

The voice of Docklands | 道克蘭之音

DOCKLANDS NEWS

■ **Kevin Sheehan awarded OAM**

See page 3

■ **Wharves collapse**

See page 10



■ **North Wharf plans assessed**

See page 2

■ **History lessons at the Steam Tug Wattle**

See page 9



Lorraine Malkoun and her daughter Allannah celebrate Australia Day in Docklands.

Dinky-di Docklands

What could be more Aussie than a pair of thongs?

Perhaps a good old-fashioned thong throwing competition?

While it may not be an Australian tradition yet, it might soon be a Docklands one.

A thong throwing competition was one of the highlights of the Australia Day celebrations in Docklands last month.

Crowds gathered to take a shot at throwing a thong from the waterside at Harbour

Esplanade in an attempt to reach a barge located in the harbour.

Locals and visitors also enjoyed a sausage sizzle by Woolworths, which raised funds for the Royal Children's Hospital.

There were plenty of activities happening all day in Docklands including fishing from Harbour Esplanade, kite making at the Piazza in NewQuay and an animal farm at Harbour Town.

Docklands law under attack

By Shane Scanlan

City of Melbourne officers want state legislation changed to remove special support and protection for Docklands.

If successful, it would mean that they would no longer have to report specifically on Docklands finance, infrastructure and place management.

Since 2007, Docklands has enjoyed special status under the City of Melbourne and Docklands Acts (Governance) Act 2006.

The Docklands Co-ordination Committee (DCC) was created under the legislation, which compels the council and Places Victoria to treat Docklands separately and report on a range of matters.

The council is currently forced to budget separately for Docklands and its regular reports have consistently revealed multi-million dollar rating windfalls over and above what it spends in the suburb.

Among its place management roles for Docklands defined by the legislation are "the marketing and promotion of the Docklands area" and "the attraction and staging of events in the Docklands area".

According to council's urban design manager Rob Moore, at the March 5 Future Melbourne Committee meeting, officers will ask councillors to support a request to the State Government to change the law and "disband" the Co-ordination Committee.

He told the Docklands Community Forum on January 30 that the new forum was a

better model and he invited Docklanders to come along to the Future Melbourne Committee meeting and have their say.

However, Mr Moore failed to reveal what legislative protections Docklands would lose if the law was changed.

Docklanders agree with his assessment that the Co-ordination Committee meetings themselves had become "dysfunctional" and "unuseful". They also support the emerging community forum model. But they fear losing the legislative protection the existence of the committee afforded.

Docklands Chamber of Commerce President Stephen Clement said he would urgently seek clarification. He said the chamber wanted Docklands' special status retained while it was incomplete.

"It is the chamber's strong belief that Docklands should continue to be specially nurtured and developed," he said.

The council is refusing to specifically say how it wants the law changed until Friday, March 1 when the Future Melbourne Committee meeting agenda is revealed.

Co-ordination Committee chairman Cr Kevin Louey said it was not the first time that officers had attempted to remove Docklands' special status.

Cr Louey said he would support the retention of the committee, if that was what Docklanders wanted. He said he was surprised that the council had not consulted on the matter.

Only a year ago, when proposing the new community forum, the council promised to keep the Docklands Co-ordination

Continued page 2





Docklands Directory .com.au

What to do	Where to stay	Where to Eat/Drink
Beauty, Health & Fitness	Docklands Services	Where to Shop

North Wharf plan to be assessed

By Bethany Williams

Heritage Victoria is assessing the historical considerations of the planned redevelopment of the heritage-listed Shed 5 and crane at North Wharf.

Asset 1 WTC wants to partially demolish Shed 5 to make way for a 13-storey office.

The developer has proposed to turn the rest of the shed into a retail arts precinct and create a public park to its east.

According to Heritage Victoria, Berth 5, where the shed and crane are located, is significant because it remains virtually unchanged since it fell into disuse after the closure of river access below the Charles Grimes Bridge in 1975.

A permit application for the redevelopment of the site was submitted to Heritage Victoria last year and was advertised for public comment in December.

The permit application was readvertised for comment in January after further information was added to the application.

Heritage Victoria is responsible for approving heritage permits required for the redevelopment to commence.

Berth 5 is located next to the historical Mission to Seafarers building, increasing the heritage considerations relevant to the development.

In a submission to Heritage Victoria, the Mission to Seafarers Victoria (MtSV) expressed concerns about the development with regard to the mission building.

Key concerns included the visibility of the mission building from the planned park and South Wharf and safe public access to the building.

"The Mission to Seafarers Victoria is working collaboratively with Asset 1 and Heritage Victoria at this time to ensure that historical considerations regarding the Shed 5 redevelopment protect the heritage interests of the Mission to Seafarers building complex," MtSV CEO Andrea Fleming said.

Asset 1 WTC chief operating officer Gavin



Boyd said the company had been in consultation with the mission since the conception of the redevelopment.

Mr Boyd agreed that the vision of the mission building from the park was a key issue.

He said the building was designed to frame the mission so that the view was not blocked.

Mr Boyd said the issue of safe public access to the building was still being worked through.

The public consultation period for the permit application closed on February 6.

However, Heritage Council of Victoria spokesperson Pauline Hitchins said as long as the application had not been finalised comments received would be considered.

Comments on the permit application must be submitted in writing to heritage.permits@dpcd.vic.gov.au or Heritage Victoria, GPO Box 2392, Melbourne, VIC 3000.

According to Ms Hitchins, a decision regarding the permit application is likely to be made in the next two months.

Docklands law under attack

Continued from Page 1

Committee but drop its frequency to just once a year.

At the time, the council said the Co-ordination Committee would continue to approve the place management, finance and infrastructure plans.

And while Mr Moore clearly told the January 30 community forum he wanted the DCC scrapped, a council spokesperson on February 4 said the committee would continue. The spokesperson said Mr Moore was on leave and could not be contacted to clarify management's position.

However, the spokesperson did agree that the officers wanted the law changed so Docklands could be treated the same as other suburbs within the municipality.

"The DCC will continue to meet once a year to endorse the annual place plan, however it is proposed that its statutory decision-making powers - including those relating to infrastructure, finance and place management - be transferred to the Future Melbourne Committee," the spokesperson said.

The council and Place Victoria have no statutory obligations towards the Docklands Community Forum which has so far been successful in a participatory sense, but has been designed as a two-monthly "talk and listen" session. It has met three times.

Agendas are single-page, whereas, in the past, DCC agendas contained sometimes hundreds of pages of detailed reports.

The Docklands Co-ordination Committee comprises the council and Places Victoria's CEOs and most senior officers and officials.

When it started in 2007 it met six times a year but this soon dropped back to quarterly. As an official council committee, it was supported by dozens of officers and obviously cost a lot of money to administer.

A Places Victoria spokesperson said: "Places Victoria supports the City of Melbourne's review of the Docklands Co-ordination Committee following the establishment of the Docklands Community Forum. The review is currently underway and Places Victoria will appropriately form a position once the details are available."

Suite 108, 198 Harbour Esplanade
PO Box 23008 Docklands 8012
Tel: 8689 7979 Fax: 9602 2929
www.docklandsnews.com.au

Advertising
Tel: 8689 7979 Fax: 9602 2929
advertising@docklandsnews.com.au

Reader contributions are welcome.
Please send articles and images to
news@docklandsnews.com.au

The deadline for the March edition is February 28.

 Follow us on Twitter
[@Docklands_News](https://twitter.com/Docklands_News)

 Like us on Facebook
Docklands News

To download our iPad app,
simply scan the QR code below:



PRESENT THIS
ADVERT TO
REDEEM. Valid til
31/02/2013

HAIR INC MELBOURNE PTY LTD

SHOP 3P ANZ CENTRE, 833 COLLINS STREET DOCKLANDS, MELBOURNE 3008

Located on the Water-side Promenade underneath the YMCA

FULL HEAD FOILS OR FULL HEAD TINT
& T/Section Foils, Cut/Blowwave & Hydrating Treatment
NORMALLY \$320 **ONLY \$99.95**

MENS STYLE CUT/BLOWWAVE
With Scalp Massage and Treatment
NORMALLY \$70 **ONLY \$25**

PH: 9041 5005

MONDAY TO FRIDAY 10.00 AM - LATE



Gong for our Kevin

For Kevin Sheehan, being awarded an Order of Australia medal was cause to stop and reflect on his 40-year career in Aussie Rules.

Kevin was honoured with the award on Australia Day, in recognition of his service to the sport of Australian Rules football.

Kevin's footy career started on field, playing for Geelong, but his biggest contribution to the sport has been 37 years as the national and international talent manager, helping countless young players pursue football careers.

Kevin currently works in this role at AFL House in Docklands.

Kevin said being awarded the medal was

quite a surprise.

"You don't aspire for anything like this when working in footy," he said.

Kevin celebrated his achievement in Wellington, New Zealand where he was travelling with the Australian under-17 team.

"It was a very special moment because we were representing our country and our code overseas," Kevin said.

Business as usual for Lend Lease

By Bethany Williams

Lend Lease is close to securing rights to develop the last uncontracted land parcel in Docklands, despite being banned from bidding for government contracts.

The parcel of land is a two-hectare site with a Collins St address, air rights over Wurundjeri Way and Flinders St frontage. The site is currently home to Bunjil.

It had been widely reported that Lend Lease would be banned from bidding for government contracts due to a four-year deal it struck with the Construction Forestry Mining and Energy Union (CFMEU) last year.

The deal violated the Baillieu government's updated building industry code, which took effect from July, 2012.

The updated code has widely been considered an attempt to stamp out union-friendly deals within the Victorian construction industry.

In July 2011 the State Government announced that Lend Lease was amongst four development companies shortlisted for the Collins St contract.

Docklands News understands Lend Lease

is now the frontrunner in the bidding process and is in the final stages of contract negotiations with Places Victoria.

It is understood that Lend Lease is still eligible for the contract because the bidding process started in February 2011, which was well before the new building industry code was introduced.

Additionally, Lend Lease is being secured as a developer and it is understood that violations of the code would only be an issue if Lend Lease's building contractors were in breach.

According to a Lend Lease spokesperson, the code violation has not affected Lend Lease's work in Docklands.

The spokesperson said it was "business as usual".

Lend Lease subsidiary Boulderstone is currently building the new City West police complex on the corner of Spencer and LaTrobe Streets.

Docklands man arrested

A 36-year-old Docklands man was arrested and charged last month in relation to child pornography offences.

The arrest, on January 23, followed a joint investigation by the Sexual Offences and Child Abuse Investigation Team, Taskforce Astraea (Victoria Police's online child

exploitation taskforce) and E-Crime.

The execution of a search warrant resulted in computers and hard drives being seized by police after they allegedly discovered more than 2000 child pornography images and videos.

The man was arrested and charged in relation to various child pornography offences.

He was bailed to appear at the Melbourne Magistrates Court on April 30 this year.

Refreshingly

Convenient

MANAGED BY

Lend Lease

Welcome to the wonderful convenience of the Merchant Street precinct at Victoria Harbour. It's basically your neighbourhood shopping centre, conveniently located at the Docklands end of Collins street. Picking up your daily essentials is now easier than ever, so come and discover it today!

SAFeway SUPERMARKET | AUSTRALIA POST | BREADTOP BAKERY | BROWN GOUGE DRY CLEANING | CENTURY 21 REAL ESTATE | CINNAMON'S SRI LANKAN CAFÉ | DG EXPRESSO | KALEYEDOSCOPE OPTOMETRISTS | LOUIS' EASTERN HEALTH | MADONNA'S PIZZERIA DOCKLANDS | SHINSEI FISH & SUSHI BAR | SUNNY ASIAN GROCER

Victoria Harbour

Merchant Street Retail Precinct, Victoria Harbour



Flirting with victory

If Georgina Wakim's New Year's Day is anything to go by, the rest of 2013 should be a pretty good year for her.

Georgina is part owner of Flirtatious, a three-year-old chestnut filly that came first in race five at Mornington on New Year's Day.

Georgina is also captain of Docklands-based dragon boat team, the Melbourne Flames.

Fellow Melbourne Flame, Desma Smith and Channel Nine marketing executive Michelle Stamper are also part owners of Flirtatious.

The three Docklanders are part of an all-female syndicate made up of about 30 women from around Australia.

According to Georgina, being involved with the syndicate is all about fun and socialising.

"We love the glamorous part of it," she said.

"We like to get out there and enjoy all the different aspects of horseracing,"

The lucky owners who were at Mornington on New Year's Day witnessed Flirtatious win first place for the second time in her racing career.

"It was a great start to the new year," Georgina said.

And with her connections to the area, we're certain Flirtatious is set to become Docklands' favourite filly.

Bidding for a place of worship continues

Two parties are still in the running for the contract to build a place of worship in Docklands.

In August last year Places Victoria called for expressions of interest from groups interested in developing a place of worship at the corner of Footscray Rd and Little Docklands Drive.

A Docklands place of worship was promised in the Victorian Liberal Nationals Coalition Plan in 2010 and was one of 30 projects included in the Docklands Community and Place Plan released last year.

The Faith Communities Council of Victoria (FCCV) was one of the parties who submitted a proposal and had hoped to build a multifaith facility.

The FCCV is a Victorian multifaith organisation and includes representatives from each of the peak faith bodies in Victoria including the Victorian Council of Churches and the Jewish Community Council of Victoria.

Docklands News understands that the

FCCV, along with two other parties, had been shortlisted for the project.

However, FCCV multi-faith officer Sandy Kouroupidis confirmed the group had pulled out of the bidding process in mid-December.

He said the committee working on the proposal had been unable to meet tight deadlines imposed by Places Victoria and had difficulty in dealing with an unnamed developer.

Last month *The Age* incorrectly reported that the place of worship project had been dumped because there was not enough money to build it.

Although the FCCV has withdrawn from the bidding process, the project is still going ahead.

A Places Victoria spokesperson said: "Places Victoria is currently evaluating the submissions received in response to the request for a proposal for a place of worship for Docklands and is on target to announce the outcome later this year."

Do you have questions about your Owners Corporation?

BCS offers you the guidance & support to make the right decisions.

BCS Owners Corporation and Community Management offers you:

- Expertise of a market leader with over 40 years experience
- Professional and proactive solutions
- Expert and local knowledge of all building matters
- Consistent and reliable processes and systems
- Courteous, timely and friendly service



Ask BCS Melbourne -
The experts in
Owners Corporation



Q:

Can you assist with a parking problem? I have two car spaces side-by-side for which I paid an additional \$100,000 to have with my apartment. Often when I get home from work I find other residents parked in my spaces. I've put up signs and raised this with the Building Manager, Owners Corporation and even the police but no one seems to have a sensible solution.

A:

As you own the car spaces, enforcement of parking within those spaces is your responsibility. However, the Owners Corporation can enter into a protected parking agreement, a service which is offered only by a few local councils*, where certain members of the Owners Corporation (this would include you) can contact the council which will send a parking officer to attend and issue a penalty notice to the offending vehicle. The Owners Corporation has to pay an annual fee for this service. Fees paid to the Owners Corporation for the maintenance of the car park do not involve management of the car spaces. Instead this covers the cleaning, electricity and insurance for the common area of the car park.

Speak to your Owners Corporation Manager and ask them to assist you in approaching the committee about entering into a protected parking agreement and nominating you as an authorised person.

* Please note: that only a few Councils offer this service. You should establish with your Council whether they offer this service before lodging a request with your Owners Corporation to have implementation investigated. If your Council does not offer this service, the Owners Corporation's powers to have offending vehicles removed from your parking lot are extremely limited unless the perpetrator is both known and a resident at the property.

Owners, here's your chance to have your questions answered by Owners Corporation professionals - for free. Send your questions to info@bcsm.com.au and we will endeavour to provide you with an answer.

Call us on **1300 184 608** if your strata plan is looking for a new Owners Corporation manager.

www.bcsm.com.au

bcsm
Body Corporate Services

Enhancing
Community
Living

9.30 fireworks fallout

Visitors and locals were disappointed by the absence of the 9.30 pm family fireworks in Docklands on New Year's Eve.

According to Jenny Wheatley from Snowbird Frozen Yoghurt, groups of locals and visitors were waiting in Docklands for the family fireworks, unaware the event had been cancelled.

"After 9.30 pm visitors wandered into the store quite upset because they had been waiting a good four or five hours for the fireworks and were unaware they had been cancelled," Ms Wheatley said.

Others criticised "inappropriate" music levelled at a largely family audience while some observers commented on how difficult it was to find fast food and refreshments to buy on the night.

Melbourne's councillors approved the cancellation of the fireworks at a closed meeting in September last year.

According to the City of Melbourne the cancellation was necessary due to the potential for a crowd crush incident when people leaving the 9.30 pm display met those coming into Docklands for the midnight fireworks.

Despite persistent lobbying from Docklands, council did not overturn its decision to cancel the fireworks.

Docklands Community Association president Roger Gardner was part of the unsuccessful attempt to lobby for the reinstatement of the family fireworks.

He said he suspected it was a cost element, rather than safety concerns, that had led to the cancellation.

Mr Gardner said while there were plenty of people in Docklands on New Year's Eve he had noticed fewer families than in previous years.

According to a City of Melbourne spokesperson, the New Year's Eve attendance figures are not yet available.

The spokesperson also said council would continue to use the new format in future years.

"The 9.30 pm early eve event at Docklands



Festivities in Docklands on New Year's Eve.

was removed from the format due to the public safety risk created by the early eve and midnight New Year's Eve crowds crossing over. We do not plan to reinstate this event in the future," the spokesperson said.

Despite the disappointment over the

cancellation of the 9.30 pm fireworks, locals and visitors enjoyed entertainment on the Piazza stage at NewQuay along with dress-ups and face painting.

Fireworks were launched from a barge in Victoria Harbour at midnight.

Glasshouse delayed but still on its way

Despite some unanticipated delays, the team behind the Harbour Esplanade glasshouse say the project will soon be realised.

The glasshouse, or "Hortus" as it will be called, is a temporary activation project being developed by a group called Utopian Folk and funded by Places Victoria.

It will feature an edible plant installation and an outdoor environment that is hoped to activate the esplanade.

The glasshouse was originally scheduled to open in September last year however a combination of factors, including obtaining a permit to operate on crown land, delayed the project.

Utopian Folk's Christie Petsinis said due to the innovative and unique nature of the project they were unable to foresee some of the delays encountered.

Utopian Folk now expect Hortus to open in autumn.

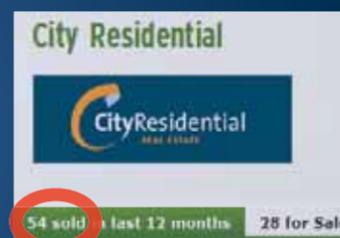


Who really is your Number 1 agent in Docklands?..

Based on Domain.com.au sales we are your Number #1 agent in Docklands.

Plus, Barry Plant are Australia's #1 Real Estate Sales group*, selling more properties in Victoria than any other agent!

*Real Estate Business Magazine



VICTORIA HARBOUR
818 Bourke Street

HARBOUR TOWN
420 Docklands Drive

To experience service and results that are second to none, call the team at Barry Plant 9936 9999.

Your red carpet experience

BarryPlant

NewQuay Central approval

Planning minister Matthew Guy has approved two of the buildings featured in MAB's controversial NewQuay Central masterplan.

The master plan was originally unveiled in 2011 and featured a plan to turn the NewQuay Piazza into NewQuay Central by building five new towers and creating a 5000 sqm public park.

The plan was met with public protest in October 2011, with locals arguing that the development would cause overshadowing and would eat up public space.

Mr Guy approved the NewQuay Central masterplan last year, however MAB still needed to obtain permission to build each of the buildings in the plan.

The recently approved buildings are a 43-storey residential tower with 244 apartments and a 16-storey tower with 181 apartments.

The 43-storey tower will be built on the western side of the closer to the waterside.

The 16-storey tower will be built behind the 43-storey tower, closer to Docklands Drive.

The approval of the \$400 million project comes as a blow to the locals who protested against the NewQuay Central masterplan when it was originally released.

President of the Docklands Community Association Roger Gardner led the group of local protesters in 2011.

He said the approval of the first two towers was disappointing for a lot of people.

"It [the development] might be useful for commercial purposes but this needs to be balanced with the needs of existing residents and maintaining amenity," Mr Gardner said.

"We don't mind having new developments as long as they are balanced with the needs of the residents and we don't feel this development is."

The remaining three buildings in the NewQuay Central masterplan are yet to gain ministerial approval.

They consist of another two residential towers and a third building, which had originally been earmarked as a 15-storey hotel.

However, the building may now end up being used as a residential tower.

A MAB spokesperson said the building had the flexibility of being either a hotel or an apartment tower.

Work to dismantle the Pavillion at the Piazza started on February 4, suggesting MAB is preparing the area for the development.

The dismantling process is expected to be completed by February 18.



Artist's impression of the approved buildings.

Yarra's Edge issues aired

Issues concerning Yarra's Edge residents were aired at the January 30 Docklands Community Forum.

Resident representative on the forum, Phil Spender, said locals generally commended developer Mirvac's performance within the precinct, but a number of matters needed addressing.

He said Mirvac held a community consultation on November 13 regarding its plans for a "Bolte" precinct to the west of Yarra's Edge but no representatives from the City of Melbourne, Places Victoria or the Department of Planning and Community Development attended.

"Would it not be worthwhile for them to hear first hand what the community's feedback is on such matters?" he asked.

Mr Spender noted a stated intention by the planning authorities to connect Yarra's Edge to the rest of Docklands via "operable" footbridges. But he told the community forum that residents were "totally opposed" to bridges which would impede access for boats.

He said access to Lorimer St, lack of public parking and maintenance and improvements to public infrastructure were other issues confronting residents.

DINKKUM PIES



815 BOURKE ST
T (03) 8354 9154



mention this ad to receive

PIE & A CAN

for only

\$7.00*

*Offer is only for 375ml soft drink cans and until stocks last

CATERING

let us cater your next work function call 8354 9154

'Mr Sold' fails to appear

Former Docklands real estate agent Ali Abbas failed to appear at a second Victorian Civil and Administrative Tribunal (VCAT) hearing in December.

Consumer Affairs Victoria launched an investigation into Mr Abbas and his agency, Worldwide Scope Pty Ltd, in November 2011.

The agency operated as a Century 21 franchise in Docklands for two years before closing in 2011.

The Consumer Affairs investigation allegedly uncovered nearly \$100,000 worth of trust fund irregularities and led to a VCAT inquiry into both Mr Abbas and Worldwide Scope Pty Ltd.

It has been alleged that Mr Abbas received bonds in cash from multiple tenants and did not lodge the money with the Residential Tenancies Bond Authority.

It has also been alleged that rents were paid in cash and were not passed on to landlords.

The first hearing of the VCAT inquiry was scheduled for October 26 last year.

However, Mr Abbas did not appear and was not represented.

At the October hearing, Consumer Affairs lawyer Kathryn Bannon said immigration records showed Mr Abbas had left the country in January, 2012.

The hearing was then adjourned until December 7.

Docklands News understands that Mr Abbas



Ali Abbas

did not appear and was not represented at the December hearing.

The next hearing has been scheduled for March 14.

Consumer Affairs Victoria was unable to comment on the consequences of failing to appear at a VCAT hearing.

School is the top issue in Docklands

The need for a school has emerged as the number one issue in Docklands, with January 30's Docklands Community Forum exploring the issue in detail.

Places Victoria development director Joanne Wandel told the forum that work was continuing to secure a government primary school as well as attract a private school to Docklands.

She said the Education Department was yet to release its feasibility study on a primary school for Docklands.

But, she said, her organisation had independently prepared a document and intended to "test the market" for a private school later this year.

It is understood that this means Places Victoria is likely to release an expression of interest similar to the process it is currently undertaking in relation to a place of worship.

Under this scenario, a site will be offered and the private sector will be invited to respond with proposals to develop a school.

Places Victoria has earmarked a site in Harbour Esplanade within the Digital Harbour precinct for a school. But Ms Wandel said other sites were also potentially available.

Ms Wandel said if a private school was to

proceed, this did not preclude a government school also being built in the future when greater demand could be demonstrated.

She said current projections indicated about 800 children under 14 in Docklands by 2016 and 3800 children in a wider "city west" catchment, which included the CBD and Fisherman's Bend.

She said Places Victoria believed it needed less than a 3000 sqm footprint to build a "vertical school" of up to six storeys in Docklands.

Ms Wandel said models in New Zealand, Hong Kong and Denmark encouraged Places Victoria to believe that a vertical school could work in Docklands.

She said her board agreed that a school for Docklands was feasible and that feedback from the Docklands Community Forum had helped establish that opinion.

Forum member Albert Marcos said he had reported to the steering committee overseeing Docklands' development that a school was necessary for a "well balanced community".

HOOKS

@

THE YARRA




**Happy hour
5pm-7pm every
Thurs & Fri**

**Mention this ad and
get a free glass of
Hooks house wine
with any meal.**

50 River Esplanade,
Yarra's Edge Docklands

P: 9043 4221
info@hooksattheyarra.com
www.hooksattheyarra.com

One visit and you'll be hooked...

LUXURY WATERFRONT APARTMENTS FROM \$512K



DISPLAY SUITE OPEN 7 DAYS 10AM - 5PM

- Views to Victoria Harbour and Port Phillip Bay.
- Residents club including private lounge, library & cinema.
- Exclusive ground floor galleria with gym, spa, sauna and 25m swimming pool.
- Rooftop Garden and Tennis Club.
- Each apartment has reverse cycle heating and cooling, and a secure car park.
- Buy now for substantial stamp duty savings.

T
H
E
Q
U
A
Y
S

Call MAB on 1300 137 590
www.the-quays.com.au
NewQuay Promenade Docklands






GRENADE 2492

Happy Chinese New Year

By Ji Ma

On 10 February people from many Asian cultures will celebrate the Lunar New Year.

The Chinese Zodiac is a 12-year cycle, which features a unique animal every year.

2012 was the Year of the Dragon, while the coming New Year is the Year of the Snake.

Docklands has been a land of dragons over the past year. In January 2012, a three-dimensional chalk artwork was created by artist Jenny McCracken coincide with the Year of the Dragon (pictured far right).

After moving to the Docklands in July, when Serrata was completed, I have been taking many photos around its beautiful harbour and waterfront.

This image (pictured right) was captured on the same spot where the dragon artwork was. The clouds looked vivid, just like a dragon's head.

During November and December, hundreds of athletes were training and competing in the dragon boat competition in Docklands.

Docklands has become a true land of dragons.

Let's celebrate another New Year at Melbourne's Docklands and make it a better place to be in the Year of Snake.



Focus on Merchant St

This year Chinese New Year falls on February 10 and Docklands will be celebrating in a variety of ways.

Hanh Tran from Artistic Styling Clothing Alterations has asked the Chinese Cultural Centre of Victoria lion dancers to perform outside her store in Merchant St.

The dancers will perform on February 11 between 12pm and 1pm and Hanh hopes they will bring luck and prosperity into Docklands.

A variety of dragon boat teams will compete at the Chinese New Year Dragon Boat Regatta at WTC Wharf this month.

Melbourne Flames, Dragon Masters, Yarra River Dragons, Southern Storm and the Chinese Youth Society of Melbourne Sea Dragons will all compete for glory.

The regatta will run from 8.30 am until 4.30 pm on Sunday, February 17.





She Loves Me!!!

Show your man how much you love him with a gift from Man, What A Fuss

Man, What A Fuss, salon and spa has been pampering men for over 14yrs

Purchases online, by phone or at the store

Valentines Deal

\$109*

he will get \$394 worth of value

Perfect man haircut includes face waxing and express facial

½ hour relaxation massage

Spa membership 40% off spa treatments for 1 year

*Not to be used in conjunction with any other offer. Purchase Valentines deal in February only. Redeem anytime in 2013.

www.manwhatafuss.com

DOCKLANDS Ph: 03 9602 5661
E: docklands@manwhatafuss.com
Shop 7, 818 Bourke St. Docklands Melb 3008
(Enter via Merchant st)

CITY Ph: 03 9642 3860
E: city@manwhatafuss.com
17 Mckillop St Melb, 3000

The MISSION to Seafarers

Built 1917

FUNCTION AREAS AVAILABLE FOR HIRE

- SPANISH STYLE COURTYARD WITH BBQ AND HERITAGE FUNCTION ROOM
- Private tranquil garden setting in heart of Docklands
- Chapel available for celebratory and other services
- Dome Gallery available for Art shows, product demonstrationS AND launches
- Cruises available by arrangement – consider arriving at your event by boat, or add cruise component to your function
- Fully serviced event catering
- Mission Club bar public access

DOME GALLERY
SPANISH COURTYARD
PRIVATE GARDEN
CHAPEL






The Mission to Seafarers is engaging with the Community to support the well being of the seafaring community. Find out more at missiontoseafarers.com.au



the mission to seafarers
717 Flinders Street
Docklands VIC 3008
t. +61 3 9629 7083
f. +61 3 9629 8450
www.missiontoseafarers.com.au



History lessons in Docklands

By Tony Lewis

What do you do to help your 12-year-old son in a school project about Australia's maritime history?

If you are Barbara of Essendon, you and your son Charlie set off one Saturday morning and cycle to Docklands to start your research.

Barbara and Charlie arrived at the furthest edge of Docklands, on Lorimer St by the Bolte Bridge. There, amid the rattle of needle guns, the chatter of pneumatic hammers and the buzz of sanders, they found an historic 80-year-old ship. Up on concrete blocks, the ship is being restored by a dedicated group of volunteers.

The ship is the Australian-designed and built steam tug Wattle and the volunteers are members of Bay Steamers Maritime Museum.

Wattle began her life in 1932 as a Great Depression project at the Cockatoo Island Dockyard in Sydney Harbour. History used to say that Wattle was built to keep dockyard apprentices in work. However, research by Bay Steamers' historians found that creating continuing employment for the senior tradesmen was the main reason for her construction, as well as providing an incentive for a private leaseholder to take over the dockyard.

After her launch in June 1933, Wattle worked for the Royal Australian Navy as a general workboat around Sydney Harbour and occasionally towed targets for gunnery practice outside the heads.

The navy laid her up in 1969 and she was saved from the scrap yard by a group of steam enthusiasts. A decade later, largely due to the efforts of Leigh Doeg (who operates Victoria Star out of Central Pier), Wattle came to Melbourne.

After a six-year restoration program, Wattle began steaming on the Yarra and Port Phillip, operated by Bay Steamers. From Victoria Dock (now Docklands) and Gem Pier at Williamstown, Wattle conducted cruises for around the Port of Melbourne and the bay and was chartered for weddings,



Marine engineer John Rogers shows Charlie how to cut a gasket.

parties and corporate events.

Laid up for repairs in 2003 and close to the scrap yard again for lack of funds, Wattle was rescued by Sorrento Steam, a group of business men whose enthusiasm for Australian maritime heritage saw them prepared to buy Wattle and fund the restoration, with the work being carried out by Bay Steamers. And so the current project began.

Barbara and Charlie were escorted around Wattle and shown the two-cylinder steam engine, the concrete ballast removal, the hull plate replacement and the stripping and polishing of Wattle's woodwork.

So fascinated was Charlie by all he saw, he cycled back to Wattle next weekend and volunteered for work. Once Bay Steamers

convinced their insurers to lower the qualifying age from 18 to 12, Charlie was enrolled as a member and began his work under the experienced eye of volunteers many years his senior.

One of those is John Rogers, a retired marine engineer who has been involved with Wattle since 1988. John's influence on Charlie must be serious – when Charlie graduated dux of his primary school last year, he said in his graduation speech that his ambition was to become an engineer on a steam ship! Wattle will be waiting for him.

Bay Steamers Maritime Museum, email wattle1933@gmail.com, or telephone Tony Lewis (Chairman) **9846 1819**, Jeff Malley (Secretary) **9876 2213**.

Bridge builds connections

Work has started on the Jim Stynes Bridge that will connect Docklands with the Northbank precinct.

The \$18 million bridge, named in honour of the late footballer Jim Stynes, will provide a pedestrian and cycling link between Docklands and Northbank.

The bridge will extend beneath the Charles Grimes Bridge and is designed to appear as though it is floating on the river.

Planning Minister Matthew Guy said the bridge would create a link in cycling and pedestrian infrastructure between the CBD and Docklands.

"The Jim Stynes Bridge will significantly enhance the quality of public space, improve access and create better connections to this important part of Melbourne," Mr Guy said.

Mr Guy also announced the official opening of the McCrae St extension and footpath, delivered by Places Victoria and the Kangan institute.

According to a Places Victoria spokesperson, the one-way street is likely to open to traffic in mid February after VicRoads installs a new controller at the Harbour Esplanade intersection.

The McCrae St extension will connect with the Jim Stynes Bridge once completed.



Randall Bradshaw answers your legal questions

Q How long do I have to issue property division proceedings following my separation?

A If you are married and have property that needs to be divided, the law specifies that you have 12 months from the date of your divorce to undertake Court proceedings.

For de facto couples, any property division proceedings must be issued with the Court within 2 years of separation. There are exceptions, which require a separate application, if you are out of these time constraints.

The best advice is to seek legal advice as early as possible following your separation.

Call for advice on wills, probate, estates and trusts; conveyancing and property law; family law; commercial law; litigation and dispute resolution.

Tolhurst Druce & Emmerson Working with individuals, family and business.



**Tolhurst
Druce +
Emmerson**
Lawyers

Docklands wharves give up the ghost

By Bethany Williams

After a century or more of loyal service, Docklands' old wharves are collapsing at a rapid rate.

Early in December the wharf under Shed 21 gave way causing its roofline to look like a giant had sat on it.

Some weeks later the adjoining Shed 20 suffered a similar fate and then, in January, wharves on the western end of North Wharf near the old control tower gave way – resulting in an abandoned pavilion listing dangerously towards the water.

Observers have been surprised that the old structures have given way almost simultaneously.

A report by Hyder Consulting last August recommended the demolition of sheds 20 and 21 due to the likelihood of the collapse of the asbestos cement covered roof.

The sheds had originally been used as cargo sheds when Docklands was a shipping dock and are listed on the Victorian Heritage Register.

The spate of damage has caused Places Victoria to act quickly in response – particularly to remove potentially dangerous asbestos from the wreckage, a task made more challenging considering Cirque du

Soleil is currently operating next door.

“Following the shed collapse Places Victoria, as landowner, engaged a hygienist to undertake air monitoring and the shed was assessed by the City of Melbourne building control,” Places Victoria acting CEO Simon Wilson said.

According to Mr Wilson, no contamination had been detected outside of the site and monitoring was ongoing.

Initially, the council had issued an emergency demolition order for a section of the shed and a permit application had been made to Heritage Victoria for the entire demolition of the shed.

However, Mr Wilson said further collapses in other sections of the shed had occurred and the City of Melbourne had issued an emergency order for the full demolition of the shed.

He said the full demolition of the shed would be completed as soon as practicable.

Mr Wilson said the removal of the shed was consistent with the NewQuay West



The damage at Sheds 20 and 21.

masterplan, which included a new residential development on a reconstructed wharf.

He said residential development on the site was not planned for about another five years.

On the opposite side of Victoria Harbour, an old building also collapsed in January.

Places Victoria currently controls the wharf where the collapsed building sits, but the land was due to be transferred to Lend Lease under a development agreement.

According to Mr Wilson, the organisation is currently working to appoint a contractor to remove the building, with work planned to start in mid-February.

The future of this site looks similar to that of Sheds 20 and 21.

Mr Wilson said Lend Lease planned to demolish the current wharf, construct a new wharf and put apartments on the site.



Collapsed wharf at the western end of North Wharf.



Time for a Change?

We may be new in this area, but we've already been voted the number **1** Insurance Broker in Australia.

If you're ready for change, ring today and find out how MGA can be put to work for you.



WE WORK FOR YOU!

www.mga.com

Ph: (03) 8632 3355

E: gareth.morgan@mga.com



Work to start on Harbour Esplanade

Places Victoria plans to demolish and rebuild sections of the Victoria Dock wharves as a precursor to the eventual Harbour Esplanade redevelopment.

Wharves 8 and 15 are the concrete wharves located either side of Central Pier and are listed on the Victorian Heritage Register as part of Victoria Dock.

According to a permit application made by Places Victoria to Heritage Victoria, structural engineers have assessed the wharves as having reached the end of their useful lives.

According to the application, the wharves are in poor condition and photographs show that many of the timber piles that support the wharves are deteriorating.

The permit application includes a proposal to demolish and rebuild the wharves in a manner that preserves the historic layout of Victoria Dock.

If the permit is granted, work on the wharves is likely to start in the first half of this year.

A Places Victoria spokesperson said the work would include the removal of the raised concrete wharves, reinstatement of the sea wall and installation of a litter trap.

The spokesperson said reconstruction of the wharf decks was being considered as part of the master-planning process.

According to the spokesperson the work aims to embrace the waterfront and will take about 12 months to complete.

The spokesperson said the work would not interrupt pedestrian or vehicle access along Harbour Esplanade and would not impact on the planned glasshouse installation near *Cow up a Tree*.

The wharf rectification work is being undertaken as part of the planned Harbour Esplanade redevelopment.

City of Melbourne and Places Victoria are currently developing the masterplan concept design for the redevelopment.

A Places Victoria spokesperson said the community would have the chance to comment on the masterplan concept design later this year.



Visitors enjoying the festival last year.

Photo by Samuel Lim

Japanese festival returns

The Melbourne Japanese Summer Festival returns to Docklands for the third year running this month.

The festival is traditionally known as "Natsu-Matsuri" and is a celebration held annually across Japan.

The Melbourne version of the event, held by the Japanese Society of Melbourne and the Japanese Chamber of Commerce and Industry, celebrates the Japanese community in Melbourne.

More than 13,000 people attended the festival last year and event organisers are expecting an even bigger turnout this year.

The festival will feature performances of

traditional Japanese dance and Japanese martial arts demonstrations.

Visitors will also be treated to traditional Japanese music including taiko drumming, the Japanese flute, and the shamisen.

There will be plenty of Japanese food on offer along with shopping and games. A raffle will also be held with the winner taking home the major prize of two return tickets to Japan.

When: Sunday February 10 from 1pm until 5pm.

Where: New Quay Piazza

**Good Price
Decorative
Artistic**

CHINA
ART
GRANDVIEW

China Art Grandview trade centre is a combination of art gallery and unique timber furniture. The gallery has selected oil paintings with collection information. The furniture is hand-made with former ship timber and will sit perfectly with the artworks to decorate your home.

Our aim is to create a beautiful surrounding for you and your family with our variety of affordable, artistic and collectable products.

OPENING SALES
UP TO 40% OFF

China Art Grandview
Add: RE 5-7, 427 Docklands Drive, Waterfront City, Docklands, Melbourne, Australia VIC3008
Tel: +61 (03) 9670 8608

SuRa Korean Restaurant is now open with Korean authentic cuisine and table Barbeque in exclusive dining setting

open 7days from 11.30am to 3pm
Dinner is now temporarily open on Friday and Saturday evenings from 5pm

Harbour Town Melbourne
Level 1, 1-2 Star circus Docklands 3008
(In front of Southern Star next to the East Car park)

PH : 03 9670 0708
koreanfinefood@suradocklands.com
www.facebook.com/surakoreanrestaurant

Sand sculptures on Harbour Esplanade

Docklands will be reminiscent of a beachside town this month, when giant sand sculptures are created on Harbour Esplanade.

Artists will create a variety of Docklands inspired sculptures near *Cow up a Tree*.

The sculpting will start on February 11, allowing Docklands locals, workers and visitors to watch the work-in-progress.

The sculptures will be complete and ready to view over Saturday, February 16 and Sunday, February 17.

While in Docklands checking out the sand sculptures why not try a spot of fishing?

Albert Park Yachting and Angling Club is holding a Come and Try Fishing event at Victoria Harbour from 11am until 3pm on February 16 and 17.



Carols in Docklands

The sound of Christmas carols invaded Docklands in December during the Carols at Docklands event at NewQuay.

It was the third year that the Planetshakers had held its carols event at the Piazza and according to organisers the event continues to grow each year.

"It's now the largest free carols event in Victoria according to our research," Planetshakers spokesperson Darryn Keneally said.

Around 20,000 people turned out for the event on December 23, which featured a children's carnival, carols and fireworks launched from barges in the water.

"The fireworks lit up the whole harbour," Mr Keneally said.

Planetshakers hopes to run Carols at Docklands again this year, however it may have to relocate due to MAB's plans to redevelop the Piazza.

Harbour Esplanade has been suggested as an alternative space for the event but this would require road closures.

Mr Keneally said Planetshakers would be contacting council about using Harbour Esplanade for the event.

Alma still floating

The Alma Doepel continues to float in Victoria Harbour after an attempt to raise the ship in December was unsuccessful.

A team of volunteers are restoring the ship in Docklands and had planned to raise the ship out of the water by using a submersible barge.

Raising the ship is a necessary step in completing the restoration process.

The team planned to float the barge into position underneath the ship before raising it by pumping air into the barge's twin submersible pontoons.

However, the attempt to raise the ship failed due to the barge being difficult to control when underwater.

John Williamson, from the restoration team, said the barge was not as stable as they had hoped.

He said the team was working on a solution but couldn't say when the next attempt at raising the ship would be.



BAYSIDE MOBILE VET

SPECIAL DEAL! Mention this advertisement to receive free worming treatment.

COMPASSIONATE VETERINARY CARE

in the relaxed environment of your own home

- Nervous pet?
- Multiple pets?
- Transport issues?
- Time poor with work and family commitments?
- Dog limping or cat scratching?

LET US HELP



0488 061 444

www.baysidemobilevet.com.au

Melb. Food & Wine Festival ~ Docklands
2 & 3 March • 11am - 3pm

Dig Docklands & Get Jazzy

Where the earth meets the water, delight in sampling the variety of food Melbourne's Playground, the Docklands, has to offer.

www.destinationdocklands.com.au

Proudly part of **melbourne food & wine festival** 1-17 march 2013
Presented by Bank of Melbourne

CITY OF MELBOURNE Places Victoria Harbour Town Shopping Centre medibank JOZHOUSE ATLANTIC GROUP Lend Lease MAB mirvac

WHAT'S ON AT THE HUB AT DOCKLANDS

PROGRAMS RUN BY THE COUNCIL

TAI CHI ON THE DECK (JANUARY 10 - APRIL 18)

Tai Chi is an internal Chinese martial art that has been practiced since the 16th Century. It is a tranquil and graceful way of keeping fit, improving your health, and helping to prevent the stresses and strains of modern living. WHEN: Thursdays from January 10 - 7.30am to 8.30am (Free - courtesy of City of Melbourne and The Hub @ Docklands). No bookings required, on rainy days classes will be held inside.

LUNCHBOX SESSIONS

After the success of our lunchbox sessions in 2012, The Hub will be running a new program of lunchbox sessions in 2013. Bring your lunch and learn something new, about cooking, gardening or history. Or simply sit back and listen to some beautiful live music. WHEN: The second Thursday of the month - 12.30pm to 1.15pm. Sessions are free and there are no bookings required.

TUESDAY NIGHT TABLE TENNIS

Feel like a casual game of table tennis? Want to meet some other players? Then come down to the Hub on Tuesday nights, the perfect excuse to be social and active at the same time! WHEN: Every Tuesday - 8.00pm to 10.00pm. Gold coin donation requested. To enrol, please visit The Hub or call us on **8622 4822** for more information.

LUNCHTIME TABLE TENNIS

Are you spending your lunch breaks at your desk? Do you need to get out for some fun and exercise? If so, come down with a partner for a free game of table tennis at The Hub. WHEN: Wednesday and Fridays - 12.00 noon to 1.00pm OR 1.00pm to 2.00pm. Bookings essential, either in person or over the phone on **8622 4822**.

PLAYGROUPS

Playgroups are a great way for children to learn through play, and for families in the community to connect and meet. To join a playgroup at The Hub please contact Kirsty Bates: kirbat@melbourne.vic.gov.au and register with Playgroup Victoria: www.playgroup.org.au.

STOMPERS

Encourage your child to have a life-long love of books by coming along to Stompers, a weekly program run during school term for toddlers aged 18 months to 3 years. Come along for a half-hour of stories, songs, rhymes, music and most of all, FUN! WHEN: Mondays - 11.00am to 11.30am. For more information call Bernadine Nolen on **9658 8302**.

PRIVATE PROVIDER PROGRAMS



MUDITA YOGA

Improve your health and commit to a happy, balanced life. Mudita Yoga offers Hatha Yoga classes suitable for all ages and experiences in a relaxed environment. WHEN: Tuesdays - 12.05pm to 12.55pm, 6.30pm to 8.00pm AND Thursdays - 6.45pm to 8.15pm. Casual classes \$20, class passes also available. Contact Brooke McGlinchey on **0403 668 705** or muditayogamelb@gmail.com



MINI MAESTROS

Introduce your child to the magic of music with Mini Maestros. Our unique Australian music programs for babies and young children aged 6 months to 5 years are carefully developed by early-childhood music-education experts. WHEN: Tuesday mornings during school term. Contact **0412 087 811**, or email karen.dunlop@minimaestros.com.au



YULONG WUSHU TAI CHI CLASSES

Tai Chi is an internal Chinese martial art that has been practiced since the 16th Century. It is a tranquil and graceful way of keeping fit, improving your health, and helping to prevent the stresses and strains of modern living. WHEN: Mondays - 12.00noon to 1.00pm. Cost is \$130 per 10-week term. Contact: email info@yulong.com.au, phone 0407 941 101 or visit www.yulong.com.



DOCKLANDS BRAZILIAN JIU JITSU

Brazilian Jiu Jitsu is a fantastic martial art for effective self-defence and getting fit. Located just across from the NAB building, Docklands BJJ is a fun and safe place to train. Come and try your first session for free! WHEN: Monday, Tuesday and Thursdays - 5.45pm to 7.30pm. Contact: phone **9016 8471**, email info@docklandsbjj.com.au or visit www.docklandsbjj.com.au



DOCKLANDS TOASTMASTERS CLUB

Improve your public speaking, leadership and communication skills! WHEN: Every second and fourth Monday of the month - 6.30pm to 8.15pm (excluding public holidays where the meeting is on Tuesday of that week). See website for further details. Cost: Free for attending as a guest. There is a small membership fee should you decide to join our club. Contact: 985430@toastmastersclubs.org or www.docklands.toastmastersclubs.org/



YHA BUSHWALKING

Adventure comes to the Hub with YHA Bushwalking, an active outdoor group that runs trips every weekend. Activities include day-walks, overnight pack carries, extended trips, accommodated weekend, snow walks, information nights and social outings. www.yhabush.org.au or contact Andrew on **0413 410 887**.

SPANISH-SPEAKING PLAYGROUP

If you speak Spanish and have children aged up to 5 years, CELAS would like to invite you to take part in our Spanish speaking playgroup. Parents and children will have the opportunity to get to know other families, share, play, learn and interact. WHEN: Mondays and Thursdays - 9.30am to 11.30am. Cost: \$40 per term. For more information call CELAS on **9600 4633**.

CLASSICAL GUITAR SOCIETY VICTORIA

In 2013, CGSV will be holding monthly Guitar Gatherings at the Hub. At CGSV's Guitar Gatherings performers and listeners alike can enjoy the classical guitar repertoire. WHEN: Starting 18th February - 7.00pm to 9.00 pm and then the third Monday of each calendar month. For further details go to www.melbourneguitar.com

HEARING CHECKS

Hearservice, a division of the Victorian Deaf Society, is offering free adult hearing checks at the Hub in 2013. The hearing check usually takes 20-30 minutes in total. WHEN: Second Thursday of each month - 2.00pm to 4.00pm. Bookings are necessary; please ring **8622 4822** to schedule an appointment.

Networking in Docklands

Docklanders munched, mixed and mingled at the Docklands News Networking Lunch in December.

The event was held at Hooks @ The Yarra at Yarra's Edge on Friday, December 7.

And on Tuesday, January 15 businesses again came together to network at a Docklands Chamber of Commerce event on Quest III.

The event was held between 3pm and 5pm, a special time so that hospitality businesses could attend.

While well attended, only one Docklands hospitality business was represented. The others missed the opportunity to hear Cirque de Soleil representative Robert Naumann outline opportunities for local businesses to connect with an expected influx of 200,000 visitors.

Mr Naumann talked about how businesses in other places visited by the circus took advantage of the increased visitation.

In an interactive forum, the meeting then discussed the best ways to leverage the opportunity.

The next Docklands News Networking Lunch will be held from 12 noon on Friday, March 15 at Sura Korean Restaurant in Harbour Town.

Sura is new to Docklands and can be found upstairs on level one, just across the pedestrian bridge from the multi-storey (east) car park.

Again, the cost will be \$60 and bookings and

payments need to be received by Docklands News by March 8.

Email lunch@docklandsnews.com.au or phone us on 8689 7979.

Menu

Entree: Family style (sharing) – sweet potato glass noodles with vegetables and soy marinated beef and soft shell crab spicy salad

Main: Alternating – Slow-cooked beef rib and hot stone pot rice with chicken teriyaki

Dessert: Family style (sharing) - Fruit platter

Beverages: Red and white wine, heavy and light beer, tea and coffee



Harry Nguyen and Fiona Hoppe at the Chamber of Commerce networking event.



Kathy Deacon and John McGaw at the Chamber of Commerce networking event.



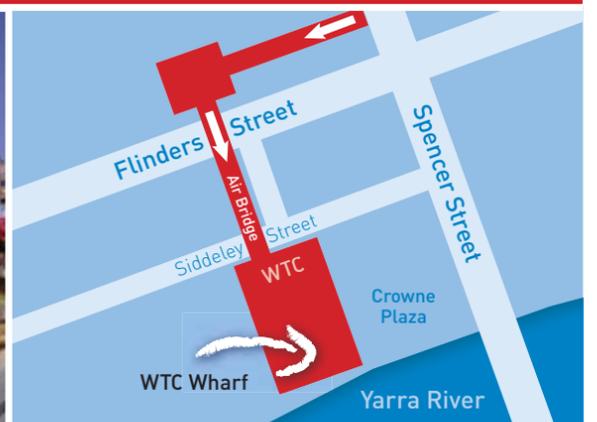
Louise Tolson and Randall Bradshaw at the Docklands News Networking Lunch.



Jade Le and Josephine Tan at the Docklands News Networking Lunch.

riverside dining melbourne style.

WTC Wharf is Melbourne's first absolute wharf edge dining precinct, with world class restaurants, bars and a purpose built events centre.

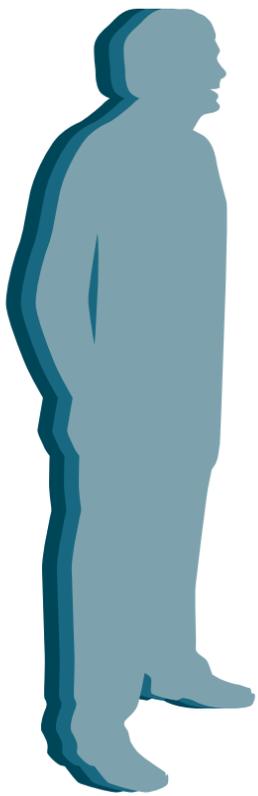


World Trade Centre
Corner Flinders and Spencer St
wtcwharf.com.au



The Wharf Cellars





DOCKLANDER

From Birmingham to Docklands

Chris Shaw thinks Docklands is a great place to live.

Last year he and his partner Angie moved to Australia from Birmingham in the UK, after Chris secured a four-year contract with Victoria University (VU).

Upon arriving in Melbourne the pair had only two weeks to find a place to live and they quickly agreed on Docklands.

Chris and Angie now live in NewQuay and Chris said they chose Docklands as their new Australian home because it was such a convenient location.

"It's close to everywhere in Melbourne," Chris said.

Chris is an exercise enthusiast and loves the fact that he is able to cycle to and from Docklands easily.

He cycles to work everyday, travelling down the bike path to VU in Footscray.

Chris works at the Institute of Sport, Exercise and Active Living (ISEAL) at VU and is involved in a study looking at high intensity interval training (HIT).

This form of exercise involves short bursts of repeated high intensity training.

"The advantage of this exercise is that you can substantially reduce the time commitment of exercise but get large improvements in health and fitness," Chris said.

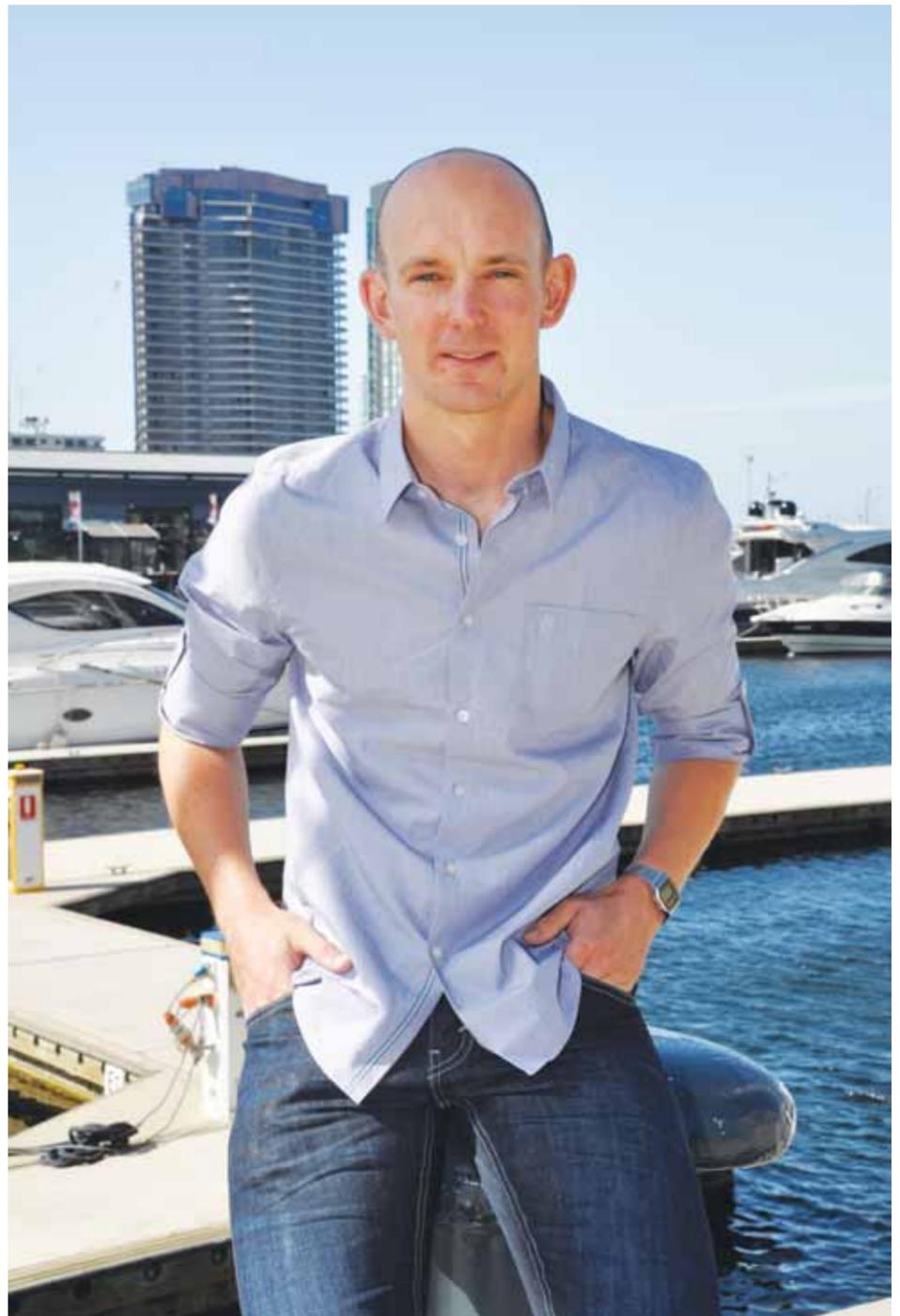
Chris is currently looking for participants to take part in a HIT research study at ISEAL.

He is looking for participants aged under 40 who do not regularly exercise.

Chris said he hoped people's new year resolutions to get fit might encourage them to take part in the study.

Participants need to be available for a few hours on two consecutive mornings.

For more details contact Chris on **9919 4828** or at Christopher.Shaw@vu.edu.au.



**Profile by
Bethany Williams**



NEWQUAY DENTAL COSMETICS
General & Cosmetic Dentistry

Your Smile is Your Logo

Dr. Joseph Moussa is a member of the Australian Dental Association, the International Team for Implantology and the Ossio integration Society. Having over twenty years of experience in general dentistry, with a special interest in cosmetic dentistry.

We are equipped with the latest technology available in dentistry today. NewQuay Dental Cosmetics provides unhurried personal dental treatments. We offer chair-side whitening, ceramic veneers, dental implants and more.

To make an appointment call
Tel: (03) 9602 5587
Emergency: 0412 777 612
www.nqdentalscosmetics.com.au

Office BOY
Workplace Interiors



So, you're the one they've chosen to organise the Office Fitout!

Need help?



Any job size
Affordable

Phone: **1300 858 176** | Fax: 03 8787 8176 | www.officeboy.com.au | Office Fitouts Melbourne | Office Ideas



GREETINGS FROM THE DOCKLANDS COMMUNITY ASSOCIATION



Happy New Year and it is good to be back in touch.

The New Year's Eve fireworks display in Docklands at midnight was the usual great show but council's refusal to stage the 9.30 show for families was sad and there was disappointment.

The report by observers is that the crowd was down, certainly in NewQuay, which was only to be expected due to the 9.30 cancellation. I understand there was overcrowding at Yarra Park, with long queues for food and drink.

Interestingly, a 10pm fireworks display which accompanied the carols in the piazza at Waterfront City on the Sunday night before Christmas, drew a huge crowd with no security issues.

We still believe the crowd management excuse given by council for the NYE 9.30 cancellation was flimsy and that the real reason was to save cost despite the negative impact.

Our DCA Christmas Party on December 5 was a great success with a record attendance of 83 people. The DCA also had a record sign-up of new members. We may consider

holding another "meet and greet" mid-year.

Priorities for Docklands facilities/amenities which have been identified by the Community Forum include the provision of a school, waterways development and redevelopment of Harbour Esplanade.

The need for a school is exacerbated by difficulty in getting children into schools in surrounding areas.

Regarding redevelopment of Harbour Esplanade, we are told that Places Victoria and the City of Melbourne are continuing to plan for the long-term future of the area and intend to liaise closely with the community as part of this process.

In the meantime, Places Victoria is progressing wharf demolition and rectification / civil infrastructure works to ensure the Esplanade's safety in the short-term. An application to Heritage Victoria was being prepared for these works. As part of this process, Heritage Victoria requires the rectification works to be advertised for 14 days, which was scheduled to take place from Wednesday, January 23, with a sign appearing on-site.

The actual physical work on this large scale project is a fair way off. The preference of

many is for a linear park from NewQuay to the Victoria Harbour Promenade. The question of what the stretch should have on it will be dealt with later. Suffice to say it will be the subject of vigorous debate, given what we know of council's plans for sheds.

Our current Planning Minister Guy has put through building planning reforms last year called the VicSmart Bill which makes it easier for developers. Objections to VCAT are denied for large projects.

The Minister loves high-rise development. When we add the revelations regarding developer donations for recent council elections, what hope have we got in trying to get some balance with developments?

The Minister has recently approved two more residential towers to go on the western side of the piazza. Concerns relating to overshadowing, reduced open car parking, reduced open space, wind tunnel effects, etc are ignored. There is widespread protest from around Melbourne and suburbs to the legislative changes.

A comment from an officer of Places Victoria has thrown some light on the reason for the sterility in our area. The officer stated that Docklands is just an extension of the city

with its layout of rows of buildings. Not good!

It wouldn't be quite so bad if they provided some public gardens but they haven't, with the nearest being Flagstaff Gardens in West Melbourne. Hence our push for a linear park on the Esplanade to compensate.

In any event, Docklands is not just an extension of the city but a new major waterfront living, working and recreation area which should be made for residents, workers and visitors to enjoy.

The next combined meeting of OC Chairs in the inner city and Docklands will be held in early March. Numerous topics include strata management, the Melbourne Planning Scheme and the effect on building committees of the current OC legislation will be discussed. OC networks in other states, which are more advanced, are keen for us to expand and join forces.

If any reader would like to become a member of the DCA or has any suggestions, they are welcome to call me on **0412 097 706**. You can also keep up via our website www.docklandscommunityassociation.com

Regards to all

Roger Gardner, President, DCA



NORTH WHARF NEWS

Docklands is a "home away from home" for about 60,000 seafarers annually visiting the Port of Melbourne.

Ships' crew rely on the facility and services offered by the Mission to Seafarers. Seafarers work in isolated and often dangerous conditions and sometimes require counsel and care for distress which may arise from working at sea.

Responding to the demand of global trade is work that few of us could otherwise imagine unless you have done the same, or spoken in depth with a seafarer. The true life of a

working seaman is humble and often heroic.

As a destination, Docklands may be evolving slowly in the minds of Melburnians. However, for seafarers, the Docklands offers a variety of opportunities to ensure that their limited "shore leave", whilst their ship is in port, is productive and pleasurable.

The Mission to Seafarers building complex is registered with the National Trust and is recognised for its historic and on-going

significant contribution to the seafaring community.

The organisation first began in 1857 and has operated from 717 Flinders Street, since 1917. With 95 per cent of world trade relying on shipping and just 1.4 million seafarers responsible for sea transportation of goods, it seems that there is good cause for the on-going provision of services to support seafarers whilst visiting Australian shores.

Currently the MtSV is working with North Wharf precinct developers Asset 1 to ensure that the mission building is a priority in heritage planning and future developments at North Wharf.

The Mission to Seafarers is a not-for-profit organisation relying on the generosity of donors, sponsors and volunteers who support the club's operations which are available 365 days of the year from 10am - 10pm for visiting crew.

Seafarers who do not receive shore leave are visited on their ships and are offered a welcome and whatever help they need. This can range from enabling them to contact their families at home via mobile phone or email, post mail or other support they require.

While most seafarers are treated well, some are still abandoned in ports far from their homes, or remain unpaid or forced to work in unsafe or unacceptable conditions. In such situations, the Mission plays a vital role.

Far from the romantic adventures of the Arabian Nights' *Sinbad the Sailor*, many seafarers consider depression to be their biggest storm at sea.

Sailor Rod Ivan Puno wrote: "Life at sea is like living in an ageing world, a prisoner of opportunity, convicted for survival. As the sailor embraces the sea, he counts on lonely nights, killed in forbearance, crying in silence."

Describing the life of a seafarer as a "prisoner of the sea," third mate Tere-sito Veano, in moving prose wrote: "We, seamen, are like prisoners. We are deprived to be with our families, friends and loved ones."

If you are interested in finding out how you can support the work of the Mission to Seafarers - there are many ways you can help. Volunteer just four hours of your time to work in the club as a host or driver or please consider making a tax deductible donation.

To enjoy the variety of music, art and culinary events and activities and also historic surrounds of the mission building complex and its recreational facilities the MtSV would welcome you as a Crew 717 Social Club member.

Until next month ...

Andrea Fleming,
CEO, Mission to Seafarers

and

Philip Hill,
strategic director, WTC Asset 1



YMCA Docklands

Building a Stronger Docklands Community

With over 60 Group Fitness each week, we're sure to have something you will love!

www.docklands.ymca.org.au

YMCA Docklands on Collins
The ANZ Centre, 833 Collins St, Docklands
T: 8621 8300

YMCA Docklands Victoria Point
Level 4, 100 Harbour Esplanade, Docklands
T: 8615 9622
E: docklands@ymca.org.au



DOCKLANDS WRITERS

*People I've met, places I've been
& things I've seen*

A night in Hanoi

By Susan Wells

Sounds of honking motorcycle horns rise from a swarm of traffic and fill the air.

The occasional car beep announces a car pushing its way through the jammed streets. A news broadcast crackles out loudly from large speakers mounted on street corners. I weave my way through the melee toward the old quarter.

The Hanoi air is heavy and cold and grey. Misty rain sprays my face. Awnings along the street above the pavement are leaking dirty water and a stream catches my leather jacket. I'm on my way to the bar in the old quarter and I pace on firmly ahead. Will I get there in time? What state will I be in when I arrive?

It's early evening and I enter the bar heading for a table at the front, but then see the Pakistani man up at the bar. He's talking to a petite young blonde woman and an older man with greying hair. They both seem to be remarkably suntanned for this time of year. I surmise they've travelled from the tropics and are now on their way home ... Europe, America?

The Pakistani man glances around, and then beckons me over with a somewhat arrogant hand gesture. My heart races as I remember our last meeting. I recall that I had been intrigued and had allowed myself to be seduced into the risk ... As I take a seat next to him, he greets me with a dazzling smile and takes my hand.

"How are you, Anna?"

"Good thank you! And you?"

I smile, trying to mask anxiety and excitement. I'm glad it's getting dark and the bar is dim.

He's dressed smartly in white shirt, black jacket and designer jeans and his long, shiny black hair is secured into a neat ponytail. His black eyes, laced with the most beautifully long eyelashes, dance and sparkle as he speaks, even though he speaks carefully and in a business-like manner. His eyes, as before, captivate me.

We talk for a couple of hours. The connection is there. He still seems so easy to talk with and tells me I am as well. His wide smile turns into bursts of laughter at my lame jokes and anything else he finds amusing with me. I finally strike up the courage to ask him if he's heard from his wife and children. He doesn't answer, just asks me if I want to go for a meal. I don't pursue the line of questioning any further. We head for one of the restaurants down the street. The cold has settled.

The waiter greets us with a cheery "Bonjour". The warm greeting delights me and I suddenly wish I knew how to speak French. Plates of fragrant spicy meats, noodles and salads arrive at our table with Vietnamese beers, the perfect accompaniment to this lavish and spontaneous banquet.

After dinner we walk on, into the chaos of the night, through the crowded streets, and I remind myself that I'm sure Hanoi never rests. My Pakistani man walks quickly ahead of me and I follow his lead home ...

I ♥ THE NIGHT LIFE



Ovo amazes

By Bethany Williams

The circus has come to town and Docklands is well and truly in the thick of all the action.

Cirque du Soleil's *Ovo* is currently amazing audiences in Docklands as it plunges into the colourful, lively and entertaining world of insects.

Ovo begins when the everyday life of a creepy-crawly community is interrupted by the arrival of a strange and unidentifiable insect carrying a large egg.

Immediately the foreigner falls for the local ladybug, setting in place the theme of love, which carries on throughout the show.

What follows is an insight into the insect world through a series of amazing acts including unbelievable aerial feats, impressive acrobatics and astonishing slackwire stunts.

At the Docklands premiere the audience was astounded by flowers unfurling from the roof, ethereal butterflies taking flight, crazy crickets climbing walls and quirky ants juggling more than just food.

Some of the acts in the show were literally jaw dropping. It was hard to comprehend

the level of precision, skill and agility exhibited.

An eight-piece band performed live, with a musical score that encompassed bossa nova, samba, funk and electro.

Composer and musical director Berna Ceppas even sampled actual insect sounds to incorporate into the musical score.

57 artists feature in *Ovo* and are supported by a staff of about 350, some who travel with the show and others who are hired locally.

According to *Ovo* company manager Rob Naumann a show like *Ovo* takes up to two years to bring to life.

"Cirque du Soleil tries to make sure every show is different and every show is better than the last," Mr Naumann said.

He said *Ovo* was the best family show that Cirque du Soleil had ever done.

After seeing the show it's clear *Ovo* is a crowd pleaser.

NOW OPEN!

Snowbird
frozen yoghurt



NOW OPEN
SATURDAY!

Summer Hours

Monday through Friday 11:30am - 8:30pm
Saturday 12:00pm - 8:00pm
840-842 Bourke St, DOCKLANDS

Choose a traditional cone or cup of 98% FAT FREE frozen yoghurt or try our new treats including snowdrops and yogurt pops.



Make a splash this summer with the **hottest fashions at the coolest prices.**



Become part of the FREE Harbour Town VIP Shopper program by signing up online at harbourtownmelbourne.com.au or in person at the Tourism Lounge located on the ground floor. With exclusive Harbour Town VIP discounts and a fortnightly e-newsletter which includes special promotional offers, there's never been a better time to join. And don't forget, Harbour Town has everything you need for that special Valentine's Day gift!



JAM HBM/0472



harbourtownmelbourne.com.au | Ph (03) 9328 8600
Entry off Footscray Road or Docklands Drive, Melbourne Docklands

harbour town
there's no town like it

Join us this **VALENTINE'S DAY** for our **Skate Date Night**

READY FOR ROMANCE?

Kicking off on Valentine's Day, and then every Thursday night, Medibank Icehouse is dimming the lights and turning up the mood music for a night of fun-filled romance on the ice.

Whether you're already in love or looking for love, ice skating is one of life's true romantic pleasures. So hold hands, snuggle up close and get your heart racing - it will be love at first skate!



- ♥ **SPEED DATING**
- ♥ **LOVE SONGS & DEDICATIONS**
- ♥ **SKATING & DANCING ON ICE**
- ♥ **KISS CAM & PRIZES**
- ♥ **FREE SKATE LESSON***
- ♥ **DRINKS AVAILABLE AT THE BAR**

*Conditions apply

105 Pearl River Road Docklands, opposite Harbour Town
icehouse.com.au

medibank icehouse
Skate 7 days a week • 364 days a year



Brought to you by:



Visit The Travel Doctor stand at the Adventure Travel Expo at the Royal Exhibition Building, Carlton, on February 23 & 24

TRAVEL DOCTOR
Level 4, 700 Collins St, Docklands 8622 6333
docklands@traveldoctor.com.au

Share your travel offers and deals: email greg@docklandsnews.com.au

How to Bungle a Kimberley tour

By Greg Hackett

It was the first day of an 11-day coach tour of the Kimberley, from Darwin to Broome, and our first stop was the beautiful Katherine River Gorge.

As our escorted group walked towards a bend in the river, known in indigenous folklore as the "Rainbow Serpent's resting place", I noticed a snake lazing on the rocks below ... what a perfect photo opportunity for my travel story.

So I quietly left the group and tour director, and jumped down from a ledge, only about half a metre, to get a better angle. Excruciating pain shot through my right leg! I had landed awkwardly on a slight slope, and in typical tourist fashion I was stupidly wearing thongs rather than walking shoes. Grimacing, I snapped the pic and gingerly hopped back to the tour group.

As I sat, nursing my injured leg, my companion decided not to nurse my feelings as she pointed out that "you're not 20 any more, but you will go jumping out of planes, diving with great whites, spearfishing - just for a travel story", and told me to stop being a sook. She was entirely correct.

Even though I have a high pain threshold,

instinct told me I had damaged something, so I stayed off my right leg as the knee rapidly ballooned with swelling. I was extremely fortunate that the retired head of nursing and the retired head of radiology at Royal Adelaide Hospital were on this tour, and they ordered me to put no weight on my right leg, and that a hospital visit was essential.

The tour director was very concerned and wanted to fly me back to Darwin hospital, but my heart was set on doing a walking tour of the spectacular Bungle Bungle Ranges (Purnululu) in the next day or so, and I insisted it was just a sprain, and to please pass me another chilled sav blanc. So, at every sightseeing stop for two days, I sat in the cool air-con coach, comfy in two seats and with my leg resting on extra pillows, as I took pics through the window. My fellow travellers, all sincerely lamenting my misfortune, did have a look of envy as they sweated in 40-plus degrees outside. Being a coach tour, there were quite a few retirees on board, who had no shortage of painkillers in their medicine bags.

We arrived in Kununurra, and I conceded defeat - I would be silly to try and walk through the Bungle Bungles. So our tour director generously replaced that optional extra with a morning flight over the ranges in a light plane. The sight was incredible: the large, beehive-shaped, striped sandstone pillars of the Bungle Bungles; a bird's eye

view of the open cut Argyle Diamond Mine; the mind-blowing immensity of man-made Lake Argyle and Ord River irrigation scheme.

Then I was brought back to earth, as I hopped along to Kununurra hospital, where I told the young resident doctor that I thought I may have broken my leg, it hurt so much. He scoffed at that - "you wouldn't have lasted this long mate, if it were broken" - and sent me to X-ray. Sure enough, there was a break behind my kneecap - "fracture of the tibial plateau" was the medical term. Next came phone calls to my GP in Melbourne, who booked me in to see an orthopaedic surgeon - who was away at a "conference" in Bali for another three days. Again, our tour director wanted to immediately fly me to Melbourne, but, longing to see Cable Beach at Broome, I insisted on finishing the trip (and story); besides, these days a convenient, removable brace replaces plaster on a broken leg so I had some mobility.

Ten days after the incident and back in Melbourne, the orthopaedic surgeon was dismayed that I had delayed for so long. His initial prognosis that I would need major surgery and a bone graft, and would never regain full knee functionality, fortunately proved unfounded - thanks entirely to the initial good advice of the retired medical experts on the tour, I had not worsened the break. However, I needed an operation to insert two screws in my leg; there were



The magnificent Katherine River Gorge, one stop on a fabulous Darwin-to-Broome coach tour. Always take care when adventuring in Australia's wilderness.

some complications during the operation and extra holes were drilled, so recovery in hospital took longer; one screw proved a nuisance as its tip protruded through the bone (very painful), which meant more surgery months later to remove the screws (usually they are best left in place).

In all, it was many months of pain, two operations under general anaesthetic, and a long recovery with a cumbersome leg brace. So, always listen to your tour director's advice, don't leave the group, always wear suitable shoes (and clothes), and have adequate travel insurance because you never know when expensive medical transport may be required.

Oh, and the cause of it all - the pic of the little snake, was blurred and unpublishable. Grrrr.

FIVE STAR FUNCTIONS AT MELBOURNE AQUARIUM

VALENTINE'S DAY



ENJOY THE MOST ROMANTIC NIGHT OF THE YEAR IN A WORLD OF UNDERWATER ENCHANTMENT AT MELBOURNE AQUARIUM.
THURSDAY 14 FEBRUARY 7:00PM - 11:00PM

EXCLUSIVE MENU ● CHEF'S SELECTION OF CANAPÉS
ON ARRIVAL ● UNLIMITED BEVERAGE PACKAGE

FROM \$149 PER PERSON

LIMITED SPACES. BOOK NOW !

CONTACT THE FIVE STAR FUNCTIONS TEAM ON (03) 9923 5952
or email functions@melbourneaquarium.com.au Visit www.melbourneaquarium.com.au for further information.

AQUARIUM AFTER DARK



A FANTASTIC EVENING OF GREAT FOOD, MUSIC AND AMAZING DISPLAYS.
FRIDAY 22 FEBRUARY 6.00PM - 8.30PM

● \$78 PER PERSON (INCLUDES FOOD, WINE, BEER AND SOFT DRINKS)
● \$74 PER PERSON FOR BOOKINGS OF TEN OR MORE



MELBOURNE AQUARIUM
FIVE STAR FUNCTIONS



DOCKLANDS FASHION



Fashion on the Streets of Docklands

Richard Philbert, 22

LOCATION?

Harbour Town

WEARS?

Industrie shirt, black Levi jeans and red Vans.

DESCRIBE YOUR OUTFIT?

It's just what I threw together for work. I'd say my style is a bit indie.

WHAT BRINGS YOU TO DOCKLANDS?

Working at Industrie.

WHERE ARE YOU FROM?

I'm currently living in Malvern but I'm from London.

WHAT IS YOUR FAVOURITE PIECE OF CLOTHING?

Probably the shirt that I'm wearing.

WHAT MAKES A GOOD OUTFIT?

Wearing something comfortable that suits your own style.

Alana Smith, 17

LOCATION?

Harbour Town

WEARS?

Black Levi jeans, tan Novo shoes, pink polka dot Factorie shirt, black Raybans.

DESCRIBE YOUR OUTFIT?

A bit edgy but with a sense of prettiness to it.

WHAT BRINGS YOU TO DOCKLANDS?

Shopping.

WHERE ARE YOU FROM?

Eltham.

WHAT IS YOUR FAVOURITE PIECE OF CLOTHING?

Any of my heels.

WHAT MAKES A GOOD OUTFIT?

Something unique.

Emily Robinson, 21

LOCATION?

NewQuay

WEARS?

Mink Pink butterfly print pants, black Bonds singlet, Globalize earrings and Jo Mercer shoes.

DESCRIBE YOUR OUTFIT?

Comfy and bright.

WHAT BRINGS YOU TO DOCKLANDS?

Working at Jo Mercer.

WHERE ARE YOU FROM?

Port Melbourne.

WHAT IS YOUR FAVOURITE PIECE OF CLOTHING?

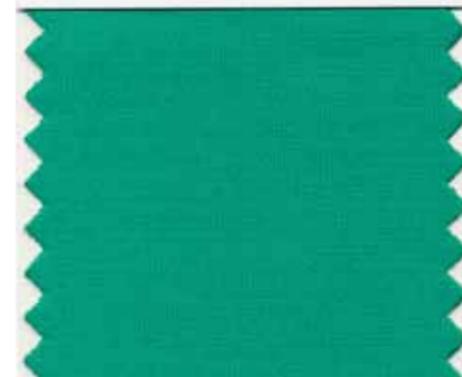
A really beautiful purple vintage dress.

WHAT MAKES A GOOD OUTFIT?

Adding your own twist to it.

PANTONE®
17-5641 TCX
Emerald

PANTONE®
17-5641 TCX
Emerald



Emerald City

By Nicola St John

Each year, the global colour corporation Pantone polls designers and brands to help elect a "colour of the year".

It signifies what hue will be prominent, from fashion, industrial design, cars and interiors.

The company has named emerald green, specifically shade 17-5641 as the prestigious colour for 2013. So expect a green invasion.

The new shade takes the crown from the spirited reddish orange hue, which held the honor for 2012.

From the Emerald City from the Wizard of Oz, Elizabeth Taylor's sparkling gems and the royal jewels, the luscious shade of green has had quite a history.

Emerald seemed to have its glory in the 1980s. Its pinnacle surely in Princess Diana's emerald and diamond choker with matching taffeta dress moment.

At least the Irish will be pleased. Emerald seems a very happy-go-lucky colour, with variations mint and teal tipped to make a splash in the fashion world. So forget about the green coloured beer on St Pat's day and start thinking about adding an emerald hue to the wardrobe for 2013.

It's the colour of nature, health and tranquility, yet green is all fun and games until we remember its association with poison and envy - think Poison Ivy and the Grinch.

So let's hope the fashion pack can use this vivid shade of green to make us all look royally polished, rather than green with jealousy this season.

Easy living planters

- Award winning Edible Islands
- Mobile, generous sized planters for trees and plants.
- Fit in lifts, great for rooftops, balconies courtyards, patios.
- Plants grow 60% better than in the ground.

p +61 03 9489 3118
m 0405 515 561
info@edibleislands.com.au
www.edibleislands.com.au



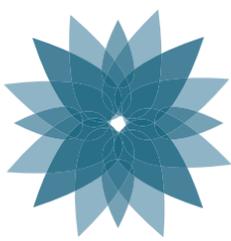
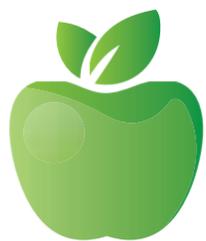
NDL REALTY

Looking for a Specialist Property Management Business? Then look no further, **NDL REALTY** is a business local to Docklands. As a multi-lingual team we commit to serve a culturally diverse market; offering a reliable, un-matched personalised service to assist you in all your real estate needs.

想出租或出售吗? **NDL** 房地产可为您提供服务!
欢迎咨询!

T: (03) 9670 7705 E: info@ndlrealty.com.au
Website: www.ndlrealty.com.au
4/198 Harbour Esplanade, Docklands, VIC 3008





HEALTH & WELLBEING

Transforming lives through corporate wellness programs

Are the staff from shipping and logistics company ANL & CMA CGM the fittest and happiest employees in Docklands and Melbourne?

According to HR manager Pascale Toussat and YMCA Docklands manager and fitness expert Andrew Ward, they could well be.

In early 2012, ANL & CMA CGM employees participated in the government-funded WorkSafe health testing to help determine their overall health and fitness status, as well as screen for more serious conditions like heart disease, stroke and diabetes. After receiving the summary report and subsequent grant for investment in health solutions, Ms Toussat tasked Mr Ward from the YMCA with customising a health and wellness solution for her organisation.

Employees were consulted around their preferences for exercise and activity which was passed on to the YMCA along with the WorkSafe test results for program design. The YMCA proposed and delivered an eight-week "Passport to Fitness" program, consisting of both group exercise classes and educational seminars covering exercise and nutrition – all delivered onsite in ANL's training room during lunch hours.

Three 30-minute express classes were scheduled two days per week with formats including pilates, yoga, CX Worx core training, stretching and body balance. ANL used online booking systems and surveys to communicate the program to its employees, which further enhanced the professionalism of the initiative.

Participation and engagement with the



Pascale Toussat (left) and Andrew Ward.

program was outstanding. Classes were always booked out, well attended and thoroughly enjoyed by the staff. Fitness

testing before and after the program showed that all participants' drastically improved in their overall strength, endurance and flexibility.

"The most pleasing thing for me in the delivery of this program was how we connected with, and transformed the lives of people who would never have joined a gym," Mr Ward said. "To then see these individuals achieve real and measurable results, and then to go on to become advocates of a healthy lifestyle, was incredible."

"Much of the credit for this is down to the modern and proactive cultures at ANL & CMA CGM. The CEO, CFO and HR manager are all very active and exercise on a regular basis. That, in itself, is outstanding leadership when it comes to endorsement of such programs."

Ms Tossat said: "I believe this program changed the life of many employees who are now endorsing regular physical activities. It not only created a sense of wellbeing for these employees but also developed a 'community of health' – self-managed and promoted by all attendees."

"From a management point of view all the efforts put in implementing this program are long term investments and the returns are tangible in terms of morale and employees engagement"

ANL's Caroline Liptak said: "As well as becoming fit and healthy, and being a lot of fun, it was a great opportunity to mix and make friends with co-workers that we either didn't know, or had never said more than 'hello' to in passing."



SPONSORED BY:

Port Melbourne Veterinary Clinic
 ... friendly professional pet healthcare
 109 BAY STREET, PORT MELBOURNE
 T: 03 9646 5300 WWW.PORTMELBOURNEVET.COM.AU

A heavenly home for Zeus

When you're named after a Greek god you've got a lot to live up to.

Although tiny Zeus may not have the might of the greek god he was named for, you could definitely describe his home in Docklands as heavenly.

Zeus is a seven-month-old Pomeranian and lives with his owner Michael Korfias at NewQuay.

It was lucky Michael had Zeus on a leash the day *Docklands News* met the pair as the wind was so strong that the pup was almost blown away.

Despite the wind, Michael said Zeus was a happy animal who loved going on daily walks up and down NewQuay Promenade.



Zeus receives a \$25 gift voucher from Port Melbourne Veterinary Clinic



Comprehensive medical & surgical care for your pet
 Open 7 days a week
 Mon-Fri 8am to 7pm
 Sat-Sun 9am to 5pm

For advice and appointments
 Ph: 9646 5300
 www.portmelbournevet.com.au
 109 Bay Street
 Port Melbourne, 3207





Docklands did not close down throughout December and January when many Docklands workers took their holidays. In fact, many holiday-makers came to Docklands when visiting Melbourne.

It was business as usual for the Docklands Chamber of Commerce. In January the DCC held its first networking afternoon on board Quest III.

Around 40 people from small and large businesses attended and a fruitful afternoon was spent looking at ways the chamber can help businesses.

We were very fortunate to have Andrew Dunn and Robert Naumann from Cirque du Soleil attend and tell us about the show and invite local businesses to share in the visitation by putting on packages to tie in with Le Cirque du Soleil's OVO theme.

This represents an excellent opportunity for local businesses to leverage off the successes of other events. Contact the Chamber of Commerce if you are interested to learn more.

The next chamber networking event is 3pm on Tuesday, February 19. This will feature Michael Hauser from Tourism Victoria who will explain how local businesses can take advantage of free digital marketing.

The subjects to be covered include:

Digital marketing and how to get the most out of Tourism Victoria's digital channels;

How you can promote your business or events through VisitVictoria websites; and

We will also hear from local expert Matt McInnes from Pragmatics who will discuss how all businesses can benefit from digital technology.

This is a great opportunity for local businesses to learn ways of promoting brand awareness to target markets through emerging digital technologies.

There were a number of major events in Docklands over December/January.

Cirque du Soleil is performing a season at Docklands and I am hearing rave reviews. Tickets are still on sale, so make sure you do not miss out.

The Chronicles of Narnia finished their season in January which provided plenty of entertainment for kids of all ages.

Although the 9.30 New Years Eve fireworks were cancelled due to concerns about crowd

movement, the midnight fireworks proved to be very popular. Unfortunately many visitors still came expecting 9.30 fireworks. Hopefully this next New Year's Eve we will sort this all out to for the best outcome for Docklands.

Destination Docklands put on a magnificent Australia Day weekend that was well attended. I have never seen so many fishing rods with people attached to them ... the bait was obviously perfect.

Many people participated in a "Thong Throwing" competition while others learned to make and fly a kite. It was a great weekend and shows that Docklands is a great place to be.

The Melbourne Food and Wine Festival is coming to Docklands with two events planned.

The weekend of March 2-3 will see a jazz festival at Yarra's Edge and along Harbour Esplanade there will be locally grown and sourced food, cooked by chefs from the neighbourhood with dishes developed around tasty, earthy flavours.

Once again, there will be a ferry service operating out of Docklands to help you see all the festivities on offer over that weekend.

Something else that may be of interest, we hear that Places Victoria is announcing it will commence the demolition and reconstruction of the wharf along Harbour Esplanade.

This is expected to commence in a month or two and hopefully after the Melbourne Food and Wine Festival that is hosting an event there.

Finally check out Destination Docklands website for many more activities in May including Summer Chills and Frills at the IceHouse, the Japanese Summer Festival and the Summer Boat Show ... all this and more in Beautiful Docklands.

Have a great February everyone - make sure you get out there and discover your surrounds whilst the good weather is here!



What *With* Women *Abby* Want *Crawford*

Isn't it fantastic?! Are you having a great year too? This year just seems, well, different. New.

Maybe there was something to that "end of the world" thing that the Mayans were going on about. Not the world ending (as clearly, that didn't happen), but the old energy ending and a new and fresh energy beginning.

I think that's what the modern interpretation quoted anyway. But it doesn't really matter who quoted what or predicted what, the fact is, it either is or it isn't. Good, that is. See? It's a great year already.

I have my reasons, my realisations, my hopes and inspirations and I even have a resolution or two for this year. And whilst

I'm trying to quietly keep these exciting developments calm and allow them to develop naturally, my inner child is jumping up and down in joy. And interestingly, I find that I realise that: what is meant to be, will be.

I find that even though I'm excited by things that are happening, I am more excited that the energy seems so positive and yet so calm (last year was, well, a little FRANTIC!) - it's a whole new world.

I know this might sound all very "new age", or actually "old age" hippy ... but, however whichever way I look at it, it's about how things are feeling and the inner calm with just knowing everything is going to be wonderful.

It might sound like I've popped on the rose-coloured glasses (again, a tribute to the hippy days!) but I think it's all for a very good reason. Maybe the reason is that I've

had the best holiday I've had in years and haven't quite got back into the daily grind! But seriously, this year is different. And it's definitely not just me who's feeling it. I think the wonderful thing about embracing positive energy is that it keeps on giving and reaching out to those around you, so it continues to grow. What to do about all this?

Here's the thing I'm going to do this year. I'm going to hang on to that good feeling. I'm going to choose to believe, I'm going to choose to hope and I'm going to commit to these wonderful things being achieved.

I know that things are going to work out the way they are meant to, and I am going to put my energy into positive affirmations. As things come together I am going to focus on welcoming their arrival and nurturing their growth. I'm going to protect my hopes, polish my dreams and give clarity to my goals.

I want to ask you to join me. Join me in committing to putting yourself first this year. Commit to being true to yourself. Commit to giving your hopes, dreams, ambitions and life the best possible protection it can have - your energy.

We all want happiness, successful business opportunities, lifestyle choices, family and friends and love.

They all have a place in our lives, in our hearts and souls, and deserve our energy. Let's all commit to giving ourselves the best chance we can at achieving them, the strength to open ourselves to them and the courage to trust that wonderful things are happening.

This is going to be an extraordinary year. And I can't wait to share it with you.

Abby x

FLEMINGTON VETERINARY HOSPITAL

FULL VETERINARY SERVICES PLUS

- Dental
- Weight Loss Clinic
- Puppy Pre School
- Hydrobath
- Ultrasound
- Endoscopy
- Boarding
- Kitty Kinder
- House calls
- Grooming

ALL HOURS 9376 5299 OPEN 7 DAYS

visit us at www.flemingtonvet.com.au

187 Mount Alexander Rd (Cnr Kent St) Ascot Vale
(Ample off Street Parking)

Dr. Anne Dynon

phone us to subscribe to our monthly email newsletter

MADE IN HEAVEN WITH ANGELINA MAY

What are the working dynamics of your relationship?

Check the astrological charts by emailing yours and your partner's birth date and time to heaven@docklandsnews.com.au

This month we have decided to take a look at Victoria Azarenka and her very vibrant supporter LMFAO's Redfoo. He has been a regular at Melbourne Park so we thought it best to find out why? Is it all the shrieking on the court?



Victoria Azarenka

Stefan Gordy (Redfoo)

July 31, 1989

September 3, 1975

Sun in Leo

Sun in Virgo

North Node Aquarius

North Node Scorpio

Victoria

Victoria has her north node in Aquarius so is by nature a star. She is very comfortable in the limelight, finds it easy to excel and to shine in public. She has a regal mentality and feels superior to the rest of us. She does however need to learn (either the hard way or the easy way) to have a humanitarian focus. She quite likes the idea of being one of the masses and helping those in need, but finds it very difficult to be average.

In love and her personal life she plays by the same superior rules. If she is not adored and put on a pedestal she is not interested. She does not know how to have an equal relationship and will take many chances in her love life. She is romantic, appealing and special but can become a high maintenance prima donna.

In time, she will find her victories quite empty, if she doesn't learn to be humble and "normal". She has to learn how to make others feel and be special. My advice Victoria is to help your partner and others to shine and perhaps even donate some of your time to a charity of your choice. Perhaps even travel to Africa and help those less fortunate. It will be chicken soup for your soul.

Stefan

Stefan's north node is in Scorpio. Stephan needs to learn to bond in a healthy non-possessive way. He has enjoyed a privileged lifestyle and is, in his own right, wealthy and successful.

Stefan is a focused goal-oriented guy. Excellence is his driving force and he is determined strong, very patient and capable. His challenge in this lifetime is to learn to take a more supportive role rather than to only consider the WII FM station (What's in it for me).

You can see already how these two have come together and how they are both on an emotional high. Each of them instinctively knows that they have something important to learn from the other.

Stefan is a creature of comfort and likes his carnal pleasures. In other words the basic senses such smell, taste, touch etc are central to his being, but will not satisfy him in this lifetime. He will need to start enjoying the ethereal senses - a more spiritual path and connection to those around him. He also needs to be more humanitarian.

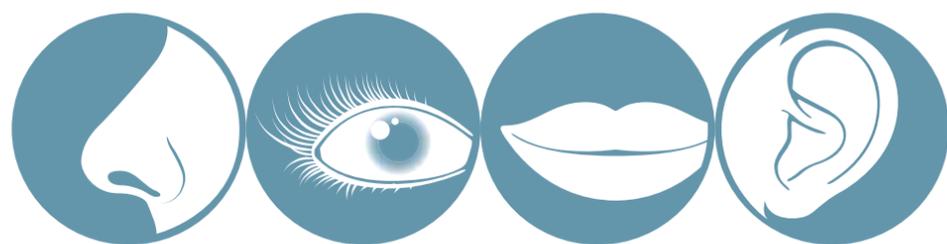
It should be interesting to watch these two find their purpose.

Together

Stefan's north node (gift) connects with Victoria's seventh house. This is the house of partnerships. Instantly both of them would have recognised this and, within a short period of time, Stefan would have declared "this is my girl!". There is no question in his mind that she is THE ONE. Victoria would revel in all the love and attention, while quietly hoping this is really THE ONE.

Outcome of relationship:

Wow the outcome for this relationship, if they both stay with it, is superb! All relationships are a gift, brought to us at the right time for the right reason to learn the right lessons. If only we could all enjoy the ride and learn what we need to, we would reach the desired outcome of the relationship with more joy and ease. With this particular couple, the outcome would be great respect, status, dignity and recognition for both of them as a couple. They would have a strong and deep bond that knows no bounds, sexual pleasure and a feeling that one plus one for them equals so much more than two. They will achieve things they never thought possible. Before we crack the champagne though, they still have to do some work to make it happen. If Victoria plays with his heart too easily and if he tries to hold on too tightly they may both decide that it's just too hard. Good luck to them both.



DOCKLANDS SECRETS

James Packer's superyacht *Seahorse* is currently docked at Central Pier in Docklands. The 52-metre yacht sailed into Docklands on February 5. It is unclear how long the luxury cruiser will remain in Docklands.



YOU
+
YMCA DOCKLANDS
+
50% OFF YOUR START UP FEE
=
HEALTHIER YOU
HAPPIER YOU
MORE ACTIVE YOU
JOIN US BEFORE **FEBRUARY 21 2013**
TO ENJOY THIS SUMMER SAVING

docklands.ymca.org.au

The ANZ Centre, 833 Collins St. Docklands 3008
(03) 8621 8300

Level 4, 100 Harbour Esplanade, Docklands 3008
(03) 8615 9622

YMCA Docklands.



Terms and conditions apply. Please visit www.victoria.ymca.org.au for more details.

Businesses in Docklands

DOCKLANDS-BASED BUSINESSES WISHING TO BE PROFILED IN THIS SECTION SHOULD EMAIL: ADVERTISING@DOCKLANDSNEWS.COM.AU

HOME GROWN IS BEST



Inventor and entrepreneur Eliza Donald says her “Edible Island” planters are perfect for Docklanders wanting to grow plants on their balconies.

Ms Donald has designed and produced a planter with plenty of special features.

They come in 10 colours, have an optional lid and come with LED illumination to brighten up the Docklands skyline.

The planters are raised off the verandah tiles so balconies are kept clean. Being mounted on castors means they are easy to move around – even between premises for those renters who like to move around.

“Plants clean the air while reducing radiation and acoustic pollution,” she said.

For further information, see www.edibleislands.com.au

A SALUTE TO GOOD WORKPLACE HEALTH AND SAFETY

Workplace health and safety laws apply to all businesses, whether big, medium or small.

And these laws are constantly changing. This is where saluteHEALTH’s Anca Grigoras can be your best friend.

Ms Grigoras has lived in Docklands’ for three year and has built up an extensive network of clients here and elsewhere.

“Every workplace is different, even within in the same industry,” Ms Grigoras said. “So I visit each client’s workplace, to assess their individual needs.”

Aside from customising each business’s occupational health and safety program, Ms Grigoras emphasises the importance of continuing relationships.

“I build relationships with all of the businesses, because it is not just one problem to solve,” she said. “I approach it as a coaching role, because of the ongoing nature of health and safety issues.”

“Workplace health and safety laws and regulations are always being updated or replaced, and I want all of my clients to immediately know how these changes affect them, and to encourage them to always be thinking about health and safety issues.”

“By keeping an eye on how they are doing, I can monitor their health and safety program and advise on improvements.”

Ms Grigoras aims to integrate the workplace program into the business’s overall strategy.

“For many small to medium sized businesses, there is no one person dedicated to OHS issues so this lands in the lap of the head person, such as the general manager, who already has more than enough to concentrate on,” she said. “So I come in, assess the workplace situation, customise a program and significantly relieve the manager of that burden.”

For new businesses, Ms Grigoras will develop policies and procedures for OHS, risk assessment and management, consultation, emergency management, training, incident management, contractor management, injury management and return to work.

For existing businesses, she will review of their current system, and recommend improvements and integration with overall objectives and strategies. She will also establish systems to record, analyse and manage incidents, hazards, and near misses.

Ms Grigoras points out that every business benefits from having a safe and healthy workplace, and quotes the World Health Organisation’s definition:

“A healthy workplace is one in which workers and managers collaborate to use a continual improvement process to protect and promote the health, safety and well-being of all workers and the sustainability of the workplace by considering the following, based on identified needs: Health and safety concerns in the physical work environment;



Anca Grigoras specialises in workplace safety.

health, safety and wellbeing concerns in the psycho-social work environment, including organisation of work and workplace culture; personal health resources in the workplace; and ways of participating in the community to improve the health of workers, their families and other members of the community”.

That pretty much covers it!

Ms Grigoras studied at Curtin University, in Perth, and has a Postgraduate Diploma in Occupational Health and Safety and is a Chartered Professional Member of the Safety Institute of Australia.

To contact Ms Grigoras call **0467 533 223**, email anca@salutehealth.com.au or visit www.salutehealth.com.au

MEN, YOU ARE IN GOOD HANDS



It is 15 years since Tassie girl Kate Allen opened a men-only hair salon in McKillop St, in the heart of Melbourne’s CBD.

In that time, her ground breaking concept has come a short distance geographically – with a second store now in Docklands – but a long way in catering for men’s hirsute needs.

Ms Allen’s former roommate and still best friend, Jo Thomas, is the team co-ordinator at the Docklands store. Ms Thomas said

the Docklands outlet continued the fundamental attributes that had made the CBD store so successful.

“Just walking into a Man, What A Fuss store you feel like you are about to be in for a treat,” Ms Thomas said.

“The décor, music and treatments available

are aimed directly at the guys and delivered in a cheerful, professional and classy way.”

“We look at each client separately; at how we can improve his general image and well-being”

Ms Thomas said some clients could benefit from a “makeover” or a revamp, which could include excess hair removal, a new hair style or camouflaging greys.

“Skin exfoliating can make a huge, instant difference to the way a guy looks and feels,” she said. “Then we have the guys that need to maintain their current image and we fit into their lifestyle by late-night appointments and also offer showers and complimentary hair washes for after-spa treatments.”

Man, What a Fuss offers a variety of spa treatments such as four types of massage: relaxation, remedial, hot stones and lomi lomi.

“Our facial is extremely relaxing and most of our clients fall asleep whilst the therapist nurtures and corrects their skin through massage and steam,” Ms Thomas said.

“Some guys need to just relax and be pampered, knowing they don’t have to explain their needs too greatly as we have been trained to initiate and cater to each client’s needs.”

The therapists and stylists also educate clients to look after themselves at home.

“Ladies can feel comfortable sending their partners or sons into our capable hands. We will nurture, encourage, relax and pamper,” Ms Thomas said.

Ms Allen said men had dramatically changed their attitudes towards hair and skin care since the first store opened in May, 1998.

“It must be noted here that 98 there was no ‘metrosexual’; this was before it was accepted to have your hair worn ‘messy’ or ‘funky’ at work and put product in it. This was the era of conservative side parts squared edges and fluffy hair. They were using soap on their face and some were chewing their nails off,” she said.

“But they would come into the store and Jo and I worked our magic, and that is exactly how it was perceived. The client would go back to work and say “go down check out what these girls are doing – wow!”

Ms Allen said clients from 1998 still visit Man, What A Fuss weekly.

Discount offers and gift vouchers are available online or in store.

Man, What a Fuss is at 7 Merchant St, Docklands, call **9602 5661** or go to www.manwhatafuss.com

DOCKLANDS COMMUNITY CALENDAR



DOCKLANDS TOASTMASTERS

Every 2nd and 4th Monday of the month
The Hub, 80 Harbour Esplanade
 Boost your public speaking and leadership skills.
 Contact: email docklandstoastmasters@yahoo.com.au or visit www.docklands.freetoasthost.org

DOCKLANDS WRITERS

Tuesdays fortnightly 5.30 - 7.30pm
The Hub, 80 Harbour Esplanade
 "Writerly" issues, workshoping, author talks and fun.
 Enquiries to: rose@grahammercer.com.au or at The Hub.



SOUNDS OF SUMMER

14 February, 12.30pm
The Hub, 80 Harbour Esplanade
 This Valentine's Day, the Hub is delighted to present a free performance by guitar duo, The Eamon and Dudi Project. So come down to the Hub to enjoy some nibbles while listening to some exceptional live guitar music.

MY GYM KIDS

Every Tuesday, 8.45am & 9.30am
The Hub, 80 Harbour Esplanade
 Cost: \$126 for a seven-class pass
 Learn, Jump & Tumble with award-winning exercise classes for babies and tots. Visit www.mygym.com/mobileaus Ph **0434 020 310**.

LUNCHTIME TABLE TENNIS

Wednesday and Fridays
The Hub, 80 Harbour Esplanade
 Cost: No charge.
 Table tennis continues to grow in popularity. BYO lunch.
 For details **8622 4822** or docklandshub@melbourne.vic.gov.au

MELBOURNE SUNRISE PROBUS CLUB

First Thursday of the month, 10:00am
Wharf Hotel, Siddeley Street
 Probus Clubs for men and women over 50. Come along, keep your mind active, meet new friends while enjoying activities and shared interests. Contact Carol on **9600 1628** or carolbergcb@gmail.com

CCCV LION DANCE

11 February, 12-1pm
Merchant St, Victoria Harbour
 The CCCV Lion dance team will be performing outside Artistic Styling Clothing alterations on Monday 11th February between 12-1pm. Hopefully it will bring luck and prosperity into Docklands!

KARATE CLASS

Monday and Thursday
The Hub, 80 Harbour Esplanade
 Run by 'Docklands Brazilian Jiu-Jitsu' Phone **9016 8471**, email info@docklandsbjj.com.au or visit www.docklandsbjj.com.au



FINE LINE DRAWING AND BOTANICAL ART CLASSES

Monday and Thursday
The Hub, 80 Harbour Esplanade
 The University of the 3rd Age offers two classes on Mondays and Thursdays. To make an enquiry regarding the classes, please ring U3A on **9639 5209**

DRAGON MASTERS DRAGONBOATING

Wednesdays at 5.30pm and Saturdays at 8.30am
Shed 2 North Wharf Road Victoria Harbour (Melways map 2E B6)
 Dragon Masters has something for anyone. Please contact Jeff Saunders **0417 219 888** email Jeff.saunders@digisurf.com.au or visit www.dragonmasters.com.au

DOCKLANDS WALKING TOUR

Every day at 10.30am, bookings essential
Etihad Stadium 130 Harbour Esplanade
 Explore Docklands on a walking tour. Be mesmerised by the artwork, history and architecture of the Docklands area.
 Contact **0448 270 023** or email amwt@live.com.au

DOCKLANDS BRAZILIAN JIU-JITSU

The Hub, 80 Harbour Esplanade
 BJJ is a style popularised by media such as the UFC and is proven as an extremely effective form of martial arts. Phone **9016 8471**, email info@docklandsbjj.com.au or visit www.docklandsbjj.com.au

DISCOVER SAILING

Club sailing days every 2nd and 4th Sunday
Docklands Yacht Club, Shed No. 2 North Wharf Rd
 Visitors welcome. For further information email docklandsyachtclub@gmail.com



YOGA IN THE DOCKLANDS

The Hub, 80 Harbour Esplanade
 Cost: \$20 per class or \$175 for a ten-class pass.
 Hatha Yoga suitable for all ages and levels of experience. Phone Brooke McGlinchey on **0403 668 705** or muditayogamelb@gmail.com

PILATES FOR MUMS

Wednesday 7.30-8.30pm
The Hub, 80 Harbour Esplanade
 \$15 casual class, discount for mutiple.
 Specially designed Pilates classes for all ages and stages. Call **0432 252 278** or email jane@pilatesformums.com.au

CITY ON A HILL

Church Services
Sunday 8.45am, 10.30am, 6pm.
Hoyts, Melbourne Central
Sunday evening 6pm
Arrow on Swanston (488 SwanstonSt)
 Contact cityonahill.com.au

JEWISH MYSTICISM... A WEEKLY INSIGHT

Every Thursday, 7.30pm
Chabad Jewish Community Centre, 198 Clark St, Port Melbourne
 The path of life is full of hidden treasure ... Do you know how to find it?
 Please contact Rabbi Shlomo Nathanson **0433 810 313** or rabbi@cjcc.com.au

ALMA DOEPEL SUPPORTERS MONTHLY SAUSAGE SIZZLE

Third Saturday of every month 5pm - 7pm
Alma Doepel Restoration Site Shed 2, North Wharf Road, Victoria Harbour, Docklands.
 Learn about our restoration project and see if you would like to get involved.

DOCKLANDS SUNDAY MARKET

Every Sunday, 10am to 4pm
Waterfront City Docklands Drive
 Discover treasures from the hoards of some of Melbourne's finest antique and pre-loved specialists, including art, jewellery, retro-clothing, vintage books and car-boot sales.

MELBOURNE FLAMES DRAGON BOAT CLUB

Every Sunday 8.30am for 9.00am start
Shed 2, North Wharf Rd, Victoria Harbour
 We paddle and train hard and have a lot of fun doing it. Come and see what all the fuss is about for three free paddling sessions - no commitment, no questions asked. www.melbourneflames.com.au

THE RELIGIOUS SOCIETY OF FRIENDS (QUAKERS)

One Sunday per month 11am-12pm
The Hub, 80 Harbour Esplanade, Docklands
 Meet for worship and enjoy a tea or coffee afterwards. Ph: **9827 3595** or visit www.victoria.quakers.org.au

DOCKLANDS ROTARY

Every Tuesday, 6.00pm
Watermark
 First Tuesday of the month is fellowship hour.
 Regular meetings on other Tuesdays. All welcome.

MELBOURNE LIBRARY SERVICE PRESCHOOL STORYTIME

Mondays at 11am
The Hub, 80 Harbour Esplanade
 Pre-school Storytime has returned to the Hub. Come along to meet other local parents and kids. Enjoy some books, songs, and a craft activity.

MINI MAESTROS

Tuesdays
The Hub, 80 Harbour Esplanade
 Introduce your child to the magic of music with Mini Maestros. Music programs for babies and children aged 6 months to 5 years.
 Contact Karen Dunlop on **9503 0056** or visit minimaestros.com.au

BUSINESS DIRECTORY

If you are not on this list then email advertising@docklandsnews.com.au or phone 8689 7979 to discuss how you can get on this list for FREE!!

ACCOMMODATION

Docklands Executive Apartments
Self-Catering Accommodation
www.docklandsexecutiveapartments.com.au



WINNER
CERTIFICATE OF EXCELLENCE
2012
by TripAdvisor

ACCOUNTING & FINANCIAL SERVICES

hart+partners
=certified practicing accountants

Suite 105, 198 Harbour Esplanade, Docklands 3008
hartpartners.com.au
9660 3220

TAX AID
The Docklands Income Tax Specialists
THE PROFESSIONALS WHO CARE AND THINK FOR YOU

744 Bourke St, Docklands, 3008
tel: 9600 1100
fax: 9600 1150
email: tony@taxaid.com.au

AUTO MECHANICS

Quick Pitstop Automotive Repairs
Factory 1/399-401 Francis St, Brooklyn.
Call 9318 0007 and ask about courtesy transport

BOATING

Blair Shipwrights
PO Box 803, Port Melbourne. Call: 0422 209 756

CHURCHES

City on a Hill
9/71 Merchant Street
9614 8998
www.cityonahill.com.au

COMMUNITY MANAGEMENT

Owners Corporations
Residential : Commercial : Industrial

bcs
Body Corporate Services

Contact us now on:
1300 665 480
info@bcsm.com.au
www.bcsm.com.au

COMPUTERS

DOCKCOM
DOCKLANDS COMPUTER SPECIALIST AND IT CONSULTANT

Level 2 / 710 Collins St, Docklands, Victoria 3008
Call: (03) 9008 7908
WWW.DOCKCOM.COM.AU
VISIT ONLINE COMPUTER STORE

DENTAL

NEWQUAY DENTAL COSMETICS
General & Cosmetic Dentistry

Dr Joseph Moussa a member of the Australian Dental Association provides:

- Teeth Whitening • General & Cosmetic Dentistry
- Dental Implants • Inlays, Onlays, Crowns & more

We are equipped with the latest technology available in dentistry today.
For an appointment please call: 9602 5587
Emergency: 0412 777 612
Web: www.nq dentalcosmetics.com.au

FITNESS & RECREATION

SeaKayak Australia
8415 0997
0410 329 090
www.seakayakaustralia.com

GRAPHIC DESIGN

Mediation Communications
108/198 Harbour Esplanade | 9602 2992
www.mediacomms.com.au

HANDY MAN/MAINTENANCE

Dancase Maintenance
Carpentry, plastering and tiling
0419 105 162 dancase@ozemail.com

HEALTH & BEAUTY

HAIR INC MELBOURNE PTY LTD

SHOP 3P ANZ CENTRE, 833 COLLINS ST, DOCKLANDS
Located on the Water-side Promenade underneath the YMCA

PH: 9041 5005 & 0433 229 945

MAN, WHAT A FUSS
MEN'S SALON & SPA

03 9602 5661
www.manwhatafuss.com

hair • face • body
spa • wax
hands and feet
vouchers
corporate packages
spa memberships

Opening hours:
Mon - Fri 10am till late
Sat by appointment
(group bookings by request)

Shop 7, 818 Bourke st, Docklands. Melb 3008 (Enter via Merchant st)
Proudly preening, styling and pampering men for over 14yrs.

ONE HEALTHY HABIT MASSAGE

Open 7 days 10am-8pm
03 9606 0850
10 Aquitania Way
Docklands



Splendor
Skin & Laser

03 9642 2012
www.splendor-skinandlaser.com
462 Docklands Drive
Harbour Town, Docklands



HOBBIES

Battlefield Hobbies
1/399-401 Francis St, Brooklyn. Call 9318 0016,
www.battlefieldhobbies.com.au

HOLIDAY ACCOMMODATION

Promacom
Get away to Wilson's Promontory

Book your escape
Tel (03) 5682 1436
Mob 0429 822 290
www.promacom.com.au
info@promacom.com.au



LAWYERS

Tolhurst Druce + Emmons
Lawyers

Call today for advice on:

- Wills, probate, estates and trusts
- Conveyancing and property law
- Family law
- Commercial law
- Litigation and dispute resolution

Lvl 3, 520 Bourke St 9670 0700 www.tde.com.au

MARKETING

Happy customers. More sales.

SIMPLE CUSTOMER MANAGEMENT
1300 780 276
www.simplecustomermanagement.com.au



MEDICAL

VICTORIA HARBOUR MEDICAL CENTRE

Hours: Mon to Fri 8am-6pm & Sat 9am-12noon
800 Bourke Street, Docklands (below NAB)
Ph: 9670 7040

- 6 experienced GPs
- Physiotherapist
- Chiropractor
- Podiatrist & Massage Therapists
- Men's and Women's Health
- Immunisation / Vaccinations and Travel Medicine

THE TRAVEL DOCTOR TM+VC
TRAVELLERS MEDICAL & VACCINATION CENTRE

Travel Doctor Plus+
Docklands Medical & Lifestyle Clinic

Level 4, 700 Collins Street, Docklands
Open Monday to Friday 8.30am - 5.00pm
8622 6333 | docklands@traveldoctor.com.au



MOVING AND STORAGE

ACCESS SELF STORAGE
Serving you for over 25 years!

Affordable - Convenient - Secure
We also sell boxes!

223 Normanby Road (cnr Montague Street)
South Melbourne Victoria 3205
Tel: 03 9646 5322
www.accestor.com.au OPEN 7 DAYS



PHARMACY

southern cross pharmacy

Hours: Monday to Friday 7am-8pm
Saturday 10am-6pm
Southern Cross Station
Shop C8, 99 Spencer St, Docklands
Ph: 03 9600 0294 Fax: 03 9600 0594
Email: southerncrosspharmacy@nunet.com.au



victoria harbour pharmacy+news

Hours: Mon to Fri 8am-8pm & Sat 9am-1pm
Pharmacy ☒ Giftware
Magazines & Papers ☒ Tatstlotta
☒ Same day dry cleaning

66 Merchant St, Docklands (opposite Safeway)
Ph: 03 9629 9922 Fax: 03 9629 9933
Email: vicharbourpharmacy@nunet.com.au



PODIATRY

Victoria Harbour Podiatry
Located @ Victoria Harbour Medical Centre
800 Bourke Street, Docklands

- General Footcare & Maintenance
- Orthotic Therapy
- Sports Injuries/Rehabilitation
- Nail Surgery
- Biomechanical Assessments
- Infants/Children

Phone 9670 7040



REAL ESTATE

Apartment Valuations

T 03 9690 1112
M 0411 419 674
Level 1, 18-22 Thomson St
South Melbourne, Vic 3205
F 03 9690 1118
E mr@fv.com.au
W www.fvg.com.au

Mark Ruttner FAPI CPV CAR REIV MRICS
Managing Director

A Division of First Valuation Group

  **DocklandsDirectory.com.au**

What to do	Where to stay	Where to Eat/Drink
Beauty, Health & Fitness	Docklands Services	Where to Shop

BUSINESS DIRECTORY

If you are not on this list then email advertising@docklandsnews.com.au or phone 8689 7979 to discuss how you can get on this list for FREE!!

APARTMENTS SALES CENTRE



Licensed Real Estate Agent | Mr Jan Gielnik
YOUR VISION - OUR EXPERIENCE
www.apartmentsalescentre.com.au
 Southbank - Docklands
 0417 011 086 | Melbourne

RESTAURANTS, CAFÉS & BARS

DINKUM PIES

815 BOURKE ST, DOCKLANDS
 T (03) 8354 9154 dinkumpies.com.au

Watermark Restaurant, Bar & Events
 9/800 Bourke St, Victoria Harbour
 Between NAB Building and the Waterfront
www.watermarkdocklands.com.au

Port Melbourne Veterinary Clinic

Friendly professional pet healthcare
 • Hydrobath • Pet food
 • Pet care products also available
 Open 7 days a week
 Mon - Fri 8am to 7pm
 Sat - Sun 9am to 5pm

For advice and appointments Ph: 9646 5300
 Web: www.portmelbournevet.com.au
 109 Bay Street, Port Melbourne

BarryPlant
 four red carpet experiences

For all your real estate needs call Barry Plant
 Your local real estate agents
9936 9999
 818 Bourke Street, Docklands
 420 Docklands Drive, Docklands
barryplant.com.au

HOOKS @ THE YARRA

50 River Esplanade,
 Yarra's Edge Docklands

P: 9043 4221
info@hooksattheyarra.com
www.hooksattheyarra.com

One visit and you'll be hooked...

SCHOOLS

ST ALOYSIUS COLLEGE

Celebrating 125 years of educating young women
 31 Curran Street, North Melbourne
www.aloysius.vic.edu.au
 P 9329 9411

Yarraville Veterinary Clinic

291 Williamstown Rd
 Yarraville Vic 3013
 9314 8945

WEB DESIGN

 mediationcommunications

Web specialists

108/198 HARBOUR ESPLANADE DOCKLANDS 3008
 P +61 3 9602 2992 / F +61 3 9602 2929
WWW.MEDIACOMMS.COM.AU

Docklands Real Estate Agents

Located in the heart of Docklands,
 Lucas Real Estate offers over 9 years of Docklands Sales and Leasing expertise.

lucas | real estate

62 River Esplanade, Docklands VIC 3008 | 9646 1199 | www.lucasre.com.au

Snowbird
 frozen yoghurt

Summer Hours
 Monday through Friday 11:30am - 8:30pm
 Saturday 12:00pm - 8:00pm
 840-842 Bourke St, DOCKLANDS

VETERINARY

BAYSIDE MOBILE VET

0488 061 444
www.baysidemobilevet.com.au

WORKPLACE HEALTH

 saluteHEALTH

saluteHEALTH provides customised, flexible and innovative workplace health and safety solutions to small and medium-sized businesses.

www.salutehealth.com.au
 0467 533 223 | anca@salutehealth.com.au

NDL REALTY
 management | sales | leasing

房地产管理 | 买卖 | 租赁

T: (03) 9670 7705 E: info@ndlrealty.com.au
 Website: www.ndlrealty.com.au
 4/198 Harbour Esplanade, Docklands, VIC 3008

SURA Korean Restaurant

Harbour Town Melbourne
 Level 1, 1-2 Star Circus Docklands 3008

PH : 03 9670 0708
 FAX : 03 9670 7207
koreanfinefood@suradocklands.com
www.facebook.com/surakoreanrestaurant

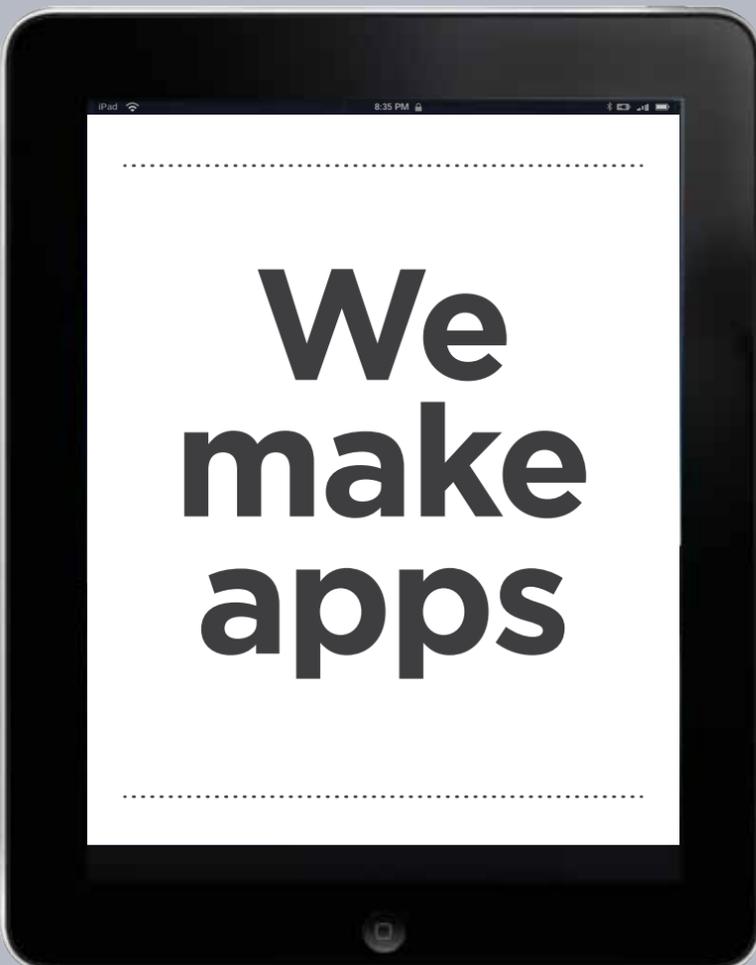
FLEMINGTON VETERINARY HOSPITAL

Dr Anne Dynon
 Dr Ulara Kennedy
 Ph: 9376 5299
 187 Mt Alexander Rd
 (Cnr Kent St) Ascot Vale

FULL VETERINARY SERVICES

- Dental
- Grooming
- Hydrobath
- Endoscopy
- Boarding
- Kitty Kinder
- House Calls
- Weight Loss Clinic
- Ultrasound
- Puppy Pre School

Web: www.flemingtonvet.com.au



We make apps

Business is moving to portable handheld devices.

Give your business an edge over your opposition
 You'll be surprised how affordable our apps are.
 Speak to Shane or Nicola on 9602 2992

At the forefront of digital communication for 25 years



mediacomms.com.au

108 / 198 harbour esplanade docklands, 3008
 P: +61 3 9602 2992
contact@mediacomms.com.au

DOCKLANDS SPORTS PAGE

Renegades fall at the final hurdle

By Robert Bremner

An impressive season by the Melbourne Renegades came to a disappointing end in January after a bitter semi-final defeat at the hands of Brisbane Heat by 15 runs.

While the ending was not what they would have hoped for, the Renegades should be pleased with the progress they have made this season.

Last year the Docklands-based side finished in second last place with only two wins for the year. In comparison, they only dropped one game this season on their way to the finals.

It was a season that was near flawless for the Melbourne Renegades. Finishing on top of the ladder with only one loss after the completion of the home and away matches.

The Renegades started off with a bang, inspired by Aaron Finch's 111, downing the highly-fancied Stars outfit in their first outing.

A string of good wins followed against the Thunder, Hurricanes and Heat. The Renegades had showed they were the real deal.

However, after a slight hiccup against the Perth Scorchers, the critics were out in force: "The Renegades were a one-man team who couldn't win without Finch." They couldn't have been more wrong.

The team wasn't filled with big-name stars, like the other Melbourne side but it was the consistency and the way that they gelled together as a unit that has been the secret behind the Renegades' success this season.

Captain Aaron Finch led from the front,

top scoring for the season with 332 runs. Finch was also named the player of the tournament.

He was certainly not a lone hand in the batting, with team mates Ben Rohrer, Tom Cooper, Will Sheridan and Alex Hales (mid-season replacement for the injured Samuels) all standing up when it was necessary to steer their side to victory.

As for the bowling, international superstar Muttiah Muralitharan led the attack with 11 wickets, closely followed by O'Brien, Pattinson and Sheridan with nine.

Given that they lost Brad Hodge, Glenn Maxwell, Andrew McDonald, Shaun Tait and Shahid Afridi from their side before the tournament, it just makes the success of this season all the more impressive.

Going into the semi-final, the Renegades were hot favourites to win. However, in a season where their bowling attack had been relentless, it was ultimately the bowling that cost them a place in the Big Bash League Final.

The disappointment was highlighted by Muralitharan's 1-35 off four overs, his most expensive innings of the season.

The Renegades were unable to chase the 183 made by the Heat. A score that was helped by an impressive 112 not out from the Heat's Luke Pomersbach. The Heat went on to beat



Renegades captain Aaron Finch.

the Perth Scorchers in the final and take home the BBL 02 trophy.

By stumbling at the semi-finals, the Renegades not only cost themselves the title but also a place in the coveted Twenty20 Champions League. In a double-blow for Victoria, the other Melbourne side, the Stars,

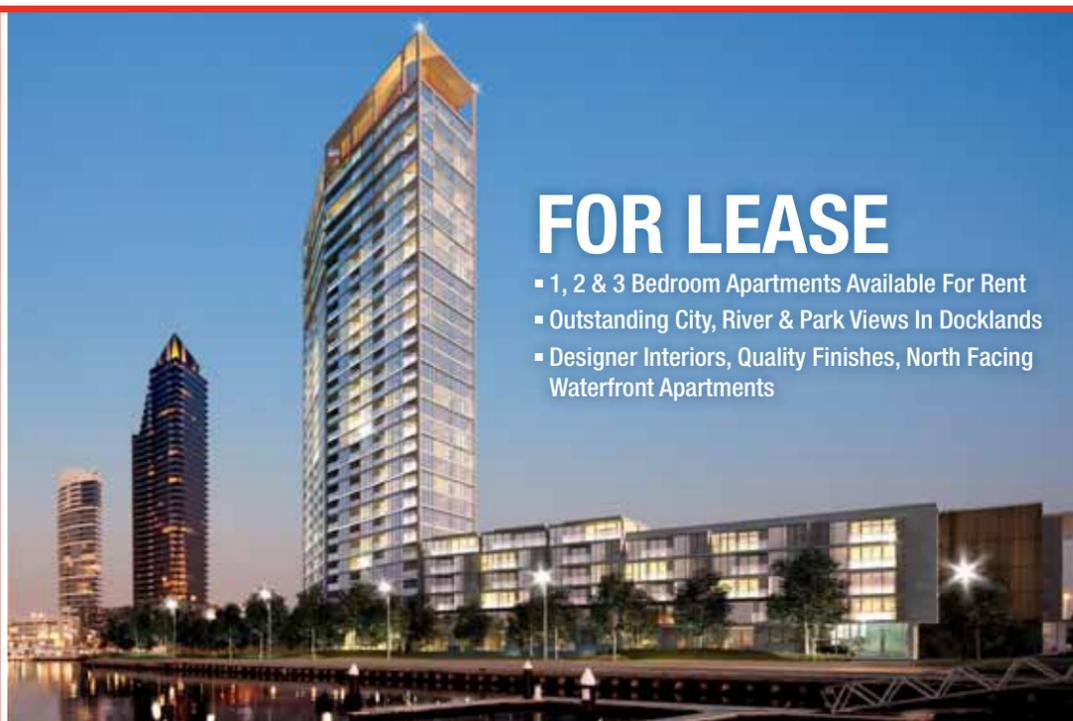
were also knocked out of the tournament in the other semi-final.

The Renegades will be back next season to avenge their semi-final loss and try to go one better. If they can retain the same players again for next season they will be a force to be reckoned with!

Be First To Live At Yarra Point!

LUXURY BRAND NEW MIRVAC APARTMENTS FOR LEASE

Register your interest with Dylan Emmett today on 0402 465 779 or dylan@lucasre.com.au



FOR LEASE

- 1, 2 & 3 Bedroom Apartments Available For Rent
- Outstanding City, River & Park Views In Docklands
- Designer Interiors, Quality Finishes, North Facing Waterfront Apartments

lucas | real estate

Yarra's Edge
03 9645 1199
62 River Esplanade
Docklands Vic 3008

NewQuay
03 9091 1400
1/401 Docklands Drive
Docklands Vic 3008



lucasre.com.au