooms and bar and lounge area.

"We're excited to open the doors on our new property that's been very carefully planned, designed and built to create a warm welcome to both business and leisure guests and bring Four Points hospitality to this part of the city," Stephen Ferrigno, Four Points general manager said.



Nothing but hot air

Dock 5 residents got up close and personal with hot air balloons floating up Victoria Harbour on March 10.

Thanks to Karl Berberich for sharing this moment with the rest of the suburb. The balloons lifted in to clear Etihad Stadium

and were last seen heading south-east towards St Kilda Rd.

South Wharf Hilton sold

Singaporean investors have bought the South Wharf Hilton Hotel for \$230 million.

The UOL Group last month snapped up the local landmark from HHR Conventions.

The 396-room Hilton was put on the market in 2015 and will be converted to a Pan Pacific in two months.

Coding for women

Women interested in dipping their toes into information technology (IT) joined the free coding workshop held at the Coder Factory in Docklands on March 25.

IT professional Tanya Butenko founded non-for-profit organisation Node Girls Australia last year and created this workshop for women who were often hesitant to get into the male-dominated industry.

"IT can be a very exclusive industry with very few women. So we want to change that by encouraging more women to learn about basic coding skills and showing them coding can be fun," Ms Butenko said.

"I want women to realise that programing is something they can do even if they have a full-time job or if they have kids," she said, "if women find out they really like it, they can change their career."

At the workshop, participants learned about JavaScript and Node.js, two of the most widely used programing languages.

Attendees were divided into beginner, intermediate and advanced studying groups where they acquired and shared knowledge about programming under the guidance of experienced tutors.

DOCKLANDS COMMUNITY FORUM

The Docklands Community Forum is an open public meeting for residents, businesses and workers to hear and have their say on local issues and projects.

Join us at the April forum and help shape the future of Docklands

Meeting information

Date: Wednesday 26 April 2017

Time: 6pm to 8pm

Venue: Performance Space, Library at The Dock

Find out more and see the agenda at melbourne.vic.gov.au/dcf



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Mini media mogul marries

Docklands News owner and editor Shane Scanlan tied the knot with long-term partner Louise Lee on March 2.

The five-minute ceremony at the registry office was witnessed by Kate Fooke (for the groom, fifth from left) and Trish Aschoff (for the bride, third from left). Ms Fooke was accompanied by partner Phil Shellcot and Mrs Aschoff was joined by husband Karl.

The wedding party adjourned to a nearby Bourke St restaurant before the newly-weds attempted a dash to Melbourne Airport to meet a flight to Tasmania.

Expecting first-world road conditions, the couple miscalculated the time required and received a good dressing down from Virgin Australia Airlines staff. Being fined a good proportion of the national debt for distributing 40kg across four bags (what the?), the honeymoon got under way.

With days in central Hobart both before and after hiking the Three Capes Walk, the time away was magic. Available phone reception is the only thing wrong with this walk. Sorry staff, I actually had the phone turned off. So, thanks for figuring it out for yourselves.

And thanks also to Barry C.Douglas for the pics (www.facebook.com/Barry.takes.photos).



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Foodies fuel push for communal kitchens

By William Arnott

Docklands' love affair with food has started changing how property developers are designing kitchens and dining areas.

Shared outdoor cooking spaces and private areas to dine are considered two of the most important things to "foodies" looking for an apartment.

Head of Apartments for Lendlease's urban regeneration business, Ben Christie, said there was a strong trend towards buyers seeing shared, professional kitchen spaces over the past five years.

"Modern kitchens are no longer a room just for family meal times – they're for entertaining guests and exploring culinary passion," Mr Christie said.

"Cooking appeals to every age group and

demographic and our apartment designs take into consideration these practical and functional spaces to 'feed' our customer's love for home cooked food."

"Younger generations are more accustomed to using shared cooking and kitchen amenities not just for socialising but to help cut down on cost of living expenses."

Mr Christie said shared dining spaces helped people transition from the hustle and bustle of the city into their homes and helped build a sense of shared ownership, belonging and community.

"A sense of community is the most powerful driver of satisfaction within apartments and is fostered through shared spaces where residents can relax over a glass of wine and shared a meal together," he said.

"This flexible amenity makes a huge difference in resident's lifestyles and in the future leasing potential of a property."

"Developments like Melbourne Quarter are catering to these needs with a diverse offering of sophisticated, professional communal dining facilities," Mr Christie said.



It's jelly time again

It's that time of year again – time of the jellyfish apocalypse.

Dockland experiences an almost annual influx of the spooky jellies.

Experts say high rainfall and salinity are most likely the cause of the outbreak.

Maybe we have to postpone our Victoria Harbour swimming until winter? (Just joking!)

Groovy Social club

About 20 locals enjoyed the March 14 Docklands Social Club event at the Victoria Harbour Groove Train.



Docklands Social Club is an informal monthly gathering of local people who love to catch up for a drink and a meal at the different venue each month.

There are no bookings, no memberships or ongoing commitment and diners pay

their own way with the venue on the night.

The April Social Club is being held at the Nixon Hotel, from 7pm on Tuesday, April 11.

The Nixon is on the corner of Bourke St and Batman's Hill Drive in Docklands.



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FACES OF DOCKLANDS

Question: What do you think about Donald Trump?



LEWIS TOMS, 22, WORKFORCE RECRUITMENT AGENT, CBD

I'm just watching the crazy happen. I think some people probably think he's leading America into the right place. I don't know personally. I'll just have to see what happens.



ELIN SJÖDEN, 21, TOURIST, SWEDEN

I don't know that much about him, but I don't like him. He's against women's rights and I think he says stupid things. I don't agree with his thoughts.



CHIO YOON CHING, 21, STUDENT, MALAYSIA

I don't know much about him. I know he's President of America and he's very brief. Every time he goes up the steps he talks very loud.



PENNY ROBERTS, 58, YOGA INSTRUCTOR, ENGLAND

I think he'll wear himself out very rapidly and he will hopefully do something so stupid he's impeached within at least two years - if not before.



TIM KAZAN, 45, WORKS FOR TELSTRA, ALPHINGTON

I find it interesting that the world has rejected globalism and voted him in because of that rejection. I don't know if Americans had a right choice to choose from.



PHAMI VEMULABALLI, 35, WORKS IN IT, DOCKLANDS

He's an interesting guy. I don't think he makes great decisions, but I think he understands the people's position better than anyone else.

For Chinese speaking fur-parents



Dr. Theo Lynch with patient 'Buck'



We are delighted to welcome Natalia Li to our team as a veterinary assistant and communication facilitator.

Natalia, who is fluent in both Mandarin and Cantonese, was born in Hong Kong. She now lives in Docklands, with her beloved dog Cooper while she undertakes her studies as a veterinary student at Melbourne University.

Together with our caring veterinarians Natalia will be working to improve the health of our patients by ensuring clear communication and pet care advice.

When asked what excites her about this new service for inner city pet lovers, Natalia said: "There is a gap in terms of understanding animal needs amongst different cultures. I've experienced this very gap with my own family and I'd like to be able to narrow this gap by breaking the language barrier between traditionally western-educated vets and Chinese customers. Afterall animals can help bring people together"

We can't wait to meet you and your four-legged family members, drop in and say 你好 !

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Docklander

Emilia Rossi, a Docklands advocate

By Melissa Chung

Being a digital consultant, lifestyle blogger, fashion jewellery designer as well as an online wedding marketplace owner, Emilia Rossi perfectly balances her work and life in Docklands.

After moving to Melbourne from Canberra in 2012, Ms Rossi spent three weeks living in the CBD and decided to settle in Docklands. "The lifestyle in Docklands is just perfect. I'm able to walk out from my apartment building and I have literally the water's edge at my doorstep," she said.

Ms Rossi spends most of her time working in Docklands – she works at home, chills at the park and has interviews in cozy cafes. She appreciates the convenience of Docklands that she does not need a car to travel around.

"Everything is in walking distance. I have everything I need except a tennis court," she said.

Ms Rossi's personal blog, which is rated as the top five Melbourne lifestyle blogs by *Culture Trip*, shares some of her Docklands living experiences. She believes it is her responsibility to write about Docklands.

"I always jokingly say that I'm a Docklands advocate. I don't think there's a real voice, beside obviously a publication. A lot of people that live here don't actually write about how good this place is. So I think it's kind of my

responsibility," she said.

When asked about apartment living in Docklands, Ms Rossi said she loved to live in a place where all her stuff was secured. Some people might have storage problems in regards to apartment living, however, minimalist Ms Rossi adapted to this kind of living with ease.

"Some people have a lot of junk, so living in the apartment is not for everyone. Every item that we have we use – like only one beautiful leather jacket or two gorgeous handbags," she said.

Ms Rossi also has a love-hate relationship with Docklands. On one hand, she appreciates how the City of Melbourne is making Docklands more liveable, for example, by adding benches in the green areas.

On the other hand, she criticises how some of the new development has made Docklands disconnected. "They don't have areas where people can mingle together," she said.

After all, Ms Rossi enjoys living in Docklands where she describes her current life as a



Emila Rossi at a Docklands Cafe

dream – working with things that she loves in a place that she feels comfortable in. "I always like a place that has a view. I have to have a view of water. I have to have

green areas but also have a bit of concrete. Docklands just has the perfect combination," she said.

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SKYPAD Living

Double duty furniture

“Vertical living is more than suburbia turned on its side”, so says Mond Qu, a Melbourne-based designer and creator of the DEBLE – a DEsk taBLE combo.

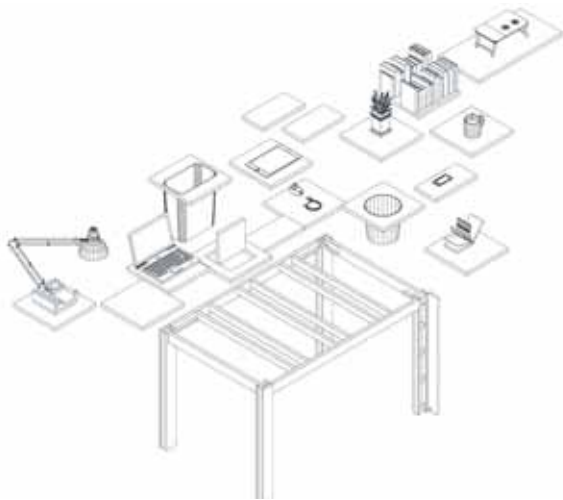
Architecturally trained in Melbourne and London, Mond was the 2016 recipient of the Credit Suisse Scholarship at The Wade Institute where he studied for a masters of entrepreneurship. Described as “the MBA for the entrepreneurial age”, The Wade Institute aims to empower the next generation of entrepreneurs. This is the dream of Ormond alumnus, Peter Wade who believes that, while we are a smart nation, “still too few of our great ideas are generating the future of our economy”.

It is this future focus that appealed to Mond, as his interests lie with the merging worlds of the virtual and physical, which he sees as slowly becoming one. Acting upon the belief that designers need to grab hold of these opportunities and bridge the gap between changes in culture and technology, Mond is currently involved with two ventures – United Make and Prymari (pronounced primary).

United Make is an experimental think-tank and multi-disciplinary studio where Mond works alongside a graphic designer, a virtual reality technician and a fabrication technician and, together, they “explore design through the act of making”. United Make has been operating for three years and boasts clients such as Zumbo, Law Advisor and YouTube.

But Mond also wanted a more practical outlet and, hailing from a family of interior designers, he believed that his biggest impact would be through designing sustainable furniture which responded to people’s real life needs. This was the reason behind the launch of his second venture, Prymari, a custom design furniture company that combines innovative design, craftsmanship and technology.

And Prymari’s first offering is the DEBLE – a customisable, modularised table-and-desk



The innovative DEBLE by Melbourne based designer Mond Qu.

in one. Consisting of a chequerboard-like surface, each square is a separate module which can be swapped out for either a flat surface or a specialised unit. Currently there are modules for such things as computer equipment, lighting and storage (such as for craft materials).

In terms of sustainability, the DEBLE is manufactured locally in Blackburn and the frame is made of sustainably-sourced mountain ash timber. The individual modules vary in terms of their composition and a range of other materials can be used in the DEBLE such as medium density fibreboard, bluestone, marble, Perspex and even material comprised of recycled coffee granules.

Regarding vertical living, the idea behind the DEBLE is that when living in a small space, it’s helpful to make every piece of furniture pull double duty.

DEBLE achieves this through its switchability, which offers several benefits to vertical dwellers, the first being adaptability. If there is more than one person needing working space, as long as they don’t need it at the same time, the DEBLE can be configured to suit the particular needs of each user.

This means that several different people can tailor the one area to suit their different needs by swapping in the modules they need for their particular tasks (e.g. craft making, studying, drawing). Also, as our interests change over time, new modules

can be obtained and older ones retired or, even better, recycled. This goes to the second benefit which is that Mond envisions offering a repair and/or recycle service which is also part of his drive for sustainability. So, if a module needs updating or repairing, simply take it back to Prymari.

In terms of availability, currently there are 10 prototypes with 30 beta testers putting DEBLE through its final paces. Already Mond is taking on suggestions, such as for a side unit for module storage and he is also examining the idea of a quick release leg system which would aid in shipping and delivery (especially when elevators are involved).

A crowd-funding campaign is planned for mid-2017, so if you are interested in getting your own DEBLE, stay tuned for its launch on Kickstarter.



Janette Corcoran
Apartment living expert
<https://www.facebook.com/SkyPadLiving/>



Letters to the Editor



Drone danger

Is *Docklands News* interested at all in the attached images, showing four young men who flew a drone on NewQuay at 7pm on Saturday, March 4, directly in front of the Boyd residential tower - without any regard for the right to privacy of the residents of that building?

The first image shows the four standing as a group watching their aircraft in flight, while in the second the man in white (partially obscured by a balcony of the Boyd) reaches up to catch the vehicle as it came down.

They later (7.20pm) flew their drone from the jetty in front of Cargo Restaurant (although only over water so there was less reason to object to that), before departing the scene at 7.23pm.

I wonder what view the Melbourne City Council takes of these activities and whether it has procedures in place to protect residents or visitors to Docklands from invasion of privacy or safety in the event that someone is accidentally struck by one of these aircraft.

Chris Clark

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Letters to the Editor



About bikes I

I read your news item of February 28 about the bike riders on NewQuay Promenade. This is an issue that deeply concerns me. I regularly walk from the top of Harbour Esplanade to Rakaia Way along the promenade, most particularly during the peak bike traffic periods in the morning and evening.

I have now seen two instances of pedestrians being hit by riders. The most concerning was a four-year-old child one morning. His family was from Sydney and they were taking a morning stroll along the promenade. It was sickening and, upon witnessing the speed with which the cyclist was travelling and the way in which the child was hit, I was surprised the child was not seriously hurt. The family was in shock and kept repeating the mantra that they thought their child would be safe to wander with them as there are no roads. The cyclist, after stopping briefly, resumed his ride without leaving details.

Every now and then I perform a count. The record is 37 cyclists passing me from the top of Harbour Esplanade to Rakaia Way. And during winter, they do not like to ride on the slippery boardwalk part, thus narrowing it into the compact concrete portions. These are, by and large, not local residents but those taking a shortcut. And by taking a shortcut, I mean the type of people that like to ride fast.

As a local conveyancer, I have the regular opportunity to meet people buying and selling in Docklands and in particular NewQuay. It gives me the opportunity to talk about what people like and do not like about the area. The racing cyclists at all hours of day and night is a very common subject. I could probably even pass on the name of several people, but no doubt you will receive numerous responses from your article. The solution is simple – multiple, crisscrossed bollards at numerous locations along the promenade. They exist all over the world in mixed-use locations on promenades and boardwalks for the same purpose and do not affect slow riders, the disabled and those with prams. Changing the light sequence for the main bike path will not work – the boardwalk is more pleasant and there is more room to race and overtake a slower cyclist.

Based on what I’ve seen, and the number of families with children, somebody will get seriously hurt. I’m more than happy to meet/chat with any person or councillor to try and fix this problem.

Jayson Sande

About bikes II

As a NewQuay resident, pedestrian and cyclist, I don’t like either of your suggestions to tackle the problem of speeding cyclists mingling with pedestrians.

Part of the problem stems from the poorly-designed and maintained boardwalk. It seems to me the majority of pedestrians and cyclists avoid using this surface and are concentrated on the paved section next to Victoria Harbour. The boardwalk has the potential to damage tyres and some heels as well as stub toes and even trip the unwary. The boardwalk could be upgraded to a smoother, more-even surface, eliminating the screws standing proud and the gaps in the construction. Or it could be ripped up and replaced with full paving. This would allow for a marked dedicated three-metre wide cycle path running next to and on the harbour side of the light posts and west of the sculptures, hopefully keeping most of the speeding cyclists away from most of the pedestrians.

And whilst I’m at it, Docklands needs a good, world-class skate park, just not near NewQuay Promenade!

I enjoy reading your publication

Alan Stevenson

About bikes III

As a permanent local resident of Docklands this article was so good to see. To know I’m not the only person living in fear of getting side-swiped by these tour de Docklands wannabes.

I have a few suggestions: Maybe the new bike hub business and associated considerate bike riders could start an education program for the inconsiderate cyclists along the promenade at peak times?

Also perhaps the police/council or anyone who can actually fine or warn them could patrol the promenade during peak times of travel? I realise the police are busy but just now and again on a random basis may help?

Program basics: Don’t speed, keep a safe distance from pedestrians and use a bell!

Rachael

About bikes IV

With regards to the article “How to get rid of the racers”.

In 2009, *Docklands News* ran a piece on a car/bike race from Mornington to Docklands that may have encouraged this type of behaviour.

<http://www.docklandsnews.com.au/editions/article/cyclists-too-strong-for-car/>

Rob

About bikes V

Just read your column in *Docklands News*. It’s not just NewQuay that’s a concern re speeding commuter cyclists. I live in Yarra’s Edge and you literally take your life in your hands most mornings trying to exit from Docklands Park to get onto the footpath towards the tram stop on Collins St.

The speed at which (most) cyclists seem to travel at this busy hour of morning is crazy. One lady walking ahead of me just last week called out “you’re going to kill us all!” as she crossed.

There needs to be an enforced speed limit

and council/traffic police around to monitor in my view.

It’s one thing to have shared use public thoroughfares but when the rights of pedestrians are disregarded (and safety endangered) then something needs to be done. I would be interested in reported cyclist/pedestrian collision stats for Harbour Esplanade - I imagine it’s high and bound to increase with greater resident and cyclist numbers.

Looking forward to your next column on this issue in *Docklands News*.

Belinda Randall

About bikes VI

Interesting article.

I think it is great to highlight design issues that have been poorly resolved in practice and the example you provide is perfect. The photo highlights:

- Poor surface for a mixed use path;
- Poorly designed separation;
- Poles with potentially lethal bases, square cut concrete;
- These same poles would likely provide less than the minimum contrast for a visually impaired person to see; and
- It is easy to find quality research that highlights the use of hedges (not too challenging I think) as being a socially-acceptable and user-friendly means of separating mixed use paths.

Unfortunately your article does not identify these clearly demonstrated problems with design that result in the problem you describe.

Instead you advise that:

- Cycling is legitimate in this mixed use area;
- Testosterone-filled commuters: on a mission to catch and pass the next bloke (maybe in this politically correct world this should be person);
- Move the menace; and
- The key to success is making the journey longer.

These are most amusing responses, but really not good journalism.

The suggestions you provide include:

- Sequencing the lights. If it works, this would be a great suggestion as it addresses some of the design issues. Likely a good reporter will have contacted VicRoads to identify the sequencing priorities to see whether this is a viable solution as these controls usually have considerable thought go into them before they are implemented; and
- Your other suggestion of physical barriers is a tad naive. Perhaps consult with disability access groups and the relevant standards to identify better information.

But good on you for raising a problem. The problem is clearly one of poor design, which you have not identified. All too often, these poor designs are foisted on communities with the identified problems. Your mission should be to provide quality, informed articles on the matter.

Off you go now that you have heard the real problem: poor design.

Let’s hope you now provide us with a more informed and better quality article.

Anon

About ducks I

The front page of the last *Docklands News* was a real LOL moment. I’d completely forgotten to email re the duck faux pas, but it seems the rest of your readership did not. I really enjoy reading the local news, and this time loved the way the paper ‘fessed up.

Leanne Van Der Merwe

About ducks II

Thanks for the correction– yes we too were running a poll at the Aurecon office. It was a DUCK!

Since you’ve asked people to let you know if we spot any other mistakes, here are two more from the very correction article itself!

1. “Thanks to everyone who got in touch to let us know that our front page ‘cygnet’ was, in fact, a duckling.” Wrong again! It was a duck. Not a duckling. You see, ducks as a breed tend to be a lot smaller than swans, even the adults. The duckling, like the cygnet, will have a different colour and feather texture to the adult duck which was in the photo.

2. “But, please, if you spot any other mistakes, please let us know!” As a grammar pedant this was my favourite. The word “please” inadvertently was used twice in the sentence asking for readers to spot any other mistakes.

There you go. You’re welcome!

Kris Ekeberg



Night heron

We have seen the swans and cygnets, but have you seen the night heron which has appeared on several occasions along the Harbour Esplanade waters’ edge.

Happy bird watching.

Rob Howden



Send your letters to news@docklandsnews.com.au

Owners Corporation Law

Read the fine print

Developers owe fiduciary duties to owners’ corporations (OCs), but always read the fine print in your sales contract.

The strata law titling system has existed in Victoria for more than 50 years and, as each year passes, the system gets more and more sophisticated as clever lawyers obtain judgments from courts regarding the interpretation of statutory and common law concepts and existing laws continue to be amended. Since 1968, the courts of Australia have been prepared to recognise that a developer, acting as a promoter of the building, will owe the OC a fiduciary duty to act in an OC’s best interests and in relation to the ways in which it sets up an OC to be managed in the future. Over time, the scale, extent and operation of this fiduciary duty has expanded and contracted as various parliaments around Australia have sought to legislate in this area and various courts have issued rulings in cases regarding this duty. Within the Owners Corporation Act in Victoria, there is also a legislative provision which requires a developer to act honestly and in good faith and with due care and

diligence in the interests of the OC in exercising any rights under the legislation. The common law duty extends this principle, requiring a developer not to obtain any unauthorised benefit from the relationship and not to find itself in a position of conflict (where it might be tempted to “self-deal”). The operation of this duty can take many forms. For instance, it can arise in such diverse areas as “embedded networks” where a developer might enter into an agreement on behalf of the OC with a gas or electricity supplier for the bulk buy of utility services. Typically, the developer would take an annual fee as a commission for the bulk purchase of the utility. It could be said that the developer has no right to earn a commission from the energy or gas that the OC consumes and that any commission should be payable to the OC itself – not to the developer. In other circumstances, a developer might enter into a service contract on behalf

of the OC with a related company (such as concierge or building management services, property management, cleaning or security). If these agreements are found to be uncompetitive with the market (either in duration of years or based on the annual fees) then these agreements may be able to be impugned. However, before OCs rush off to VCAT seeking declarations and injunctions, careful consideration and analysis is required of what was disclosed by the developer in the off-the-plan sales contracts. This is because the fiduciary duty of a developer may be constrained or limited if there was sufficient disclosure to purchasers of what exactly the developer was going to do in the future. In addition, if there has been ratification of any of the agreements by the OC, then the developer might have a defence to say that the OC has accepted the contractual arrangements and is now bound to the commercial terms.

For instance, if a developer placed an OC into a 25 year agreement with the developer’s company to provide a service and, if that agreement has been on foot for say, the last five to 10 years without complaint, then the conduct of the OC has been such that it has accepted the services and may have ratified the agreement through its operation and would be prevented from impugning the agreement. As always, much depends on the exact facts and circumstances of each case, however it will be critically important for OCs that are less than five years old to take advice on these matters – because if you snooze, you’re likely to lose.



Tom Bacon
Tom Bacon is the principal lawyer of Strata Title Lawyers.
Tom@stratatitlelawyers.com.au

Chamber Update

Delivering results

Over the last two months the Docklands Chamber of Commerce has welcomed 15 new members.

Docklands is a maturing neighbourhood, with diverse business and community programs. We promote events that showcase and develop our members. We provide useful programs that enhance a business’s knowledge while creating valuable contacts.

Social media – It’s official – 50,000 Facebook followers

We just passed 50,000 followers on Facebook. Some of our members featuring in recent posts generated around 1800 unique visitors to their advertised page. What do you pay for that on Google? Well it’s part of your DCC membership at no extra cost. Be pro-active in getting your message about your success or latest offering by contacting us directly by email. If you’ve got an event, special, new photo or just something you’re very proud of, then let us know and we will tell the world. Our Facebook and Instagram are there for

you as members to promote your business. Make it part of your promotion strategy! Don’t forget that if you want locals to support your business, you must have a presence in the local paper, the *Docklands News*. That is a no-brainer.

Lord Mayor’s Commendations are now open. It is time again for recognition of any small business that has been operating within the City of Melbourne for 10 years or more. We have several members who have received this in previous years and hopefully a few more for this year. The launch is on Wednesday, March 29, in the Greek precinct. President Joh Maxwell is also on the advisory committee for these commendations. If you know a business in Docklands that will be eligible, let us know so we can encourage them to get the recognition they deserve.

Come and join us at our next event

It will be a small, intimate and glorious affair on April 13 – “A taste of Docklands”. It will be a progressive experience to include: a chauffeured ferry to Byblos Bar for Docklands’ themed cocktails followed by a visit to Man Mo for Malaysian fusion food.

Sign up to our newsletter if you haven’t already for your personal invite – front page of www.docklandsgcc.com.au

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Paul Salter
Executive Committee member
www.docklandsgcc.com.au



10 Years On

Bungees, bathtubs and big birds make Moomba a hit in Docklands

Issue 25 – April/May 2007

For the first time in history, Moomba livened up the Docklands precinct in March 2007. Over 20,000 people enjoyed a variety of activities throughout the day, including the Moomba Wakeboarding Championships, on-land wakeboarding demonstrations, roving performers, the very popular bathtub races and live bands. Hampered a little by the wind, the Moomba Wakeboarding Championships forged on, wowling the crowd with aerial trickery. Victoria Harbour hosted the top 12 Australian wakeboarders who competed for a \$10,000 cash prize. Screams of delight were heard along the Docklands promenade as the Snuff Puppets seagulls proved they really do grow big in Melbourne! All they were searching for was a giant chip to be thrown their way! Empress Stilts – The Flowers, were colourful and serene, proving very popular with children. Extreme activities – bungee trampolining, bathtub races and an eight metre rock climbing wall – provided the adrenalin rush for those who wanted to get a little more active.



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Airbnb: facts and smokescreens

Founded in San Francisco in 2008, Airbnb has been promoted as an online booking platform that supports young creatives and people on low incomes, hoping to make extra money out of spare rooms.

Initial acceptance in various cities depended on local laws and legislation, but by late 2016 Airbnb had more than three million listings worldwide and was valued at \$US30 billion. With the availability of research data, a growing disparity has emerged between the image Airbnb portrays and the reality of who is profiting from its site. InsideAirbnb is an independent, non-commercial set of tools and data utilising public information compiled from the Airbnb website that allows you to explore how Airbnb is really being used. Data is now available for all the major cities of the world, where Airbnb has a presence, including Melbourne and Sydney. We have analysed Airbnb data for nine cities: Amsterdam, Barcelona, Berlin, London, Melbourne, New York, Paris, San Francisco and Sydney, with the following results: Airbnb listings by type of accommodation (Chart 1) show that overall 62.9 per cent of listings are for entire homes or apartments with only 37.1 per cent for private or shared rooms (range 49.5 per cent for New York to 87.5 per cent for Paris). For Melbourne and Sydney the results were 56.6 per cent and 61.9 per cent respectively for entire homes or apartments. Airbnb's business model is based on hosts renting out spare rooms in their private homes. How then does Airbnb, by its own criteria, account for 62.9 per cent of all its listings being illegal? Airbnb listings by host (Chart 2) show that, although 67.8 per cent were "Mums and Dads", almost a third (31.3 per cent) were commercial operators (range 20.8 per cent for Paris to 57.5 per cent for Barcelona). For Melbourne and Sydney, with 12,174 and 23,615 listings respectively, the results showed that 38.8 per cent and 30.8 per cent were commercial operators. The results for Melbourne, coming third out of the nine cities in this study with almost 40 per cent being commercial operations, are particularly disturbing - confirming that short-stay operators, whether using Airbnb or not, are well entrenched in this city - not paying taxes, or contributing to job creation, just lining their own pockets. Occupancy rate per month and income per month (Chart 3) shows San Francisco, Berlin and New York with the highest occupancy rates and San Francisco and New York also having the highest income per month. Melbourne had the second lowest occupancy rate of 23.3 per cent but was fifth in income per month. The stand-out result was Sydney with the lowest occupancy rate per month of all the cities (14.2 per cent) and the lowest income by a big margin. One explanation for the Sydney result could be that the NSW Government recently gave the (yet to be ratified) green light to Airbnb, and may indicate investors jumping on the bandwagon with the lure of immediate riches creating an oversupply, thus depleting the rental market. If so it has back-fired with very few making any money, and supports reports coming in from around the world of a shortage of affordable rental accommodation, attributable to Airbnb and

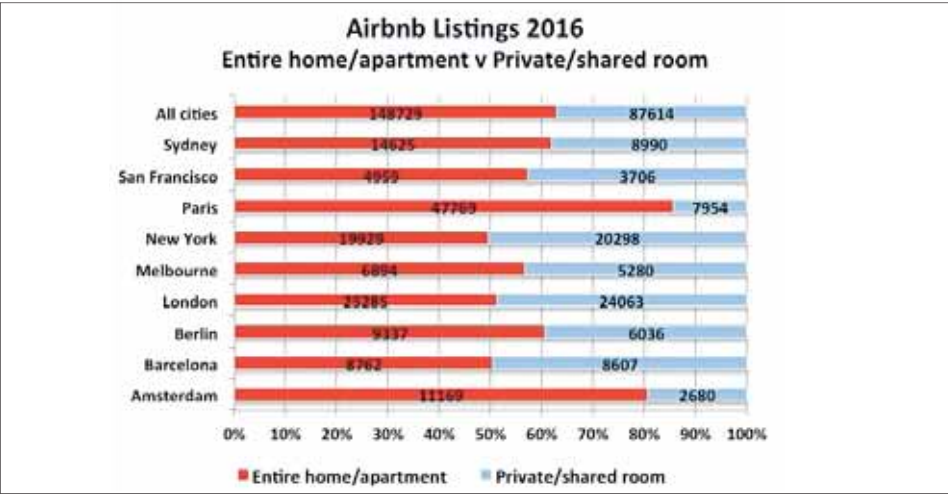


Chart One

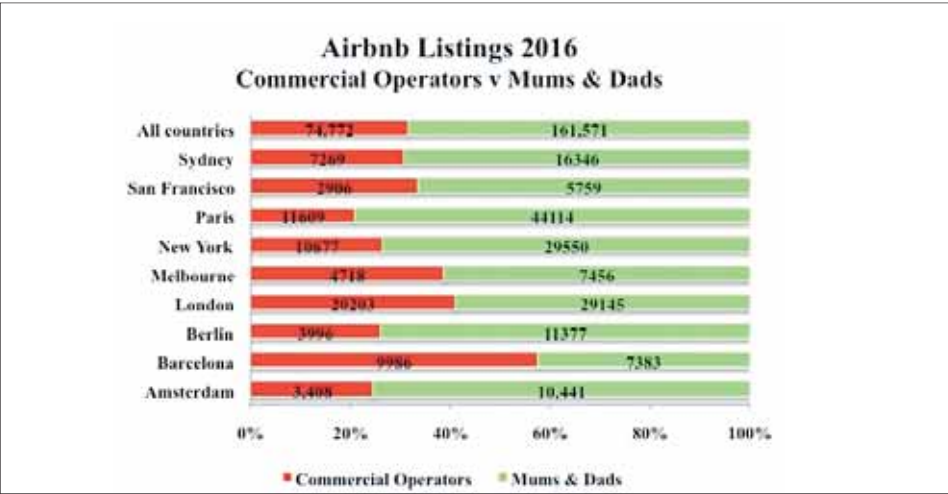


Chart Two

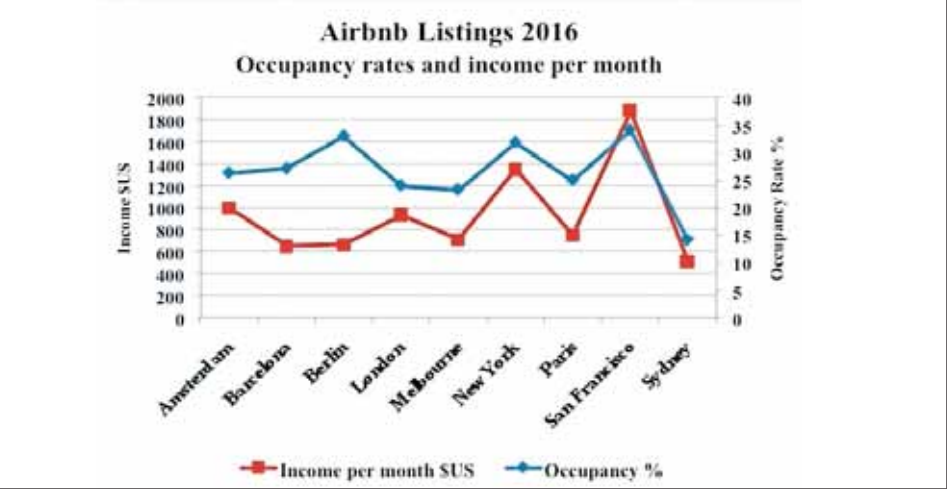


Chart Three

other similar platforms. There are some lessons here for the Victorian Government, which has also been quick to embrace Airbnb. On May 23, 2016, the day before the Owners Corporation Amendment (Short-stay Accommodation) Bill 2016 was to be introduced into the Victorian Parliament, AirbnbAction released a statement entitled "Airbnb welcomes new rules in Victoria to stamp out party houses" and included a photograph of the former Minister for Consumer Affairs shaking hands with the Airbnb country manager on the steps of Parliament House! We Live Here has stated before that this legislation is a smokescreen, that owners corporations already have the powers to deal with unruly parties and bad behaviour, and we are pleased that a Parliamentary inquiry

into short-stays is about to commence as a consequence of the Bill being defeated in the Legislative Council. We would like to work with the government in coming up with a Bill that recognises all parties to the debate equally - including Airbnb and residents - so there is a level playing field for all. We want Melbourne to retain its rating as one of the most liveable cities in the world and doesn't end up as a city of ghettos in the sky. Please send your feedback to campaign@welivehere.net. Donations are also very welcome.



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Oakley leads the way

By Melissa Chung

Niall, the founder of the Facebook page "Docklands Doggies", likes organising play dates for his two-year-old Pointer cross Oakley and other Docklands dogs.

"Docklands Doggies" is a Facebook group that networks Docklands dog owners to help each share the care of their pooches. Oakley, who looks like one of the dogs in the Disney movie *101 Dalmatians*, is enjoying himself as the little leader of the group. Niall and Oakley have become each other's "partner-in-crime" through organising group events. As an example, they have organised dog walking and play dates at Brighton Beach. "He's a good swimmer. He can swim from 250 to 500 metres," Niall said proudly. Oakley has brought plenty of happiness to Niall through his unique behaviour. "His special talent is making me laugh," he said. According to Niall, Oakley loves to scratch his back by surfing on his back down the hill at Docklands Park. "It's an hysterical scene to see him rolling around. He's a character," Niall said. However, Niall does have a love-hate relationship with Oakley. "He destroyed a carpet and a sofa in my apartment. But that's okay. He's adorable," he said. Oakley's ridiculous behaviour never stops Niall from loving him due to the Pointer cross's proficient flattering skills. "He likes to just lean on my lap. He loves being my companion," Niall said.



DOCKLANDS FASHION



Fashion on the streets of Docklands



Autumn palette

Summer may have left us for another year, but its bright colours will see us through another season!

Hold onto the fun of summer with the following four colours that dominated the autumn/winter fashion weeks.

RED

Seen on the runways of Fendi and Giorgio Armani, red will break up the cooler end of autumn.

You're either all in with this trend (like the oversized button-down trench from the latest Jil Sander collection) or just testing the waters by accessorising with red shoes or a belt. Experiment and see what's best for you!

PINK

The pastel pink hues emerged around this time last year, but this season it's back – bigger, bolder and brighter.

Alexander Wang showcased the brighter pink palette with a 90s-inspired, neon pink cropped jumper paired with green shorts. Forget the pretty, demure floral patterns. This autumn is about standing out.

METALLICS

Nothing grabs attention quite like a bit of sparkle. All eyes were on the Dolce and Gabbana Milan show earlier this year as models strutted the runway in sequin dresses, complete with embellished shoes and even the occasional tiara!

Try this style in a shift dress or skirt, making sure it's the focal point of your outfit.

MILITARY GREEN

When it comes to the cooler months, this colour is a no-brainer. It's stood the test of time and this season is no different.

Seen in the 2017 autumn/winter collections of Vera Wang and Hugo Boss, the military green jacket pairs perfectly with light wash jeans for a casual day look, or skinny-leg black jeans and boots for an authoritative night outfit. It's an autumn staple that everyone needs.



Khiara Elliott
khiara@cbdnews.com.au

Cyrus Lee, 22

LOCATION: Victoria Harbour.

DESCRIBE WHAT YOU ARE

WEARING: Mostly black, Chinese brands.

WHAT IS YOUR FAVOURITE

PIECE OF CLOTHING: My high-top maroon shoes. They are from Buscemi and they stand out.

WHAT BRINGS YOU TO THE

DOCKLANDS: I am looking for a house. I like the view here and it's close to the city.

HOW WOULD YOU DESCRIBE

YOUR STYLE: I like to keep it simple and comfortable.

WHAT MAKES A GOOD OUTFIT:

Like I said, I like simple and comfortable but also black.

Paige Tran, 25

LOCATION: Harbour Esplanade.

DESCRIBE WHAT YOU ARE

WEARING: Relaxed, casual and comfortable.

WHAT IS YOUR FAVOURITE

PIECE OF CLOTHING: My shirt. It's just easy to wear and you can wear it with basically anything.

WHAT BRINGS YOU TO THE

DOCKLANDS: I'm just having a walk and enjoying the view.

HOW WOULD YOU DESCRIBE

YOUR STYLE: Easy-going.

WHAT MAKES A GOOD OUTFIT:

I think whatever makes the person feel comfortable.

Guta Menuci, 21

LOCATION: Harbour Esplanade

DESCRIBE WHAT YOU ARE

WEARING: I'm wearing black-and-white, a mix between casual and formal.

WHAT IS YOUR FAVOURITE

PIECE OF CLOTHING: My leather jacket. I really love it.

WHAT BRINGS YOU TO THE

DOCKLANDS: I am studying at Kaplan Business School in Docklands.

WHAT MAKES A GOOD OUTFIT:

Definitely having a mix of things – plain items, sporty items and formal items.

Health and Wellbeing

Managing lower back pain

Before you reach for the medication ... make sure you consider the following tips to help manage your lower back pain for the long term:

Exercise. It doesn't need to be strenuous, but maintaining regular and gentle exercise routines like walking and getting out of a seated position will help.

Limit down time. Excessive bed rest or lying down can be counterproductive. It may help relieve the immediate symptoms by taking pressure off the spine, but will not resolve underlying issues. If you can move, then you should. And the more you move the better!

Strengthen your core. Poor core muscular conditioning places strain on the lower back. Strengthening the core muscles will provide more support to the spine.

Improve your flexibility. Tight hamstrings, hip flexors and lower back muscles can play havoc with your posture and alignment of your pelvis. Combined with balanced strength work in these areas, stretching and improving flexibility will provide long-term solutions and pain management.

Consult a physiotherapist. Rather than relying on generalised advice or information, consult a physiotherapist. They will assess your personal situation and pain and then prescribe treatment and actions including strengthening and flexibility that you can complete in your own time.

Vitamin D deficiency
It's tricky isn't it – on one hand, we are encouraged to be sun-smart and stay out of the sun's harmful rays. Then on the other, we are told about a downside to being deficient in Vitamin D brought on by a lack of exposure to sunlight. Medical evidence suggests and confirms that Vitamin D is crucial for muscle and bone strength and development, and avoiding osteoporosis. You may be deficient in Vitamin D under the



following circumstances:

- If you avoid contact with the sun for medical reasons;
- You wear full body covers for personal or religious reasons;
- Your work life or nature restricts your exposure to sunlight;
- You have spent significant time in hospital or in a care situation; and
- You suffer from a disease or take medication that impacts the production of Vitamin D in the body (for example: obesity, renal or liver disease).

How much sun is enough? Generally, the recommended exposure to sunlight is 5-15

minutes per day, outside the sun's most intense period of 10am-2pm. Solariums are not a suitable source or means of exposing the skin to the sun. Consult your doctor for more information, related tests and further advice.

Counting down to winter!
We are just on 60 days from the start of the 2017 snow season and NOW is the perfect time to get prepared for your time on the slopes. Your preparation activities should cover both your personal fitness and your equipment. Equipment wise, you should do a stock-take

of all your gear. Make sure you didn't lose something important like a glove on the last day of 2016. Maybe buy yourself a pair of new comfortable long, thin wool ski socks as a treat to kick off your first run!

Check all of your gear for rips, tears and signs of wear. It's also time to get your board or skis tuned and waxed, as well as bindings checked. A poorly-maintained set up can lead to an early injury so don't take chances with that. There are some great pre-season offers around town for tuning, so keep your eyes peeled.

Lastly and most importantly, it's time to prepare your body. Speak with a trainer or do some research yourself on snow sport specific training. Set yourself a plan for the next 8-10 weeks to boost your specific snow fitness. Such a program would consist on developing the strength and endurance of your legs, gluts and core. You would look to increase your mobility through stretching or yoga and boost general cardio-vascular fitness. Some explosive, dynamic sprint, power and agility work would be beneficial as the nature of snow sports is stop and start, and requires on demand response to an ever changing terrain and environment.

Now, time to start snow dancing!



Andrew Ward
Andrew Ward from Push! Fitness.
www.push-fitness.com.au

What Women Want

It will be worth it

It's addictive. The excitement, the adrenalin running through your body, the lack of sleep ... the dreams so vivid when you do finally collapse, that the line between consciousness and unconsciousness blurs. You're no longer sure if what happened actually happened, or if you just thought it did. You're so determined, so single minded, to get what you want ...

You let everyone else down. Or at least, that's how they feel. Phone calls go un-returned, things that once were the priority struggle to get a reaction from you. Friends give up

sending texts or calling. And the ones that do get through, wish they didn't as they hear your steely words of how the sacrifice is worth it and you're sorry but you just can't make it to that "event" (that you don't recall even hearing about before). Of course, you use your nice words. You remind yourself of your manners and ask about them, their day. And you multi-task whilst they're answering, making sure you don't drop a single second of what you're doing whilst they share their heart. It sounds so callous and cruel. It sounds like the most miserable place to be – but it's truly not – not when you believe in what you're doing. Sure it's exhausting. Sure the day can fly by and you realise you've hardly moved from your laptop, let alone remembered to eat or hang out the washing. But there's something inside you that loves the pressure, excitement and adrenalin of the unknown. And you know that whether this particular pursuit delivers everything you have wanted

or not, whether it carries you to the dizzying heights of success you could only dream of, or delivers you an #epicfail, you'll always love travelling on this road. Life is all about risks, it's about taking the chance and you just have to remember that extraordinary people do extraordinary things. They work hard. They do what most people won't do. They get out of their comfort zone and they pursue their dreams with passion. Friends should love you for trying. Family should rally around to propel you forward – but chances are, they will just feel like an overlooked call and may not give you the support you need. Forgive them, as much as they feel they are forgiving you for your grave betrayal of them for a business plan. But this is your life and you must live it the only way you know how – with passion, with dedication and with the absolute conviction that there is incredible opportunity in life. It will be worth it. I don't feel like I'm making sacrifices. I don't

feel like I'm taking a risk ... I just feel like I'm working bloody hard to make something wonderful. And I feel that that is incredibly worthwhile. What a woman wants to know is that pursuing a goal is not a gamble, but what a woman needs to remember is that, despite there being no guarantees in life, the odds sure go up the harder you work. So if you're pursuing a dream, if you're working tirelessly to achieve, then dig deep. You got this. And it will be worth it.

Abby
Don't forget you can email me at life@docklandsnews.com.au - xx



Abby Crawford
life@docklandsnews.com.au

WHAT'S ON

COMMUNITY CALENDAR

JAN | FEB | MAR | **APR** | MAY | JUN | JUL | AUG | SEP | OCT | NOV | DEC

FOURTH THURSDAY OF THE MONTH
6PM - 7PM
LIBRARY AT THE DOCK

DOCKLANDS HISTORY GROUP

Share a cuppa and stories with other local history enthusiasts and learn about people, places and industries from times gone by.

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Every Sunday: Stand and Deliver 80s tribute band, from 7.30pm

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SUNDAY WORSHIP

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Mission to Seafarers, 717 Flinders St.
11am English service
5pm Chinese service 中文

EVERY SUNDAY FROM 10AM UNTIL 5PM
NEWQUAY PROMENADE

DOCKLANDS SUNDAY MARKET

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DOCKLANDS SOCIAL CLUB

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AT 6.30 PM
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Mondays at 10.30am
Encourage your child to have a life-long love of books by coming along to Stompers, Melbourne Library Services weekly program for toddlers aged 18 months to three years.

SONGBIRDS
Wednesdays at 10.30am
Come along for songs, rhymes and stories to engage your budding book worm's mind and introduce them to the fun and rhythm of language. Suitable for babies and toddlers aged up to 18 months old.

CREATIVE KIDS AFTER SCHOOL CLUB
Wednesdays 4.30pm to 5.30 pm.
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DOCKLANDS SPORTS PAGE

The Ice Blacks are here

By Sunny Liu

Our Kiwi neighbours have travelled across the ditch to Docklands to compete in ice hockey with Melbourne's local teams.

New Zealand's national ice hockey team, the Ice Blacks, arrived late last month to train and compete at the O'Brien Group Arena.

Undaunted by the thunderstorm that had been sweeping across Melbourne, the Ice Blacks have been practising tirelessly in the hope that they could beat the Melbourne Mustangs and Melbourne Ice at their home venue.

After two games each against the Mustangs and Melbourne Ice, the Ice Blacks will then fly back to Auckland to compete in the world championships this month.

Team captain Bert Haines said the team was looking forward to playing against our local teams.

"The Ice and the Mustangs are two very competitive clubs and we expect a set of high-intensity games," he said. "We know they would love to record some wins, as their fans haven't seen some hockey for a while. So they are going to skate hard and that's great for us."

"For us it's not so much about whether we win or lose, although a win is always positive for us to go onto the world championships. As long as we execute what we need to do well, then we would have achieved what we want," head coach Maru Rout said.

Apart from the weather, Docklands has left a good impression on the Ice Blacks, who said they had really enjoyed the cuisine and



From left to right: Ice Blacks assistant coach Anatoly Khorozo, captain Bert Haines and head coach Maru Rout at the O'Brien Group Arena.

convenience of our waterfront suburb.

"From what we have seen so far, Docklands seems like a very cool place. We would love to explore around after our games. It's been raining since we got here, so we are hoping to see some sun soon," Mr Rout said.

Mr Rout said the team often had to travel

across the world to places like the Czech Republic, Mexico and Canada for training camps and games. So the Ice Blacks were glad they did not travel far this time.

"It's great from a food, time-zone and cultural perspective. The similarity between the Australian and New Zealand cultures has made the trip more seamless," Mr Haines

said. "So it's easier for us to adapt and we can focus more on hockey as opposed to trying to figure out how to order our food."

The crowds at the upcoming O'Brien Group Arena games are expected to be overwhelming, with two games nearly sold out weeks before at the 2000-capacity ice rink.



505/20 rakaia way



1005/20 rakaia way



1703/5 caravel lane



1302/60 siddeley street



1807/15 caravel lane



304/2 newquay promenade

LUCAS

PROPERTY ENQUIRIES AT 5 YEAR HIGH

Property enquiry levels are the strongest we've seen in Docklands since 2012, and competition between our buyers is **very high**.

If you're interested in knowing the value of your property in **today's market**, I'd love the opportunity to share this information with you.

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