

MELBOURNE Docklands
VicUrban ▶▶

DOCKLANDS

community news

JUNE - JULY 2007 | ISSUE 26 | Priceless

City of Melbourne to welcome Docklands

On 1 July 2007, Docklands becomes part of the City of Melbourne municipality. This means that from this date, Docklands residents and businesses will also be City of Melbourne residents and businesses. Services offered and delivered to these groups in all other parts of the municipality will extend to Docklands.

All ratepayers will also be eligible to vote in Melbourne City Council elections, with the next elections due in November 2008.

VicUrban has been responsible for the municipal management of Docklands since 1999, and will remain as both the development agency and a key stakeholder in the management of the precinct.

The City of Melbourne will be taking direct responsibility for services such as street cleaning and waste management, park maintenance, waterway management and a new maternal and child health service.

For the past 12 months the City of Melbourne has been undertaking many of these activities under contract to VicUrban so a seamless as possible transition is envisaged.

In early July, Docklands residents can expect to receive a 'Welcome Pack', which will include all the information needed to assist in this transition.

In the meantime, if residents have any questions about the transition, please call the City of Melbourne on 9658 9658, visit www.melbourne.vic.gov.au or read more in this edition of Docklands Community News.



Wonderland snowballs into a huge event

After much anticipation, the fantastic Docklands Winter Wonderland is returning to entice the young at heart with a world of winter experiences.

From Saturday 30 June until Sunday 15 July, locals of all ages will be grabbing their skates

and heading to the giant Snow Dome at Waterfront City.

Six ice skating sessions will run daily from 9am on a large rink, with figure and speed skating demonstrations. Due to popular demand, the night skate sessions will now include Thursday, Friday and Saturday nights, where skaters can groove to DJ tunes and win many prizes. There will be

two sessions a night from 7pm to 10pm. Bookings are essential.

With the timing perfect for school holidays, children will love throwing snowballs at the snowman target, plus free stage shows will feature The Jelly Bugs and Terry the Magician's wintery magic show. Add to this a real snow slide, bigger and better carnival rides to suit all ages, and roving entertainers. Winter

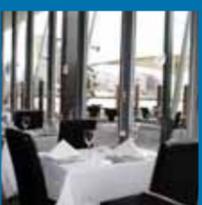
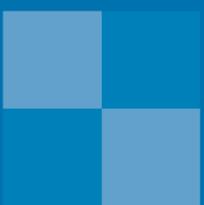
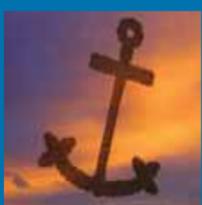
Wonderland characters will be available for delightful photos, including Pete the Penguin, Sam the Snowman or Paris the Polar Bear.

When families need a break from the thrills and spills, they can head to the Chill Out Zone where large screen televisions will entertain children, while parents relax in the warm café area.



Winter Wonderland at a glance

- Dates:** Saturday 30 June to Sunday 15 July 2007
 - Times:** 9am to 6pm daily
Carnival: 10am to 4pm
Ice skating sessions: 9am, 10.30am, noon, 1.30pm, 3pm, 4.30pm (duration: 75 minutes)
Night skates: 7pm & 8.30pm Thurs-Sat (bookings essential)
 - Where:** The Snow Dome
Waterfront City
Docklands Drive, Docklands
 - General admission:** \$4 to \$5, family \$16
 - Admission & ice skating session:** \$14 to \$18.50, family \$64
 - Rides:** \$1.50 to \$6 per ride
- Group bookings and school holiday groups also available for some sessions*
- For ticket bookings or more details, call 9929 4444 or visit www.winterwonderland.biz



From the Editor

What an exciting time for Docklands with new, vibrant businesses opening up, and the area becoming part of the City of Melbourne as of 1 July 2007. This will affect the future of *Docklands Community News (DCN)*.

The City of Melbourne prepares a six-weekly publication entitled *Melbourne News*, circulated to residents, businesses and rate-payers, containing information about Council services, programs and initiatives. From July 2007, *Melbourne News*, will be extended into the Docklands precinct.

Mediation Communications, publisher of *DCN* for the past three years, has indicated it would like to continue with the publication, which is an advertising avenue for Docklands businesses (*Melbourne News* is an ad free publication).

The City of Melbourne will be editing one more edition of *DCN*, which will be the August-September edition. From October 2007, Mediation will be editing *DCN*, in addition to designing, printing and distributing the publication.

The City of Melbourne and VicUrban would like to wholeheartedly thank everyone who has worked on or contributed to *DCN* over the past years, and wish Mediation success in the future editions of *DCN*.

You will find a copy of *Melbourne News* in your 'Welcome Pack', which will be distributed to residents in July.

On another note, congratulations to *DCN* writer Inouk Arnall, who had a beautiful baby girl last month.

Design

Krisztina Strzebonski
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kris@mediacomms.com.au

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Shane Scanlan, Mediation Communications
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Reader contributions are welcome.
Please send articles and images to
dcm@melbourne.vic.gov.au

Deadline for Aug/Sept 07 edition: 6 July 07

Past editions and the current edition of *Docklands Community News* can be viewed and downloaded from www.docklands.com, then follow the Quicklink to Docklands Community Updates.

Other important contacts

The Hub in Docklands Tel: 8622 4822
VicUrban Tel: 8317 3400
City of Melbourne Tel: 9658 9658

Docklands family hub plan

The City of Melbourne is set to open a Maternal and Child Health service at The Hub in Docklands, dedicated to the wellbeing of the local community.

Demand for children's health services has been driven by the huge increase in birth rates in Melbourne; 415 infants were born in 2001-02, rising to 619 in 2005-06, and the figure is swelling with 418 babies born in the past 10 months.

The new Docklands based Maternal and Child Health service will help foster a sense of community for all families with children, and will include initiatives such as new parent groups.

Increasing the access to local health services is a priority for the City of Melbourne with more than 100 children currently enrolled in Maternal and Child Health services in the Docklands precinct.

The Hub, at 17 Waterview Walk, houses two playgroups where more than 20 family groups have the opportunity to socialise in a safe and supportive environment. The City of Melbourne expects to incorporate more family support groups, counselling, and social work services into the centre in the future. The facility will also offer referrals to



other services including legal advice, health, housing and immigration.

The Hub will provide free parent information sessions with topics covering child development, basic first-aid and CPR, childhood illnesses, behaviour management and sleep settling of babies. Sessions will be free and conducted by early childhood professionals, dieticians, doctors and nurses.

The service is due to open mid-year.

Contents

Article	Page
City of Melbourne to welcome Docklands ...	1
Wonderland snowballs into a huge event ...	1
Docklands family hub plan ...	2
Meet the parents ...	2
More people getting Onboard ...	2
Are you an international student? ...	3
Residents achieve reduction in railyard noise ...	3
Introducing the Melbourne Library Service ...	3
New businesses ...	4
Docklands Community Association ...	5
Dragon boats take on 'The Amazing Rice' ...	5
Improving safety in Docklands ...	5
Local activities you can join in Docklands ...	6
Support for depression ...	6
Show your visitors a good time ...	7
Last chance for Arts Grants ...	7
Need a little help to get around? ...	7
Looking within ourselves ...	8
Fire and ice winter celebration for Docklands ...	8
A taste of Portugal for Docklands ...	8
Docklands Community Calendar ...	9
As you like it - Mecca Bah ...	10
Service directory ...	11
More rewards now in Docklands ...	12
Experience the digital Docklands ...	12

DOCKWORDS

How many words of four or more letters can you make from the letters in this grid?

All words must contain the centre letter. No proper nouns, foreign words, or plurals ending in 's'.

A B C D	R L O	Q R S T
E F G H	E A W	U V W X
I J K L M		Y Z A B
N O P Q		C D E F
R S T U		G H I J K
V W X Y		L M N O
Z A B C		P Q R S
D E F G		T U V W
H I J K L		X Y Z A
M N O P		B C D E

Target: 33 words – Seaman
55 words – First Mate
73 words – Captain

Solution to be supplied in next issue

Solution to Puzzle from last edition

auto, bast, bate, bath, beat, best, boat, boot, bota, both, bout, bust, east, eath, hast, hate, haut, heat, hest, hoot, host, oast, oath, oust, sate, seat, seta, shot, shut, soot, stab, stob, stub, suet, tabu, thou, thus, tosh, tuba, tube, about, baste, bathe, beast, beaut, besot, boast, boost, booth, buteo, ethos, haste, haute, hosta, sabot, saute, shoat, shoot, shout, sooth, south, tabes, taboo, tabus, those, touse, tubae, bathos, obtuse, soothe, seaboot, boathouse, houseboat

Meet the parents

The City of Melbourne Family Services Team has developed a Parent Information program to provide free and accessible information to all families within the municipality.

Developed to provide community education, awareness and support to families on a range of parenting topics, the program will

run weekly across three venues (in North Melbourne, East Melbourne and Carlton) until 28 June. From July 2007, these sessions will also run out of The Hub in Docklands.

Families with children of all ages are invited to attend any session at any venue. Refreshments will be available afterwards. There is no cost and bookings are not required. Enquiries can be made to The Carlton Family Resource Centre on 9340 1422.

Onboard



More people getting Onboard

June 2007 will mark the first anniversary of Onboard Docklands, the Docklands Community Intranet. In the past year, Onboard has received more than 21,000 visits from interested community members and is currently averaging more than 85 visits per day.

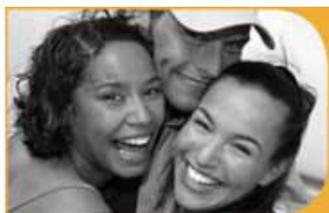
The Community Intranet exists to provide information and communication opportunities to the Docklands community. During the past year, Onboard has:

- Listed the details of over 150 local businesses;
- Published information about 101 local events;
- Posted 125 notices on its Notice Board;
- Carried 90 local news articles; and

- Surveyed information through 12 monthly polls.

Onboard is available free to residents, workers and businesses in Docklands and enables them to post news and information about their activities for the benefit of the broader community.

Visit www.onboarddocklands.com and join more than 2,000 other Docklanders getting Onboard every month.



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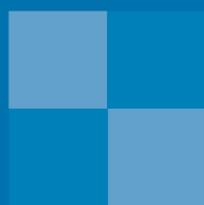
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Are you an **international** student living in Docklands?

Do you know about AFIS – the Australian Federation of International Students Inc? AFIS is a non-profit incorporated association, established in 2002 to address issues specific to international students. As a non-profit community organisation, AFIS is committed to generating multicultural awareness and planning cultural events in the general community.



The primary aim of AFIS is to create awareness among students about the diversity of activities available to them, and to enrich their experience of living and studying in Australia. AFIS supports international students regardless of their culture or land of origin and the type of education in which they are engaged. AFIS aims to embrace international students from different backgrounds who have decided to spend their student period of life in Australia.

If you would like to become involved with AFIS contact info@internationalstudents.org.au or visit www.internationalstudents.org.au

Residents achieve reduction in Docklands **railyard noise**

by Roger Gardner

Last year a committee of NewQuay residents was formed to raise the issue of noise from the railyards across Footscray Road. The yards are used under long-term lease as a major steel distribution centre, operated by Pacific National and Bluescope Steel. Steel from various production mills is shipped in by rail and offloaded onto road transport. Noise arises from the moving of steel sections.

Unfortunately the noise was not taken into account in the Docklands redevelopment planning. Government Authorities advised that the committee approach the companies direct.

The committee is pleased to report to residents that both Pacific National and Bluescope Steel are cooperating in investigating solutions. Ongoing review meetings are being held between senior representatives of both companies and

the committee, which are resulting in positive outcomes.

Beeping on both overhead cranes and forklifts has quietened significantly, and material handling methods, which have produced loud noise from dragging and dropping of steel sections, are being modified. Further improvements are anticipated.

For further information contact Roger Gardner, Committee Chair, on 0412 097 706.

A new chapter - introducing the Melbourne **Library Service**

In April 2007, the City of Melbourne bid farewell to the joint council Yarra-Melbourne library service and resumed direct management of the libraries located in the Melbourne municipality.

This move will consolidate resources to develop a new service tailored to the needs of the changing community and create a new public library service for staff, residents and visitors.

Libraries in Melbourne and Yarra were managed by the Yarra-Melbourne Regional

Library Corporation for the past 10 years, but the corporation wound up in April to give both councils an opportunity to pursue their own library models.

Library users will not notice any major changes in libraries in the immediate future, and will still be able to borrow books and other materials from libraries in the Melbourne and Yarra municipalities.

The City of Melbourne's population has grown significantly since the Yarra-Melbourne Regional Library Corporation was established. This new direction for Melbourne's libraries will ensure they can meet the expectations of a growing

population. The City of Melbourne will be able to extend its library services and introduce initiatives such as youth, cultural and seniors programs.

The new Melbourne Library Service will include:

- City Library at 253 Flinders Lane, Melbourne;
- East Melbourne Library at 122 George Street, East Melbourne;
- North Melbourne Library at 66 Errol Street, North Melbourne; and
- LibraryLink at Domain Café in South Yarra.

Visit the Melbourne Library Service website at www.melbourne.vic.gov.au/libraries



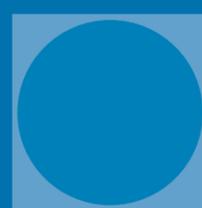
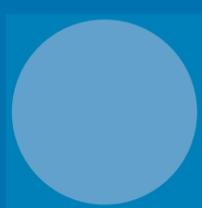
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New Businesses in Docklands

The Docklands Community News acknowledges new business openings as an information service to the local community. Docklands-based businesses wishing to be profiled in this section should email: dcn@melbourne.vic.gov.au

Bellissimo Cucina & Trattoria

Experience warm hospitality along with traditional Italian cuisine at Bellissimo. The broad menu has a tempting range of classic pasta dishes along with many meat and seafood options. You can also feast your eyes as every table has a view of Docklands' bustling waterways. Open for lunch and dinner, seven days.

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Southern Cross Station

For those thinking of a break, Harvey World Travel is now open at Southern Cross Station, providing a complete range of travel services and an internet café.

"For travellers, what really stands us apart is how much we care," says owner Jason Strong.

"Our knowledge and experience guarantees

you'll discover more on your holiday. And being part of the Harvey World Travel network means great value for travellers. Our motto is, 'It's not a great deal if it's not a great holiday'."

For any travel enquiry, visit Harvey World Travel Southern Cross Station, near the corner of Lonsdale Street.

Tel: 9642 5321
www.harveyworld.com/au/southerncross

Yum Cha Dragon

Chinese BBQ & Restaurant

Waterfront City's new restaurant features the lively 'yum cha' style dining. In Melbourne, yum cha is usually served only at lunch, but Yum Cha Dragon has broken this tradition and offers it for both lunch and dinner.

On the yum cha menu you will find a variety of smaller sized dishes – order from the menu or straight from the yum cha trolley as it goes past your table.

A la carte style dining is also available. For special occasion dining you can't go

past one of Yum Cha Dragon's amazing seafood or barbeque platters. Waiters get so excited when you order a platter, they celebrate by sounding the gong for all to hear! Open seven days.

Tel: 9329 6868 • www.yumcha.net.au



Melbourne Yacht Club Hotel

Recently opening its doors for the first time, the stylish yet relaxed atmosphere of Melbourne Yacht Club Hotel offers the perfect environment to enjoy Docklands. The club lounge and a range of modern dining options are just the beginning of an amazing 18 month journey at Waterfront City, where one will watch the Melbourne Yacht Club Hotel unfold.

On the ground floor, the Lower Deck offers a menu inspired by fresh seasonal produce with a Victorian influenced wine list. The casual bar and lounge remains open all day offering a lighter menu, cocktails and coffee. Beyond the staircase, the Upper Deck offers a more formal setting with amazing views.

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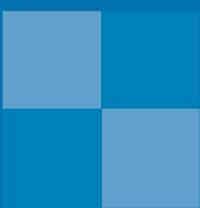
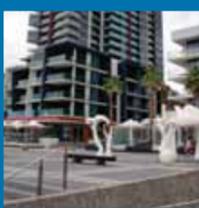
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Docklands Community Association

This month the DCA will hold its Annual General Meeting. Anyone with a vision for Docklands is invited to attend this important meeting and take part in helping shape the community. In particular, the Association is encouraging the concept of each area in Docklands having a representative on the DCA committee.

As a new DCA committee member, you will assist in reinvigorating the Association, keeping it fresh, inclusive and diverse. A committee member post is a great experience. Previously, committee members have taken roles such as President, Vice President, Secretary and Treasurer. Other members can assist in roles such as:

- Writing a monthly magazine article (250 words);
- Organising social events eg meet your neighbours nights and guest speakers;
- Conducting membership promotions; and
- Liaising on Docklands issues.

For all nomination forms visit www.onboarddocklands.com All forms must be in by the AGM, and next year's membership of \$10 is due on the night.

Please enclose nomination forms in an envelope marked "Docklands Community Association - AGM" and deliver to The Hub, 17 Waterview Walk, Docklands 3008 by 5 June.

Find AGM details on the Docklands Community Calendar, page 9.

Upcoming meetings

Christmas in July: This will be the fifth year that Docklands celebrates a winter Christmas. This social event is fun, lively and a fabulous way to party with neighbours. More information will be available closer to the date.

The DCA is available to anyone who lives, works or is a rate-payer in Docklands. For further information, please email DCA president Lisa Muscatello - lisa@staffconnect.com.au

Dragon boats take on 'The Amazing Rice'

The dragon boat 'come n' try day' for Docklands residents on Sunday 22 April was a huge success, according to organiser Neil Crossthwaite.

After being taken through a safety drill, the Docklands newcomers were recruited into five existing teams for the rest of the day. Teams came from Geelong, Ballarat and around Melbourne to participate.

The format of the day saw teams participate in 'The Amazing Rice', adopting a format not dissimilar to that used on television's *The Amazing Race*. Teams paddled around Victoria Harbour guided by clues, which lead them to their hidden jar of rice. The first team to return with the rice was the winner.

A barbeque awaited the hungry competitors on their return and a great day was had by all.

The fun was all recorded by popular lifestyle and travel show, *Coxy's Big Break*, to be aired in July. *Coxy's* presenter for the day, Melissa Hetherington, was fortunate enough to be in the winning team.

Neil hopes that Docklands residents enjoyed their first taste of dragon boating and will become involved with the Docklands Residents' Team to be formed in time for next season.

Those who missed the day should not despair - email admin@dragonboatsvictoria.com.au for details of future training sessions.



Improving safety in Docklands



Visitors and residents of Docklands alike may notice the presence of parking officers in their new tan uniforms. Officers have a dual role to both protect the community and act as an information point, and to ensure that access to parking remains equitable, fair and legal.

The City of Melbourne has been providing parking enforcement services to Docklands for over three years and this will continue past 1 July 2007, when Docklands officially becomes a part of the City of Melbourne municipality.

From July onwards there will be a greater number of parking officers in Docklands

who will be working to improve community safety, eliminate illegal parking, and ensure equitable access to parking spaces. Of course many parts of Docklands are still construction areas which necessitate a focus on safety.

Considering the events focus in Docklands, parking officers play a vital role in ensuring vehicle access is fairly shared by individuals with competing interests. Parking officers help improve perceptions of public safety in Docklands.

Docklands residents and visitors are encouraged to look at signage before parking to ensure they comply and do not get booked. If in doubt, please contact the City of Melbourne direct on 9658 9658.

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Local activities you can join in Docklands



Yoga with bub @ The Hub
Time to experience joy and fun moving with your baby into health and vitality. You and Bub will get to experience calm breathing rhythms and a centered mind and body. Bring along any rugs and the usual baby needs. Please come with baby, even if they are sleeping. The class works in bare feet and eats no less than two hours before class.

Length: Six week course
Cost per class: \$14, concession \$12
When: Thursday mornings beginning 19 July
Time: 10am
Location: The Hub, Docklands

Bollywood dance through Docklands
Ever watched movies like Bride & Prejudice or Monsoon Wedding? Ever wanted to be a Bollywood superstar for a day, or maybe six weeks? Well here is your chance! Bollywood (the name given to the Indian film industry, which boasts more films per year than Hollywood) has taken the world by storm.

Jhanak Dance Company brings the authentic Bollywood flavour to Docklands for this exclusive course.

For confirmed dates and times, please contact The Centre on 9328 1126.

Yoga - Beginners

This beginners yoga class is suitable for all levels of fitness. Classes include relaxation, postures, breathing techniques and meditation. Yoga increases self-esteem, physical fitness and flexibility. It decreases stress levels, anxiety and negative thinking. Come and try these simple paths to health and wellbeing. **A light snack should be eaten 2-3 hours before class.*

Cost per class: \$14, concession \$12

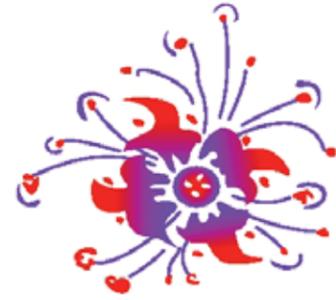
For confirmed dates and times, please contact The Centre on 9328 1126.

Tai chi on the waterfront

A practice for body and soul, coordinating movements into healthier habits for daily life – you will feel great afterwards.

Length: Six week course
Cost per class: \$14, concession \$12
When: Thursday mornings beginning 19 July 8am
Location: Waterfront City

For further information or to book your place in any of the above courses, please contact The Centre on 9328 1126 or email nawmnc2@vicnet.net.au



*** The Centre ***

Support for depression

It is estimated that at least 40 per cent of the population have unidentified or untreated depression, many of whom experience a downward spiral in confidence and self-esteem, which has negative repercussions on family relationships, work and social life.

Inner city residents can be particularly vulnerable to depression as they face city living demands and excessive work commitments. Consequently, their health and well-being can often be overlooked, leading to increased stress – a hidden pre-cursor to

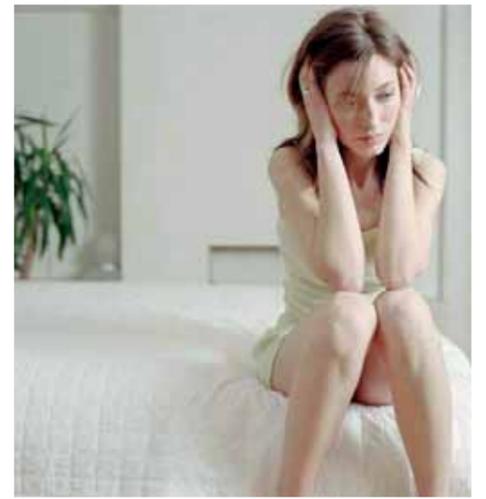
depression. One key factor to successfully managing and overcoming depression is to address and treat symptoms before they exacerbate. Unfortunately, signs of depression are often neglected due to the social stigma associated with mental illness and lack of accessible resources to combat depression.

With the support of the City of Melbourne, depressioNet will be distributing brochures and posters around Docklands as part of the organisation's goal that no person living with depression should ever feel alone.

"The intention is to reduce the impact of depression by improving awareness and offering our online services to Docklands," Terry Houguet-Pincham, General Manager of depressioNet said.

Depression directly and indirectly impacts many people in our community, either personally, or through friends, family and colleagues. Depression can be an extremely distressing experience which can involve isolation, feelings of guilt, worthlessness, changes in sleeping patterns and appetite, poor concentration, significant weight gain/loss, suicidal thoughts and increased lethargy. While it can be a relatively short-term problem for some, depression can also be a lifelong battle for others. If you feel you may have depression it is important to see your GP.

For further information, help and support regarding depression, please visit www.depressioNet.com.au To enquire about volunteering at depressioNet, email jill@depressioNet.com.au or visit the website.



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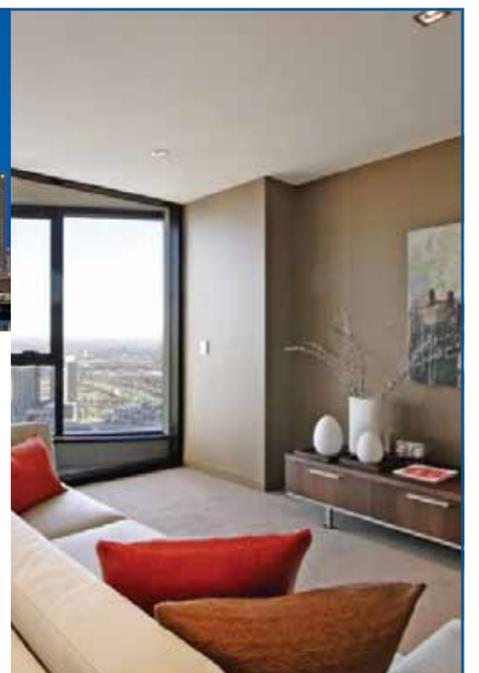
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Show your visitors a good time

As the newest part of the city, Docklands is on every Melburnian's must-see list! So as a Docklands resident, you may have found yourself entertaining many friends and family who have come into the city to have a look at Melbourne's newest attraction.



roving City Ambassadors; the Melbourne Greeter Service; and the Melbourne City Tourist Shuttle.

All of the services are staffed by a combination of friendly volunteers and staff, local Melburnians like you, who are passionate about our city and are fully trained in what there is to see and do in the city. They're just as keen to tell people about Docklands as you are and may have some ideas you haven't thought of.

For more information on the City of Melbourne's visitor services, phone 9658 9658 or visit www.thatsmelbourne.com.au

If you're ever stuck on things to do with visitors, why not take advantage of the great visitor services in the city for some ideas, including all the up-to-date information on what's happening in Docklands, maps, and brochures.

The City of Melbourne operates five visitor information services: the Melbourne Visitor Centre at Federation Square; the Melbourne Visitor Booth in the Bourke Street Mall;

Last chance for Arts Grants



The City of Melbourne's Arts Grants applications deadline is 5pm, Monday 25 June 2007. Docklands artists can apply for funding in various categories.

For guidelines, application forms or more information, call the City of Melbourne on 9658 9658, visit www.melbourne.vic.gov.au/grants or email artsgrants@melbourne.vic.gov.au

Need a little help to get around?

The Melbourne Mobility Centre is a unique service dedicated to improving access for all, in the heart of Melbourne.

People with disabilities, older people and anyone needing a little extra help to get around will welcome the centre's range of services, designed to make any trip to the city easier and more enjoyable.

The service is located on the first floor, lower level of Federation Square Car Park. The car park lift opens at the Mobility Centre on level one. Ground level entry is through the car park doorway adjacent to the playground (ArtPlay) on the Yarra River side of Federation Square.

The mobility centre offers:

- Equipment for hire, including motorised wheelchairs, manual wheelchairs, scooters, walking frames, crutches and canes for the vision impaired;
- Two fully accessible toilets;
- Proximity to accessible car parking and/or a drop-off point;
- Discounted parking fees at Federation Square;
- Information for people with mobility and sensory disabilities;
- Information about city attractions, events and facilities;
- TTY telephone and accessible web access;
- Scooter battery re-charge facilities;
- Accessible tea, coffee and water facilities;
- Volunteer commissioner services, including companion services, transfer services and 'meet and greet' services;
- Keys (Master Locksmith Access Key) provided for 24 hour access to toilets located in seven parks in the city; and

- Delivery and pick up of mobility equipment to and from hotels can be negotiated for a fee.

The centre is popular with visitors and has been well received. "The mobility centre is a brilliant concept that now gives everyone the opportunity to enjoy all that Melbourne has to offer," said one visitor. Other customers noted the centre offered "a fantastic inexpensive service that enabled my father who has a disability to join the family for an enjoyable day out" and "offered a fresh opportunity to visit the Botanical Gardens, the public galleries and the Museum - with independence".

The centre's opening hours are from 9am to 6pm Monday to Saturday and from 10am to 4pm Sundays and public holidays.

To book equipment online or via email, visit www.melbournemobilitycentre.com.au Alternatively, contact The Mobility Centre's friendly staff on 1800 735 266, TTY 9650 9316, phone 9650 6499 or email enquiries@melbournemobilitycentre.com.au



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Fire and ice winter celebration for Docklands

The City of Melbourne will present a spectacular visual feast for one special Saturday night in winter.

The Docklands Fire & Ice Spectacular will come to life from sunset on 7 July with a breathtaking performance in the Waterfront City Piazza. Watch the elements collide with

giant ice-sculpture unicorns interplaying with a magical fire sculpture, live entertainment and some of Melbourne's most loved buskers lining the promenade. Dine in at Docklands' restaurants with special offers, and tie in your night ice-skating session down at the Snow Dome at Docklands Winter Wonderland. Top off the night with a dazzling display of wintery fireworks on the waterfront.

Brave the cold and embrace arts and culture, as the City welcomes the winter months with a calendar of events to coax you out of bed on the coldest of mornings. From arts and design to the circus and sports, there is no need to hide away this winter.

Once again in 2007, Melbourne Winter Masterpieces will be the centrepiece of

a stellar line up of winter events that will intrigue, inspire and delight people of all ages. This year two exhibitions will be held, one at the National Gallery of Victoria and the other at the Australian Centre for the Moving Image.

For further information visit www.thatsmelbourne.com.au or call the City of Melbourne Hotline on 9658 9658.



A taste of Portugal for Docklands

The Portuguese community in Melbourne invites you to experience its magnificent culture.

A Taste of Portugal Festival, at Waterfront City, will feature traditional folk dancing and music, as well as music and dance from East Timor and Brazil. The Festival will also feature arts and crafts displays and activities for children. Traditional Portuguese food, popular wines, beers and soft drinks will be available to enjoy.

The date of the event, 10 June, is when Portugal celebrates its identity: a day when Portuguese people across the world hold events to celebrate their country.

The festival's organising group, The CLP (Portuguese speaking communities), aims to promote social and cultural integration within the Australian community. All the people working on the festival are volunteers from various Portuguese, East Timorese and Brazilian groups across Melbourne.

Looking within ourselves

The original Amazing Human Body Exhibition is set to get under everyone's skin when it arrives at Waterfront City on 30 June 2007.

The educational exhibit aims to provide audiences with a unique and visually-informative perspective on the inner workings of the human body. The exhibition, which will run for three months, displays real human specimens, preserved through a method called 'plastination'.

During the process of plastination, about 70 per cent of the body (mainly fluids and fat) is replaced by polymers such as silicone rubber or polyester resin that retain all tissue structure via a special vacuum process. The technique can take up to 5,000 hours for a full-body plastinate.

The Amazing Human Body presents around 400 real human specimens and aims to inspire people to learn more about how the human body functions and how lifestyle choices affect the body.

This Amazing exhibition has begun its Australian/New Zealand tour and has enthralled nearly 300,000 visitors across Australia in recent months. Its next location,

the Waterfront City Pavilion, also housed The Leonardo DaVinci Machines last year.

Tickets will be on sale from 9am, Monday 11 June through Ticketmaster. Phone 136 100 or visit www.amazinghumanbody.com.au

All bodies featured in the exhibition have been donated willingly for scientific purposes. The exhibits come from the Tianjin Natural History Museum in China, and The Amazing Human Body Exhibition has a permit from the Department of Culture in China.



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Docklands Community Calendar

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Date and Time	Event	Location	Description & Contact details
30 March to 2 September	2007 Toyota AFL Premiership Season	MCG and Telstra Dome	AFL, Australia's elite football competition, is the ultimate Melbourne experience. While a national league, nine of the 16 teams are located in Melbourne. Both Telstra Dome and the MCG host AFL matches every weekend between March and August. Visit afl.com.au or phone 13 61 00.
Friday 8 June	Welcome Alumbra to Docklands	Alumbra, Shed 9, Central Pier	Melbourne's most decadent designer bar is open from 8 June. Surrounded on all sides by water, with magnificent 360° views to the Bolte Bridge, Docklands and the CBD, Alumbra is a unique warehouse conversion with a global, opulent feel. Upon opening, Alumbra is welcoming Docklands residents to discover the venue's allure through a series of 'meet and greet' nights. Email tara@alumbra.com.au or phone 8606 4444.
Sunday 10 June Noon to 7pm	A Taste Of Portugal Festival	Waterfront City Piazza	A festival promoting the country and culture behind Portugal. The festival will feature traditional Portuguese food, beverages, folk dancing and music, as well as music and dance from East Timor and Brazil. Free entry. Visit www.waterfrontcity.com.au or phone 0407 993 996.
Tuesday 12 June 7.15pm	Docklands Community Association	The Hub, 17 Waterview Walk	Annual General Meeting - RSVP 9 June. Next year's membership of \$10 is due on the night. Email lisa@staffconnect.com.au
Monday 25 June 7pm to 9pm	Parent information sessions: Children's Behaviour (toddler)	Yarra Room, Level 2 Melbourne Town Hall	A look at children's behaviour and realistic strategies to assist in managing it. Presenter: Kathy Walker. Free. Call Jason Crockett on 9328 8953 or email Jason.crockett@melbourne.vic.gov.au
Thursday 28 June 12.30pm to 2pm	Framed	Digital Harbour Theatre, The Innovation Building	Artists have a long history of active engagement in the cultural life of communities. Since the advent of film and now the Internet, filmmakers and digital media artists are contributing to what has come to be known as 'sustainable community development', and doing so right across a vast spectrum of social issues. Speakers: Will Tinapple, Adrian Symes and Tintin Wulla. Presented by: Open Channel, Digital Harbour and the Australian Film Television & Radio School. Free. Visit www.openchannel.org.au
30 June to 15 July	Docklands Winter Wonderland	Waterfront City	This year's winter extravaganza will feature day and night ice skating, a snow slide, ice sport demonstrations, live stage shows, roving entertainment, give-aways, children's carnival rides and more. Entry fees apply. Visit www.winterwonderland.biz or phone 9929 4444.
Saturday 30 June to Monday 1 October 9.30am to 5pm daily Open until 8pm on Fridays	The Amazing Human Body Exhibition	Waterfront City Pavilion	An educational exhibit providing audiences with a unique perspective on the body by viewing real human specimens, preserved through a method called 'plastination'. The exhibition presents around 400 real human specimens, including 18 whole bodies, and individual organs. \$15 / \$23. Visit www.amazinghumanbody.com.au or phone 13 61 00.
Sunday 1 July 1.30pm, Ambassadors and supporters arrive for presentations	The Official Send-off Event for the MAKEPOVERTYHISTORY ZEROSEVEN ROAD TRIP	Fix & Waterfront City Piazza	Hundreds of Ambassadors will be departing from Melbourne on a journey across Australia to take action against poverty, and rock the nation. Melbourne is invited to get behind its youth and support them on their journey. Visit www.zeroseven.org
Saturday 7 July From 5pm	Docklands Fire & Ice Spectacular	Waterfront City Piazza	See a breathtaking 'fire and ice' sculptural performance, be entertained by roving performers all night, enjoy special dining offers, try ice skating as part of the Docklands Winter Wonderland event, and be dazzled by a wintry fireworks display on the waterfront. Visit www.thatsmelbourne.com.au or phone 9658 9658.
26 July 12.30pm to 2pm	Framed – Digital Tales	Digital Harbour Theatre, The Innovation Building	Photos, clippings, grandma's recipes, birthday cards – all things we used to paste into scrapbooks became part of our personal archive and history. Now, this time-honoured tradition is going digital, and continuing to tell our tale. Presented by Open Channel, Digital Harbour and the Australian Film Television & Radio School. Visit www.openchannel.org.au

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As You Like It

by Inouk Arnall

MECCA BAH

There are plenty of 'good' restaurants in Docklands, however I wouldn't classify Mecca Bah as mundanely as that. Mecca Bah is a professional operation offering tried and tested recipes that are made with care and seem to warm your soul. Add to that friendly staff and an exotic, cosy atmosphere and you have one of Docklands' superior venues.



One of the first things I notice is that for a busy venue, it still feels intimate. This comes down to lighting, which in my opinion is crucial to any venue's atmosphere. The circular shaped room is warmly lit with an array of tubular down-lights, Moroccan lamps and candles on every table. A small torch is supplied to aid our perusal of the menu, which is a quirky, albeit practical touch. The location is second to none; our table by the window is a pin drop from the water and how anyone couldn't marvel at these magnificent night-time Melbourne vistas is beyond me.

The food here is best described as modern Moroccan/Middle Eastern and for starters we choose three dishes from a great selection

of 17 mezze plates. The *Middle Eastern Coleslaw with Pastirma* (\$8) is a mix of lovely fresh flavours and pinenuts. The pastirma (an air-dried, cured, smoked beef) enlivens the dish superbly. Another mezze, the *Bastilla Moroccan Chicken Pastries* (\$10.50), consisted of three sweet-spiced parcels with pinenuts and cinnamon. Light, with a chewy pastry, these delicate parcels are well worth a try. The third choice, the *Tunisian Carrot Salad* (\$7.50), was a neat pile of slightly firm and perfect looking carrots, lightly spiced and coated with olives, parsley and cumin based flavours. Again, interesting and enjoyable.

For mains we shared two dishes. The *Moroccan Lamb Tagine* (\$19), with preserved

lemon, green olives and harissa was wonderfully tender, sweet and fragrant. Served with couscous at the base and a thick rich sauce, this dish was a definite favourite and understandably a popular choice here. The *Spiced Chicken Turkish Pizza* (\$17.50) was also very tasty, with eggplant, rocket and a tahini sauce. The soft thin crust twisted around the generous topping of tender, lightly spiced chicken was balanced well by the dollops of yoghurt based tahini sauce atop.

There is a good selection of wine varieties by the glass at Mecca Bah. We tried the impressive *Cobaw Ridge Chardonnay '00* (\$11.50) and an *'04 Holly's Garden Pinot* (\$9), but the selection available by the bottle

is particularly good and is bound to please patrons on both variety and price.

Turkish ice cream features strongly on the dessert menu, with plenty of enticing flavours available. We tried a trio of the more delicate *Date & Vanilla*, the rich and delicious *Turkish Coffee*, and our favourite, *Middle Eastern Halva*, a creamy and delightful replica of the original dessert.

Mecca Bah didn't disappoint on any level. It's not fine dining, but that's part of what makes it work; great food, good service and a comfortable, friendly atmosphere. Especially coming into the winter months, the style of food here should be a very enticing option.

Overall rating:	9/10	Décor:	8/10
Food:	9/10	Variety:	8/10
Wine List:	9/10	Value:	8.5/10
Price Range:	Entrées: \$7.00 - \$11.50 Mains: \$15.00 - \$20.50		

WIN WIN WIN

As You Like It Competition

April edition winner:
The winner of the dinner for two at **Fish Seafood Grill & Rotisserie** is **Eric Gant**. He correctly answered that the largest species of fish is the whale shark. Well done and enjoy your meal, Eric.

The winner of the **Hanging Rock Kilfara Pinot Noir '05** is **Brad White**. He correctly answered that Burgundy, France is indeed the home of Pinot Noir.

June Competition:
For your chance to win dinner for two at Mecca Bah, including a glass of wine, simply answer the following question:
Where does most of the world's coffee come from?

Or for your chance to win a bottle of **Yering Station 2004 Yarra Valley Merlot**, answer the following question:
Where does Vanilla come from?

All entries to: inouk.m@bigpond.net.au by 5 July 2007.

Talking Plonk

Task: Inouk and her dad Bruce share a bottle of wine from Docks on the Rocks.

Plonk: Yering Station Yarra Valley Merlot, 2004 **RRP: \$21.99**

Background: Victoria's first vineyard, Yering Station, is located in the 'heart' of the Yarra Valley and is renowned for producing award-winning wines of world-class quality and distinction. Led by Chief Winemaker Tom Carson, Yering Station produces 15 styles of wine under six distinctive wine labels.

Conversation:

I: I'm immediately taken with the nose; it smells great.
B: It's good on the nose and has a lovely, brilliant garnet colour.
I: I find it smooth and well balanced. Some people may be surprised by its depth as a Merlot variety.
B: Agreed - this has intense tannic grip, sweet ripe fruit and it shows; there's much more concentration of flavours to the Merlots of old. This is a 'good thinking Merlot'.
I: Well what do you 'think' it would like to be matched with?
B: This will stand up to something rich, perhaps something tomatoey, or certainly red meat. You've cooked us a traditional lasagna and I think Italian food is a perfect match.
I: Well that's a wise answer, but I do agree, and that's not just because I'm playing chef!
B: The flavours really do unfold in your mouth and at close to \$20, this is an exciting wine.
I: Absolutely - good value and a very nice wine. Give this one a go.

You'll find this wine at Docks On The Rocks, which specialises in boutique and smaller wine producers, particularly from around Victoria. Shop 23-25 Rakaia Way, NewQuay Tel: 9642 3070

SNAPSHOT

Venue: Mecca Bah

Location: 55a NewQuay Promenade Docklands Vic 3008 Tel: 9642 1300

Executive Chef: Justin Cortellino

Open: 11am to 11pm, 7 days Sun: 12pm-midnight

Cards: All cards

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City rewards welcomes 15 Docklands businesses to the program across Yarra's Edge, Victoria Harbour, Central Pier, NewQuay and Waterfront City, now offering 10,000 members more reasons to visit

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- The Promenade Café
- Salt Bar Restaurant
- Iku - Izakaya Japanese Restaurant
- Discover Sailing
- Watermark Bar
- Alumbra

Experience the digital Docklands



Those who are familiar with Docklands may still have an interesting pocket to discover; Digital Harbour, located opposite Telstra Dome, represents the spirit of Australian technology and innovation.

Modelled on some of the world's most successful technology precincts, Digital Harbour is an environmentally sustainable, technological 'urban campus' community, where Melbourne's 'technorati' can mingle, build and share their knowledge and experience.

But Digital Harbour is not only the destination for digital entrepreneurs; it boasts a number of attractions.

Field of Play - Launched in April, *Field of Play* is a revolutionary new interactive public art installation and also a computer game. The general public can play the game using their mobile phone or PC (www.fieldofplay.net), while spectators in Harbour Lane experience the action via illuminated icons built into laneway paving, and outdoor speakers. VicUrban Director of Urban Art, Vanessa Walker, says *Field of Play* adds a new dimension to the Melbourne Docklands Urban Art program, allowing people to immerse themselves in an

interactive environment that is an integral part of one of Melbourne's newest laneways.

FRAMED - An innovative series of free monthly lunchtime lectures showcasing the hottest trends and issues in digital media and digital filmmaking. Sessions are presented by leading practitioners in film, television and digital media, and include a screening of works.

TenTen Café/Bar - Located on the ground floor of the 1010 La Trobe building and spilling out into Harbour Lane, TenTen is a new addition to Docklands. Offering a variety of wholesome light meals including a footy inspired menu, diners can also sit back and be entertained by *Field of Play*, adjacent to the café.

Reflex Café - Nestled on the ground floor of the Innovation Building, Reflex Café is the meeting ground for digital entrepreneurs and a perfect destination for an affordable, quick, light snack and coffee hit.

For more information on Digital Harbour, visit www.digitalharbour.com.au

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