

MELBOURNE Docklands
VicUrban ►►

DOCKLANDS

community news

APRIL - MAY | ISSUE 25 | Priceless

Tap to the beat of **Happy Feet**

To celebrate the release of the Academy Award®-winning Happy Feet DVD, Waterfront City will host a free tap class with renowned dancer and Happy Feet choreographer, Kelley Abbey on Saturday 21 April.

Excerpts from the Australian-produced Happy Feet movie will be shown on the Waterfront City super screens as Kelley Abbey teaches visitors how to tap to the beat. Plus, budding tap dancers will have the chance to display their skills in a grand scale 'Happy Feet Tap Off', which Kelley Abbey will lead at the conclusion of the class.

'Happy Feet - Tap to the Beat' participants will also have the opportunity to meet loveable Happy Feet penguins, Mumble and Ramon, who will share their flipper-tapping expertise, award prizes and delight visitors with give-aways.

Magic Sally, a real life Faerie Rock Band straight from the Enchanted Forest, will perform its enchanted tunes throughout the day. Sally the Faerie and her band mates Fuggle the Goblin, Trixie the Pixie, Mervil the Wizard and Grivel the Forest Beast, will ensure Waterfront City visitors are rocking along the Promenade as they perform all the hits from their debut album 'A Faerie Rock Band'.

Here is a sneak peak at the program:
11am - event kicks off
Noon - tap class
2.15pm - tap class
3pm - final dance off



Clean Up Australia Day a success in Docklands

Local residents joined the nation by participating in Clean Up Australia Day in Docklands on Sunday 4 March.

Volunteers collected 30 bags of rubbish from the reserve along Moonee Ponds Creek. After the clean up, volunteers headed to Fix bar at Waterfront City for some well earned drinks and nibbles.

A big thank you to Crocs Australia who provided each volunteer with a free pair of Crocs shoes and other merchandise on the day.



Not taking the **community for granted**

Docklands community groups are being urged to consider applying for a Community Grant from the City of Melbourne. Applications for Community Services Grants will close mid year.

The City of Melbourne makes the grants available to support the work of non-profit groups in and for the community.

A wide range of community based activities have previously received funding from the grants pool, including support services for migrants, publication of community newsletters and support for people living with disabilities. The main criteria for receiving a grant is the proposed project contributes in some way to Council programs and strategies.

Last year the City of Melbourne provided a \$1,500 grant to depressionNet. The grant was awarded so the organisation could distribute information to those in Docklands

about support for people living with depression, and their families and friends.

The City of Melbourne is proud to be able to support planning for the social well being, quality of life and aspirations of people who live, study, work in and visit the municipality.

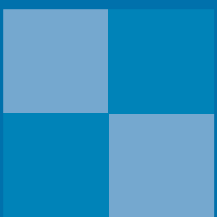
The types of grants available include:

- Families and Children
- Young People
- Community Information and Support
- Ethnic Meals Subsidy
- Community Safety

This year a new category of Community Grant will be on offer for the first time.

The Environmentally Sustainability Grant will help community groups conduct projects to positively address environmental needs, the creation of environmental sustainability education programs, and to establish or upgrade community facilities or gardens.

To find out more, including how to apply, visit www.melbourne.vic.gov.au/grants



that's me!bourne city

From the Editor

What a marvellous March it has been for Docklands. Moomba livened up the waterfront over the Labour Day weekend, the 2007 Docklands Boat Show had an overwhelming response, while residents worked together to Clean Up Australia.

In this edition of Docklands Community News, VicUrban has provided a comprehensive development update and you can check out some new businesses. Meanwhile, Inouk Arnall delivers another tempting review of the new Fish Seafood Grill & Rotisserie.

Don't forget to check the events calendar with plenty of activities to keep you busy and many informative seminars on offer. The fantastic thing is, most of these are free!

City of Melbourne has many opportunities for Docklands residents and businesses as 1 July 2007 draws closer, so make sure you read up about grants, awards and City Rewards in this issue, for which you may be eligible.

We received many contributions for this edition, which meant we couldn't fit everything in... but it also meant we have lots of fantastic news to share! Immense thanks to everyone who put stories forward and keep them coming for June-July!

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Reader contributions are welcome. Please send articles and images to dcn@melbourne.vic.gov.au

Deadline for June 07 edition: 11 May 07
Past editions and the current edition of Docklands Community News can be viewed and downloaded from www.docklands.com, then follow the Quicklink to Docklands Community Updates.

Other important contacts
The Hub @ Docklands Tel: 8622 4822
VicUrban Tel: 8317 3400
City of Melbourne Tel: 9658 9658

Register for an arts grant

Applications for the 2008 Arts Grants Program are invited until 25 June 2007.

Whether you are an independent artist or an arts organisation, the Arts Grant Program supports a diversity of projects. Funding for grants are available in the following categories:

- Arts projects
- Young artists
- Community cultural development
- Indigenous arts
- Arts House

- ArtPlay
- Writing about Melbourne

The guidelines brochure containing all details and application forms will be available from late April 2007 on the City of Melbourne website www.melbourne.vic.gov.au/grants

To register for a copy of the 2008 Arts Grants Guidelines, email your postal address to artsgrants@melbourne.vic.gov.au or contact City of Melbourne on 9658 9658.



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DOCKWORDS

How many words of four or more letters can you make from the letters in this grid?

All words must contain the centre letter. No proper nouns, foreign words, or plurals ending in 's'.

A B C D	H O E	Q R S T
E F G H		U V W X
I J K L M	U T B	Y Z A B
N O P Q		C D E F
R S T U		G H I J K
V W X Y		L M N O
Z A B C		P Q R S
D E F G		T U V W
H I J K L		X Y Z A
M N O P		B C D E

Target: 33 words – Seaman
55 words – First Mate
73 words – Captain

Solution to be supplied in next issue

Solution to Puzzle from last edition

able, alae, alar, alas, alba, bale, belt, blat, blet, earl, lase, last, late, lear, lest, rale, real, sale, salt, seal, slab, slat, tael, tala, tale, teal, tela, abler, alate, alert, altar, alter, areal, artal, artel, atlas, balas, baler, balsa, basal, blare, blase, blast, blear, bleat, blest, labra, laser, later, least, ratel, ratel, sable, seral, setal, slate, stale, steal, tabla, table, tesla, ablate, ablest, albata, astral, atabal, balata, basalt, estral, labara, labret, laster, salter, slater, stable, staler, stelar, tarsal, blaster, ratable, stabler, arbalest, alabaster

New Bike Paths Guide reveals the caffeine link

Australia's best ever selling cycling book, Victoria's Bike Paths Guide, has just been published as an all new seventh edition, revealing the link between caffeine and cycling.

Why do cyclists need their fix? Over the last decade we have witnessed cycling boom as a petrol free way to get to work. Meanwhile, hundreds of thousands of two wheeled lycra clad devotees have taken to enjoying an espresso with their ride, just like their European counterparts.

For generations, European cyclists have enjoyed a coffee before or after a ride, when their body is crying out to recover. In this country, latte swilling cyclists have helped drive an amazing espresso explosion that saw cafes serve a record breaking 350 million cups last year, according to a BIS Shrapnel Coffee in Australia 2006-08 report.

It has long been believed that caffeine has a 'carbohydrate sparing effect' which may improve endurance performance.

The fully revised seventh Bike Paths Guide edition includes:

- Sixty six new and fully updated colour maps
- All the latest metro, country paths and rail trails
- Updated Inner City and Waterfront City maps
- A Waterfront City feature
- Discount coupons to Waterfront City's cafes

- More than 2,850 km of safe and friendly paths
- The top Sip-n-Cycle cafes on the paths
- Eighteen rail trail maps including the new Western Districts and Gippsland paths
- Hundreds of metro, regional and coastal trip ideas

Victoria's world renowned bike paths and rail trails provide a safe escape for those who want freedom from cars and the drama of riding on roads. It makes sense that with 37% of the population owning a bike, cyclists should have their own pathways.

The Bike Paths Guide is on sale now for \$24.95 rrp at The Wine and Cheese Providore and Newsfront at Waterfront City, as well as RACV shops, book stores and bike shops.





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Going up in Docklands

Docklands is continually evolving into a sustainable, world-class and innovative residential, commercial, retail and tourist destination. Several new developments are underway or soon to be completed, making the area an even more enjoyable place to live, work and visit. Current projects are:

BATMAN'S HILL

AXA Asia Pacific's Melbourne office:

Located at 750 Collins Street, this new ten storey campus style building will comprise office space for 2,200 workers, mini-retail and a proposed childcare centre.

Expected completion date: October 2007.

National Foods: Located at 739 Bourke Street will be the new 11 storey head office building for National Foods. The office building will also have car parking and retail space.

Expected completion date: Mid 2008.

Site One: Nearing completion is Site One, a five storey commercial building on the corner of Bourke Street and Batman's Hill Drive. It comprises small office or home office units, strata offices, serviced apartments and retail.

Expected completion date: April 2007.

CENTRAL PIER

The heritage listed Sheds 9 and 14 on Central Pier are currently being fitted out with plans to house function venues, a community centre, microbrewery and a student and emerging artists gallery. Established venues from South Wharf are also relocating to Central Pier.

Expected completion date: Late 2007.

DIGITAL HARBOUR

Port 1010: This modern building is now complete with new tenants Australian Customs Services, VicTrack and Bureau of

Meteorology set to move in. The building has been awarded the prestigious 5 Star Green Star environmental rating for its design, which includes a Blackwater Treatment Plant.

Life.lab: This eight storey building on Harbour Esplanade will offer commercial strata office suites and small office or home office style living.

Expected completion date: Mid 2008.

NEWQUAY

Aquavista: A new 15 storey office tower on Docklands Drive is soon to be completed, offering a variety of strata-titled offices to small businesses with public car parking facilities available.

Expected completion date: May 2007.

370 Docklands Drive: This new environmentally sustainable seven storey building will include office space, car park and ground floor retail.

Expected completion date: Mid 2008.

VICTORIA HARBOUR

ANZ: The new ANZ building on Collins Street will accommodate 5,500 staff and includes a car park, gym, childcare centre and shops. The project also involves the Collins Street extension, Collins Landing (a public open space on the Yarra) and the Yarra River north bank promenade adjacent to the ANZ building.

Expected completion date: Late 2009.

Ericsson House underway at Bourke Street concept drawing



Ericsson House: Well underway at 818 Bourke Street is the nine storey office building to become the new corporate headquarters for Ericsson. It includes retail space on the lower levels.

Expected completion date: February 2008.

825 Bourke Street: A seven storey office building is being constructed at 825 Bourke Street, which includes eight specialty stores at street level.

Expected completion date: Mid 2008.

Merchant Street Development: This development includes a full line Safeway supermarket, 10 specialty stores and a childcare centre for 150 children.

Expected completion date: Mid 2008.

The Mosaic: The Mosaic apartments is a nine storey boutique residential development on Bourke Street, overlooking Docklands Park.

Expected completion date: Mid 2008.

WATERFRONT CITY

Stage 1B: This massive project includes an innovative, purpose-built, brand direct outlet centre known as Harbour Town, and a world class public entertainment area incorporating the Southern Star Observation Wheel. It will also feature dining and entertainment options and new shop top apartments.

Expected completion date: Late 2008.

National Food building on Bourke Street concept drawing



The new ANZ building on Collins Street concept drawing

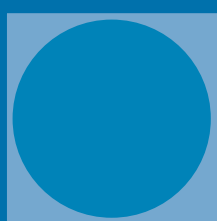
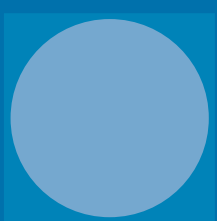
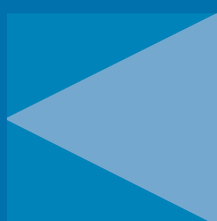


IN DEMAND

Lucas Real Estate is growing rapidly with the Docklands and has had a very busy few weeks with 42 apartments leased and 16 apartments sold.

Contact the area's No. 1 Agent to sell or lease your Docklands property and experience the extreme customer satisfaction that has made Lucas Real Estate the most successful Docklands Real Estate specialist.

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docklands vic 3008
www.lucasre.com.au



New Businesses in Docklands

The Docklands Community News acknowledges new business openings as an information service to the local community. Docklands-based businesses wishing to be profiled in this section should email: dcn@melbourne.vic.gov.au

Seaspeeders

Forget paddleboats, Seaspeeders are the latest craze to get kids and parents alike zipping around the waters of Waterfront City and beyond. These mini speed boats are ultra fun and easy to manage, with anyone over the age of 16 years being able to get behind the 'wheel'. Families will love this exciting

way to view Docklands and the rest of the City on their very own personal mini-cruise. Until mid April – available on weekends, holidays and during all Docklands events subject to weather conditions. You can find the boats at Boatman's Landing, Waterfront City.

Tel: 0419 494 949
docklandsboathire.com.au

High Flying at Waterfront City - High Flying Circus Arts Pty Ltd

Experience the freedom of gravity-defying circus acts by visiting Waterfront City's flying trapeze and circus school. High Flying offers you a special opportunity to partake in your very own circus performance. Open to everyone regardless of age or fitness level, visitors can choose from the most basic classes, right through to flying trapeze lessons and longer

circus classes incorporating balancing, tumbling, juggling, static aerials and more. All lessons are located in the 'Big Top' Pavilion at Waterfront City for day or evening classes. Private tuition is also available and group and corporate bookings are most welcome. Until May.

Tel: 0417 700 996
www.waterfrontcity.com.au

Discover Sailing

See Melbourne and Docklands under sail from a new 40ft yacht. Help sail the vessel or simply sit and enjoy the experience – no sailing skill required. Morning, afternoon and evening trips available, Thursdays, Fridays and Saturdays. Departs from the Waterfront City Marina.

Tel: 9503 0101
discoversailing.com.au

Rentabike at Docklands

Docklands now has its own bike hire service. Rentabike @ Docklands opened just before Christmas next to the Pavilion at Waterfront City. It has a fleet of brand new 21-speed Gitane mountain bikes, as well as kids' bikes, baby seats, a 'tagalong' and tandem for hire.

Rentabike offers a handlebar bag, repair kit and pump, lock, bottle of water and

sunscreen free with every hire. The business is open 9am to 5pm seven days a week, weather permitting, and has an opening special of all-day bike hire for just \$30 (save \$10). This will be an ongoing offer to Docklands residents who may like to take friends cycling.

Rentabike is run by Melbourne journalist and photographer Murray Johnson who also operates Real Melbourne Bike Tours.

Tel: 0417 339 203
www.rentabike.net.au



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Don't settle for less!

Tips to cut water use

Apartment dwellers are being encouraged to think green in a pilot program to cut water, waste and energy.

The Sustainable Living in the City program is helping residents at four inner-city buildings improve their use of water and energy and reduce the amount of waste being sent to landfill.

About 70 per cent of the City of Melbourne's residents live in apartment buildings so it is important to look at some of the practical things high-rise residents can do to live more sustainably.

Here are five inexpensive, easy and effective water-saving hints and ideas from residents participating in the Sustainable Living in the City program. They are:

- Install flow restrictors and aerators to basin taps, again to cut water flow by around half;

- Change over existing showerheads with three-star rated ones, which use half as much water;
- Catch cold water from the shower in a bucket, while waiting for the hot water to come through. This water can then be used around the apartment for cooking, pot plant watering, in the washing machine or for flushing the toilet;
- Change to a dual-flush toilet and only flush when necessary; and
- Take shorter showers and do not leave the tap running when brushing teeth or shaving.

More information about the Sustainable Living in the City program can be found at **www.melbourne.vic.gov.au/environment**

Reward yourself in the City

Imagine being invited to movie previews, enjoying current theatre performances with great ticket offers, or being the first to experience the newest bars in town. City rewards will give you all these opportunities, plus much more.

Each week, be rewarded with new and exciting privileges so you can experience the best that Melbourne City has to offer. Docklands businesses offering special promotions as part of city rewards include:

NewQuay – Liquid Restaurant and Bar, The Lounge Room, Bopha Devi, Renzo's Bar, Café Italiano, Saganaki Greek Cuisine & Bar, and Steakhouse.

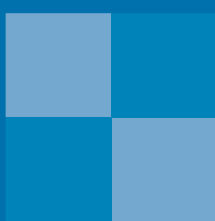
Waterfront City – BlueFire Churrascaria Grill & Bar, Fish Seafood Grill and Rotisserie, and Hot Chocolate.

Yarra's Edge – Iku-Izakaya Japanese Restaurant.

Victoria Harbour – Watermark Bar.

You need to be a member to redeem rewards, so visit **thatsmelbourne.com.au** and join for \$24 per annum now.

City Rewards currently has 10,000 members. Businesses wanting to become a city rewards partner to enjoy fantastic marketing support can visit **thatsmelbourne.com.au** or phone 1300 768 698.



New faces guarantee local voice

With the transfer of municipal authority almost complete, the new Docklands Coordination Committee promises to tackle issues relevant to the Docklands community.

With the transfer of municipal authority almost complete, the new Docklands Coordination Committee promises to tackle issues relevant to the Docklands community.

The City of Melbourne and VicUrban have established the Docklands joint working group as a forerunner to the Docklands Coordination Committee, which will manage Docklands' municipal functions for certain areas post 1 July 2007. The Docklands Coordination Committee will report to Council's Docklands Committee and the VicUrban Board.

The new committee is made up of six senior representatives from the two organisations and is chaired by City of Melbourne Councillor Peter Clarke and VicUrban Board Member Gabrielle Trainor and also includes City of Melbourne Chief Executive

David Pitchford, City Of Melbourne Director Commerce and Marketing Scott Chapman, VicUrban Chief Executive Officer Pru Sanderson and VicUrban General Manager Docklands and Major Projects Michael Hynes.

The Committee meets bi-monthly and is a public meeting – open to all who are interested in attending.

The Committee is establishing a framework for the ongoing cooperation between Council and VicUrban to work to a shared vision for Docklands.

The Docklands Coordination Committee will oversee the Docklands precinct and approve place management, finance and infrastructure plans.

On 1 July 2007, Docklands will again become part of the City of Melbourne.

For more information regarding municipal matters in the lead up to transition contact, City Manager Rod Burke at The Hub on 8622 4822 or rod.burke@vicurban.vic.gov.au



From left to right: Councillor Peter Clarke, David Pitchford, Scott Chapman, Gabrielle Trainor, Pru Sanderson and Michael Hynes

Rock for kids charity

Friday 4 May is Starlight Day, the Starlight Children's Foundation's annual fundraising event. The event this year is 'Rock for Kids', the grouping of some of the country's largest tribute shows at the Waterfront City Piazza, in a free public event.

Kisstroyer (Kiss), Appetite for Destruction (Guns n'Roses), Bad Medicine (Bon Jovi) and Just a Girl (No Doubt) will donate their performances in a bid to raise \$20,000 in donations and sponsorship to help Starlight Children's Foundation brighten the lives of seriously ill and hospitalised children.

The event will kick off at 6pm and there will also be a variety of children's activities, roving entertainers, face painters and children's characters among the festivities.

Since 1988, the Starlight Children's Foundation has brightened the lives of seriously ill and hospitalised children and their families, by delivering innovative programs that restore the fun, laughter and joy that serious illness takes away.

Every cent raised will go directly to Starlight; not one entertainer or volunteer will make a cent out of this wonderful event. So please make sure you donate when you see the Starlight volunteers. Every bit helps. If you are interested in becoming a volunteer or a sponsor of the event,

please contact info@kisstroyer.com for more information.

Supported by Waterfront City, Concert Audio and Melbourne Fireworks.



Healthy at The Hub

Maternal and Child Health Services is coming to The Hub @ Docklands (opposite Docklands Park).

Services will include:

- Maternal and child health
- Playgroup/parenting support
- Family support
- Family counselling

The Hub is currently undergoing minor renovations to support development of the Maternal and Child Health Services, scheduled to commence June 2007.

For more information contact Briody Main, Family Health Coordinator on 9340 1425 or briody.main@melbourne.vic.gov.au

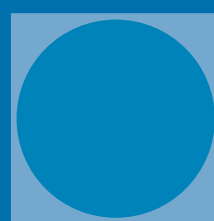
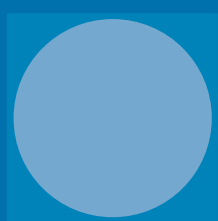
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Activities

Fun on and off the water

What do you like to do with your spare time while living or working in Docklands? Many local recreational clubs, groups and organisations are established in the area. Local activities that occur on a regular basis include:

- Tai Chi: Thursdays 8am to 9am at Waterfront City. To book, contact The Centre on 9328 1126 or nawmnc2@vicnet.net.au
- Petanque at Point Park: Friday 13 April and Friday 4 May 5.30pm onwards. Contact Jackie Phillips on 9646 3663 or rodjack@bigpond.net.au

- Dragon boat racing: Each Tuesday and Thursday night 6pm.
- Outrigger canoeing: Each Tuesday and Thursday night 6pm, Saturdays at 8am. Visit outriggers.com.au for further information.

For more information about other local clubs and groups log onto www.onboarddocklands.com, your local intranet site.

If you would like to become involved in other local activities in Docklands, contact Kara at the City of Melbourne on 9658 8020 or kara.abakumenko@melbourne.vic.gov.au

Dragon Boats

Sunday 25 March saw the last Docklands based dragon boat race for the summer season, which was the Osaka Regatta. Once again, teams from all over Victoria competed, this time in a variety of events including the 'sweeps' race, a fun event where teams race around a series of buoys. The regatta marked the end of a fabulous season of dragon boating on the beautiful Victoria Harbour.



The Centre

North Melbourne's The Centre now offers a diverse range of activities and classes in Docklands. These include Bollywood Dancing, Yoga with Bub at the Hub, and Meditation. To register your interest in any of these activities or to find out more about courses and activities, contact The Centre on 9328 1126 or nawmnc2@vicnet.net.au

The Bolte Bolt

The Docklands Bolte Bolt is a fundraising event, which is a 4.5km run or 2.5km walk starting in Docklands Park (opposite the NAB building), winding its way alongside the Yarra to the Bolte Bridge and back again.

Entrants are allocated a time-based handicap and are placed into one of four groups that begin from 12.20pm.

Within each group, the fastest participant wears the 'yellow arm band' and sets the pace for that group. They try to hold onto the yellow arm band for the next race, in the style of the famous cycling event 'Tour de France'.

YMCA Docklands holds races every second Thursday, commencing at 12.30pm. Runners and walkers from businesses all around the Docklands precinct participate.

For further inquiries, please email billy.santos@ymca.org.au

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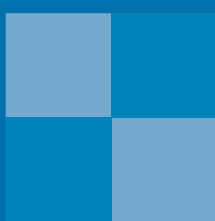










in Docklands

Melbourne Outrigger Canoe Club

A taste of the Pacific has come to Docklands with the arrival of the Melbourne Outrigger Canoe Club, based at Shed 2 on North Wharf Road.

Melbourne Outriggers is thriving in its new environment and is open for new members. Outrigger canoes have been used to transport Polynesian people around the Pacific for thousands of years. These ocean going canoes have an outrigger on the side of the canoe for stability and balance, which means they can be paddled in rivers and open ocean conditions, and even to catch waves and surf. Regular training paddles for the Club go around the Docklands precinct and up the Yarra as far as Dights falls, as well as on to Port Phillip Bay.

Single person canoes are available as well as the striking 40 foot long Hawaiian style six person canoes, and races range

from 500 m sprints to 20 km marathons. It is a low impact sport and is ideal for fitness, endurance, fat burning and meeting new people. Competitors can also travel to some of the most beautiful tropical locations on earth to compete such as Hawaii, the Pacific, North Queensland, Brazil and the USA.

At time of print, Melbourne Outriggers was planning a Paddle-a-thon from Geelong to Docklands from 31 March to 1 April. The entire club planned to paddle this marathon effort, changing in and out of the canoes over a seven hour period. This feat had never been attempted before and the group was raising funds for the expansion of the Club. The Club trains on Tuesdays and Thursdays from 6pm to 7.45pm and on Saturday mornings from 8am until 10am, where they can be seen either down the Yarra or paddling towards the Bay.



FLEMINGTON VETERINARY HOSPITAL

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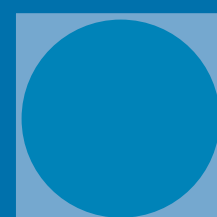
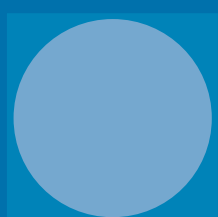
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Docklands a Push Over for **music**

During March, Push Over 2007 saw 3,000 young people converge upon Shed 4 in Docklands to witness blistering sets of musical brilliance by favourites Silverchair, Something for Kate, The Spazzys and lots more. Punters had a blast in a fully supervised, drug, alcohol and smoke-free event.

Organisers reported the stunning Docklands waterfront location combined with the glorious sunshine and bright lights of the city later on, created an impressive festival environment.

The Push It! Stage saw over 100 young people participating in the break dancing battles and the Emcee freestyle competition.

Nine bands battled it out in the FReeZA Push Start Grand Final. Congratulations go to winners Lemonsmile, a post-punk rockin' foursome from Strathmore. Young bands across Victoria looking for their big break can now download Expression of Interest forms for the 2007 FReeZA Push Start competition from thepush.asn.au to be part of Push Over in 2008.



Silverchair performing live at Shed 4



EIM City's striker is thwarted by the NCSton Villa keeper

Kicking goals at Docklands Park

by Simon De Leonardis

This is a story about a bank, a ball and a love affair. As love affairs go, it has been short and sweet but looks as though it may prosper and live a long and fruitful life.

The bank is the NAB and the ball is a round shape. Some call the sport football, others use the term 'World Game', while most Australians know it as soccer. The love affair has been consummated in a football marriage called the nAb-League.

It all happens at Docklands Park and many passers-by now recognise this area as 'Football Central' in Melbourne. The attraction has grown from a few guys and girls getting out onto the field and kicking a ball around for fun, to an explosion of enthusiasts vying for perhaps something more than just football glory.

The game is formatted on a six player mixed team format with friendly rules to attract all levels of participants, and the recipe has caught on with many who see it as an attractive outlet for a good work-life balance.

This autumn from February to May, the nAb-League is in its third successful season. It has grown significantly from the first season in August 2006 of eight teams and about 100 participants, to the current one with 16 teams and over 200 keen footballers. The NAB community throughout the CBD and Docklands has utilised the park to forge links between colleagues.

Football friendlies have sprung up between the NAB and neighbours at ANZ and the Bureau of Meteorology, so new friendships and interesting rivalries now exist.

It is not just a football phenomenon but a community one at Docklands, which comes from the heart of people who want to make the area a great place to exist, work and socialise.

When the **City Circus** came to town



Elisha Lee from Southbank with her pois

Juggling balls, hula hoops, devil sticks and pois were flying around Artplay at Federation Square on 11 February 2007. The City Circus was in progress with children and young people living in the CBD, Southbank and Docklands participating in a workshop coordinated by Circus Oz for the City of Melbourne.

The workshop provided an opportunity for families living in the City to meet others from their neighbourhood. It was followed by a barbeque at Birrarung Marr. Learning new skills such as juggling and hula hooping provided a perfect platform to meet others while doing something a little fun and silly.

The circus workshop was sparked by an idea from a 12 year old girl, Ali Holt who lives in the CBD. Ali spoke to Councillor David Wilson, Chairman of the Community Services Committee, and said she would like to see more activities for children her age. Most importantly, Ali wanted to access opportunities to meet other children like her who lived in the City of Melbourne.

Research completed by City of Melbourne has suggested this demographic (0 – 8 years) is one of the fastest growing in and around the City centre. In 2001, there were 257 children in this age category in the CBD and Docklands. This is projected to increase to 1400 by the year 2011.

From this workshop onwards, there will be more activities in the City to improve the sense of community for residents. Activities such as Clean up Australia Day and Yoga with Bub

at the Hub provide a fantastic opportunity for residents to meet others living in a similar environment – that of the vertical community.

If you are aged 6 to 17 years and would like to be involved in children's and youth activities in Docklands and across the City, contact Kara on 9658 8020 or email kara.abakumenko@melbourne.vic.gov.au



Learning new skills

Winter Wonderland to return

Docklands Winter Wonderland will return this year, running from 30 June to 15 July.

The City of Melbourne is currently developing the 2007 event, with day and night ice skating, fresh snow dumps and ice sport demonstrations planned.

Corporate skating sessions, live stage shows, roving entertainment, a chill out zone playing movies, carnival rides and give-aways will also be on offer.

So put on your woollen knits and mitts and get ready to experience your own Winter Wonderland, coming soon to Docklands.



Docklands Community Calendar

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Date and Time	Event	Location	Description
30 March to 29 September	2007 Toyota AFL Premiership Season	MCG and Telstra Dome	AFL, Australia's elite football competition, is the ultimate Melbourne experience. While a national league, nine of the 16 teams are located in Melbourne. Both Telstra Dome and the MCG host AFL matches every weekend between March and August. For bookings contact Ticketmaster on 13 61 00 . For more information visit afl.com.au or phone 9643 1999 .
Every Saturday during April (7, 14, 21, 28) 10am to 4pm	Waterfront City Boutique Craft Market	Waterfront City	Melbourne's new boutique craft market will add colour to Waterfront City every Saturday in April. With over 60 boutique stalls, everything sold at the market is fresh, home-made, good value and above all, great quality. Visit www.waterfrontcity.com.au or phone 8628 6000 .
Saturday 7 April 10am to 3pm	BMW Clubs Australia National Rally Show 'n' Shine	Waterfront City & NewQuay	A collection of approximately 100 BMWs will be displayed along the Docklands waterfront, stretching through the Waterfront City and NewQuay Promenades. Visit www.waterfrontcity.com.au or phone 8628 6000 .
Wednesday 11 April 3pm to 4.30pm	Good access is good business - free seminar for licensed venues	Council Meeting Room, Level Two Melbourne Town Hall	There are some really simple ways to make your business accessible to all. If you would like to find out how easy it can be to increase trade through enhancing access for people with a disability, come to the City of Melbourne's free seminar. Any business attending the event will receive a Certificate of Attendance. RSVP to Tasia on 9658 8587 or taskar@melbourne.vic.gov.au by 8 April 2007.
Saturday 14 to Sunday 22 April	National Youth Week	Various	Thousands of young people aged 12 to 25 will have the opportunity to get involved in a variety of activities to share ideas, have their voices heard on issues, showcase their talents, and have fun! Visit www.melbourne.vic.gov.au/youngpeople or youthweek.com
Tuesday 17 April 6pm to 8pm	Field of Play - Gameplay In Urban Art	Digital Harbour Theatre Ground Floor, The Innovation Building, 1010 Latrobe Street	Field of Play at Digital Harbour will be launched at this event. A unique public art installation for Docklands, it can be played anywhere, including outside Australia. Visit digitalharbour.com.au or phone 9600 1277 .
Tuesday 17 April 7pm to 9pm	Physical Development in Children	Yarra Room, Level 2, Melbourne Town Hall	This session will look at what are realistic expectations of children's physical development from birth to 8 years. Presenter: Dot Debney Contact Jason on 9328 8953 or Jason.crockett@melbourne.vic.gov.au
Saturday 21 April 11am to 4pm	Happy Feet - Tap to the Beat	Waterfront City	If you loved Happy Feet then don't miss all the tapping fun of the Happy Feet - Tap to the Beat event. Visit www.waterfrontcity.com.au or phone 8628 6000 .
Sunday 22 April 11am to 1pm	Come and Try Dragon Boat Racing	Shed 2, North Wharf Rd	The day will proceed rain, hail or shine. If on water conditions are too severe, a dry land demonstration and discussion will take place. Participation is free although those opting for insurance will need to meet the premium of \$3. RSVP to admin@dragonboatsvictoria.com.au with your name and contact details or phone 9457 3944 .
Friday 4 May from 6pm	Starlight Children's Foundation - Rock for Kids	Waterfront City	Some of the country's largest tribute shows will raise money for the Starlight Children's Foundation. Roving entertainers, face painters, children's characters and more will be on offer. Contact info@kisstroyer.com
Thursday 17 May 7pm to 9pm	How to make your home more environmentally friendly	The Hub - 17 Waterview Walk	In this important session, find out how you can reduce your greenhouse impact and make your home more environmentally sustainable, whether you own or rent in Docklands. Free give-aways will be on offer to support your endeavours to make your home more 'green', including compact fluorescent light globes and shower timers. RSVP to Kara on 9658 8020 or email kara.abakumenko@melbourne.vic.gov.au
Friday 11 May 10am to 2pm	Mothers Play	Waterfront City	Mothers Play will bring together a range of pamper services, products and displays, entertainment, art installations, workshops and information aimed at nurturing mothers. Entry by gold coin donation will assist mothers to put their needs higher on their endless list of priorities, including children, work, house and partner. Visit abavic.asn.au or phone 9885 6333 .
Melbourne Visitor Centre open seven days, 9am to 6pm, Closed Good Friday and Christmas Day	City of Melbourne Visitor Services	Melbourne Visitor Centre at Federation Square and Melbourne Visitor Booth in the Bourke Street Mall.	If you're ever stuck on things to do with guests, why not take advantage of the great visitor services in the City for some ideas, including all the up-to-date information on what's happening in Docklands, maps, and brochures. Services include the Roving City Ambassadors, the Melbourne Greeter Service and the Melbourne City Tourist Shuttle. Visit thatsmelbourne.com.au or phone 9658 9658 .

Book in for a Service before you load up this Easter!



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As You Like It

by Inouk Arnall

FISH SEAFOOD GRILL & ROTISSERIE

Combined with a fantastic Docklands location, Fish Seafood Grill & Rotisserie offers visitors a unique experience; dining waterside on an abundance of fresh healthy seafood, with plenty to choose from and even more to look at.

There's nothing like seeing fresh seafood proudly displayed like it is at Fish, nor seeing your potential meal swimming around the tank just moments before you make your choice. In fact, everywhere you look there are creatures of the sea, from the giant fish tanks above and beside the open kitchen, to the tropical aquarium near the front entrance. A large display of fresh crays, crabs and oysters allow for closer inspection if you feel so inclined, and given how enticing they look, it's no wonder we saw so many seafood platters coming out.

We ordered in two stages as it was quite hard to choose due to an impressive variety of dishes. First up was Seared Scallops with marinated wild mushrooms, wakami seaweed salad and vanilla bean vinaigrette (\$18). Lightly browned on the outside and still tender on the inside, I think in retrospect this was my favourite dish. The salad was light and a bit crunchy, a great match for the

delicious scallops. My dining partner tried the Salt and Pepper Calamari with eggplant and tomato compote and lime aioli (\$16.50). The calamari was nicely tender and the eggplant compote a really interesting accompaniment. Personally, I would have preferred the aioli on the side, not the top, but it was still a nice dish.

For mains I had Barramundi with Roast Capsicum Coulis (\$30) and was delighted with the fresh and earthy flavours, so reminiscent of quality Barramundi. There were some great roasted vegetables under the fillet and a rather large block of potato too big for someone wanting to make their way through three courses, but not everyone has such grand plans, I guess. My partner chose Garlic Prawns over Angel Hair Pasta, tossed in white wine, garlic, virgin olive oil and fried spinach (\$34). This dish was fabulous, plenty of large succulent prawns and moist al dente pasta with

a good amount of garlic. The fried spinach was quirky, adding colour and subtle flavour.

Two desserts sealed the deal – a Hot Chocolate Molten Pudding served with vanilla ice cream and rich chocolate sauce, and a Raspberry and Grand Marnier Baked Cheese Cake, with double cream and a trio of fresh coulis (both \$16). My pick was the pudding, rich and moist with a light crust on the outside.

Fish Seafood Grill & Rotisserie is bound to entice lovers of fresh seafood and it's good to know they can also enjoy it in a more casual atmosphere or even at home. Adjacent to the restaurant is 'Flying Fish n Fries' which doubles as a fresh seafood market, a great idea covering all bases, depending on what mood you're in. I'll definitely be back soon for some fish and chips overlooking the stunning waterfront location. It could even be an ideal lazy Sunday activity.

SNAPSHOT

Venue:	Fish Seafood Grill & Rotisserie
Location:	G09-12 439 Docklands Drive Waterfront City Docklands Vic 3008 Tel: 9640 0686
Executive Chef:	Anthony Doyle
Open:	Noon to 10pm 7 days (later on weekends)
Cards:	All cards, including EFTPOS
Other:	- Fully licensed - Outdoor seating - Wheelchair accessible



Overall rating:	8/10	Décor:	7/10
Food:	8/10	Variety:	8/10
Wine List:	7/10	Value:	7.5/10
Price Range:	Entrées: \$15.50 - \$19 Mains: \$20 - \$44 plus		

WIN WIN As You Like It Competitions

February Edition Winner:

The winner of the dinner for two at Beachclub is **Jennifer Johnston**. Her **Bopha Devi** review was as follows:

Being a vegetarian, I'm always on the look out for new venues that offer plenty of interesting vegetarian fare. I found this and more at Bopha Devi. Spectacular fish curry, tasty vegetable dishes and delicate flavours all come with friendly service in a cosy environment. I'd recommend it to anyone.

The winner of the Stonier Chardonnay was Dianne McDonald. She correctly answered that honey and sesame seeds are combined in **c) Halva**

April competition:

Win Dinner for two at Fish Seafood Grill & Rotisserie!

For your chance to win dinner for two at Fish, including a glass of wine of Rivers, simply answer the following question:

What is the largest species of fish?

- a) Giant Gourami
- b) Blue Tuna
- c) Whale Shark
- d) Blue Whale

Or for your chance to win a bottle of Hanging Rock Kilfara Pinot Noir 2005, answer the following question:

Where is the home of Pinot Noir?

All entries to: inouk.m@bigpond.net.au by 4 May 2007.

Talking Plonk



Task: Inouk and her dad Bruce share a bottle of wine from Docks on the Rocks

Plonk: Hanging Rock Kilfara Pinot Noir, 2005

RRP: \$22.99

Background: Hanging Rock Winery is located just north of the famous Hanging Rock landmark in the Macedon Ranges Wine Region. Kilfara is made using traditional methods and fruit from cool Victorian Vineyards. This year the grapes are principally from the Bendigo region.

Conversation:

I: Conducting this review in a Vietnamese restaurant is a bit different.

B: Not your usual food match for pinot but we'll get some duck and see how it fares.

I: I like how it looks; it's typically pinot with rich purple hues.

B: It is a nice deep colour and the nose is quite delicate.

I: It's got 'legs' on it; I suspect the alcohol must be on the higher side?

B: Yes, 14%, which combined with good acid levels will allow this wine to be put away for a few years and it'll improve with cellaring.

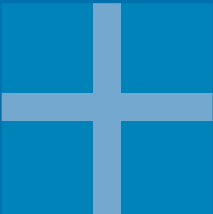
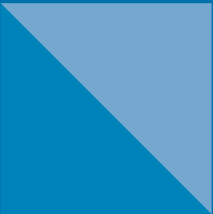
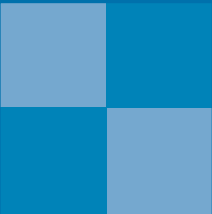
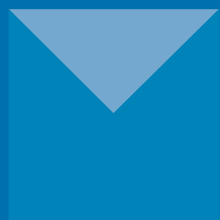
I: The soft fruit flavours certainly do go well with the classic duck/pinot combo.

B: I agree, any gamey flavours will match this wine and it's definitely worth taking the top off early.

I: Yes – we didn't but you can see how it's opened up considerably in the last 20 minutes.

B: Overall I think it's a good price point and given it's part of winemaker John Ellis' collection, it's worth a try.

You'll find this wine at Docks On The Rocks, which specialises in boutique and smaller wine producers, particularly from around Victoria - Shop 23-25 Rakaia Way, NewQuay, Docklands Tel: 9642 3070



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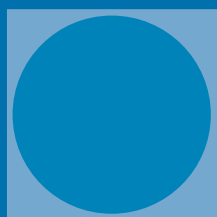
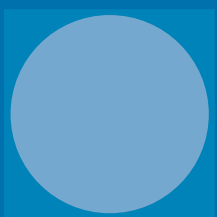
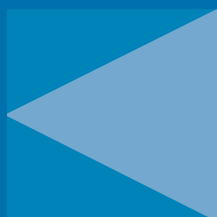


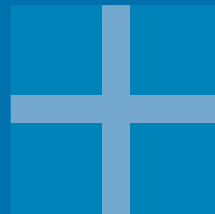
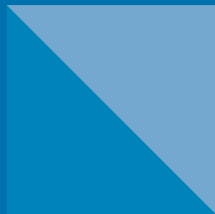
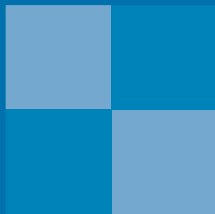
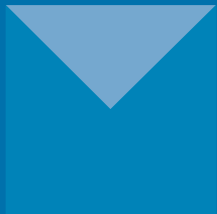
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Bungees, bath tubs and big birds make **Moomba a hit** in Docklands

For the first time in history, Moomba livened up the Docklands precinct in March 2007. Over 20,000 people enjoyed a variety of activities throughout the day including the Moomba Wakeboarding Championships, on-land wakeboarding demonstrations, roving performers, the very popular bath tub races and live bands.



Hampered a little by the wind, the Moomba Wakeboarding Championships forged on, wowing the crowd with aerial trickery. Victoria Harbour hosted the top 12 Australian wakeboarders who competed for a \$10,000 cash prize. Dean Smith, a 21 year old professional wakeboarder who now heads to the U.S. to compete, won the cash prize. When the water was quiet, the on-land wakeboarding demonstrations enthralled and delighted the eager crowds.

Screams of delight were heard along the Docklands promenade as the Snuff Puppets seagulls proved they really do grow big in Melbourne! All they were searching for was a giant chip to be thrown their way! Empress

Stilts – The Flowers, were colourful and serene, proving very popular with children.

Extreme activities – bungee trampolining, bath tub races and an eight metre rock climbing wall – provided the adrenalin rush for those who wanted to get a little more active.

Suzi Mzuri's Drumming and Dance Company liberated the inner drummer in many people and provided a freestyle drumming spectacular before handing the stage to the professionals.

Bonjahbango, discovered busking on the corner of Swanston and Bourke streets, rocked the Waterfront City stage, before The Audreys, fresh from touring, brought the very successful first Moomba@Docklands to an end.

The **2007 Melbourne Awards** are now open

The Melbourne Awards are here again and will give Melburnians the chance to honour those who have significantly contributed to Melbourne's profile, community and environment.

"I encourage all Victorians to nominate a company, friend or colleague who has worked tirelessly to make Melbourne a better place to live, work and visit," said the Lord Mayor John So.

Winners of the 2007 Melbourne Awards will be honoured at a prestigious Gala Awards

Ceremony at the Town Hall on Melbourne Day, 30 August 2007. Submissions must be received no later than Friday 8 June 2007.

For more information and to obtain an entry form, call the City of Melbourne on 9658 9658 or visit www.melbourne.vic.gov.au/melbourneawards



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