

The voice of Docklands | 道克蘭之音

DOCKLANDS NEWS

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Snow much fun!

Docklands was a winter wonderland last month, with plenty of opportunities for some fun in the snow.

Both Harbour Town and Wonderland Entertainment and Leisure offered kids the chance to build snowmen, throw snowballs and make snow angels.

Five-year-old Caitlin Purcell (pictured

above) had a great time building her very own snowman at Wonderland's snow play zone.

See our story on page 12 for all the details.

Landmark short-stay decision

A landmark Supreme Court decision has paved the way for short-stay accommodation across the state.

Supreme Court Justice Peter Riordan last month ruled that the Watergate Owners' Corporation (OC) did not have the power to make rules banning owners from leasing apartments to short-term visitors.

The Docklands-based building has been involved in ongoing legal battles over the issues of short-stay apartments since 2012 and the case was being closely watched across Victoria and nationally.

The most recent decision followed the OC's appeal of a 2015 Victorian Civil and Administrative Tribunal (VCAT) decision, which similarly found that the OC did not have the power to make rules prohibiting short-stays.

Watergate OC chairperson Barbara Francis said it was too early to say whether the OC would appeal the Supreme Court decision.

"We'll review the decision and canvass the support of the hotel accommodation industry before coming to a final decision," Ms Francis said.

In his published decision, Justice Riordan said that under the Subdivision Act 1988 and the Owners Corporation Act 2006, the Parliament did not demonstrate an intention to give OCs the power to make rules prohibiting short-term letting of apartments.

According to Justice Riordan, the legislation does not reveal any intention for OCs to be able to "substantially interfere" with lot owners' proprietary

rights or to give OCs the power to overrule uses permitted under planning legislation.

Justice Riordan found that a parliamentary intention to give OCs the power to "substantially inhibit" the conduct of owners on their own property would need to be expressed "in clear and unambiguous language".

According to local lobby group We Live Here, this finding gives clear direction to the State Government.

Ms Francis, who is also a director of the We Live Here advocacy group, called on the government to change the laws "before it is too late".

"At last the State Government has now been provided with definitive guidance by the Supreme Court about what it needs to do in order to protect owners, residents and the hotel industry," Ms Francis said.

Watergate building manager and fellow We Live Here director Marshall Delves said the short-stay accommodation industry was "out of control" in Melbourne.

"Unless the government acts now, we'll see less and less owner-occupiers and long-term residents in apartment buildings," Mr Delves said.

Mr Delves warned that apartments buildings in the CBD and inner suburbs would eventually be made up entirely of students and short-stay accommodation providers.

Continued on page 13.





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Docklands waterways will be on show this month with the annual Melbourne Regatta and Blessing of the Fleet just around the corner.

Organised by the Melbourne Passenger Boating Association (MPBA), the regatta on Sunday, August 28 promises to be plenty of fun.

According to MPBA president and Docklands charter boat operator Jeff Gordon, the first Melbourne regatta was held on the Yarra River in 1838 and saw people gathering and celebrating on the riverbanks.

"That's what we're trying to recreate in the modern day," Mr Gordon said.

"We're celebrating Docklands and the waterways, including users of the waterways such as commercial operators and seafarers."

Mr Gordon said this year's celebrations would be centred on three key themes, based on Docklands' history.

The regatta will highlight Docklands' original natural landscape as a marshland and recognise the aboriginal culture of the area's original inhabitants.

It will also focus on the immigration story of Melbourne and the people who arrived in Victoria by water in the post-war era of the



1950s and '60s.

"So many people arrived by boat, often with just a suitcase and a young family. Many of these people were key to creating the city we know today," Mr Gordon said.

"Different communities of people have made a huge success of living here and have made the city itself a huge success."

The regatta will also celebrate modern-day Docklands and the waterways we have come to know and love in recent years.

Kicking off at 11.00am, the celebrations will

include a free ferry service, a blessing of the fleet ceremony by Father Bob Maguire, a welcome to country ceremony and the Docklands Sunday Market.

A flotilla of more than 50 boats, led by the Enterprize will sail out of Victoria Harbour and into the Port of Melbourne and local vessels will be offering cruises throughout the day.

You can also visit the Alma Doepel and Steam Tug Wattle, with a free carnival train leaving from the Library at the Dock and travelling down to the historic boats along North Wharf Rd.

The Docklands Community Hub will host sessions on immigration, indigenous and cultural themes, while you can also take guided heritage walks around Docklands.

Afternoon entertainment will include reggae and blues bands, along with Normie Rowe & The Playboys.

According to Mr Gordon, last year the Melbourne Regatta and Blessing of the Fleet attracted around 12,000 people and that number is tipped to grow this year.

Event organisers encourage visitors to consider travelling to Docklands via bike or public transport on the day due to limited parking.

The Melbourne Regatta and Blessing of the Fleet will be held on Sunday, August 28 from 11am to 5pm. Visit www.melbourneregatta.com.au for more information.

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Makeover for Enterprize

Docklands tall-ship Enterprize had a makeover last month, including a new engine.

Every two years the ship is removed from the water for significant maintenance work.

“We’re going through our biennial lay-up, which is when all the heavy maintenance work is done,” Enterprize general manager Michael Womack explained.

The ship was pulled out of the water at a slipway at Appleton Dock for a week last month, where major work was completed.

Enterprize ship’s master Kevin Martin was onboard to manage the maintenance program, while shipwright and boatbuilder Igor Bjorksten, who helped to build the boat 19 years ago, was also on hand to assist with the work.

Mr Womack said the out-of-water maintenance program included cleaning the ship’s hull and ensuring any anti-fouling paint chipped off over the past two years was

filled, undercoated and new anti-fouling paint applied.

He said the anti-fouling paint prevented crustaceans and other marine animals from attaching themselves to the hull and potentially damaging the ship.

The ship was back in the water by mid-July and Mr Womack said most of the maintenance work occurred while the ship was in the water.

This included the replacement of the ship’s engine – the first time in 19 years this has been required.

Cummins donated the new engine, while Hempel supplied the anti-foul paint, Mr Womack said.

All of the ship’s rigging was also removed and replaced with rigging made from hemp purchased from Holland.



Commuter ferry struggling to stay afloat

The Wyndham Harbour to Docklands ferry may be struggling to stay afloat, but a new Portarlington to Docklands service could be Port Phillip Ferries’ saving grace.

Despite cutting daily ticket prices from \$20 to \$7.80 in June, passenger numbers for the weekday commuter service have failed to reach expectations.

Port Phillip Ferries operations director

Murray Rance said numbers for the Wyndham Harbour to Docklands service were still very low, with daily numbers averaging the high teens.

“All-in-all the commuter service has been very disappointing,” Mr Rance said.

Mr Rance said the company needed to be hitting 250 to 300 passengers each day for the service to be sustainable.

In contrast, a trial of a Portarlington to Docklands service last month was extremely successful, with 387 people on board for the inaugural journey on June 29.

The ferry departed Portarlington at 10.30am, arrived in Docklands at 12pm and passengers had an hour in Docklands before

hopping back on the ferry at 1pm.

Mr Rance said the company planned to hold another trial from Portarlington in the first week of August.

Mr Rance said Port Phillip Ferries was also encouraged by passenger numbers during weekend services between Wyndham Harbour and Docklands and a school holiday service to Werribee Zoo.

According to Mr Rance, there is no deadline set currently for a decision over whether the Wyndham Harbour to Docklands commuter service would continue.

“The idea at this stage is to gather data, we’re clearly disappointed with what’s happening with Wyndham but have had great support

from Portarlington.”

Port Phillip Ferries is also continuing to pursue an increased speed limit on the Yarra River, which would reduce ferry travel times.

However, Mr Rance said the company wouldn’t be investing money in the wave, wake and safety assessment required by Port of Melbourne to assess the increased speed limit request, unless customer demand was strong enough to support the continuation of the service.

He said if Portarlington continued to maintain the level of support it showed at the first trial, it would warrant the investment in the wave, wake and safety assessment.



A creative hub for sharing ideas

Knowledge Market is home to a creative community who hold experience based workshops spanning food, culture, art and peer-to-peer learning. Foster that entrepreneurial business idea or discover a hidden talent for hula hoop dance.

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Illuminating the weather

It might look like an apartment building during the day, but as soon as the sun starts to set 888 Collins St is transformed.

In what is a world-first, the facade of the Lend Lease building is illuminated each night by a lighting installation reflecting the weather.

Designed by artist Bruce Ramus, the lighting display features vertical beams of LED lights extending up to 50 metres high.

The light beams reflect real-time weather data, collected from a weather station on the roof of the building and the Bureau of Meteorology's weather feed.

The lights move in ways that can either display a literal forecast for the following day or an artistic interpretation for how the weather "feels".

Projecting no more light than a standard street light and with recessed globes, the light effect is best viewed from the public area around Buluk Park.

Mr Ramus said the inspiration for the project was to create something uniquely Melbourne and he hopes locals feel a sense of ownership and connection to the art.

"The piece is about reflection. We wanted to reflect the environmental rhythms of the place, while being conscious of the surroundings. Low light levels, a soft colour palette and gentle movement are all integrated in to the expression of the piece," Mr Ramus said.

"I've lived all over the world and when I moved to Melbourne, I was impressed by how weather-sensitive everybody is. People here are always talking about the weather and it changes so often. I wanted to be able to reflect something that Melburnians can connect with and something that hasn't been done anywhere else in the world."

Mr Ramus also designed the world's largest



Arist Bruce Ramus and Lend Lease project director for Victoria Campbell Tim Campbell launched the 888 Collins lighting installation last month.

permanent interactive light installation "Luminous" at Darling Quarter in Sydney and has worked as lighting designer for U2, R.E.M, James Brown and David Bowie.

He joined Lend Lease project director for Victoria Harbour Tim Campbell and the local community for the inaugural "switch on" of the lighting display on July 13.

Mr Campbell said as far as the company was aware, 888 Collins was the only residential building across the globe with a facade that doubles as a luminous public art work.

"We pride ourselves on creating great places - not just building - so it means a lot to us that the Victoria Harbour community and

visitors can gather here in the evenings at Buluk Park, right outside Library at The Dock and enjoy the light show," Mr Campbell said.

"It's a great leap forward in realising our ambitions for a vibrant and active precinct, day and night."

The light show will be a permanent feature from dusk until midnight every night, forecasting the following day's weather for five minutes on the hour.

For the remainder of each hour, an abstract light movement will reflect the way the weather "feels" at the time.

More action on Lacrosse practitioners

The builder and fire safety engineer responsible for the Lacrosse building breached the Building Act and Regulations, according to the Victorian Building Authority (VBA).

The VBA has referred Con Nicolas, the fire safety engineer who prepared a fire engineering report about building work at the site and the registered builder, Jim Moschoyiannis, to the Buildings Practitioners Board (BPB) for disciplinary action.

Mr Moschoyiannis is a director of building company L.U. Simon Builders, which constructed the building.

The VBA had previously referred the relevant building surveyor to the BPB and the architect responsible for the building to the Architects Registration Board of Victoria (ARBV).

It alleges that the builder, the building surveyor and the fire safety engineer breached both the Building Act and Regulations and failed to carry out work in a competent manner and to a professional standard.

The VBA's recent decision regarding the fire safety engineer and registered builder signals the conclusion of the investigation into the conduct of building practitioners involved in the Lacrosse building.

Following the November 2014 fire at the Lacrosse apartment tower, the MFB found that the external aluminium cladding on the building contributed to the spread of the fire and did not comply with the Building Code of Australia (BCA). This triggered a VBA investigation into the building practitioners involved.



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One fewer excuse on governance

By Bethany Williams

The State Government has one less excuse up its sleeve to explain why it can't introduce a single, independent river authority for the Lower Yarra now.

While Minister for Water Lisa Neville has previously claimed more work needs to be done before any decisions are made about the single-governance model, the release of a discussion paper last month rules out at least one of these excuses.

The *Protecting the Yarra River (Birrarung) Discussion Paper* produced by the Yarra River Protection Ministerial Advisory Committee (MAC), looks at how best to protect the Yarra River and doesn't mention river governance reform in Docklands or Southbank.

Earlier this year, Ms Neville rejected the recommendation of the Lower Yarra River Use Future Directions Group to establish a single waterways authority for the Lower Yarra, opting instead to establish a waterways committee under Parks Victoria.

At the time she said she wasn't ruling out the eventual establishment of a single waterways authority but more work had to be done to determine a long-term solution.

According to Ms Neville, this work included the maritime safety review and the Yarra River Protection Act.

The Yarra River Protection MAC was formed to drive consultation and draft the new Yarra River Protection Act.

However, despite Ms Neville suggesting this work could guide future governance solutions in Southbank and Docklands, concerns specific to these areas, including governance, are absent from the committee's recent discussion paper.

Chair of the Yarra River Protection MAC Chris Chesterfield confirmed the group was not specifically looking at the issues affecting

the Docklands and Southbank sections of the river.

The government has also acknowledged their awareness of the unique river environment in both Southbank and Docklands through the exclusion of these areas from recent planning reforms.

One of the key steps the government has already taken to protect the river is the implementation of stronger planning controls along the river, between Richmond and Warrandyte.

"The Andrews Labor Government is determined to protect the 240km of river between Richmond and Warrandyte. By working with the community we can deliver long-term, meaningful change," Ms Neville said.

Mr Chesterfield agreed that the planning controls were not introduced in Docklands and Southbank due to the very different planning environment.

He said a significant motivation for setting up the Yarra River Protection MAC was the amount of development occurring between Richmond and Warrandyte.

This again refutes Ms Neville's claim that work relating to the Yarra River Protection Act could inform future governance arrangements in the lower Yarra.

By the end of 2016 the Yarra River Ministerial Advisory Committee will provide advice to the government on a number of reforms including;

- Waterways health;
- Community use, access and amenity of the river and its network of parklands and open spaces; and
- Interface of the river with adjacent land uses and its catchments.

The *Protecting the Yarra River (Birrarung) Discussion Paper* is open for public comment until Friday, August 5.

Find the discussion paper at <http://haveyoursay.delwp.vic.gov.au/protecting-the-yarra-river>



New fireworks strategy

City of Melbourne is considering moving its New Year's Eve fireworks display from the centre of Victoria Harbour to a number of Docklands rooftops.

Council's fireworks consultants have been canvassing buildings across Docklands over the last month to assess their suitability as firing sites.

But it's understood that many owners are ambivalent to the idea of fireworks being fired from their rooftops.

The move away from water-firing is due to the current construction works at the New Quay Piazza, which has been used as the New Year's Eve "live site" in Docklands.

"Due to capital works projects in the vicinity of Docklands Piazza, we are exploring other areas in Docklands, which can be used as a New Year's Eve Live Site to accommodate large crowds and offer a great view of the midnight fireworks display," a City of Melbourne spokesperson said.

"In line with this, we are also currently scoping potential new locations to use as launching sites for the fireworks to ensure crowds have the best possible view."

It's understood the council has already contacted Dock 5, The Quays and Harbour One about using their rooftops as firing sites and is also considering the

Convesso and Concavo buildings.

According to the council spokesperson, negotiations are presently under way with a number of buildings.

"We have had very positive feedback from the majority of Docklands stakeholders who have been involved in the process of exploring new locations for a Live Site, and possible launching sites for fireworks."

But Dock 5 building manager Bill Castles said many owners weren't keen on the idea of the building's rooftop being used as a firing site.

"The OC prefers the water display, particularly given this is meant to be a marine precinct and is marketed as such," Mr Castles said.

According to Mr Castles, owners are also concerned about the potential "fall-out" from the fireworks onto the building and boats in the marina below the building.

It's understood The Quays owners' corporation will consider the proposal at its next committee meeting.

The City of Melbourne is expected to launch its New Year's Eve program later in the year, including details of this year's live sites.

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Councillors debate tram bridge

The Fishermans Bend tram bridge should take precedence over the existing Yarra's Edge marina, according to a City of Melbourne councillor.

Speaking in response to a City of Melbourne submission on the Fishermans Bend Recast Vision at the July 5 Future Melbourne Committee meeting, Cr Stephen Mayne called for clarity on future public transport links for the suburb.

"... Yarra's Edge residents might not like it but I think it should be a priority of the tram over the boats in terms of that key bridge near Yarra's Edge to open it up."

The State Government has previously ruled out the tram bridge option and a public transport strategy does not appear in the recast vision.

The vision explains that a number of studies are currently being completed to investigate transport options for Fisherman Bend.

It's anticipated the Fishermans Bend Framework, scheduled for release in November, will include a transport plan.

The recast vision does include imagery, which indicates a public transport link

from the CBD and river crossing through to Fishermans Bend, but the form this public transport link would take is not mentioned.

Lord Mayor Robert Doyle said it was possible to provide a public transport link without dividing the community at Yarra's Edge.

"I believe yes, we do need public transport into it (Fishermans Bend) but let's look at whether we can push that tram further westwards, away from Yarra's Edge and down away from the project area," Cr Doyle said.

It's unclear how the tram bridge could be pushed further west given the existing tramline on Collins St terminates at Library at the Dock. While Collins Wharf continues further west, current plans for Lend Lease's development of this site do not indicate a continuation of the tramline.

The only alignment that appears possible, in terms of a connection with the CBD via Docklands, is the original proposal of a crossing from the end of the Collins St tramline across the marina, through Yarra's Edge and then continuing on into Fishermans Bend.

While the State Government has ruled out this plan, City of Port Phillip is pushing the concept and it appears at least some Melbourne councillors are on-board with the idea.

Meanwhile Yarra's Edge resident and Fishermans Bend Ministerial Advisory



The Fishermans Bend Recast Vision includes imagery of a river crossing.

Committee community representative Philip Spender says the transport strategy for Fishermans Bend was still being determined.

"As the Yarra's Edge community, our expectation remains that the local member and planning minister will maintain their position that there will be no tram bridge through Yarra's Edge," Mr Spender said.

While the tram bridge issue continues to attract attention, it's also clear there is a desire for clearer information about the public transport strategy for Fishermans Bend.

The government has ruled out the tram bridge concept but it hasn't yet given any

clear indications of what will replace it.

Cr Rohan Leppert said the Fishermans Bend Recast Vision "squibs" the issue of public transport links but did not voice support for the tram bridge option.

"We need to actually bite the bullet and say where those links are going to be and how and under what timing those links are going to be delivered," Cr Leppert said.

"Whether we're talking about heavy rail, light rail or other public transport links, now, not after this vision is adopted, is the time for the government to get real about what they're going to do and when and why," Cr Leppert said.



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DOCKLANDS COMMUNITY FORUM

The Docklands Community Forum is an open public meeting for residents, businesses and workers to hear and have their say on local issues and projects.

Join us at the August forum and help shape the future of Docklands.

Meeting information

Date: Wednesday 31 August 2016

Time: 6pm to 8pm

Venue: Library at the Dock, 107 Victoria Harbour Promenade, Docklands

Topics for discussion include the provision of schools in Docklands, the Western Distributor project, Council's Draft Skate Melbourne Plan and more. Further information at melbourne.vic.gov.au/dcf



Places Victoria



Docklands' new hub for knowledge

A vibrant hub is emerging at the western end of Victoria Harbour, with the recently-opened Knowledge Market at the centre of the buzz.

Knowledge Market, at the base of the Concavo building, is home to a unique combination of education providers, start-ups and creative industries, offering a platform for the exchange of skills and knowledge.

The new collaborative space was officially launched last month and it's a place where you can learn almost anything - from digital storytelling and meditation, to team building and hula hooping.

Amongst other offerings, the current program features a workshop on social media tool SnapChat, a session on the basics of Twitter and an empathy lab.

Knowledge Market is a Lend Lease initiative and was set up by The Space Agency, an "activation agency" which specialises in transforming spaces into places.

Located adjacent to Library at the Dock and with new neighbours moving in on either side there's a real sense of activity and vibrancy around the new addition to Docklands.



Participants enjoy one of the workshops at the launch of Victoria Harbour's Knowledge Market.

Formerly located underneath ANZ, Kelly Cube, which offers ready-to-cook meal kits, has moved next door to Knowledge Market, while Italian paninoteca Saluministi is now serving up tasty meals and coffee on the other side.

Lend Lease's Victoria Harbour project director Tim Campbell said Knowledge Market held a world of promise for the many career-focused professionals who live and work in the area.

"We are extremely proud to open the doors to Knowledge Market today and provide our residents, workers and the broader Melbourne community with a collaborative hub for sharing ideas," Mr Campbell said.

"We pride ourselves on creating great places - not just buildings - so it means a lot to us that Victoria Harbour is now home to Melbourne's collaborative economy."

"Through peer-to-peer learning, workshops and events, we're providing an engine room for cross-industry collaboration, idea sharing and connectivity - three key ingredients for innovation," Mr Campbell said.

The Space Agency director Hugo Lamb said Knowledge Market was the first of its kind in terms of a collaborative learning hub.

"The idea of a collaborative space, where entrepreneurs, business owners and savvy individuals can support one another isn't new, with Silicon Valley generally considered to be the progenitor of the worldwide trend," Mr Lamb said. "But Victoria Harbour will take it to the next level."

Knowledge Market is open seven days a week and local residents, workers and visitors are welcome to sign up to workshops online or host their own group events.

Visit www.knowledgemarket.com.au for more information.

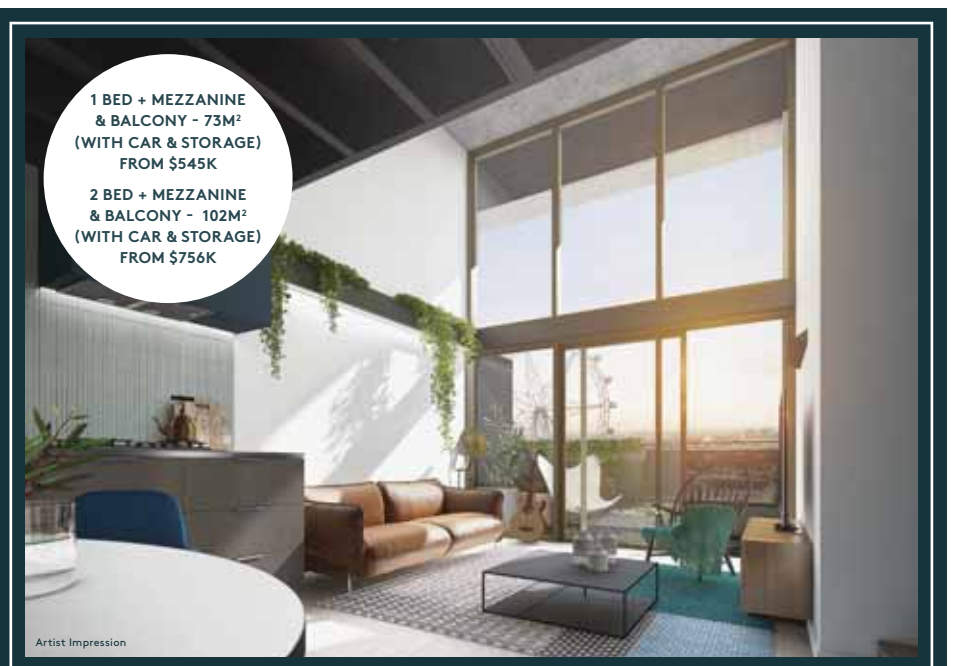


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Alma lunch this month

Take the "Voyage of a Lifetime" this month and help raise funds for the continued restoration of the Alma Doepel.

The team behind the restoration of the historic tall ship is holding a gala luncheon in Docklands on August 24 and invites Docklands stakeholders to come along.

The Alma Doepel "Voyage of a Lifetime" gala luncheon will celebrate 100 years since the ship arrived in Melbourne and will raise funds for her continued restoration.

Attendees at the lunch can look forward to hearing from former Australian of the Year, Monash University chancellor, businessman, sailor and philanthropist Simon McKeon, along with Channel Nine's Peter Hitchener.

Owned by Sail & Adventure and almost 113 years old, the historic tall ship is currently under restoration in Docklands.

Having raised \$1.5 million so far, a further \$1.5 million is needed to get the Alma Doepel back in the water and returned to service as a youth training vessel.

Sail & Adventure spokesperson Sally Shepherdson said the lunch aimed to raise awareness of the Alma Doepel restoration project and to raise vital funds for her restoration.



"We hope to achieve these aims while bringing together businesses from Docklands to network and hear from Simon McKeon," Ms Shepherdson said. "Simon set a world sailing speed record, is an Australian of the Year and is a business leader."

Last year the inaugural Alma Doepel fundraising lunch raised \$40,000 and this year event organisers hope to top this result, with a target of \$50,000.

The "Voyage of a Lifetime" luncheon will be held at Atlantic Group on Central Pier on Wednesday, August 24 from 12pm to 2.30pm.

Ms Shepherdson said a number of auction items would be available on the day,

including "money-can't-buy" experiences such as the chance to join a pilot boat as it guides a ship through Port Phillip Heads.

"We also have a berth available on the Young Endeavour from Hobart to Melbourne, an opportunity normally only available via a national ballot," Ms Shepherdson said.

"There's also some great prizes available from local Docklands businesses such as the Melbourne Star."

Tickets are available for \$220 per person or \$2000 for a table of 10.

Visit www.voyageofalifetime.com.au for more information and to book.

Skating deterrents installed

City of Melbourne has installed skating deterrents to protect the recent updates to Docklands Park.

"The new works at Docklands Park were not intended or designed for skating, as the area includes a substantial amount of timber decking and timber public seating," a City of Melbourne spokesperson said.

"Skating deterrents have been installed to protect the area from damage. Steel buttons have been installed on the concrete walls along the northern end of Navigation Drive and steel brackets have been installed on the timber seating in the new area adjacent to Collins St."

The spokesperson said the council would continue to monitor the space to determine whether other measures were necessary.

"Skateboarding is a popular activity in the central city and the City of Melbourne is in the process of developing a Skate Strategy, which will provide a framework for the location, provision and management of skating in the city," the spokesperson said.

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The political backwater

By Shane Scanlan

Is Docklands Melbourne's most politically disenfranchised suburb? Voting patterns revealed at the July 2 federal election would suggest so.

Despite Docklands being the fastest growing suburb in inner-Melbourne with an Australian Bureau of Statistics-estimated population of 8871, only 1428 turned out to vote.

More Docklanders placed their first preference with the Liberal Party (559) than any other party, but the Liberals and the ALP both suffered swings against them. Winning Greens candidate and incumbent MP, Adam Bandt's, primary vote was up slightly (+0.97 per cent).

The wider Melbourne electorate recorded Victoria's lowest percentage of voter participation (less than 75 per cent of enrolled voters turned out), but this number doesn't even come close to explaining the apathy in Docklands.

A high-proportion of non-Australian citizens here would also help fill in the pieces to the puzzle.

But, in the three years since the last federal election, Docklands has been a virtual

politician-free zone. Sex Party leader Fiona Patten dropped by in May 2015 and ALP candidate Sophie Ismail also visited in May 2015 to have her photo taken.

But *Docklands News* knows of no visits by local MP Adam Bandt and had not even heard of Liberal candidate Philip Lui.

Ms Ismail took out a couple of small ads in the lead up to the election, but no candidate has ever sent this local newspaper any news about themselves.

The Australian Electoral Commission must take some of the responsibility for the low voter turnout, with no local print advertising in the lead up to the election to encourage people new to Docklands to enroll to vote.

The low residential political participation rate suits the dominant business-backed Team Doyle faction contesting the October 22 City of Melbourne municipal election. Businesses get two votes in Melbourne, whereas residents get just one.

First preference voting at the Docklands Hub booth was:

FREEMAN-HARRISON, Lewis	Australian Sex Party	57	4.06	+1.10
ISMAIL, Sophie	Australian Labor Party	273	19.46	-0.28
LIU, Le	Liberal	559	39.84	-1.11
SMITH, Miranda Joyce	Animal Justice Party	42	2.99	+2.56
BANDT, Adam	The Greens	448	31.93	+0.97
RILEY, Matt	Drug Law Reform	24	1.71	+1.71



Curator Monica Syrette with some of the artwork featured in the exhibition.

Activism on the docks

A new exhibition at the Library at the Dock explores the history of activism on Melbourne's wharves.

Wharfies are recognised as having led the way on a range of social justice issues including the Indonesian independence movement, anti-apartheid and Vietnam War protests.

Nelson Mandela even recognised the support of Melbourne's waterside workers during a speech he made in Melbourne, following his release from prison.

The *Wharfies Support! Social justice activism from the Melbourne docks* exhibition looks at the history of activism through photographs, archival documents and oral histories.

It also features a series of large-scale screen-printed posters by artist Oslo Davis in collaboration with designer Zach Beltsos-Russo, which provide an interpretation of the imagery and slogans used by wharfies.

Exhibition curator Monica Syrette said when many people thought of unions and wharfies, they remember protests about conditions and wages.

"What we were really interested in was some of the other actions they took which weren't about their own jobs," she said.

"They put their jobs on the line for idealistic reasons. The more you look into it the more you see evidence of it that goes way back to the London Dock strikes."

As Ms Syrette explained, before the automation of the shipping industry, when wharfies went on strike they had the power to grind things to a halt.

Ms Syrette said Melbourne's wharfies had a very international outlook.

"A big part of it was the relationships that were built through the international nature of working on the dock," Ms Syrette explained.

"Melbourne became known as a place where you could tell the unionists and they would go in to bat for you."

Wharfies Support! Social justice activism from the Melbourne docks is on display at the Library at the Dock until September 30.

John Henry answers your legal questions.

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Uncovering the Mission's early origins

Docklands' Mission to Seafarers last month launched a permanent exhibition telling the untold stories of Melbourne's maritime history.

The Early Origins exhibition features a collection of artefacts discovered at the Mission 10 years ago.

From the pulpit in the chapel, to photographs of seafarers, to a 1897 petition letter from ship captains calling for a facility for seafarers in Melbourne, each item helps to tell the story of the Mission.

The collection is nationally significant, having been recognised as the largest and most complete collection of material relating to seafarer's welfare in Australia, along with the largest and most complete collection of material relating to the Mission to Seafarers.

Mission to Seafarers CEO Andrea Fleming said the Early Origins exhibition was the culmination of years' of hard work from dedicated volunteers and provided unexpected insights into the depths of Melbourne's maritime past.

"We discovered the items by pure coincidence and when we started cataloguing them, we were captivated by the stories they told about the people who came here," Ms Fleming said.

"Not just the seamen who were welcomed from across the world, but also the hundreds of volunteers from all walks of life across Victoria."

Ms Fleming said the exhibition would not have been possible without the support of both Bendigo Bank and the Helen Macpherson Smith Trust.

The exhibition draws attention to the mission's volunteer organisations, including the Melbourne chapter of the Ladies Harbour Lights Guild.

The guild funded most of the construction of the original building and continued to provide support to the mission for the next 50 years.

The collection of material relating to the group is also the largest and most complete in Australia and covers key periods in Australian maritime history including the Second World War and the 1960s, when containerisation dramatically changed the shipping industry worldwide.

The exhibition is displayed throughout the operational areas of the mission, inviting visitors to explore the building. Wayfinding signs guide visitors through the Mission where they can discover heritage interpretation panels and display cases featuring historical artefacts.

You can visit the Early Origins exhibition at the Mission to Seafarers, 717 Flinders St from 11am to 6pm daily.



The launch of the Early Origins exhibition at the Mission to Seafarers last month.

Photo by Sara Tansy.

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A winter wonderland

Don't worry about venturing to the snowfields this winter – there are plenty of chances for some snow fun right here in Docklands.

Harbour Town Melbourne kicked off its snow play installation on July 8, with snow fun on offer on Friday evenings and Saturdays and Sundays until August 28.

The snow play dome offers ample room to build snowmen, make snow angels or play in the snow.

Apart from the fun of the snow, this year Harbour Town has also installed LED lighting inside the snow play dome, along with a white picket fence, snow-capped trees and a life-size polar bear.

Crowds of families also visited Wonderland Entertainment and Leisure's snow play and winter wonderland circus throughout the school holidays, with director Melissa Head reporting 30,000 visitors over the two-week period.

With snow slides, snowmen building and falling snow, there was plenty of fun to be had for young and old.



Harbour Town's snow play installation has proved to be very popular.

New hotel for NewQuay

NewQuay developer MAB Corporation has secured a deal to construct the largest hotel in the Quest network.

MAB will develop the 221-unit property for Ascott Limited and Qatari Investment Authority, which will in turn be leased by Quest Apartment Hotels.

Construction of the hotel, at the corner of St Mangos Lane and Caravel Lane is set to begin early next year and the hotel is expected to open in 2019.

It will join the soon-to-be-completed Four Points by Sheraton in NewQuay, which is currently being constructed by Hiap Hoe.

MAB managing director of residential David Allt-Graham said a new hotel in the area would be a positive outcome for Docklands.

"Hotels are great because they support businesses in the area and support the leisure industries," Mr Allt-Graham said.

Mr Allt-Graham said securing the deal for the new hotel was very positive for MAB Corporation.

"It's another big piece in a growth phase we've been going through," Mr Allt-Graham said.



An artist's impression of the new hotel.

"Docklands ticks a lot of boxes for hotel operators. It's a really great leisure destination and its accessibility to the city is also very appealing for business travellers."



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Networking next month

Docklanders are invited to participate in quality networking at next month's Docklands Networking Lunch.

The September lunch will be held from 12pm on Friday, September 16 at Chiara at Collins Square.

The menu for the September networking lunch is yet to be confirmed as Chiara tailors its menu to what is in season.

However, a sample menu featured the following:

Entrée: Smoked eel croquette, horseradish cream and apple or chicken liver parfait, shallots, green beans and salted ricotta.

Main: Celeriac and black barley risotto, hazelnuts, salsa verde and veal osso bucco, ricotta gnocchi, mushrooms and gremolata.

Dessert: Gelato assortito or spiced panna cotta, kumquat marmalade and almond biscotti.

Meals are accompanied by house whites and reds and light or heavy beer.

The Docklands Networking Lunch is \$60 per head and must be paid in advance. To book your seat contact Docklands News via lunch@docklandsnews.com.au or ring 8689 7979.

Council keeping an eye on Distributor

The City of Melbourne has foreshadowed that it will oppose the Western Distributor project unless major changes are made to the road's design.

The council is concerned about a number of elements of the \$5.5 billion toll road proposed by toll-road operator Transurban, which could significantly impact Docklands and other inner-city areas.

At the July 19 Future Melbourne Committee meeting Councillors passed a motion asking the Acting CEO to write to the Premier of Victoria and Ministers for planning, transport and roads to advise that the City of Melbourne was reserving its right to oppose the project.

It has called on the Government to change a number of design elements of the project, including:

- Removal of the Dynon Road exit;
- Removal of the flyover cutting through E-Gate;
- Removal of the Footscray Road double deck raised road option and an alternative at grade solution developed; and
- Further "open and transparent" traffic modelling conducted with real-time and projected traffic scenarios for the CBD, Docklands, North and West Melbourne, Carlton and Parkville, including implications of Metro Rail and Grattan St closure.

The Docklands community holds particular concerns about the impact of extra traffic when Wurundjeri Way becomes a "city-bypass".

Under current plans for the toll-road, east-bound traffic on Dynon Rd will be offered a non-tolled diversion around the west of the CBD via an extended Wurundjeri Way.

The impact of the project on the planned E-Gate neighbourhood also remains unclear, with a flyover from the toll road potentially affecting the key urban renewal area.

The move by Council followed a motion by Councillor Cathy Oke that the City of Melbourne should express its opposition to the Western Distributor project.

While Cr Oke's motion was unsuccessful, a subsequent motion by Councillor Arron Wood that the City of Melbourne reserves its right to oppose the project was passed.

Cr Oke said there was strong support for Council to oppose the road project from Carlton, Kensington and Docklands.

She raised concerns about the lack of strategic planning, lack of integrated transport planning, impact on urban renewal areas like E-Gate, impact on other modes of transport such as pedestrian, cycling or trams and amenity issues.

"All of these concerns I believe were picked up in the analysis presented to the Future Melbourne Committee in May. Which actually was the impetus for my resolution, that on the night we were presented with this analysis whereby there were very few reasons to support the Western Distributor, based on our management's analysis, but many, many reasons to oppose it," Cr Oke said.

At the May 17 council meeting councillors were critical of the Western Distributor proposal and the negative impact it would have on the city.

However, at the July 19 meeting Councillor Arron Wood said Council needed to wait for the final Western Distributor design to be released and give the State Government the opportunity to rectify the issues raised by the City of Melbourne.

"I would simply say that at this stage we need to wait until the final design is reached, but if there's not much movement on that design I will be supporting the opposition to this project," Cr Wood said.

Addressing the councillors, Docklands Community Association President Roger Gardner said so far the community knew very little about the impact of the Western Distributor on Docklands and called on Councillors to continue to seek further information about the project and its impacts.

Landmark short-stay decision

Continued from page 1.

"The heart and soul of these suburbs will be lost and the economy will suffer," he said.

However, the short-stay operator at the centre of the legal battle says the Victorian Supreme Court decision was "absolutely correct" and "upheld the proprietary rights of property ownership".

Legal victor and Docklands Executive Apartments' business owner Paul Salter said: "An owners' corporation is responsible for looking after the common property, not telling you or me what we can do inside our own property," Mr Salter said.

Mr Salter operates 14 units in the Watergate building as short-stay apartments.

"We as owners will now be actively seeking answers as to how much the OC committee has spent in legal fees and, more importantly, has the committee communicated the loss in the Supreme Court and outlined the costs to the owners."

"On a number of occasions I have requested an alternative to litigation and, on each occasion, have been refused. I again urge the committee to start a working relationship with me and make Watergate a model of how short-term and residents can co-exist peacefully."

The Watergate short-stay saga has appeared in a range of courts and tribunals since the legality of short-stays was first tested at the Building Appeals Board (BAB) in 2012, when the City of Melbourne issued building orders against Mr Salter and another short-stay operator in the Watergate building.

The case between council and the operators wrapped up in 2014 after two BAB hearings and a Supreme Court and a Court of Appeals hearing, with the council ultimately failing to curb short-stays in the building.

Since then, the Watergate OC has taken its own action against short-stays in VCAT, leading to the recent Supreme Court appeal decision.

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Docklands Spaces wraps up

The Docklands Spaces renewal project has officially concluded, after three years of introducing creative and social enterprises to Docklands.

The program was kick-started in 2013 and has seen 21 different enterprises find a temporary home in Docklands.

Places Victoria, City of Melbourne and Renew Australia initiated the program to allow creative enterprises and local initiatives to activate underutilised spaces across Docklands.

Participants over the three years have included The Food Court community arts space, event planner The Creative Type, gaming creators House House Studio, The Front gallery, women's cycling business Wheel Women, retailer Revolution Project and film collective PLGRM.

While it was initially a one-year program intended to activate retail spaces in NewQuay Piazza and Harbour Town, it was then extended for a further two years to include commercial spaces in Victoria Harbour.

Renew Australia founder Marcus Westbury said Docklands Spaces had provided invaluable opportunities for dozens of projects, small businesses and creative projects.

"It has helped bring new life and a layer of activity to Docklands," Mr Westbury said.

"From Renew Australia's point of view, it has been an invaluable opportunity to work with and learn from the unique dynamic of a new and rapidly-growing part of the city and it has been a catalyst to meet some of the most creative people and projects in Melbourne."

The program offered participants access to unleased properties on a short-term, rent-free basis with the aim of activating the area.

An added benefit was that the presence of businesses and social enterprises in the formerly-empty properties made them much more attractive to potential commercial tenants.

"Docklands Spaces has been a great success with all but two participating properties sold or leased to long-term commercial tenants," Places Victoria general manager Simon Wilson said.

"The extent of development in Docklands during the three years that Docklands Spaces ran has improved amenity and attracted more workers, residents and visitors to the precinct, securing more long-term commercial tenants."

City of Melbourne councillor Kevin Louey said the program was a win-win for all concerned.



A Docklands Spaces walking tour was held around a year after the project was launched.

"Around 80 per cent of businesses in the City of Melbourne are classified as small businesses. Encouraging start-ups and smaller operators through innovations such as Docklands Spaces contributes to a thriving, sustainable business culture and highlights what can be achieved when we work together," Cr Louey said.

"This program showcases Docklands as a great place to do business, drives employment and provides valuable goods and services to residents, workers and visitors."



Docklands social club

Make sure you put the next Docklands Social Club gathering in your calendar.

The monthly gathering gives locals the opportunity to get to know one another in a relaxed, informal setting.

The next Docklands Social Club is scheduled for 7pm on Wednesday, August 10 at The Groove Train in Victoria Harbour.

The venue is located beneath the ANZ building and, alongside their normal menu, will be offering some \$15 special options to social club attendees.



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New owner for YMCA site

The YMCA has sold its remaining Docklands health club to a new owner with a familiar face.

Current YMCA Docklands manager Andrew Ward and his wife Jean will take over the YMCA site from September 1, under the new name Push! Fitness.

Mr Ward has managed YMCA Docklands on Collins St for the past five years and also managed the Victoria Point YMCA gym before it closed last year.

As an active member of the community, including a role as a Docklands Community Forum representative, Mr Ward said he remained very invested in our suburb.

“There’s still something about the emerging Docklands and it’s great to have the ability to influence the health and wellbeing of the people who live here,” Mr Ward said.

The pair said they would continue to retain the outreach and community programs initiated while the YMCA was in operation.

The change in ownership will also see an upgrade of both the equipment and the interior of the facility, while a range of new fitness programs will also be introduced.

Ms Ward has been teaching yoga, pilates and other group fitness classes for more than 16 years and he said there would be a particular focus on mind and body in the new program.

“I’ll be able to put all of the ideas I’ve been accumulating over the years into action,” she said.



Jean and Andrew Ward will take ownership of the YMCA site on September 1.

YMCA Victoria development manager Amanda Locke said over the past 10 years the organisation had helped its members get active together in Docklands.

“Push! Fitness has a clear vision for the health club and we wish them all the best for the future,” Ms Locke said.

Jewellery thief

Police are seeking information about the theft of more than \$9000 worth of jewellery from a store in Docklands earlier this year.

It’s alleged a man stole two opal pendant necklaces from a Docklands souvenir shop on April 23.

The man entered the shop around 4.20pm and obtained a key by leaning over the counter. He then opened a display cabinet and removed two opal pendant necklaces and left the shop without paying.

The man is described as being Caucasian and approximately 40-years-old. He was wearing a light blue baseball cap, a blue windcheater and black tracksuit pants.

Report information confidentially online at www.crimestoppervic.com.au or by calling Crime Stoppers on 1800 333 000.



An image of a man police wish to speak to about the theft.

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Crowds of people have been spotted gathering near the Cow up a Tree sculpture playing Pokemon Go.

Gotta catch 'em all

By Rhianna Busler

The “Cow up a Tree” sculpture is a well-known spot along Harbour Esplanade, so it’s only fitting that it is a major location for the social sensation, Pokemon Go.

Using a combination of virtual reality and real life locations, players can capture different kinds of pokemon in various locations around Docklands.

Players roam the streets with their phones, using the device’s GPS and camera to capture, battle and train their virtual friendly creatures that appear on their screen as if they were in the same real-world location as the player.

Helen Nguyen and Ivy Ngo started playing the game only two weeks ago but are already on level 21.

“I first heard about the game through my partner because he’s been playing it for a while and one day I just downloaded it and gave it a go. It’s very addictive,” Ms Ngo said.

Ms Nguyen added: “I actually used to play this game on the computer, but I only recently downloaded it on my iPhone.”

While both ladies admit to playing it on their lunch breaks, they said: “It’s not something we go out of our way to play, but a lot of our friends have downloaded the app now too.”

They commonly see people crowded near Cow up a Tree.

“It’s where most of the pokemon are,” Ms Ngo said.

After being released last month, Pokemon Go has taken off across the world and we can see the evidence of this right here in Docklands.

Docklands News witnessed about 60 people crowded by Cow up the Tree on their phones during lunch-time last month.

Simon Hansen, a local worker in Docklands only started playing the game three days before but already knew the ins and outs of the app and how it worked.

“My brother plays it so we sort of verse [sic] each other, trying to get to the highest level. A lot of people always come to Cow up a Tree because there are lure modules set around,” Mr Hansen said.

Lures are designed to draw pokemon in to a particular area, and can be attached to a pokestop. One player drops a lure module, which then works for all players, lasting no longer than 30 minutes.

Mr Hansen said: “I’ve heard about companies purchasing lures to draw customers in.”

“There are a lot of pokestops around Docklands. You just have to look on the map, but Cow up the Tree is probably the biggest,” Mr Hansen added.

Interesting take on river governance

New Parks Victoria CEO Bradley Fauteux has an interesting perspective on the future governance of the Lower Yarra.



New Parks Victoria CEO Bradley Fauteux.

Mr Fauteux has only recently taken over the reins at Parks Victoria and says an independent authority for the Lower Yarra is possible, but not on his agenda.

Parks Victoria will oversee a new interim committee being formed to guide future arrangements, which was put in place instead of the independent authority recommended by the Lower Yarra River Use Future Directions Group (LYRUFDDG) last year.

The State Government rejected the governance recommendations but some local stakeholders understood that an interim committee was being established to transition to an independent waterways authority.

However, in a recent interview with Docklands News, Mr Fauteux said that was not his understanding of the state of play.

“Nothing in that announcement suggests that there is going to be an independent authority established in the future,” Mr Fauteux said. “None of what I have heard says that that’s going to be the likely outcome. I think it’s a possible outcome and, again, a lot can happen in a couple of years.”

Local stakeholders will also have plenty of interest in the composition of a three-person committee, which is being established to

oversee a number of practical issues such as berthing and dredging. The committee is also expected to make recommendations on appropriate future governance models.

While some local stakeholders were expecting three independent business people to be appointed to the committee, it is far from certain whether there will be any at all.

Early in the interview, Mr Fauteux said: “We’re going to have a three or four-person committee. We’ll have someone from local government, we’re hoping to have someone from the City of Melbourne, we’re hoping to have someone from our board and someone from Parks Vic, I don’t know who that will be, comprising the committee.”

Later in the interview, Mr Fauteux said business would be represented on the committee. A transcript of the interview can be read at www.southbanklocalnews.com.au/editions/article/interview-with-bradley-fauteux/

	THANK YOU THE DOCKLANDS SPACES PROGRAM WAS FUNDED BY THE CITY OF MELBOURNE AND PLACES VICTORIA			70+ EXHIBITIONS AND GALLERY EVENTS SHOWING THE WORKS OF LOCAL AND EMERGING ARTISTS	
OVER HALF OF THE PARTICIPANTS INVOLVED IN THE PROJECT HAVE GONE ON TO EITHER SIGN COMMERCIAL LEASES OR JOIN PROFESSIONAL CO-WORKING SPACES			21 NEW AND CREATIVE BUSINESSES SUPPORTED BY THE PROGRAM		DOCKLANDS SPACES <i>a renew australia initiative</i>

After three years of activating empty tenancies, the Docklands Spaces project came to an end on 30 June, 2016.

Participants: Studio Batch, The Front, The Food Court, D11 @Docklands, Bird & Plane, Musk Architecture, (f)route, Revolution Project, Place Pop Creative, The Lifted Brow, Umbrella Publishing, Space Space Studio, Ampersand, The, Creative Type, Aacute, Kelly Cube, Inkling Workshop, Wheel Women, House House Studio, PLGRM, Paradise Music, Branch Architecture Studio, Belle Bicycles and Marlow & Grump.

The program was made possible by the generous support of the following owners, property developers, and managers: MAB, Lewis Land, Harbourtown Management, JLL, T & M Lay, Bonanza, ANZ, Lendlease, Piazzanova Piazza, Waterfront City 1B Retail and Sunshine Investment Corporation.



FACES OF DOCKLANDS

Question: What was your dream job when you were younger and why? What are you doing now?



MARLON BOUSTEAD, 46

I always wanted to be a sports commentator. I loved sport and was a part of a few teams. I work for the government now.



RACHAEL FISHER, 23

I wanted to be a vet when I was younger because I love animals, but I couldn't deal with all the blood so now I work at a strategic management firm.



SOURABH GUBTA, 32

I didn't really have a dream job growing up. I always wanted to travel the world, so really any job that would allow that. Now I'm a consultant with an IT company. I hope to do a bit more travelling one day.



IVAN WEBB, 42

I was quite hands-on when I was younger. I loved computers and building things and now I'm an IT technical architect. So I guess you could say I'm doing what I always wanted to do.



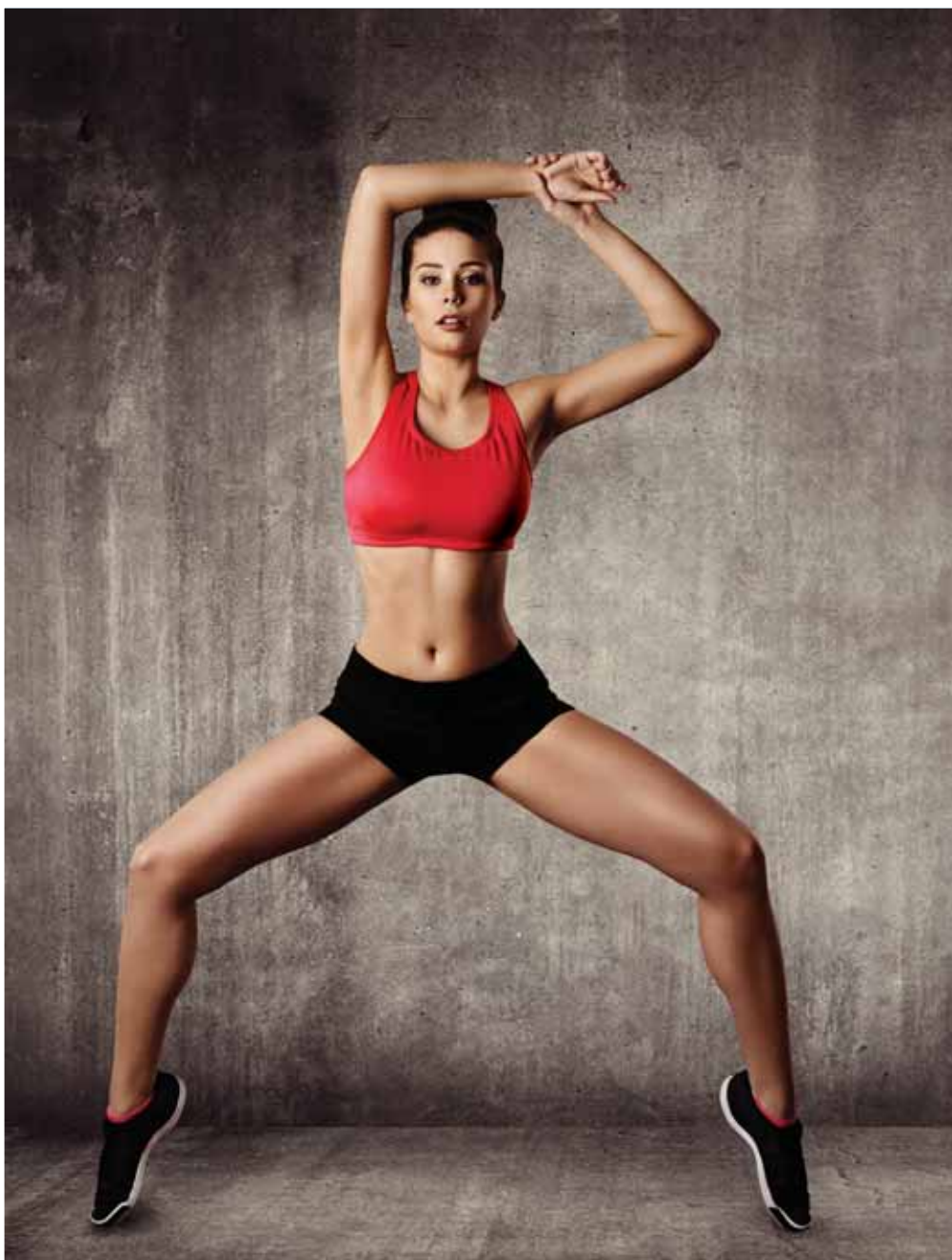
HUYEN HUYNH, 25

My dream job was to be a teacher. I enjoy interacting with students and learning. Now I'm studying cookery and hope to make something of that.



RICHARD MANDER, 39

I had always wanted to be a scientist. Growing up at school, I was really good at it. I work in a big office building now doing IT admin.



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Weighing up the cost of inactivity

A recent study published by global medical journal *The Lancet* has shockingly revealed that the implications of unmodified lack of physical activity now carry the same risk factors for premature death as unmodified tobacco or alcohol consumption. In other words, leading a medium to long-term sedentary lifestyle can be just as dangerous to your health as smoking cigarettes and consuming excessive amounts of alcohol.

Links between increasing exercise and activity levels, proper nutrition and good health are nothing new, and such information and research is readily available throughout the media and the Internet these days. Statistics around heart disease, youth obesity and diabetes don't seem to shock us any more – we seem to be too busy or preoccupied for it to register as a priority or social crisis. But things are getting worse and the trends aren't reversing or even stabilizing – we have a problem.

One other shocking statistic revealed in this report is the global cost of inactivity, calculated at \$90B per annum. More relevant to us is the annual cost of inactivity in Australia, which has been calculated at \$805M. This can be broken down into direct health costs at \$640M and lost productivity costs at \$165M. (Sydney University, 2013)

It has been reported that less than 1% of the annual cost impact of lack of physical activity (\$805M) is currently being invested in awareness, education, programs and solutions by government bodies today in Australia. This obviously must change, but let's not wait to be told, well, how to suck eggs. Start with yourself, then your family, friends and colleagues and make some real changes in our levels of activity as we emerge from a really cold winter.

Tackling inactivity in your workplace

Now we know the latest research and the growing cost implications of inactivity, it's time to build a plan to tackle this in your work place. Here is a list of ideas you can implement in your circle of colleagues and friends that will help you live better, stronger, and for longer.

- **Workplace culture:** Complete a quick and honest assessment of your workplace health and wellbeing culture. Do you have any statistics on the activity levels of your employee base? Do you provide corporate health programs onsite or externally with local service providers? Do you reward, recognize or incentivize active and healthy employees? Do you measure locally the costs associated with inactivity, lost productivity and absenteeism? Whatever your culture, if you haven't already, form a wellbeing committee and start building your plan to improve activity levels and promote a healthy lifestyle in your workplace.

- **Onsite health and wellbeing programs:** Help break down the barriers to exercise and physical activity for inactive workers - bring the programs to the employees! Over the years, we have provided many successful and well-received programs with companies in Docklands. The best thing about bringing the programs in-house is that you can remove mind set barriers like 'too cold, too hot, too far, too tired, too busy' and connect the activity with the people who need it the most. Programs should include screening, testing and measurements, education and, of course, opportunities to be progressively more active for at least 30 minutes.

- **Education and awareness:** Provide your employees and colleagues with the information they need to be successful. Set targets for activity levels and reward commitment and participation. General targets like '30 minutes a day every day' or '10,000 steps per day' are achievable and easily measureable with wearable technology these days. Online tracking

and communities can be set up to increase motivation and connections through individual and team goal setting.

It's August already - the last winter month of 2016. There is no better time to collaborate with your colleagues and plan your broad organizational approach to increasing physical activity in the workplace.

Change isn't good, it's great!

Repeating the same exercises, activities and programs over and over again might be a great way to start your exercise program as a beginner. Familiarity will increase confidence and that's a good thing early on. But if you keep it up for too long then you will not achieve the results you desire, whatever they may be.

If you want to get results then change and variation is your friend and a really good one at that! It doesn't mean you must do something different every time you train, that would be silly. It's all about knowledge, structure and planning. Incorporating change will help you stay motivated and avoid a plateau in your results.

Here are some macro elements to consider your workout plan, and variation of these will help you gain and maintain your results more effectively.

- **Time and intensity:** These elements are inversely related. The higher the intensity, the less time you can maintain your physical effort and vice versa. Moderate to higher intensity workouts are more effective for general fitness results as opposed to lengthy low intensity ones. You just need to build up to HIIT training or you could get injured early on and go backwards.

- **Resistance:** Vary the amount of resistance when training with weights or in the functional zone. Do some heavy days every now and then with a spotter or trainer to safely challenge your limits. Light days with higher repetitions every now and then are also constructive. Try a Bodypump class too – you complete more than 800 repetitions in a Bodypump class as opposed to 300-400 in a regular weights workout; and it's this high volume of full body movements that generate great results.

- **Variety:** Keep things fresh and motivating - mix up your weight training and cardio exercises with some classes and functional training. Consider the postural and wellbeing benefits of Yoga, Pilates, stretching and Barre work. Don't forget how good boxing or martial arts are for stress release.

- **Setting:** Change your environment – the same workout indoors can be very refreshing taken outdoors.

- **Frequency:** If you are going to exercise every day (and you should) have a plan that makes sense for your body. Don't repeat intensive exercises for similar body parts day after day – your muscles need time to recover. Spread high intensity workouts throughout the week.



Andrew Ward

Andrew Ward is YMCA Docklands manager.
www.docklands.ymca.org.au



YMCA Docklands.

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Docklander

A nomad finds a home

Accustomed to wandering, Kaushik Sridhar has now found a home in Docklands.

Well, at least for the next few years.

Prone to moving around, Kaushik says he has lived all around the world and moved to Melbourne from Sydney three years ago.

He and his wife of two years settled in Docklands last year.

“I’m starting to fall in love with the area slowly but surely, whereas she was infatuated right from the word go,” Kaushik explained.

At 32-years-old, Kaushik’s nomadic lifestyle began very early on, with his parents moving from India to Nigeria not long after he was born.

At the age of 13, Kaushik enrolled at John Newcombe’s tennis academy in Texas and spent four years at the academy, including travelling the world to compete and being ranked within the top 1000 players worldwide.

“Tennis was my life for a good six years,” Kaushik said. “But I realised when quite young that tennis wouldn’t be my long-term career.”

After studying at university and becoming a tennis coach, Kaushik was contacted by Australian tennis legend Margaret Court and invited to work at her tennis academy in Albury-Wodonga.

“So I packed my bags and came over,” he said. “It was an amazing experience. I was teaching children as young as three and then up to 83-year-old grandparents.”

His next stop was Sydney, where Kaushik completed his MBA and moved into the field of sustainability.

Today he manages environmental and social sustainability efforts at KPMG while also lecturing at Melbourne University and RMIT.

“I was a nomad for more than a decade and my parents were always worried that I would spend my days wandering,” Kaushik said. “But I’ve got a wife. I’ve got a home. I’ve got a job.”

Kaushik says living in Docklands is like living in a country town but right next door to the



Kaushik Sridhar has found a home in Docklands.

CBD.

“My dream was always to live in an area that was close to the city but maintained that quietness,” he said.

While he enjoys living in Docklands, there are a few things Kaushik would change. In

particular, he thinks Docklands’ branding and messaging needs some work in order to make it clear to Melburnians what Docklands is all about.

But there are plenty of things he loves, especially the Library at the Dock. “I would live there if I could,” Kaushik joked.

Although he gets restless staying in the same place too long, with living in New Zealand or somewhere in Europe still on his agenda, Docklands is home for now.

“I don’t think we’ll be moving anytime soon,” Kaushik said. “Left to my life (check - wife?) we’ll be here forever.”

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Away from the desk

Going for gold?

By Susie Williamson

Winning's not everything

I love watching sport. Footy, cricket, golf (well, the majors, anyway), rugby (union only, not league), the Premier League (damn you, Optus!) ... and, of course, the Olympics (both summer and winter).

Put a ball or a bat in my hands and I become as useless as Travis Cloke in front of the goal posts, but give me a comfy couch and a HD television with Foxtel and I'm in my element. If armchair athletes were awarded medals for their efforts, I'd have a poolroom full of gold.

I've been fortunate enough to work alongside some real athletes who have reached the pinnacles of their sport. In a previous job, I worked with a bloke called Dog (not his real name - how sad would that be?). Dog was a highly-touted, first-round draft pick for THE biggest AFL club. The dude had the expectations of the world on his shoulders. And his junior footy was great (to steal a line from Marlon Brando in *On the Waterfront*, he coulda been a contender).

But when his AFL career sadly ended before it had barely begun, he found himself having to eke out a life as an ordinary person alongside perennially ordinary people like myself. What struck me, though, was how positive he was about everything, considering how close he came to his dream.

Cut to last year when I started a new Docklands job and found myself working alongside an Olympian. YES, AN OLYMPIAN. On my second day, I was treated to lunch with my new teammates and I made sure I positioned myself opposite this Olympian at the table. I wanted to pick her brain immediately.

Back in 2010, Sarah competed for Great Britain at the Vancouver Winter Olympics in ski cross, a freestyle skiing event. She came 34th in the qualifying round and that was the end of her Olympic dream (only 32 skiers progressed to the finals). I probably watched that event in 2010. And I probably watched Sarah, saw her fail to qualify, and dismissed



Illustration by The Noodlegang.

her from my mind when the next competitor approached the start line.

Sarah and I have been colleagues (and, I'm proud to say, firm friends) for almost a year now. We've used our mutual love of food to suss out all the yummy Docklands eateries, while sharing stories about where we've come from and how we've come to be where we are now.

She may not have been a winner at the Olympics, but Sarah's a winner at life. There's a highlights package of hers on YouTube (search for Sarah Sauvey) which makes me teary every time I watch it. This is a woman who has spent a massive chunk of her life

training and falling and getting bruised and battered for the love of her sport.

Everything she worked for was lost in a split second when she "stuffed the start up" (her words). She knew from that moment that the dream was over. But at the end of her qualifying run, she looks at her time, shrugs her shoulders and smiles. This is Sarah in a nutshell.

Her Olympics experience was heartbreaking but, like the trouper she is, she's since picked herself up and moved on. Instead of sharing ski gear with other competitors and teammates, she now shares Simpsons jokes and vanilla slices with plebs like me. And I'm

a better person for having known her.

So, when you're glued to the telly during the Rio Olympics, spare a thought for those athletes who fail to move past the qualifying rounds or, even worse, just missed out on Olympic selection in the first place.

If there's anything that we ordinary folk can learn from the elite, it's that mistakes - and bad luck - can and will happen. It's how we deal with them that's the important thing.

Oh, and the next time you're walking to or from Southern Cross Station, keep an eye out for a chick on a scooter. It might just be an Olympian who's passing you.



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What Women Want

[Intimidate] – verb or present participle: intimidating

Intimidating is intentional behaviour that “would cause a person of ordinary sensibilities’ fear of injury or harm”.

Sadly, and not for the first time, I have been called “intimidating” by a man. It is a most confusing statement, in my opinion. You see, it’s most often been said within a very short time of meeting me. Some have said it by way of explanation – “I’m sorry, but you’re just too intimidating”. Others have said it almost sympathetically – “I bet I’m not the first person to tell you you’re too intimidating”.

Here’s what I think. Boys may be intimidated, but men should be excited.

I, like so many beautiful women I know, am passionate about so many aspects of my life. I have rock solid friendships. I have businesses I am dedicated to – I love overseeing their success, and don’t hesitate to pull all nighters to finalise a report or project. I dream of new business concepts in my spare time, drink wine with my friends, and laugh under the stars about the pitfalls and failures in life. I have family that I would die for, a home I adore and pets who fill it with love. And, of all my roles, my most precious and treasured is that of being a mother to my incredible son. I work around the clock so he can have the things

I believe he deserves – a good education, a relationship with his grandparents, rowing training, guitar lessons. I give everything I have to the relationships that count. And I’m happy.

I don’t need a man. I haven’t had a partner for a long, long time. I am just fine on my own and I can provide all that we need – with a lot of hard work of course. But here’s the thing – I would have loved one. I dreamt of a partner, someone to journey the path with, the highs and lows, the hopes and successes, the tears and frustrations. I thought I’d met someone, long ago. However he showed his true colours to be disloyalty, dishonesty and a few more unacceptable traits. I was told that the “moral play-board you live by is too high”. After that, I have completely let go of any secret hope of finding a loving partner, I have completely let go of any desire to be with someone and I have completely closed the door to prevent such ridiculous comments as “you’re intimidating” from reaching me. I have instead immersed myself in this wonderful life that I am living.

But to the many, many women out there that may be hearing something similar - maybe

you’ve heard such comments for the first time, maybe you’re young and still full of hope for this elusive love, maybe you’re questioning yourself - here is what I will say to you: never make yourself weak, in order to make a man strong. If he can’t handle you in all your glorious self, then simply move on. I hope for you, that there will be another man who sees you for who you are and loves every aspect of you.

It would seem I’m not the only one to feel this way:

“Dear Woman, Sometimes you’ll just be too much woman. Too smart, too beautiful, too strong. Too much of something that makes a man feel like less of a man, which will start making you feel like you have to be less of a woman. The biggest mistake you can make is removing jewels from your crown to make it easier for a man to carry. When this happens, I need you to understand, you do not need a smaller crown – you need a man with bigger hands.” Michael E. Reid.

What a woman wants is often very simple, very honest, and very authentic. Sometimes what a woman gets is a reaction stemming

from some sort of fear that she can’t comprehend. But what a woman needs to know is that being called intimidating is nothing short of ridiculous and only reflects badly on the man who said it.

May we find strength and happiness together and I hope that anyone else who is alone can find the happiness and joy I am finding in my now permanent state of being single.

With much love,

Until next month

Abby.

Thank you for your emails, I truly love receiving them. You can reach me at life@docklands.com.au.



Abby Crawford

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What's hot at Melbourne Spring Fashion Week

Ah, Melbourne Spring Fashion Week – where style permeates every corner of Melbourne and our city becomes the pinnacle of fashion, culture and events. Whether you're a fashion enthusiast or new to the whole game, Melbourne Spring Fashion Week is certainly a spectacle that needs to be seen to be believed.



However, sometimes it's difficult to discern which events suit you best, so to help you out I've collated the best MSFW events to check out this August. Make sure your calendars are free during this period, because you won't want to miss these.

Opening Gala

It's the Opening Gala, so obviously this is a must see. More often than not, this one sets the standard for the following events in the festival so the creators tend to go all out. In addition to being surrounded by the hottest celebrities and A-List bloggers, here you'll experience impeccable couture from local and international heavyweights like Carla Zampatti, Jason Grech, and Thurley to name a few. Need I say more?

Where: Melbourne Town Hall

When: Tuesday, August 30, 7-8pm

Mr Runway

This one is specifically for all the men out there who love to look stylish day in and day out. Sharp and cool in equal parts, the Mr Runway turns the spotlight to some of the biggest menswear brands in the Australian fashion industry. It'll be an eclectic display of stylish suits, confident classics and the latest menswear trends. The line-up is rather stellar too – think Aquila, Arthur Galan, Autonomy, Calibre, Godwin Charli, and M.J Bale.

Where: Melbourne Town Hall

When: Thursday, September 1, 8.30-9.15pm

MSFW Hub

Always a highlight at the festival, the MSFW Hub is a spring themed sanctuary located at the heart of Melbourne's City Square. What's great is that all activities inside are free to the public! In addition to interactive brand experiences, creative workshops and twilight runways, there is even a family day for the kids on Sunday. The hub will be also be open for the yearly Vogue American Express Fashion Night Out – a night where the whole of Melbourne celebrates the growth of fashion.

Where: Melbourne City Square

When: Friday, August 25 – Friday, September 2

Pet's Corner

Living Teddy Bear in Docklands

By Andia May

The lovely Cavoodle was the centre of attention as she gracefully posed for a photo, just like a model.

We met Jo and her dog, Bella, 5, as they were taking a jolly stroll after a cold and rainy week – both of them enjoying the winter breeze being conquered by the warmth of the sun along Harbour Esplanade.

"She's just like a living teddy bear," Jo described her loyal companion. "She is so gentle and just loves cuddles."

Jo said that her living teddy bear would randomly approach pedestrians on the streets offering cuddles and asking to be patted – for she was always the centre of attention and the subject of people's cameras and eyes due to her loving and friendly personality.

"Sometimes I think that she doesn't know she's a dog," Jo said humorously. "She doesn't know how to bark!"

Jo also explained that the reason for calling her dog "Bella" was that in Italian and Latin the word meant beautiful and it suited her delightful friend due her "gorgeous temper".

Bella and Jo love living in Docklands due to being close to everything and having colossal crowds around, as Bella finds joy in being around people.

The quiet atmosphere during the weekends and being only minutes away from the rush and liveliness of the CBD also appeals to these ladies.



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Chamber Update

Marketing your business – are you in the fast lane or being run over?

Come and have breakfast with us on August 17 at 7.30am. You will be able to check out the brand new Knowledge Market, a Lend Lease initiative, and you will be on your way to work by 9am.

We have four highly skilled influencers in Docklands anxious to help you supercharge your marketing and make money. You will meet King Creative, Mo Works, Studio Hawk and the City of Melbourne.

You will learn how to make the most of your digital branding and social media presence and you really need to be there if you are not yet in that space. You will understand how to

create and manage an effective website. Hear about the seven deadly errors of marketing and learn about the current collaborative marketing with the City of Melbourne. Visit the Chamber website and RSVP before the August 10. Do it now - this is a must do session.

Voyage of a Lifetime

Sail and Adventure are promoting the Alma Doepel Gala Lunch 2016. This is a great way to learn about this historic vessel and its importance to Docklands. The lunch starts at noon at Central Pier with tickets at \$220 per person or \$2,000 for a table of ten. Visit the Chamber website for more details.

Fireworks a real drawcard

The fireworks have been a great success in attracting people to the water. The Chamber function held at the City of Melbourne Marina was extremely successful and we

really are grateful that the Deputy Lord Mayor Susan Riley attended the function with her team.

Promote Who You Are - on the Chamber Home Page

Improve your reputation by listing your business on our homepage. We have an upgraded option for members to advertise using our channels.

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Be FIRST for a change – become a Chamber Member Today!

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Paul Salter

Executive Committee member

www.docklandsc.com.au



Owners Corporation Law

Strata law goes to the movies

I'll stick to what I'm good at, being a lawyer that is. However, a recent movie that came to the cinemas piqued my attention, and I'm compelled to write about it. If you live in an apartment, it could be right up your alley or, ahem, garbage chute.

The 2015 film *High-rise*, directed by Ben Wheatley and starring Jeremy Irons, Tom Hiddleston and Sienna Miller is an atmospheric thriller that details life and society within a high-rise building in London during the 1970s.

The film follows the main protagonist, Dr. Robert Laing (Hiddleston) as he moves into a new 40-storey high-rise tower built by a renowned architect (Jeremy Irons) who also lives in a top-storey penthouse. The building is the epitome of chic, the upper class families live in the top floors, while the more common families live in the lower ones. The high-rise provides its tenants with a swimming pool, gym, spa, sauna, supermarket and even a school. Gradually, the building occupants feel little need to go outside the building (aside from working hours) and gradually become isolated from

the outside world.

The euphoria of residing in the swish new building fades as power fails routinely in the building, along with water being shut off and rubbish chutes becoming blocked, mainly on the lower floors.

Needless to say, law and order begins to disintegrate in the building due to the failing infrastructure and increasing tensions between floors. Violence increases, food from the supermarket becomes scarce, and the building devolves into class warfare between floors.

Let's be clear - this movie (and the book written in 1975 that preceded it) is not a story about high-rise strata living. It's a social commentary about consumerism, class divide, the scarcity of resources and the frustration of the everyday man. But interestingly enough, the high-rise building has been chosen as the vehicle to make this social commentary. And I'm interested in that commentary, and I can see, in a far less extreme and in a non-literal sense, that art might imitate life after all.

Separate entrances and plush amenities for wealthy apartment owners are becoming more and more common in Melbourne's towers. The two-tier trend of a separate foyer and set of amenities for the priciest penthouses, and another for the 'rest of us' is symbolic of an emerging ultra prestige trend in the Melbourne apartment market. Eureka tower, completed nearly 10 years ago, is an

example. The Capitol Grand and Australia 108 also have split lobbies and facilities, including dining rooms, gyms and pools, for different sections of the skyscraper.

Legally, this is made possible by creating multiple limited owners' corporations within the same development, so that each part of the building pays levies to its own funds, and to the unlimited owners' corporation (known as Owners' Corporation 1 which usually levies for expenses such as concierge, security, insurance and the like).

But to coin a new phrase, those who pay together, stay together. Or more accurately, those who sweat together stay together.

I'm not sure that today's fast-paced society is in need of such extreme segregation. Certainly not in the strata world. That's not to say that a market doesn't exist for these facilities, because clearly there is one. And of course, business class and first class on airplane flights has been around for 30 years, together with separate queues, check-in and lounge facilities.

Let's all hope that the ultimate unraveling of the building and its occupants in *High-rise* does not come to pass, metaphorically in society or literally in the case of an actual building, but it is worth heeding the movie's message in parodying the evolving exclusionary, segregated and separate direction that society is taking. Perhaps developers, town planners and councils ought to consult more with sociologists and



psychologists about what type of common facilities are going to work best for vertical high rise communities. Separates aren't always better.



Tom Bacon

Tom Bacon is the principal lawyer of Strata Title Lawyers.

Tom@stratatitlelawyers.com.au



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We Live Here policy on short-stays

The We Live Here movement has developed a draft policy on short-stays that will be presented to all forms of government.

We want to help legislators by providing solutions.

Our policy document addresses, in the context of the “sharing economy”, the ongoing issues of unregulated short-stay, hotel-style accommodation in residential apartment buildings that have not been, and are not being, adequately addressed by the Victorian Government.

For example, Airbnb was established as an online booking platform for home owners wishing to rent out a room in their own home. No thought has been given to how it would operate and be regulated in apartment buildings.

Draft legislation to amend the Owners Corporation Act, introduced into Parliament on May 24 fails to address a range of issues.

The previous Minister for Consumer Affairs based the draft legislation on the findings of the “Independent” Panel on short-stays, which was compromised by the conflict of interest of some panel members. The draft legislation has the very limited scope of giving powers to owners’ corporations to deal with unruly short-term guests but allows the unregulated industry to continue unchecked. A level playing field is needed.

The We Live Here draft policy on regulating the short-stay industry including Airbnb and other ‘sharing economy’ business practices in residential buildings is:

- Non-resident letting out an entire apartment: Minimum of 30 days in line with standard-form residential tenancy agreements and Commonwealth tax legislation
- Occupier letting out an entire apartment while they travel elsewhere: Minimum of 30 days in line with residential tenancy agreements
- Occupier letting out part of an apartment that they occupy: Provided that the occupier is living in the property throughout the guest stay – no minimum length of stay.
- Registration and advertising: All short-



Compared with NONE

An operator with 40 short-stay units in an apartment building of 400 units can increase maintenance plan costs by millions of dollars, a burden on all long-term residents, not the operator.



100 times the wear and tear



Twice the wear and tear

Short-stay units in residential apartment buildings increase maintenance costs. It's a burden on all long term residents and not the short-stay operators. Source: Watergate apartments

stay properties must be registered with the local council and a registration number obtained. Fines should apply to any person letting an apartment for short-stays without a valid registration. Fines must also apply to online platforms that advertise properties for short-stay accommodation without a valid registration. Online listings must display a valid registration number that applies to the listing.

We welcome your feed-back.

Minister must consult with the community

We are hoping that the new Minister for Consumer Affairs will be more aware of the issues and problems facing residents dealing with short stays in residential buildings. We want the minister to consult with the We Live Here movement. The issues go far beyond that of noisy guests. Currently the short-stay industry is totally unregulated. We want the minister to meet to discuss all the issues affecting our buildings with the view to, not only rethinking the Bill, but introducing legislation to regulate the industry in line with the hotel and accommodation industry.

Residents are concerned that safety and security of their buildings is being

compromised by unregulated short-stays.

Maintenance costs are ballooning due to the increased wear and tear on buildings. Movement of laundry, cleaning gear and suitcases accelerate wear and tear to the floors, walls, doors and lifts. Short-stay operators do not pay anything extra towards maintenance – other owners foot the bill.

Western Distributor

In our column last month we raised concerns of residents in regards to the Western Distributor project and the impact it could have on inner city communities in respect of increased traffic volume through local streets. We invited and welcomed your input with specific details about how it will affect your community.

Concerns raised by residents emailing us include:

- The project is at odds with City of Melbourne's plans for transport in the city;
- The new road will encourage more drivers and direct more cars into the inner suburbs and the CBD;
- Large increase in traffic noise;
- Public amenity and safety concerns due to increased numbers of cars; and

- Demand for more car parking and storage.

We will be reporting developments on the issue in forthcoming columns. Please keep emailing in your concerns.

City of Melbourne elections

The Melbourne City council elections are coming up in October. The elections are conducted by postal vote. All residents living in the City of Melbourne are entitled to vote even if you're not an Australian citizen.

At present voting rules are heavily weighted towards the business community with a business vote worth two to residents one. We encourage all residents who are not on the roll to register and have your say.

We will provide more information about pro-resident candidates closer to the time. We also hope some of you might consider standing for council.

For further information please telephone the Elections Helpline on 1300 735 427 or visit the City of Melbourne website at www.melbourne.vic.gov.au/elections



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DOCKLANDS DAZE

by Michelle Commandeur



I wonder what happened to L99 ...

Business



Rajesh and Uma Mehta have been running NewQuay restaurant Bhoj since 2003.

One of the originals

NewQuay restaurant Bhoj has witnessed the evolution of Docklands.

Since opening its doors in 2003, Bhoj has become a Mecca for fine Indian food. While Docklands has continued to evolve around it, one thing has stayed the same – Bhoj has continued to serve up its delicious, traditional Indian fare.

The name of the restaurant translates as “Indian feast” and, according to chef and proprietor Rajesh Mehta, that’s exactly what you’ll find at the family-run business.

The NewQuay restaurant is Mr Mehta’s second restaurant in Melbourne, after originally opening a restaurant under the same name in Templestowe in 1995.

Having worked in the industry for 38 years, Mr Mehta said he and the restaurant were still very much focused on traditional cooking methods.

“We have our own clay oven, or tandoor, which is lit with charcoal to cook traditional Indian kebabs and fresh bread,” Mr Mehta said.

“Our menu also boasts many signature dishes and less-familiar numbers that showcase the diversity and versatility of Indian cooking.”

Having operated in Docklands for more than 12 years, Mr Mehta says Bhoj continues to reinvent itself.

“We want to take Bhoj and Indian cuisine to a level rarely seen in Melbourne,” he said.

With a large floor-space and expansive outdoor seating area overlooking the

Docklands harbour, Mr Mehta said Bhoj was the perfect venue for corporate functions and social events, and remained a popular option for weekday lunches.

To cater to the ever-increasing corporate offices around Docklands, Bhoj has recently introduced Biryani Fridays – a lunchtime treat of a biryani paired with a Kingfisher Lager, house wine or mango lassi for \$20.

For the uninitiated, biryani is the Indian equivalent of Spanish paella or Italian risotto – slow-cooked, aromatic curried rice, served with lentils and raita dip and your choice of slow-cooked lamb, chicken with mint or garden vegetables.

And if the wintery weather has put you into hibernation, you can still enjoy Bhoj’s warm and tasty curry without venturing outside your front door.

With delivery throughout Docklands and CBD via Foodora or takeaway pick-up, it’s as simple as placing your order online and enjoying the mouth-watering dishes from the comfort of your home.

For more information about Bhoj visit www.bhoj.com.au, call on 9600 0884 or stop by the restaurant at 54 NewQuay Promenade.



Neville Sanders is one of Docklands’ local strata experts.

The local strata experts

If you’re looking for a strata manager with local knowledge, look no further than Whittles.

The Docklands branch of the national company has been operating in the area for the past 25 years (seven years under the control of the Whittles group).

According to Whittles Victoria state manager, Neville Sanders, the company prides itself on its local knowledge and experience.

Mr Sanders himself has been involved with owners’ corporation management for more than 25 years.

“We’ve got a really long depth of knowledge in what is really quite a unique area,” Mr Sanders said.

“We were involved right at the start, when Docklands really became Docklands.”

It’s this local experience that can make all the difference in strata management.

“Even though we’re a national company, within each state we’ve got key people who have a long history in the area and have built up local knowledge,” Mr Sanders explained.

While the company is Australia-wide, with offices in five states and territories collectively managing 70,000 lots across the country, Mr Sanders said at the end of the day Whittles was a family business.

“From the top-down, the company is essentially owned by three groups of families that were the founders,” he explained.

“It’s still run and owned by those family groups and that feeling of staff-loyalty that you get in a family business has spread right

through the offices.”

Mr Sanders said the company also had a strong sense of leadership in the real estate and owners’ corporation fields.

Mr Sanders is currently the president of the Real Estate of Industry of Australia and was previously president of the Victorian branch.

Whittles managing director Matthew Amber has also served two terms as president of Strata Community Australia.

“We want to be leaders in the space,” Mr Sanders explained.

The company also aims to lead in the services provided to the owners’ corporations it manages.

According to Mr Sanders, one of the benefits of an established business like Whittles was that it is able to tailor its services to its customers.

For example, Whittles owns its own software which has evolved to cater for the range of owners’ corporations the company manages.

“We have the ability, because we’re a larger company, to tailor our services and make them really useful to our clients,” he said.

You can find Whittles’ Docklands branch at suite 125, Level 1, 838 Collins St (Lifestyle Working).

Contact the office on 8632 3300 or visit www.whittles.com.au for more information.

Docklands-based businesses wishing to be profiled in this section should email: advertising@docklandsnews.com.au



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WHAT'S ON

COMMUNITY CALENDAR

JAN | FEB | MAR | APR | MAY | JUN | JUL | **AUG** | SEP | OCT | NOV | DEC

FOURTH THURSDAY OF THE MONTH
6PM - 7PM
LIBRARY AT THE DOCK
DOCKLANDS HISTORY GROUP
 Share a cuppa and stories with other local history enthusiasts and learn about people, places and industries from times gone by.

EVERY FRIDAY AND SUNDAY
THE JAMES HOTEL
LIVE MUSIC
 Live music at The James Hotel every Friday and Sunday night - free entry.
 Every Friday (starting June 19): Shameless
 Every Sunday: Stand and Deliver 80s tribute band, from 7.30pm

EVERY FRIDAY, SATURDAY AND SUNDAY
LE CIRQUE FINE FOODS
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 With a repertoire of over 6000 songs, Sam Kristy plays jazz, pop, swing, musical theatre, rock, classical, dance, disco and world music.

EVERY SUNDAY
SUNDAY WORSHIP
 City Light Methodist Church at St Peter the Mariner's Chapel.
 Mission to Seafarers, 717 Flinders St.
 11am English service
 5pm Chinese service 中文

EVERY SUNDAY FROM 10AM UNTIL 5PM
NEWQUAY PROMENADE
DOCKLANDS SUNDAY MARKET
 A variety market featuring arts and crafts, books and more. More info, ring **0412 910 496**



THURSDAY, JULY 14 - 12.30PM
LIBRARY AT THE DOCK
INVENTI ENSEMBLE: LUNCHTIME CLASSICS
 Inveni Ensemble is holding a series of free monthly lunchtime concerts at the library.



TUESDAYS 6PM - 7PM
GROOVE TRAIN
HARBOUR TOWN SHOPPING CENTRE
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2ND AND 4TH MONDAY OF THE MONTH AT 6.30 PM
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WEDNESDAY, AUGUST 10 - FROM 7PM
THE GROOVE TRAIN - VICTORIA HARBOUR
DOCKLANDS SOCIAL CLUB
 Join other locals workers and residents for a monthly social gathering in a relaxed, informal setting. Come along for a drink or sit down for a meal. Everyone is welcome.

WEDNESDAYS 5.45PM-7PM
THE HUB, 80 HARBOUR ESPLANADE
OPEN DOOR SINGERS DOCKLANDS
 Find your voice, experience the joy of singing in a choir and meet new friends.
www.opendoorsingers.org.au

MONDAYS 11AM
THE HUB, 80 HARBOUR ESPLANADE
CHILD-FRIENDLY YOGA CLASS
 Come transform your mind and body while your children play. \$7 per class (45 mins). Limited spots, bookings necessary. Contact Prachi Nirvana Yoga on 0422 577 268.

LIBRARY AT THE DOCK
MELBOURNE SUNRISE PROBUS CLUB
 Probus Clubs for men and women over 50. Meet new friends, share interests and enjoy activities. Contact the club via mspc.docklands@gmail.com

WEDNESDAYS 6.30PM TO 7.30PM
THE LIBRARY AT THE DOCK
ALCOHOLICS ANONYMOUS
 Docklands Daily Reflections group meets in meeting rooms two and three on level two.
VISIT AATIMES.ORG.AU FOR MORE INFORMATION.

LIBRARY AT THE DOCK - WEEKLY PROGRAMS



PRESCHOOL STORYTIME
 Fridays at 10.30am
 Come and share the wonder of books with us. Enjoy 40-50 minutes of fun stories, songs, rhymes and activities with your three to five year olds.

SONGBIRDS
 Wednesdays at 10.30am
 Come along for songs, rhymes and stories to engage your budding book worm's mind and introduce them to the fun and rhythm of language. Suitable for babies and toddlers aged up to 18 months old.

STOMPERS
 Mondays at 10.30am
 Encourage your child to have a life-long love of books by coming along to Stompers, Melbourne Library Services weekly program for toddlers aged 18 months to three years.

CREATIVE KIDS AFTER SCHOOL CLUB
 Wednesdays 4.30pm to 5.30 pm.
 Ever wanted to 3D print your own superhero figurine? At the Creative Kids After School Club you can. Come hang out and create in our maker's space. Projects will include jewellery making, game design, paper crafts, comics and more.

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DOCKLANDS SPORTS PAGE



The Harmony synchronised ice-skating team take to the ice in Docklands.

Home run for Docklands

By Rhianna Busler

The Melbourne Renegades cricket team recently signed a contract locking in Etihad Stadium as their home turf.

The club announced a new multi-year venue agreement on July 27 that will see the Renegades play at Etihad Stadium for the next five years.

Renegades CEO Stuart Coventry said he was delighted to be able to commit to staying at Etihad.

“The first five years of the Big Bash League (BBL) has been a period of significant growth for both the league and the Renegades and we are really pleased to continue our relationship with Etihad Stadium,” Mr Coventry said.

“We’re in a unique position in having the only stadium where our members and fans are guaranteed to see their favourite players in action – rain, hail or shine. Etihad Stadium gives us the platform to deliver that summer fun to families,” Mr Coventry added.

Etihad Stadium CEO Michael Green said he was pleased to venture to the next era with the club.

“We are delighted to extend our relationship with the Melbourne Renegades, which will see their BBL and WBBL home games played at Etihad Stadium over the next five seasons,” Mr Green said.

Skating in perfect harmony

Early mornings, lots of training and plenty of fun – welcome to the world of synchronised ice-skating.

For the members of Docklands’ own synchronised ice-skating team Harmony, ice-skating isn’t just a hobby, but a way of life.

According to Docklands’ resident and skater for Harmony’s advanced team, Milla McConville, the team is “like a little family”.

At just 12-years-old, Milla has been skating

for around four years and says the Harmony team itself was formed three years ago.

Team mate Kate May, 11, said synchronised ice-skating was great fun.

“You get to make a lot of good friends and it’s fun and interesting, it’s a different way of skating,” she said.

Both girls skate daily, spending two to three hours on the ice, while the team trains together several times a week.

Some days training begins as early as 5.45am, so it’s clear the team, aged between 10 and 15 years old, is very committed.

Currently the team is gearing up for several

events later this year including the Sydney Synchro Festival in Penrith, the Victoria State Championships and the National Championships, which will be held at O’Brien Arena in November.

Harmony last month launched a crowd-funding campaign in order to assist with travel and accommodation costs for both the advanced and beginner teams while they compete in Sydney.

The group is hoping to raise over \$7000 and is calling on the local community to lend its support.

To donate to the cause visit www.gofundme.com/vicharmony



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