

The voice of Docklands | 道克蘭之音

DOCKLANDS NEWS

■ "It's devastating" - Woolshed staff say farewell

Page 3

■ 2020 council elections - who is coming and who is going?

Page 7



■ Docklands - the creative jewel of Victoria

Page 9

■ Futuristic Docklands on display

Page 12



Think Pink

Construction has begun on a new living centre supporting individuals and families affected by breast cancer inside Forge at Yarra's Edge.

Yarra's Edge developer Mirvac celebrated the milestone at an event on October 15, announcing that it was contributing more than \$700,000 to deliver the Think Pink Foundation's new purpose-built living centre, which can cater for up to 50 clients at a time.

The living centre, which can be used free of charge, will offer education programs on topics such as food, fitness and finances, as well as services from oncology dietitians, exercise physiologists and financial advisors when it opens later this year.

Continued on page 16.



L-R: David Hendel (Think Pink Foundation director), Irene Hendel OAM (Think Pink Foundation patron and Living Centre founder), Elysa Anderson (Mircac general manager of residential Victoria), Ron Smith (Think Pink Foundation chairman), Cressida Wall (Property Council of Australia's Victorian executive director) and Megan Marmur (Mircac marketing manager - Victoria).

Docklands' black hole for building plans

By Sean Car

An historical administrative bungle between government agencies means that original building plans for any number of Docklands buildings may have either been "lost" or can't be accessed, according to the City of Melbourne.

And following enquiries by *Docklands News* to the council, Development Victoria and the Victorian Building Authority (VBA), it

appears that no one has any clear answers as to how this bungle has occurred or how widespread the issue is.

The discovery was made last month when professional facilities manager John Dall'Amico, whose company has recently taken over management of Waterfront City (west building) at 439-441 Docklands Drive, requested the building's plans from council.

Having paid a standard search fee, Mr Dall'Amico was only later issued with a handful of drawings, as well as an explanation from council administration officer Ramon Taig which Mr Dall'Amico described as "beyond comprehension".

"The files have arrived from archives and unfortunately detailed plans aren't

included," Mr Taig wrote.

"Docklands is a problematic area when it comes to our records as the applications were originally held by the VBA and Development Victoria (DV) prior to being transferred to the City of Melbourne's records."

"Some applications may never have been lodged for record keeping and others may have been lost in the process of transferring the records from one organisation to the other."

The response from the council has begged a number of questions. Firstly, when was the issue first discovered? And, secondly, what measures have been taken to fix the problem?

The original Docklands Authority, then VicUrban (later Places Victoria and now DV) formally transferred Docklands into the City of Melbourne municipality in 2007. It is during this period that Mr Taig said a number of buildings plans were "lost" to the point of being "problematic" in Docklands. How many other buildings in Docklands are affected?

Waterfront City was completed around 2004 and Mr Dall'Amico told *Docklands News* that he wondered how he could have been the first one to raise the issue.

"That just seems ridiculous," he said.

From fire extinguishers and security cameras

Continued on page 2.

THE DISTRICT DOCKLANDS
FRESH NEW STORE
WATERFRONT WAY, DOCKLANDS

Woolworths 
The fresh food people

DOCKLANDS NEWS

Black hole for building plans

Continued from page 1.

HYPERLOCAL NEWS

Suite 108, 198 Harbour Esplanade
PO Box 23008 Docklands 8012
Tel: 8689 7980
www.docklandsnews.com.au

Advertising

Hyper-local print works for advertisers in our digital world because local people are interested in local news.

To sell to the Docklands community, speak with Sean Car:
M: 0433 930 484
advertising@docklandsnews.com.au

Reader contributions are welcome. Send letters, articles and images to: news@docklandsnews.com.au

The deadline for the Dec/Jan edition is November 28.

Publisher: Hyperlocal News Pty Ltd
ABN: 57 623 558 725

Editor: Sean Car

Journalists: Meg Hill and David Schout

Follow us on Twitter @Docklands_News

Like us on Facebook Docklands News

Follow us on Instagram @Docklands_News

Opinions expressed by contributors are not necessarily shared by the publisher.

to utilities and floor plans, the bungle means that Mr Dall'Amico has next to no understanding as to how to best manage the building.

"It's massive. I come in and we don't even know how to get to the electrical system. We don't even know where the gas is running in the building. The hydraulics. Nothing."

"The cost to get someone to discover all of this would be quite a lot."

Docklands News followed up with the City of Melbourne in an effort to shed light on the situation.

"In some instances, it has not been possible to access records originally held by the state government before records were transferred to the City of Melbourne when council became the authority for Docklands in July 2007," a council spokesperson said.

"In cases where applications were not transferred to the City of Melbourne, we work with the Victoria Building Authority, Development Victoria, and the applicant to find a solution."

"We understand that this situation is frustrating for ratepayers and we will refund the search fee for the customer affected."

But where are the buildings plans? And what "solutions" are sought to reverse-engineer a building? These are questions that remain unanswered.

According to DV (originally Docklands Authority), it was never responsible for managing building certifications in

Docklands, but rather only facilitated planning approvals and permits. That responsibility, it claimed, rested with the VBA, which was then known as the Building Commission.

But a spokesperson for the VBA said: "The VBA collects information on reported building activity. The VBA does not hold copies of original documents."

So, who was responsible? According to the original CEO of the Docklands Authority, John Tabbart, it was his belief that City of Melbourne had always played a role in building permits in Docklands.

Mr Tabbart said he believed that the City of Melbourne always managed building permits, even before municipal operations were transferred to the council in 2007.

This was a view supported by others who previously worked for VicUrban, whom Docklands News sought for clarification.

While it is a local council's responsibility to file buildings plans, it is still not clear as to what measures, if any, the City of Melbourne has taken to rectify this administrative black hole in Docklands over the past 12 years.

John Dall'Amico, who manages a number of buildings throughout the CBD, said that the system seems to have failed Docklands.

"The system works, it's there, but it sounds like for Docklands something bizarre has happened. I don't know how you describe it. I don't know that it would be good in any circumstance," Mr Dall'Amico said.

news@docklandsnews.com.au

Harbour Esplanade

City of Melbourne CEO Justin Hanney has given hope to a release of the long-awaited Harbour Esplanade Masterplan by year's end.

Speaking at the annual general meeting (AGM) of the Melbourne Maritime Heritage Network (MMHA) on October 23, Mr Hanney said that the state government's plans would be released "probably in November."

"We're in regular discussion with state government and keep a keen interest in the contents and update of the Harbour Esplanade Masterplan, which is set to be released, probably in November," Mr Hanney said.

A joint project between Development Victoria and the City of Melbourne, the release of the Harbour Esplanade Masterplan has been delayed for many years and is now tied in with the AFL's plans to redevelop Marvel Stadium.

A spokesperson for Development Victoria told Docklands News that it was unable to provide an official date for when the plans would be publicly released.



1805 / 20 RAKAIA WAY DOCKLANDS
CONTACT AGENT

\$840,000

🏠 3 🚗 2 🚗 2 plus storage



1201 / 70 LORIMER STREET DOCKLANDS
FOUR BEDROOM RETREAT LIKE NO OTHERS

\$1,740,000

🏠 4 🚗 2 🚗 2 plus storage



SALES

Glenn Donnelly
m: 0419 998 235
glenn@cityresidential.com.au



LEASING

Lina D'Ambrosio
m: 0430 929 851
linad@cityresidential.com.au



818 Bourke Street, Docklands T: 9001 1333

SELLING | LEASING | PROPERTY MANAGEMENT

www.cityresidentialbourkestreet.com.au

"It's devastating"

By Sean Car

Woolshed general manager Duncan Laidlaw was forced to say farewell to his staff last month, conceding that the uncertainty surrounding the future of Central Pier was just "too great."

Having overcome numerous hurdles over his 11 years at the Woolshed, including a fire in 2016, he told *Docklands News* that seeing the heritage pier fenced off still gave him a "hollow feeling" in his stomach.

However, he said nothing had been more heartbreaking than having to deliver the news to his staff that they would be made redundant, following Development Victoria's (DV's) decision in September to close the pier until 2020 amid safety concerns.

While Mr Laidlaw said that the business was hopeful of returning to Docklands next year and had since supported staff in finding work elsewhere, he said the whole experience had been "gut-wrenching."

"It [laying off staff] was heartbreak," he said. "There were so many tears and there is a lot of love from everyone, but they're just gutted."

"They've accepted that we had to let them go but just not to see each other's faces every day is a big thing and that's what we all talk about when we catch up. It's unbelievable."

The Woolshed is part of a group of businesses on Central Pier that collectively employed more than 1300 staff prior to its sudden shutdown in August by landlord DV.

The businesses, led by the pier's anchor tenant Atlantic Group which has a lease on the pier until 2026, last month announced that it would be suing DV for \$100 million for what it alleged as a "failure" to maintain the pier.



Woolshed general manager Duncan Laidlaw outside his now fenced off venue.

In their statement of claim launched in the Federal Court on October 7, tenants argued that DV "engaged in misleading and deceptive conduct" and "did not act reasonably" when it shut the pier down on August 28 without providing a "proper report" of its condition.

Docklands News' request to DV for a copy of the engineering report that led to the shutdown under Freedom of Information (FoI) was formally denied last month. Key reasons cited by DV included that its disclosure was contrary to the public interest, sensitivity of information and that its release would compromise the quality of future engineering works on the pier. A request for review of the decision has been

submitted to the Victorian Information Commissioner.

Mr Laidlaw said that while all business matters would be determined in court, he wasn't shy in criticising DV for showing "no support" to those affected.

"We haven't had a word. Not a word," he said. "No information, no dates, not even what's wrong with the pier ... we don't even know what's wrong with it. Where is it damaged? What's made it that way? Nothing. Zero."

"Hatem [Saleh] and Tony Schiavello [Atlantic Group] and that have their meetings with them [DV], but they're still told basically nothing. So, they can't pass on information

they don't have. That's the hard part of it."

"They've said they are supporting us as I've seen on the news ... doing what? Did you help my staff find jobs? Did you come and help pay their bills? Did you come and say, 'really sorry guys, what can we do to help?'. None. Zero. So, what have you done to support us?"

"We've had that many issues down here with road closures, when they moved the tram lines and they're always doing works here and there and there's always been a hurdle, but we've managed to get over it and keep our business rising."

"So, to shut us down with no reason, no excuse, no apology. We're paying you rent. Their job is to maintain that pier. They haven't maintained it and it's devastating for the whole of Docklands and Victoria because it's heritage-listed."

Mr Laidlaw said that the knock-on effect of the pier's closure on local businesses and the Docklands community had been "huge" and that like many of his fellow Docklanders, he hoped to see the pier reopen as soon as possible.

"My biggest thing is the staff. The human element that has been lost. The thousands of people that live and work and breathe off it," he said.

"The disappointing thing, as a resident of Docklands, and someone who has lived and breathed Docklands for the past 11 years is just having this whole beautiful structure that's on the water gone."

"Where else do you go? The reason you come to Docklands is for the water. There is nowhere to go on the water apart from a couple of restaurants."

"The name Central Pier is for a reason - we're the central focal point of Docklands. We bring Docklands together and now there is a gaping hole."

DV has been unable to provide any comment on Central Pier while the matter is in court.

BRAND NEW AND READY TO MOVE IN

Save big during spring

Dual waterfront living
1 Bed from \$495K**
1 Bed + Study from \$540K**
2 Bed from \$672K**

Call 03 8610 4800
victoriaharbour.com.au/live
Visit our display apartments now.



*Terms & conditions apply. victoriaharbour.com.au/springsavings **Net pricing after developer incentive. Price correct as at August 2019. Price and availability subject to change without notice.

Enquire now for stamp duty and blinds package savings*

Towards zero-waste events

Advertorial by Sean Car

The City of Melbourne is calling on the community to support its mission to make all of its events environmentally friendly.

This ambition will be on display from November 14 to 23 as part of Melbourne Music Week (MMW) 2019, which will showcase the city's first carbon neutral-certified music festival and event hub working towards zero waste, located in Alexandra Gardens.

To celebrate the festival's 10th year, MMW is bringing back its original hub *Kubik* - an outdoor events space designed by German creatives Balestra Berlin, constructed from industrial containers housing LED lights immersed in water that interact with the beats of the live music.

However, this year *Kubik* will focus heavily on sustainability, with the entire hub to be powered by 100 per cent renewable energy through the council's Melbourne Renewable Energy Project wind farm near Ararat. In addition, the containers themselves will be filled with harvested rainwater that will later be redistributed back into the city's parks and gardens.

Council has also worked with all of its events suppliers to ensure that sustainability is



embedded into every aspect of its "zero-waste" hub, from eliminating all single use items where possible such as plastic straws, as well as offering reusable drinking cups.

The leader of the council's low carbon future team Nikki Jordan (pictured) explained to *Docklands News* that MMW 2019 would also once again be measuring and offsetting all of its emissions under the federal government's carbon neutral program.

"It's [the program's] quite a robust process," she said. "You have to measure your emissions activities by firstly working out which ones are the most material or significant sources for your event and then work to reduce your emissions over time."

"The remaining carbon footprint will be offset by supporting projects that reduce carbon emissions elsewhere; like reforestation projects in Queensland and New South Wales and Aboriginal land management projects that lessen the impact of large bushfires."

While the council itself has been carbon neutral since 2012 it only has control of around one per cent of the municipality's overall emissions, according to Nikki Jordan, and events are an ideal way for council to engage the community on ways it can have a positive impact.

Through measuring every component of an event from energy efficiency to waste

production, she explained that the top two sources of emissions from major events were transport used by patrons to get there and the food and drink consumed.

Acting Lord Mayor Arron Wood said that bringing your own drink bottle and using active transport were just some of the ways that MMW 2019 would be encouraging people to help its cause. "We make sustainability a priority and I'm incredibly proud that Melbourne Fashion Week, Melbourne Music Week and Melbourne Knowledge Week are carbon neutral events," Cr Wood said. "Increasingly, people are telling us they want to feel good about attending an event without being worried about their impact on the environment."

"If you're attending an event it's a good idea to bring your own water bottle and think about cycling, walking and catching public transport rather than driving."

"We also give patrons the option to contribute to carbon offsetting when booking their tickets so that they're directly supporting positive environmental and social outcomes in local and international communities."

The City of Melbourne has a Sustainable Event Guide to help event organisers incorporate more sustainable practises when planning their events.

For more visit melbourne.vic.gov.au/sustainable-event-guide

Queen Victoria Market

New Trading Hours

Tuesday 6am - 3pm

Thursday 6am - 3pm

Friday 6am - 3pm

Saturday 6am - 4pm

Sunday 9am - 4pm

Specialty shopping opens at 9am

Wednesday (Seasonal) 5pm - 10pm
The Night Market

MORE AT QVM.COM.AU/VISIT-US

2020 council elections – who is coming and who is going?

By Stephen Mayne



With the 2020 City of Melbourne elections now due in less than a year, it's a reasonable question to ask: which of the current 11 councillors are running again?

With the exception of Lord Mayor Sally Capp, the 10 other existing City of Melbourne councillors are all being very coy on this question – twice declining to provide any response when asked if they'd be staying or going during public question sessions at recent committee meetings.

This is understandable as potential retirees don't want to be seen as a lame duck councillor and the horse trading on tickets and preferences is yet to begin.

The only guaranteed certainty is that Sally Capp will be running again for Lord Mayor and will be hard to beat. What is not known is who she is likely to have on her ticket and who her main rivals will be.

Council watchers believe that the existing Deputy Lord Mayor, Cr Arron Wood, is the most likely incumbent councillor who could potentially form a ticket and run for Lord Mayor against Sally Capp.

He did a good job as Acting Lord Mayor before Sally Capp was elected but hasn't been close to the new Lord Mayor, most notably splitting on the plans for Queen Victoria Market after Heritage Victoria knocked back the planning permit.

If Cr Wood was to run for Lord Mayor, it would most likely be with the support and encouragement of other residual members of the old Team Doyle, such as Cr Bev Pinder and Cr Susan Riley.



Back (L-R): Cr Nic Frances Gilley, Cr Nick Reece, Cr Rohan Leppert. Front (L-R): Cr Susan Riley, Cr Kevin Louey, Cr Beverley Pinder, Lord Mayor Sally Capp, Deputy Lord Mayor Arron Wood, Cr Cathy Oke, Cr Philip Le Liu and Cr Jackie Watts.

The situation with planning chair Cr Nicholas Reece is interesting. The Labor heavy hitter who has served as state secretary and a senior adviser to Premiers and Prime Ministers, was first elected in 2016 on the Team Doyle ticket but was then instrumental in backing the Capp campaign for Lord Mayor and is considered an obvious choice to be deputy on the Capp ticket.

But what would that mean for the Labor Party as a whole, given the party has resolved to formally contest local government elections in 2020, partly to combat the Greens?

Ultimately, the decision will be made by local Labor Party members through a committee which Cr Reece chairs. If the party was to sit out the election, it would presumably only be if there was a Labor flavour to the Capp ticket, even though Capp is actually a former member of the Liberal Party.

Cr Reece has been an excellent councillor and is clearly capable of being Lord Mayor, but the optics of attempting to defeat the first female Lord Mayor in more than two decades would not look good, particularly after encouraging her to run in the first place when Robert Doyle resigned.

Veteran pollster Gary Morgan is once again

expected to run for Lord Mayor and he has traditionally delivered one councillor to the chamber over the years: firstly Liberal finance committee chair Peter Clarke and latterly Labor Party member Jackie Watts.

After eight years on council, some are expecting Watts to retire but this hasn't been confirmed as yet. If she goes, that would open up a spot for Gary Morgan to sponsor a new councillor into the chamber because it is difficult to get elected to council without running on a Lord Mayoral ticket.

If Sally Capp is regarded as a shoo-in for Lord Mayor, the challenge then becomes finding Lord Mayoral candidates who will stand in order to assist running mates get onto council.

The Greens will contest as usual with Cr Rohan Leppert not expected to run again for Lord Mayor but instead seek a third term on council, presumably at the top of the Greens ticket. After 12 years of solid service, his colleague Cr Cathy Oke is believed to be considering retirement. If that happens, the two key questions here are who will replace her and can the Greens repeat their effort from the last two elections and secure two of the nine councillor positions. Probably, but it will depend on who else is in the field.

With an expected 20 per cent-plus vote in

the Lord Mayoral elections, the Greens are likely to be kingmakers in determining who is Lord Mayor courtesy of their preferences. The single biggest threat to Sally Capp would be if Arron Wood ran a big budget Lord Mayoral campaign while agreeing to swap preferences with the Greens.

After voting for declaring a climate emergency and supporting a progressive transport strategy to more pro-actively reduce car usage in the city, the Lord Mayor's policy commonality with the Greens has been noteworthy, even though she is former CEO of the Property Council. But could the two groups reach a formal agreement?

Robert Doyle used to joke about his Green-Liberal Coalition at Town Hall and the residual Team Doyle councillors still comprise five of the 11 votes, although they are not acting as a bloc.

If Arron Wood doesn't double down for a run at Lord Mayor, you could expect to see some retirements, including the long-serving Cr Kevin Louey, who has spent 11 years on council and before that seven years as chief of staff to former Lord Mayor John So.

Philip Le Lui is the only card-carrying Liberal Party member on council but with his former Lord Mayoral running mate Ken Ong not running again, his intentions are unclear and the Liberal Party itself is also yet to resolve whether to formally get involved in the 2020 elections. It's less likely than Labor.

And finally, that leaves transport chair Nicolas Frances Gilley, the accidental councillor who only ran last time in order to support the efforts to elect a first ever Indigenous councillor. His passion to see this happen remains, but it is not clear who that Indigenous candidate would be.

Robert Doyle was the longest serving Lord Mayor in history and the current councillors collectively have more than 80 years of service under their belt, which is arguably too much.

Sally Capp has been a breath of fresh air as Lord Mayor and with the Doyle era now over, the 2020 election presents a good opportunity for further renewal on the council, which would be a good thing.



Bunches of reasons to choose Barry Plant.

With fresh ideas, hand-picked professional agents, a selection of proven selling methods, friendly staff and a network of 76 offices, Barry Plant has to be your number one pick when you're thinking of selling your home this spring.

Call us today for a free market appraisal on your home then sit back and enjoy the experience while we work hard to get you a result that is bloomin' wonderful.

Docklands 9936 9999

barryplant.com.au/docklands

ACT NOW ON WASTE AT EVENTS



Melbourne Music Week



Melbourne Fashion Week



Melbourne Knowledge Week

City of Melbourne proudly hosts a number of major events that are certified carbon neutral, and we work with event organisers to employ more sustainable practices. This November, the Melbourne Music Week hub will be powered by 100 per cent renewable energy and is aiming to be a zero waste venue.

What can you do?

- Take a reusable water bottle to events.
- Say no to single-serve packaging and straws.
- Choose catering with sustainable packaging.
- Look for recycling bins at events.
- Cycle or take public transport to the city.
- Check out our Sustainable Event and Business Guides.

melbourne.vic.gov.au/sustainability



CITY OF MELBOURNE

Renewed push for maritime museum

Calls for a new maritime heritage museum in Docklands were heightened last month at the Melbourne Maritime Heritage Network's (MMHN) inaugural annual general meeting (AGM).

Held at Melbourne Town Hall on October 23, the event was well attended by a variety of prominent maritime, heritage and business figures and was spearheaded by MMHN chair and City of Melbourne Cr Jackie Watts.

The inaugural MMHN board was established last year in an effort to recognise Melbourne as one of the great maritime cities of the world; something that Cr Watts said was not given "due recognition."

"It is languishing, squandered, mired in a tangle of conflicting agendas and competing responsible authorities," Cr Watts said. "Comparable cities around the globe acknowledge, celebrate and exploit their maritime heritage."

"Our maritime riches are hidden, ignored or widely dispersed and lack connectivity. We must change this!"

As part of its five key actions, the MMHN said that it would continue to work to establish a Docklands Maritime Museum, as well as a Marine Skills Specialist Centre at



City of Melbourne CEO Justin Hanney addresses the AGM.

Kangan TAFE in Docklands.

Speaking at the AGM, City of Melbourne CEO Justin Hanney said that the council stood ready to assist the network with the "significant resources" necessary to ensure our maritime heritage was brought to life.

"We should be looking at ways for Melbourne to emulate the strategies that other cities have had success with," Mr Hanney said. "There is a lot more we can do and the lot more that the state government can do."

"One of our priorities is to ensure that the right space in our city is used for key maritime buildings and Docklands should absolutely be a focus in this regard."

"I think there is great potential for Melbourne's rich maritime history to be

shared and represented to the benefits of all parties."

Guest speakers at the event also included former City of Melbourne Lord Mayor Trevor Huggard and executive director of Heritage Victoria Steven Avery.

The meeting was also attended by head tenant of Central Pier and Atlantic Group CEO Hatem Saleh, who pledged his membership in support of the network's mission to preserve Dockland's heritage maritime infrastructure at Victoria Dock.

"It's no secret what's happened down there with Central Pier and obviously it's very important to hear Justin speaking and of course Trevor and Steven about the importance of Victoria Dock and the fact that it's the last remaining working pier," he said.

"Congratulations to the network. Central Pier will become a corporate member. It's always great to see the enthusiasm and I think this is a completely lost area in the city and unlike San Francisco, Chicago and all of the other places that manage to create an incredible working pier, it's quite sad what's happened down in Docklands."

Other key actions of the MMHN include a maritime waterways trail, a marine operation service depot and expanding Melbourne's foundation heritage fleet in Victoria Harbour. It is also advocating for a single maritime authority to coordinate all aspects of maritime management.

For more information visit mmhn.org.au

Cladding Bill

The state government passed a Bill last month providing it with greater powers to chase "dodgy" builders for combustible cladding.

The *Building Amendment (Cladding Rectification) Bill 2019* includes a provision to allow the State to pursue litigation in cases where it pays for rectification costs.

It said any financial returns would be reinvested into the \$600 million cladding rectification program, administered by Cladding Safety Victoria.

The legislation also introduced the building levy announced in July, which will be used to fund \$300 million of the program – a move questioned by the Property Council of Victoria in light of a slowing economy. The levy applies to new permits for multi-storey buildings valued at more than \$800,000.

With owners' corporations (OCs) already having the power to sue dodgy builders, many have questioned the benefits of the legislation.

"It does mean that owners won't be stuck with legal bills for unsuccessful claims, but presumably the government won't attempt to pursue cases where they are not successful, so that benefit is also illusory," a cladding expert said.

DOCKLANDS HEALTH

SERVICES AVAILABLE:

- ▶ Physiotherapy
- ▶ Chiropractic
- ▶ Massage
- ▶ Psychology
- ▶ Nutrition
- ▶ Yoga
- ▶ Pilates
- ▶ Exercise Rehabilitation
- ▶ Hyperbaric Oxygen Therapy

Shop 4/860 Collins St, Docklands, 3008
 (03) 9088 3228 | www.docklandshealth.com.au

BOOK ONLINE
DOCKLANDSHEALTH.COM.AU

ESCALA
 NEWQUAY

NEWQUAY DISPLAY SUITE
 OPEN DAILY
 10AM - 5PM

Artist's Impression

Urban living on a new scale

APARTMENTS FROM \$599K | LOFTS FROM \$558K
 SOHO APARTMENT \$785K

An eclectic collection of innovative lofts, stylish apartments and home offices designed by Six Degrees Architects. Featuring soaring double-height ceilings, light-filled living spaces, abundant residential amenity and a vibrant new piazza.

Ground floor, 2 Glenti Place, NewQuay (Banksia Building)

1300 137 590 | ESCALANEWQUAY.COM.AU | **MAB**



Woolworths
The fresh food people

THE DISTRICT DOCKLANDS

**FRESH
NEW STORE**

WATERFRONT WAY, DOCKLANDS

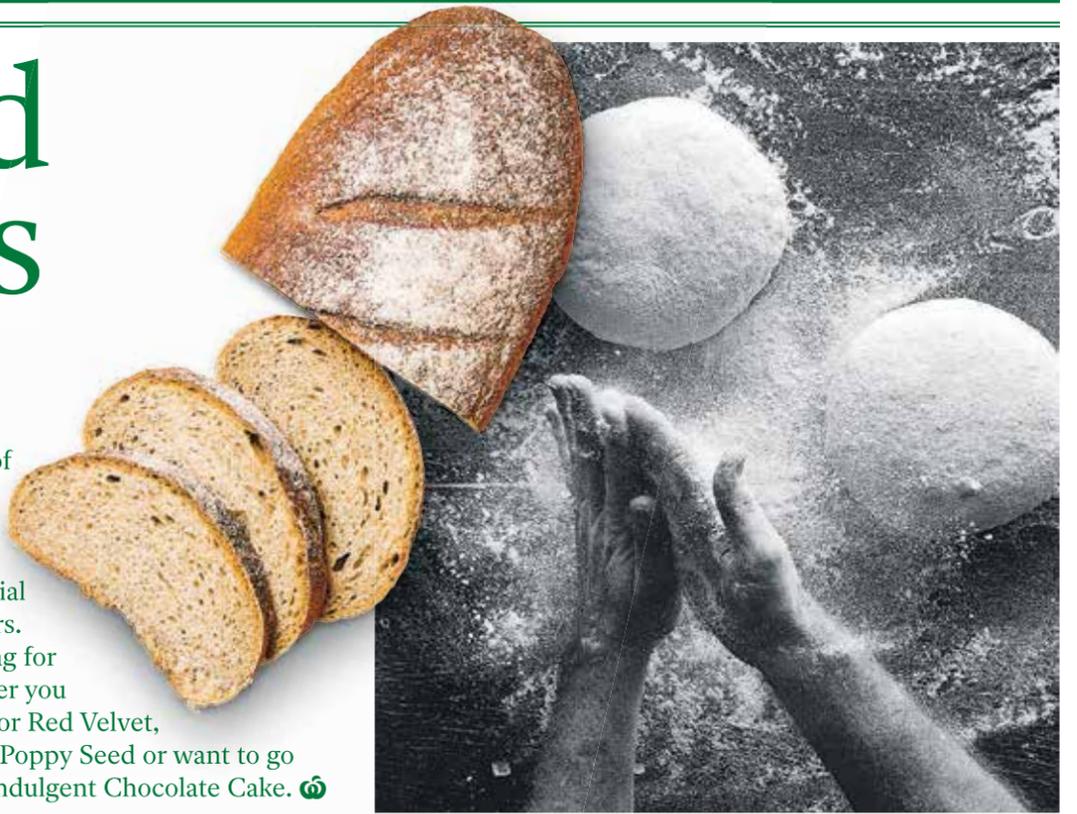
For our bread & pastry fans

Our bakery offers artisan-style bread and sweet treats for every day of the week.

Ashining star of our fresh new store, the bakery is your one-stop shop for gourmet loaves, perfect pastries and party cakes. It's pretty easy to find too, just follow that moreish smell of baked bread.

The team are not just baking the bread but offering to slice it too. If you love a good loaf, you won't be disappointed. We use only the finest ingredients in our in-store range with Aussie wheat flour.

Our wide range of cakes are made with quality ingredients and contain no artificial flavours or colours. There's something for everyone, whether you have a soft spot for Red Velvet, prefer Orange & Poppy Seed or want to go all out with our Indulgent Chocolate Cake. 



Hand picked groceries, now hand delivered to your car boot

Introducing the new Pick up Drive thru at The District Docklands.

Simply order online and one of our Personal Shoppers will hand pick your order, and hand deliver it straight to your boot.



Say cheese

We can cut and wrap any cheese from our brand new cheese section.



Sensational seafood

Discover your new local seafood market.



100% Aussie meat

All our fresh beef, lamb, pork and chicken is Australian grown.



Cut fresh for you

Ask a friendly team member to cut and wrap any heavy fruit or veg.

The fresh food people

CP281020V3DN

Docklands – the creative jewel of Victoria

Docklands became the home of a new Hollywood project and to the final piece in Victoria's creative capital with a \$46 million investment announced on October 19.

A new soundstage a quarter of the size of the MCG will be built at Docklands Studios Melbourne, which will become the regional base of Dick Cook Studios (DCS) for two new film projects.

Docklands Chamber of Commerce president Joh Maxwell said the community looked forward to working with the project.

"The investment in new infrastructure with construction starting in mid-2020 is a further confirmation that Docklands is growing and continuing to develop," she said.

"It's a touch of Hollywood for Docklands and the ability to showcase our precinct to the world."

Federal Arts and Communications Minister Paul Fletcher said the investment would create 4500 jobs and Premier Daniel Andrews said it completed Victoria's profile as the creative capital of the nation.

"In order to deliver the Asia-Pacific headquarters of DCS, these two movies and potentially many more after that, the Victorian Government will invest \$46 million to build a super soundstage adding to the already impressive facilities here at Docklands," the Premier said.

"We've got the skills, the talents, the abilities and now we've got the physical infrastructure."

"This will be one of the biggest soundstages in the Southern Hemisphere – 3700 sqm, 40,000 square feet – the sort of infrastructure that is critically important to attracting the biggest and best screen productions and all the jobs that flow from that."



The Premier said there were 100 jobs expected in construction of the soundstage and at least 1500 per movie.

Hollywood veteran Dick Cook (former chairman of Disney) joined the Premier, Paul Fletcher, Film Victoria CEO Caroline Pitcher and Docklands Studios CEO Rod Allan to make the announcement.

DCS announced two initial films to be produced at the studios – *The Alchemyst* and *The Secrets of the Immortal Nicholas Flamel*.

Both films will be based on parts of a series

of novels by Irish author Michael Scott that DCS may turn into movie franchises to be created out of Docklands for years to come.

"This is an exciting and a bit of a historic day for us to be able to announce the establishment of our creative and production home here in Melbourne," Mr Cook said.

"While we're only announcing two movies it is clearly our desire to make this our home."

"We plan to be here for frankly as long as you'll have us."

Docklands Studios beat several other options in Europe and around the world that were also considered by DCS.

Although the stage will not be completed for two years, Mr Cook said DCS would begin utilising the existing facilities at the studios immediately.

Docklands Studios CEO Rod Allan contextualised the announcement within the rising success of the studios since they were purpose-built 2004.

"It's safe to say that in 15 years the studios have become a cornerstone of the screen industry ecosystem," he said.

"We're here today to mark another milestone in the evolution of the studios and the screen industry."

"Our stages are in high demand, and Stage 6 will give us the flexibility to cater for more high-end productions than ever before. The studios will aim to retain space for domestic projects, including low-budget productions and will continue to welcome projects of any size."

The news also comes as another major boost to the NewQuay precinct, which along with the ongoing development of The District, new Docklands Primary School and Ron Barassi Snr Park, continues to grow.

Head of sales and marketing at Melbourne Star Observation Wheel and Docklands Chamber of Commerce executive member Nicole Hill said the news was "gladly received" by businesses in NewQuay.

"Since opening five years ago, visitation to Melbourne Star Observation Wheel has increased significantly year on year, alongside the expansion of Docklands with the arrival of other high-calibre offerings and experiences," she said.

"In 2020, we look forward to celebrating our two millionth passenger with our many neighbours and partners within the precinct."

David Phelan answers your legal questions

Q. My parents operate a profitable family business. I am joining the company as a shareholder and want to make sure that we start off on the right foot.

What do you suggest?

A. The company share register needs to be updated, including all necessary company resolutions and the issue of a new share certificate. The appropriate form also needs to be lodged with ASIC to record the change in shareholdings. PWD can assist by preparing the necessary documents.

Call for advice on wills, probate, estates & trusts; property law & conveyancing; family law; commercial & business law; litigation – commercial, civil & general and mediation & alternative dispute resolution.

Pearce Webster Dugdales Working with individuals, families & business



Pearce Webster Dugdales Level 4, 379 Collins Street, Melbourne T 9614 5122 www.pearcewebster.com.au

MARKET LANE

**Melbourne's newest fresh
food precinct is now open.**

Woolworths - Australia's Fresh Food People
and supermarket liquor chain Dan Murphy's
are now open in Market Lane.

In addition MarketPlace Fresh, The Butcher Club,
The Humble Baker, Health Kick and
more fresh food and daily convenience stores
will open soon.

Save the date

Official launch celebration weekend,
16 & 17 November.

Live entertainment, kids games and workshops,
cooking demonstrations, fresh food sampling,
giveaways and more!

thedistrictdocklands.com.au



Woolworths 

 Dan Murphy's

MARKET PLACE
fresh

THE
BUTCHER
CLUB



The 2020 Docklands Chamber of Commerce executive committee outside Neolemonade last month.

Chamber success

The Docklands Chamber of Commerce (DCC) recapped another strong year at its annual general meeting on October 22.

Held at Neolemonade on Collins St, the event saw a strong turnout of members hear long-standing president Johanna Maxwell deliver a detailed summary of the chamber's achievements, which also included a look ahead to 2020.

Ticking off three major strategic goals for 2019, the chamber enters 2020 with more than 200 members, advanced plans for a permanent activation of Victoria Harbour and having secured the inaugural Docklands Business Awards.

From Carols Undercover at The District Docklands, New Year's Eve fireworks and Australia Day celebrations to Run 4 the Kids, the winter Firelight Festival and a host of its own member events, 2019 arguably marks the chamber's most active year to date.

And there is still plenty to come. For more information or to become a member visit docklandsc.com.au or read DCC executive officer Shane Wylie's monthly updates in *Docklands News*, which this month features on page 29.

Three new members also joined the executive committee on the night, including Athol Hodgetts (O'Briend Icehouse), Ahmad Trad (Xary) and Peter Kelly (Docklands Private Collection). Johanna Maxwell and Daniel Hibberd were re-elected as president and vice-president, respectively. Glenda Archibald remains as treasurer.

Woolworths unveiled

By Spencer Fowler Steen

Woolworths opened to the community on October 9 at The District Docklands, further invigorating NewQuay with almost 100 new jobs.

Locals can now enjoy a wider range of produce, from fish to frittatas, as well as a loading area for pick-up orders.

Woolworths store manager Ragu Jevachandran said the new store had brought 90 new team members, with some 20 employees transferring from neighbouring stores.

"The new store home is a convenient gateway for Melbourne shoppers, with well-connected public transport, major highways and easily accessible network of cycling trails," he said.

"Our teams have spent a great deal of time understanding how our customers like to shop and designed the store with local customer needs in mind just in time ahead of the festive season."

The store includes all the tried and tested crowd favourite sections such as the deli, bakery and seafood store, but boasts some extra features too. The Macro Wholefoods market features an extensive range of organic products to suit a variety of dietary requirements, including a gluten-free range.

The District Woolworths officially opened on Wednesday, October 9 and will open 7am - 11pm seven days a week.

READER GIVEAWAY: *What are you most looking forward to about shopping at Woolworths at The District?* The best 10 answers will receive a free \$50 grocery card! Send your answers to news@docklandsnews.com.au by November 22 to go into the running.



The management team at the new Woolworths at The District Docklands.

Maximum rental returns & minimum rental stress

THAT'S THE RT EDGAR PROMISE TO LANDLORDS IN DOCKLANDS

At RT Edgar, we've built our reputation on making our landlords' lives easier at the same time as making their property investment more productive.

From finding the right tenants to keeping your rental property properly maintained, while ensuring you are kept fully informed every step of the way, our Property Management team are there for you.

For an OBLIGATION-FREE DISCUSSION on how we can help you achieve a better result from your property investment, call our Docklands specialists today:

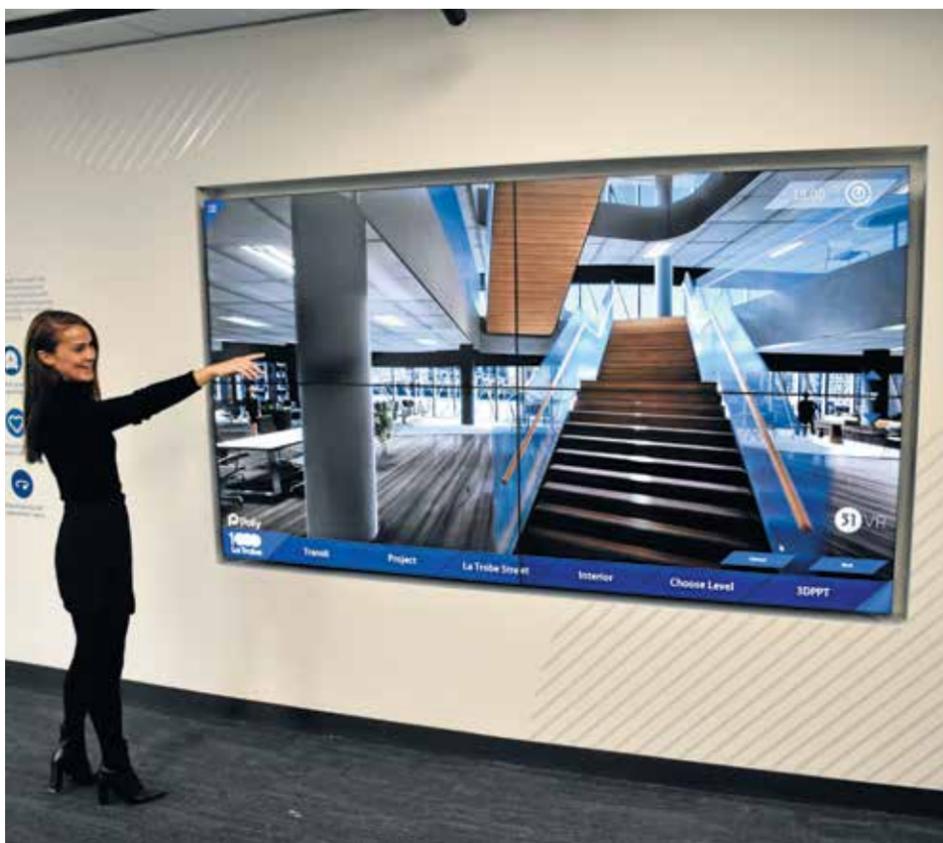
Brandon Chuah
0433 989 177

Crystal Yap
0419 229 176



RT Edgar

RT Edgar Docklands | G05, 838 Collins St, Melbourne VIC 3008 | 9629 1888 | rtedgar.com.au



Jen Reynoldson from Poly Developments and Holdings at the VR display centre at the Rialto.



A render of 1000 La Trobe.

Futuristic Docklands on display

By Ed McLeish

Ever wondered what it would be like working in a Docklands building that hasn't been built yet?

Thanks to a revolutionary virtual reality (VR) platform, locals can see into the not-too-distant future today.

Prospective tenants can interact with 1000 La Trobe St, Docklands – a site currently under construction and due for completion in 2021 – at developer Poly Australia's display suite in Rialto Tower in the CBD.

Poly Victoria executive director Steve Wang

said the implementation came after the developer identified the need to create a more comprehensive and immersive experience for potential occupants.

“Our virtual reality asset for 1000 La Trobe showcases the development’s design, capabilities and benefits via innovation that far surpasses traditional means of three-dimensional models and still renders,” he said.

“It provides a completely interactive experience, allowing the user to travel through tenancy floors and dedicated amenity spaces, ensuring they gain a real-life feel for how the development can cater to their needs.”

In addition to releasing latest renders of its development, Mr Wang said the VR model showcased the external and internal design and included the ground-floor amenities, sky balconies, views from each level and much more.

Senior director of the Victorian branch of JLL Ashley Buller said the future of real estate lay in using technology to enhance the way we invested in, managed and occupied real estate.

“Occupiers are continuing to demand innovative solutions to visualise the space they are committing to,” he said.

“This interactive design solution is market leading in the commercial office

environment and is aligned to Poly’s technology focussed approach in the delivery of 1000 La Trobe St.”

The 40,000 sqm development will consist of 23 levels reaching approximately 91m high and will be the first major high-rise tower in the Digital Harbour Precinct.

It consists of highly efficient floor plates averaging 2100 sqm, allowing ample flexibility for tenants.

The design hosts the opportunity for vertical floor integrations, access to health and wellness facilities, and a 700 sqm co-working centre. It also includes ground floor retail.

YASSAS THE GREEK WAY

NOW OPEN

Ground Floor, 440 Docklands Dr
Docklands VIC 3008
• **0481 997 779** •

Yassas offers the best Greek food in town offering a modern twist to food inspired by the streets of Greece.

We invite you to share the feasting with friends and family. YIAMAS!

Bring the cutout of this advert to receive:
A free bottle of house wine on minimum spend of \$80
OR
Free soft drink can on purchase of DINE-IN GYRO / MIXED GRILL or MEAT PLATTERS.



Updated waterfront city

The City of Melbourne has endorsed an up-scaled revamp of developments on both sides of The District, including the under-construction Marriott Hotel.



The two sites, 28-38 Pearl River Rd and 3-43 Waterfront Way, were included in the Waterfront City Outline Development Plan 2003 which set a discretionary height limit of 25 metres. In 2008, the preferred building height for the area was raised to 45 metres.

The sites now await ministerial approval under the plan at 90.95 metres and 70.82 metres respectively and the decision could attract more developers to the area.

The Waterfront Way site, which is already under construction, will hold the future Marriott Hotel while the Pearl River Rd site will hold dwellings and office space.

A previous proposal by developer Capital Alliance for a 109-metre tower at the Waterfront Way site was refused by the Minister for Planning.

City of Melbourne chair of planning Cr Nicholas Reece said he hoped the resulting planning applications would be of high quality.

"I would expect that as a result of tonight's decision we will now see some new

applications coming forward for planning permits in this area and I want to emphasise that I do hope those new applications are of a very high quality," Cr Reece said.

"I don't want to see any more prefabricated concrete buildings in Docklands, I think we've had enough of those. The application before us is the next stage in the development of Waterfront City and the development plan that has been sometime in the making."

"We're talking about two sites moving from 25 metres to 90 metres on the south-west site and 70 on the south-east site so that is something that obviously the city wants to properly interrogate."

"I think the changes the city is seeing at The District at the moment are very positive and it's exciting to see what's happening there. I think it's going to add a lot to Docklands in terms of amenity and vibrancy."

Capital Alliance applied to increase the heights as part of a broader set of new plans for the sites.



839 Collins opens

By Spencer Fowler Steen

Victoria's Harbour's newest mixed-use building 839 Collins was officially opened in early October.

Lord Mayor Sally Capp cut the ribbon on the building, marking one of the last deliveries of major commercial buildings in Victoria Harbour by developer LendLease.

It will be home to around 15,000 workers, 5000 residents and over 100 retailers including ANZ, QBE, Port of Melbourne and the Australian Computer Society.

Guests celebrated the milestone with a smoking ceremony and Welcome to

Country to acknowledge the traditional owners of the land.

Cr Capp spoke alongside a number of other representatives from companies such as Challenger and Invesco, highlighting how Victoria Harbour was one of the largest waterfront developments under way in Australia.

There will also be free yoga classes and fitness boot camps outdoors in the Sky Park in One Melbourne Quarter until November 28.

The yoga sessions run on Tuesdays and the boot camp runs on Thursdays, both from 7.30am to 8.30am.

For more information and to register for classes visit melbournequarter.com/discover/whats-on/free-yoga-and-bootcamp-in-the-sky-park/

CHRISTMAS at Collins Square

Mon 18 Nov – Fri 20 Dec
727 Collins Street, Docklands

More information via collinssquare.com.au/whats-on



COLLINS SQUARE

Mission prize draws international maritime art

Mission to Seafarers Victoria (MtSV) was adorned with an exhibition of ANL Maritime Art Prize entries over October with the winners announced on the opening night on October 3.

The prize has run from MtSV with help from sponsors for 17 years, raising the profile of the international seafarer community and the MtSV.

“The Mission to Seafarers Annual Art Prize and Exhibition provides the shipping industry as well as the community an opportunity to support the seafarers who transport 90 per cent of the world’s goods,” MtSV chief manager Sue Dight said.

“The artists who support the event have responded to the theme *Humanity and*

the Sea with works that comment upon the nature of the work of seafarers, the tiny specks they are in the vast oceans of the world, the faces of those who have traversed the world, and the connections we all have with the sea.”

“This year’s 250 entries came from as far afield as Germany, Spain, Bangladesh, Pakistan, USA and New Zealand to create a diverse field from which to select the 90 works that are exhibited at the mission.”

This year’s prize of \$15,000 was awarded to Maria Kontis for her work *Barely Surviving and Merely Looking On*, which will remain at MtSV. Her work is held around the world at UBS Art Collection in Switzerland, the University of Arts London, the National Gallery of Australia and the Art Gallery of New South Wales.

The judges’ comment on her winning piece – a watercolour on canvas – was: “A deceptively humble, relaxed work with

great pathos and ambition, but phrased in a unique artistic language. Using a virtuoso technique, it fulfils the brief of the prize admirably.”

This year’s judges were professor of contemporary art at the University of Melbourne Dr Charles Green, art collector and Lorne Sculpture Biennale 2020 board member Graeme H. Williams OAM and artist, designer and educator Catherine De Boer.

The ASP Best Traditional Maritime Art Award of \$5000 was awarded to Jenny Viney for *Men at Work* and the Neville & Co Runners Up Award of \$2000 to Barbara Tyson for *Weight of Living*.

A VICT Emerging Artist Award of \$2000 was awarded to Raj Panda for *Looking Back to Look Forward*.

The exhibition was open to the public until October 20.



Kangan appoints new CEO

By Ed McLeish

Bendigo Kangan Institute (BKI) has announced accomplished public sector executive and experienced government worker Sally Curtain as its new chief executive officer (CEO).

The BKI Group, which comprises Kangan Institute and Bendigo TAFE, operates 10 TAFE campuses stretching from Echuca to its campus here in Docklands.

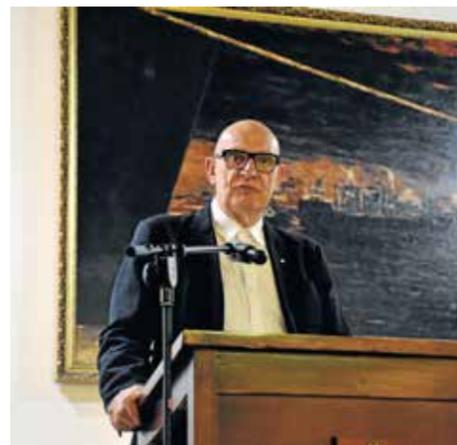
BKI chair Peter Harmsworth AO said Ms Curtain’s appointment would enable the institute to continue to evolve as a leading provider of vocational training and education programs.

“It is very exciting to have Sally Curtain join us at BKI,” he said.

“Ms Curtain has led major organisational improvements and transformation programs through her executive roles in the Department of Justice, City of Casey and recently with VicRoads.”

“Her extensive experience and leadership expertise are important to ensure BKI is well positioned to meet the significant challenges now facing the TAFE sector.”

Ms Curtain said she felt honoured to have been appointed.



ALL

FUNCTIONS

GREAT & SMALL

Celebrate at the Fleece

CORPORATE & PRIVATE

ROOFTOP DECK • PRIVATE BAR • BEER GARDEN
MULTIPLE EVENT SPACES for 20–150 PEOPLE

120 MONTAGUE ST
SOUTH MELBOURNE

BOOK NOW! 9696 9662

Council's charged debate on child abuse

By Meg Hill

The City of Melbourne passed a motion last month regarding the safety of children following a charged debate in response to comments by the archbishop of Melbourne that he would not comply with new mandatory reporting laws.

Cr Nicolas Frances Gilley, a former priest, introduced the motion on October 15 which passed by five votes to three. It stipulated that council would enquire as to what role it could play in relation to new state laws on mandatory reporting of child abuse in places of worship.

While introducing the motion, Cr Frances Gilley told the meeting he had resigned his licence partly due to issues of child abuse in the Catholic Church.

Later in the meeting, in response to debate on the motion, Cr Frances Gilley said that he himself had attended a boarding school and had been sexually abused.

"When you mention personal issues I mean, I did go to boarding school and I was sexually abused at boarding school, but that is not why I'm bringing this motion," Cr Frances Gilley said.



Cr Nic Frances Gilley.

"Our role, every single one of our roles, is about safeguarding our children and we might not have a legal responsibility, but if we're not confident – and I'm not confident currently – we should ask the professionals around us to check that we have done everything we can do to ensure the safety of children."

Cr Frances Gilley said he began thinking

about the issue when he read that the archbishop of Melbourne said he would not break the confessional seal to comply with the laws if an admission of child sexual abuse was made in the confessional.

"What that made me think about is, as an elected official in a council and that we have all these places of worship, and I am unaware of how many people there might be that think their faith put them above the law with respect to this issue," Cr Frances Gilley said.

"And then I realised it's not a crime until it happens, but the trouble is we know that it has happened, and it's happened to thousands of children over the years."

"So, if we as a council know that there are people who wouldn't mandatorily report, shouldn't we be considering what we should do about that rather than wait to hear that somebody was abused, somebody did confess or tell someone, and because of their faith they didn't report that."

Councillors Rohan Leppert, Nicholas Reece, Arron Wood, and Jackie Watts voted in support of the motion, while councillors Susan Riley, Beverley Pinder and Kevin Louey voted against it.

While Cr Pinder said she strongly supported the new Victorian laws, she spoke against the motion and said it subjected the Catholic Church to "attack" and "took the council into territory which it has no role or authority in".

"Let me pre-empt by saying that obviously all we can do to protect our children and keep them safe ... is paramount and goes without saying," Cr Pinder said.

"But I don't believe this is a fair and constructive way to do it."

"I really think we ought to be focusing on that which brings our ratepayers greater benefit ... and we ought not to be fighting our own battles, this is not a battleground for our own personal issues."

Cr Leppert spoke in favour of the motion and said it was an issue for ratepayers.

"I'm not sure what's meant by 'personal matters', I don't have any children but I feel passionately about this issue and that we have this public debate about what the laws mean and how they play out in practice, and whether or not any, prominent or not, places of worship are going to be compliant," Cr Leppert said.

"We're not proposing any role for the City of Melbourne yet, the conclusion of this motion is to seek advice."

"Let's be clear, this isn't a motion to volunteer to become an enforcement arm on behalf of the state government to uphold its new mandatory reporting laws."

"We're prompting a public discussion about a very important issue and we're not presuming where it may lead."

ADVERTISEMENT

UPDATE ON THE WEST GATE TUNNEL PROJECT

Construction has now started on Melbourne's second major river crossing for the west, with foundations being built for the bridges over the Maribyrnong River.

A 30-metre high piling rig has been floated in on a barge to start building the bridge that will cross the river to connect the West Gate Tunnels to a new elevated road above Footscray Road and directly to the Port of Melbourne.

Two ramps adjoining the bridge will also be constructed, giving direct freeway access to Mackenzie Road and Appleton Dock Road for trucks entering the port.

The bridges over the Maribyrnong River, just south of Footscray Road, are a vital part of the project to take motorists to the northern and western parts of the CBD and get trucks off local roads.

Innovative bridge construction methods are being used to build the Maribyrnong River bridges and ensure that we keep the river open to boats, keep Mackenzie Road open for truck access to the port, as well as meet all environmental requirements to protect the health of the river.

Further along Footscray Road we have made progress on the concrete columns that will support the two kilometres of elevated road that will run above it. This road will connect the tunnel to the port, city and CityLink.

Further west, a key part of the West Gate Tunnel Project is the widening of the West Gate Freeway from eight to 12 through lanes to provide more capacity and reduce congestion.

To create room for the extra lanes, we are replacing massive electricity towers with 15 slimmer monopoles – up to 58m tall – and two smaller lattice towers.

Six monopoles and the two lattice towers are being installed within the freeway reserve, between Grieve Parade in Altona North and Hyde Street in Yarraville. Nine monopoles are being installed within the Brooklyn Terminal Station.

This important work will be managed so that all lanes of the freeway remain open during peak times.

You can find more information about the West Gate Tunnel Project on social media.



Artist impression of bike path along Harris Street and Yarraville Gardens

From information about traffic disruptions to videos of progress updates, social media plays a vital role in engaging and informing the community about the West Gate Tunnel Project.

Join our growing online community and keep up to date on all aspects of the project by following our Facebook, LinkedIn and Instagram pages.

Open space and a greener west

We are greening the west through creating about nine hectares of new open space. Former industrial land will be transformed into new parks for the community, featuring playgrounds, wetlands, interpretative artwork and thousands of trees.

Native plants are prominent in the design based on community feedback during planning for the project. People were keen for native plants to complement and adapt well to the local environment, and to provide a green visual screen in a range of areas, including near the new noise walls.

Head to westgatetunnelproject.vic.gov.au to see artist's impressions of what the new parks and wetlands will look like.



Translation service – For languages other than English, please call 13 14 50.

Please contact us if you would like this information in an accessible format.

If you need assistance because of a hearing or speech impairment, please visit relayservice.gov.au

CONTACT US

info@wgta.vic.gov.au
1800 105 105

Follow us on social media



**VICTORIA'S
BIG BUILD**



Loathing litter!

By Janette Corcoran

LOS3008 held a second clean-up on Sunday, October 20 with more than 30 enthusiastic locals picking up over 12kg of rubbish – which, again, featured many, many cigarette butts!

Among our dedicated contingent was Linda Dugan, proprietor of Petal Back Clothing, which provides adaptive apparel for people with limited mobility. Together with fellow local resident, John Kennedy, they formed

one of several tag teams that attacked the central grate along NewQuay.

Asked why she gives her time to de-littering Docklands, Linda said that she hated seeing litter as she walked around. "It seems to say that we don't care ... and nothing could be further from the truth."

"I support LOS3008 because I know Docklands to be a caring community – we just need to show it more."

The next LOS3008 clean-up is scheduled for Sunday, November 17.

Meet at 10.45am at MPavilion installation located at 752 Collins Street, Docklands (opposite tram stop D16).

Don't forget to bring your gloves!



Construction begins for Think Pink!

By Spencer Fowler Steen

Continued from page 1.

Mirvac design senior associate Victor Wong said the flexible layout included a function space, hairdressing salon, counselling and therapy rooms, as well as a kitchen area and private offices.

"We wanted to create an inviting space where people can dwell, where it doesn't feel like a clinic and people don't feel like they're going to the doctor," he said.

Think Pink is an independent charitable foundation providing professional and holistic support for patients, their families and carers.

Think Pink care nurse Andrea Cannon said the foundation had outgrown its previous facilities in a busy commercial tower on St Kilda Rd.

"Some clients need support beyond the



Mirvac staff and Think Pink volunteers outside the Living Centre at Yarra's Edge last month.

oncologist; the nurses, the hospitals and treatment – and we provide that unique service, the next step," she said.

"Some women get lost in the system and can't access the individual attention to pull them through the recovery.

"We're for the wellbeing of each individual

woman, her family and carers."

The living centre, which can be used free of charge, offers education programs on topics such as food, fitness and finances, as well as services from oncology dietitians, exercise physiologists and financial advisors.

Other popular services at the living centre

include a free wig service for patients experiencing hair loss, yoga classes, meditation, art therapy, writing workshops, weekly walking groups, massage therapy and counselling.

Mirvac general manager of residential Victoria Elysa Anderson, said Mirvac had been working with Think Pink Foundation since its inception nine years ago.

"Think Pink's clients and volunteers will benefit from access to the lush parkland, and riverside walking trails – not to mention the tranquil waterfront environment with city vistas – to enhance their living centre experience and assist with the rehabilitation and recovery," he said.

Over 3000 women have accessed Think Pink's services over nearly a decade. Construction of the new centre is due for completion later this year.

thinkpink.org.au



St Michael's North Melbourne

"Where I'm Known"

Limited places available Prep – Grade 6 2020

www.smnthmelbourne.catholic.edu.au

Denise Hussey - Principal

(03) 9329 9206



Shipping for specialists

Some of the first specialist ships to take the journey from Australia to the Antarctic left from the Yarra River in the 1950s, just outside the Mission to Seafarers.

“The ships that went down there had to be ice strengthened to get through the ice, they had to be able to survive in the heavy seas, scientists were going on expeditions so the ships needed their own laboratories,” said Ross Brewer, chairman of Offshore and Specialist Ships Australia (OSSA).

For the past two years OSSA, a group dedicated to saving the history of ships just like those that went to the Antarctic, have done a lot of work from inside the Mission to Seafarers.

Those two years will be showcased on November 6 when it hosts an exhibition at the Library at the Dock - *Offshore and Specialist Ships made Australia - How?*

“We started out in 2017 to try and receive some of the memorabilia that was being tossed aside. As some companies in Melbourne started to wind down they were letting go of shipping, photos, basically everything,” said Mr Brewer.

“We all worked in the shipping industry, so



L-R: Steve Street, Rob Whelan, Leigh Webster, Reg McNee and Ross Brewer.

we were all mad keen enthusiast people who didn't want to see this stuff disappear.”

The group began with three members - Mr Brewer and two others. At the time of writing, they had just signed up their 101st member.

It has members and representatives in every state of the country, and many will be present when the exhibition is opened by the Lord Mayor Sally Capp.

And its memorabilia collection grew quickly, too. Before long it had outgrown the space

it was occupying at one of the member's homes, and the Mission to Seafarers offered it space.

The crew is often busy sorting through rooms of memorabilia - framing photos, matching ship names and dates to photos, and maintaining old sentimental parts of ships - like a ship's bell.

For Mr Brewer and many of the other members, it's a career's continuation into retirement.

“I went to sea for two years as a deck apprentice when I was 16 in 1962,” he said.

“I worked for P&O all my life and ended up

as a managing director. I got to play with ships every day of my life, it was fantastic.”

“We were based in Melbourne, but we had offices basically all around the world - all through Asia, London, South America, literally everywhere.”

Mr Brewer said he's even been to Antarctica a few times himself. But the exhibition will cover much more than just the southern ice.

“The exhibition is going to be threefold,” said Mr Brewer.

“There's offshore oil and gas which is celebrating 50 years since the first oil came out of the Bass Strait.”

“Another side is the Antarctic, and the third is the Navy. We'll have an exhibition of the small, non-fighting ships because people don't know that the navy have ships that go around and map all the coast of Australia.”

Mr Brewer, who is also a member of the Melbourne Maritime Heritage Network (MMHN), said one of OSSA's main goals was to promote Docklands as a maritime precinct.

“We would love to have a maritime museum here in Docklands.”

Offshore and Specialist Ships made Australia - How? Will be open at the Library at the Dock from November 6 - 28.

The Lord Mayor Sally Capp will open the exhibition at 6pm on November 7.

FOUR POINTS
BY SHERATON

Melbourne
Docklands



CHRISTMAS DAY SEAFOOD BUFFET LUNCH

Let us do all the work while you create some memorable moments and join us for our sensational Christmas Lunch at Dock18.

Indulge in all your traditional festive favourites including Crystal Bay prawns, South Australian oysters, house cured salmon gravlax, whiskey-glazed ham and a sensational dessert buffet with Christmas pudding, profiteroles and so much more!

Check the full menu at: dock18restaurant.com/whatson/christmasbuffet and book today!



Christmas Day Seafood Buffet Lunch

Wednesday
December 25
Lunch: 12pm - 2:30pm

\$190 per adult
includes 2 hour
free flowing
beverage package

\$160 per adult
for Christmas Buffet
\$120 per child (6 - 16)
(5 and under eat free)

Early bird bookings available.

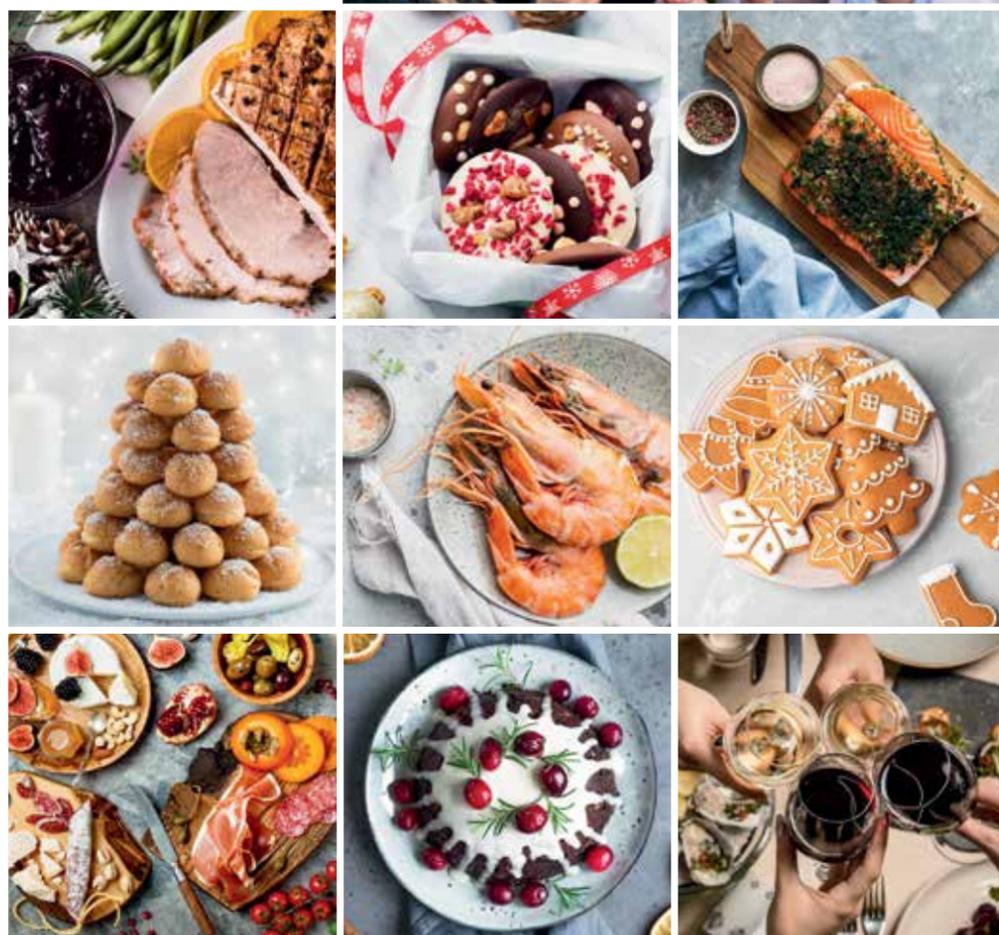
Four Points by Sheraton Melbourne Docklands

VISIT DOCK18RESTAURANT.COM/WHATSON/CHRISTMASBUFFET

BOOK NOW! 8578 0000
OR EMAIL INFO@DOCK18RESTAURANT.COM

Four Points by Sheraton Melbourne Docklands,
443 Docklands Drive, Docklands VIC 3008.

Replace with T&Cs Apply. Subject to availability. Not valid with any other promotions or discounts. Images are for illustrative purposes only. ©2019 Marriott International, Inc. All rights reserved.



Mission makeover

By Neil Edwards AM -
Mission to Seafarers Victoria
Chairman

The Mission to Seafarers Victoria (MtSV) building complex is undergoing its biggest makeover since opening in 1917.

The main hall has new flooring throughout, replacing the century-old boards with new timbers, and new carpet to replace the patchwork of carpets worn threadbare by the feet of tens of thousands of seafarers and visitors over the past decade or two.

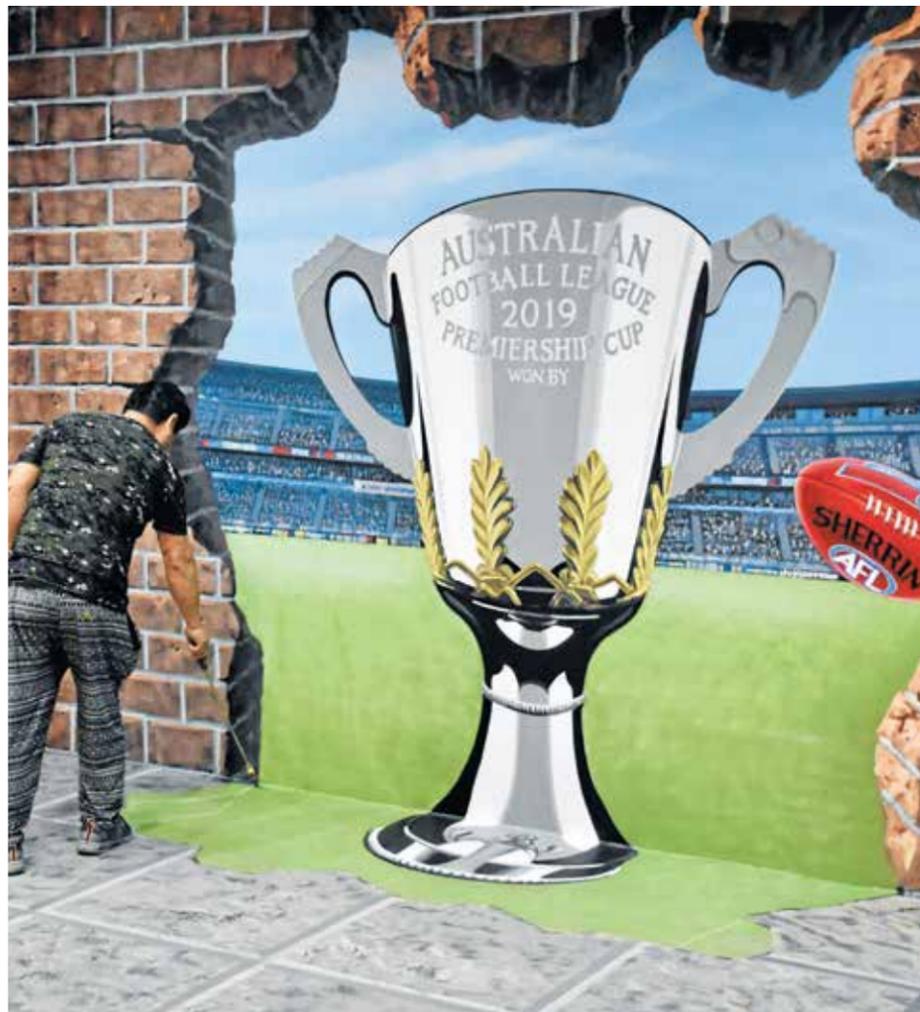
The walls and window frames have been

freshly painted, retaining their heritage colours, and with care for the detail of Walter Butler's design.

The most visible part of the makeover is happening now. Scaffolding is up and has made its way around the building complex so that all of the render can be repaired, and the paintwork refreshed in graffiti-resistant paint in heritage colours.

All of the interior works were completed in time for the recent 2019 ANL Maritime Art Prize and Exhibition, and for the busy round of functions, theatrical performances and live music events that community and corporate groups hold in the run-up to Christmas.

It's our pleasure to show off the Mission's fresh interiors and newly installed bar - we're open 10am-10pm every day of the year and we look forward to welcoming you.



An artist puts the finishing touches on one of many new artworks at ArtVo last month.



Guess what's back?

Docklands' immersive art gallery ArtVo will return to The District this month.

Following a 16-week closure, the ArtVo team is excited to announce that it will be re-opening its doors to the public on November 16 with a new-look display of wonderful artworks and interactive installations.

Unlike normal art museums, ArtVo encourages visitors to touch and

interact with the artworks, photographing themselves and becoming part of the art. The first of its kind in Australia, the gallery originally opened at The District in 2016 and has proven to be a popular Docklands attraction over the years.

ArtVo will reopen on November 16, 10am at Level 1, 26 Star Crescent, The District Docklands.

For a more detailed insight into what's to come at ArtVo, read The District Docklands marketing manager Ivana Molnar's regular column on page 24.

SOUNDPROOFING WINDOWS

FOR BODY CORPORATE AND HERITAGE LISTED HOMES AND APARTMENTS

NO NEED TO REPLACE YOUR EXISTING WINDOWS TO ACHIEVE DOUBLE GLAZING

Stop Noise will come to your home for a FREE demonstration and show you how we can reduce noise by up to 70% coming through your existing windows.

Stop Noise secondary glazing system is equally as good as replacement double glazed windows for your thermal insulation and twice as good for reducing noise. There is simply no better option. Save money on your energy bills and get a great night sleep.

Stop Noise is a trusted family owned and operated Melbourne based business since 1995.



VISIT US ONLINE! WWW.STOPNOISE.COM.AU

Call today to organise a free assessment of your windows & doors

1800 880 844

info@stopnoise.com.au

Stop Noise
ADD ON DOUBLE GLAZING

Office & Showroom- 15 Industry Blvd, Carrum Downs 3201

Keeping up standards

By Rhonda Dredge

If there's a fire in a building or an emergency of some kind you need to know where the exit is quick smart and a fire hydrant must be handy as well.

There's no use making excuses after the fact, like the cladding controversy has demonstrated.

A building surveyor is the guy who has to sign off on crucial technical details.

Greg du Chateau, the director of du Chateau Chun in Docklands, said that building regulations were tough in Australia yet never has his profession come under such scrutiny.

Last week building surveyors were blamed on the ABC's 7.30 Report for signing off on apartment buildings that had developed cracks. One surveyor has been suspended.

Greg is willing to defend the profession by making a distinction between safety and defects in construction.

"There is a separate discussion when it comes to quality rather than minimum safety standards," he said. "We can say a building is safe but the quality may have been compromised. Buildings need to be constructed to withstand loads and winds. Cracking can be caused by concrete not being mixed properly."

The rapid rate in which cities have been built and the increase in development has raised concerns with some of the more caring members of the industry who are looking at new ways existing buildings can be used more sustainably.

"A lot of city buildings over the last 15-20 years have been converted from office to residential," Greg said. "This is reflected in the increased number of people in the CBD. There is no impediment to conversion."

du Chateau Chun has signed up to do the permits pro bono for a proposal by Housing All Australians to turn a mid-rise city building into a pop-up homeless shelter.

The charity is run by former developer Rob Pradolini who in his new life is adept at getting teams together from his contacts



Greg du Chateau tackles the hard questions.

to work on projects for the homeless. The idea of a pop-up shelter is his and he's been working with people to make a go of converting a city building for a finite number of years.

"It's never been done before before," Greg said. "I think it's genuinely a resourceful project, making use of good infrastructure and buildings that are under-utilised."

The City of Melbourne has released details of the collaboration but has not yet formally agreed on the building. The address will be revealed when the politics are sorted.

Greg has done the surveying for 15-20 conversions over the past 25 years, most in the CBD. He is positive about the opportunities. He said that there were many misconceptions in the industry, including the one about the difficulty of improving fire ratings for re-use.

"The fire rating of commercial buildings is higher than residential buildings," Greg explained, and that's not just a feature of recent city offices. "It's been like that forever."

If the building is a commercial one and it is being converted to residential it must also have openable windows and a sprinkler

system. These can be expensive. Sometimes it's easier to come up with a shiny new vision.

The job of a building surveyor involves three distinct roles: assessment of a building, gaining of approvals and providing a permit of occupancy once the work is complete.

The number of building permits issued in inner Melbourne has dropped in 2019 from a record high of 3372 last year. "It's down now, a bit of a downturn in the market," Greg said.

The company is busy but there is time for reflection about the issues of construction and to help out on a project that is worthwhile rather than profitable.

"There is clearly a need in Melbourne and other major city centres for a concern for people in need. As part of our network I felt it was a good cause."

It will take several months to get the permits for a mid-level conversion in the city. Factors include fire rating, structure, health and amenity.

"The question is how temporary is temporary? If it's for one night or ten years, the level of safety is the same."



Photo: Grace Petrou.

Queues for Penguin charity sale

By Eleanor O'Connor - Penguin Random House

The annual Penguin Random House charity book sale on October 24 in aid of the Indigenous Literacy Foundation was a huge success.

We thank Collins Square for all their assistance in set-up and promotion and our colleagues at Penguin Random House for volunteering their time to run the sale.

We made \$17,000 which will aid the foundation with its aim of reducing the disadvantage experienced by children in remote Indigenous communities across Australia by lifting literacy levels and instilling a lifelong love of reading.

While we didn't do a door count, we estimate we had at least 700 shoppers eager to snap up a bargain bestselling book across our adults, lifestyle and children's titles.



PLATFORM28

APP LAUNCH

Download the app and reap the rewards!

Complementary beer, wine or soft drink when you download the app.

Ongoing benefits like 10% members discount off food and beverage, and MORE!*

Go to the App Store and download the app today!

*Terms and conditions apply.

Download on the
App Store

LOCAL SUNDAYS!

Live in the area?

Platform 28 welcomes you lunch or dinner! Simply download the app, purchase any main meal and receive a complementary beer, wine or soft drink on us.



PLATFORM28

LET'S GET SOCIAL



Extended free tram zone: Good move or bad?

By David Schout

As state parliament considers the merit of extending the free tram zone, it appears people are split on whether free rides should extend beyond the CBD and Docklands.

In June, Transport Matters MP Rod Barton passed an upper house motion to consider extending the zone.

His suggestion included an expansion to major destinations such as the MCG, Art Centre and Melbourne Zoo, plus key institutions like the Alfred and Royal Children's Hospitals, and the University of Melbourne.

Public submissions are open until December 20.

While the state government has shown no indication yet of extending the zone, the question of how it would impact commuters remains a pertinent one.

And one thing is certain: people are divided on the zone's effectiveness.

Introduced at the start of 2015, supporters of the scheme spruik its cost and convenience benefits.

Mr Barton said extending the zone to include areas outside the CBD would be another step towards changing the way people choose to get around.

"We want to encourage visitors to these areas," he said.

"We want to encourage locals into these areas. It makes sense to encourage tram travel to these major destinations and encourage everyone to enjoy all that Melbourne has to offer."

An extension to the free tram zone would appear, from the outside, as a win for locals. It would extend the areas they can travel for free to include key city venues and services.

Docklands News recently asked several passers-by whether they would like to see the free tram zone extended to the arts and sports precincts. Each respondent said they would.

But others, especially those who live outside the CBD, have suggested it would further clog a system that is becoming unusable at peak hour.



Those who commute to and from the city by train each day don't benefit from the "free" trams: their Myki caps at \$8.80 irrespective of whether they take trams or not.

As a result, the main beneficiaries of the free tram zone would appear to be local residents, tourists or those who travel into the city by car.

In a surprise revelation, the state government's recently released annual tram load survey claimed that, contrary to accounts of overcrowding, packed trams were in fact a rarity within the CBD.

It found just four instances of CBD trams past capacity during a nine-day period in May.

This compared to 11 instances in the same survey last year.

All four "load breaches" occurred during the morning peak of 8am-9.30am, meaning there were no recorded instances of overcrowding in the evening peak.

But the Public Transport Users Association (PTUA) questioned the survey's measurement, specifically the locations used to count passengers which were each located at the end of the free tram zone.

"The official numbers reckon Yarra Trams services mostly aren't overcrowded. That's because they're measuring them on the edge of the CBD - away from where the trams are most packed," the PTUA tweeted.

Despite the obvious benefits to locals and tourists, City of Melbourne councillors have expressed caution on a free tram zone extension.

Cr Rohan Leppert has said on Twitter that extending the zone would be a bad idea.

"Our public transport system is under intense pressure in the CBD," he wrote.



From ship to shore

By Meg Hill

When seafarers arrive at the Mission to Seafarers from the port they enter the side gate and "negotiate the narrow path along the edge of the small garden".

The garden is "tended by Margaret, who reflects that seafarers like to see trees and flowers and feel grass underfoot after weeks onboard the ship with nothing to touch but metal and nothing to see but water."

The experience was recounted in a seminar by Professor Uma Kothari, whose fellowship at the University of Melbourne has so far focused primarily on the Mission within the scope of a changing relationship between ships, seafarers and shores.

Before the courtyard, Professor Kothari described the experience of arriving on land: "They've spent four months at sea when the ship steers into port. They're on a nine-month contract."

"It's been two weeks since they left their last port of call and some of them are desperate to go ashore."

Professor Kothari specialises in migration and postcolonial studies at the University of Manchester. For the past two years she has been a Vice-Chancellor's Fellow at the University of Melbourne.

"One Sunday not long after I'd arrived in Melbourne I went for a walk around Docklands and for a potter along the river and I came across the Mission to Seafarers building," she said.

"It was seemingly out of place, but actually perfectly in place as it's the skyscrapers

around it that seem incongruous."

Professor Kothari said she became enthralled by the history of the Mission, its connections to people, places and objects. She returned the next week and regularly since.

The Mission is "a place that cannot be solely defined physically by its borders and boundaries as its permeable, fluid and facilitates connections."

"A long, internalised history gives the place its uniqueness - not necessarily a single unique identity but multiple shifting ones."

Not long before Professor Kothari stumbled across the Mission, the staff had discovered almost 100 years of records concealed in boxes under its stage - annual reports from the 1890s, scrapbooks, diaries, log books, newsletters, artefacts and photographs.

She has been carrying out research at the Mission by consulting the archives and interviewing staff and seafarers.

She recently curated a photographic exhibition that brought together historical and contemporary photographs to depict continuities and changes in maritime life.

Professor Kothari made a point to highlight that the aim of the Mission since it was founded had been to care for all seafarers and their families regardless of nationality or background.

Today, the Victorian Mission has a wall where seafarers can pin their countries' currency and a passport size photo of themselves.

"They want to leave a marker, a sign, a trace that they were there," Professor Kothari said.

"Once a young seafarer spotted his uncle's photograph on the wall and felt happy that his relative had also spent time at the Mission and in Melbourne."



Spartan Financial

A FULL RANGE OF ACCOUNTING SERVICES AT COMPETITIVE RATES - THE DOCKLANDS INCOME TAX SPECIALIST

**Are you depressed about how much tax you pay?
Go now to the taxation specialists and get help!**

Come and see our experienced accountant who has dealt with complex taxation matters for more than 45 years



DISCUSS YOUR QUERIES WITH
TONY SMARRELLI

Suite 2, Shop 18, Level 4, 100 Harbour Esplanade, Docklands
(Located opposite Gate 1 of Marvel Stadium)

www.spartanfinancial.com.au

facebook.com/Spartan-Financial-100792954604228

twitter.com/SpartanFinanci2

PHONE 03 9600 4327 MOBILE 0412 316 424

Docklands business wins Governor's award

A Docklands business has been acknowledged with a top honour by Victorian Governor Linda Dessau AC.

Mo Works was awarded the Governor of Victoria's Export Award (GOVEA) for professional services in October for contribution to export marketing, branding, driving commerce and promoting global expansion.

Located at 7/677 Latrobe St, Mo Works is a digital and creative agency with a global outlook helping Victorian businesses expand and excel internationally.

Creative director Mo Hamdouna said

that "creativity is the key to global competitiveness" and Australian business should start identifying potential business partners when expanding internationally.

Founded with an international mindset, Mo Works is a multicultural team and, according to Mr Hamdouna, export had always been one of the driving forces of the business.

As the most prestigious export awards in Victoria, the GOVEA awards recognise the hard work and dedication of the state's most successful and innovative exporters.

"Our commitment to supporting exporters has never been stronger and in the 40th year of the GOVEAs that support is being provided to an increasingly diverse range of industries," Minister for Jobs, Innovation and Trade Martin Pakula said.



River's monsters turned into art

Trash from the Yarra has been morphed into an artwork thanks to a group of young Melburnians who meet and plan in Docklands every Tuesday night.

Rubbish was collected through a project run by the Melbourne City Rotaract Club, a team of young adults aged 18-30, in conjunction with the OceanX Group. The team runs a monthly Yarra River Clean Up event.

The rubbish was passed onto artist Mocha Li, who uses recycled or reused materials for oil painting and knits plastic yarns from deconstructed plastic water bottles.

The result is a mixed media piece inspired by the Great Barrier Reef. It intends to ask the viewer: in society today, can you still appreciate how beautiful nature is? Underneath a façade of natural colours sits the rubbish collected from the Yarra.

Ludovic Grosjean is a Rotaract member and principal consultant at OceanX Group – an engineering company tackling water pollution.



"As humanity is approaching a critical time, the painting is a reminder that we need to recognise the beauty in nature if we want to keep and preserve it," he said.

"Otherwise, rubbish may block us from seeing our colourful environment. We can still rescue our oceans now, but people need to be aware of the urgency to act."

The art was donated to the Rotary Club

of Flemington art show to raise funds for community programs.

The next Yarra River Clean Up meets at Flinders Street Station at 9.45am on Sunday, November 17.

The Melbourne City Rotaract Club meets every Tuesday at 7pm at The Hub.

For more info contact Ludovic Grosjean at ludovic@oceanxgroup.com.au



Karwa Chauth celebrated

Karwa Chauth is a traditional Hindu festival where women fast from sunrise to moonrise for their husbands' longevity and safety.

The holiday falls on the fourth day of the month of Kartik, according to the Hindu lunar calendar – this year it was October 17.

A Docklands group celebrated the holiday at the Hub by dressing up in colourful Indian outfits. They fasted all day, praying for love and the well-being of their husbands and families.

Celebrate Christmas in Style

Start the celebration with a sparkling wine or indulge and include canapés for your intimate gathering 120m above the glittering city.

Christmas packages start from just \$19.50pp*

Book today at melbournestar.com

Take this New Year's to the next level!

Raise your glass and count down to the New Year at Melbourne Star! Watch the sky erupt with the New Year's Eve spectacular fireworks display from the best seats in the house.

New Year's packages start from \$65pp*

*Terms and conditions apply. Check out melbournestar.com for full details.



Sustainability

Eat sustainably!

We've heard about the effects a high-sugar, high-fat diet can have on our health, yet we shouldn't overlook the impact of our dietary choices on the environment.

From growing crops to packaging and transporting goods, up to a third of all greenhouse gas emissions come from the agriculture sector. As Australia (and Victoria) become more environmentally conscious, veganism has surged, with a portion of our population adhering to a strict plant-based diet.

However, to make sustainable and consistent dietary changes, they must be achievable in small, everyday changes that anyone can adopt into their eating habits.

Eat less, and eat better meat

Not all foods contribute equally to global emissions and livestock is consistently called out as one of the biggest culprits, contributing to over 15 per cent of the United Nation's (UN's) total emissions. Red meat and dairy production are among the most energy-intensive manufacturing processes releasing masses of carbon dioxide, methane, and nitrous oxide into the atmosphere. Meat-free Mondays, Veganuary, and flexitarianism are three of the most prominent campaigns with the common goal of reducing personal meat consumption. Switching from beef burgers to veggie burgers; mincemeat for beans in your chilli; or chicken for tofu in your stir-fry can make a significant impact on your carbon footprint.

Reduce food waste

According to the UN's Food and Agriculture Organisation, 30 per cent of food is wasted globally across the supply chain, contributing to an eight per cent total of global greenhouse gas emissions. If food waste were a country, it would come in third after the United States and China in terms of impact on global warming.

One-third of all food produced is lost or wasted (that's around 1.3 billion tonnes of food!), costing the global economy close to \$940 billion every year!

Over five million tonnes of food end up as landfill, enough to fill 9000 Olympic-sized swimming pools. One in five shopping bags ends up in the bin equalling \$3,800 worth of groceries per household each year.

Each year, Victorian households throw out 250,000 tonnes worth of food – that's enough food-waste to fill the Eureka Tower! The average Victorian household throws out approximately \$2200 worth of food each year. While in Melbourne alone, we waste approximately 200kg of food per person per year.

Changing behaviours is paramount to reducing food waste impactfully and easy to do. Also, understanding where in the supply chain the waste occurs to implement practical solutions. Some suggestions you can adopt in your everyday life:

- Try shopping conscientiously and with intent;
- Buy compostable liners for food waste bins;

- Consider buying "ugly food", like fruit and vegetables with imperfections that are as delicious and nutritious when you are shopping;

- Gift excess food to the homeless; and

- Remember to store your food properly, use and share your leftovers.

Buy organic

Commercial farming methods are turning more and more to the use of antibiotics and fertilisers to maximise their food production and profits and meet consumer demands. Not only are these chemicals potentially harmful to our health, but they can also run off into water systems upsetting the marine eco-balance. Organic farming promotes healthy soils and uses fewer fossil fuels by eliminating synthetic fertiliser use.

Organic food is not only better for you, it's better for the environment and a more sustainable way of eating. People are seeing the benefits of utilising the produce that is available locally, it is just as important; supporting the local agricultural and reducing food miles is really important and buying local means everything is fresher.

Purchase locally sourced food

Imported foods release tonnes of carbon dioxide into the atmosphere through air-freighting and truck transportation, also known as "food miles." Purchasing local produce eliminates this. Locally-sourcing also assures that what you're eating has likely not contributed to land conversion and deforestation. Taking it one step further, you can try growing your own fruit and vegetables at home. All you need are some plant pots, which you can pick up from a second-hand shop for under \$10, some seeds and a window sill. Growing your own fresh food can give a real sense of achievement and connection with the environment.

Experiment in the kitchen

Cutting down on environmentally-costly foods opens a new opportunity to discover the chef from within you. Try new recipes that use plant-based alternatives and buy ingredients you've never used before – even better if they're locally sourced!



Dr. Kaushik Sridhar

Corporate responsibility and sustainability leader
kaushiksridhar83@gmail.com

Business



Golden Fleece enters a golden age

By Jack Hayes

It was an eleventh-hour bid that landed, now co-owners Sam Austen and James Robbins, the keys to a South Melbourne icon – the historic Golden Fleece Hotel.

Mr Austen was sick at home on the Mornington Peninsula when he was told "The Fleece", one of the longest standing buildings on Montague St, was being listed for sale.

The Fleece has been pouring drinks and serving food for locals and travellers for almost 150 years. Now Mr Austen and his team are looking to bring The Fleece back to its former glory.

"For me, it was too good of an opportunity to miss. I've run a country pub. I've also run a coastal pub, so now it's time to have a crack up here," Mr Austen said.

"It is a pub that I, and many other people have known for a long time. I used to have a drink here 20 years ago. Back then, it was pretty rough – a real drinkers' pub."

Since assuming control of the pub in mid-June, Mr Austen had a clear direction in which he wanted to take – bringing industry-leading food and service while paying homage to a century-and-a-half of Montague hospitality.

The Golden Fleece has partnered up with Clamms Seafood and Flinders+Co for market-fresh seafood, with Cape Grim and Bass Strait Beef.

"We aren't trying to be a five-star restaurant; we just want to exceed people's expectations," he said.

"We can see a great opportunity to re-engage the locals. That is what it [The Golden Fleece] has lost. We have great support from all the commercial businesses around Montague, but hadn't been seen as a great dinner destination."

"We want to be renowned for great food and service, we want to know people's names, and ultimately drive a lot of repeat business through that."

If you step into The Fleece today, you won't find an aging watering hole that was, less than a decade ago, on the brink of closure.



Left to right: Massimo Vasturzo, Sam Austen and James Robbins.

You will find walls adorned with floor-to-ceiling wine racks, a second-storey beer garden upstairs, a revamped bar and bistro, and even an entire room dedicated to eight refurbished pinball machines.

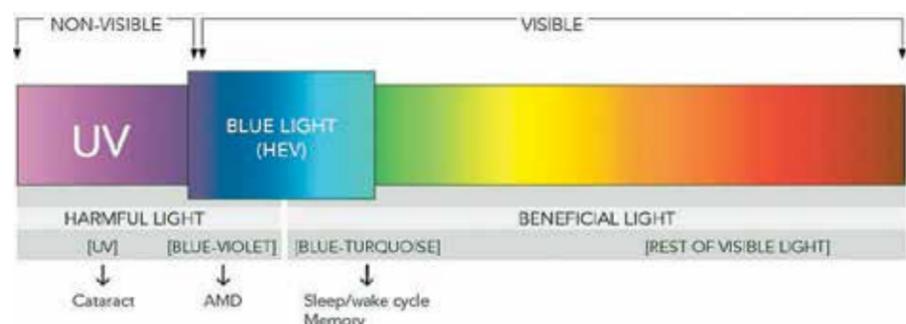
"Sadly, we can't claim credit for the renovation; that was carried out by the previous owners, who did an incredible job," he said.

"If it weren't for them, I feel this pub wouldn't still be here today."

For more details and reservations, visit goldenfleecehotel.net.au

Docklands-based businesses wishing to be profiled in this section should email: advertising@docklandsnews.com.au

Health and Wellbeing



Blue light word

Work may be keeping you up at night, but not the way you think.

“Why is your phone yellow?” It’s a question I am often asked by people concerned there is something wrong with my phone. All are astonished when I inform them my phone screen is yellow on purpose.

Screens like phones, laptops and TVs emit blue light. On the light spectrum, blue and red sit on opposite ends and are differentiated by wavelength. For red, think of it as a wide, slow, smooth wavelength and blue as being has a very short, sharp, fast wavelength.

The sun also emits blue light. As the sun rises to its peak, the amount of blue light we are exposed to increases and as the sun starts to descend, the amount of blue light we are exposed to gradually decreases until it’s dark. The increase in blue light increases our alertness. The natural decrease in blue light, tells our brain it’s nighttime so our brain can prepare us for sleep. Normally, after the sun sets and the blue light decreases, it triggers our brain to produce and release melatonin, which is a hormone produced in the brain by the pineal gland. It is responsible for our sleep wake cycle (circadian rhythm). Higher levels of melatonin will make falling and staying asleep easier and usually results in a more refreshing, better quality sleep.

Is our brain making melatonin after the sun sets or is it disrupted because of the artificial blue light we are exposed to? Different studies have suggested that artificial sources of blue light closer to bedtime can affect melatonin.

A study by Harvard University found that blue light suppressed melatonin production and circadian rhythm for two times longer in the participants exposed than those

exposed to green light. Green sits next to blue on the colour spectrum, so we can speculate that people exposed to red light, which is even further away on the colour spectrum, would have a bigger difference. Another study from Toronto, Canada found that if its participants used a blue light filter/blocker while being exposed to high level of blue light, they did not suffer from a lack of melatonin production.

These studies both suggest that if you attempt to decrease your blue light exposure, especially two to three hours before bedtime, it will help with falling sleep and waking up refreshed.

There are various ways you can minimise your blue light before bed. Avoiding screens of all kinds is the best, however, not always practical. Here are some other ideas:

- Wear sunglasses or red lens glasses;
- Decrease the brightness of your screens i.e. phone, laptop, TV;
- Utilise dimmers on your light switches (if you have one);
- Activate inbuilt blue light filters (available on smartphones and some computers); and
- Install f.lux software on your computer to decrease blue light.

Take the plunge! Make your phone screen yellow, like mine, and after a few days you will hardly notice ... that’s until you turn it off and get blasted with all that blue light.



Dr Jessica Thatcher
Psychologist
Docklands Health
docklandshealth.com.au

SkyPad Living

The vertical commons

Communal infrastructure brings people together and, by promoting a culture of reciprocity, can reduce waste – but what model might suit our vertical neighbourhoods?

Australians are well used to portrayals of our remote outback towns being self-sufficient. With a stereotypical hands-on approach, we have become used to seeing these communities ban together to create their own facilities - like sporting fields, community halls - and sometimes even grading the road that leads there!

Referred to as communal or community infrastructure, these types of facilities are well recognised as essential for the health, social wellbeing and economic prosperity of communities. This fact is noted by both our state and local governments which explicitly acknowledge community infrastructure as a cornerstone of wellbeing.

And this need for community infrastructure is also apparent in our new high-rise high-density precincts - but our needs manifest quite differently.

Unsurprisingly - and in direct contrast to our rural cousins - one of our key needs and challenges involves space, specifically, lack of and little control over.

We vertical villagers are well aware that high-rise, high-density living is synonymous with limited space and we are well versed in topics such as down-scaling, decluttering and multi-functional furniture.

However, viewed in terms of community infrastructure, our space restrictions have a more insidious side which impact on our ability to partake in the circular economy (i.e. minimising our waste).

Consider this.

The space restrictions of vertical living typically require us to give up our infrequently used equipment - like specialty tools and appliances. However, in so doing, we reduce our own ability to repair or repurpose - because if a task needs a drill or an overlocker, then there are few substitutes (contrary to my neighbour’s view of hammers!). This means we need to either pay someone else to do the repair (if there is a service available) or throw it away, thereby contributing to our growing waste levels.

Encouragingly, however, entities such as the Libraries of Things (LoT) and also

specialty tool libraries are emerging.

Similar to our traditional libraries, tool libraries allow members to borrow items for gardening, sewing, cooking or carpentry. Borrowing might incur a small cost, or there may be a membership fee, or, in some cases, there may be no cost at all - and this is an example of the real sharing economy.

However, our high-density precincts share with us of the vertical villages the issue of a lack of space. As services and facilities like tool libraries require space (these tools aren’t virtual!) as well as some degree of certainty about where and when they can be accessed, has led to these services either not being set up or operating on an ad hoc basis. Add to this the wasted effort of repeatedly setting up and then dismantling operations, along with members having to store resources at their own private dwellings (spaces which are already under pressure) means that our high-density precincts are seen as poor candidates for community-managed infrastructure.

What is needed is a more creative approach to exploring options - and to start, here are two thought bubbles:

First, co-working for community groups - rather than introduce yet another co-working space for start-ups, perhaps these areas can be reoriented towards community groups (along with dedicated storage space!).

Secondly, businesses, universities and government (all who occupy our precinct) often have underutilised facilities (and equipment!). A focused look at what arrangements might be possible could lead to more than just helping people reuse and repair, it could lead to actual inter-sector engagement and a stronger community.



Janette Corcoran
Apartment living expert
[facebook.com/SkyPadLiving/](https://www.facebook.com/SkyPadLiving/)

Docklands Directory

2020

BOOKINGS CLOSE
WED NOVEMBER 13

The annual printed directory is the pre-eminent guide to Docklands and features listings of every business as well as useful information and maps.

With a shelf-life of 12 months, there is no better way to position your business in front of local residents, workers and visitors.

Premium positions are available, as well as half and full-page advertisements within the categories: What to do, Where to stay, Where to Eat/Drink, Beauty Health & Fitness and Where to Shop.



SPEAK WITH JACK HAYES ON 0401 031 236
TO DISCUSS HOW THE DIRECTORY CAN HELP YOUR BUSINESS
JACK@HYPERLOCALNEWS.COM.AU

- What to do
- Where to stay
- Where to Eat / Drink
- Beauty, Health & Fitness
- Where to Shop

DENTIST



Services:

Check-ups (exam, scale and clean, X-Ray); children’s dentistry; teeth whitening; dental implants; root canal treatment; crown, bridge, veneer; dentures.

BOOK NOW ONLINE
docklandsdentalstudio.com.au

Dental Practices ACCREDITED Now Accepting 24/7 Money



Zoom! Teeth Whitening Now Available

invisalign
The Clear Alternative to Braces

Start from just \$12 a day

Our Dentists:

- Dr. Pia Oparkcharoen – MDS (Adelaide)
- Dr. Wei Shuang Chiew – BDS (Melbourne)
- Dr. Jia Hui Leong – BDS (Melbourne)
- Dr. Boris Mirmilstein – BDS (Griffith)

Mon-Fri 8:30-5pm (Thurs until 6pm) Sat: 9am-1pm
57 Merchant St, Docklands (opposite Victoria Harbour Medical Centre)
www.docklandsdentalstudio.com.au - ph 9021 9487 mob 0488 799 487

ArtVo returns with brand new art

15 artists, 1000 litres of paint, 800 hours and over 80 new artworks, ArtVo immersive gallery is re-opening for business!

Readers of this column will know by now that The District Docklands is all about supporting artists and creativity. We hold a monthly Makers Market showcasing handmade arts and craft, while MAGNET Galleries opened back in December 2017 and today holds regular art and photography exhibitions and Independent Schools Victoria (ISV) is currently exhibiting its annual student art in the precinct.

And, of course, The District is home to ArtVo. If you haven't been to ArtVo, you're missing out on something incredible! ArtVo is not your traditional art gallery, where a photograph of the art or even the thought of touching it is forbidden. ArtVo is an immersive art gallery, where you are encouraged to touch the art and become part of it by taking photographs from designated points on the floors of the gallery.

ArtVo is fun, and, if you're planning a visit, don't forget to charge your phone and bring an extra battery for your camera ... you're going to need it! It is a self-guided exhibition suitable for all ages, groups small or large.



Allow plenty of time, as there are over 80 photo opportunities to photograph.

The gallery first opened at The District in 2016. First of its kind, it quickly became popular with families and tourists, people travelling from far to see what all the fuss was about. It was all worth it, with people taking hundreds of photographs with family and friends, memories that will last a lifetime. Just take a look at the ArtVo Instagram page (@artvo_melbourne), not short of inspiration for your next visit.



ArtVo will re-open its doors on Saturday, November 16 at 10am after closing for 16 weeks, where 15 artists were involved in the design, set up, installation and painting of the gallery. And there's a new theme - fantasy - spanning the entire course of the gallery. The fantasy theme will see people explore the ocean, polar ice caps, space and the forest. Plus, the dreamscape art will see some very exciting interactive experiences. The lead artist at ArtVo Jun Park is excited to welcome all customers, and invites everyone

to visit and experience the new art. Jun said: "We are creating a world for people to enjoy and we want to celebrate important occasions throughout the year with our visitors, like Christmas, Australia Day, Valentine's Day and birthdays."

Conveniently located at The District, ArtVo is the perfect place to visit any time of the week. And rain, hail or shine (we know Melbourne weather), ArtVo will be open. You can spend as long as you like at ArtVo, but we recommend you allow up to two hours to immerse yourself in the experience and explore the full gallery. And if you're not sure what to do, ArtVo staff are on hand to show you how to take the best photo.

If you have been to ArtVo before, you'll be blown away by the new art. And if you haven't experienced it before, you're in for a treat. There will be surprises (we can't give it all away!) and you must come along and see it for yourself.

ArtVo immersive gallery
Level 1, Wharf St
The District Docklands



Ivana Molnar

Marketing & Communications
Manager The District Docklands
ivana@thedistrictdocklands.com.au

We Live Here

Proposed changes to the Owners' Corporation Act

As we write, Victorian Parliament is due to debate a draft Bill to amend the *Owners' Corporation (OC) Act 2006*.

The flammable cladding issue has highlighted a serious shortcoming in the proposed amendments.

For several months we have been writing about the huge financial cost to owners caused by flammable cladding, and the slim prospects of anyone ever receiving a single dollar from the much-touted state government cladding fund.

Based on State Treasury estimates, there will be enough in the fund to help only about 40 buildings of the 1069 identified as having dangerous cladding. About 32 extreme-risk buildings, 409 high-risk buildings and 388 moderate-risk buildings will not receive any assistance.

This leaves the burden on individual OCs to seek redress. Currently any action against a builder requires a special resolution, unlike any other state or territory where an ordinary resolution suffices.

We Live Here supports the amendment of the legislation to require an ordinary resolution to be passed prior to the commencement of legal proceedings. This will bring Victoria in line with the *Strata Schemes Management Act 2015* (NSW) and the *Body Corporate and Community Management Act 1997* (QLD).

The proposed exposure draft proposes to introduce different voting thresholds for certain matters, by stating that legal proceedings may be commenced by ordinary resolution if the jurisdiction of the matter is within the Magistrate Court limit of \$100,000.

So, if an OC sought to bring a claim against a builder for installing flammable cladding it will still require a special resolution to be passed. No other state or territory in Australia requires this threshold. This requirement acts as a barrier to justice.

Extending protections to deal with facilities managers

New clauses in the exposure draft go a long way towards appropriate protection against unscrupulous developers awarding lucrative long-term OC management contracts to associates.

The same protections should be aimed at facilities management contracts which can be even more lucrative than OC management deals. The exposure draft is silent on any contract other than for OC management. This a critical oversight that must be addressed to rid the industry of endemic corrupt practices.

The reform required is simple: just limit the term of all third-party OC contracts to three years, renewable at the OC's option - regardless of who benefits. Otherwise the proposed reform will be just ludicrously simple to rort.

This legislation needs to allow owners

to seek a ruling from Victorian Civil and Administrative Tribunal (VCAT) on fairness and equity principles for all existing contracts of more than three years, not just new contracts signed since 2017.

Grenfell report – first phase

Spare a thought for the bereaved, survivors and families from the 2017 Grenfell Tower flammable cladding fire disaster.

The long-awaited public inquiry report into what happened on the night of the Grenfell Tower fire is likely to be released one day before Britain is due to leave the European Union (EU).

The UK prime minister, Boris Johnson, wrote to the inquiry chair, Sir Martin Moore-Bick, saying that the report must be published no later than October 30.

English media outlets have reported that Grenfell United, the advocacy group representing the survivors and bereaved, wrote to Moore-Bick saying, "to publish the report on October 30 risks burying it in Brexit."

This first report will deal only with what happened on the night of the fire.

The second phase of the inquiry is due to start in January next year and will investigate decisions made by the tower owner, the council, the landlords, the UK equivalent of the OC, the architects, the building contractor and two cladding material suppliers.

The second report is expected in 2021 - four years after the tragedy.

RMIT University research into cladding impacts

We Live Here has been contacted by researchers at RMIT University seeking participants for a study on the impacts on people living with flammable cladding. The project is being managed by Dr Trivess Moore and Dr David Oswald from the School of Property, Construction and Project Management at RMIT University.

If you are affected by the cladding issue, the RMIT research team would like to hear about your experiences of the scale of the problems you face day to day. The research involves an interview by phone or in person. Questions cover social, security and financial impacts and the results will form the basis of range of peer reviewed reports, journal articles, conference papers or media releases. Contact We Live Here via our website welfarehere.net for details.

Campaign donations

As a not-for-profit organisation, donations from individuals and buildings keep our campaigns going. To register as a supporter of We Live Here or to donate please visit our website at welfarehere.net

We Live Here does not accept donations from commercial tourism interests.



welfarehere.net
emails to campaign@welfarehere.net

Precinct Perspective

Yarra's Edge - Precinct Perspective

Having been on a recent holiday in Europe and Scandinavia, I observed many beautiful things and great ideas which I believe Melbourne could introduce.

You realise why Melbourne is the most liveable city in the world (sorry, Vienna) with its many attractions, arts and culture, fashion and food and, let's not forget, it's the sporting and events capital of the world.

The Yarra River is an under-utilised attraction with its murky water and we should be taking more pride and improving the water quality and attractiveness. Sydney has vast waterfront yet Melbourne does not so let's make it better.

That's why I believe we don't need another bridge from Collins to Lorimer streets of which we already have eight bridges between Webb to Princess Bridges in the space of only two kilometres.

Since my last article Clifford Hayes MLC presented a petition on behalf of Yarra Residents Action Group to the Legislative Council requesting they consider two alternatives to the tram bridge. Since that time there has been another alternative plan using the existing North Wharf Bridge with the possibility of trackless trams which are the latest in transport technology.

Also, the Fishermans Bend Business Forum has another excellent alternative starting from Domain Interchange where the new Anzac Station is being constructed. Hopefully all four options will be considered and funded by the state government, which allocated \$4.5 million towards exploring options in its last budget.

I'm sure all residents, businesses, the concrete industry and the Port of Melbourne want a satisfactory outcome and to remove any future uncertainty by providing transport services to the exciting new Fishermans



Bend redevelopment. We need to eliminate the current highly expensive and destructive proposal in their current plans.

Some of the long-running issues confronting residents of Yarra's Edge are skate boarders, hoon drivers and parking issues. They are issues that requires immediate attention by Victoria Police and council authorities.

Also, the council needs to install two extra plastic strips right along the boardwalk to better define an area for bikes/scooters and pedestrians and avoid possible accidents as there has been many near misses. The council also needs to provide residents

with rules and usage information about the under-utilised community space.

I would love to see the council and state government looking at changing the unsightly concrete blocks used for security purposes and changing them for substantial attractive concrete flower planter boxes, as seen in photos taken in Oslo Norway. Unfortunately, we now live in a world that requires increased security and surveillance to guard against crazies and terrorism. Sadly, London Police are now carrying machine guns ... hopefully that's never required here.

With Melbourne's population growing by almost 300 new residents per day and

having increased by approximately 500,000 over the past four years, we are expected to outstrip Sydney's population by 2026. So, it's absolutely critical that we prepare for that event.

With the state government having embarked on a long overdue transport update of trains and trams, part of its transport strategy needs to make proper provision for safe bike and pedestrian needs. This needs to be coordinated with City of Melbourne who have just released its proposed plans.

I agree with most of the proposed council plans of road closures to vehicles and am quite disappointed with Daniel Andrews and Jacinta Allan's negative approach to a congestion tax.

My final point is that the powers to be consider Yarra's Edge as a separate suburb having its own post code 3007, which I believe is available. Southbank has 3006 and Docklands has 3008 so why not? We still will come under the Docklands precinct but, as an area, our population is growing rapidly and our area has some unique qualities that needs to be identified separately to the Docklands area.

Would love to get feedback on this proposal and any other ideas for my next column in the March 2020 edition.



Keith Sutherland

Yarra's Edge resident
keith@sutherlandproperty.com.au

Owners' Corporation Law

Hats off to you, Premier, but remember, we'll all be watching ...

Credit where credit's due, I say.

Victorian Premier Daniel Andrews deserves the plaudits this month for Labor's stunning announcement that it will pursue dodgy building practitioners on behalf of owners of apartments covered in combustible cladding.

One of the key features of the *Building Amendment (Cladding Rectification Bill) 2019* which was introduced into parliament on October 15 was the inclusion of a clause to allow owners to subrogate their rights to the State of Victoria so that it could chase builders, surveyors, engineers and other wrongdoers where the State pays for the rectification costs.

Any financial returns from the court action will be reinvested into the cladding rectification program.

The Premier also announced that it would top up the cladding rectification fund by chipping in the extra \$300 million that the federal government failed to contribute (by way of charging higher construction levies on builders and developers).

I had criticised the Premier heavily just two months ago, when it revealed that the announcement of a \$600 million cladding rectification fund was actually only half that amount.

More criticism was put on the Premier in last month's column as well, when the announcement of the new owners' corporation (OC) legislation failed to push through legislative reform to make it easier for OCs to sue builders, developers, engineers and surveyors by removing the barrier of having to pass a special resolution.

Indeed, in one fell swoop, the Premier has resolved both of my criticisms through

the new Bill introduced into parliament. Now I'm sure the Premier has better things to do than read my monthly column, but I am very glad that the state government has committed wholeheartedly to this issue by announcing an Australian-first.

We shall wait and see whether other states and territories around Australia will now follow suit.

However, my cynical nature sometimes gets the better of me, because I'm now starting to wonder how likely it will actually be that the state government will actually prosecute these builders, developers, engineers and building surveyors. Perhaps the state government might chase one or two egregious cases, just to send a message to the industry, but journalists will need to be reminded to check the data over the coming years to see whether the state government's appetite for litigation does actually

eventuate.

Litigation is a risky business by its nature, and is there no such thing as a sure outcome. It might be the case that the expenditure of taxpayers' money to chase builders and developers might just be too uncertain to warrant committing to. There will need to be robust oversight and project management over the prosecutions being commenced to recover these funds, as well as increased oversight on political donations from certain donors related to builders, developers, surveyors and engineers.



Tom Bacon

Tom Bacon is the principal lawyer of Strata Title Lawyers.
Tom@stratatitlelawyers.com.au

From the docks to the harbour

When Roger Salmond began working on ships he was 15. Victoria Dock was a focal point of the shipping industry and the land around it was undeveloped.

More than 50 years later his balcony view from New Quay Promenade looks out over Victoria Harbour. The shipping industry has moved on to the cranes west of Docklands.

"It looks completely different, there were train lines, railway carriages banked down there loading and unloading, general cargo stuff laying around, it was taken off the ships and put in those big sheds," Roger said.

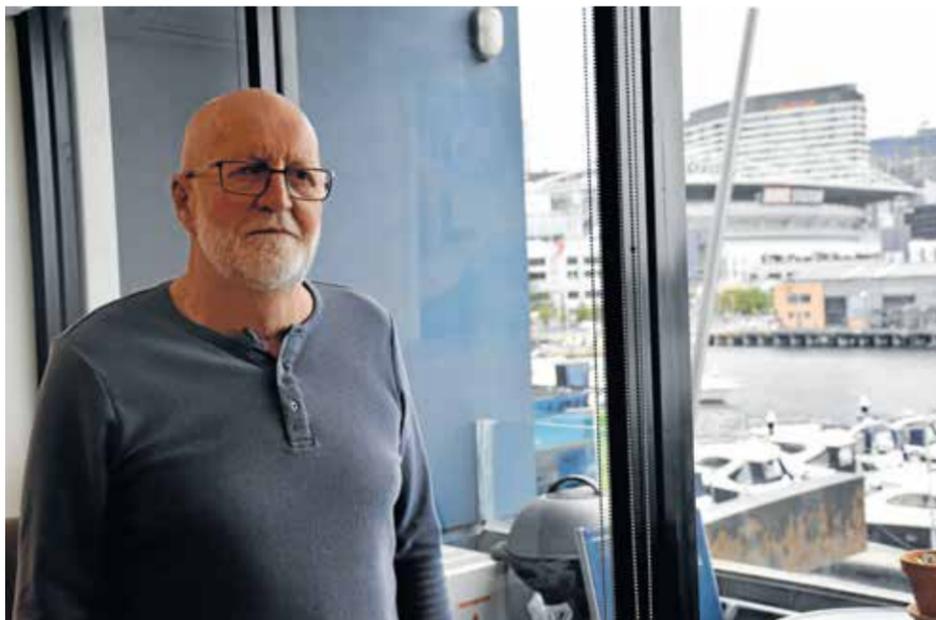
His 50-year career on the seas started with an apprenticeship as a fitter and turner. By the time he retired he was a chief engineer.

"I went to sea in 1964. I was an apprentice for five years and then I got a job on an oil tanker running up to the Arabian Gulf, Japan and the United States," he said.

Roger spent most of his time at sea and although he and his wife Diane are from Melbourne, they were based out of New South Wales for a while to be closer to her family.

After moving back to Melbourne and later retiring, they wanted to downsize and move close to the city. They moved to Docklands six months ago.

"We're in our seventies so the big house in Taylors Lakes was too much. We had a look around Southbank and in the city, but we



Roger Salmond in his apartment in New Quay.

didn't actually look at Docklands too much," Roger said.

Diane explained that they'd been put off by what others had said about the area,

despite the fact that she'd always liked Docklands and they wanted to be close to the sea.

"Roger retired and he went from being

away nine months of the year to coming back to this type of living, so we really wanted to be near the water," she said.

"And when I lived in Sydney, I often thought I'd like to live in Docklands, but we didn't really know a lot about it and everybody that we knew put it down."

"And then I saw this place and I thought it was meant to be for us, it's like being on holidays all the time."

"Melbourne has not taken advantage of what it's got, I don't understand it, what's different about this harbour than any of the other harbours around the world?"

Roger is a member of Offshore & Specialist Ships Australia (OSSA) - a group who work out of the Mission to Seafarers and are hosting an exhibition at the library this November (see story on page 17).

His career at sea, but also his intimate connection to the maritime history of Docklands, has made him a strident advocate of Docklands as a maritime precinct and the establishment of a maritime museum.

"If they got that going, I think it would be a great asset to the city," he said.

Letters to the Editor



Docklands rainbow

I've been meaning to write, to thank you for your newspaper. We are new to area and value your publication.

If you'd like to include either of the photos please feel free. They were taken Saturday, October 26 on a very Melbourne day!

Melissa

Thank you

Thanks for the article in this month's Docklands News regarding hoon type activity in Lorimer St.

Most Friday and Saturday nights it is constant from around 9.30 onwards until Pizza Societe closes around midnight. We have stopped patronising Pizza Societe because of the hoon activity.

If it rains or if another event is on we get some respite, but we just pray for rain on Friday and Saturday night, then the cars don't turn up.

I have seen burn outs, racing and even cars coming the wrong way down a two way road into oncoming traffic. A few weeks ago, motor bikes were also involved, about 50 of them! The noise level needs to be dealt with.

Thanks again for keeping it in the news.
Regards, Lori Fellows

Sick to death

As a Docklands resident and rate payer, I am sick of people not obeying signs and rules of the area.

Today, again, I was almost run over by bikes even though a sign clearly stated no bikes. There are ANZ employees that continue to smoke in non-smoking areas and leave a massive amount of butts on a daily basis that end up in the waterways.

People skateboarding directly under signs that say "no skateboarding." If a council worker was to walk Docklands for one day and fine everyone doing the wrong thing rate payers wouldn't have to pay rates for a year. When is the pedestrian going to have any power? Is the council waiting until someone is seriously hurt? Why is Docklands littered with cigarette butts?

There is a clean-up day, but it should be every day. Docklands is a beautiful place to live but would be better if bikes stayed in bike lanes and people obeyed signs put there for everyone.

Tracey Howard



Send your letters to news@docklandsnews.com.au

THE MOST EXCLUSIVE ESCORT AGENCY

Paramour
OF COLLINS STREET

- Dinner Companions
- Social Escorts
- Sensual Ladies

Follow us on twitter
@paramourescort
to see x3 free lingerie
pics everyday to your feed!

96546011

**Subscribe to our mailing list
via our website and
See real pictures of our ladies at paramour.com.au**

Call or book at rsvp@paramour.com.au
MELBOURNE CBD

CBD - 5 MINUTES
TO YOUR DOOR

たくさんの美しい女性
日本語を話します

SWA113E



DOCKLANDS FASHION



Good at reading customers

By Rhonda Dredge

There's a secret little corner in Docklands that just a few people know.

You can't actually see the water from the tables but it's not that hard to imagine it as a flat blue line.

Sometimes Allysar, who waits on tables and washes the floor, feels hemmed in by the setting.

That's when she imagines herself somewhere else and writes a poem.

If you arrive just as she is finishing off her shift and order a lamb and feta gözleme, she might read it to you.

Allysar and other staff members shut up the café on the corner of Waterview Walk at 3pm.

She has another job across town and there isn't much time between shifts to get there, so she finds it better to anticipate than complain.

When you're in hospitality every customer counts, so Allysar sometimes offers a late lunch and a coffee as well. If you go for a flat white, she'll understand.

It's difficult for a poet to come out and read her verses but she likes to find a way of telling the truth about her situation even if it is a bitter pill.

Allysar told *Docklands News* that she sometimes missed the community of the more populated parts of the city to the north.

She knows others have different views and she isn't about to impose her ideas on a customer unless she reckons you are a kindred spirit.

Then, all of the staff members gather around in their break to listen to an impromptu reading of Allysar's verses off her phone.

They love her display of the finer sentiments, even if she does go too far.

Allysar's poems are about her own passions and sorrows. She likes to keep them locked up until they're ready to come out.

She doesn't hold back about her situation and she has a good bitch with her friends and a customer who has wandered into the café in need of some entertainment.

She said she liked giving away flat whites, but really she's just very good at reading customers from the lively little corner she inhabits.

Helen, client ambassador

DESCRIBE WHAT YOU ARE

WEARING: I'm just wearing a Zara jacket and pants today, which I bought in Singapore. The shoes are local - they're from Mimco - and the t-shirt is from Kookai.

WHAT IS YOUR FAVOURITE PIECE OF CLOTHING?

My favourite piece of clothing would be my DKNY jacket that I bought in the States.

WHAT BRINGS YOU TO DOCKLANDS?

My job on Collins St.

HOW WOULD YOU DESCRIBE YOUR STYLE?

My style is to my taste only. I have a fashion background so I enjoy putting a few clothes together.

WHAT MAKES A GOOD OUTFIT?

I think just knowing what really suits your body. Have your own style and sense of uniqueness.

Kat, 29, leisure lady

DESCRIBE WHAT YOU ARE

WEARING: a turtle-neck that a friend left at my house and standard jeans and boots.

WHAT IS YOUR FAVOURITE PIECE OF CLOTHING?

I live on the Gold Coast by the beach so it's probably a bikini. I also love my pink lipstick.

WHAT BRINGS YOU TO DOCKLANDS?

To visit my old colleagues!

HOW WOULD YOU DESCRIBE YOUR STYLE?

I'm a bit daggy, but typically go for minimal clothing because I live in the heat.

WHAT MAKES A GOOD OUTFIT?

Just feeling comfortable in it.

Syad, 37, software developer

DESCRIBE WHAT YOU ARE

WEARING: I'm wearing chinos and a summer coat because of the sunshine.

WHAT IS YOUR FAVOURITE PIECE OF CLOTHING?

Bright colours.

WHAT BRINGS YOU TO DOCKLANDS?

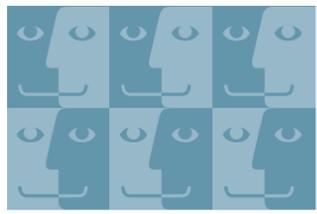
Work - I work at Myer.

HOW WOULD YOU DESCRIBE YOUR STYLE?

It's unique. I try and do something new every day.

WHAT MAKES A GOOD OUTFIT?

It must have good tone and good flavour.



FACES OF DOCKLANDS



GRANT, 54, RAIL NETWORK WORKER

Yes. I've been out on a kayak once before when it was just like this - glassy and beautiful.



KEVIN, 54, BUILDER

God no! Living in Perth, waterways are perfect over there. I come down here to watch sport.



ANNA, 34, CONTACT CENTRE MANAGER

I would love to if there were an opportunity to. It's really beautiful out there, especially on a beautiful day like today, so yes, absolutely.



PETA, 39, HR MANAGER

I sure would. I love the water. I'm from Sydney originally so I love being out on the water. It's really nice to go down to Portarlington on the Bellarine Express.



SHIRLEY, 69, RETIREE

I'm definitely a water person. I just like to get out and about and see all the sights around Melbourne.



CARLA, 27, PUBLIC SERVANT

If I had the skills to kayak and go in on the boat, maybe, for sure. That's if I had one as well. But, I would certainly never voluntarily swim in the water. It's semi-unrealistic as I've got a 30-minute lunch break though.

Question:

As it heats up, would you consider getting out on the water in the harbour?

Pet's Corner

Odd couple enjoy waterside company

By Ed McLeish

Sometimes the clichéd phrase "opposites attract" gets thrown around.

That's the case for Brian's dogs; the local resident looks after odd couple Casper, a large 13-year-old groodle and Josie, a little seven-year old mixed-breed.

All three are originally from Brisbane, and while Brian said he had Casper since he was young, he said he wanted one more, so rescued Josie from the RSPCA.

Brian told *Docklands News* they all moved down to Melbourne a few years ago for Brian's HR career to develop.

But, he can't bring his canine companions to work.

"Unfortunately, we can't all go to work together as the office won't allow for it," Brian said.

But while Brian's out putting food in their bowls, he said his two differently sized dogs were a good mix.

"They're pretty much companions - they don't leave each other's sights," he said. "They keep each other busy."

Brian said while Casper was being sensible on a grain-free kibble diet, Josie "just eats



Brian with Casper and Josie.

anything and everything".

When it comes to hot spots in Docklands for walks, Brian named plenty of places he and his furry friends enjoyed.

"They like to go for walks either to the park, the Ron Barassi oval or to the library and back," he said.

"They're pretty relaxed living by the waterside."



SWA113E

Top Class
of Collins Street

Follow us on twitter
@paramourescort
for FREE lingerie pics
everyday to your feed!

たぐさんの美しい女性
日本語を話します

| Open 24/7
| Sexy and Wild
| Genuine Escorts

www.topclassofcollinsstreet.com.au
(03) 96546351
View lingerie pics of our REAL ladies
paramour.com.au/escorts/melbourne_escorts/gallery.html

Abby's Angle

The Silly Season

It's so hard to keep motivated towards the end of the year.

Even as I am writing this I know how ridiculous it sounds to be saying something like "the end of the year" when in fact it is just the beginning of November. But Melbourne Cup has always launched the start of the "Silly Season" for so many of us and while it used to delight in a flurry of social engagements and champagnes juggled between work meetings and an abundance of energy, I have to confess I now spend more time worrying about how to get everything done.

Maybe it's because of growing "older" – although I recollect some gloriously magnificent friends in years gone by who were "older" and maintained the juggle of Silly Season with ease and delight. Maybe it's because of being "single" – although many friends assure me that having a partner to assist in running of house, family and social engagements actually isn't always a help. Maybe it's because of running a business on your own – although many small businesses manage to create incredible opportunities networking through this very Silly Season and participate with gusto! Maybe it's because of the demands of "parenting" – yet this time of year is when things relax for

our young ones, whether they are focusing on their role in the Christmas pageant (my favourite was circa 2009 when my son was a Mexican with a poncho and sombrero – still not quite sure of the purpose, but it was cute) or simply looking forward to a long summer holiday. Maybe it's because it's just really been one massively big, tiring, stressful year and I can't wait for it to be over.

There's a lot of talk at the moment about the negative impact of having so many Instagram and social media accounts talking about goal-setting, best lives and seeming to achieve it all. Are we putting too much pressure on ourselves to deliver so much? There are so many accounts also coming up that show the "truth" of two sides of having a very well-curated and -styled "public facing" profile, while behind the scenes is a makeup-less chaotic scenario which more closely resembles reality for a lot of us! But does it mean we shouldn't strive for the more polished public profile if that's what we want? And there's a lot of talk about finding your "genuine" self in among all of the pressures, expectations, and "inspirations" of those around us. But what if you are just genuinely exhausted?

Ahh my friends, life is a massive rollercoaster. There are simply years that can be wonderful and you can be ready to take on the world. You feel unstoppable, as you overcome obstacles in your path with determination and success and the champagne at the end of the year is a moment to pause and celebrate all you have achieved. And there are years in which things can happen that will rock your very soul, that will take you to the depths of despair in loss and grief, and leave you exhausted with barely the energy to hang a Christmas bauble. But here's the wonderful part – it is a rollercoaster, and the path will go back to dizzying heights again. Just hang on.

So, here's my angle: it has nothing to do with age, with being single or partnered, with having your own business or working for someone else. It has nothing to do with whether you have kids at home, whether they are starting kinder or VCE. Life will throw stresses and challenges at every turn. Some years you will find joy in balance, and some years you won't. So, let people polish their public profile and attend every social function if that's where their roller coaster is

taking them. Let them enjoy it, and celebrate it. And if your roller coaster is sitting down the bottom and you're catching your breath from a freakishly speedy trip down a rattling track, well don't worry that your hair is everywhere and your makeup long gone – take a breath and know that it will slowly start to make its way back to the top.

Whatever your end of year is looking like, I hope that you do find peace in knowing that you've done your best – whether you are just surviving, or high fiving. Whether you are delightfully balancing atop high heels with a champagne in hand, or sitting this one out with a glass of wine in calm reflection. Finding your genuine you is simply about being okay with doing whatever you feel ready for, to allow yourself to be where you are.

Till next month,
Abby



Abby Crawford
life@docklandsnews.com.au

Chamber Update

Another great year

The Docklands Chamber of Commerce (DCC) hosted its annual general meeting (AGM) at Neolemonade restaurant on October 22.

In what many would say was the strongest turnout of members in living memory, president Johanna Maxwell recalled a year of successes with a few challenges thrown in for good measure.

Over 200 members are now encased under the DCC umbrella with a good spattering of these represented on the night. All elected positions on the executive committee were officially vacated with three new members coming on.

They are, Athol Hodgetts representing O'Brien Icehouse, Ahmad Trad representing Xary and long-time Docklands stalwart Peter Kelly rejoining the executive committee after many years away. Formalities were held and Johanna Maxwell was re-elected president unopposed as was vice-president Daniel Hibberd, while Glenda Archibald remained as treasurer.

Docklands Business Awards

We have launched the Docklands Business Awards for the year 2020.

docklandsbusinessawards.com.au is the host site for registrations and information for this formal gala event on February 15, 2020. All DCC members are open to enter the awards – that means tough competition with over 200 businesses eligible across

nine categories. A formal evening including a three-course meal, drinks and wonderful entertainment by the very talented Alex Rose will keep everyone enthralled. We also have sponsorship packages available for businesses interested with five of these already taken up. They can also be viewed from the business awards' website.

Central Pier

Well it's quite devastating for Docklands but Central Pier will be closed for at least another three months while extensive investigations occur of the pylons supporting the structure. Unfortunately, we already know most staff have been laid off and there are legal ramifications on their way. What it highlights is that there needs to be some forward thinking for Docklands, a way to unite this address and draw the attention it deserves, instead of all this negativity.

Christmas function

We're doing it all Australian this year. After a host of formal events, speed networkings and training seminars, we're going old school for an Aussie barbecue Christmas with a view. Come join us as a DCC member on December 5 at the City of Melbourne Marina. It's one of Melbourne's best kept secret views and with your fellow Docklands businesses there it will start off your festive season perfectly.



Shane Wylie
Media Director
docklandscc.com.au



10 Years On

Looking back at Docklands News - 10 Years On

NOVEMBER 2009 | ISSUE 48 |

DOCKLANDS NEWS

Finally the fog lifts on South Wharf

We've all known that something was going on over there, and last month the construction hoardings came down and South Wharf revealed itself as a massive retail precinct on our doorstep.

Upgrades to the M1 Freeway at Montague St has meant months of chaos for Docklands residents and the construction at South Wharf merely added to the upheaval.

But out of the blur is emerging a beautiful multi-purpose complex that is part residential, part commercial and mostly retail.

The new Hilton Hotel provided our first glamorous glimpse of the precinct when it opened in April.

South Wharf is the new home to outlet retailer DFO. Its existing Spencer St store is to become full price retail and will be known as simply "Spencer Street".

The new DFO will have 109 stores in an expansive underground mall which

is known as The Basement. Some 85 are already open with the rest to open in December. Onground level is the lifestyle precinct and a homemakers centre is on level 1.

Restored heritage cargo sheds along the river bank form the nucleus of a new restaurant precinct. This area is expected to open in March.

Some 28 townhouses overlook the Yarra and there are a further 10 studio offices.

And overseeing it all is a 12-storey office tower. ANL has the naming rights and will take the top three floors. Kraft is another confirmed tenant and will occupy levels five and six.

Of the three remaining floors, Austexx precinct manager Andrew Rowley said only half remained uncommitted.

Mr Rowley said South Wharf's location and freeway access made it particularly attractive for retail and office development.

And he said with the opening of Crown's new 658-room hotel and the addition of 6500 office workers at nearby ANZ in Docklands, the area was set to boom.

Austexx opened its first DFO 15 years ago and South Wharf is its ninth. The South Wharf development is the biggest in its portfolio.

WHAT'S ON

COMMUNITY CALENDAR

JAN | FEB | MAR | APR | MAY | JUN | JUL | AUG | SEP | OCT | **NOV** | DEC

TUESDAYS-WEDN-THURSDAYS AT THE HUB - 12-2PM (1H CLASS) COME AND LEARN FRENCH

Share your lunchtime with colleagues and friends and learn something new. It's a lot of fun!

Contact Amanda on 0405 086 480 or at frenchlyspeaking@gmail.com

FRIDAY, 15 NOVEMBER FROM 7-9PM (LAST FLIGHT 8:30PM), 101 WATER- FRONT WAY, DOCKLANDS

MELBOURNE STAR OBSERVATION WHEEL'S MUSIC MENAGERIE

In collaboration with Melbourne Music Week. \$40. Pre-book melbournestarc.com/news/melbourne-music-week/

FRIDAYS 7 AND 7.30 AM, AT THE HUB BASKETBALL COURTS

EARLY MORNING FITNESS

\$10 per class after the first month. 30 minute high intensity classes designed to fire the metabolism and burn fat.

Call Bill on 0438 628 301

11AM EVERY SUNDAY SUNDAY WORSHIP

City Light Methodist Church at St Peter the Mariner's Chapel. Mission to Seafarers, 717 Flinders St. English and Chinese service
中文

TUESDAYS 6:30-8PM, THE MULTIPURPOSE ROOM, COMMUNITY HUB AT THE DOCK, 921 COLLINS ST.

GIRL GUIDES DOCKLANDS

Girls aged 5-17 are invited to come to our Unit meetings. Helping girls gain new skills and make a difference in the community.

03 8606 3500 email: leilahusy@iinet.net.au

SCOUT GROUP PORT MELBOURNE

Is looking for Leaders, Adult Helpers and new Scouts for their scout troop located at the Fishermans Bend Community Centre in Port Melbourne.

Susan Harris: portmelbscouts@gmail.com

WEDNESDAY AND THURSDAY 6.20PM HUB AT DOCKLANDS, 68-90 HARBOUR ESPLANADE DOCKLANDS

DOCKLANDS SOCIAL NETBALL

Join the new October seasons. We place you in a team or bring your own team.

www.melbournenetball.com
Call or Text 0419 88 77 19

EVERY WEEKDAY 6.30AM CORNER OF SOUTH WHARF DR AND POINT PARK CRES, YARRA'S EDGE

LIVE LIFE GET ACTIVE

Free outdoor fitness classes, including X-training, boxing and yoga. Register at liveifegetactive.com

SUNDAYS 10AM-5PM NEWQUAY PROMENADE DOCKLANDS SUNDAY MARKET

A variety market featuring arts and crafts, books and more. For more info, ring 0412 910 496

FIRST THURDAY OF THE MONTH 9.30AM-12PM LIBRARY AT THE DOCK CHINESE BOOK CLUB

Come along for morning tea and a look at the new Chinese books at the Library at The Dock. Meet other readers, have a chat and find some new Chinese books, magazines or DVDs to borrow. **FREE**

TUESDAYS AND FRIDAYS 12-2PM SATURDAYS 11AM-3PM SHED 2 ALMA DOEPEL RESTORATION

Tour "Behind the Scenes" the work involved in restoring this 115-year-old Australian three-masted top sail schooner. Learn the rich history, the purpose of the restoration and the challenges. **FREE**

TUESDAYS 2-4PM SASSONE, 70 LORIMER ST YARRA'S EDGE SOCIAL CLUB

Come along to connect with your neighbours, and/or join one of our mini-clubs. Casual & friendly.

www.facebook/YarrasEdgeSocialClub

6.30-8.30 PM 1ST, 3RD & 5TH MONDAY OF THE MONTH, LIBRARY AT THE DOCK - COMMUNITY ROOM

MIGHTY DOCKLANDS TOAST- MASTERS

Boost your public speaking and leadership skills.

<http://mightydocklands.easy-speak.org/>

SECOND TUESDAY OF EVERY MONTH, 10-12. MEETINGS AT THE LIBRARY

COUNTRY WOMENS' ASSOCIATION (CWA)

Connect with other women in Docklands.

cwadocklands@gmail.com or
0407 884 857

1ST TUESDAY OF THE MONTH 11.30AM, MEET AT TAP831 (UPSTAIRS)

'STARTS AT 60' COMMUNITY MEET UPS

Meet likeminded over-60's in your local community, coffee, lunch and outings

club.startsat60.com/meetups
Contact Shane 0425 857 739

EVERY OTHER SUNDAY 11AM-4PM DOCKLANDS YACHT CLUB COMMUNITY SAILING DAY

Come and try sailing with the community. No age limit and no fitness requirements. People with disabilities are welcome.

\$20. docklands.yachting.org.au

2ND SATURDAY OF THE MONTH 2-4PM, LIBRARY AT THE DOCK ADHD SUPPORT GROUP

Peer-support meetings or Q&A sessions with expert about ADHD in adults. Adults affected by ADHD and their families and friends are encouraged to attend. \$2.

Facebook @AdultADHDMelbourne

WEDNESDAYS 5.45-7PM LIBRARY AT THE DOCK OPEN DOOR SINGERS DOCKLANDS

Find your voice, experience the joy of singing in a choir and meet new friends.

www.opendoorsingers.org.au

MONDAYS AND WEDNESDAYS 9AM-12PM, LIBRARY AT THE DOCK WESTJUSTICE

(TAAP) provides specialist advice, casework and representation to vulnerable and disadvantaged people who are having residential tenancy issues and is funded by Consumer Affairs Victoria. **9749 7720**

FIRST THURSDAY OF THE MONTH 10AM, LIBRARY AT THE DOCK SUNRISE PROBUS CLUB

Probus Clubs for men and women over 50. Meet new friends, share interests and enjoy activities.

Contact mssp.docklands@gmail.com

TUESDAYS, 9-10AM. MEET AT THE WHARF CLUB YARRAS EDGE, 86 SOUTH WHARF DRIVE, DOCKLANDS YARRA'S EDGE WALKING GROUP

Just In time Personal Training provide a weekly walking and exercise session for the Yarra's Edge community! **0411 798 934** or justin@justintimept.com **FREE**

WEDNESDAYS AT 5.30PM SATURDAYS AT 8.30AM SHED 2, NORTH WHARF RD DRAGON MASTERS DRAGON BOATING

Contact Jeff Saunders on **0417 219 888** or jeff@jeffnet.id.au

LIBRARY AT THE DOCK - WEEKLY PROGRAMS

STOMPERS MONDAYS AT 10.30AM

Encourage your child to have a life-long love of books by coming along to Stompers, Melbourne Library Services weekly program for toddlers aged 18 months to three years.

SONGBIRDS WEDNESDAYS AT 10.30AM

Come along for songs, rhymes and stories to engage your budding book worm's mind and introduce them to the fun and rhythm of language. Suitable for babies and toddlers aged up to 18 months old.

CREATIVE KIDS AFTER SCHOOL CLUB

WEDNESDAYS 4.30PM TO 5.30PM

Ever wanted to 3D print your own superhero figurine? At the Creative Kids After School Club you can. Come hang out and create in our maker's space. Projects will include jewellery making, game design, paper crafts, comics and more.

EVENING TABLE TENNIS EVERY THURSDAY 7-9PM

Challenge yourself with friends at this regular catch up of ping-pong enthusiasts.

TAI CHI AT THE DOCK EVERY THURSDAY 7.30-8.30AM

Come along to find your inner peace and power at this weekly community Tai Chi session that is open to people from all walks of life. The ancient Chinese martial art is a tranquil and graceful way to keep fit. Beginners welcome. **FREE**

PRESCHOOL STORYTIME FRIDAYS AT 10.30AM

Come and share the wonder of books with us. Enjoy 40-50 minutes of fun stories, songs, rhymes and activities with your three- to five-year-olds.

BROTHEL

Studio 466
 美女如雲
 466 City Road
 South Melbourne
 03 9696 4666
 OPEN 7 DAYS

DENTAL

docklands DENTAL STUDIO
 NOW OPEN SATURDAYS
 Mon-Fri 8:30-5pm
 (Tue, Thu until 6pm)
 Sat: 8:30-1pm
 57 Merchant St, Docklands
 T (03) 9021 9487 | mob 0488 799 487
 (opposite Victoria Harbour Medical Centre)
 www.docklandsdentalstudio.com.au

NEWQUAY DENTAL COSMETICS
 General & Cosmetic Dentistry
 Dr Joseph Moussa a member of the Australian Dental Association provides:
 • Teeth Whitening • General & Cosmetic Dentistry
 • Dental Implants • Inlays, Onlays, Crowns & more
 We are equipped with the latest technology available in dentistry today.
 For an appointment please call: 9602 5587
 Emergency: 0412 777 612
 Web: www.nqdentalscosmetics.com.au

Pinnacle dental
 Gentle Dentistry. Delivered Differently.
 Shop 18/Level 4, 100 Harbour Esplanade
 www.pinnacledental.com.au
 T: 9052 4422

ESCORTS

Erotic Elderly 96503295
 Mature Sophisticated Affectionate Discreet Genuine Affordable Escorts
 paramour.com.au
 5 mins to your door!

(03)9654 6011
 Melbourne's Finest Escorts can be at your door in 5min as we're located in the CBD
 Paramour

ENTERTAINMENT

MELBOURNE STAR
 OBSERVATION WHEEL
 101 Waterfront Way, Docklands, 3008
 melbournestar.com

FERRIES

Port Phillip Ferries
 Docklands - Portarlington
 www.portphillipferries.com.au

FINANCE

Spartan Financial
 Suite 2, Shop 18, Level 4, 100 Harbour Esp, Docklands, VIC 3008
 (Located opposite Gate 1 of Marvel Stadium)
 Tel: 03 9600 4327 • Mob: 0412 316 424
 Web: www.spartantrust.com.au

FITNESS

JUSTINTIME PERSONAL TRAINING
 University degree qualified trainers that come to your apartment gym!
 Justin Moran
 0411 798 934
 justintimept.com

HEALTH & BEAUTY

DOCKLANDS HEALTH
 SERVICES:
 ▶ Physiotherapy ▶ Massage ▶ Psychology
 ▶ Chiropractic ▶ Pilates ▶ Podiatry
 HOURS
 Mon-Fri 8am-7pm | Sat 8am-12pm
 4/860 Collins St, Docklands, 3008
 (03) 9088 3228 www.docklandshhealth.com.au

www.victoriaharbourmedicalcentre.com.au
VICTORIA HARBOUR MEDICAL CENTRE
 Victoria Harbour Medical Centre Telephone 9629 1414
 2-3/850 Collins Street Docklands 3008 After Hours 13 74 25
 Entry via Merchant St Fax 9629 4265
 Hours: Mon-Fri 8am-6pm, Sat 9am-12 noon

HEALTH AND WELLBEING

The Wellness Nest (Myotherapy Clinic)
 Suite 128, 838 Collins Street, Docklands
 www.thewellnessnest.com.au
 Phone: 0431 822 227

LEGAL ADVICE

Pearce Webster Dugdales
 Working with individuals, families & business.
 Tel: 9614 5122 Fax: 9614 2964
 www.pearcewebster.com.au

PHARMACY

victoria harbour pharmacy+news
 Hours: Mon to Fri 8am-8pm & Sat 9am-1pm
 ☒ Pharmacy ☒ Giftware
 ☒ Magazines & Papers ☒ Tatfslotto
 ☒ Same day dry cleaning
 66 Merchant St, Docklands (opposite Safeway)
 Ph: 03 9629 9922 Fax: 03 9629 9933
 Email: vicharbourpharmacy@nunet.com.au

PHARMACY

southern cross pharmacy
 Hours: Monday to Friday 7am-8pm
 Saturday 10am-6pm
 Southern Cross Station
 Shop C8, 99 Spencer St, Docklands
 Ph: 03 9600 0294 ☒ Fax: 03 9600 0594
 Email: southerncrosspharmacy@nunet.com.au

REAL ESTATE

BarryPlant
 Your preferred Sales and Leasing Agents in Docklands.
 Shop 8, 818 Bourke Street
 Docklands 9936 9999
 Start with Excellence. barryplant.com.au/docklands

CityResidential REAL ESTATE PTY LTD
 T: 03 9001 1333
 818 Bourke Street, Docklands VIC 3008
 SALES Glenn Donnelly m: 0419 998 235
 LEASING Lina D'Ambrosio m: 0430 929 851
 www.cityresidentialbourkestreet.com.au
 SELLING | LEASING | PROPERTY MANAGEMENT

LUCAS
 WE KNOW VERTICAL LIVING BETTER THAN ANYONE.
 THAT'S YOUR ADVANTAGE.
 9091 1400 | lucasre.com.au

RT Edgar
 Looking after Melbourne's finest homes
 RT Edgar Docklands
 G05, 838 Collins Street, Melbourne
 9629 1888 | rtedgar.com.au

Selling & Leasing the best homes in Docklands.
 Nelson Alexander
 846 Bourke St, Docklands 9251 9000

RENOVATION

AR M APARTMENT RENOVATIONS OF MELBOURNE
 1300 96 86 07
 edgar@arom.com.au
 www.arom.com.au

SCHOOL

www.haileybury.vic.edu.au
HAILEYBURY
 KILBOURNE BRIMBON BERRICK CITY MELB

SHOPPING

COLLINS SQUARE
 collinssquare.com.au/whats-on

THE DISTRICT DOCKLANDS
 thedistrictdocklands.com.au

QUEEN VICTORIA MARKET
 For the best fresh produce, gourmet food and specialty shopping, you can't beat Queen Vic Market.
 Open Tuesday, Thursday, Friday Saturday & Sunday
 with plenty of affordable parking.
 QVM.COM.AU

TAXI

Crown Cabs Taxi Service
 Bookings: 1300 12 13 14
 Download the App for your next Ride!

VIDEO PRODUCTION

DYNAMIC VISUALS
 SET YOURSELF APART WITH INNOVATIVE, HIGH-RESOLUTION VIDEO.
 03 9629 1111
 www.dynamicvisuals.com.au

WINDOW SOUND-PROOFING

SOUNDPROOFING WINDOWS
 For body corporate and heritage listed homes and apartments
 ☎ 1800 880 844
Stop Noise
 ADD ON DOUBLE GLAZING

DOCKLANDS NEWS
 If you are not on this list then email advertising@docklandsnews.com.au or phone 8689 7979 to discuss how you can get on this list for FREE!!

DOCKLANDS SPORTS PAGE

Competing against the world's best

By Spencer Fowler Steen

Dragon boat racing isn't a sport many people have heard of. But here in Docklands, it's the sport of choice for many masters athletes.

Dragon boat racing is a team sport where up to 20 people paddle together in a long boat often outfitted with a dragon's head on the front and tail on the back.

It's a noisy, high-octane affair where people race over distances of 200, 500 and 2000 metres to the beat of a drum.

Jeff Saunders, a Docklands dragon boat racer, will be 60 soon; a young buck among the 58 racers at Dragon Masters boat club where the average age is 63.

While the Docklands club is specifically for people aged 40 and above, Mr Saunders said his fellow racers were in better nick than your average 60- or 70-year-old.

"It can be seen as an old person's sport, but in Asia in places like the Philippines, it's a sport for buff young blokes where you see Bruce Lee replicas getting out of boats there," he said.

"At our club, there are a few old guys with busted knees and stuff from footy, so it's a good sport for them."

"And the social team side of it also tends to be attractive for older people."

At the last Australian Championships held



on Lake Burley Griffin in Canberra this year, the Dragon Masters won five gold medals and one silver in the 60-plus category.

This earned them an invitation to compete at the World Club Crew Championships to be held in France in August 2020.

Mr Saunders said their already rigorous training would step up throughout next winter leading up to the championships.

"It really is a team sport, if everyone isn't working together, it screws everyone up," he said. "It's sprint racing too so it's really exciting - 200 metre races are over in under a minute."

Dragon boating dates back 2300 years ago to the ancient royal kingdom of Chu in China.

Mr Saunders also said dragon boat racing was closely associated with survivors of breast cancer, with "Dragons Abreast" operating out of the same dock in Docklands.

In 1966, Dr Don McKenzie, a professor in sports medicine and exercise physiology,

taught and trained 23 breast cancer survivors dragon boat paddling.

He did this to challenge the prevailing medical thinking that breast cancer survivors should avoid strenuous upper body exercise out of fear of developing a debilitating side effect of treatment, lymphoedema.

After three months of training on the water, none of the volunteers had lymphoedema, and they loved the sport so much, they started their own dragon boat club to raise awareness for breast cancer.

Mr Saunders said Docklands' dragon boating dock was the best in the country because it stored nine boats and had an electric hoist that could stack boats in groups of three.

"It's a really friendly, welcoming sport and it's inexpensive," he said.

"It's great exercise in a healthy environment."

People of all ages can try their hand at dragon boating for free on Saturday, November 30 from 8.30am to 10.30am at the Community Boat Hub in Docklands.



Sports club to launch

By Ed McLeish

The Docklands Sports Club (DSC) will officially launch on November 24.

To be held at its home at Ron Barassi Snr Park from 11am to 1pm, the launch will see appearances from North Melbourne Football Club, Melbourne Stars and A-League club Western United FC.

Supported by the City of Melbourne and local businesses including Lucas Real Estate, The District Docklands and MAB, DSC president Carina Parisella said the team was excited to meet as many people in the community as possible.

There will be plenty of entertainment throughout the day, with free family activities, games, a DJ, competitions and giveaways.

DSC punters can expect tastes from local ice creamery Kep Whitley, as well as an appearance from Lord Mayor Sally Capp.

DOCKLANDS' #1
REAL ESTATE AGENCY.
BACKED BY RESULTS,
MATCHED BY NONE.

At Lucas, we know the local market inside out, it's what our business is built on and we've been doing it better than anyone for over 15 years.

We list, manage and sell more apartments in our core area than anyone else in the business. All because we make it a priority to surround ourselves with everything that is great - great people, great marketing, great technology, great ideas and above all, great clients.

If you want knowledge, dependability and results, then you've found it with Lucas.

9091 1400 | lucasre.com.au

LUCAS