

# OCKLANDS CC

OCTOBER 2008 | ISSUE 36 | Priceless

www.docklandsnews.com.au

DOCKLANDS

# Water levels warning for Docklands

**By Sarah Murray** 

Rising sea levels resulting from global warming have not been adequately prepared for in waterfront developments, including Docklands area warns ex-Victorian planning and environment minister, Tom Roper.

A minister from 1987-1990 and now a board member of the Climate Institute in Washington, Mr Roper made the comments during the recent World Sustainable Building Conference held in Melbourne at which he was also a guest speaker.

"I'm not just pointing my finger at Docklands and Melbourne, as not much has been done anywhere. Recently VCAT (Victorian Civil and Administrative Tribunal) has started knocking back some coastal developments, but we started looking at the coastal impacts of sea level rises in 89-90', and it hasn't been taken that far since then.'

Until recently most studies on the impact of sea level rises were predicted to be up to one metre by 2100, but according to Mr Roper, "The best European and US research has now made it clear that the estimates in most of these reports are underestimates ... most recent research now predicts two metres by the end of the century, and of course, it will keep on coming after that.

"We can't be certain (of the actual rise) until it occurs but there are increasing concerns as we learn more about the polar arctic regions. They are melting more rapidly than we previously thought, especially the Greenland

As with most coastal cities including New York and London, Mr Roper believes we need to prepare for climate change and sea level rises now.

"It will affect all our coast line, and we're seeing the changes now," he said.

"Although Port Phillip Bay doesn't get the same level of storm activity as say Queensland, in April there were some big storms and there are predictions that there will be a significant increase in hailstorms... we've got to look at how future systems operate and our infrastructure. Governments all around the world are starting to pay attention," said Mr Roper.

Current planning requirements stipulate that all residential spaces in Docklands are to be built at least 2.2 metres above

the mean water level which, according to VicUrban, is derived from standards set by Melbourne Water, the responsible floodplain management authority.

In moving ahead, Simon Wilson, VicUrban Development Director, Docklands and Major Projects, agrees that ongoing climate change measures need to be taken.

"VicUrban acknowledges the potentially long term impact of climate change on sea levels is an important issue for all waterfront developments, including Docklands and that planning today will help mitigate these impacts," he said.

"VicUrban will continue to work with Melbourne Water, as the responsible floodplain management authority, Melbourne City Council and the Department of Planning and Community Development to stay abreast of the best-available evidence on climate change, to determine if revisions are required."

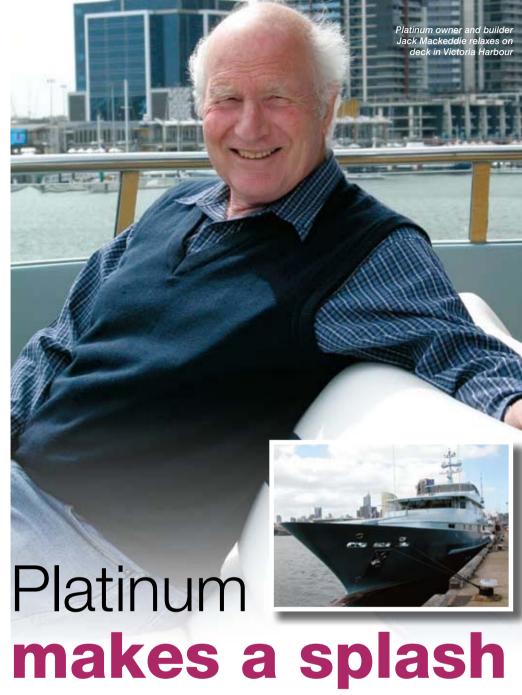
"We will also continue to investigate what other infrastructure, design and development measures can be implemented in the short term, to minimise those long-term risks, such as storm water drainage facilities."

Lord Mayor Cr John So said: "The City of Melbourne is continuing to work with State Government agencies and stakeholders to develop long-term solutions to the issues and risks associated with climate change and sea level rises, as identified by our draft Climate Change Adaptation Report."

'Responding early to climate change gives the City of Melbourne the best chance to withstand its impact and maintain a platform for health and prosperity across the city."

#### **October survey**

What do you think? Is Docklands safe from rising sea levels. Go to our online survey at www.docklandsnews.com.au/sealevel and have your say



## She's big and beautiful and she's drawing admiring glances from across Victoria Harbour from where she is currently moored at Dock 3.

Meet Platinum, the newest addition to the Docklands charter boat fleet.

With a price tag of \$20 million, she's going to have to do quite a few cruises to recoup the money spent building her by owner Jack MacKeddie.

Mr MacKeddie has owned and operated the Queenscliff car ferry service for the last 21 years and knows and thing or two about boats.

He's jumped a few rungs on the ladder straight into the five-star charter market and is confident that his Docklands address will deliver the goods.

At 38 metres, Platinum can cater for 120 people standing around eating finger food. At the other end of the spectrum, she can accommodate 10 people in five, marble-tiledensuite cabins for overnight jaunts.

Platinum is a ocean going vessel and would be just as capable internationally, around Australia or taking tours from Docklands.

The vessel features a wide beam at 8.2m with a draft of 2.4m and displacement at 276

tonnes. Built to Lloyds A1 yacht and MCS compliance, Platinum is powered by twin MTU Series 60 engines rated to 485hp with power generation via two Caterpillar 107kva.

The hull is made from 8mm steel with a superstructure of 6mm alloy.

Stunning internal features include the use of steamed European Beech while internal decks are made from Tasmanian Myrtle and Oak. Light beige leather features on selected wall paneling.

Pass along the feature wall linking the sky lounge with the main lounge and be impressed by an eye-catching design of alternate metallic maroon and pale gold leather panels interspersed with polished stainless steel.

Tasmanian specialist timber such as Huon Pine is used for the dining table with Myrtle edge. The sky lounge has a marble top bar with wine fridge and sink, while a large curved glass door aft leads to an open entertainment area.















#### **ISSUE 36**

**DOCKLANDS** 

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Reader contributions are welcome. Please send articles and images to news@docklandsnews.com.au

Deadline for the Nov edition is 17 Oct

# Contempora draws breath for 2010 relaunch

**Docklands' Contempora** Sculpture Award will not be held next year but is promising to return as a world-class event in 2010.

Executive director Margaret Harris said the decision made by a new Contempora Board on September 10 was extremely positive for Docklands.

She said Contempora could have been held again in 2009 but it would have been more of the same from 2008.

"The current model can only take us so far," she said. "And we've gone as far as

"We are setting out to find a business model which will take Contempora into the future."

Ms Harris said a new Contempora Board headed by Brian Tanti had resolved that a new Contempora would feature the largest sculpture prize in Australia - in excess of \$100,000.

"We've really outgrown the current business model. Some of the significant overseas awards run with budgets in excess of \$5 million."

"We started as an exhibition but to be sustainable in the future we need to become a major event," Ms Harris said.

"So we've deferred next year so we can develop a new master plan and make the quantum leap in 2010."

"In doing so, the board, in conjunction with its private and public partners, are confident in establishing Melbourne as the visual and performing arts capital of Australia capturing international recognition and worldwide attention for cultural tourists and travellers."

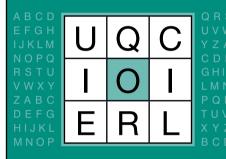
"Collaborative opportunities with other arts events outside of Docklands, where strategic alliances may be formed, are also under discussion."

"The model being researched and developed by the board draws from successful arts festivals and cultural events in Europe and North America where it is developing alliances to utilise the waterfront precinct to create an experience which is uniquely Melbourne."

## **DOCKWORDS**

How many words of four or more letters can you make from the letters in this grid?

All words must contain the centre letter. No proper nouns, foreign words or plurals ending in 's'.



**Target: 5 words - Private** 11 words - Sergeant 25 words - Captain Solution to be supplied in next issue

#### Solution to Puzzle from last edition

fine, fire, frit, rein, rife, rift, rite, ruin, tier, tine, tire, unit, feint, finer, firer, fruit, inert, infer, inter, inure, refit, rifer, rutin, trine, unfit, unite, untie, urine, uteri, ruiner, triune, uniter, fruiter, runtier, turfier, furniture

# Our Barb the **basketmaker**

**Innovative Docklands** basketmaker Barbara Rowe is displaying her work at an exhibition in Fitzroy next month.

Barbara developed her interest in basketry in 1990 while living in Tasmania. Since moving to NewQuay six years ago she has become an active member of the Basketmakers of

Barbara uses predominantly natural materials in her work, some of which she gathers in the Docklands area.

In the time she has been a resident, she has noticed the changes to the plants, not only due to the ongoing dry conditions but also due to increased development in the area.

"I used to be able to collect New Zealand flax and palm stems readily near my apartment. But now natural fibres for basket making are harder to find," she said.

Currently Barbara is working on her exhibition piece for the "Living with Baskets" Exhibition to be held at Blend Design, 323 Smith Street, Fitzroy from Saturday, November 8 to Friday, December 12, 2008.

Gallery hours are:

Tuesday to Friday 11am - 5pm Saturday 10am – 5pm Sunday 12noon - 5pm.

For further information contact Anne 0412 573631 or check the website www.basketmakersofvictoria.com.au.









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# Harbour Town opens this month

In a retail first for Melbourne Docklands, the much anticipated **Harbour Town shopping centre** at Waterfront City will officially open its doors to the public on Tuesday, October 21.

Set across two spacious levels and spanning more than 41,000 square metres, the open air shopping precinct offers an exceptional mix of specialty and discount retailers.

Located directly under the Southern Star Observation Wheel, Harbour Town is sure to entice shopping addicts, bargain hunters and fashionistas alike with its combination of brand direct and specialty stores.

An exciting and particularly unique aspect of Harbour Town is the introduction of new retail concept, The Designers' House.

Akin to a Parisian couturier salon, The Designers' House not only features an exclusive range of high end fashion collections, but also boasts a luxurious lounge area and powder room.

Customers of The Designers' House will also enjoy personalised attention from experienced sales staff who will be on call to answer their every request, and be invited to join regular, elegant VIP nights to preview the latest collections.

The new shopping precinct is easily accessible by public transport and is supported by over 2850 public car spaces.

In 2009, Waterfront City will also boast a further shopping attraction when American retail giant Costco opens its first Australian store.

A wholesale warehouse membership club that carries quality, brand name merchandise at substantially lower prices than typically found at conventional wholesale or retail stores, the 14,000sqm Costco warehouse will present one of the most extensive product



category selections to be found under a single roof including groceries, appliances, television and media, automotive supplies, tyres, toys, hardware, sporting goods, jewellery, watches, cameras, books, homewares, apparel, health and beauty aids, tobacco, furniture, office supplies and office equipment.

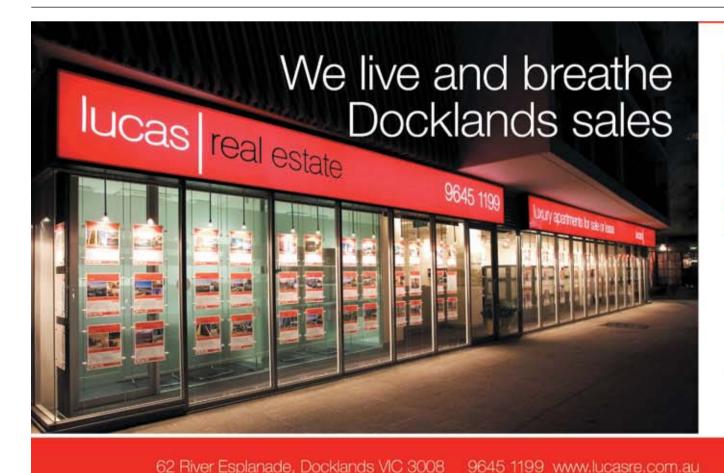
The Harbour Town brand is jointly owned by ING Real Estate and Lewis Land with three

successful existing centres already operating in Queensland. Western Australia and South Australia.

Harbour Town is a highlight of the second stage of development at Waterfront City. Waterfront City is Melbourne's most exciting retail, residential, commercial, event and entertainment hub and is also home to a diverse range of restaurants. bars, cafes, piazza with a capacity to hold up to 10,000 people and the largest public marina in Melbourne.

Additional future developments proposed for the precinct include a 5 star boutique hotel at the Melbourne Yacht Club, an additional 3-4 star hotel, commercial offices, residential homes and the National Ice Sports Centre.

For further information on Harbour Town at Waterfront City, visit www.waterfrontcity.com.au



"Lucas Real Estate was the obvious choice when we decided to sell our Docklands apartment. They really understand the area and got us considerably more than the other agents had suggested the property would sell for."

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# New residential tower

for Victoria Harbour



Lend Lease has announced a new 31-storey residential tower for Victoria Harbour.

Known as Convesso Concavo, the \$250 million development will add a further 212 apartments to Docklands.

Some 63 apartments will front Bourke St. There will be 17 premium waterfront residences, nine tower penthouses and 123 tower apartments.

There will be a further retail boost as part of the development but Lend Lease is not saying how much at this stage.

So far Lend Lease has announced an east tower but will later also bring a west tower into the mix.

Convesso Concavo is the first Melbournebased development by Lend Lease, under its new specialist group, Vivas Lend Lease.

Convesso Concavo features sophisticated and fluid design inside and out, a premium waterfront location and the prestige and convenience of having a metropolitan city hub on its doorstep.

"Lend Lease has been in the property business for a long time. Vivas Lend Lease has brought together our experience and our specialist skills and has drawn on that considerable expertise and knowledge to

create Convesso Concavo. We believe it will be one of the most desirable addresses in Australia," sales and marketing director Des Surleff said.

Convesso Concavo consists of two curved towers – their shape influenced by their waterfront location – forming a single development that is set to redefine the Victoria Harbour skyline.

All of the apartments feature high quality fixtures and fittings, sleek lines, maximum use of space, plenty of natural light and a façade that optimises the magnificent views across the water, CBD and Bolte Bridge.

Vivas Lend Lease expects a high take-up of its apartments when the first phase of the project is offered for sale to the public.

"Convesso Concavo has been carefully designed to combine all that is great about Melbourne living – it's stylish, exclusive, there is a large focus on quality of design and architecture and it's situated between the city and the water," Mr Surleff said.

"The Docklands area, and specifically Victoria Harbour, will continue to grow and flourish and Vivas Lend Lease and Convesso Concavo will be an integral part of that growth."



Dr. Joseph Moussa is a member of the Australian Dental Association, the Internatinal Team for Implantology and the Ossio integration Society. Having over twenty years of experience in general dentistry, with a special interest in cosmetic dentistry.

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# **Docklanders** want parks

Docklands Community News readers have opted for a harbourside park as the most important ingredient of a redeveloped Harbour Esplanade.

Some 29 readers responded to our most recent online survey in which we canvassed a variety of ideas for the redevelopment.

Of these, 10 thought a "Harbourside park" was a good idea, a further 10 thought it was a great idea and seven thought it "brilliant".

Coming in at second place was "Casual eating", followed by "Garden landscaping" and "Cafes at the water's edge".

Our survey asked readers to rank 14 suggested uses for the redevelopment against five criteria: Lousy idea; Take it or leave it; Good; Great; and Brilliant.

Concepts for the redevelopment, which VicUrban has dubbed "Melbourne's verandah", were the subject of a recent period of public consultation.

Our survey found that the least popular idea was for a "Soccer field", followed by "Outdoor gymnasium" and "Water theatre". "Recreational fishing" was not popular.

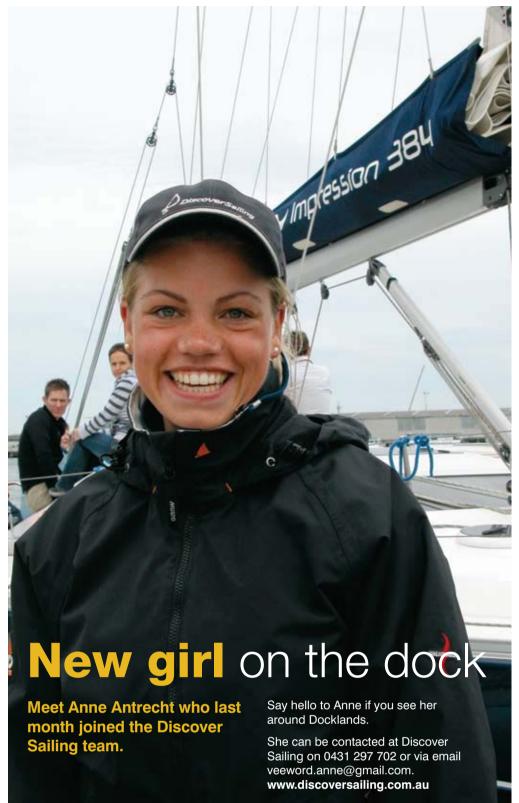
Seven readers also left "other" comments:

- I would love a fenced dog exercise area. Fenced with a 1.2m high fence "pool" style fence with child proof gates. With seats on the inside, for dog owners to rest on. Dog level water drinking fountains, poo pick up bags and bins to be included. An area like the one in New York's Central Park where dogs can run about off lead but be kept away from the general public.
- Docklands needs more trees to stop the wind. The wind really undermines the Docklands.
- Something that will draw people to the waters edge and enjoy the views and supported by quality cafe's and the like.
- Grass
- Daytime use tennis court could have 3/4 type fence - for aesthetic reasons.
- Separate cyclists from pedestrians.
- Tennis courts unlit for office workers and weekends - hourly rate - use closest local 'IGA' to manage fee collection/keys. Basketball/netball court - free for anyone.

Our online survey this month is on how seriously Docklanders fear rising sea levels from global warming. Go to www.docklandsnews.com.au/sealevel.

The table below shows the responses for each idea ranked by popularity.

Answer Options	Lousy idea	Take it or leave it	Good	Great	Brilliant	Rating Average	Response Count
Harbourside park	0	2	10	10	7	3.76	29
Casual eating	0	4	6	13	6	3.72	29
Garden landscaping	0	3	8	13	5	3.69	29
Cafes at the water's edge	1	3	6	12	6	3.68	28
Outdoor barbecue	4	3	1	10	8	3.58	26
Harbour activities	2	2	12	4	7	3.44	27
Broad, stepped seating	0	4	12	9	2	3.33	27
A water feature	2	5	7	7	4	3.24	25
Water fountains	3	8	4	7	5	3.11	27
Undulating/bermed landscape	0	8	14	3	2	2.96	27
Recreational fishing	3	9	7	5	4	2.93	28
Water theatre	3	9	7	2	5	2.88	26
Outdoor gymnasium	7	6	6	5	3	2.67	27
Soccer field	9	8	6	2	2	2.26	27





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The article in your last Issue of the Community News about the arrival of the sailing ship Alma Doepel at Docklands is a wonderful and appropriate use of our waterways at Docklands.

The public inspections and educational visits for young people will bring many extra tourists and visitors to our area, and the support of the City of Melbourne in providing berthing facilities is a further indication of the importance of this type of activity which, after all, is one of the main things that Docklands is all about.

What a pity that this might be the last time that we will see this type of thing at Docklands if the proposal, flagged on the very next page of your publication comes to pass - the building of a railway bridge with an eight metre clearance next to the Bolte Bridge.

I just hope that the refit of Australia's last surviving coastal trading sailing vessel does not go too far over time or the Railway Department might get their bridge built, and Alma Doepel won't be able to get out of Docklands unless they cut the

But maybe the Railway Department has this all under control and they are going to build a draw-bridge so that Docklands won't be "throttled".

Kind regards, Ed Oribin

# **Dock 5 wins Victorian** architecture award



Victoria Harbour's Dock 5 building has won the Best **Overend Award for multi-storey** residential architecture at the 2008 Australian Institute of Architects, Victorian **Architecture Awards.** 

Designed by John Wardle in association with Hassell Architects, the jury cited that at 5 stars, Dock 5 was an example of sustainable, conceptually rich, thoroughly developed and carefully executed architecture. It offers much to its environment and users, and shows good high density residential development.

"Dock 5 is one of the few residential towers in Docklands displaying an approach to design in detail that is both rich and thorough," the jury said.

"It employs the usual podium, tower and cap, but with a complexity and finesse in all three dimensions. The three elements interlock and overlap, drawing from a relatively tight palette of kinked lines, planes and forms, some of them richly coloured."







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# Comment sought on waterways plan

Waterways users, Docklands residents and other interested parties are invited to comment on the draft Docklands **Waterways Strategic Plan** that sets the direction for the waterways for the next 10 years.

Developed by the City of Melbourne, VicUrban and Parks Victoria, the Docklands Waterways Strategic Plan maps out the direction needed to create an integrated working harbour accessible to Melbourne and all its visitors.

Key stakeholders have been consulted in

identifying key planning and industry issues as well as further opportunities for development.

"Residents, berth owners, government agencies, key industry representatives and Docklands property developers have fed into the consultation process to date.

Lord Mayor John So said "the draft plan outlines a number of objectives including the sustainable development of water transport services, increased awareness of Docklands as a destination for Melburnians and visitors and to also increase tourism with repeat visitation."

Key recommendations are also highlighted

such as operating a commuter ferry service, establishing a community boating hub and creating key water based events.

Co-chair of the Docklands Coordination Committee, Cr Peter Clarke, said input from the community was vital in contributing to success of the Docklands as a vibrant and active precinct.

"The draft plan identifies a number of key recommendations in developing recreational and commercial boating facilities and improving the overall appeal of Docklands as a boating destination," he said.

The draft Docklands Waterways Strategic Plan 2008 – 2018 plan is now available for comment on the City of Melbourne website www.melbourne.vic.gov.au. Alternatively submissions can be made by emailing berthing@melbourne.vic.gov.au or mailing to City of Melbourne, Level 1, Suite 109, 425 Docklands Drive, Docklands 3008.

Submissions close October 20, 2008.

Interested people are invited to attend a presentation on the plan at Docklands Waterways Office, Suite 109 (1st floor), 425 Docklands Drive, Docklands on Wednesday 8 October 2pm, Thursday 9 October 6.30pm, Saturday 11 October 11am

Please RSVP your interest in attending an information session to berthing@ melbourne.vic.gov.au or call 03 9658 8738.

## Variety welcomes new celebrity ambassadors!

Variety, the children's charity welcomed their new celebrity ambassadors on September 3 with a lunch and presentation at Docklands' Melbourne Yacht Club Hotel.

A line-up of entertainers, sports stars and community leaders joined Variety including cricketer David Hussey, Channel 9 star Kelly Landry, AFL star Daniel Harford, entertainer Wendy Stapleton, singer Darryl Cotton and TV personality John Burgess.

Variety CEO Norm Hutton said he was thrilled to have attracted the support of high-profile community leaders.

"The new ambassadors will play an important role in drawing attention to Victoria's Special

Needs Children and promoting the valuable work Variety carries out," Mr Hutton said.

Other generous celebrities who already support the charity and spread its important message through their work and public profile joined the new recruits at the lunch.

Existing celebrity ambassadors in attendance were John Blackman, Mike Larkan, Lisa Edwards, Mike Brady, Sue Stanley, Tonia

Todman, Beverley O'Connor, Keith Potger and John-Michael Howson.

Variety is committed to providing special needs children with opportunities to increase their quality of life and fulfil their potential. Variety operates a straightforward and transparent grants program, which draws on funds raised through Variety events, sponsorships and donations.





Docklands 409 / 67 Spencer Street **GRAND HERITAGE** 2 Bed 2 Bath 2 Cars

Private sale \$470,000 Price By appointment Inspect Contact Glenn Donnelly

Superb investment opportunity in one of Dockland's finest buildings.

This 5 star rating, two bedroom mezzanine style apartment is securely leased to the Grand hotel and offers the discerning buyer the comfort of a headache free management service. The building itself is a Melbourne land mark and offers services such as pool, spa, sauna, and gymnasium. Inspection by appointment only.

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2 bathrooms, 2 car spaces and storage.

presentation that is complete with the use

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design, breathtaking sunsets and sunrises

including absolutely stunning water front

views and aspects. Yarras Edges flagship



Docklands 219 / 60 SIDDELEY STREET PRIME FLINDERS WHARF ADDRESS 2 Bed 2 Bath o Car

Price Private sale \$430,000 By appointment Inspect Glenn Donnelly Contact

An exceptional residence located in Flinders Wharf offers a lifestyle that is uncompromising in lavishness and quality. The apartment features an open plan living, gourmet kitchen with stainless steel appliances and stone bench tops. Its large bedroom, balcony, quality fixtures and finishes, this north facing home is bathed in light and a great sense of style and space day and night.

It provides easy access to public transport, fine restaurant and cafes.



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Inspect Contact

Private sale \$1,490,000 By appointment

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Private sale \$435,000 Price Inspect By appointment Contact Glenn Donnelly

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#### MAB's Aquavista final release

MAB Corporation presents the newly-constructed Aquavista Tower, delivering the first purpose built commercial strata office tower to the prestigious NewQuay precinct.

Aquavista is an outstanding ready-to-occupy solution for small business – perfectly suited to owner-occupier and investors. With previous releases having sold and leased with resounding success, this final release includes a limited number of suites.

Robert, the director of Unreal Property an investment-oriented real estate agency, took a three-year lease having previously rented an office in South Yarra. He was drawn to Aquavista Tower for its central location, excellent facilities and lifestyle benefits. An additional and unexpected advantage was a significant saving on time and fuel costs.

"I love the building and it's saving me a fortune!" Robert says.

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- Depreciation benefits
- Located in a major growth precinct.





# Floating an idea for a ferry

By Sarah Murray

An idea to run a high-speed ferry service between Werribee South and Docklands has been floated by Prudentia Investments, developers of Wyndham Harbour marina.

Prudentia Investments believes the service will provide a much needed alternative transport option for residents in the fast growing western suburbs of Melbourne.

Still early days, Prudentia is yet to present its plans to the State Government but according to a spokesperson this should happen in the next couple of months. No suggestions as to where the ferry service could run to within Docklands or how it could link in with existing transport and ticketing services has as yet been provided.

Despite this, the spokesperson confirmed that preliminary studies had shown that running such a service was viable and Prudentia Investments is in the initial design development stage of the crafts.

According to Docklands Community Association president Michele Anderson. one foreseeable stumbling block for the developers could be overcoming

the current five-knot speed limit that is currently in place on the Yarra.

"Generally I think it's quite a good idea, but I can't quite see how they can change the speed with all the shipping. The Port of Melbourne Authority are usually quite strict about things like that, but I wish them luck."

An alternative docking point is Station Pier in South Melbourne.

If plans go ahead, Prudentia Invetments is looking to run four all-weather ferries that would take between 20-45 minutes depending on the destination of the ferry. Each ferry would be able to hold 150-200 passengers.

Prudentia Investments is proposing to build Wyndham Harbour at Werribee South Beach with construction set to commence later this year. It is expected to open in 2011 at which time they would hope to have the ferry service running as well.

# Locals night at Alumbra

Swinging sixties sounds, sumptuous cocktails and a relaxed ambience is what residents and local employees can expect to find on the first Wednesday of the month at Alumbra's **Residents Rat-Pack night.** 

Beginning Wednesday, October 1, Alumbra will open its doors to the Docklands locals, providing a perfect opportunity to meet and socialise during the week. Doors will open from 5pm and Alumbra says it welcomes all to enjoy a live band, singing hits from the 50s and 60s swing and jazz era.

Enjoy complimentary canapés in warm and comfortable surrounds. For those interested in cocktails, expert bartenders will host free Martini lessons in Alumbra's Privé Lounge.

RSVP is essential. Please contact Mia on email mia@alumbra.com.au or phone 8623 9669.





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# Docklands a sustainable showcase







It's a well-known fact that Melbourne Docklands boasts the highest number of sustainable commercial developments in an Australian commercial precinct ... but did you know that the trees along many of Docklands streets also have strong environmental credentials?

Residents, workers and visitors to Docklands can now discover its ecologically sustainable secrets with a new walking guide produced by VicUrban which showcases the initiatives in both built and landscaped form.

The pocket-sized Sustainability Sites walking tour, which can be collected from The Hub, includes a walk through the water sensitive urban design (WSUD) measures implemented in Point Park at Yarra's Edge, Docklands Park and the Water Plaza Gardens in Victoria Harbour.

At Point Park, water storage cells have been cleverly concealed under the mounds, contributing to 40 per cent of the park's irrigation. Rain gardens are located in parking bays.

Docklands Park is a state-of-the-art sustainable park, with rainwater captured from the park and surrounding catchment, including NAB's rooftop, before being

diverted into three wetlands. The wetlands filter pollutants from the stormwater before it is stored underground and later used for parkland irrigation, saving up to 10 million litres of potable water each year.

The newest green addition to Docklands is Victoria Green, which has been shaped as a flood retarding basin and includes stormwater storage and reuse.

Docklands led the way with WSUD technology in tree pits. The Bourke Street tree pits are the first of their type to be implemented in Australia. Stormwater is channelled into the surface of the soil via a standard stormwater sided entry in the kerb. A natural treatment system of rocks and soil filtered the water before it enters the storage system.

Some of Docklands' newest buildings are also setting new standards. Lend Lease's The Gauge, in Victoria Harbour, is the first completed, privately developed building to achieve a 6-star Green Star rating from the Green Building Council of Australia.

All development in Docklands is required to meet minimum performance standards according to the Melbourne Docklands **Ecologically Sustainable Development** Guide.

The ESD Guide was the first operational Green Building Rating tool in Australia and was a key reference tool in the development of Australia's Green Star program by the Green Building Council of Australia.

To discover more about Docklands' sustainability credentials, pick up a copy of the Sustainability Sites brochure from The Hub at 17 Waterview Walk.

For more information about the Docklands precinct, or for a downloadable copy of the Melbourne Docklands Ecologically Sustainable Development Guide, go to www.docklands.com.

















# NAB is here to help

Despite the clichés, big business knows that it's smart business to give back to the community, and the NAB is no different. It set up its corporate volunteers program at the urging of staff 10 years ago and today the program is making a real difference with over 100 community, charity and welfare programs.

The NAB's Docklands-based community development manager Rita Marigliani sees the program as an essential part of its corporate responsibility. "Although it started with quite a small group, today of our 23,000 staff overall about one in five participate in the volunteer program," she said.

Last year nearly 6000 volunteer days were clocked up nationwide, with Victorian staff leading the pack with about 2400 of those days.

Staff can take two paid volunteer days a year but according to Ms Marigliani, with the

growth of the program, this is becoming far more flexible. "Often two days is not enough for some projects, so with the approval of their people managers staff can give more time," said.

The program has come along way since it was set up in 1998 when it was full of good intentions but lacking any coordination, with some community groups being contacted up to 10 times by different NAB business units to offer volunteer work.

In 2003 the "NAB Volunteer Planner", a centralised computer-based management system, was set up to track and report accurately on the program. The system has about 100 NAB-approved community organisations for staff to choose from or staff can choose their own, as long as they meet some basic criteria. There is also the option to provide virtual volunteering.

Jinnan Ning from NAB IT (pictured right) has been volunteering for the past three years. "All I do is log into the system and book the program I want to help. This year I worked for One Umbrella preparing meals," he said.

"It is a really good thing, it helps you understand how different charity

organisations work and what they do while also doing something for the society. I'll definitely be doing charity work next year. We often do it as a bunch from NAB, so a few of us will volunteer together, which is also great for the team."

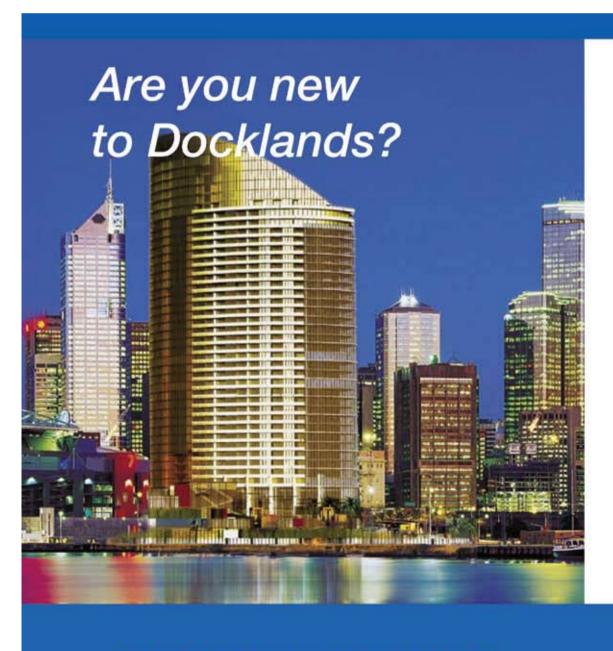
By Sarah Murray

As the program becomes more sophisticated Ms Marigliani said: "We are becoming more focused on providing volunteers that will help community groups to build capacity. There's always a space for non-skilled volunteers, but we also want to use our skills base to help community groups develop effective operating models, or support organisations who already have one but may need extra resources and tools."

The NAB sponsors the bi-annual National Volunteers Conference and is currently exploring the options for further programs for next year.

"Volunteering is part of the NAB culture. Our people are much more willing to get involved and have much more appetite for it. In particular with Gen Y, they are demanding it of their organisations and the program facilitates people who are keen," Ms Marigliani said.





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email: tony@taxaid.com.au















## Victoria Green is Docklands' brand new oval-shaped parkland located right in the heart of the Victoria Harbour precinct.

Around 65m x 55m in size, it includes a sunken lawn area, timber deck with bars and picnic tables, and native garden beds. A number of different seating styles have been incorporated into the design, such as swivel chairs, seat walls and picnic tables to enable visitors many options of perspective in the park.

Perry Lethlean, the landscape architect from Taylor Cullity Lethlean, said Victoria Green would be a discovered green jewel in the heart of Victoria Harbour which will become a cherished setting for informal play, a meeting place and an opportunity for some fun amongst a beautiful garden setting

Victoria Green has water storage facilities and a sophisticated reticulation system which will capture and reuse the rainwater for irrigation of Victoria Green and the garden beds.

The trees are expected to be full size in about five years.

# **Award** for Altantic Group

Docklands' Atlantic Group (v) was awarded on August 30 with the Melbourne Award for the corporation who has best raised the profile for Melbourne as a city particularly for its contribution to events, venues and entertainment.

The Melbourne Awards is organised by the City of Melbourne to honour significant contributions to Melbourne's profile.

The corporate division category, honours organisations that have strengthened Melbourne's reputation as a dynamic and outward-looking global city.

Melbourne's Lord Mayor, Cr John So, said: "The awards celebrate people and organisations that go beyond the call of duty with the hope of inspiring others to

create a better future for the city. They're an inspirational group of people who all deserve to be rewarded for their passion, initiative and hard work."

Cr So said the calibre of the 2008 entries was impressive and it was wonderful to see so many Melburnians making a positive contribution to the city.

This award follows on from Altantic's recent recognition in the Restaurant and Catering awards as Function Centre Caterer of the Year.

## An appetite for **books**

The CAE and Melbourne Library Service have introduced the Docklands Dinner Book Group.

This is an opportunity to sample a variety of restaurants in Docklands whilst discussing books with like-minded people.

The group meets the first Wednesday of each month at the Hub@Docklands at

7pm then heads to the restaurant of choice for that month. Books and book notes are provided on loan by the CAE.

For more information, refer to the Docklands Calendar on page 18.



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# More awards for The Gauge



Lend Lease's The Gauge has won the prestigious Charter Keck **Cramer Property Development Award at the Australian Property Institute Excellence in Property Awards (Victorian Division).** 

The building was also commended for the Colonial First State Global Asset Management Environmental Development Award.

These awards add to the already impressive achievements of the project. The Gauge has received a 6 Star Green Star - Office Design Certified Rating from the Green Building Council of Australia and is also the first building to be awarded the ESD Award of Excellence by VicUrban, which signifies world's best practice in ecologically sustainable development.

Located at 825 Bourke Street in Victoria Harbour, The Gauge was developed by Lend Lease Development, with project and construction management by Bovis Lend Lease and architecture by Lend Lease design. It is owned by the Lend Lease managed Australian Prime Property Fund (APPF) Commercial.

Construction of the six storey, 10,494 square metre building commenced in early 2007 and was completed in April this year. Lend Lease consolidated its existing Victorian businesses at The Gauge in July - for the first time bringing Lend Lease Development, Bovis Lend Lease, Delfin Lend Lease, Vivas Lend Lease, Lend Lease Retail and Lend Lease Ventures to a single location in Victoria. The remainder of the building has been leased by Fujitsu.

The Gauge was officially opened by Victorian Treasurer John Lenders in August.

The Charter Keck Cramer Property Development Award is awarded to an individual or organisation and honours outstanding work in the development of a single building or structure, a group of buildings or structures, land development,

# Calling carols singers

**Docklands Church is looking** for carols singers interested in joining a community choir to perform at Docklands **Christmas Carols.** 

Docklands Christmas Carols will be held at 7 pm on December 11 at Victoria Green. Bourke St, Docklands. Interested people should contact Robyn Hill at docklands. carols@gmail.com before October 20.

This is a Docklands community event so the choir will compromise members of the community. This is a call to all singers in the community to get involved in bringing the Christmas spirit to Docklands.



## Waterfront movie schedule

Free movies continue at Waterfront City during October.

Movies start at dusk. Cinema buffs can hire bean bags or deck chairs to ensure supreme comfort under the stars.

Date	Movie	Rating	Theme
Thurs 2nd	The Professionals	PG	Classic
Fri 3rd	Muppets take Manhattan	PG	Family
Thurs 9th	Ghostbusters	PG	Classic
Fri 10th	Men in Black I	PG	Family
Thurs 16th	My Girl	PG	Classic
Fri 17th	Men in Back II	PG	Family
Thurs 23	Oliver	PG	Classic
Fri 24th	Maid in Manhattan	PG	Family
Thurs 30th	Labyrinth	PG	Classic
Fri 31st	Big Daddy	PG	Family

# chef'schoice

#### Yummy Yum Cha

Yum Cha Dragon Chinese restaurant is popular for its lively and social "yum cha" style dining (available lunch & dinner). Select a few of your favourites and share them around. Items inc. Pork spare ribs with black bean sauce, Crabmeat & prawn dumpling & Chicken san choy bow.

A full al-la-carte menu is also available. Try the "Whole king prawns with Piquant Cantonese sauce" - one of the temping Chinese Barbeque items.

Love Your Duck? ... If so, Yum Cha Dragon is the place for you! With so many succulent duck dishes such as the Peking Duck on the menu, duck fans are spoilt for choice.

VALUE: Unlimited Yum Cha \$39.50 pp Mon to Sat and \$48pp on Sun. Conditions apply.



YUM CHA DRAGON CHINESE BBQ & RESTAURANT Speciality - Peking Duck Ph 9329 6868 G14, 427 Docklands Drive, Waterfront City www.yumcha.net.au



(NEW RESTAURANT) Butchers Grill Meat & Wine Room is the latest restaurant to open at Docklands. The Mediterranean style menu is full of quality Victorian meat and nearly everything cooked to perfection the old fashioned way - over an open grill.

The meat display cabinet shows off the selection of steaks, lamb cutlets, quail, pork chops and skewers of beef & chicken. Simple and flavoursome home style dishes are on offer here and meat fans are totally spoilt for choice

Match your meal with a nice drop from the good selection of Boutique wine.

RECOMMEND: Mixed Grill - beef and chicken shashlik, spiced sausage, lamb cutlet, pork chop & chevapchichi \$34

BUTCHERS GRILL MEAT & WINE ROOM Speciality - Butchers house sausage (hand made) Ph 9640 0696 Pavilion 1, 439 Docklands Drive, Waterfront City www.butchersgrill.com.au

#### Seafood in a Spin

Fish Seafood Grill & Rotisserie puts a spin on your favourite seafood - literally.

The custom made rotisserie oven towers at over 2 metres in height and cooks at a scorching 500 degrees celsius (930°F) with slow rotation to seal in the flavour and natural moisture while melting away the fats. Succulent rotisserie dishes are served on sizzling plates with 3 sides.



Options include:

- Blue eye \$29.50 King George whiting \$32
- Atlantic salmon \$27.50
- Snapper fillet \$28.50

Live lobster & barramundi can also be picked out straight from the tank

VALUE: "Rotisserie Special" - your choice of 2 courses for \$37.50 or 3 courses for \$43.90. Available Monday to Thursday for Lunch & Dinner. Conditions apply

FISH SEAFOOD GRILL & ROTISSERIE Speciality - Rotisserie & Seafood Platters Ph 9640 0686 G09-12, 439 Docklands Drive, Waterfront City www.fishrestaurant.com.au











## Waterfront City's newest market

#### **Collector's Sunday Market**

Set along the waterfront promenade and piazza, the Waterfront City Collector's Sunday Market is the ultimate eco-friendly market, offering a range of unique and original products.

Discover treasures from the depths of some of Melbourne finest antique and pre-loved specialists, including art, jewellery, retro clothing, vintage books and car boot sales. You'll be amazed at what you can find.

Bring your treasured antiques to the Collector's Sunday Market and talk to a professional about its origin and worth. Dawn Davis from Eaglemont Antiques will be onsite at the market to value your items and provide advice.

Dawn exhibits at several local and interstate fairs, regularly holds exhibitions in her shop, writes for several trade magazines and regularly talks on Melbourne radio.

She lectures on a variety of subjects related to her profession. Her shop in the Melbourne heritage suburb of Eaglemont is well worth a visit as it is a Mecca for 19th century glass, porcelain and objet d'art.

Market stallholders are welcome and should contact Eileen on phone 0412 910 496.





# Docklands' own Spring

# **Carnival**

Docklands is set to become a key destination during the Spring Racing Carnival this spring.

The Spring Racing Carnival will run from Wednesday, October 1 to Wednesday, November 19, where NewQuay and Waterfront City will be transformed with special viewings of the races and a free family celebration on Melbourne Cup Day.

Victoria's Spring Racing Carnival showcases 50 days of world-class thoroughbred racing in a party atmosphere unmatched by any other Australian sporting event. During the Spring Racing Carnival, people will be able to watch the races on screens in selected bars and restaurants at NewQuay and Waterfront City.

For an open-air experience that feels like you're almost there, why not view it on the big screen in the Waterfront City Piazza. A TAB will be conveniently located to complete your race day experience.

Melbourne Cup Day will be family day and will include lots of free activities with a special races theme including brumby races, prize giveaways, live races commentary on the big screens and music acts to get you moving.

Getting to and from the track whether to Caulfield, Mooney Valley, Flemington or the country is easy via the train from nearby Southern Cross Station or you can always take a taxi, tram or park your car in the ample on site parking.





















# Unleash the

# warrior

Docklands Community News readers with an urge to unleash their inner warrior are eligible for a discount on four-week kickboxing courses starting on October 6.

Course are:

- Held on Mondays,12.30pm to 1.30pm;
- Start on October 6 and November 10; and
- Are held at The Hub, 17 Waterview Walk.

Readers wishing to avail themselves of the discount offer should quote discount code "docklandscommunity" when booking.

First-time attendees who book by October 31 for the November Course will receive a free pair of leather bag gloves (valued at \$35).

Contact Kacey Chong at info@corporatekickboxing.com.au for bookings and enquiries.

## Creating a city for young people

The City of Melbourne is developing a new policy for young people. The policy will guide the Council in meeting the needs and interests of young people who visit, work, live and/or study in Melbourne.

Now is your chance to get involved in shaping a city where young people can thrive in Melbourne. The council wants to hear your thoughts and ideas about issues and challenges for young people, ideas for future policy directions and actions, as well as new programs and initiatives provided by the City of Melbourne.

Get involved by:

- Filling in an online survey;
- Coming to a community consultation; or
- Entering an online discussion on eVillage.

For further details visit www.melbourne.vic.gov/youngpeople



# Our biggest religion

By Guy Mason, Docklands Church Minister

It's often said that Australian's aren't very religious. Surely that can't be true. We've got to be some of the most religious people on planet earth. This is particularly obvious living in Docklands.

What do we worship you ask? You guessed it, it's footy!

Every weekend we dress up in our religious gear, paint our faces and head out by the thousands (rain, hail or shine) to the great worship centre we call Telstra Dome.

We collect our bibles (the Record) and take our place with great anticipation as we await the arrival of our gods – otherwise known as Buddy and Ablett (depending on your denomination).

The service begins with the arrival of the chief priests and choir (otherwise known as the cheer squad) who enter the worship sanctuary and lift a banner of praise to the glory of their god. The sermon on the banner is short but powerful and evokes the cheers, and praise from the congregation (that's us).

And then the moment comes, they arrive ... one after another ... 22 gods a side. God's we talk about through the week, gods we've seen on TV, gods we have pictures of on our computer, gods we hope we want to be like, gods we love and gods we love to hate.

To celebrate, we stand and sing a traditional hymn – and we do it with gusto! This is no boring church number; this is the anthem of our religion.

The ball is bounced and the gods go to war. There are winners, there are losers,

there are heroes there are villains ... and we love and worship them all.

At half time we share in the lord's supper (otherwise known as a beer and pie). Once the sacrament is over and our soul is satisfied we make a mad scramble to the men's room to continue the great religious debate as to whose god is better, stronger, faster and bigger.

In the last half the worship service really heats up. The lesser and more inferior gods are exposed and the gods of true greatness begin to shine and call out for our praise.

And then, just when you least expect it, the final siren sounds. This is the moment of destiny. The "sheep" cheer and celebrate their victory and go onto to joy and life, while the "goats" look on with disappointment, as they are lead out in disgrace to a week of torment, loss and grief and death. Their only hope, is resurrection the following week.

This is our religion, this is the god we worship, this is the doctrine that is passed down from father to son ...

Do I love footy? Absolutely. I have always cherished this great religion. That's what makes it so dangerous – because as we watch this inflated piece of leather go back and forth in the arms of these gods, we may, just may, forget that there is something far bigger, far more powerful, far more eternal, far more important than this religion we call footy.

Guy Mason is the minister at Docklands Church. If you have a comment or question that you would like addressed email guymason@docklandschurch.org.au











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#### Advertorial

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The professional team of accountants and taxation agents at Tax Aid have more than 139 years experience between them. The company has been helping people with their taxation obligations for more than 34 years.

When a company flourishes due mainly to referrals you know that they are providing a superior service. The team at Tax Aid have been preparing personal and company taxation returns for 34 years. Continuing professional development ensures that they have the experience and knowledge to maximise your claims.

The Docklands office opened in 2005 and is conveniently located at 744 Bourke Street, Docklands. You can call in on your way to or from work. After your consultation your return is prepared on the spot and you can expect your refund within 14 days of lodgement. The service is exceptional.

We take pride in fostering our relationships with our clients. Even our office hours reflect our commitment to the client's convenience (Monday to Friday 9.00am to 7.00pm and Saturday 9.00am to 1.00pm).

There is a reason why our clients have been returning, and with three generations of clientele, and they value the treatment, service and professionalism of Tax Aid.

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Talk to the people who care, and have been helping three generations of clients over 34 years. Ring Melissa on 9600 1100 for an appointment.



The Tax Aid team (from left): Ian Sleep, Melissa Galea, Paul Fahey, Tony Smarrelli, Evelyn Giannakopoulos and Tim Laragy

# **Seniors Festival** comes

As part of Victorian Seniors Festival, the University of the Third Age (U3A) will be holding "come and try" sessions at The Hub in Docklands.

The sessions will include Photoshop as well as nutrition & well-being. Contact U3A on 9639 5209 for further information and bookings.

The Victorian Seniors Festival is a week-long celebration for seniors from October 5 to 12. The festival includes hundreds of free or lowcost events, forums and activities around the city and across Victoria, and free public transport for Victorian Seniors Card holders.

The historic Melbourne Town Hall plays a central part in this year's exciting program of activity. The Aveo Live Well Festival Hub will be a place where you will be able to go to relax and to find festival information. The Town Hall is also the venue for musical performances, including a Grand Organ recital and multicultural concert.

Make sure you know exactly what's on with a copy of the official program. Visit Coles supermarkets, local libraries or contact Information Victoria on 1800 136 762 for your copy.

# to The Hub

## Community Safety Day is back

#### **Community Safety Day returns** to Docklands on October 26.

Melbourne's emergency and safety services are bringing their special skills and impressive equipment to a fun day.

The wow factor will be high as you get close to helicopters, boats, fire trucks and other vehicles used in rescues and emergencies around Victoria. Plus, there's the chance to meet those who work and volunteer to protect us and keep us safe.

Come and see:

- Victoria Police's Air Wing aerial demonstrations;
- Working horses and dogs and puppies in training;
- MFB road rescue demonstrations with the jaws of life;
- A fun Passport to Safety kids activity with the chance to win a bike; and
- Bands, safety and rescue demonstrations, vehicle displays and more.

For full program details go to: www.thatsmelbourne.com.au



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# New Businesses

The Docklands Community News acknowledges new business openings as an information service to the local community. Docklands-based businesses wishing to be profiled in this section should email: news@docklandsnews.com.au

#### Post office opens for business

Docklands' long-awaited post office opened for business at Victoria Harbour on September 15.

The branch boasts the full range of postal facilities and services to Docklands residents and businesses.

Postal manager Hyacinth Philips said the Australia Post outlet, located on the corner of Bourke St and Seafarer Lane, provided a convenient access point to customers who are assured of a wide variety of products and excellent service.

Services available include Postbillpay, international and domestic postal services, passport photos and interviews, as well as ID verification for Worksafe and Working with Children Checks.

Customers can obtain Australian and Western Union Money Orders and access personal banking services (through agency banking partners). A wide range of stationery, greeting cards and gifts, as well as phones and recharge cards is available as well.

"There are plenty of post office boxes available," Ms Philips said.

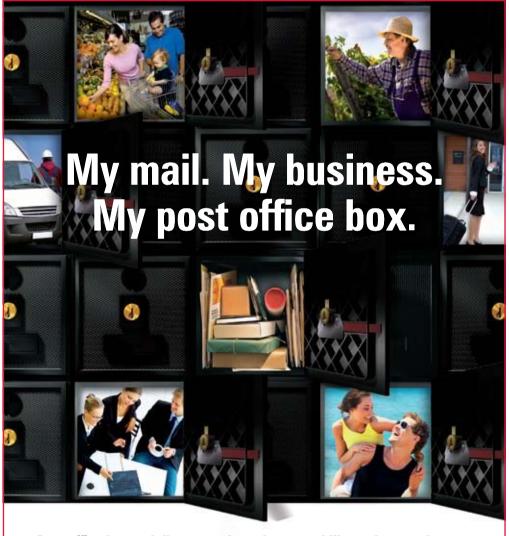
"Anyone interested in renting one can pop in and ask a staff member, or call the Australia Post customer contact centre on 13 13 18."

Ms Philips and her team look forward to serving the local community in their new post office.

Docklands PostShop is located at Shop 2, 63-69 Merchant Street (corner Bourke Street and Seafarer Lane). Trading hours are Mon-Friday 9am to 5pm.



Hyacinth Philips (second from left) and her Dockslands post office staff



#### Post office boxes deliver security, privacy, stability and convenience.

Be it business or pleasure, a great way to help ensure your mail is safe, secure and exactly where it should be is with a post office box. A post office box address means your physical street address remains your own personal business. So if you decide to move your home or business, your postal address doesn't need to change.

We deliver mail to your post office box as soon as it is sorted. And with 24-hour access to your post office box at most post offices, you can collect your mail whenever you want.

For more information telephone 13 13 18, visit www.auspost.com.au/postofficeboxes or ask the friendly staff at your local post office.

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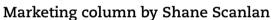
O POST



mediationcommunications



#### LET'S TALK BUSINESS





#### Why have a website?

The major reason for having a website is to satisfy the inevitable anonymous prospects who use the web to check you out. It's about new business. But just having a website is no guarantee of success.

A website is a shop window for your business. And you are judged accordingly.

In the pre-internet period of history, an equivalent could be found in the local strip shopping centre. Passing shoppers would notice the hand-written "back in five minutes" note stuck to the door (still there 30 minute later), the dusty shelves, the grimy window, the yellowing newspaper, faded posters, and all the other indicators which said "don't care".

Before stepping through the door, shoppers make a series of judgements about a business and decide whether or not they want to do business there.

Websites work the same way.

Instead of walking down to the local shops, internet-era consumers of your product or service check you out online. What they see in the first few seconds of your internet page loading determines your future relationship with these prospects.

Before they read anything, they make a judgement based on the design of your website. Is this business credible? Do I trust this business? Does this business meet my expectation? All of these questions are answered before the questioner has read a single word.

Research consistently shows that people trust websites that look good.

The content should be clean and communicative. Less is more when it comes to communicating on the web.

Once you get the fundamentals in place, you are in a position to start thinking about ways to get people you don't know to visit your site. Marketing your website involves a whole range of other techniques and thinking – but that's another article.

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SHANE@MEDIACOMMS COM ALL / WWW MEDIACOMMS COM ALL















# in Docklands

#### Get the Vibromania health vibe

Jan and Jason Hartney have always worked in the fitness industry.

Jan lost her mother through ovarian cancer and her own health took a major turn for the worst. She then researched different training techniques and wellness treatments.

On this journey Jan discovered the benefits of vibration training, vacuum ultrasound therapy, lymphatic drainage and infrared saunas.

Buoyed on by this, Jan and Jason opened Vibromania Croydon in January 2007.

Soon after, they employed Matt Grantham. Matt has a bachelor of applied science in human movement and has worked internationally in the fitness industry for the last five years.

Six months later Matt decided to join the team at Vibromania and open a franchise in Docklands.

Jan, Jason and now Matt and Sophie from the Docklands are passionate about vibration training and their wellness treatments and are fast spreading the benefits of Vibromania to all.

With whole body vibration you vibrate your body into shape using your body mass as a replacement for weights in traditional gym training.

Vibromania is at Shop 9, 6 Waterview Walk.

For more information see www.vibromania.com.au.



#### **Authentic espresso lands in Docklands**

Tony and Anne Calafati have brought the authentic espresso bar experience to the Telstra Dome Concourse.

Claiming the best coffee in the precinct, Tony and Anne invite all Docklands residents, workers and visitors to taste a little Italian style, courtesy and full flavours at Espresso Alto.

The Calafatis cut teeth in the hospitality industry with a nine-year stint with a café at Watergardens, Taylors Lakes, before opening in Docklands in August.

Alto food is prepared and cooked on the premises fresh everyday. Tony is justifiably proud of the taste and goodness of what's on offer at Alto.

"It takes a lot longer to prepare, but we believe in doing things right," he said.

"Once people taste it, they'll keep coming back."

Espresso Alto is a comfortable oldstyle café and is richly decorated with personal family memorabilia.

Tony said he had always wanted to do an Italian-themed café.

"We want to get to know our customers. We believe in family-style service," he said.



#### Home cookin' Jovanovski family style

A well known face around Docklands, restaurateur Lou Jovanovski recently launched his latest restaurant offering at Waterfront City – Butchers Grill Meat & Wine Room.

Mr Jovanovski believes strongly in Docklands and is positive about its future growth to become Melbourne's premier place to eat, drink and live.

"The menu at Butchers Grill is very personal to me," Mr Jovanovski said. "I've incorporated dishes that my family have been making for generations, using traditional family recipes – its food that I have grown up with."

There is a "Butchers house sausage" on the menu, described as a "hand made pork sausage, smoked for eight hours and

cured" – just one of the menu items personally made by Lou's father.

A traditional family-inspired menu would not be complete without the help from mum. At this cozy restaurant you can try some of Mrs Jovanovski's personal favourites including baked sweet peppers filled with ricotta and paprika and Pljeskavica, a Macedonian grilled spiced meat rissole.

"Food has an enormous power to really bring a family together. It's something I really appreciate and I hope to share that warmth with others through the menu at Butchers Grill," Mr Jovanovski said.

The meat served is sourced from Victoria whenever possible and just about everything is cooked over an open grill, which means a healthier meal for diners.

Butchers Grill is now open at Pavilion 1, 439 Docklands Drive, Waterfront City (the previous location of Hot Chocolate, which has moved next to Fish Seafood Grill & Rotisserie).

For bookings phone 9640 0696. See the full menu at www.butchersgrill.com.au.



#### Docklands offers blank canvas for master photographer

Master photographer Yervant has chosen Docklands as his new home.

Yervant is recognised among the top five wedding and portrait photographers in the world and recently won the prestigious 2008 WPPI USA Wedding Grand International Award for photographic excellence. He has been voted Australia's number one by his peers through Capture professional photography magazine consecutively in 2007 and 2008.

Yervant was previously in Prahran where his small team of professionals catered for a discerning clientele. Then two years ago, Yervant and his wife Anie bought the new studio premises on Harbour Esplanade and have been working on the boutique concept ever since.

Yervant and Anie are known for leading the way in the industry not only in Yervant's

craft but also influencing the industry towards unprecedented change.

Docklands presents a perfect canvas for this change – the architecture, the vibe and the plans for it's future were just irresistible for this dynamic duo.

Their vision and influence in the photography industry simply meshed with what Docklands offered visually and in lifestyle.

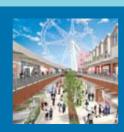
The Docklands studio will be the world's first luxury boutique photography studio. It will boast high fashion, European panache where photography and fashion meet to result as photographic art.

An invitation is extended to all who live and work at Docklands to visit the gallery and enjoy meeting the team over a coffee at 223 Harbour Esplanade.

















# **Docklands Community Calendar**

Date and time	Event	Venue and location	Description & Contact details
Each Wednesday 6.30pm	Meditation and Buddhism lessons	The Hub, 17 Waterview Walk	Participants come once a week for meditation, guidance and a talk relevant to modern life.
Wednesday, October 1, 7pm	Docklands Dinner Book Group	The Hub, 17 Waterview Walk	Sample a variety of restaurants in Docklands whilst discussing books with like-minded people. Contact CAE Book Groups at <b>9652 0620</b> or email <b>bookgroups@cae.edu.au</b>
Wednesday, October 1 From 5pm	Residents' Night	Alumbra Central Pier	RSVP is essential. Please contact Mia via email on mia@alumbra.com.au or phone 8623 9669.
Sunday, October 5 11am to 3pm	Designer Markets at Docklands	NewQuay Promenade	NewQuay Promenade comes alive with emerging designers and artists in Melbourne.
Every Sunday from October 5 10am to 4pm	Collector's Sunday Market	Waterfront City Docklands Drive	Discover treasures from the depths of some of Melbourne finest antique and pre-loved specialists, including art, jewellery, retro clothing, vintage books and car boot sales.
Starting Monday, October 6 12.30pm to 1.30pm	Four-week Kickboxing course	The Hub, 17 Waterview Walk	Four-week Kickboxing Fundamentals Courses held at lunchtimes.
Wednesday October 8 10.30am to 11.45am	Off-ramp Cafe	The Hub, 17 Waterview Walk	Hosted by the Docklands Church.
Sunday, October 12 11am to 3.30pm	Try Sailing	Docklands Yacht Club, Shed 2 North Wharf Road	Try dinghy sailing on the magnificent Victoria Harbour.
Wednesday, October 22, 10.30am to 11.45am	Off-ramp Cafe	The Hub, 17 Waterview Walk	Hosted by the Docklands Church.
Sunday, October 26, 11am to 4pm	Community Safety Day	Harbour Esplanade	Melbourne's emergency and safety services are bringing their special skills and impressive equipment to a fun day at Docklands.
Sunday, October 26 11am to 3.30pm	Try Sailing	Docklands Yacht Club, Shed 2 North Wharf Road	Try dinghy sailing on the magnificent Victoria Harbour.
Wednesday, November 5 7pm	Docklands Dinner Book Group	The Hub, 17 Waterview Walk	Sample a variety of restaurants in Docklands whilst discussing books with like-minded people. Contact CAE Book Groups at <b>9652 0620</b> or email <b>bookgroups@cae.edu.au</b>



#### One woman dies of ovarian cancer every 10 hours. You don't need to be a scientist to change this statistic — We can all make a difference.

While ovarian cancer is identified with women, its repercussions affect all mankind. Without at least one healthy ovary, a child will not be born. Currently, one woman dies every ten hours, of ovarian cancer in Australia. The key to changing this statistic is "early detection". The Ovarian Cancer Research Foundation's annual campaigns generate awareness and prosper funds for vital research.

The upcoming White Shirt Campaign by Witchery and their stunning limited edition silver gift range, (www.witchery.com.au), sits as a backdrop to the beauty, elegance and courage of the women battling this disease in their daily lives. Our founding partner NAB and their staff are responsible for an extraordinary 2008 Silver Ribbon Campaign. We congratulate

them and thank the community for its ongoing support.



## **Docklands Cultural Development Group**



Are you interested in contributing to the development of Dockland's cultural vitality?

The City of Melbourne is calling for membership of the Docklands Cultural Development Group. Membership of this advisory group will comprise of local residents, businesses, developers, the arts and cultural sector and government representatives. We welcome your interest.

A copy of the draft terms of reference for the Docklands Cultural Development Group can be obtained on www.melbourne.vic.gov.au

To register your interest, simply forward a copy of your resume and a 100 word statement on how you can contribute to:

#### Morris Bellamy

Manager Arts and Culture City of Melbourne PO Box 1603 Melbourne VIC 3001

Nominations close by 14 November 2008.













# SERVICE directory

To include your business details in the Community News Service Directory, phone 9602 2992.

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#### Wictoria Harbour Pharmacy and News

Hours: Mon to Fri 8am-6pm & Sat 9am-1pm Pharmacy • Newsagency • Tattslotto • Bill Express. Giftware - Next to Medical Centre Same day dry cleaning (3 garments -\$13.95)

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# Docklands Community Sports

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# Sara goes global

**Docklands resident Sara Picken-**Brown is preparing herself for the biggest bodybuilding season of her athletic career.

The "Pocket Rocket" has had a busy 12 months. Between training her valued clients here in the Docklands and preparing an Olympian sailor Krystal Weir for her events in Beijing, Sara has been training for international competition.

We first heard of Sara back in 2005 when she won the INBA All Female Classic, Overall Figure Champion Title.

Four years later this dynamo has her sights set on no less than three Victorian titles, two national titles and two international titles held in San Francisco and Los Angeles.

Formerly a classically-trained ballet dancer, Sara worked for a number of companies in

Australia before moving to Europe, where she performed for a number of years.

No stranger to "walking the boards", it was the love of performing and the discipline of training that enticed Sara into competitive bodybuilding.

"I have always been committed to my own health and physical fitness. During the last eight years, weight training has been a big part of that for me," Sara said.

"Both mentally and physically it is so important for everyone – but particularly for women - and age really is not a barrier. In fact, the more consistently you train, the better you get as you get older."

"I call it the fine wine principle. I have seen the number of women involved in bodybuilding grow over the years. It is really pleasing to see so many fit and accomplished ladies, of all ages getting out there and having a go."

Sara thanked her sponsors: Australian Sports Nutrition, Just Fitness Brighton, BodyBronze, Osborne Photography and Endless Solutions Wellness Clinic in Port Melbourne.

If you want to find out more about local bodybuilding events contact www.inba.com.au, www.anb.com.au, or www.dohertysgym.com.

From November 29, Sara and her coach Perry Venakis will be holding health seminars for those looking to improve their health, for more details contact

sarapocketrocket@bigpond.com.

# Ride in for a free brekky at Docklands

**National Ride to Work Day is** the perfect opportunity to start commuting to work by bike, so join in the fun on October 15 and congratulate yourself with a celebration breakfast.

Feel fit – Save Money – Reduce Carbon.

Visit www.ride2work.com.au for further information on how to get started, free registration, prizes to win and community breakfast details. A community breakfast will be held on Wednesday, October 15

at Victoria Green in Docklands, from 7am to 9.30am.

Come along for a breakfast pack courtesy of Baker's Delight, coffee from Degani Bakery Cafe and complimentary five minute massages from Louis' Eastern Health and Three Minute Angels and other giveaways.

This community breakfast is proudly sponsored by Bakers Delight, City of Melbourne, City West Water, Lend Lease and Degani Bakery Cafe.



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Dr. Anne Dynon



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