



# DOCKLANDS COMMUNITY NEWS

June – July 2005 • ISSUE 13 Priceless

WHERE THE CITY MEETS THE WATER

## The Docklands Community News

Time flies when you're having fun. And here we are and it's June already. The Docklands Community News has now been coming to you for two years, striving to provide local news and helpful information to the community in Docklands. Reader contributions are welcomed. To contact this paper, telephone **8622 4821** or e-mail to [docklands.communitynews@vicurban.vic.gov.au](mailto:docklands.communitynews@vicurban.vic.gov.au)

### Become a Subscriber

To ensure you don't miss out on your copy of our local paper, subscribe and get the Docklands Community News mailed (or e-mailed if you prefer) directly to your address for \$12.00 per year. To arrange your subscription call **8622 4821** or e-mail to [docklands.communitynews@vicurban.vic.gov.au](mailto:docklands.communitynews@vicurban.vic.gov.au)

**Deadline for the August Issue : July 11**

## Have you tried a CAE course yet?

Try something different, meet new people in the neighbourhood and have some fun with a short course at The Hub!

Don't spend all your nights in front of the TV this winter! As the nights turn chilly, warm up with a range of short courses from CAE at The Hub @ Docklands.

Whether you want to warm up with some aromatherapy, brush up on your creative writing skills before you start the novel or master the new digital camera, CAE offers a range of courses for Docklands residents, employees and visitors.

Commencing from June 2005, the following courses will be offered:

- Laugh for Life
- Aromatherapy - Winter Warm Up
- Aromatherapy - ReflexAroma
- Digital Photography
- Creative Writing
- Jewellery Making - Bead and Pearl Stringing

**This is the perfect opportunity to discover your hidden talent or your passion in life!**



For the full course information, please refer to [www.cae.edu.au](http://www.cae.edu.au) or contact CAE on **9652 0611**.

CAE is looking for your input - do you have any ideas or further suggestions for courses to be conducted at The Hub or in a Docklands venue?

Contact Giota Nikos on **9652 0756** or [giotan@cae.edu.au](mailto:giotan@cae.edu.au) to discuss your idea.



## Devine's Victoria Point on schedule for March 2006 completion

**Major Australian residential developer, Devine Limited is on schedule to complete its \$334 million debut Melbourne project, Victoria Point Docklands, by next March.**

The landmark 42-level tower comprising 447 apartments has reached about 85% of its height, and workers have topped off both a 7-storey commercial building and a 9-storey serviced apartments component.

Settlement will take place in August for the commercial properties, in October for the serviced apartments, and for residential apartments in March 2006.

When completed, Victoria Point will be the area's tallest building and one of its most striking, with a bold sail-like façade featuring light masonry and silver glass, punctuated by gold, ochre, green and aqua glass accents.

Adjacent to Telstra Dome, at the corner of Bourke Street and Harbour Esplanade, the various elements of Victoria Points will become major attractions for locals and tourists.

The 9,000 sqm commercial and retail space will develop into an important local shopping and dining precinct, and Bendigo Bank has announced it will have a flagship presence there.

The largest manager of service apartments in Australia, the Quest Group, has also been contracted to manage the service apartments, all of which bar one have already been sold.

Of the 447 apartments, Devine reported just 13 remained available for sale at the time of its half yearly report in February 2005.

The residential tower offers views across the harbour, river, city and Port Phillip Bay, and the complex is an easy walk or tram ride to Melbourne's central business, shopping and entertainment district.

Its acceptance in the market place was a considerable success story for Devine, which previously had restricted its apartment activities to Brisbane.



In that city, the company is regarded as the largest and most successful developer and marketer of CBD apartment developments with projects like Cathedral Place, River Place, River City, Casino Towers, Festival Towers and Charlotte Towers.

Now, with Victoria Point, the company has completed or is working on almost \$1 billion worth of CBD high-rise projects, embracing more than 2200 apartments.

It also creates and markets about 2000 home and land packages a year in Queensland, New South Wales, Victoria and South Australia.

landlords  
**LOVE**

lucas | real estate

9640 0222  
115/19 rakaa way docklands victoria 3008  
[www.lucasre.com.au](http://www.lucasre.com.au)

Docklands **winter christmas afloat**

A Christmas in July party for the Docklands Community

Friday, July 15  
Featuring Music, Dancing and Festive Fun Afloat

On board the Rivers "Voyager"  
Berth 9, Central Pier in Docklands  
7.30 pm - 11.30 pm

Please bring a small, unwrapped gift for the DOCKLANDS Christmas Hamper.  
Contents of the hamper will be donated to the Salvation Army on behalf of the Docklands Community.  
Parking on Central Pier or at New Quay - \$75 Ticket Price includes all food and drink.  
Tickets available at the Hub or Club New Quay

We sail at eight so don't be late

McUrban MELBOURNE Docklands  
vicurban.com.au



## Calling all Squash Players

Are you a Docklands resident who is also a Squash player? Do you play other racquet sports and fancy trying Squash? Either way, the proposal to start a winter Squash competition in Docklands could be just the thing for you.

Squash is an active sport and a great form of exercise. Played indoors it will enable you to stay fit, meet people and have fun. If you're interested in this competition, please attend an information session to be held at 7.00pm on Tuesday, June 21 at the Hub at 17 Waterview Walk in Docklands.

The Squash competition will be held at Docklands Gym located in Siddeley Street, Ground Floor World Trade Centre, right at the bank of the Yarra River. For everybody who is interested in playing squash during the week: Members are entitled to play squash for free during "off-peak" times.

To learn more about the Docklands Gym's other offers call in or call 03 9621 2747!



## Taking the Next Step with Nathan Deakes

**VicUrban has announced its sponsorship of Nathan Deakes, an Australian 'race walker' who will be competing in the Melbourne 2006 Commonwealth Games.**

Nathan's career to date boasts an impressive portfolio with accomplishments such as a bronze medal from the Athens 2004 Olympic Games and in March 2005 he was awarded the Telstra Male Athlete of the Year. He is the favourite to win the 20km and 50km walk events at the Melbourne 2006 Commonwealth Games.

Nathan is currently based at the AIS in Canberra but during his sponsorship period with VicUrban he will be coming to Melbourne to participate in a range of promotional activities with the estate teams and the various precincts around Docklands.

Race walking is a sport that little is known about but creates a lot of curiosity. We thought we'd ask Nathan the questions on everyone's lips...

**Nathan, as a previous runner how did you get started in 'race walking'?**

*I started off in Little Athletics when I was 10 and immediately took to the distance events. I was a long/middle distance runner until I was 16, when I thought I'd give race walking a go, following the footsteps of my younger sister Naomi. Ironically, I didn't race walk at all when I was in Little Athletics. I didn't like it.*

**How many kilometres would you cover in a typical week of training?**

*In my biggest weeks of training in the year I cover approximately 300km per week. I would only do this kind of week once or twice in the year. A usual week is around 240-250km and over a 12 month period I usually average 230km for the year. And yes, I don't drive that far in a week either!*

**With that many kilometres how often do you require new running shoes?**

*I go through a new pair of training shoes every two weeks. Sometimes I can squeeze three before the holes are too bad.*

**Tell us about your greatest achievement to date**

*Winning the Goodwill Games in 2001 was a great personal achievement for me. It was a month after the World Championships, where I'd finished 4th and at the Goodwill Games I beat the three medallists from the World Championships as well as the Olympic champion who hadn't been beaten for over two years.*

*Winning both the 20 and 50km walks at the Manchester Commonwealth Games, as well as winning the bronze medal in the Athens Olympics last year. The Olympic medal was a dream come true.*

**Who would be your main competitor?**

*Race Walking is a major sport amongst track and field in Europe. Most of my main competitors come from there including a Spanish walker, Francisco Fernandez. We've had a great rivalry from our junior days and we're currently ranked one and two in the world. It's always nice to beat him.*

*There are strong competitors from Russia, Italy, Germany, Mexico and China. Any competitors that make any of these teams are always competitive.*



**What do you eat before a main race?**

*Depending on whether I am racing a 20km or 50km walk, my eating in the last few days varies slightly. I always do a 'carbohydrate load', which means I predominantly eat carbohydrates to fuel my body for the arduous distances. I drink a lot of water as well.*

**What are you training for at the moment?**

*At the moment, I am training hard towards the World T and F Championships, to be held in Helsinki in August. I have been selected in both the 20km and 50km walks, which are held six days apart on August 6 and 12 respectively. I have recorded the fastest time for the year in the world over 20km, so will be one of the favourites to win.*

*Obviously with the Melbourne Commonwealth Games so close as well, that competition is never too far from my mind. My training at the moment is geared towards coming home in August and continuing onto March, where hopefully I can defend both the 20km and 50km titles I won in Manchester in 2002.*

**Any comments on the controversy of drugs in sport?**

*Unfortunately this is an issue that will never go away, but with constant testing and awareness, the cheats will be caught.*

*As an elite athlete, I must inform the international federation, IAAF, of my whereabouts at all times during the year. This is to enable unannounced, out of competition drug tests. It is a step in the right direction, deterring athletes from hiding from testers.*

**Any embarrassing moments you care to share with us?**

*Not that I can think of which probably means I have been embarrassed too much.*

**During the sponsorship period with VicUrban what activities do you see yourself getting involved in?**

*I am very enthusiastic about visiting the communities and trying to promote the environments VicUrban have established in the estates. I envisage lots of walking along the walking and bike paths and plenty of school visits! I'm keen to promote exercise for good well being generally.*

**What will you do after retiring from race walking?**

*I am currently studying a double degree in Law/Banking and Finance. I see myself working in either of these two areas, most probably law. In many ways, the two are heavily intertwined.*



Gary Prigg and Margaret Harris (right) with staff and students of the Wesley College Band at Art with Heart.

## Art with Heart

By Tess Moshakis

**I don't claim to be much of an Australian art aficionado, but I do know my Blackman's from my Boyd's. This appreciation came out blazing when I attended the "Art with Heart" Fine Art Charity Exhibition and Auction at the National Bank building in Docklands on May 11.**



The display of beautiful Australian art (and a swish silver Lamborghini which left me dejected that I didn't possess a bit more cash) was to raise funds for the Cerebral Palsy Education Centre in conjunction with radio and television personality Derryn Hinch. Derryn's passion for the plight of cerebral palsy sufferers was especially evident during his impassioned speech. It was strange yet wonderful seeing this usually arrogant and outspoken man being reduced to tears while speaking of his experiences with CP children. While listening to him speak I thought, this is why giving something back to the community through charity work can be so self-enriching and allows you to gain a perspective on life (I volunteer with The Mirabel Foundation which works with children whose parents have died or are in jail from drug related incidences and their grand-parents are consequently their carers).

So with a glass of De Bortoli in one hand and smoked salmon (my new food obsession) in the other, I swanned around checking out the art works. All the usual suspects were looking down on me - Nolan, Boyd, Whiteley, and Drysdale. My favourite for the evening, a Sidney Nolan screen print called *Kelly Escaping* was, unlike the others, not actually an original. Nevertheless, with different shades of brown and Kelly riding away on a horse in typically detailed Nolan fashion it was still magnificent (forgive my unprofessional description). I am not sure why I liked it, as the others were just as significant, but I am a fan of his style and the importance of his work in Australian History and especially as many of my peers feel that "Australia doesn't have a history."

**A huge thank-you is due to Gallery NewQuay and Director Margeret Harris for a fantastic night, and to Derryn Hinch. There are not enough of these evenings that incorporate great art work with great food and wine to raise money for a truly good cause.**



## Docklands Lions Club - 2nd & 4th Thursday

contact Jo 8634 1599 or Nina 9322 7078

Jan	Feb		Mar		Apr		May		Jun		
	27	10	24	10	24	14	28	12	26	9	23
Jul	Aug		Sep		Oct		Nov		Dec		
14	28	11	25	8	22	13	27	10	24	8	
Business meetings held at Community Hub site in the Docklands Park, 6.30pm						Social meetings held at Vic Harbour New Quay 6.30pm					

**Activities Planned for 2005:**  
 Feb - Easter Hamper fundraiser, **March - Licola working bee weekend; commence Cork for Cord collection; Dockfest fundraiser**, Apr - East Timor fundraiser, **May Clean up Docklands**, Jun - Trivia Night fundraiser, **Jul - spectacle collection**, Aug - Wine Tasting trip, **Oct - Xmas cake fundraiser**, Nov - Clean up Docklands, Dec - Xmas celebration.

### Living differently at Waterfront City

ING Real Estate Development's Waterfront City officially launches its residential offer this month, providing purchasers with a variety of low-rise homes close to the harbour's edge.



Part of the \$1-billion development that will become Melbourne's new Urban Quarter, Waterfront City homes have been designed by a collaboration of leading architects - Hassells, BDP and DKO Architecture.

Waterfront City homes provide three-dimensional living via split levels, atriums and seamless transitions between internal and external spaces, delivering to purchasers a dynamic variety of dwellings otherwise absent in the Docklands.



The first exclusive release of the terrace moderne will offer only 22 individually designed, contemporary one, two and three-bedroom town homes featuring open plan living, entertaining decks, fireplaces and private courtyards.

DKO's Koos De Keijzer has focused on how the homes will feel as much how they will look, drawing inspiration from travel, film, art but above all; people.



"For a new city quarter to be truly successful it needs to have a little bit of everything. Dynamic suburbs and cities are interesting due to their high levels of diversity. For me, it is always about creating the "urban grain" for people - making homes that are high in liveability and urbanity," said De Keijzer.

Homes start at \$495K with development completion expected in November 2007.

The residential display suite is open every day from 10:00am - 5:00pm from Friday 27 May 2005. Pier One, Boatmans Landing - end of Doppel's Way, Docklands, (Melways ref 2E D4) T: 03 8628 6000

### VicUrban Team Triumphant for Charity

Two VicUrban team members recently completed the Variety Clubs 2005 Victorian 4x4 Bash. Tom Graze and Owen Cavanaugh formed "Team Brother", and in a short period of time convinced a large number of people to join them to raise money for the children's charity.

Planning for the event started just six weeks before their 197 Range Rovers rolled across the starting line on March 4.



The trip was themed "The Man from Snowy River" and took the entrants via a loop through the Victorian High country across to Eden and then back to a finish in the historic town of Beechworth.

Along the way primary schools and small communities were visited, thus enabling Variety staff to show the entrants the effect of their donation of time and financial resources. It was a fun and rewarding trip for all involved and has definitely triggered the passion to get an entry in for next years event.



For the record, the VicUrban team won "Overall team prize" for attitude and team spirit, "Highest Points" for event tasks and Second and third highest funds raised.

According to the team, support from the VicUrban contractors was fantastic. Together with personal contributions from Tom and Owen the team's fund-raising tally exceeded \$17,000.

Tom and Owen would like to thank all involved in assisting us on this event in making their first Variety Bash such an enjoyable experience.



# lease your docklands property faster.

lucas real estate has a large number of desirable tenants seeking accommodation in the docklands area.



1 Bedroom Watergate  
\$310 per week  
**Leased in 3 days!**

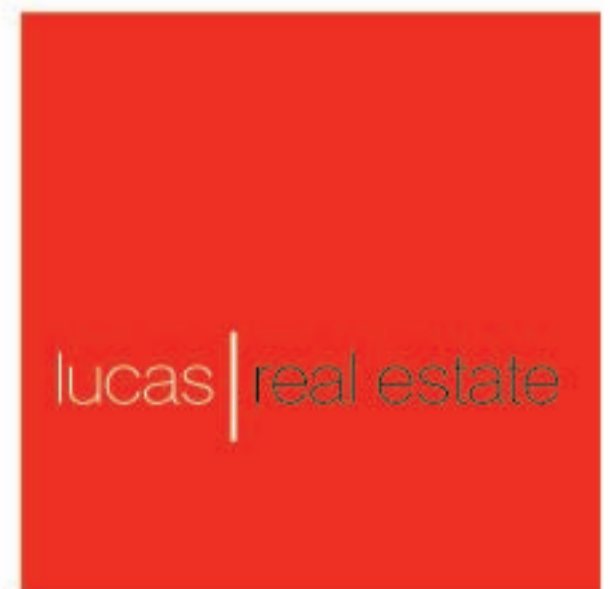


2 Bedroom Yarra's Edge Tower 5 \$450 per week  
**Leased in 8 days!**



2 Bedroom Fully Furnished New Quay \$700 per week  
**Let in 5 days/Corporate Client!**

lucas real estate is the only independant docklands specialist.



t: 03 9640 0222 f: 03 9640 0522  
115/19 rakaia way docklands victoria 3008  
e: info@lucastre.com.au www.lucastre.com.au





# As You Like It

by Inouk Arnall

## Victoria Harbour - Explore the other side

Words by Inouk Arnall - © Copyright 2005

Melbourne Docklands is expanding, and with every visit to this wonderful waterfront destination there is something new to look at, and fortuitously for the food lover, another eatery to explore! Recently, it came to my attention that some people's knowledge of the broader Docklands precinct, namely the parallel sister precinct to NewQuay, Victoria Harbour, is a little limited... and so began my five-day *As You Like It* lunch safari to investigate and report back on this charming area.

At a glance, the colourful NAB building that stands tall at the start of the Vic Harbour Promenade may lead you to think this is a corporate locality, but take a stroll down to any of the five water-side eateries and you will soon see that this is far from the case. Instead I discovered stylish modern venues, interesting dishes from varying cultural backgrounds and eateries offering outstanding service with breathtaking views that stretch from The Bolte Bridge across Central Pier to the magnificent CBD skyline. There's even free two-hour parking and it's only a stones throw from Telstra Dome for pre-event get togethers or post match celebrations! This truly is an eclectic destination that all Melbournians should visit and experience.



Above: Chicken Focaccia  
Below: Chocolate Brownie and Griffiths Coffee

### Day One: Appointment with the Bank

**Venue:** Café Banc

**Where:** Building One, 800 Bourke Street (inside NAB building)



**Overview:** With a promise "to provide the finest and freshest quality produce available", the operators of this casual café really deliver. They cater for varying tastes and dietary requirements, be they vegetarian, vegan or even gluten free. Don't be shy to mingle with the NAB employees, inside has a cosy vibe; the food is great and there's not a teller in site!

**What they offer:** A variety of wraps, quality salads, bagels and sandwiches, hot food like pasta, risotto and curries, daily soups, herbal teas, juices and a range of muffins, slices and sweets. They also claim to make the best coffee on the Harbour... why not judge for yourself?

**What we tried:** *North African Sweet Corn, White Bean and Couscous Soup* (Stunning! Lovely and sweet with a good kick of chilli), *Vegan Roasted Vegetable Wrap* (tasty and full of goodness), *Chicken Focaccia*, with spinach, basil pesto, grilled bacon and mayo (loved the lean tender chicken), *Chocolate Brownie* (rich and moist), *Griffith's Coffee*.

**The Verdict:** Save money at this Banc, prices offer great value with a real home-style feel to the food. Grab a loyalty card and earn points to spend on food or drinks.

**Venue Features:** Take away or dine in comfortable cushioned seats, surrounded by walls of glass and a big plasma TV screen.

**Open:** Breakfast and lunch, Mon-Fri 7am-5pm.  
**Contact:** 9670 4484



Above: Shaved Ham Baguette  
Below: Ginger and Lemon Chicken Salad

### Day Two: The Kitchen is Cooking!

**Venue:** Harbour Kitchen

**Where:** Shop 1, 800 Bourke Street.



**Overview:** This large café/bar offers several dining areas, including waterside dining in a lovely glass pavilion, or cosy lounge get-togethers complete with fireplace. A long glass cabinet displays plenty of fast and fresh produce and rest assured, there's something here for everyone.

**What they offer:** A range of baguettes, bagels, wraps and bap rolls, five types of salads, two soups and three different hot dishes like curries and pasta, cakes, slices, Lavazza coffee, quality gelati and an extensive juice bar. An a' la carte menu for weekends only, includes lighter style meals like salads and pasta plus a good range of pizzas, wines and beer.

**What we tried:** *Gnocchi with Mushroom and Cream Sauce* (good texture and not too rich), *Beef Curry and Rice* (sweet and mild) *Satay Wrap* with chicken, brie, avocado, carrot, tomato and spinach (**highly** recommend, delicious), *Ginger and Lemon Chicken Salad* with sugar peas, capsicum, spinach, rocket and bok-choy (tangy and fresh), *Shaved Ham Baguette* with brie, semi-dried tomatoes and lettuce (nice and crusty with generous fillings).

**The Verdict:** The all-weather option to sit outdoors is reason enough to dine here, but add to that a vast array of contemporary dishes and this kitchen is well worth a visit. Friday night Happy Hour (5.30-6.30pm) includes \$5 beers and \$6 cocktails.

**Venue Features:** Take away or dine in, with counter service only Mon-Thurs.

**Open:** Mon-Thurs 7am-8pm, Fri 7am-11pm, Sat and Sun 9am-late.  
**Contact:** 9670 6612

## As You Like It Competitions

This edition's competition winners

Congratulations to the winner of dinner for two at Vic Harbour Kitchen and Bar, Julie Dillon. In my opinion, her favourite Docklands dining experience expressed the true essence of good eating, exploring the unknown:



"My favourite docklands dining experience was at Iku Izakaya. My dining partner eyed me warily as I worked my way through the sashimi (raw fish) menu. Then I proposed we eat eel. His reply - no way, you've made me eat many strange things before, but I WILL NOT EAT EEL! However, I batted my eyelids, promised him he would enjoy it and sure enough - after half a bottle of their excellent red - he proclaimed "I love eel - thank you baby for introducing me to this!"

The winner of the Tempus Two Sparkling Chardonnay is Patricia Gent. She correctly identified 'Methuselah' as the name for Champagne that is packed as an 8-bottle size.

August edition competition: 5 Lunches at Victoria Harbour to be WON!

To win one of 5 lunches for two, at each of Café Banc, Harbour Kitchen, Essence, Harbour Noodles and Watermark Bar, simply email me one thing off any of their menus that was NOT mentioned in my review. What a great reason to check out Vic Harbour for yourself? OR, to win a bottle of Stonier Pinot Noir, 2003 please answer the following question:

One of the classic food matches with pinot is duck, what's your favourite food match with Pinot Noir and why? All entries to: inouk.m@bigpond.net.au



Above: Dips and Lebanese Bread  
Below: Falafels

### Day Three: The Essence of a Great Meal

**Venue:** Essence Café & Bar

**Where:** Shop 7, 800 Bourke Street.



**Overview:** This beautifully styled space serves anything but standard fare, with Middle Eastern influences seeping into both the food and décor. The long dining room has spacious table settings that sit strikingly amongst a bright red backdrop with mirrored walls at one end and a bar at the other. The food here is flavour-some and seems to keep regular customers coming back for more.

**What they offer:** A mixed a' la carte menu including Tempura fish fillets, salads, pasta, dips and falafels, plus there's a fresh sandwich bar, focaccias and varying hot dishes including traditional souvlaki and wraps, Segafredo coffee.

**What we tried:** *Falafels* stuffed with turnips, tomato and parsley- served with tahini sauce (nicely crisp on the outside, moist and refreshing on the inside), *Trio of Dips* served with roasted vegetables and Lebanese bread (**highly** recommended, rich, creamy and divine), *Moussaka* with eggplant, chickpeas and a tomato/onion sauce (this vegetarian version is slightly sweet, aromatic and quite special)- served with *Lebanese Rice*, cooked with cumin (a lovely fragrant match), *Marinated Chicken Wrap*, with pickled gherkins, tomato and lettuce (**highly** recommended, tender and moist)- served with the chef's secret garlic sauce which was impeccably fresh and superbly creamy.

**The Verdict:** This venue is great if you're on the run, but even better if you can sit down over a variety of courses. The wine list is good, a perfect balance to the flavoursome menu.

**Venue Features:** Take away or relax in a choice of areas; the main restaurant, outside seating or a purpose built smoking-friendly room.

**Open:** Breakfast/Lunch and catering, Mon-Fri 7am- late.  
**Contact:** 9606 0077



Above: Seafood Mee Goreng  
Below: Lemongrass Chilli Chicken

### Day Four: Celebrate Asia Day

**Venue:** Harbour Noodles

**Where:** Shop 8, 800 Bourke Street.



**Overview:** The owner of this popular noodle and sushi bar incorporates three styles into his contemporary Asian menu, Chinese, Japanese and Vietnamese. The philosophy here is fresh food fast, not 'fast food', as this often denotes unhealthy fare, which is far from the case. The menu is extensive, the servings are generous and so is the value and unlike most other noodle bars, you can even enjoy your lunch with a beer or glass of wine.

**What they offer:** 16 versions of wok-tossed noodles (or design your very own), soup noodles, 15 rice dishes, sushi-sashimi, 12 hand-rolls, Vietnamese rice paper and spring rolls plus some specialty dishes and Coffico coffee.

**What we tried:** *Sushi* (soft and well proportioned), *Rice Paper Rolls* (fresh and filling), *Lemongrass Chilli Chicken* with tender chicken and a good variety of slightly crisp vegetables (nicely spiced, flavoursome and generous serving), *Seafood Mee Goreng* with juicy Tiger prawns, tender calamari, fishcakes, egg and mixed vegetables (**highly** recommended, plenty of delicious, non-greasy seafood).

**The Verdict:** With such a variety of good quality food and prices that are more than fair, you can't go past this place whenever you're in the mood for Asian fare.

**Venue Features:** A smallish modern space that offers some indoor but more outdoor waterside dining. A great option for busy folk is to phone your order through and grab it on the run.

**Open:** Mon-Fri 9am-6pm.  
**Contact:** 9600 0268





## 'Talking Plonk'

**Task:** Inouk and her dad Bruce share a bottle of wine from *Dock on The Rocks*.

**Plonk:** Stonier Pinot Noir, 2003.

**R.R.P.** \$24.99

**Background:** For over 25 years Stonier has been building a fine reputation, now boasting 38 Gold medals between 1997-2004. Located on the stunning Mornington Peninsula, Stonier is widely recognised as a producer of exceptional Pinot Noir and Chardonnay.

### Conversation:

**B:** Nice colour, not as bright as a lot of pinots, but it shows good potential.

**I:** I'm getting hints of strawberry and a plummy bouquet, smells great.

**B:** Yes, the intensity of fruit is there and when I taste it there's good acidity, it's quite well balanced.

**I:** The acidity will allow it to age nicely over the next few years, but it's smooth and perfectly good right now- my favourite attribute!

**B:** Definitely, but I do agree if you can save it, this pinot will reward you. So will making sure you open it up to breathe a short while beforehand.

**I:** We're trying it with an Asian prawn, ginger and vegetable stir-fry (thanks to you Dad), I think it's an ideal match, as it doesn't overpower the delicate flavours of the dish.

**B:** What can't you match pinot with, that's the real question? This really comes into its own matching up with the savoury flavours. It's got classic Burgundian 'farmyard' characteristics.

**I:** Um, can't say I know what a farmyard tastes like, but I love your analogy!

**B:** Yes, it's a bit like the guy who described a wine as having flavours of wet stones!

**I:** Hmm, interesting comparison? All I know is that this is a well-priced pinot in my books.

**B:** Indeed, a quality pinot for around \$25, I'll be drinking more of this...

**You'll find this wine at *Docks On The Rocks*, which specializes in boutique and smaller wine producers, particularly from around Victoria.**

**Shop 23-25  
Rakaia Way,  
Docklands  
Tel: 9642 3070**



Above: Watermark Bar  
Below: Calamari Salad

### Day Five: Hitting the Mark

**Venue:** Watermark Bar

**Where:** Shop 9, 800 Bourke Street

**Overview:** At the end of the Promenade sits a venue that is as much appealing for its style as its offerings. It's a large space, broken cleverly into separate areas, catering for many different moods and tastes. Serving contemporary rustic style food, much of which has a distinct Provencale influence, with slow cooked sauces, condiments and house cured produce a specialty. For a limited time, do NOT pass up the chance to sample their delicious meals with their incredible Mon-Thurs lunch offer, two for one mains at a mere \$15!

**What they offer:** Authentic Italian style pasta, daily curries, salads, traditional fish and chips, chefs grill of the day, sumptuous chicken parma, a substantial wine list, eight beers on tap and Piazza D'oro coffee.

**What we tried:** *Bruschetta* with char-grilled toast, tomato, red onion, fetta and pesto sauce (packs a good onion bite- ideal to share), *Calamari Salad*, lightly battered with 'secret' spices- served on a noodle salad with fresh chilli and crisp vegetables (tender with a lovely piquant sauce), *Lamb and Lentil Curry* (sweet, fragrant and substantial), *Porterhouse Steak* served on a creamy mash with a flavoursome jus and Provencale onion jam (**highly** recommend, succulent- perfect for the winter months).

**The Verdict:** Pardon the pun, but his place really hits the 'mark'. Try Watermark regardless, but you'd be mad not to take them up on their special offer. Bookings are essential.

**Venue Features:** Stunning waterside glass pavilion, main bar with three plasma TV screens, the loft for formal dining, the mezzanine and lounge for comfortable gatherings.

**Open:** Daily 11am-late.  
**Contact:** 9642 1880



**REGISTER NOW**  
for Inouk's  
'As You Like It'  
Exclusive Events & Offers

food safaris wine tastings cooking classes special offers

Simply send your email address to me  
at inouk.m@bigpond.net.au to register

danishmodern

original classics

danishmodern.com.au  
shed 9, central pier, docklands T. 9397 0550

**WORD PUZZLE**

How many words of four letters or more can you make from the letters in this grid. All words must include the letter in the shaded centre square. No proper nouns, foreign words, or plurals ending in 's'.

O	S	K
L	C	N
A	D	D

**Target:** 16 words - Good, 21 words - Very Good, 26 words - Excellent  
Solution to be supplied in next issue.

landlords  
**LOVE**

lucas | real estate

**9640 0222**  
115/119 rakaia way docklands victoria 3008  
[www.lucasre.com.au](http://www.lucasre.com.au)

**DOCKLANDS WINTER WONDERLAND**

**FREE ADMISSION**

Put on your woollen knits and mitts and have fun at the **Docklands Winter Wonderland**. Enjoy the thrills and spills of **ice skating**, have fun on the **children's carnival rides** and warm up with **hot food and drinks**. Join in the **FREE art activities** and be entertained by the **Great Gizmo** with **FREE stage shows** at 11.30am & 2.30pm.  
Ice skating sessions: 11am, 12.30pm, 2pm & 3.30pm

**Dates:** Saturday 25 June – Sunday 10 July 2005  
**Times:** 11am – 5pm daily  
**Venue:** Shed 4, North Wharf Road, Docklands (Mel ref: 2E, D7)  
**Cost:** FREE admission  
Ice Skating: \$10 per person (includes ice skates)  
20% discount for groups of 10+. Great for kids parties!  
Carnival Rides: \$3 per ride or 4 rides for \$10

**Transport:** 1. Catch free City Circle Tram or tram 45 to Docklands Park and walk along North Wharf Rd.  
2. Take train to Spencer St Station, walk over footbridge to Bourke St Extension and follow the signs. 3. Parking available along North Wharf Rd and Bourke St Ext.

For more information or bookings call 1300 66 3008 or visit [www.docklands.com](http://www.docklands.com)

Radio Sponsor: Event Presenters: VicUrban green living MELBOURNE Docklands [www.docklands.com](http://www.docklands.com)



## Docklands Playgroup

By Peter Crowley

A few weeks back I visited the Docklands Playgroup at their regular meeting place at Polly Woodside. The playgroup commenced in mid-2003 and I was long overdue to pay them a visit and offer support. The Playgroup was started by a few Docklands mothers and is ably coordinated by NewQuay resident Irene Wasenko. The group now caters for up to 18 kids per session and attracts mothers and kiddies from Southbank and North Melbourne as well as Docklands.

Since 2002 the number of residents in Docklands has steadily increased as each new apartment complex opens. But here at Playgroup I was faced with evidence that our population is also growing steadily from within. Mothers who attended the first Playgroup meetings with one child can now be seen in attendance with two and, in some cases an obvious bulge hinted that they'll soon be there with three. Polly Woodside provides a great play space for the children and some opportunities for companionship and maternal networking for the mums as well.

To find out more about the Docklands Playgroup, contact the Community News or call Irene Wasenko on 0418 112 633



The Docklands Playgroup celebrates a birthday

## Social and Service Opportunities in Docklands

Docklands residents who would like to take part in the activities of a formal group or service club could consider the following options.

### Docklands Lions Club

Docklands Lions Club meets in Docklands twice a month on Thursdays. The Lions Club offers you the opportunity to meet and work with other residents to produce positive outcomes for the community. To find out more about your local Lions Club, contact the Community News or call in at Club NewQuay. See the notice on page 3 for dates and times of Docklands Lions meetings.

### Inspiring Women at The Penguin Club

The Penguin Club is for women who wish to develop confidence in everyday dealings with other people. It is for women who need to speak in the work place or classroom, in public or in private life - women who may be called upon to "say a few words" at an event or occasion or who may wish to deliver a eulogy, a speech of congratulation, welcome or farewell. It is for women who are elected to office in a club or committee - women who need to know the finer points of chairmanship, the role of president or secretary or duties of treasurer.

The Penguin Club is for all women who wish to learn more about the use of language, to get the winning edge in the competition for employment, or simply to develop their personal skills so that they can "communicate with confidence".

A national non profit organisation established in 1937 to enable women to learn effective communication skills, the club is non political and non sectarian. Membership is open to all women over the age of 14 years. The city group meet 1st & 3rd Tuesdays of the month 6.30pm, at St John's Southgate 20 City Rd, Southbank. Call 9504 1129 for more information visit the website at [www.thepenguinclub.asn.au](http://www.thepenguinclub.asn.au)



### Rotary Club of Southbank

A new/young club of active professionals, male and female, working for the community both locally and overseas in an atmosphere of fellowship and fun. The Club meets Tuesdays 6.15 pm for 6.30 pm - 7.30 pm. Enquiries call Margaret McBride on 0402 892 778 or Ian Morrison on 0419 495 593

### The Zonta Club of Melbourne

The recent tsunami disaster has proven how generous Australians can be when it comes to helping those less fortunate. Many people clearly feel the need to give something more tangible back to the community. For those of you in this frame of mind, there is a local option.

Zonta International is a worldwide service organisation (founded in 1919) of executives in business and professions working together to advance the status of women. In times of natural disaster and war, it is women and children who are particularly vulnerable. 70% of the world's poorest people are women, two-thirds of the illiterate adults in the world are women and two-thirds of the children not in school today are girls. Zonta International, which has special consultative status with the UN, participates jointly with aid organisations in various charity projects worldwide.

Current service projects include a micro-credit programme for HIV/AIDS affected women in Niger, support of an anti-human trafficking project in Bosnia and provision of education and health care for women in Afghanistan (photo above).

Zonta has nearly 33,000 club members in 67 countries. There are currently six Zonta Clubs in Melbourne. The Zonta Club of Melbourne CBD was formed in 2000 by a group of like-minded women and meets once a month in the city for breakfast and at other times for fundraising and social events. The club undertakes local projects as well as supporting International projects.

Many clubs in Australia also contribute to a current service programme producing birthing kits for use in villages without medical facilities in countries such as Afghanistan, East Timor, Papua New Guinea and Guatemala. Demand greatly exceeds supply. Members raise funds, source materials and assemble the kits with assistance from suppliers and schools.

The Zonta Club of Melbourne CBD would like to invite Docklands residents to a local membership information session in February. If you would like to explore giving more than money, please contact the membership co-ordinator, Melinda Young via email at [zontacbd@email.com](mailto:zontacbd@email.com) or on 0401 989 482. More information on Zonta is available at the International website [www.zonta.org](http://www.zonta.org) or the Zonta Club of Melbourne CBD's site ([home.vicnet.net.au/~zontacbd/](http://home.vicnet.net.au/~zontacbd/)).



**Alarm Systems**  
From \$695\* fully installed



**Digital Door Locks**  
From \$795\* fully installed



**Video Intercoms**  
From \$355\* fully installed



**Central Vacuum Systems**  
From \$680\* fully installed

**Citywide Electrical & Data**, a well respected Contractor within the Electrical, Security and Data Industries offers the Docklands community the latest in security products and services.

**Citywide Electrical & Data** is committed to staying atop of industry demands and developments. Our personnel make sure the service and product provided is delivered with the utmost diligence and proficiency at all times. They possess the ability and expert skills to perform all security work.

**Citywide Electrical & Data** maintains continual training in the latest industry advances, prides itself in recommending appropriate technological solutions to client's needs, and guarantees full satisfaction from our Services and Products. Visit our website to see the full range of products.

**Contact: Citywide Electrical & Data P/L**  
87 Lara Way - Campbellfield Vic 3061  
phone +61 3 9357 7681 fax +61 3 9357 7682  
[www.citywidedata.com.au](http://www.citywidedata.com.au)









**87 Lara Way Cambellfield Vic 3049**  
**Tel: (03) 9357 7681 Fax: (03) 9357 7682 Email: [sales@citywidedata.com.au](mailto:sales@citywidedata.com.au) Web: [www.citywidedata.com.au](http://www.citywidedata.com.au)**

\*Applies for new homes, without plaster only



## In Brief

### Restaurant Deals

Take advantage of spring sunshine at these great Docklands restaurants and bars. Residents who show their security swipes will be able to access the following special discounts.

#### Renzo's Bar

10% off the take-away menu any night of the week

#### Fish Bar

10% off all drink and food, 7 days a week

#### The Lounge Room

Residents Night every Monday from 5:00pm.  
\$12 meal specials - select from an extensive menu.

#### Others

### New Businesses in Docklands

#### Convenience Store at Watergate

Open now on Watervue Walk, this new convenience store offers a range of handy everyday needs plus a soon-to-open coffee lounge.

#### Curry on the Docks

Try this new Indian restaurant on the river's edge at Flinders Wharf.

#### Harbour Kitchen

Happy Hour each Friday afternoon from 5.30 'til 6.30 pm. Drink specials plus a barbecue and live music on the sunny Victoria Harbour Promenade. Great for pre-football entertainment.

#### LiveWire at Telstra Dome

Daily Lunchtime Specials - only \$6.80\*

Mon	Chicken Parma
Tues	LiveWire Super Burger
Wed	Bangers and Mash
Thurs	Pizza
Fri	Fish and Chips

\*inclusive of Telstra Dome Benefits Card discount

#### Vic Harbour at NewQuay

Roast Wednesday with Eran James  
Thursday Karaoke

Express Lunch Monday - Thursday for the months of June, July, and August - Call for more details  
Happy Hour - Monday to Friday 4.30pm - 6.30pm

#### Community Notice Boards

Notice Boards for Community use have been installed at Yarra's Edge, NewQuay, Victoria Harbour and at the Hub. For information about using these boards call **8622 4822**

#### Naturalization

If you're a Docklands resident who would like to gain Australian citizenship in a naturalization ceremony, please call Eamon on **0438 123 698**

#### Ticketmaster

Please note you can now purchase tickets at AFL house.

The In Brief column will publish notices or information useful to the Docklands Community for free. To place a notice contact the Community News on **8622 4821** or e-mail to [docklands.communitynews@vicurban.vic.gov.au](mailto:docklands.communitynews@vicurban.vic.gov.au)



Media Release  
Issued 9 May 2005

## Shuttle tram to Docklands

Yarra Trams has introduced a shuttle tram between the city and Docklands as part of temporary service changes during the State Government's project to remove the Flinders Street overpass.

Tram routes 24, 30, 48, 86 and the City Circle, which serve the Docklands precinct, are affected by this project, from Sunday 22 May to late November 2005.

During this period, the shuttle tram provides a temporary tram link between Flinders Street and Docklands.

The shuttle tram travels via Market Street, Flinders Lane, William, Bourke, Spencer and La Trobe Streets, and Harbour Esplanade to the western end of Flinders Street.

Trams are unable to run along Flinders Street between Spencer and Market Streets while works are underway to remove the overpass and construct the new intersection at King and Flinders Streets.

Route 48, which normally terminates in Docklands Drive, is instead terminating at the intersection of Flinders and Market Streets. This is also the terminus for routes 70 and 75.

Route 86, which normally terminates at Central Pier, instead continues along Harbour Esplanade to the Docklands Drive terminus. People who are used to catching this tram at Central Pier should cross the intersection to the nearby tram stop in La Trobe Street outside Telstra Dome.

During the Flinders Street overpass removal project, Route 30 operates to the Docklands Drive tram terminus from 6am to 6pm Monday to Friday.

The City Circle Tram runs in both directions between tram stop D6 at Flinders Street West via Harbour Esplanade, La Trobe Street and Victoria Parade to the Nicholson Street intersection.

For service alteration information as a result of the Flinders Street overpass removal project, call Metlink on **131 638** or visit [www.metlinkmelbourne.com.au](http://www.metlinkmelbourne.com.au).

Yarra Trams welcomes your feedback. Call **1800 800 166** between 6am and 10pm every day or visit [www.yarratrams.com.au](http://www.yarratrams.com.au)

If you would like more information about the Flinders Street overpass removal project, visit [www.vicroads.vic.gov.au/flindersst](http://www.vicroads.vic.gov.au/flindersst)

[www.yarratrams.com.au](http://www.yarratrams.com.au)  
[www.metlinkmelbourne.com.au](http://www.metlinkmelbourne.com.au)

For Speech and hearing impaired, please call TTY facility on **9619 2727**

## Docklands Serviced Apartments

Docklands Serviced Apartments at NewQuay and Watergate is experiencing huge demands for accommodation requests and we invite all owners of properties to call us if you are considering turning your apartment into a serviced apartment.

Since January we have added 20 more apartments to bring the total number of apartments in our program to 110. With an occupancy rate of well over 80% it is easy to see why DSA is having tremendous success. Why not consider us as an option either when you settle with your apartment or when your existing client vacates. We are looking for more apartments at our 2 locations, NewQuay in all towers including the new Conder coming up soon, and at Watergate.

The Docklands' area has become Melbourne's favourite destination for both Corporate and Tourist visitors and with the introduction of the extended tram services to NewQuay it will only get better. The free City Circle Tram virtually goes past both Watergate and NewQuay and it is opening up a fabulous holiday type location for visitors to Melbourne and we invite you to join our very successful Docklands Serviced Apartments. Become part of Docklands' leading service apartment provider and reap the rewards on offer.



Visit us on [www.docklandsservicedapartments.com.au](http://www.docklandsservicedapartments.com.au) and check us out with everything on offer to our guests and while there have a glance at our constantly updated news page.

Call Lyn or Peter on **1300 789 200** or email to [peter@docklandsservicedapartments.com.au](mailto:peter@docklandsservicedapartments.com.au) to see how we can work successfully together.



## YOUR LOCAL TYRE DEALER

Computerised Wheel Alignment  
Professional and Experienced Advice (since 1964)  
Tyre Fitters  
Superior Service  
Expert Patching and Balancing

PICK UP AND DELIVERY SERVICE AVAILABLE

**Continental**  
YOUR LOCAL TYRE DEALER

# Discover a new driving experience



**Michelin XM1**  
165/75 R13 81H  
suit small cars

**Michelin Energy XM1**  
175/65 R14 82H  
suit medium cars

**Michelin Energy MXV8**  
205/65 R15 94V  
suit large cars

**Michelin Pilot Preceda**  
205/50 R16 87V  
suit small sports cars

**Michelin Pilot Preceda**  
225/45 R17 91V  
suit performance cars

**Michelin 4x4 Synchronic**  
235/70 R16 105H  
suit urban 4WD/SUV

**Continental Tyre Service** 484 City Road, Sth Melbourne Phone 9699 6044



Price valid until 31/07/05 or until stocks run out. Rims shown for illustrative purposes only. Price includes fitting, balancing & GST.



# Service Directory

To include your business details in the Community News Service Directory, phone 8622 4821.

## Automotive

**Continental Tyre Service:**  
South Melbourne Est.1965.  
ph: 9699 6044

- Servicing all types of vehicles. Specialising in high performance and Luxury Cars.
- Trained staff will provide Professional and Expert Advice, Modern Hi-tech fitting, balancing and alignment equipment.
- Comfortable waiting room, use of customer office.
- Pick up and delivery service available. (see advert on page 7)

**North Melbourne Service Centre P/L**  
ph: 9326 6602

All Mechanical repairs including:

- Servicing manufactures' handbook service
- Brakes
- Transmissions
- Suspension
- Tyres
- Roadworthy Certificates
- Exhaust
- Cooling system
- Nationwide warranty

## Computers

**Waterfront IT** ph: 0404 027 748

We provide personalised IT services to Docklands residents, including:

- In-apartment computer services
- After-hours support
- Training
- Networks and Wireless solutions
- Internet connection setup
- Small business solutions

## Cycling

**Pushi** ph: 9642 3733

Address: 271 King Street, Melbourne.

- Docklands closest bicycle store.
- Extensive product range plus all cycle repairs and servicing.
- Now offering mobile on-site servicing to Docklands apartments and workplaces

## Health and Beauty

**Beauty Services** ph: 0414 910 751  
(Meagan)

Treatments in your apartment evenings and weekends

- Massage
- Facials
- Waxing
- Tinting
- Make Up
- Spray Tan

**\$10 off your first massage**

Member of Advanced Association Beauty Therapists

## Medical

**Victoria Harbour Medical Centre**  
ph: 9670 7040

Hours: Monday to Friday 8am - 6pm

- Five experienced GP's.
- Physiotherapy, Podiatry and Chiropractic.
- Pathology on site.
- Men's and Women's Health
- Vaccinations and Travel Medicine.

## Miscellaneous

**Boat Shares Australasia** ph: 9614 5969

Come see our newest addition to the family - a beautiful SeaRay 310. This sleek 31 foot sports cruiser with all the luxury extras is moored at Marina YE in Docklands. You can own a fully maintained share of this boat for just \$9,500.

Come see us in shed 9 central pier, call us on 9614 5969 or visit us at [www.Boatsharesaustralasia.com](http://www.Boatsharesaustralasia.com)

**Mint Financial Partners:**

**Flinders Wharf, Docklands** ph: 8676 7500

- Your local Taxation and Financial Planning Specialists
- Individual, Company, Trust Tax Returns, BAS's, Bookkeeping
- Unbiased fee for service Superannuation (inc. SMSF) and Investment advice
- Corporate superannuation solutions for small businesses planning for the introduction of 'Choice of Super'

## Veterinary

**Penthouse Vets** ph: 0438 578 849

- Home visiting veterinary service for Docklands residents.
- Caring, professional and in the comfort of your own apartment.

## iPort - Docklands

### - The Future is With Us Now

#### What is iPort-Docklands?

iPort-Docklands is an optic fibre based technology that is being deployed to all new buildings in Docklands, to each and every new apartment, commercial office and retail space. The benefits of iPort are already being enjoyed by businesses occupying 700 Collins St.

#### Who owns iPort-Docklands?

iPort-Docklands is a joint venture between Powercor Telecommunications and VicUrban (the Authority responsible for the development of Docklands).

#### What are the benefits of iPort?

This technology will provide the Docklands community with the following benefits:

##### 1. Telephony

- Lower phone costs
- Free local phone calls on the iPort-Docklands network, and
- In the near future even video phones

##### 2. Internet

- Higher speed access (including speeds of up to 10Mb/s and even greater)
- Lower costs compared to equivalent service standards

##### 3. Video

- In the near future Video on Demand will also be offered

Watch out for future editions of the Docklands Community News where further detail about the services on offer through iPort-Docklands will be provided.

# Metro Real Estate has tenants waiting with bags packed & ready to lease your apartment

Call Metro Real Estate Services on 9600 4433

## Docklands Keeps Growing!

Docklands median prices have outperformed its inner city neighbours according to REIV.

**Docklands grew by "7.7% in 2004"**

Source: Herald Sun, Saturday, March 12, 2005

24 NewQuay Promenade Docklands  
ph: 9600 4433 fax: 9600 2010  
contact: Tricia Maxwell, Senior Property Manager  
[www.metrorealestate.com.au](http://www.metrorealestate.com.au)



**metro**  
REAL ESTATE SERVICES